#TBT: FROM STUDENT TO STAFF
Lynn Alum Happy to be Working in the Admission Department

By MADELINE UTKE
Staff Writer

Stefano Papaleo, Mohamed Abdalla and Taryn Hamill all share memories of being proud Fighting Knights, and continue to make memories while working in the admissions department at Lynn together.

Lynn is truly a place like no other. One becomes part of the family within the first few weeks. Finding the right niche at this widely diverse university is easy, as there is a club or organization for everyone. For this reason, graduates often remain at the university during their career.

“When you get here, put your best foot forward from day one, just hit the ground running,” said Hamill.

Abdalla received his undergraduate degree from Lynn in 2011 and will receive his graduate degree in 2014. When asked about his favorite Lynn memory he immediately mentions being elected as student body leader.

“[My biggest accomplishment as a student was] becoming student body president,” said Abdalla.

With a passion for politics, Abdalla recently ran for the Boca Raton City Council and wishes to continue a career within the field.

Being an international student, Papaleo found a family away from home at Lynn. In 1996 he graduated from Lynn, with his bachelor’s degree in communication, Stefano continued his studies at Lynn and became a Graduate Assistant (GA). He has since worked his way up to Director of Undergraduate Admission.

A high percentage of the current admission counselors started as students at Lynn and continued to their current position.

“Bringing in students that fit [the university] is the best feeling,” said Abdalla.

“Working with students and hearing their stories and why they want to come to Lynn is enjoyable,” said Hamill.

One story in particular stands out for Hamill. A potential student, eager to enroll at Lynn, could not afford the cost of attending. Hamill put together the Heart Scholarship to cover tuition costs and made it possible for this student to attend Lynn.

Hamill enjoys knowing that this young woman has blossomed into an amazing Lynn Graduate. This story continues to make Hamill proud of her accomplishments as a member of the Lynn Admission Team, as well a proud alumna.

Above: Hamill and Papaleo in the admissions office. LU Photos.
DREAM CONTROL MADE SIMPLE
iTunes Establishes a way to Control Dreams With the Release of New App

By CLAIRESSA MYATT
Staff Writer

Most individuals desire the power to manipulate their dreams as they please throughout the night and now iTunes has released a new application, Dream:ON, making this dream a reality.

Critics have been heavily questioning the concept and reliability of Dream:ON, but there have been thousands of stories released by the Dream:ON team to the public in regards to the high success rate of the app.

“I have been eager to try this product since hearing about it a few weeks ago,” said Cary Rucker, freshman. “I have always wanted to be able to remember my dreams better and have more influence over them.”

Once the Dream:ON app is opened, the user begins to customize their own personal sleeping profile. 40 soundscapes, developed in response to a survey taken by 1,000 people describing their perfect dream, are then available for selection by the user.

The soundscapes create the overall mood for the dream. For example, nature sounds lead to positive dreams; while noises resembling a busy city create mysterious or chaotic dreams.

“Over the past two years, over half a million people from around the globe have downloaded the app and we have amassed more than 13 million dream reports,” said Professor Richard Wiseman, co-creator of Dream:ON on the app’s website. “We have just analysed the first batch of this data and the results are fascinating. Our data does show that peoples’ dreams are indeed influenced by them choosing different soundscapes.”

Each individual soundscape file can be set on “lucid” mode, allowing the user to become conscious of when they are dreaming, and thus are more able to influence the direction. Dream:ON allows the user to select what they wish to dream about before they go to bed, and monitors their movement during the night.

When the user finally lies down to sleep at night, their device is placed screen-down on the corner of the bed. During the night, the user’s movement is monitored and the selected soundscape is played to coincide with the optimum time in the user’s dream cycle.

Dream:ON also offers “Dream Diary,” a journal in which the user can enter their nightly dreams as soon as they awaken, so they do not forget them in the course of the day. The data entered is then used by psychologists to look for patterns within the dreams.

“Within 5 minutes of waking up half of your dream is likely forgotten,” states the app’s website. “Within 10, it’s almost all gone.”

People spend 1/3 of their lives sleeping, depending on their individual lifestyle. With this in mind, an effort should be taken to make dreaming as enjoyable as humanly possible. Dream:ON is available for free download on the application store and is available on all Android and Apple devices.

Above: Dream:ON helps people recall their dreams. Stock Photos.
"WHY CAN'T WE BE FRIENDS?"
Resident Assistants Want Students to Know They are not the bad Guys

By VERONICA HAGGAR
Staff Writer

Some may see them as the bad guys, but Resident Assistants (RAs) are actually very caring, fun and friendly students who guide their peers through their housing experience and college life.

"I decided on becoming an RA because it really interested me. I love the whole aspect of making posters and doing creative activities, but more importantly, it is more about the relationships that I get to build with the residents," said Ruth Augustin, junior and RA for E.M.L. Residence Center. "I just love people [and] stuff like this, so it all appealed to me when my admission counselor told me about it."

"It is a rewarding experience, and even though people think that we are the bad guys - we're really not," said Jessica Thornton, sophomore and RA in E.M.L Residence Center. "It's actually a lot of fun and all the RAs are so close. You meet new people and make new friends."

RAs are not only here to promote campus safety, but also to care for their residents as well.

"My responsibility is to make sure my residents are okay, making sure that the floor is okay as well, that everything is running smoothly and things aren't broken in

(Continued on Page 2)
their room,” said Augustin. “But more importantly, I think a big part of the job is being there for someone.”

The RAs pride themselves on the fact that as they get to know their residents, they all become a big family. Students learn to trust them, and know that they have someone to support them.

“I like when [residents] leave my room and they’re smiling. I know I did something to help them,” said Augustin. “I really like the idea of being able to get them through the school year when their parents aren’t here.”

RAs plan programs throughout the year to bond with students, where students are able to get involved and socialize with one another. Programs have different themes, like educational program and safe-sex tips.

For future RAs, the current ones have a bit of advice. “My advice would be time management,” said Katherine Joyce, junior and RA in Trinity. “I would definitely recommend future RAs to take school very seriously and manage your time well.”

RAs are always advising students to have fun but focus on school as well. Even though RAs are here to help students, often times the students help RAs as well.

“My residents are really funny,” said Augustin. “Everyone has such different personalities... they’re all just so interesting there’s so much to learn about them.”

CLEANER WORLD, BETTER WORLD
How People can do Little Things That Have Such a big Impact on Earth

By NIKKI MORA
Staff Writer

Environmental sustainability has become an incredibly hot topic recently. With Lynn taking a pledge to go green, it has become increasingly easy for one to help out the planet.

“I have always been aware of the damage being done to our planet,” said Marianna Meyer, freshman. “But it was not until this year that I actually began doing something to help.”

There are so many easy ways to help the planet. Even celebrities are starting to lend a helping hand.

Actress Jessica Alba has recently been spotted using many different eco-friendly products for her children. Alba founded The Honest Company, an eco-friendly and affordable brand that provides toiletries, infant necessities and cleaning products. She has bought her children eco-friendly clothing made out of organic cotton, soy-fibers and water-based ink prints.

In addition, Alba has collaborated with an organic and eco-friendly toy company that makes wooden toys. Sustainability does not stop at Alba’s eco-friendly company; there is currently an entire eco-friendly fashion trend, fondly dubbed “sustainable fashion.” Vegan designer, Stella McCartney, has joined this fashion trend.

“I am a fashion minor and seeing Stella McCartney’s vegan designs was really inspirational,” said Ana Maria Saavedra, freshman.

Adding to the list of environmentally friendly celebrities, “Vampire Diaries” actor, Ian Somerhalder, has created a self-titled environmentalist foundation whose focus is to empower and educate. Somerhalder’s new organization distributes funds toward global conservation and educational tools creating awareness about what is being done to the planet.

Being eco-friendly does not require drastic changes to one’s daily life. It is as easy as turning off the light when leaving a room.

“I am a very conscious person about the harm being done to our planet,” said Max Campos, freshman.

Little things make a big difference; it is just a matter of putting more effort.
BRAND NEW ERA IN FILE SHARING
SoundCloud Makes Sharing Audio Files Free and Incredibly Easy to use

By ALI GUERRA
Staff Writer

In what feels like a century ago, the only way that musicians were able to release an album was through a record label. Recently, more artists are able to release music themselves, without needing a lot of money to do so.

Through the use of social media and the Internet, any resourceful individual can release their work for the world to see or listen to — and it only takes a little creativity.

SoundCloud is an online audio distribution platform that one can use to share their music and connect with an international community. SoundCloud allows a user to follow other people, like and repost their music and audio, leave feedback or join groups.

"I love to use SoundCloud to find new songs from bands in the UK," said Cary Rucker, freshman. "It’s free and it lets me explore a bunch of new music."

One can use the service to upload any MP3 file along with a title and genre. The file can range from a song, mix, interview or sample. The MP3 appears on the user’s timeline, and becomes available to followers who can share or link it to their friends.

“It’s a great way to spread your music,” said Cody Luongo, junior. “I use it to do anything from uploading music, interviews or mixes, to discovering new music and releases from artists.”

Much like releasing an album, musicians have to find and target a niche audience who enjoys the sounds they create in order to get people to buy it. SoundCloud lets an artist connect with their listeners and search for people who like similar material. The more people an artist targets, the more their music is shared and promoted.

