A WORLD OF OPPORTUNITY AT LYNN
The Center for Learning Abroad is Providing Students With Travel Possibilities

By JENNIFER MURILLO
Video Editor

The Center for Learning Abroad has prepared exciting new trips and activities for students to enjoy this upcoming year.

"The vision of Lynn is to become one of the most international universities in the US," said Brian Pritittina, director of CLA (Center for Learning Abroad). "One thing that we are in charge of doing is to increase the amount of students that study abroad during their academic career."

The CLA office was established last year with the purpose of connecting the Lynn community to a world of opportunity. So far, favorable feedback has been heard.

"I believe that expanding your knowledge not only in your comfort zone but exploring what is out there gives you an overall idea of what the real world looks like depending on your area of study," said Daniel Williams, sophomore.

Programs are available for both local and international students, meeting all coursework requirements while encouraging cultural immersion. Credits are transferrable (coursework is pre-approved) and there is no additional cost than the amount paid at Lynn for long-term programs.

"We want to get out there, be seen by students, explain to them what's available to them at Lynn and just really make our presence on campus felt," said Pritittina.

Upcoming plans include J-Terms to six destinations, offering an internship program, a community awareness initiative and Self-and-Society classes in places like Aspen, Dominican Republic and Brazil. The deadline to apply for any of these is today, Oct 1.

Meanwhile, CLA is currently working on next semester's summer programs to be presented in the spring's Study Abroad Fair for which possible scholarships are also being provided.

For more information, visit the Center for Learning Abroad.

Above: A look at everything that the Center for Learning Abroad has to offer for students who want to study abroad. Staff Photos/ J. Murrillo.
RED, WHITE AND POINT OF VIEW
College Democrats and Republicans Discuss Hot Political Topics

By MORGAN GOLDSTEIN
Staff Writer

On Constitution Day the college republicans hosted a joint event with the college democrats to discuss the major issues facing the United States ranging from healthcare to America’s involvement in Syria during ‘Red, White and Point of View.’

The AG Theatre was full of eager students who wanted to be informed about controversial topics in Washington. Two republicans and three democrats shared their thoughts on healthcare, amnesty and immigration, the Syrian civil war and more. Each student had three minutes to comment on the topic then they could rebut statements made by their fellow panelists.

"I believe that we wanted to have an event involving politics on Constitution Day to celebrate it," explains Daniel Williams, president of college republicans. "I really liked the economy [topic] because it is something that directly affects American citizens. Instead of focusing on social issues we focused on things that directly impact Americans."

During the topic of healthcare, tensions between the panelists rose as both parties shared their firm opinions on the controversial universal healthcare law.

"America is the only superpower in the world that does not have a universal healthcare system," said Dylan Petit-Jaques, member of the college democrats. "I find this appalling."

Williams responded to Petit-Jaques point by stating: "This healthcare law is not going to solve the uninsured problem in America."

Both Williams and Charles Michaelson, president of college democrats, viewed the event as a success because of the information that the panelists were able to give the students.

"I watched Charlie Rose and saw how he can have easy going political conversation and I said, why can’t we have that at Lynn? It went off without a hitch," said Michaelson.

Students interested in joining the college democrats should contact Michaelson directly at CMichaelson@email.lynn.edu and those interested in participating in college republicans can contact Williams at DWilliams5@email.lynn.edu.
HOW TO: GETTING ORGANIZED
Tips and Tricks on how to Have an Organized and Planned Semester

Above: One easy trick for students to stay organized is purchasing an erase board calendar to stay on top of assignments. Stock Photos.

By CLAIRISSA MYATT
Staff Writer

Being a college student, one is constantly trying to balance homework, laundry, dishes and extra curricular activities. Here are a few tips on how to stay organized this school year so that students can feel more at ease.

Part of being young is thinking that one is like Superman. The first step to getting organized this semester is to buy a planner. Write down all the assignments one has coming up as well as reminders a few days before. Even Superman would not be able to remember that test he has next Tuesday.

Another great solution for a planner is to buy an erase board calendar. Hang it up somewhere that one is likely to look at daily. Seeing what one has to do everyday serves as a constant reminder not only of the tasks that still need to be finished, but it will give one motivation to complete them as well.

If there is one thing students have learned throughout their years of schooling, is to save every paper until the semester is over. Binders and folders are a great way to stay organized for each class. Keep track of papers, tests and quizzes from each professor.

Keeping track of these papers will also help one's credibility if a professor has forgotten a grade. Aside from that, one's final exam grades will also benefit from organization. Reviewing past quizzes and tests are a great study tool.

Lynn's new iPad initiative makes it easy for students to stay organized and on top of their assignments. With the iPad, one can download applications from iTunes to help stay organized such as, Just Remember the Milk.

This app ensures that students will never forget an assignment again. Just Remember the Milk is a free application that prioritizes students tasks once it is synced to their email and calendar. Just connect to the Internet and one will never forget an assignment again.

Follow these tips and students will be on their way to an organized and less stressful semester.
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FRESHMAN WITH FRESH WHEELS
The Challenges and Benefits of Bringing a car to a College Campus

By SCOTT T. BALDWIN
Staff Writer

Not every student at Lynn decided to bring their cars to campus for the first semester, and many of them regret doing so.

However, Maxwell Runes, a freshman did indeed bring his 2012 Chevy RS Camaro all the way from New York. Runes did not want to depend on others to get around.

"I use it every other day," said Runes. "Whenever I need to go to the store, I don't need to mooch off others by asking for rides."

A plus for those who bring their own cars to campus is the freedom it offers.

"The thought of being away from my car is excruciating," said Maximilian K. R. Meyer, freshman. "The ability to go anywhere I want, whenever I want would be really convenient."

There are some negative sides of bringing a car onto campus as one may ask for rides and gas cost. Still, even with those nuisances, many plan to bring their wheels to campus next semester.

"I would still bring my car because it gives me the possibility to go home if I wanted to," said Kevin Piedra, freshman. Piedra brought his 2003 Ford Escape to Lynn, and has learned a few secrets.

"If you want to not be hassled by people begging for rides, keep it to yourself that you have a car on campus," said Piedra.

Fortunately, Lynn offers a transportation system for students if they have not brought a car to campus.

Above: Many freshmen bring cars from home. Staff Photo/ S. Baldwin.
SHOW ME THE INVOLVEMENT
Students Talk About What They Would Like to see on Campus This Year

By ZARA APPLESTEIN
Staff Writer

Every year, Lynn strives to make campus a better place by reaching out to students to see how they can encourage them to become more involved with campus life. Recently, students were asked what are some changes they would like to see more of on campus.

Many students feel that change should start with the student body itself. “I would like to see all students show school spirit and attend all student life events including student government meetings and athletic events to cheer on our Fighting Knights,” said Gary Pelletier, junior.

This year Lynn held a peer mentor program, in which Danielle Hawkins, senior, took part in. From that, Hawkins was able to realize what she feels would bring more of student life together. “I believe that Lynn should have more school spirit events such as tailgating and start with holding certain traditions on campus,” said Hawkins. “[Lynn could] have more events or games in which there is a prize that you could win.”

The athletics department has started a program in which students can earn points by attending sporting events. By the end of the year, the fan with the most points will win a brand new scooter.

However, Melanie Mendez, senior, would like to see even more gaming activities such as laser tag. With the month of October finally here, holidays such as Halloween, are right around the corner. “I would like to see more activities that deal with Halloween and Christmas this year,” said Sasha Trewitt, junior.

Tradition is key on a college campus and CJ Jacobs, sophomore, would like to bring old traditions back to Lynn. “I would like to see more concerts on campus,” said Jacobs. “I believe that it would get the student body more involved.”

With this dilemma in mind, Student Life staff created the 50 Things To Do At Lynn, making it easier for students to find events and activities to partake in on campus.

From taking a nap on one of the hammocks, to attending a Fighting Knights basketball game, the options are endless when it comes to different things to do at Lynn. If one has completed the 50 things already, students may visit the Office of Student Involvement to see even more activities to indulge in.
GETTING WACKY ON WEDNESDAY

Campus Recreation Brings Tradition to Lynn one Wacky Sport at a Time

By AMY STILWELL
Staff Writer

Lynn Campus Recreation staff never fail to come up with new, fun-filled ideas to get students up and active. Their latest creation, Wacky Sports Wednesday, is a great way to de-stress from the day and enjoy a fun sport with new people.

Every other Wednesday outside the Student Center from noon to 1:30 p.m., a different outdoor game is available to play when procrastination has hit its peak or one needs a care-free hour of fun. Ashley Dent, campus recreation coordinator, emphasizes the importance of the activity.

“It’s an outdoor game that gives students something different to do that they wouldn’t normally participate in, and the opportunity for non-athletes to get involved in a sport.”

The first Wacky Wednesday involved a game called ‘Spinnerz,’ where participants have to throw a snowflake-like object and attempt to hook it onto one of the three levels of bars.

“The object of the game is to get the three disks on the different bars,” said Dent. “The top bar is worth three points, the middle bar four points, the wings two points and the bottom bar is one point.”

One can also cancel their opponent’s points by knocking their disk off, encouraging students to get competitive.

