Maha Haddioui has Turned her Passion Into a Career Since Graduation

By VERONICA HAGGAR
Staff Writer

Maha Haddioui, alumna and former member of Lynn’s women’s golf team has become a professional on the course since graduating in 2010. Haddioui’s love for the sport started back home in Morocco when she began playing golf at the age of 12.

“It was very random since my parents do not play golf,” said Haddioui. Haddioui played in several tournaments during her time here at Lynn, totaling to about 40 tournaments all around the state of Florida.

“I would say my favorite tournaments are the ones I won, the Flagler invite [and] the Slam Fall invitational,” said Haddioui. “I really enjoyed playing in Kiawah Island, which is still one of my favorite courses.”

During her sophomore year, Haddioui won Female Athlete of the Year at Lynn and was named Golfer of the Year by the SSC Conference.

“It was very big for me because it was a very competitive environment and we had really good players on the team,” said Haddioui. “It was a great incentive to keep my golf game at its best, especially with my ambition of becoming a professional golfer on tour,” said Haddioui.

Haddioui states that playing for Lynn has helped her a lot as a golfer and as a person.

“It made me more responsible as a person and more used to traveling for tournaments,” said Haddioui.

Haddioui successfully turned her passion into a career and now she gets to do what she loves as her job: play golf.

“I think that’s what life is about, doing what you love,” she said. “I can’t imagine myself doing something else than playing golf and being on tour. But life is about dreaming and making your dreams come true, so I give it my all not to ever have any regrets.”

Haddioui has not only established a professional career, but she also left a mark on golf history. Recently, she became the first and up until now the only Arab player to make it to the European Tour.

“I am the only Arab player in history to have ever made it to the European Tour,” said Haddioui.

“It’s something I am really proud of. It makes me want to push myself harder to become an even better player and win a major event,” admitted Haddioui.

On her way to the top, this year Haddioui was named Athlete of the Year in Morocco.

“I’m very excited to have won it as a golfer, but also as a woman,” said Haddioui. “It’s very important for me to be an ambassador for women’s golf in the Arab World.”

Haddioui states she has learned many important life lessons through golfing.

“To succeed in golf you need to be patient, motivated, persevering and have a great body coordination. It makes you learn a lot about yourself as a person,” said Haddioui.
GET UP, GET FIT AND GET MOVING
Lynn Students Show how They Stay in Shape During the Summer Season

By JORDAN MOODY
Staff Writer

Dirt Fitness, an upbeat and motivational gym, located in Boca is the perfect way to stay in shape over summer vacation.

Dirt, located at 7152 Beracasa Way, offers a variety of weight training and fitness building classes, that will make working toward any fitness goal a fun and exciting process, allowing people to step out of their comfort zone.

Everyday reveals a new workout to ensure that every muscle in the body is targeted and strengthened.

"I have been a personal trainer for half my life, it is my passion to help people make a lifestyle change," said Kelli Musa, gym owner. "I have seen some serious changes in people even just over a matter of a month."

Although the thought of working out might strike fear in some, Dirt Fitness makes it an intriguing process.

"I have been going for almost a full year now and I still look forward to it every single day," stated Casey Brown, senior. "You never know what to expect when you walk in those doors, which is the most thrilling part for me."

With the boot camp style classes, it makes it easy for newcomers to fit right in. From dumbbell lunges to pull-ups, it is amazing to see what one's body is capable of achieving when being pushed to the limit. Having three personal trainers to guide one along the way also makes this gym truly unique.

If having a nice atmosphere is not enough, Dirt also offers a special student discount. Each month Lynn students receive $50 off the original price.

"During the summertime, you sweat a little extra and going to the beach after a nice workout is that much more satisfying," said Emily Robinson, senior.

Dirt Fitness, ultimately, is one of the best places a student could spend time working on their fitness. The discount, variety of times and classes offered and smiling familiar faces to help people along their fitness journey makes Dirt the place to be.

Dirt provides one of the best atmospheres in South Florida for motivation and dedication when it comes to exercise and health.

Above: Students enjoying a work out at Dirt Fitness, located locally in Boca. Staff Photos.
MUCH NEEDED FUN IN THE SUN
Lynn Students are Enjoying Their Summer in a Variety of Different Ways

By DEVIN GREEN
Staff Writer

Now that the spring semester at Lynn University is over, summer 2014 is heating up and the diverse student body at Lynn share their outlooks on their perfect summer.

From tanning at the beach to staying local for classes, Lynn students are ready to enjoy their break. Lying on a hammock underneath the shade of a tree on campus is the preferred pastime of many. Omer Paracha, junior, spends much time sitting and admiring the picturesque view. “My favorite thing to do in the summer time is to lay out as much as possible,” said Paracha. “I enjoy tanning and taking time to self-reflect after a tough school year.”

Other students are focusing on career goals this summer, such as Louis Davis, senior. “This summer I plan on staying focused on my future, keeping up with my internship and work,” said Davis. “In my spare time, I do plan on hanging out with friends, mainly playing PS4, but no time for full relaxation. On Spanish River Beach Harry Rosen, junior, could not wait to hit the silver sand and deep blue waves. Rosen enjoys collecting various materials found on the beach and hopes to construct a bowl full of unique and beautiful shells, while Stephanie Cohn, junior, would rather tan on the beach. “I enjoy the beach just for this reason, multiple functions,” said Cohn. “Harry can collect shells as I try and become tan without getting sunburnt.”

Summer heat is not loved by everyone, which is why Brittany Butler, junior, decided that most of her summer would be spent indoors. “I hate the humidity and the bugs that summer brings,” said Butler. “I plan on staying in and catching up on movies and television shows.”

Whether deciding to stay up all night watching movies and television shows or going out and enjoying the beach, friends or work, Lynn students are ready for the summer.

To all Lynn students and faculty, be safe and enjoy the vacation.