The platform is beneficial for journalists as well as musicians. One can easily record an interview or an audio piece and distribute it quickly on the Internet.

“I’ve recorded a lot of my news pieces as audio files and uploaded them to SoundCloud," said GraceAnne Trumpfeller, freshman."I have a blog for my Internet Media class, and SoundCloud makes it super easy to share the files.”

For a quick and easy uploading experience, as well as an abundance of free audio to enjoy, one can check out www.soundcloud.com.

Above: SoundCloud allows all types of musicians to release their music on the Internet to be heard by everyone everywhere. Stock Photos.
"IT WON'T BE LIKE THIS FOR LONG"
Cary Rucker Successfully Transitions Into a new "Southern State of Mind"

By BROOKE RUDISILL
Staff Writer

Imagine hiding a part of one's identity for the last 19 years of life – it is hard enough for an average teen to acquire genuine friendships, but picture how difficult it may be for the daughter of an A-list celebrity.

Freshman Cary Rucker grew up in the limelight of her father's success in the music industry. Being that her father is Darius Rucker, a Grammy Award-winning sensation - expressing her own personality became challenging when classmates would criticize her character based on who her father is.

"It was really hard to find friends that accepted me for who I am, not for the connection of my dad," said Rucker. "I was very naïve when I was younger and I ended up choosing the wrong types of friends to be around."

Although it became extremely challenging for Rucker to identify the right niche of friends, she refused to allow feelings of resentment to grow toward her father. She has always been a "True Believer" and firm supporter of her father's career.

"I was in seventh grade the first time I traveled with my dad on tour and it was thrilling to be in a different state every day," said Rucker. "Before every concert me and my dad would go and explore all of the famous locations in every city that we went to."

Although Rucker has experienced a tremendous amount of opportunities, such as attending the Country Music Awards, she is an extremely down-to-earth individual who is just trying to maintain a typical college student's lifestyle.

Rucker spent most of her time residing in Baltimore with her mother, where she graduated from high school. She is very passionate about the arts, and hopes to pursue a career in the future that accommodates both music and writing as a whole.

"I have always loved creative writing and hope to someday become an author," said Rucker. "My dream is to publish a trilogy at some point in my life."

Along with creative writing, Rucker also dreams of becoming a professional songwriter and would love to be able to direct music videos in the future. Her reason for enrolling at Lynn was because she was instantly sold on the concept that the university offers so many opportunities to students.

"I have made so many friendships here at Lynn that I finally am able to express who I really am as a person and I love that I don't need to hide anything from them," said Rucker. "Along with friends, I love the fact that I am learning so much here at Lynn too."
INDIE BAND STUNS SOUTH FLORIDA
Local Natives Stuns Audience at Revolution Live in Fort Lauderdale

Above: Indie band Local Native along with Moses Sumney rocked the house at Revolution Live in Fort Lauderdale. Staff Photo/ A.Guerra.

By ALI GUERRA
Staff Writer

Recently, one of Fort Lauderdale’s most popular music venues, Revolution Live, held one of the best concerts of the year when indie band Local Natives and singer-songwriter Moses Sumney hit the stage.

The scene was brimming with excited concertgoers waiting in line outside the venue, while fans crammed the inside. Local Native, provided an amazing show, while new performer Sumney blew the audience away with his gentle combination of a capella and soul-folk music.

“I’m so glad I have gotten the opportunity to be on tour with Local Natives,” said Sumney.

Local Natives opened up their set with “Breakers,” one of the hit singles off of their newest album, “Hummingbird.”

During their set, the band threw in some of the most popular songs from their previous albums. Lead guitarist Taylor Rice dove into the audience in the middle of a song, creating even more boisterousness.

Being this popular band’s first time in South Florida, the audience remained rowdy throughout the entire night.

One can frequently catch a show at Revolution Live, along with great hospitality, a welcoming vibe and an enormous sound system. There are two stages, one outdoor and one indoor, as well as more than 27,000 square feet of entertainment space. Inside, there are three levels, which can hold more than 1,300 people. Decently sized, it is big enough to accommodate everyone without anyone having to feel claustrophobic.

The bottom level houses the pit, the second level has bathrooms along with a bar and the top level is VIP.

No matter where one stands, they will have a fairly good view of the band, and will unquestionably not miss out on the sound.

Revolution Live is in the heart of Fort Lauderdale’s arts & entertainment region. All ages events generally end by 11 p.m., while 18 or above events may go on past midnight. To enter an 18+ or 21+ event, one must show valid identification as proof of age.
ATIE GIRLS TAKE LYNN BY STORM
Freshman Manel Atie Becomes the Third Sister to Join the Lynn Family

By KRISTINE SANTIAGO
Staff Writer

Manel Atie is the third daughter from her family to join the Lynn community. She is very active around campus and is on track to follow both of her sisters' footsteps.

Atie, freshman, was born and raised in Santo Domingo. She is currently a Hospitality major with a specialization in event planning. She is the third from her family to come join the Lynn family, following her older sisters Feiruz and Amel, who graduated from Lynn in 2010 and 2011 respectively, both pursuing majors in International Business.

“My sisters gave me the best advice,” said Atie. “Take all the opportunities Lynn has to offer, go outside and explore because at the end that’s how you are going to be remembered.”

Atie stays active around campus. Just like her sisters, she is involved in the Hospitality club and is also a student ambassador for admissions. She participates in all the different events and activities around campus.

“My business professors compare me to my sisters,” said Atie. “Especially Dr. Lopez, because he had a very good relationship with them.”

According to Atie, even though her and her sisters admire and look up to one another, they are very competitive and have fun competition when it comes to academics and extra curricular activities. She also said that many of the students that studied with her sisters and now work at Lynn look at her like the baby of the group. They are always there for her, and feel the need to protect her. She feels like she has an extended family with them at Lynn.

“Here at Lynn I have so many opportunities,” said Atie. “I love being here and it feels just like home.”

In the future, Atie plans to keep following her sisters’ footsteps by being involved in the Lynn community. Upon graduation, she hopes to work in the corporate world as an event planner or in human resources for a company.

Above: The Atie sisters have attended two graduations at Lynn and a third will come soon. Stock Photos.
Ski Rixen in Deerfield is a cable park where students meet up every week to wakeboard on the lake, trying new tricks and simply enjoying the ride.

German-native Bruno Rixen created the idea of a cable park and made Ski Rixen, one of the first cable parks in the U.S.

The park offers the equipment and the visitors have the option to practice kneeboarding, waterskiing, wakeskating and wakeboarding.

"I've been wakeboarding in the park since September, but I have been wakeboarding behind a boat since I was 16-years-old," said Miguel Pangrazio, freshman. "I learned with three different methods, by myself, watching YouTube videos and getting help from other people that wakeboard with me."

Wakeboarding at the park is not the same as wakeboarding behind a boat.

"The difference is that the boat goes much faster and also it's a lot easier to start from a boat because it is a gradual pick up speed," said Alexandros Demetriades, junior. "At the cable park you just jump off straight away pretty fast and you have to learn how to go around the turns which is pretty difficult at first."

Kevin Moore, senior, and Demetriades started wakeboarding at the beginning of the semester at Ski Rixen.

"Since then, we've been going once a week," said Moore.

At Ski Rixen, there are several ramps and rails on the lake that the riders use to jump and do tricks.

"I can do some inverts which are flips," said Pangrazio. "Backflips, the front flip 180 which is called Scarecrow, I can do the tantrum to blind, the Raley, which you jump and launch your body backwards," said Pangrazio. "I can also do 360s, 540s and some other tricks."

"The scarecrow is my latest trick," said Demetriades. "I can do the 360 and I can also go on rails. The latest trick (Continued on page 2)
I’ve been working on is the 540.”

“It’s really easy to get really good really fast if you have the nerves to try,” said Moore.

Moore and Demetriades have been planning on creating a wakeboarding club at Lynn for next semester.

“We are going to start a wakeboarding club next semester, we would meet on a weekly basis, go to Ski Rixen and also take trips to other cable parks,” said Moore. “If we get funding we could also rent a boat once in a while, it’s just a club for fun.”

Everyone who tries the sport seems to agree that wakeboarding is extremely addictive and it is a lot of fun.

“Wakeboarding is a passion,” said Demetriades. “You have to be patient, it will be more difficult for you if you haven’t done any other boarding sport before but even if you have it’s a little bit hard at first.”

**FINDING A PERFECT BATHING SUIT**

**With Summer Around the Corner it is Time to Get Bathing Suit Ready**

**By JANE GOLD**  
Staff Writer

Finding a bathing suit can be difficult when it comes to decent price or what suit will compliment one’s body type. With the help of Lynn students, one can be summer ready.

Bathing suits can be rather expensive and it may be hard to find a bikini that is good quality on a budget. A great place to purchase bathing suits is Forever 21.

“I almost always buy my bathing suits at Forever 21,” said Haley Harrison, sophomore. “One bathing suit can be $30 and there are so many options.”

Forever 21 is one of the cheapest places to get bathing suits with great quality. They also offer a plus size section of bathing suits which offers options for anyone. One also has the option to mix and match which makes the shopping experience creative and fun.

If one is willing to pay a little more for a bathing suit, Victoria’s Secret is the perfect place to shop.