“I think the games are a great idea. It encourages students to interact with new people and the campus rec staff,” said Keith Alexander Whittaker, junior.

Abby Bush, sophomore, agreed with campus recreation’s mission.

“It’s an exciting and fun game;rousing the energy of students in the middle of a hard work week,” said Bush.

Christina Johnson, director of campus recreation, encourages students to get wacky and take some time out of their day to get outside.

“The games are very similar to those you’d play when you were younger, in the backyard or on your lawn,” said Johnson. “It’s nice to have a little friendly, competitive banter to get one out of the mid-week rut.”

Campus Recreation has about 20 games available, including cornhole, laddergolf, panjam, cans and various frisbee games including ‘Lynnsbee’.

Each game is available to check out in the Fitness Center and easily transportable.

“Students can check them out and take them to the beach; it’s a great way to make that lazy beach day a little more active,” said Johnson.

The next available day to get wacky is today and Paddle with the President on Oct. 26, an event known to guarantee a lot of giggles.
THE 80th ‘DO-NOTHING’ CONGRESS
Truman’s ‘Do-Nothing’ Congress Makes an Impression on Students

By MICHAEL WILLIAMS
Staff Writer

Many students at Lynn watch comedy news programming, such as the Daily Show or the Colbert Report. While these shows are a seemingly inexhaustible fount of entertainment, they also contain hidden pearls of wisdom and insight.

These shows use satire to cut to the heart of issues that many news organizations fail to focus on at all, and hold those same organizations accountable for their missteps. On that note, move to an insight courtesy of the Daily Show.

The 80th United States Congress was convened on Jan. 3, 1947, and was replaced by the 81st Congress on Jan. 3, 1949.

During the time that the 80th Congress was elected the U.S. was recovering from the aftermath of World War II, both economically and psychologically. The atomic bombs that were dropped on Japan had changed the face of human conflict, leaving people’s minds rife with uncertainty and fear.

Truman was running for the presidency, and would subsequently become the first president to serve eight years while only being elected once. Truman’s campaign was not aimed solely at those running for office against him, but also at the 80th Congress.

It was during this campaign that Truman coined the nickname “Do-Nothing Congress” attacking the inaction he perceived among legislators. One must shudder at what he would think of the antics being passed off as politics today.

While the 80th Congress got smashed by Truman, a move that may have helped lead him to his last minute victory, there are those who see them more favorably. These were men making important decisions in uncertain times, and when put into a historical perspective, the amount they accomplished is much more impressive.

This “Do-Nothing” Congress enacted a total of 906, including the Truman Doctrine, the Marshall Plan and the Federal Water Pollution Control Act. In comparison the polemic, party-driven legislators of the past few years fall frightfully short.

While the 113th Congress is still in session, and cannot justly be critiqued, one can look to the last session of Congress for an object lesson in what happens when party loyalties supersede the needs of the people being represented.

The 112th Congress enacted fewer than 250 laws, less than any Congress in modern history. On top of this, many of those laws were simply meant to be the impetus for future legislative action, such as an attempt to use the debt ceiling, and a threat of “shutting down government” to force spending cuts.

Perhaps in the next presidential race, a candidate will take a leaf out of Truman’s book and call out what really has become a “Do-Nothing” Congress. Maybe they will even win.

Above: A cartoon image poking fun at former President Truman’s “Do-Nothin” Congress giving a little insight on discussion. Stock Photos.
THE MOST CHARMING PLAYBOY
Shawn Levy's The Last Playboy Describes the Life of Porfirio Rubirosa

By JOSHUWA DEAL
Staff Writer

Shawn Levy's, The Last Playboy: The High Life of Porfirio Rubirosa, is a uniquely enthralling biography about the allegedly most charming man of the 20th Century.

A once poor Dominican boy turned international diplomat, jewel thief, championed polo player and race car driver, lived a lifestyle most celebrities could not even imagine for themselves.

The biography quotes people who knew Rubirosa, from ex-lovers, to ex-rivals everyone recognized that Rubirosa's talent was living life to the hilt. He was a unique playboy due to the fact that he never once held a honest job because Rubirosa himself states that as most men pay their women, "my women pay me."

Readers will enjoy reading about dinner jacket parties, cocktails in the afternoon and the many Paris nightclubs that were enjoyed by Rubirosa from the '20s and '50s.

Rubirosa was a man who befriended dictators, President Kennedy's family, Frank Sinatra, Sammy Davis Jr. and many of the world's most prolific stars of the era.

Author Shawn Levy especially focuses on Rubirosa's romances and multiple affairs. Zsa Zsa Gabor, who was the richest woman in the world at one point, left her husband for Rubirosa while he married multiple A-list actresses, heiresses who inherited exceptional fortunes of wealth and even dated Marilyn Monroe at one point.

The book is a fascinating read with tongue-in-cheek humor and glamorizes a rare and possibly self-destructive lifestyle only known to few souls who had the courage to venture forth to live it.

However, the biography has a subtle underlining theme, one that suggests a critique about American society. How can a man so beloved internationally for more than 30 years all but vanish from the minds and culture of the modern world which used to adore him so?

Perhaps those who venture to taste the rare fruits of life also venture into being easily forgotten by former entourages, shallow lovers and jilted rivals.

Maybe this is the most tragic realization the book has to offer, that those who live the luxuries of life are easily forgotten if true and intimate companionship is absent from their experiences.
THE ELITE SAAC CONFERENCE

Lynn Baseball Pitcher Andrew Melchor becomes President of SAAC

By JESSICA BEUGEN
Staff Writer

Andrew Melchor, junior, and Tyne Potgieter, junior, traveled to Orlando recently for the 7th annual sunshine state conference Experience and Leadership, Ignite Teamwork and Excellence (E.L.I.T.E.).

Melchor has been an avid leader in the Student Athletic Advisory Committee (SAAC) and was recently named the president of SAAC for Lynn University.

He is now responsible for holding meetings for the entire Student Athletic Committee and also promoting the athletic events to the rest of the student body. Melchor will also be communicating with other schools in the Sunshine State Conference on how to best implement their goals within each campus.

"I think it is important for athletes to realize the potential they have to give back to the community," said Melchor. "This week we are participating in team impact." Team impact is a program for kids with life threatening diseases. It gives them an extended support system, and allows fellow athletes to see the importance of giving back.

The E.L.I.T.E. SAAC conference in which just the two students were invited to attend, taught them how to be leaders, how to reach out and get the community excited in the athletic events.

As president, Melchor plans on using his position to implement what he has learned.

"Melchor was a leader last year in our SAAC and has proven his commitment to being a leader in our department," said Sara Quatrocky, assistant athletic director and senior women administrator. "He deserved this opportunity."

As a second year student, it is clear how much Melchor has accomplished with dedication and commitment to SAAC and his team. Now Lynn can look forward to having a strong leader represent the athletes on
LU SOCCER SETTING HIGH GOALS
Lynn's Men's Soccer Team Looks to Meet High Expectations in the 2013 Season

By TANNER BERMAN
Staff Writer

Within the past several years, Lynn has become a division two athletic powerhouse. A large part of this sudden surge of power is due to the men's soccer team's recent success.

Last year, Head Coach John Rootes led his Fighting Knights squad to a national championship victory, giving Lynn its 20 national championship while also bringing national attention to the men's soccer program. Entering the 2013 season, the Knights were ranked number one in the country, leading people to think that coach Rootes would be pressed to have his team perform at high level once again.

"I don't think that there's any pressure," said Rootes. "Would we like to return? Absolutely. Is there pressure like we should? I don't think so because there are so many new players. I think that the players may be putting pressure on themselves and we are trying to take the pressure off."

Of the 11 starters from the 2012 national championship team, only Jack Winter, junior, and Jason Sangha, graduate student, have returned for the current season.

"The new players are playing an enormous role," said Rootes. "Every team that we play, we're their big game on their schedule and so even the weak teams come out and play really well when they play against us."

Coach Rootes is committed to the idea of taking this season one step at a time.

"The returning players know what it's all about. The new players... it's like a brand new thing. I'm pretty pleased with where we are right now, but we're going to take it one step at a time while we're going."

College soccer seasons can be lengthy, which leaves time for bumps in the road such as injury and players getting into slumps. It also gives teams time to grow as a unit and learn each other's strengths.

"What we want to do is try to improve and get better and better," said Rootes. "We want to put ourselves in a position where we can compete for a conference championship or compete for a NCAA bid. The rest will take care of itself."

It is still early in the season and anything can happen in next few months of play, but the coaching staff of the men's soccer team seems more than optimistic to say the least. As the season progresses, fans will have the opportunity to watch as Rootes and his Fighting Knights fight for a successful season.

Above: The team plays is hoping to return to the championship for a chance to win another title this year. Staff Photos/ T. Berman.
THE WINTER OLYMPICS BOYCOTT
Athletes and Performers of the Russian Winter Olympics Boycott Over Law

By JOSH SUFRIN
Staff Writer

Athletes and performers in Sochi are deciding on whether to boycott the Winter Olympics in Russia due to anti-gay laws.

Russian President Vladimir Putin has taken criticism for his country's role in this movement. Putin has recently tried to mend his image around the world by taking back some of his remarks on the "nontraditional sexual orientated people."

A multitude of athletes and other celebrities have taken to the media to vent their concern for the laws.

"I live in New Jersey, so I'm not even still considered an equal human," said Johnny Weir, figure skater. "They said I wasn't considered an equal in this country, so why should I stay away from another country that doesn't consider me equal? And why should I not show the world what I worked hard for?"

Singer and songwiter, Cher, was asked to perform in Russia during the games but she denied the request. "I immediately said no. I want to know why all of this gay hate just exploded over there."

Views of the law from the president are sometimes different views from the people of the country.

"It is a separate issue not to be mixed with sports," said Oleg Kuznetsov, grad student. "All the competitors should still compete as the opportunity. Like participating in the Olympics, only comes once every four years."

President Barack Obama has also made his stance known to the public. He says no to the boycott.

"One of the things I'm really looking forward to is maybe some gay and lesbian athletes bringing home the gold or silver or bronze, which I think would go a long way in rejecting the kind of attitudes that we're seeing there," said Obama.

The Sochi Olympics start on February 7 and continue till the 23. Many athletes have decided to forgo their opportunity and make a stand against anti-gay laws, but others are willing to stand up and go fight for what they believe in.

In the end, the United States and other world countries will unite in Sochi and compete in the 22nd winter games.

Above: A look at how Russia is gearing up for the winter olympics and at how the LGBT community is in protest over the laws. Stock Photos.
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WAY BEYOND THE AVERAGE BAGEL

The Inside Review of one of Boca’s Most Popular Bagel Shops Among Students

By EMILY ROBINSON
Staff Writer

Way Beyond Bagels ranks among the top most popular hole-in-the-wall shops for a local taste with a wide variety. The food shop certainly lives up to its name, offering much more than simply bagels. By having over 30 alternative options on the menu, the business has thrived with regular returning customers who enjoy the convenience of it being local.

“I knew after the first time I got my turkey sandwich that I would be coming back for lunch the next day and the next day,” said Madison Bernstein, a returning customer.

Aside from just appealing to the locals, what separates this particular shop from all other bagel restaurants is the kosher food and drinks that are offered as part of the menu.

The prominent customer service is put to the test during the business’s busiest hour at lunchtime. However, the employees never fail to succeed in making sure customers leave both full and happy.

“At times it does get overwhelming,” said Alex Rior-
dan, Way Beyond the Bagel team member. “My cowork-
ers and I work as a team to keep the line moving and the customers satisfied.”

With the plaza located only ten minutes from Lynn, it is definitely worth the ride over to West Boca.

“IT IS WORTH DRIVING THAT extra five minutes to not get the same processed food from Dunkin Donuts over and over again,” said Casey Brown, commuter student.

Way Beyond Bagels will be way beyond what people expect from a normal bagel shop

Above: A wide variety of selection. Staff Photo/ E. Robinson.

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BIG LU’S CREW AWARDS YOU
Big LU’s Crew is Rewarding Students for Their Lynn Pride

Above: Lynn athletes at recent sporting events. LU Photos.

By ANNE MARIE VAN CASTEREN
Managing Editor

With the latest additions to the athletic department such as the men’s lacrosse team and Bobby Campbell stadium, the Fighting Knights recently added another brand new accessory to the pile...a scooter.

Lynn alumnus and founder of Boca Scooters, Colton Ralston, made the generous donation of a royal blue motor scooter to be given to the biggest fan of Lynn.

The athletic department paired up with Boca Scooters after putting together Big LU’s Crew Fan Rewards program. At designated home games, students are able to “check in” having their student identification cards swiped at the marketing tent located at the entrance of each venue. Each time students attend a game, they receive a certain number of points.

These points start to add up throughout the year reaching different levels with numerous prizes. As there are three different seasons, fall, winter and spring, top fans for each season will receive gift cards. However, the biggest fan with the most school pride at the end of the year will win the scooter as well as a matching helmet donated by Ralston. Fans with the second through fifth place point totals will receive prizes from LU Athletics sponsors.

(Continued on page 2)
(Continued from page 1)

"I'm hoping that this scooter contest will generate excitement, elevate school spirit and motivate attendance at university sporting events," said Ralston. Graduating in 2004, Ralston received a degree in communication. However, he spent most of his time riding and fixing his sport bikes and scooters, something he was thoroughly passionate about. With this interest at hand, Ralston used set principles from his business classes to create a feasible business plan, which led to his current business, Boca Scooters.

"Lynn equipped me with many of the tools I count on to run my business on a daily basis," said Ralston. "My course load taught me to structure my daily schedule in a manner that minimized wasting time and money on empty pursuits."

According to the Boca Scooters website, it is the only full service motor scooter shop in Boca Raton specializing in things such as motor scooter sales, repairs, rentals, parts and upgrades. With such a successful business in the area, Ralston thanks Lynn for giving him the tools to create his dream.

"The success of my business is a testament to the value of my degree from Lynn," said Ralston. "Whether you start your own business such as I did or work for someone else's business, knowledge is power."

Alex Perez, director of athletics marketing and corporate relations, spotted one of Lynn’s faculty members driving onto campus with one of the renowned scooters.

"I called Boca Scooters the next day," said Perez. "I spoke to Colton about the Big LU's Crew Fan Rewards program and its incentives. Colton immediately agreed to donate one of his scooters and in return, he gets signage and will be featured on the website. And it just so happened that he's a Lynn alumnus."

With such a generous donation, Lynn as well as Ralston himself, encourage students to build up their school pride while winning some big prizes along the way.

Fans can check the Point Leader board, upcoming check-in opportunities and prizes by visiting Big LU's Crew Fan Rewards page on Facebook. Also, fans are encouraged to join Big LU's text Crew by texting BIGLU to 313131 to find out about exclusive check-in opportunities, giveaways and promotions sent only to members via text alerts. Text alert members receive a keychain just for joining.

Above: The women's golf team was recently honored for their national championship. Contributing Photos/ L. Davis.
BRIGHT FUTURE
Student Proves his Doubters Wrong

By RYAN CARMONA
Staff Writer

Hailing from, New York, Joe Esposito, sophomore, is excelling in both academics and athletics, despite the disability that many thought would be his downfall.

Self-proclaimed as an 18-year-old “walking miracle,” Esposito began to have trouble with his eyesight at the young age of five. He would later discover he suffered from optic atrophy in both of his eyes, reducing the quality of his vision. Discovering the rare disease rocked his world, and left the young athlete wondering why him every day.

“Everyone doubted my ability to live my dream of becoming a college student,” said Esposito. “Since the day I left, it motivates me every day to prove my doubters wrong.”

Despite his diagnosis, Esposito is now a sports management major working hard every day to earn his degree in pursuit of a career. He knew that the extensive support programs and small class sizes gave him the best possible chance of graduating.

“Losing my vision was heartbreaking,” said Esposito. “But I’m a normal kid trying to live my life like a normal teenager.”

One of Esposito’s passions is his love for baseball. This is going to be his second year being the Lynn Fighting Knights baseball team man-

Above: Joe Esposito with his baseball teammates. Stock Photos.

By KASEY MANN
Staff Writer

Playing hard to get is in and chivalry is out! In our generation, I have learned two valuable lessons. The first is that every girl is crazy; some are just better at hiding it. The second is that my dad turned out to be right about any guy I have ever brought home.

My least favorite thing about dating is looking back on the nights of wasted make-up and cute outfits for a guy who turns out to be cheesier than a box of Velveeta. He can choose the most expensive restaurant and pick me up in the most luxurious car, but if he leaves a tip less than 22 percent I will be changing my phone number. Being cheap is my number one deal breaker.

We all have deal breakers. Deal breakers are the mannerisms or habits that you will not accept in another person when considering a relationship, regardless if you love everything else about them.

A guy who leaves the toilet seat up? Deal breaker. You don’t think you should open my door? Next. Addressing these opinions

Kasey Mann is a senior majoring in Advertising and Public Relations. This column does not represent the opinions of the iPulse, but her personal thoughts and views.
Student Life

MORE THAN MUSIC, IT'S A LIFESTYLE
Student Turns his Hobby for Music Into a Dedicated Lifestyle

By VERONICA HAGGAR
Staff Writer

Rafael Brito, sophomore, is one of Lynn’s multitalented students. Brito is a natural musician, a skilled disc jockey and music producer.

Brito plays progressive and electronic music that have popular sounds in night clubs all around the world. He mixes with other artists’ music as well as his own.

To this day, Brito has produced six original tracks and two remixes. Recently, he started to make his own music from scratch.

"I started playing the piano and guitar, and I started to add all these type of instruments into my own music," said Brito. "I still try to make it a club track that I could actually play for people in clubs and festivals."

Brito started to make music five years ago. By now, he has played live at prestigious clubs and radio shows, not only in Florida but also back in his home country, the Dominican Republic.

"Right now things are going so good that now it’s pretty much my job. It’s something I like doing but I wouldn’t start looking at the future, I just go day by day," said Brito. "I’ve been playing in some of the most important clubs in Miami, at such a young age, that is pretty amazing."