“I love Victoria’s Secret’s bathing suits because of their options and how comfortable they are,” said Sara McAveney, freshman. “They are also reasonably priced.”

With more than 100 bathing suits available online, the possibilities are endless. They also feature more than 20 one pieces referred to as “magic suits.” Victoria’s Secret is also introducing the “bralette” bathing suit top, for the girl who wants more support but still have a fun look.

If you are feeling creative, there is an option to create your own bathing suit by mixing and matching through many tops and bottoms to build your perfect suit.

“The great thing about ordering your bathing suits online from Victoria’s Secret is the fact you can create your own bathing suit,” said Marley Deutchman, sophomore. “They offer different styles to fit your body type in multiple colors and patterns.”

Victoria’s Secret also always offers different coupon codes and BOGO on their website so one can always get the perfect deal. If one is looking for additional coupon codes, RetailMeNot.com always has extra coupons to fulfill a customer’s purchase.

If one is willing to splurge on a bathing suit this season, the hottest company trend is Triangl. This Australia based bikini brand adds simplicity but edginess to their bikinis that is making all the girls rush to invest in a $79 or more bikini. Available online, these bikinis are a work of art and are made with excellent quality.

The current bathing suit trends surfacing are tribal prints, neon, ruffles and fringe. Ruffles and fringe were a major trend last summer and are resurfacing for a comeback but this time with more fun and pops of color.

**CREATE YOUR DREAM BIKINI**

New styles. New colors. New ways to make it your own. 

Above: Colorful bathing suits for summer fashion. Stock Photos.
THE STORY BEHIND THE WOLF
Jordan Belfort Shares the Real Story Behind the Book “The Wolf of Wall Street”

By MORGAN GOLDSTEIN
Staff Writer

Most people are familiar with the Oscar nominated film, The Wolf of Wall Street, but may not be aware of the memoir by the Wolf himself, Jordan Belfort.

Belfort realized that his life was just too good to leave unwritten and finally put his story to paper in 2007 in The Wolf of Wall Street. All of the same office antics, drug induced activities and trysts that were featured in the book also happened in real life.

Those who have seen the movie are familiar with the story of how the dirt poor boy from New York rose to power in Wall Street through his highly illegal stockbroker business, Stratton Oakmont. With the Federal Bureau of Investigation, the Securities and Exchange Commission and other self regulating and government agencies hot on the Wolf’s tail, Belfort concocted a plan to fool them all through his wife’s aunt, Patricia.

Yes, Belfort really had a partner in crime who quit his job after Belfort showed him his pay stub of $10,000. And yes, Belfort, along with his former Miller Lite model wife, Nadine, really crashed his 170-foot yacht.

In the novel, the reader experiences everything that was in the movie. Belfort was able to do something that even seasoned writers are not able to do and that is effectively capturing his unique voice in the text. He was one of the only writers - and possibly people - who can get away with having profanity appear ten times in one paragraph.

With that being said, the book is not for someone who is easily offended by coarse language, graphic content and politically incorrect behavior.

For more information about The Wolf of Wall Street and other books visit: www.goodreads.com.
TBT: A TRIP DOWN MEMORY LANE

Three Former iPulse Editors Reflect and Share Their Current Success Stories

By BROOKE RUDISILL
Staff Writer

Three alums from the class of 2012 were once just a few students who spent the majority of their time in the newsroom – fast forward two years and now Patricia Lammle, Michael Slavin and Jennifer Rodrigues reminisce on their most memorable moments in iPulse before they took the career world by storm.

Lammle is currently working at the Greater Boca Raton Chamber of Commerce as a marketing and communications coordinator. During her time enrolled at Lynn, Lammle held the position of editor in chief for three years and later served as publishing editor during her last semester.

Slavin is completing his graduate degree at New York University. He held a variety of positions throughout his time on the iPulse editorial staff. He started as a staff writer and was soon promoted to copy editor, then graphics designer, managing editor and lastly became publishing editor.

Since graduation, Rodrigues has been working for a newspaper in Rhode Island, the Warwick Beacon. There she covers a variety of local stories. Rodrigues credits her success to the skills she picked up while writing for iPulse. She held a variety of positions throughout her time at Lynn, including staff writer, copy editor, graphics design editor, assistant editor and editor in chief. Upon graduation, she was able to take all of the knowledge she had gained from iPulse and apply it to her professional life.

Although all three have found success since their departure from Lynn, they will always cherish their days spent in iPulse - not only slaving away with their edits, but creating hysterical moments all together.

“I got one of my best friends [Mike Slavin] out of iPulse,” said Rodrigues. “The amount of times that I teased him about the staff bio paper, because he would spend hours trying to lay this out and you could not talk to him because he would just concentrate. So what did I do? I kept talking to him.”

Between the memories and friendships that blossomed in the newsroom, the publication flourished itself.

“Knowing that iPulse has become an award-winning publication, all of us who were there for the ride are so very proud of our work and we hope that it will continue to grow and succeed,” said Lammle.

In retrospect, all three realized that due to the mass amount of time spent editing the student newspaper, they were able to transfer the skills they picked up and find great success upon graduation.

Above: Former iPulse Editors with Professor Stefanie Powers during their time at Lynn. LU Photos.
LIFE AFTER iPULSE FOR LAMMLE
Patricia Lammle Discusses her new Role at the Boca Chamber of Commerce

By AISLING MCENTEGART
Staff Writer

When college students think of their seemingly distant graduation date, it is with a tinge of fear and uncertainty. However, being confident in an academic institution and its ability to prepare students for professional life can diminish said fear drastically. Lynn has a proven track record of grooming students for success in their field. Alumna Patricia Lammle, class of 2013, is one such example.

Lammle obtained both her bachelor’s in multimedia journalism and master’s in communication and media from Lynn, while acting as editor-in-chief of iPulse for three years and, in her final semester, publishing editor. This gave her the unique opportunity to experience the inner workings of a daily publication and all that goes into it.

“Involvement in iPulse taught me how to lead a team, come up with strategic and creative plans, handle difficult times and work under pressure,” said Lammle.

Lammle, reflects upon her time spent in the newsroom at Lynn fondly, describing it as the highlight of her time at Lynn.

“We laughed and had so much fun in the iPulse office,” said Lammle.

Now a recent graduate, Lammle finds herself with a new set of goals, which she found easy to identify due to the skill set she developed at Lynn. Hired as Marketing and Communications Coordinator at the Greater Boca Raton Chamber of Commerce, Lammle finds herself in a leadership position once more and is wasting no time when it comes to revolutionizing the department.

“I have used the publishing knowledge I got from iPulse to revamp the Chamber’s quarterly magazine and the sales packet, making them both current, engaging and fun. It has been fun getting to put to work all the tools I learned at Lynn and in iPulse,” said Lammle. “It feels good to know you can do all that because you got the best education.”

When asked about where she sees herself in future years, Lammle seems to have it all planned out.

“I want to start writing as a contributor writer in local magazines, grow and become respected in the marketing world and one day become the Director of Marketing for a big corporation,” said Lammle.

Lammle credits much of her success to her time spent at Lynn, due to the valuable skills she acquired while writing for iPulse. There is no doubt that the adventure is only beginning for Lammle.
BOCA TO BIG CITY
Lynn Alum Takes New York University

Above: Michael Slavin during his time spent at Lynn. LU Photos.

By KEVIN STUDER
Assistant Editor

Graduation 2012 brought an end to Michael Slavin's time as part of the iPulse team, but since his departure from Lynn, Slavin has continued to follow a career in publishing.

In addition to his education as a Multimedia Journalism major with a minor in English, Slavin was actively involved around campus. His involvement led to him winning the Student Life Award for Male Student of the Year 2010-2011.

While there are several on-campus organizations that Slavin was involved with, iPulse definitely had the most significant impact on him. Joining iPulse in his freshman year, Slavin held a number of positions on the paper.

"My freshman year I started as a copy editor and wrote a little on the side. Sophomore year, I was promoted to graphic designer and then managing editor. I also helped with the website and photograph for the paper," said Slavin. "Finally, I was promoted to Publishing Editor in my junior year and held the position until I graduated in May of 2012."

Writing for the iPulse improved Slavin's writing skills greatly and allowed him to gain vital leadership experience, which helped prepare him for life after college.

"The most fulfilling part of writing for the newspaper was that it gave me the chance to enhance my writing skills," said Slavin. "Joining iPulse helped me immensely, and I highly recommend it to anyone who wishes to improve his or her writing."

Before entering graduate school, he decided to take a year off to have a "mental break." When he decided to jump back into school, he aimed high.

"Last summer I moved to New York to attend [New York University] for a master's in Digital and Print Publishing," said Slavin. "I plan to graduate from NYU in May 2015."

As for the future, Slavin is currently waiting to hear back about an internship with Open Road Integrated Media, which publishes eBooks including classics like "Little Women" and "Wuthering Heights." At this internship, Slavin would be able to design book covers, ads, help with typesetting and create marketing materials. Slavin has proven that what you accomplish in college can change your career path forever.

THE NEW RHODE
Former Lynn Student Takes New Role

By GRACEANNE TRUMPFELLER
Copy Editor

Delving into the world of journalism is no easy task, and for Lynn alumna Jennifer Rodrigues the ideal place to start was at iPulse.