Brito has played in clubs in Miami such as Mokai and Ar- cadia. In Boca, he has played at Oasis and Blue Martini, and he also played in Boca Negra and Praia, two of the most popular clubs in the Dominican Republic.

Last month Brito was invited to play his original tracks at the Electronic Dance Music Radio Show.

Brito continues to entertain hundreds of people with his electronic music. This talented student has a bright future ahead of him.

Above: Some of Rafael Brito’s performances. Stock Photos.
Student Life

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HOUR THEATRE
PROJECT

Pictures by ALACIA HOLT
Photographer
Taryn Hamill, coordinator of campus visits, is the epitome of a wonder woman. Her job entitles her to be a woman of a thousand uses.

Hamill spearheaded numerous new campus tour initiatives including the Admitted Student Experience and the innovative personalized student visits. This Lynn alum has revolutionized campus touring, and her efforts have attracted the attention of national media.

Work ethic is something that Hamill cultivated as a child with her twin sister, Lindsay. She started her first job at 14 in catering and since has had an ongoing passion for work and event planning.

Being eager to leave New Jersey after she graduated from high school, she knew she wanted to study in Florida.

“I've always loved Florida. I'm the type that would wear flip flops in the snow,” she said.

Ironically, she never had the opportunity to talk to an admission counselor or attend a campus visit when she applied to Lynn, but it did not take long before she discovered this was her second home.

Due to her diligent personality, Hamill ended her studies early, and finished her undergraduate degree in business management in three years.

"I didn't want to leave this school," she said. Hamill then applied for the Administrative Fellowship position in admission to do her master's degree in hospitality management. She discovered how much she loved the Admissions Office and the idea of recruiting people to join Lynn.

Hamill was quickly offered a job in admission, prior to working as the coordinator of campus visits, Hamill was an admission counselor.

Last year, Hamill capped off an amazing year by being named the Lynn University Employee of the Year.

Hamill confesses that she has still a lot of work left at Lynn to personalize campus tours.

Although she rarely sleeps because of her busy lifestyle, she enjoys her job to the fullest.

Hamill is an example for Lynn students of dedication, hard work and motivation.
INSPIRING ON SCREEN COUPLES
Four Ideal on Screen Couples one Should Follow in Real Life

By JOSHUWA DEAL
Staff Writer

For many young adults; maintaining a relationship with a significant other is a grueling challenge due to a lack of experience in the art.

Perhaps one can learn about the important factors which cater to a relationship by witnessing healthy couples on screen. These four couples may shed light to the importance of prioritizing factors which can make or break relations.

To begin, Troy and Abed from NBC's original series, Community, have one of the most entertaining, enduring and innocent relationships on modern television. These platonic heterosexual life mates never let romantic interests, people's opinions, or insufferable social norms separate them. If one is fortunate enough to have at least one friendship like theirs then they will never be single.

Many young people go through multiple romantic interests and some interests become more serious than others. However, after a breakup true friendship helps mend the broken heart. To have a friendship like theirs is to never be alone.

Next is Brian O'Conner and Mia Toretto (Fast and Furious Franchise) who, although is an action couple, can teach audiences about an important factor in relationships, shared reliance and family. Throughout the franchise the only secret kept between them was in the first installment when O'Conner (Paul Walker) was an undercover cop.

Since then, while fighting the law and international criminals, this duo have relied on each other's emotional strength. When he is venerable and uncertain, she is warm and strong. When she is frantic and unsettled, he is soothing and attentive.

Furthermore, they partake in each other's extended relationships as well. Mia's brother Dominic (Vin Diesel) has a strong bond with the man she cares about while O'Conner's friends meet and accept the woman he loves. Both venture to understand the important people in the other's life.

Third on the list are Jim and Pam from The Office. These two never try to eschew their friends. They scheme together and relax together. They ask for each other's insights and opinions and they are shameless about information from one another and they are shameless about affections. The honeymoon phase seems to have never ended with these two.

Gomez never disrespects his wife (not even jokingly) and Morticia never undermines her husband's intelligence. They scheme together and relax together. They ask for each other's insights and opinions while they also enjoy their own separate hobbies as well.

Gomez likes to blow up toy model trains and Morticia enjoys tending to her man eating garden. They fill their 1950's nuclear family gender roles without a gender war about who wears the pants. The Addams are secure, passionate; and individuals who complete each other, a perfect TV couple.

Fourth on the list are Stan and Wendy from TV show, The Big Lebowski. These two share hobbies together, discipline the children together, never withhold their opinions, or interests from one another.

These two never try to establish what a "relationship" is; they just genuinely care for one another. They pull pranks together, save each other from boredom and even create games together. For them the idea of fun is not necessarily what one does, but who with.

In the fourth season they go to a tacky garage sale and share what they believe to be a "great day" simply because they were experiencing it together. One should remember that even the simple can become extravagant if shared by the right person.

Finally, Gomez and Morticia Addams from the Addams' Family are the epitome of television's most underrated couple. Gomez is a man child but passionate and attentive to his wife and Morticia is a chic graceful wife who is completely secure with her family's bohemian lifestyle.

Most TV couples (classic and modern) such as the Honey Mooners, I Love Lucy, Everybody Loves Raymond, Family Guy, Seinfeld and so on follow the same cliché. Women are smarter than men but love them reluctantly while men cannot understand women but are attentive when situations arise. The men are from Mars women are from Venus joke is not with the Addams couple.

These two share hobbies together, discipline the children together, never withhold their opinions, or interests from one another and they are shameless about information from one another and they are shameless about affections. The honeymoon phase seems to have never ended with these two.

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**Entertainment**

**FIGHTING KNIGHTS TRIVIA**

**ACROSS**
- 4 Lynn's newest initiative
- 5 Number of national championships
- 7 The school that was ran by nuns
- 8 Lynn's sustainability campaign
- 9 The disguised man who sits around campus
- 10 The newest sport on campus

**DOWN**
- 1 Our blue friend
- 2 Who we are
- 3 Last sports team to win a national championship
- 6 Our president

Answers on page 12

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**GRAPHIC NOVELS CLUB**

*Comic by: Christelle Mehu*

Here comes Honey Boo Boo Pop Up Episode!

POP!

Why, thank you!

Pop Culture is lost these days...

Should I
1) Freak out about the 3D effect...
2) Cry for my stolen chocolate bar?

THAT WAS MY LAST BAR!

CM 2013
Weekly Review

FROM THE CITY OF LOVE TO BOCA
Introducing Shahmir, one of Lynn’s Newest Global Students

By CLAIRISSA MYATT
Staff Writer

As another year begins, new faces are being seen all over campus. The class of 2017 has arrived, and offers an even more interesting international variety than ever before. Students from all over the world have enrolled at Lynn to help make this the best year yet.

Amongst the myriad of international arrivals is Shahmir Lodhi, a world traveler extraordinaire and freshman at Lynn. Lodhi is a political science major with an interest in putting his worldly knowledge to good use by working for the UN in the future.

Although Lodhi’s birth in Virginia makes him an American citizen, Paris is the city he calls home. He lived there for seven years, but had the opportunity to live in places people would only dream of due to his father being an engineer.

“I was born in Virginia, but straight after we moved to Pakistan where my parent’s family lives,” said Lodhi. “After Pakistan, we went to Nigeria and then Indonesia for a while. Once my mom was ready to have my sister, we moved to Boston for a couple of months. After that, we went back to Pakistan where I went to school from 2 to 4 grade. We then moved to Houston for a year, and after that we moved and have stayed in Paris for the past 7 years.”

Lodhi soon became accustomed to saying his goodbyes. However, the most difficult goodbye to make was leaving his friends and family in Pakistan.

“I had made a lot of good friends,” said Lodhi. “All my parent’s family were in Pakistan, so that was really hard. Leaving them was a huge change.”

However, moving so often can also have its perks. Lodhi got to experience new cultures and develop dynamic social skills.

“I became a very social and fun person who enjoys exploring new cities and meeting new people,” said Lodhi.

Lodhi credits his constant relocation as a young adult for his ability to adapt. “A lot of people I know don’t have that ability and they’re not having a good time,” said Lodhi. “So having that ability for me is really helpful; it’s a blessing.”

Having the ability to adapt to different cultures has made Lodhi’s transition into college much easier, especially at Lynn.

“Here, there are a lot more kids who are international,” said Lodhi. “I thought I would be able to find other people with the same culture which is why I chose to go here.”

Aside from the international vibe, the ocean and Lodhi’s future fraternity brothers are both factors in helping him adapt.

“I’m a water guy, I love the beach so that’s helping me a lot.”

After hearing about all of Lodhi’s travels, it is only natural for one to ask, “Where will he go next?”

Above: Student Shahmir Lodhi, from Paris to Boca. Staff Photos.
Weekly Review

THE 80th ‘DO-NOTHING’ CONGRESS
Truman’s ‘Do-Nothing’ Congress Makes an Impression on Students

By MICHAEL WILLIAMS
Staff Writer

Many students at Lynn watch comedy news programming, such as the Daily Show or the Colbert Report. While these shows are a seemingly inexhaustible fount of entertainment, they also contain hidden pearls of wisdom and insight.

These shows use satire to cut to the heart of issues that many news organizations fail to focus on at all, and hold those same organizations accountable for their missteps. On that note, move to an insight courtesy of the Daily Show.

The 80th United States Congress was convened on Jan. 3, 1947, and was replaced by the 81st Congress on Jan. 3, 1949. During the time that the 80th Congress was elected the U.S. was recovering from the aftermath of World War II, both economically and psychologically. The atomic bombs that were dropped on Japan had changed the face of human conflict, leaving people’s minds rife with uncertainty and fear.

Truman was running for the presidency, and would subsequently become the first president to serve eight years while only being elected once. Truman’s campaign was not aimed solely at those running for office against him, but also at the 80th Congress.

It was during this campaign that Truman coined the nickname “Do-Nothing Congress” attacking the inaction he perceived among legislators. One must shudder at what he would think of the antics being passed off as politics today.

While the 80th Congress got smashed by Truman, a move that may have helped lead him to his last minute victory, there are those who see them more favorably. These were men making important decisions in uncertain times, and when put into a historical perspective, the amount they accomplished is much more impressive.

This “Do-Nothing” Congress enacted a total of 906, including the Truman Doctrine, the Marshall Plan and the Federal Water Pollution Control Act. In comparison the polemic, party-driven legislators of the past few years fall frightfully short.

While the 113th Congress is still in session, and cannot justly be critiqued, one can look to the last session of Congress for an object lesson in what happens when party loyalties supersede the needs of the people being represented.

The 112th Congress enacted fewer than 250 laws, less than any Congress in modern history. On top of this, many of those laws were simply meant to be the impetus for future legislative action, such as an attempt to use the debt ceiling, and a threat of “shutting down government” to force spending cuts.

Perhaps in the next presidential race, a candidate will take a leaf out of Truman’s book and call out what really has become a “Do-Nothing” Congress. Maybe they will even win.

BOY, I CAN’T WAIT TO TAKE A BREAK FROM DOING NOTHING!
LU SOCCER SETTING HIGH GOALS

Lynn’s Men’s Soccer Team Looks to Meet High Expectations in the 2013 Season

By TANNER BERMAN
Staff Writer

Within the past several years, Lynn has become a division two athletic powerhouse. A large part of this sudden surge of power is due to the men’s soccer team’s recent success.

Last year, Head Coach John Rootes led his Fighting Knights squad to a national championship victory, giving Lynn its 20th national championship while also bringing national attention to the men’s soccer program. Entering the 2013 season, the Knights were ranked number one in the country, leading people to think that coach Rootes would be pressed to have his team perform at high level once again.

“I don’t think that there’s any pressure,” said Rootes. “Would we like to return? Absolutely. Is there pressure like we should? I don’t think so because there are so many new players. I think that the players may be putting pressure on themselves and we are trying to take the pressure off.”

Of the 11 starters from the 2012 national championship team, only Jack Winter, junior, and Jason Sangha, graduate student, have returned for the current season.

“The new players are playing an enormous role,” said Rootes. “Every team that we play, we’re their big game on their schedule and so even the weak teams come out and play really well when they play against us.”

Coach Rootes is committed to the idea of taking this season one step at a time.

“The returning players know what it’s all about. The new players... it’s like a brand new thing. I’m pretty pleased with where we are right now, but we’re going to take it one step at a time while we’re going.”

College soccer seasons can be lengthy, which leaves time for bumps in the road such as injury and players getting into slumps. It also gives teams time to grow as a unit and learn each other’s strengths.

“What we want to do is try to improve and get better and better,” said Rootes. “We want to put ourselves in a position where we can compete for a conference championship or compete for a NCAA bid. The rest will take care of itself.”

It is still early in the season and anything can happen in the next few months of play, but the coaching staff of the men’s soccer team seems more than optimistic to say the least. As the season progresses, fans will have the opportunity to watch as Rootes and his Fighting Knights fight for a successful season.

Above: The team hopes to return to the championship for a chance to win another title this year.

Staff Photos/ T. Berman.
U.S. GOVERNMENT SHUTDOWN
The Effects of the Government Shutdown on the American People
By MISSY MONTGOMERY
Editorial Assistant

For the first time since the winter of 1995-96, the government has shutdown as a result of the unresolved debate over President Obama's healthcare law. Consequently, CNBC is reporting that the shutdown has left 800,000 federal workers jobless, and federal funding has shutdown.

After much discussion between the two parties in Congress, the GOP decided not to accept the terms that Obamacare addressed and instead sent back a bill with provisions in tact. Those provisions would in return delay Obamacare for one year as well as strip subsidies for Congress members. Despite the dispute, Congress failed to pass appropriations in order to meet the new budget year, which comences on Oct. 1. Under federal law, the government cannot spend money if it fails to do so.

In addition to civilian workers that will be out of work, and without pay until an agreement on Capital Hill is reached, federal funded businesses such as national parks and museums will be shutdown. However, law enforcement departments, inteligence agencies and the military will all remain running.

Social Security and Medicare programs that do not require appropriations will also continue operate. There is in fact no silver lining for veterans during the shutdown for benefit checks, pension payments and disability claims checks will only last a few weeks after the shutdown.

Politico.com reports that President Obama was hoping to avoid the shutdown due to the repercussion that he knew would occur and that "a shutdown will have a very real economic impact on real people right away," said Obama. As of now, it is unclear how long the shutdown will last and the fate of revival lies in the hands of both the republican and democrat parties to resolve the issue of Obamacare.

Answers from page 8

To view the iPulse online, visit www.lynnipulse.org
By JESSICA BEUGEN
Staff Writer

Last year, the Lynn Women's Golf team returned victorious from NCAA nationals, bringing with them the university's 21st national championship.

Irene Calvo, senior, was one of the most influential players to contribute to the team's success.

"To be honest, I had no clue what to expect," said Calvo. "I love it though. Even though it is a small school, you never have the same day twice."

Calvo enjoys the fact that she can learn from both the students and the curriculum at Lynn. The school's international diversity allows her to learn more dynamically than ever before.

"In golf, like in any sport, you can never anticipate something," said Calvo. "You just have to fight until it happens, and that is what we did, fight (Continued on page 2)
until the end."

Calvo helped lead the team to victory, topping off their stellar season with a national championship.

"It felt unreal," said Calvo. "I can't express it with words. It's a feeling in between very happy and extremely proud."

This year, the proud senior looks forward to another successful season with the same group of "sisters," plus one new freshman. The reigning champions have set the bar high for the coming season.

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HALLOWEEN SPIRIT IN THE STREETS

Halloween Horror Nights 23 Begins Again for Locals to Test Their Wits

By JOSHUWA DEAL
Staff Writer

Halloween Horror Nights 23 began scaring customers recently and will continue through Nov. 2 of this year.

The event has eight different haunted houses while the regular amusement park streets are crawling with full makeup actors, detailed props and free mini plays which are themed appropriately around the AMC original program, The Walking Dead.

Actors dressed as armed apocalyptic survivors and grotesque zombies will shuffle alongside park visitors to scare and amuse crowds from the park's opening till closing. There is no area of the park that is safe for visitors.

The detail that is given toward the park's haunting atmosphere is admirable and worth the ticket admission alone. Meanwhile, the haunted houses are highly unique this year.

The three houses are based on the popular horror films Cabin in the Woods, Evil Dead and Resident Evil, which all live up to the fright hype. The Resident Evil house is more action packed rather than fear factors.

The other houses La Lorena, An American Wolf in London (based on the cult classic film) Havoc Derailed, Walking Dead and After Life Vengeance (a 3D haunted house with 3D glasses included) are more aesthetically pleasing rather than horrifying.

The Cabin in the Woods and Evil Dead houses are certainly gory and the actors and props truly add to the sense of fear, but one may find that although the American Werewolf in London and La Lorena houses are not as scary, this is not a lacking trait.

The reason is due to the set artists' efforts toward so much detail on the props and walls that one can not help but become distracted away from the scary actors and focus on their beautifully dark surroundings instead.

Also this year, Halloween Horror Nights 23 now tries to reach audiences beyond scary screams and haunting sights. The creators have intuitively decided to affect customer's sense of smell as well. Gun powder, rotting flesh and unexplainable stink fill the air at some moments to purposely immerse one's senses in this world of horror.

Whether one goes with their significant other, a large group of friends or with their family, everyone will have a great time while trying to get through the houses and zombies without screaming their lungs out.
By JOSHUA SUFRIN
Staff Writer

In light of the millions of people who suffer from the illness, October has been nationally recognized as depression awareness month.

Fortunately for students at Lynn, the on-campus counseling center is available for students to overcome issues, especially with depression.

More than 20 million Americans deal with depression each year and about half of all college students report feelings of depression.

Throughout the month, Lynn and other schools around the country give mental health screenings for students.

“We hope to raise awareness and educate students about the signs and symptoms of mood and anxiety disorders, as well as connecting at-risk students to the resources they need,” said Nicole Ovedia, Lynn counseling director.

Although those suffering from depression may not want to discuss it, pursuing help early on can help immensely with coping.

“Depression is extremely common,” said Ovedia.