Starting her Freshman year writing pieces for the paper as part of the iPulse club, Rodrigues progressively got more involved as she worked her way up to copy editor, then graphics editor and eventually assistant editor before she received the position of co-editor in chief her senior year. Working at iPulse was certainly a growing experience for Rodrigues, who spent her four years learning the ins and outs of journalism.

"I liked getting to meet all of the different students and professors that you talk to while working, and going to all of the events and doing all of those things," said Rodrigues. "I just learned so much too."

However, iPulse was never all work and no play for Rodrigues. The long hours spent in the newsroom resulted in a lifelong camaraderie between herself and her fellow editors.

"I got one of my best friends [Mike Slavin] out of this, He is literally one of my best friends on this planet," said Rodrigues. "The amount of times that I teased him about the staff bio paper because he would spend hours trying to lay it out, and you could not talk to him because he would just concentrate. So what did I do? I kept talking to him."

Between long nights of editing and days of writing articles, Rodrigues's time spent at iPulse gave her a glimpse into the realm of journalism.

"[iPulse] 100 percent did prepare me for what I would do after I graduated," said Rodrigues. "Not only in terms of writing and layout and all that stuff, but working with a team of people to get a paper out. It reminds [me] of exactly what I would do everyday [with] Mikey and Patricia and everyone else in iPulse."

Upon her graduation in 2012, Rodrigues left Lynn with a bachelor's degree in multimedia journalism and a minor in public relations. She currently works at the Warwick Beacon, a newspaper in Rhode Island, where her beat consists of local occurrences such city counsel meetings and community service and lifestyle stories. She hopes to venture into the field of public relations soon.

Above: Rodrigues now works in Rhode Island. LU Photos.
WE LIKE TO HAVE BEST BUDDIES
Fighting Knights Discuss Their Experiences Working With Best Buddies

Above: Students who are proud members of Best Buddies share their experiences of working with the club and students. LU Photos.

By MERNAN KHOMIES
Staff Writer

Becoming a member of Best Buddies is one of the most rewarding opportunities for students. Members are paired up with students in Project ACCESS (Assimilation to Community, Careers, Employment and Self-Sufficiency) and create one-on-one friendships while managing multiple events.

iPulse set out to ask Lynn students their thoughts on the organization.

“The people who are a part of Best Buddies are all amazing,” said Sabrina Turner, junior. “Some of my best events that I had were the car wash, hotdog eating contest and the friendship ball.”

“I am so glad I had joined Best Buddies my freshman year,” said Bethany Nedziwe, senior. “It has been fun and I will miss everyone.”

“Best Buddies has changed my life,” said Daniela Ava, junior. “I started out by just attending the events without actually being a part of the organization, and now, two years later, I am about to be [the] president of Best Buddies next semester. I found one of my best friends in this process and I love spending time with all of my friends that are a part of it. I am so happy they came into my life because they made it better without even knowing it.”

“I am currently the historian of Best Buddies,” said Eunice Salvador, senior. “Being in Best Buddies has been such a fun and amazing experience. It has been great getting to know such amazing people who are so caring and loving that dedicate a lot of their time trying to make a difference.”

“Being a part of Best Buddies has truly changed my life,” said Bel Zelaya, senior. “Because of [Project ACCESS], not only did I discover my career, but my passion in life. I changed my major to Special Education and will be [completing] my master’s in that as well. From now on, I want to be an advocate for people with all kinds of disabilities, and try to have a positive impact in their life.”

“Being a part of Best Buddies has changed my life in many ways, and has made me a better person,” said Kathy Zelaya, alumna. “Best Buddies has taught me to accept and embrace differences; to love people for who they are [and] to appreciate the little things that are important. It has [also] taught me that making someone else happy is way more important than making myself happy.”
KASI VS. MEZA: A BATTLE IN FLAVOR
Two Neighboring Restaurants in Boca Raton Compete for Local Clientele

By COLIN LEWIS
Staff Writer

Head east on Yamato and just before I-95 is an area filled with large corporate buildings and a strip of some of the best food in Boca. It has become a highly competitive location that is looking to serve every customer with high quality foods.

Between noon and 2 p.m., the restaurants are swarming with local residents. There are two restaurants that leave diners in a bit of a conundrum, due to their incredibly delicious, healthy and unique flavors. Meza Mediterranean Grill & Bar and Kasi, a boutique Indian cuisine restaurant have both been very successful. Depending on one's mood, either of these could satisfy their appetite. However, both offer completely different styles.

Kasi is a smaller restaurant compared to the Meza Mediterranean Grill & Bar. Kasi uses a combination of chicken, rice and very delicious vegetarian dishes. The food is served in bowls, wraps or salads. The average price is about $7 to $9, which is a fair price considering the flavor and unique delicacies. Another huge plus is that the service there is fast, which is a benefit for customers in a rush. The food is always ready, yet incredibly fresh.

"I grew up on spicy food, and love the curry flavor that Kasi provides," said Lori Reynolds, senior. "Meza is good but I like the convenience and simplicity of Kasi."

Meza Mediterranean Grill & Bar is the competition of Kasi, and has a lot more space, as well as a full bar and patio. Meza Mediterranean Grill & Bar is a restaurant that offers staple meals such as gyros, Greek salads, steak shawarma and a large selection of pastas. A huge benefit here are the options; there is a meal for everyone and the food does not disappoint.

"My uncle is Greek, so I know Greek food well, and Meza is the real deal," said Kasey Mann, senior. "Their spanakopita, hummus and overall flavor is 100 percent authentic."

Eating at Meza Mediterranean Grill & Bar requires a little bit more patience because the service runs at a slower pace. Customers feel like they have more time to sit and enjoy their food. The prices for lunch items are a little higher than Kasi's. The portions are larger, so going with a big group is a great idea.

Given the delicious dishes that both restaurants provide, it is difficult to choose a clear winner. A diner should use their individual palette to decide which establishment to attend – or stop by both. Their convenient location makes it possible to enjoy the best of both worlds.
**Student Life**

**LYNN-SPIRATION**

Words of Inspiration to Brighten the day

By ADIRA KESSLER
Staff Writer

Start the day with hope and glory.
Each day is a different story.
The new dawn is a sweet sight.
As it fills the world with warm light.
To you I say have a phenomenal day!

Many students have a myriad of opportunities - from clubs to events, homework to extracurricular activities; the options are endless.

It is easy for one to say, “I can’t do it; I have too much on my plate.”

A friend of mine opened my eyes to a realization about mind-made limitations. It has been on my mind ever since.

Often times, students overwhelm themselves by allowing insignificant dilemmas to weigh heavily on their minds.

The world is full of light, do not let your day be overshadowed by negativity. Open your mind to the simple gifts in life!

**WHAT PLATE?**

“I have too much on my plate.”
Where is this plate?
“It’s an expression.”
Show me the plate.
“I told you, it’s figurative.”
So, I cannot see the plate?
“It’s not a real plate.”
Is it plastic?
“No! There is no plate!”
So you are limited by a plate that does not exist?
“Oh my God, you are [acting] so stupid.”
I’m not the one limiting myself with a non-existent plate.
“The plate is a mental concept in your mind.”
Exactly, it is a mind-made limitation that you created.
“What are you getting at?”
You could do anything you put your mind to - the only one stopping you is YOU.
Do not put your life on a plate.
But if you must, get a bigger plate.

**THAT’S WHAT SHE SAID**

By KASEY MANN
Staff Writer

True or false? Females are not only more likely to enroll in college, but also more likely to walk with the degree.

True. Although the caps and gowns worn at graduation are deemed unisex fashion, recent studies prove that more women than men reach the big day when they don the traditional attire.

With a focus on Americans born between the years of 1980 and 1984, research conducted by the Bureau of Labor Statistics shows that out of the 70 percent of women who attended college, 46 percent completed their degree. In comparison, out of the 61 percent of men who attended college, only 39 percent successfully completed their degree.

Male college students do not seem shocked or offended, but are actually supportive of the rising statistic.

Researchers see this trend as climbing so those younger women of Generation Y can keep working toward the female legacy. Susan B. Anthony would be proud.
IS GRAD SCHOOL THE NEXT STEP?
Some Things to Consider When Deciding if Graduate School is the Next Step

By CLARISSA MYATT
Staff Writer

Graduation is looming if you are an anticipating senior who is getting ready to walk across the stage. Of course, the thought of what comes next, after graduation, is hanging over everyone’s head. Many have been questioning whether or not graduate school is the best step for them. After reading these pros and cons, hopefully you will find an answer.

First, there is money.
If you are an undergraduate who will be graduating debt free due to scholarships or have family that are helping with the cost, then consider yourself lucky. Graduate school tuition is more expensive and federal grants are not as common. Another thing to keep in mind is that Stafford loans max out at $20,000 per year. If your tuition is going to be over that price, remember that private loans typically come along with high interest rates.

Being a graduate student means you cannot live on campus, take advantage of the residential dorm life or the 24 hour cafeteria. However, here is the good news: Lynn provides fellowships, private scholarships and graduate assistant positions, which are available for the students.

With the economy being in less than ideal conditions, it is becoming increasingly difficult for American’s even with a degree to maintain a steady career. Do people in your field of study find employment within a year of graduation? Do they make enough money to sustain a lifestyle and pay off their student debts? Is this field expanding or staying obsolete? These are all important questions to ask in regards to the future.