Depression has been identified as one of the most common illnesses affecting students. Dealing with symptoms early is the most effective way of getting the treatment one deserves. There are many different ways to deal with depression but Ovedia feels one aspect can go a very long way.

“Break up large tasks into small ones, and do what you can as you can. Try not to do too many things at once. Spend time with other people and talk to a friend or relative about your feelings."

Information on the counseling center can be found on the Lynn website under the Life at Lynn tab. Students can get information on sessions and types of treatment that are offered.

The center is located on the first floor of the E.M. Lynn Residence Center. They are open weekly Monday through Thursday from 8 a.m. to 7 p.m. and on Friday from 9 a.m. to 5 p.m. Students can also call (617) 237-7237. Trained professionals such as Ovedia stand by ready to help students in need.

Depression is not an illness to take lightly and the best way to fight it is by treating it.
LIVING YOUNG, WILD AND FREE
Students Find a way to Utilize Their Free Time While on Lynn Campus

By SCOTT BALDWIN
Staff Writer

Some members of the class of 2017 seem to have an abundant amount of free time when they are not in class and many of them face the challenge of what to do with it.

Perhaps some have not yet gotten involved with school clubs or organizations.

Having spare time is usually a surprise for most students if they were expecting life at college to be filled with long hours at the library studying, but that is not the case. For athletes, having spare time is a rare moment that is fully taken advantage of. Usually, it is done by resting and recovering from games and practices.

"I usually have so little time in the day to relax," said Danielle Paschall, freshman on the women's soccer team. "When I do, I take full advantage of it."

The problem with having too much free time is the possibility of developing lazy traits. It should be in a student's best interest to have only enough free time that they can rest, but then get involved with organizations to fill up their spare time.

"I plan to get involved with some clubs on campus," said Vanessa Bosch, freshman. "Maybe like Knights Activity Team and/or Best Buddies."

Issues may start arising from freshmen if they start realizing that they are wasting their free time. Some are already starting to realize that they seem to become a bit unproductive in their leisure time.

"I do realize that I waste my free time," said Christian Frelinghuysen, freshman, "I could be easily getting on top of my work, but instead I seem to get distracted by social events and by my friends."

Above: Students spend time on the grill. Staff Photo/ S. Baldwin.
RALLYING FOR INVOLVEMENT
Knights Activities Team Influences Student Involvement on Campus

By MISSY MONTGOMERY
Editorial Assistant

College is all about taking up opportunities to get involved on campus and no one does it better than the Knights Activities Team.

KAT's mission is to promote student involvement on campus, making it one of the most prominent clubs at school.

"KAT's main purpose is to get people involved on campus, as well as creating ideas and make them happen," said Jaime Johnson, senior.

Johnson is one of the co-KAT chairs and is in charge of recruitment and collaborations. Student involvement in the club is key to the clubs success because no one knows what students want more than the students themselves.

In the past, KAT has put on events ranging from comedians, musicians and magicians. The club has also gained more student interest than ever before by taking advantage of new platforms such as social media.

Fortunately, KAT has a large enough budget to make just about any event happen.

"We attend local meetings, pitch ideas and help fund the events," said Elisa Pisana, sophomore and fellow KAT chair.

KAT takes initiative to plan events a semester ahead in order to ensure students know what is going on far in advance. This semester, the club is planning a big fall festival that will include a Halloween party and a hypnotherapist.

“The club helps bring events to school and even bigger events off campus with school trips,” said Johnson.

Student support is what keeps KAT alive and thriving. Students help bring events to campus that they want to see and in turn, help strengthen student involvement.

So far this semester, KAT has hosted a successful pool party and ice cream party on campus for students. During these events, KAT members recruit students to be more active in campus activities. Be on the lookout for more KAT events and visit KAT’s Facebook page for more information on how to get involved.
The Knight’s Volleyball Team Starts Off Strong in 2013 Season

By TANNER BERMAN
Staff Writer

The Fighting Knights volleyball team has made a strong start for the 2013 season.

Recently returning from a successful tournament in New Hampshire, the Knights have compiled 11 wins and only 4 losses so far in both preseason and conference play this year.

Apart from their early success, Head Coach Lynze Roos and her players are gearing up for competing against their Sunshine State Conference opponents.

“It was fun to see them on the road this weekend really bonding and playing hard together,” said Roos. “Our conference is one of the toughest in the country, so I’m glad we started 10-3 but every game is going to be a challenge from here on out so we have to have the right mentality.”

This season, the lady Knights have a strong lineup of experienced upperclassmen to rely on. These upperclassmen will be an intricate part in setting the tone that will determine the rest of the season, as well as acting as mentors on and off the court to the younger, less experienced players.

“I think our upperclassmen are a really nice core group and it’s not just one set of positions that our senior and juniors are leading us in,” said Roos. “We’ve got Angie Caple on the right side, Nikki Haben in the narrow and Liz Raffa on the left, so that is a nice kind of triangle to make sure to make the younger players balanced. As far as off the court, I think that we have some responsible young ladies who do well in the classroom and they’re just great people to have around younger players to be proper role models for.”

Although the upperclassmen will be a big part of the current season, success will be a team effort. For the past two seasons, the Fighting Knights volleyball team has just barely missed the NCAA tournament. However, this year Coach Roos and her team are looking to break the streak.

“We need to finish top 8 in our region,” said Roos. “So with our conference being as strong as it is, it really means we need to finish top 6 in the region.”

Regardless of tough conference play, the Knights are taking the season game by game in efforts to secure their spot at post-season.

“We’re working hard,” said Roos. “We need to make sure when it comes to our conference schedule, that we’re fighting to get the big wins at home and then steal some on the road because everyone in conference plays well at their home gym. If we can take care of the big games here, I’ll feel good about where we’re at.”

With the Fighting Knights strong start this early in the season, there is much potential for the new team to make this season one to remember.
A LITTLE WRITING TO THE WORLD
5-Year-Old Boy Writes to Pen-Pals to Make the World a Better Place

By DELANEY BREY
Web Editor

After reading the storybook, “A Letter to New Zealand,” Toby Little decided to take on a huge challenge by writing a letter to every country in the world.

After being inspired, Little started writing and never stopped. In some letters he asks what it is like to live in that country and in others, he simply shares his daily activities.

In fact, Little gets a surprise every once in a while when the person he has written to responds. So far he has 66 responses from all over the world.

This little man has written to 187 countries in total. This is only six shy from writing to every nation that is recognized by the United Nations.

“I want the world to be a better place,” said Little, in a Good Morning America interview.

Some might wonder how a hand-written letter changes anything, but for those who doubt, chew on this. Little raised $950 for a charity called, ShelterBox, in Somalia. Little would have never known about the organization if he had not received contact information for a person living there from a friend who heard about his quest.

Letters used to be how the whole world connected, and now they are once again opening worlds for Little and the people who surround him.

When every country has received a letter from Little, he hopes to one day visit them all and maybe even meet some of his pen-pals.

Today, it seems that the world shakers of the world are starting younger and younger; Little is no exception. His passion to write letters is a refreshing look from what some would call a technologically obsessed society.

One thing is for sure, the world could use more letters from Mr. Toby Little.

Above: Toby has become famous for his letters to international pen-pals. Stock Photos.
HOW TO: DIY RESIDENCE HALL
Learn How to Turn Your Dorm Room Into a Unique Space With a DIY

By CLARISSA MYATT
Staff Writer

Students can turn their rooms into a personalized space with these DIY crafts that no one will want to pass up trying.

Everyone knows that pictures are the best way to turn that frown upside down when one is feeling homesick. However, instead of simply taping them in a straight line on a wall, try a new way to display them.

Purchase yarn and clothespins and hang pictures up that way. This is not only an inexpensive way to hang pictures, but it is also a creative way to display them. Another tip is creating a design out of pictures. Organize the photos in a way that creates a heart or one’s favorite shapes.

A seemingly popular trend amongst DIY crafters is the fad of crayon art. Simply go to a local craft store and purchase a canvas, glue and crayons. Once the crayons are glued to the top of the canvas, take a blow dryer and melt the crayons until the wax drips down creating a beautiful design. Another idea is to tape a word or quote onto the canvas and when the wax hardens simply peel back the paper or tape and the word will appear mess free.

One of the must-haves on any college student’s packing list is a full-length mirror. Spice up the look of these mirrors by adding some decorations. There is no better way to create Floridian atmosphere than by adding seashells to the frame from a local beach. Collect only the most beautiful shells and super glue them to the frame of the mirror. Being that no shell is the same, one is sure to have a standout mirror from the crowd.

Follow these tips to have the best room on campus.
THE UKRAINIAN BOY WONDER

Freshman Ivan Zhykhariev Takes on the Next Chapter of his Life

By LIGA STRAUTNIECE
Staff Writer

Ivan Zhykhariev, freshman, has quite the story to share. He was born in Ukraine, the largest country in Europe.

Zhykhariev encourages Lynn students to visit Ukraine and take advantage of all the things that it has to offer.

"Ukraine is a beautiful country with very friendly people," said Zhykhariev.