Next is the commitment level.
Going to graduate or law school is like having a relationship. You have to be 100 percent committed to it, or else, just like a relationship, it is doomed to fail. The tests given in grad school are not going to be a multiple choice scantron where there is a 50/50 shot at getting it right. This is a master’s degree, meaning you are expected to be a master of whatever it is you are studying, so no fooling around. Furthermore, if you do not think you can spend the next chunk of your life mastering that particular thing, then you should not get a graduate degree. It will be a waste of money, and passion is everything. Know yourself, have discipline and remember to have time management.

But, is experience better than education?
Depending on the field of study, many employers may see experience more valuable than education. Think of career goals and if the employer would value hands on experience over a master’s degree. For some careers this may be applicable. However, in a science-based field, a graduate degree is highly recommended. Remember: graduate school has no expiration date, so if you want to work for a bit and then go back to school, then go for it.

So what is the point? If you have found something that you love, and want to do it for the rest of your life, then graduate school can be a really great idea. It teaches students how to gather and process information independently and interpret it from a different prospective. The bottom line is, if you feel that your career of choice can be made successfully without spending more money and getting another degree, then trying out the work field first may be what is best. If that is not the case and your career will pay off your debts and still be able to support your lifestyle after graduate school, then keep studying. Regardless, make sure whatever you do you are happy and passionate about it.

Clairissa Myatt is a junior majoring in Multimedia Journalism. This column does not represent the opinions of the iPulse, but her personal thoughts and views.

Above: Things students have to consider when graduating college and if grad school really is the next step. Stock Photos.
LYNN STUDENT TO YOUTUBE STAR
Senior Marin Rončević has Become an Online Video Sensation Overnight

By CLAIRSSA MYATT
Staff Writer

Everyone has heard of people becoming famous overnight via YouTube. Take Justin Bieber for example; although his life has taken a turn for the worse recently, he was still discovered over the popular video channel.

Senior Marin Rončević has created a YouTube channel about gaming and humor, reaching a mass amount of success in such a short amount of time. Fortune and fame may be in Rončević’s future.

Like any success story, Rončević first kicked started his channel with pure dedication.

“I have a huge passion for video games and I like to express myself through humor and creativity,” said Rončević. “By combining those three things, I’m able to practice my hobby in a productive way.”

If anyone has met Rončević, creativity and humor are definitely two traits that he does not lack. He is usually walking around campus cracking jokes and simply enjoying life. It only seemed natural for Rončević to have this sort of success.

Starting the channel “Psycho4reason” in February of 2014, Rončević has reached 1,500 followers.

“According to other people on YouTube, this is a huge deal,” said Rončević.

With the video game industry booming, many viewers turn to his channel for insight to games such as, Call of Duty and more recent games like Spider Man.

“I play videos games and share my thoughts about the games,” said Rončević. “Sometimes I do standup comedy and perform my own personal jokes over a gameplay video.”

New videos can be viewed everyday, as they are posted regularly. Monday, Wednesday and Friday, Call of Duty videos are uploaded. On Tuesday and Thursdays, other games are posted and weekends are always a surprise.

While watching these videos, one may notice another person appearing now and again. No, that is not his work partner, but his girlfriend.

“While I do everything by myself, I do attempt to incorporate my girlfriend in some of my videos just to show her off,” said Rončević.

Rončević’s videos have reached great success as he averages 500 views within hours of uploading, and it keeps growing. “This success is both motivating and overwhelming,” said Rončević. “Just the other day I was recognized by a complete stranger at the mall. It was oddly satisfying.”

He states that YouTube can be somewhat unpredictable. “I do not want to aim for a certain number [of subscribers] but I am aiming big,” said Rončević.

This Fighting Knight just might be the next big Internet sensation. “See you when I am famous,” said Rončević.

To watch “Psycho4reason’s” videos on YouTube, go to www.youtube.com/thesynco4reason. One can also follow him on Twitter and Facebook by searching “Psycho4reason.”

Above: Marin “Messer” Rončević posts frequently to his YouTube channel and features his girlfriend in the videos. LU Photos.
Entertainment

"HAPPY" FOR A FULL 24 HOURS

Pharrell Williams Releases the First Interactive 24-Hour Music Video

By HOBBS KARG
Staff Writer

"Happy," a track off the soundtrack for the movie "Despicable Me 2," written and performed by rapper and producer Pharrell Williams, is now part of the world's very first 24-hour music video.

The video aired at midnight, opening with a shot of Williams clapping and dancing his way through parking lot stores.

After the first few hours, bystanders were gathering along the Hollywood Walk of Fame and decided to join in on the action. Not only were random bystanders getting in on the action, there were a handful of A-list celebrities who made cameos.

Rapper Tyler the Creator and his friends Earl Sweatshirt and Jasper Dolphin, members in the band Odd Future, were invited via text message to join the video.

"We didn't discuss what we were going to do or how we would do it," said Tyler the Creator. "There were no choreographers and there was no set, it was sick."

Other celebrities included Steve Carell and Magic Johnson. There were even dancing minions from the movie dancing along.

The video moves through the day in real time, while following hundreds of different people. A few celebrities and Williams are followed as they dance throughout Los Angeles.

The video quickly became a hit when it reached almost 5.5 million views on the website. The video has become so popular that it has spawned imitators in Paris, London and Michigan.

The song is roughly four minutes long, which means it will be played 360 times over the course of 24-hours, in which Williams appears at the top of every hour. The four-minute segment was shot over two consecutive days in September in 24 different locations, however, the entire filming process lasted 11 days.

Williams has been nominated for seven Grammys, including Producer of the Year, for "Blurred Lines," "Get Lucky," "Happy" and others.

For those who are interested in viewing the first ever 24-hour interactive music video, visit www.24HoursOfHappy.com.

Above: Pharrell Williams is joined by the "Despicable Me" Minions in his 24-hour video. Stock Photos.
NO BUSINESS LIKE SHOW BUSINESS
Stars Idina Menzel and Neil Patrick Harris Return to the Broadway Stage

By KEVIN STUDER
Assistant Editor

After their recent success in television and film, Neil Patrick Harris and Idina Menzel are returning to their roots on the Broadway stage.

Harris was seen on Broadway 10 years ago as the Balladeer and Lee Harvey Oswald in the Stephen Sondheim musical, "Assassins." When the show closed, he landed the role of Barney Stinson in the show "How I Met Your Mother," which just ended after nine successful seasons. Now Harris is starring as a transgender woman rock star in the musical, "Hedwig and the Angry Inch," which earned him his first Tony nomination.

"I am simultaneously ecstatic and terrified to be stepping into Hedwig's heels," said Harris. "It is truly a once-in-a-lifetime role and I can't wait to begin the journey."

While this is the first time that Harris has appeared on Broadway since 2004, he has continued to make a name for himself in theater while working on television. He played Mark in "Rent" during the second national tour, was Toby in "Sweeney Todd: The Demon Barber of Fleet Street" alongside Tony Award winner Patti LuPone and headlined an all-star cast, including Stephen Colbert and Christina Hendricks, in Sondheim's "Company." Harris is known on stage most recently for his gig as the host of the Tony Awards for four years where he performed show-stopping opening numbers.

"There's a kid in the middle of nowhere who's sitting and living for Tony performances; singing and flipping along with the Pippins and Wiggles and Kinkys, Matildas and Mormons-es," said Harris. "So we might reassure that kid and do something to spur that kid, cause I promise you all of us up here tonight, we were that kid."

After her recent boost in fame, thanks to a song called "Let It Go," Menzel is also returning to her theater roots in a new musical, "If/Then." The musical starts with Elizabeth (Menzel) who moves back to New York and is trying to figure out what to do with her life. The audience then follows her life in parallel if she were to choose "Liz" and find new experiences, or "Beth" and seek out business opportunities. The show earned Menzel her third Tony nomination.

"I've experienced the beauty of working on original musicals and was eager to find a project where the material was exciting and new and spoke to my heart," said Menzel. "I am extremely excited about "If/Then" and very much look forward to returning home to Broadway."

Menzel is no stranger to the Broadway stage as she originated the iconic roles of Maureen in "Rent" and Elphaba in "Wicked," which earned her a Tony Award for Best Actress in a Musical. She gained some popularity in 2010 when she guest starred on "Glee" as Lea Michele's mother. The success of her animated movie "Frozen," and her subsequent name mispronunciation at the Oscars, is what really boosted her popularity.

"That threw me for a minute, but then I just got back on track and reminded myself of where I was," said Menzel about John Travolta's name flub on the Oscars. "Please, I mean I've only benefited from it."

"If/Then" opened on March 30 and is playing at the Richard Rodgers Theatre. "Hedwig and the Angry Inch" opened on April 22 and is playing at the Belasco Theatre in New York City. Watch as these shows compete for Tony Awards on June 8.

EXERCISE WITH A GREAT PURPOSE

Local Gym gets Clients in Shape to Change the World with Unique Goals

By EMILIA LUJAN

Eduardo Owens, created the Movement gym due to events in his life that changed his perspective. Owens decided to build this business so that he can share his transformation with others and change lives.

"Movement is not just a fitness studio, it is a do-good company looking to change the world," said Owens. "I feel like there is a lot of great people here in South Florida that want to do good things but don't have the time or place to convene."