When he was young, Zhykhariev moved back and forth from Ukraine to England every six months. He was schooled in Newcastle, as well as Ukraine. His extraordinary intelligence was noticed by teachers which allowed him to skip two grades and graduate high school at the age of 15. Zhykhariev continued his studies at Kharkiv University of Economics in Ukraine. Four years later he graduated with a bachelor’s degree in management and administration.

Aside from studying at a university, Zhykhariev also began working various jobs. He worked as a translator and soccer commentator in the Europe league, Champions league and Ukrainian premier soccer league. However, all of these accomplishments were not enough for him.

Zhykhariev also worked as an English teacher for small children and a tutor for adults. On top of that, he was a soccer coach but he favored helping kids in orphanages.

Since the early years of his life, Zhykhariev has had a passion for soccer.

"I love everything about soccer. Whether it is playing, teaching or announcing soccer, it will always be a big part of my life," said Zhykhariev.

Zhykhariev was enjoying his life but he felt that he needed a change. Less than a month ago life brought him to Lynn to study communication.

Zhykhariev misses Ukraine, but feels like Lynn is becoming his second home. His love and passion for soccer commentary has not been left unnoticed here. Zhykhariev is commentating both men’s and women’s soccer on webcast during their home games.

Above: Ivan Zhykhariev doing what he loves the most. Stock Photos.
STUDENT’S FOOD FOR THOUGHT
Students Talk About Their Favorite Snacks at the new Christine’s

By ZARA APPLESTEIN
Staff Writer

This past summer, Lynn made some major changes on campus including the renovation of the university’s coffee shop, Christine’s. Last year, Christine’s was only half the size it is today and was previously owned by a different company. How did this drastic change affect Christine’s regulars?

With the renovations came an entirely new menu, which offers many different types of drinks and healthier food options for students to enjoy. Included on the new menu are “mock tails” of everyone’s favorite drinks.

“I know this is going to sound weird but, I really like the peach ice cream smoothie. It’s just so delicious,” said Rebecca Friedman, junior.

“Like the chicken Caesar salad, because you can’t always get it in the Elmore Dining Commons and it’s always fresh,” said Katie Walsh, junior.

Christine’s is still providing students their dose of Starbucks coffee as it has in the past.

“The caramel frappuccino, I always get it here. It tastes like the one at Starbucks,” said Dalia Sevilla, freshman.

Along with having new drinks to choose from, there is a wider fruit selection.

“I enjoy the selection of fruit they offer now, especially the grapes,” said Whitney Woodard, junior.

“I enjoy the fruit cup; the fruit here is really fresh,” said Talia Sevilla Rubio, freshman.

Among the newest foods added are pizzas and flat breads, which are made fresh and ready to order every day.

“The pizza is amazing. The fact that the cheese is just so gooey and delicious and full of flavor is amazing,” said Charles Michelson, junior.

The combination of customer service and quality food is sure to leave students taste buds and their wallets wanting more.
‘TOSS’ING IT UP IN BOCA RATON

Tossed Salad bar in Boca Town Center Mall Makes “Fresh Food Fast”

By EMILY ROBINSON
Staff Writer

Tossed is a fantastic salad shop located in the Town Center mall in Boca offering many delicious and healthy options.

Tossed only serves the highest quality food that always taste fresh.

“I love ordering my own specialized salad and sandwiches,” said Casey Brown, junior.

There is never a dull moment at Tossed because one can essentially make any type of salad, wrap or sandwich they would like. At Tossed, customers always have a unique and individualized experience.

Although Tossed is technically fast food, there is nothing unhealthy about it. There are many different dressings and sauces that one can add on their salad either mixed in or on the side. There are a variety of different options at the salad bar including different proteins and vegetarian tofu meat.

There are also many signature salad options that range from mango cranberry and strawberry walnut to a standard garden salad. There are also gourmet wraps, artisan sandwiches, grilled panini’s and hot soups on their menu as well.

“I always get a bowl of soup to go with my salad, it really completes my meal,” said Madison Bernstein, junior.

Tossed is a perfect lunch stop for any student or anyone who needs a quick and healthy option.

“I love going to Tossed because it is fast and easy but also healthy, unlike most fast food restaurants,” said Devin Green, junior.

The mission of Tossed states that they are trying to make everyone into a salad lover even if they hate salad.

Above: Tossed offers a variety of healthy toppings on fresh greens to the Boca community as well as Lynn students. Staff Photos/ E. Robinson.
RUNNING OUT OF TEBOW TIME

NFL Quarterback, Tim Tebow, Looks for a new Place to Call Home

By DELANEY BREY
Web Editor

In 2010, Tim Tebow was drafted in the first round by the Denver Broncos and yet, after only three years in the NFL, Tebow is forced to watch the game far from the field.

Tebow is best known for his leadership as a Florida Gator and his faith that he practices on and off the field. So why is this great catch of a person being forced to sit on the couch, while the NFL is littered with less impressive personalities?

Though some can argue that the Tebow craze has fallen off the map, some fans are still fighting for him to come back to the place it all started: Florida. Whether it comes in the forms of letters, news articles or rally fans, the sunshine state is trying to persuade the Jacksonville Jaguars to sign Tebow.

“I will remain in relentless pursuit of continuing my lifelong dream of being an NFL quarterback,” said Tebow.

As bad as being retired after three years, the Jacksonville Jaguars are looking more pitiful unfortunately. The past three seasons the Jags have a less than impressive record of 7-28 and a home attendance that shows anything but team pride.

One would think that owner Shahid Khan would be able to see the money signs on Tebow’s back. Whether he has the skills to be a NFL quarterback or not, people like the guy.

“We’re consumers and the Jaguars are a product and there’s a lot of room for improvement,” said James Stewart, 56-year-old Jags fan. “Tebow we think would be value added if he were to be signed and given an opportunity at quarterback.”

So what is Jacksonville waiting for? Give the fans what they want and reap the benefits.
THE FIGHT FOR EXCALIBUR CUP
Housing and Residence Life Starts a new On-Campus Tradition

Above: Excalibur Cup has held a dodgeball tournament, as well as other events to help bring Lynn pride to the Residence Halls this school year. Staff Photos/ A. Berrio & M. Wertheim.

By LISETTE VILLEGAS
Staff Writer

Lynn Housing and Residence Life is changing the game on how they build community pride throughout the Residence Halls.

HRL introduced the Excalibur Cup, which is a competition between the different Residence Halls to see which building has the most school spirit, building pride and involvement.

The buildings of Old Lynn, EML, Trinity, deHoernle and Freiburger, are competing for the title of the Excalibur Cup throughout the entire school year. An Excalibur Cup event will be held at least once, every other week testing the different skills, involvement and success students possess. Events include an indoor soccer tournament, assisting in the decorating of the Residence Hall lobbies, attendance at sporting events and more.

The ultimate goal of Housing and Residence Life through the competition is to make sure students are able to connect with their community.

“We are looking to create pride in the buildings and eventually throughout the entire school as we come together,” said Ale Berrio, junior Community Advisor.

Not only are students able to let their competitive sides out, but it is also a way for residents to come together, in order to make new friends, get involved and to interact with the HRL staff members.

After a very successful dodgeball tournament and “brapong” challenge these are the current standings for the Excalibur Cup from first to fifth place: Freiburger and Old Lynn tied for first, Trinity, EML and De Hoernle. If students are interested in helping their building win the Excalibur Cup, do not hesitate to ask HRL staff members about dates and times for events.

The events for each month will also be posted in the lobbies of each building. It is not too late to help a certain Residence Hall take over the competition.

THE EXCALIBUR CUP EVENTS
Oct. 14 at 7 p.m.- Concrete Soccer Tournament
Oct. 28- Halloween Hall Decorating Contest Begins
Oct. 30- Halloween Party
Nov. 4- Clothing Drive Begins
Nov. 22- Clothing Drive Ends
Dec. 4- Gingerbread House Competition
DESSERT MEET

By ALACIA HOLT
Photographer

Resident Advisor Becky Cantave set up a dessert meet-up for her residents in Freiburger. Students had their choice of peanut butter mud cups or chocolate cakes. All were made with only a mug, a few ingredients and a microwave.
HELPING ONE CHILD AT A TIME

Jerry Collender is a Freshman With an Interesting Story to Share

By CLAIRRISA MYATT
Staff Writer

If there was one word to describe some of the students in the class of 2017, it would be inspirational. Freshman Jerry Collender is one of those inspirational students.

Collender is a second semester freshman from West Virginia. With a big heart and positive outlook, he welcomes his new adventure at Lynn with open arms.

In his spare time, one can find Collender studying at the library, surfing, hanging out with his fraternity brothers of Sigma Alpha Epsilon, whom he happens to be a founding father of, or creating documentaries.

As a film major, Collender enjoys capturing the beauty of life for everyone to see. “I want to challenge people to think and open up their minds to new ideas. Branch out of their way of life and think of how other people live,” said Collender.

His interest led him to make a documentary about Down Syndrome children learning to play baseball. This was the start of Collender’s passion for helping others while incorporating his love for filmmaking.

“I’ve been to the Dominican Republic teaching kids how to play baseball for a couple years. I like to have fun with them and bond to let them know we are here,” said Collender.