Most people would love to volunteer but do not usually have the time, so Owens decided to build a studio where people can work out and at the same time with the money they pay, help fund a project to help those in need.

"The concept of Movement is come here, get a great work out with great people and great energy," said Owens. "And then, let us show you how working out at Movement can make a difference."

As the owner, Owens takes a certain percent of profits and uses it to help the community. They have only been open for three months so there is still much growth to be had.

"My passion is figuring out how an iPad, a palm tree and a mango somehow can get meshed together to do something innovative and make a difference," said Owens. "I like to call them grass routes philanthropy projects when I go out into the community."

Owens has accomplished a lot for three months. He has paired up with an artist in Miami and was able to feed up to 200 homeless people. He also went to Spady Elementary School in Delray Beach, and taught more than 200 kids between the ages of three and six the concept of giving back. Later, those kids went out and doubled his money and donated all of the proceeds to the Family Promise Organization.

Another project Movement was involved with was a beach clean up. Out of the 150 people that attended, more than 50 people were there because of Movement. Owens hopes to eventually be able to build a shelter for abused women in Colombia.

"I came to realize a dollar is not equal in all places," said Owens. "What you can do with a dollar [in Colombia] is a lot more than what I can do with a dollar here [in America] - like I said, affect what you can when you can."

Inside the studio, Owens has placed a giant robot against a wall for donations. He did not want a regular boring donation box so he decided to get creative.

"I woke up one morning struggling thinking, 'How do I do this donation box?"' said Owens. "And there were three words that just kept coming to my mind, 'More than robots.'"

The studio is filled with open space. The concept behind this is to get people to observe the good energy. Like an art gallery, Owens decided to make it similar in the color and space, so that people can be more observant while they are working out. Just like every art gallery, there needs to be a piece of art. In this case, that is the robot.

The first class is $1. Rates vary from the kind of packaging each individual prefers, but the unlimited package is $159. Right now, there is a promotion for 20 percent off any package. Schedules are also extremely flexible and classes are available from Monday to Sunday.

So if one is looking to get a great workout and at the same time impact the world, Movement is the place to go to.
"IT WON'T BE LIKE THIS FOR LONG"
Cary Rucker Successfully Transitions Into a new "Southern State of Mind"

By BROOKE RUDISILL
Staff Writer

Imagine hiding a part of one’s identity for the last 19 years of life - it is hard enough for an average teen to acquire genuine friendships, but picture how difficult it may be for the daughter of an A-list celebrity.

Freshman Cary Rucker grew up in the limelight of her father’s success in the music industry. Being that her father is Darius Rucker, a Grammy Award winning sensation - expressing her own personality became challenging when classmates would criticize her character based on who her father is.

“It was really hard to find friends that accepted me for who I am, not for the connection of my dad,” said Rucker. “I was very naïve when I was younger and I ended up choosing the wrong types of friends to be around.”

Although it became extremely challenging for Rucker to identify the right niche of friends, she refused to allow feelings of resentment to grow toward her father. She has always been a "True Believer" and firm supporter of her father’s career.

“I was in seventh grade the first time I traveled with my dad on tour and it was thrilling to be in a different state everyday,” said Rucker. “Before every concert me and my dad would go and explore all of the famous locations in every city that we went to.”

Although Rucker has experienced a tremendous amount of opportunities, such as attending the Country Music Awards, she is an extremely down-to-earth individual who is just trying to maintain a typical college student’s lifestyle.

Rucker spent most of her time residing in Baltimore with her mother, where she graduated from high school. She is very passionate about the arts, and hopes to pursue a career in the future that accommodates both music and writing as a whole.

“I have always loved creative writing and hope to someday become an author,” said Rucker. “My dream is to publish a trilogy at some point in my life.”

Along with creative writing, Rucker also dreams of becoming a professional songwriter and would love to be able to direct music videos in the future. Her reason for enrolling at Lynn was because she was instantly sold on the concept that the university offers so many opportunities to students.

“I have made so many friendships here at Lynn that I finally am able to express who I really am as a person and I love that I don’t need to hide anything from them,” said Rucker. “Along with friends, I love the fact that I am learning so much here at Lynn too.”
RIDING FLORIDA'S HIGH WATERS

Students at Lynn Enjoy the Adrenaline of Wakeboarding in a Cable Park

By VERONICA HAGGAR
Staff Writer

Ski Rixen in Deerfield is a cable park where students meet up every week to wakeboard on the lake, trying new tricks and simply enjoying the ride.

German-native Bruno Rixen created the idea of a cable park and made Ski Rixen, one of the first cable parks in the U.S.

The park offers the equipment and the visitors have the option to practice kneeboarding, waterskiing, wakeskating and wakeboarding.

"I've been wakeboarding in the park since September, but I have been wakeboarding behind a boat since I was 16-years-old," said Miguel Pangrazio, freshman. "I learned with three different methods, by myself, watching YouTube videos and getting help from other people that wakeboard with me."

Wakeboarding at the park is not the same as wakeboarding behind a boat.

"The difference is that the boat goes much faster and also it's a lot easier to start from a boat because it is a gradual pick up speed," said Alexandros Demetriades, junior. "At the cable park you just jump off straight away pretty fast and you have to learn how to go around the turns which is pretty difficult at first."

Kevin Moore, senior, and Demetriades started wakeboarding at the beginning of the semester at Ski Rixen.

"Since then, we've been going once a week," said Moore.

At Ski Rixen, there are several ramps and rails on the lake that the riders use to jump and do tricks.

"I can do some inverts which are flips," said Pangrazio. "Backflips, the front flip 180 which is called Scarecrow, I can do the tantrum to blind, the Raley, which you jump and launch your body backwards," said Pangrazio.

"I can also do 360s, 540s and some other tricks."

"The scarecrow is my latest trick," said Demetriades. "I can do the 360 and I can also go on rails. The latest trick I've been working on is the 540."

"It's really easy to get really good really fast if you have the nerves to try," said Moore.

Moore and Demetriades have been planning on creating a wakeboarding club at Lynn for next semester.

"We are going to start a wakeboarding club next semester, we would meet on a weekly basis, go to Ski Rixen and also take trips to other cable parks," said Moore. "If we get funding we could also rent a boat once in a while, it's just a club for fun."

Everyone who tries the sport seems to agree that wakeboarding is extremely addictive and it is a lot of fun.

"Wakeboarding is a passion," said Demetriades. "You have to be patient, it will be more difficult for you if you haven't done any other boarding sport before but even if you have it's a little bit hard at first."
"WHY CAN'T WE BE FRIENDS?"

Resident Assistants Want Students to Know They are not the bad Guys

By VERONICA HAGGAR
Staff Writer

Some may see them as the bad guys, but Resident Assistants (RAs) are actually very caring, fun and friendly students who guide their peers through their housing experience and college life.

"I decided on becoming an RA because it really interested me. I love the whole aspect of making posters and doing creative activities, but more importantly, it is more about the relationships that I get to build with the residents," said Ruth Augustin, junior and RA for E.M.L Residence Center. "I just love people [and] stuff like this, so it all appealed to me when my admission counselor told me about it."

"It is a rewarding experience, and even though people think that we are the bad guys - we're really not," said Jessica Thornton, sophomore and RA in E.M.L Residence Center. "It's actually a lot of fun and all the RAs are so close. You meet new people and make new friends."

RAs are not only here to promote campus safety, but also to care for their residents as well.

"My responsibility is to make sure my residents are okay, making sure that the floor is okay as well, that everything is running smoothly and things aren't broken in their room," said Augustin. "But more importantly, I think a big part of the job is being there for someone."

The RAs pride themselves on the fact that as they get to know their residents, they all become a big family. Students learn to trust them, and know that they have someone to support them.

"I like when [residents] leave my room and they're smiling. [I know I] did something to help them," said Augustin. "I really like the idea of being able to get them through the school year when their parents aren't here."

RAs plan programs throughout the year to bond with students, where students are able to get involved and socialize with one another. Programs have different themes, like educational program and safe-sex tips.

For future RAs, the current ones have a bit of advice.

"My advice would be time management," said Katherine Joyce, junior and RA in Trinity. "I would definitely recommend future RAs to take school very seriously and manage your time well."

RAs are always advising students to have fun but focus on school as well. Even though RAs are here to help students, often times the students help RAs as well.

"[My residents] are really funny," said Augustin. "Everyone has such different personalities...they're all just so interesting there's so much to learn about them."
TBT: A TRIP DOWN MEMORY LANE

Three Former iPulse Editors Reflect and Share Their Current Success Stories

By BROOKE RUDISILL
Staff Writer

Three alums from the class of 2012 were once just a few students who spent the majority of their time in the newsroom – fast forward two years and now Patricia Lammle, Michael Slavin and Jennifer Rodrigues reminisce on their most memorable moments in iPulse before they took the career world by storm.

Lammle is currently working at the Greater Boca Raton Chamber of Commerce as a marketing and communications coordinator. During her time enrolled at Lynn, Lammle held the position of editor in chief for three years and later served as publishing editor during her last semester.

Slavin is completing his graduate degree at New York University. He held a variety of positions throughout his time on the iPulse editorial staff. He started as a staff writer and was soon promoted to copy editor, then graphics designer, managing editor and lastly became publishing editor.

Since graduation, Rodrigues has been working for a newspaper in Rhode Island, the Warwick Beacon. There she covers a variety of local stories. Rodrigues credits her success to the skills she picked up while writing for iPulse. She held a variety of positions throughout her time at Lynn, including staff writer, copy editor, graphics design editor, assistant editor and editor in chief. Upon graduation, she was able to take all of the knowledge she had gained from iPulse and apply it to her professional life.

Although all three have found success since their departure from Lynn, they will always cherish their days spent in iPulse - not only of times that I teased him about the staff bio paper, because he would spend hours trying to lay this out and you could not talk to him because he would just concentrate. So what did I do? I kept talking to him.”

Between the memories and friendships that blossomed in the newsroom, the publication flourished itself.

“Knowing that iPulse has become an award-winning publication, all of us who were there for the ride are so very proud of our work and we hope that it will continue to grow and succeed,” said Lammle.

In retrospect, all three realized that due to the mass amount of time spent editing the student newspaper, they were able to transfer the skills they picked up and find great success upon graduation.
By PHIL ALLISON
Staff Writer

Most people measure their time spent at Lynn in either semesters or years. Dean of Administration Tom Heffernan measures his in construction projects that he has completed. This fall students will set foot onto campus with the Snyder Sanctuary and International Business Center completed.

The Snyder Sanctuary will be the new premiere location for spiritual exploration on campus. The main building will be an interfaith space reaching toward the sky with interconnecting walls towering above its surroundings at 50 feet. It is easy to see how the Sanctuary will encourage spiritual thought. The grounds of the Sanctuary will be hosting many of the 100 level Belief and Reason Dialogue classes. By getting students out of traditional classrooms, the university can encourage open and enlightening discussions.

The International Business Center is set to open in August. It is a project of necessity for Lynn. "In the 2020 Plan, we decided what we [Lynn University] want to be academically [challenging]," said Heffernan. "Once that was decided, we asked ourselves what we needed to do to make that happen."

The International Business Center is set to revolutionize student learning. With more over $1.5 million in technology being installed in the building, students will have more opportunities to connect with each other as well as other students and businesses around the world. Between video conferences in the collaborative learning spaces and the Bloomberg Terminals for students to keep up with the stock market, there will be no excuse for students to be out of touch with events in the world.

The second and third floors offer impressive views of campus, with corner classrooms overlooking one of Heffernan's most recently completed projects, the Bobby Campbell Stadium.

"I don't know how anyone could pay attention in a night class with a game going on," said Heffernan, looking out over the beautifully manicured field.

Heffernan is perhaps most proud of the amount of student involvement in the design of the International Business Center. Students were asked about everything down to what furniture would make them feel most comfortable going into a faculty member's office.

"Both Dr. Kevin Ross and Dr. Donald Ross show an incredible ability to be visionaries," said Heffernan. Many claim to be simple foot soldiers in the Reagan Revolution of politics; Heffernan would claim to be a foot soldier, but the truth is that he is a field commander in the Ross Revolution of education.
SINCERE SUMMERTIME SADNESS
Freshmen Max Runes and Ashley Drew Say Their Farewells for the Summer

By ANSON WALLER
Photographer

Above: Freshmen Max Runes and Ashley Drew spend their last few days together before they have to leave for summer. Staff Photos / A.Waller.
SUMMER FITNESS
Students Stay Fit for Beach Bodies

By ANAMARCELA LLANES
Staff Writer

As the sun begins to glisten brighter in South Florida, students are starting to trade in their books for healthier habits in order to achieve the perfect summer bodies.

Whether working out at the gym, running around outside or sustaining a healthy diet, students have been working hard to uphold healthier bodies.

With a variety of exercise routines and diet plans, it has become extremely easy to kick start a healthy lifestyle. The Internet is swamped with secret celebrity diets, cleanses and exercise routines that help individuals keep up with new information.

Crossfit, yoga and zumba are currently trending throughout the United States. Students are welcomed to take both yoga and zumba classes on campus, as well as workout in the well-equipped gym, located on the first floor of Old Lynn.

iPulse took to the streets and asked students how they are working toward maintaining their summer bodies.

“I eat normally, but I like to run and surf; that is where I get my workout,” said Leonidas Oikonomidis, junior.

“I love the yoga classes that Lynn offers, it helps me stay fit and happy,” said Karina Monroy, sophomore.

“To stay fit, I work toward meeting their summer body goals. Staff Photo / A. Llanes.

although I cheat once a week.”

“I rely more on a diet than on exercise,” said Veronique Villeda, freshman. “I eat light salads with balsamic vinaigrette for lunch, and I drink fruit smoothies for breakfast and dinner.”

“I just stay away from fried foods,” said Juan Gurdian, freshman. “Other than that I eat normally, but I go to the gym everyday.”

“I always make sure that I eat healthy, mostly fruits and vegetables,” said Costanza Pappalardo, sophomore. “I also try to go to the gym four times a week.”

INSIDE ONE’S LIFE
Desiman Alexandre Improves Lynn

By DOMINIC DITHURBIDE
Staff Writer

When shaking the hand of Desiman Alexandre, I learned more about being a man than one could ever learn by reading 1,000 tales.

Alexandre, born in Haiti in 1955, is the housekeeper that maintains the conditions of Lynn’s residence halls.

Alexandre is the loving leader of his Boyton Beach based family. Alexandre was greatly loved by his wife, who sadly passed away. Now, his home glows brilliantly with the presence of his mother and four children.

Alexandre will ensure that the buildings at Lynn are in spectacular condition during the summer, so that once fall rolls in and his 60 birthday approaches, the community can enjoy his hard work.

He awakes everyday around 5 a.m. in order to arrive on campus at 6 a.m. for work. He works eight hours a day, basking in the cool mists of Florida’s mornings.

Alexandre first arrived at Lynn from Haiti in 2002, and has been working hard for 12 years since. His main job is housekeeping, but he enjoys helping with any other duties that maintenance asks of him.

The last time that Alexandre went home was just one year before the fatal earthquake had hit. He plans to return, but is still in the process of scheduling his next visit.

“The last vacation I had was in November of last year,” said Alexandre. “I did not do much, I just spent time at home with my family, and I was resting.”

Most students overlook how much work and dedication Alexandre and his co-workers put into making our campus look beautiful.

Perhaps as the summer nears, students and faculty members will put one last effort into helping the housekeepers maintain a clean and tidy environment.

Above: Leonidas Oikonomidis, junior, and Karina Monroy, sophomore, work toward meeting their summer body goals. Staff Photo / A. Llanes.

Above: Desiman Alexandre enjoys his time working at Lynn. Staff Photo / D. Dithurbide.

Dominic Dithurbide is a freshman majoring in Multimedia Journalism. This column does not represent the opinions of the iPulse, but his personal thoughts and views.
Student Life

‘RAFFATTACK’ TAKES ON CHINA
Liz Raffa Documents the Inside Scoop of Business Major’s Trip to China

Above: Senior Liz Raffa enjoys her remaining time at Lynn while she prepares for her travels to China this summer. LU Photos.

By PHIL ALLISON
Staff Writer

Many students spend their summer breaks working; some travel to distant and exotic lands, and some even continue their education by taking summer classes. Senior Liz Raffa, however, will manage to do all three this summer.

Raffa is well-known around campus for her prowess on the volleyball courts, earning her the moniker ‘Raffattack.’ She is also well loved for her position as a resident assistant in the Lynn Residence Center.

Raffa will be traveling to China for four weeks after graduation to document the study abroad journey of a group of business students. Working for the Center for Learning Abroad, the College of International Communications and the Marketing Department, Raffa will create a video of her experiences in the cities of Hong Kong, Beijing and Shanghai. In preparation for her trip to China, Raffa has been researching everything from ancient Chinese culture to current events in the region.

Looking at the opportunity she has this summer, Raffa can not help but feel in awe of what she has been able to accomplish through the years.”Chips that shouldn’t have fallen into place, did,” said Raffa. In addition to being in a foreign land with a different language and culture, Raffa will also be starting classes for her master’s degree in Communication and Media: Media Studies and Practice at Lynn.

When Raffa returns from China, she will continue her service to Lynn by working for Auxiliary Services. Describing her job as a resident assistant for the summer camps, such as LAL camp and Pine Tree, Raffa will be a jack-of-all-trades - fixing whatever goes wrong. Raffa is used to being a problem solver for her friends, teammates and residents.

This summer promises to be extremely beneficial for Raffa. “I will gain valuable experience I never would have gotten without this opportunity,” she said. The experiences she is gotten outside of the classroom to practice her craft as well as the connections she is made to further her personal and professional development are Raffa’s favorite parts of attending Lynn.

As she looks back on her undergraduate career, Raffa sees the path that brought her to where she is now due to leaps of faith and risks. Whenever she is asked to give advice to those following in her impressive footsteps, Raffa thinks back to words spoken by Jim Miret, an early volleyball coach.

“Take risks because you have to risk big to win big.”
Around Town

HOW TO PICK THE PERFECT HOME

Alumna Megan McSweeney Lends a Helping Hand to Students Wishing to Move

By DANIELA AVA
Staff Writer

After a few semesters living on campus in the residence halls, one may feel like venturing out and living on their own. If students are unsure of where to find a new home, contacting alumna Megan McSweeney is a fantastic idea.

Following graduation from Lynn, McSweeney became a realty associate for Mangrove Realty Inc., located in Delray Beach. Considering McSweeney was once a Fighting Knight, she understands the issues students face when finding a new home away from Lynn’s beautiful campus.

Living on campus can be an exciting experience in the beginning of one’s college career. It is a transition that every student must go through, unless they are commuters.

For students who are fed up with roommate drama, there is a solution — venturing out on one’s own and finding the perfect house or apartment to call their very own home.

For starters, one must check out a variety of different locations in order to decide where the best options are located. This may be a long and tiresome process. Luckily, McSweeney is here to help. Being a realtor in South Florida, she is aware of all of the best-suited locations for each of her clients.

“I moved out of the dorms two years ago,” said Katherine Bigott, junior. “And having a realtor helped me so much. It made the process of moving easier, quicker and pleasant.”

With summer nearing, students enrolled in a university find themselves questioning where they will reside once the spring semester comes to an end. One can either travel home for the remainder of the summer, or they can look into moving into an apartment or house in the area.

“I currently live in San Marco,” said Carlota Kauffmann, senior. “But I want to move to a house on the beach. What’s the point of living so close to the beach and not live on it? I am definitely going to get in touch with Megan [McSweeney].”

McSweeney has gained an abundance experience as a realtor working at Mangrove Realty Inc., and is willing to help anyone looking for a new place to call home.

If interested in contacting McSweeney for a helping hand, the only step left is to explore the beautiful locations available.

Above: Alumna Megan McSweeney can find students beautiful homes around Boca. Stock Photos.
SUNSETS, SEAFOOD AND SCENERY
Oceans 234 is an Oceanfront Restaurant That will Take one’s Breath Away

By ALEXANDER PEGUERO
Staff Writer

With summer splashing in and classes coming to an anticipated end, seaside Oceans 234 is becoming a major hot spot, where dining out consists of not only high quality foods, but of a picturesque seaside setting well worth spending time at.

Oceans 234 is becoming increasingly well-known around the area, and for the wide variety of seafood options. The restaurant is most famous for their scrumptious lobster mac and cheese dish, but meals are served completely fresh to maximize consumer satisfaction.

"Oceans 234 is one of my favorite restaurants. It can not get any better than eating amazing food with a beach view and good company," said Daniela Ava, junior. "My favorite plate that I have to order is the Firecracker Shrimp, which is amazingly fresh, a little spicy, creamy and crunchy at the same time. Also, I cannot go without having the Lobster Mac and Cheese that comes in rigatoni pasta with creamy cheese and a steamed lobster tail; it is just incredible."

The ambiance of the restaurant is wonderful because if customers sit on the terrace, all of their meals will be served directly in front of the white sand beach. Oceans 234 makes it possible for customers spending time on the beach to quickly grab a great meal after a fun day in the sun.

"I love taking my girlfriend there," said Douglas MacLiff, senior. "We make a beach day out of it and then have a romantic moon lit dinner date to end the day."

For those who have not experienced the calming realm of Oceans 234, do not hesitate to visit when deciding which restaurant to dine at next. One will experience the uniqueness of eating high quality food on the beach with great company.

If interested, it is highly recommended to make a reservation beforehand. For more information, contact (954)-428-2539 or www.oceans234.com.
Students are Heating up the Summer by Wearing the Hottest Clothing Trends

By ANYA LEIGH MARTIN
Staff Writer

With summer quickly approaching, Lynn students have been running to the malls, keeping up with the hottest fashion trends featured on the runway. Celebrities and the public alike have been following the hottest styles to make sure that their summer is a fashionable one.

When stepping foot into a clothing store, deciding which outfits are the most appealing may become stressful. Make sure to keep the intense summer heat in mind.

In addition to being cute and comfortable, summer clothing comes in a variety of bold and mixed prints, bright colors and floral patterns.

2014 is all about the crop tops, rompers, sundresses and flower crowns. Whether attending summer classes, hanging by the beach or going on dates, it may be essential to have some of these items.

“I love the summer because I enjoy nothing more than wearing a cute crop top and a pair of shorts to the pool, beach or even a music festival,” said Sofie Trachten, junior. “Summer is the time where anything goes, colors are in, prints are in and I’m dying over crocheted bathing suits.”

If looking to spice up one’s bikini collection, pick up fringe tops, bandeaus, high-wasted suits and do not be afraid to try on a monokini. Be sure to keep the swimwear appropriate to one’s body type.

For fashionable and affordable swimwear, check out companies such as, Everything But Water or L*SPACE Swim. For a cute cover up, maxi dresses are perfect to throw over a bathing suit.

“I love maxi dresses in the summer. Not only are they comfortable and still cute, they are also light and easy to quickly throw on, and perfect for traveling,” said Jennifer Haley, senior. “They are perfect for running errands, grabbing lunch or even going to the beach.”

In order to make sure that one has the most fashionable summer yet, keep up to date with the hottest summer trends this season. One can easily spot the upcoming arrivals through magazines or online websites.

Above: Sofie Trachten, junior, and Jennifer Haley, senior, model their must have outfits that are in style this summer. Staff Photos / A. Martin.
MUSIC CHARTS HEAT UP SUMMER

Popular Artists are set to Release new Tour Dates and Albums This Season

By TYLER BABCOCK
Staff Writer

Summer is the ultimate season for artists to promote new albums and tour dates.

Coachella recently kicked off the season with jaw dropping performances and unscheduled appearances by Beyoncé and Jay Z.

The power couple will be kicking off the “On The Run Tour” in Miami on June 25. Critics have been raving about this tour being the most anticipated one of the summer.

Dave Matthew’s Band is planning on taking the summer by storm, scheduling a 42-performance tour from May 16 to Sept. 6.

“I’ll most likely be going this year because I absolutely love [Dave Matthews Band],” said Stephanie Leighty, sophomore. “It’s kind of like a tradition [to see Dave Matthews Band] with my friends from my hometown in New Jersey.”

Aside from concerts, countless albums are soon to be released this summer. Such albums include Rick Ross’ “Mastermind,” Lil Wayne’s “Tha Carter V,” Pusha T’s “King Push” and Schoolboy Q’s “OxyMoron.”

Kanye West, Nas, Future and Pharrell will also be releasing new material to the public.

“Nas is going to release truthfully relevant music this summer,” said Lucas Langley, sophomore. “However, it will lack in popularity because Nas doesn’t make mainstream songs for the radio like that of Jay Z.”

Future recently released his single “I Won,” featuring West. According to BET, both Future and West intend on dropping brand new albums this summer.

Last year, West dropped a ten track album titled “Yeezus,” which gained a tremendous amount of buzz.

“In 2013, West managed to take the No. 1 spot with 10 tracks, distorted sounds and no cover art. Now for his next feat, he’s planning to release only eight songs,” said BET.com.

Females in the industry are also releasing new music, as BET has reported that Mariah Carey will be featuring her highly anticipated album “Me. I Am Mariah,” this summer. Adele is also reported to release new material in the next few months.

“First off, for Mariah Carey, all I care about is her dropping another Christmas album this year,” said Will Stern, junior. “As for Adele, I’d listen if she collaborated with Jay Z or Kanye West, otherwise the only time I’m listening to her music is when it’s in an advertisement or movie trailer.”

For those interested in brand new music, check out iTunes or Twitter for artist sneak peaks and concert dates.

Above: Favorite artists including Jay Z, Beyoncé, Mariah Carey, Pharrell and Dave Matthews Band will be sure to stun this summer. Stock Photos.
ON THE HUNT FOR A NEW HOME
Felipe Dunin and Lasakan Cholayil Search For Off Campus Accommodation

By LASAKAN CHOLAYIL
KAYLA MACVEAN
RYAN PRICE
MICHAEL WILLIAMS
Staff Writers

Above: Dunin and Cholayil sitting down with a realtor and discussing their options. Staff Photos.

Above: Finding the office. Staff Photos. Above: Dunin and Cholayil touring an apartment to determine if it is right for them. Staff Photos.
STAYING IN SHAPE THIS SUMMER
Lynn Students Show how They Stay in Shape During the Summer Season

By SHAVAV ALFRAIHI
FELIPE BORKOWSKY
DEVON GREEN
JESSICA GROVER
REBECCA PEREZ
Staff Writers

Above: It is very important to eat a healthy meal before hitting the local beach for an invigorating seaside jog. Staff Photo/ R. Perez.

Above: Casey Brown, senior, utilizes a nearby gym for strength training exercises during the week. Staff Photos/ S. Alfraihi/ D.Green.

Above:. Madison Bernstein, senior, is strengthening her arms by doing pushups on Red Reef Beach. Staff Photo/F. Borkowsky.
SUMMER FUN IS IN FULL SWING
Lynn Students are Enjoying Their Summer in a Variety of Different Ways

By ASHLEY DREW ABEL
CAMILA HADAD
TESS KEEGAN
JORDAN MOODY
PATRICK LATHROP
Staff Writers

Above: Keith Jacobson enjoying some video games Staff Photos.

Above: Brooke Mackey, sophomore, catches up on rest. Staff Photos.

Above: Gabriele Regazzi, senior, ready to hit his target. Staff Photos.

Above: Harry Rosen, junior, soaking up the sun. Staff Photos.

Above: Students at the pool after a hard semester. Staff Photos.