Helping children in the Dominican Republic through Collender’s church was a life changing experience for him. Even though at the time he did not produce any documentaries from the Dominican Republic, given the opportunity Collender stated, “If I had the opportunity to go back and visit again, I would definitely make a documentary.”

In the future Collender plans on studying abroad in Australia. There, he will put his talents to good use and film his experience abroad.

Aside from filmmaking, one can catch Collender on his radio program called the “J-Show” on Friday from 10 a.m. to 2 p.m.

“I play rock music, and I also do odd news stories. For example, I talked about one guy who had a brewery inside of his stomach, so at random times he would get drunk without even drinking.”

“I love when people come up and say hi, it makes my day,” said Collender.

Next time one sees Collender, make sure to stop and say “hi,” or listen to him on his radio show airing every Friday.

Above: Collender having fun off campus at different locations and as well as campus. Stock Photos.
SAFETY IS ALWAYS FIRST AT LYNN
Campus Security has Made Changes to Benefit the Community

By JOSHUA SUFRIN
Staff Writer

Campus security is a crucial part of the Lynn community. With such a small student body, the campus security must be on top of their game in order to maintain a safe campus for Lynn.

Last year, Lynn dealt with an armed suspect wandering close to campus, which resulted in a lockdown for students and faculty on campus.

Assistant Chief Brian Siliquini discussed the event that occurred last year. "It was a group effort from both the members of Auxiliary Services, Residence Life and professional staff members that help secure our students and staff," said Siliquini.

Lynn has recently hired a new security chief, Larry Rickard.

"Chief Rickard is very knowledgeable and skilled in emergency management and plans to conduct joint drills with all local police and fire," said Siliquini.

Even with a safe campus, there are still many improvements the security staff can enforce for students and faculty to be even safer. "We are improving our plans constantly and are making revisions to our crisis plans based off of the changing of the times. We are constantly being updated on happenings around not only the country but around the world and we take that information and see if it is applicable to our needs here at the university," said Siliquini.

There are many ways to get notified if there is a crisis on campus. Lynn has a system Big Voice, in which it will broadcast an emergency signal through the loud speakers that are placed around campus. Other ways are through campus texts and social media.

These are just examples as to why it is very important that the university has up-to-date phone numbers and email address for its staff and students, as well as everyone having their emergency contact information filled out and updated as well," said Siliquini.

Students should not hesitate if they feel like they are in danger. If students do see anything suspicious they can call (561) 237-7226 to reach campus security.
By LIKA STRAUNLIECE
Staff Writer

Life led Dr. Kristen Migliano down different paths before she reached the place where she is today.

"Each one of those things I have done and places I have been have helped me be in a place where I am today," said Migliano. Migliano was recruited for Lynn's first women's basketball team in 1993. Not only was she a great athlete and outstanding student, she was also a campus leader.

After earning her bachelor degree in business administration in 1997, Migliano returned home to work in public accounting. However, it was not long till she returned to Lynn to work as a graduate assistant in the Office of Student Involvement. While being very engaged with student involvement, Migliano was also pursuing her master's degree in international business. When she finished her MBA, she travelled throughout Europe.

After she returned, Migliano worked for Corporate America as a recruiter for several years when she was presented with an opportunity to work in Lynn athletics. She started as an associate athletic director and senior women's administrator. Just four years later, she was named director of athletics.

Migliano has helped the Fighting Knights make many NCAA tournament appearances, win conference titles and achieve four national titles.

Aside from her hard work in athletics, she continued her education and received a PhD. in organization management in 2010.

She encourages Lynn students to pursue good education. "I feel very confident that one thing no one can take away from you is your education," said Migliano. "The more education you get the more you will set yourself up for the opportunities that could lead you to your professional or personal success."

She hopes for Lynn students to have wonderful life experiences. "Just keep working hard. You never know who is watching, who is taking notes on what you do and that is ultimately what will lead you to opportunities," said Migliano.
DELICIOUS FOOD IN THE SHACK
Shake Shack Serves Delicious and Affordable Fast Food That Students Love

By EMILY ROBINSON
Staff Writer

Shake Shack is one of Boca’s preferred fast food restaurants. They serve delicious hamburgers, hot dogs and milkshakes.

Shake Shack is located in the University Commons shopping center near Florida Atlantic University. This restaurant is both affordable and offers student discounts as well.

Hoping to appeal to the young local demographic, Shake Shack is a very modernized restaurant, from the architectural design of the building down to the smallest detail inside.

The burger options are seemingly endless. They range in variety and tastes, from the original shack burger to the vegetarian Shroom burger. The restaurant prides itself on excluding hormones and antibiotics in the meat they use.

“I love going to Shake Shack because I feel like I can order something different every time,” said Casey Brown, junior.

Shake Shack is not only famous for their hormone-free burgers, but also for the tasty cheese fries and milkshakes.

“I usually hate fast food hamburgers, but Shake Shacks are too die for,” said Madison Bernstein, junior.

For the health conscious, they have the “fair shake,” which is made with 100 percent certified organic Arabica fair trade beans. They also offer the standard floats ranging from root beer to purple cow.

Shake Shack is a great and affordable place to eat out with friends. It offers options for even the pickiest and health conscious eaters.

Above: A variety of Shake Shacks hamburgers. Stock Photos.
GOVERNMENT SHUTDOWN

The Government Shutdown Creates Mayhem in the Entire Nation

By JOSHUA SUFRIN
Staff Writer

It was in 1996 when the government last shut down. After 17 years the citizens of this fine country have to deal with another dreadful experience.

Both republicans and democrats are in a standstill over the controversial Affordable Care Act known as Obamacare, which is intended to provide Americans an easier and more affordable healthcare.

However, this issue is not all about Obamacare, this is about two stubborn political parties that are making the citizens of this country suffer, because they fail to agree.

Even more baffling was that during the shutdown members of congress continued to get paid.

With this shutdown, most government agencies are closed, including national parks. The postal service is still running, but most agencies are letting their employees off until the shutdown is over.

Who knows how long this could last. But can republicans and democrats fix their issues and resolve this shutdown in a reasonable time? America’s foundation is stability and power and right now, America is weak.

House Speaker John Boehner was recently quoted as to even saying “this isn’t some damn game.”

This shutdown should not be considered a game. This issue is serious as it is affecting the society as a whole. The economy is heavily being impacted.

The government needs to straighten up before the nation falls into a deeper hole. As Abraham Lincoln stated in his Gettysburg Address “government of the people, by the people, for the people, shall not perish from the earth.”

Well Mr. Lincoln, the government has temporarily perished, because of stubbornness and greed from our leaders.

Above: People protesting the government shutdown. Stock Photo.

THAT’S WHAT SHE SAID

They say it is Better to be Over-dressed Than Underdressed

By KASEY MANN
Staff Writer

I am no fashionista. If I could live in sweat pants and oversized men’s tee shirts from J. Crew, I would. Unfortunately nobody important would take me seriously and it is safe to assume that I never would have been asked to my high school prom.

There have been countless times that I received a job offer from unexpectedly meeting someone; being in the right place at the right time. Luckily, I had them fooled. They thought I had it all together because I washed my hair and opted to dress like a sophisticated female on those days.

As much as we all would like to say, “what matters is on the inside,” we know it is not always true. Every woman tries on at least three outfits before a first date. On the night before a job interview, every man asks the same question, “tie or no tie?” We all want to make a good impression.

Take it from Coco Chanel.

She said, “I don’t understand how a woman can leave the house without fixing herself up a little- if only out of politeness. And then, you never know, maybe that’s the day she has a date with destiny. And it’s best to be as pretty as possible for destiny.”

The moral of the story is to always put your best foot forward and maintain a presentable appearance that reflects your personality.

Trust me- I am not ruling out sweatpants, but try to save them for the eyes of your couch. What if you see someone at the grocery store that could become your Saturday night plans? Or your future boss? Or even better, an old ex?

When you look your best, you feel your best! And others are sure to notice.

Above: Coco Chanel. Stock Photo.

Kasey Mann is a senior majoring in Advertising and Public Relations. This column does not represent the opinions of the iPulse, but her personal thoughts and views.
A KNIGHTS SPIRITUAL TIME-OUT

The Spiritual and Religious Life Office Helps Students' Well-being

By JENNIFER MURILLO
Video Editor

This term, Lynn's Spiritual and Religious Life (SRL) is looking to inspire students by providing a space to learn, meditate and worship.

"All traditions highly prize the silent time," said Terence McCorry, director of SRL. "People are inspired to hear their inner voice."

Since its creation in 2012 as an expansion of campus ministry, SRL has aimed at fulfilling the needs to be met in the Lynn community, be it by participating in habitat for humanity projects or by offering spiritual counseling to those who seek it.

This year, weekly sessions are aimed to give students an opportunity to unwind. Each meet-up will have a specific theme, offering music from around the world, scripture or speech contemplation, and an opportunity for self-reflection amongst the occasional incense and candles.

"I could definitely loosen up a bit," said Grace Young, freshman. "I could use a break from daily stress."

The gatherings are meant to call the attention of a wider audience, welcoming individuals of all faiths and beliefs to mingle and enjoy each other's company. No specific religion or method will be addressed; instead student interests and faculty advising will determine the style and content of each session, therefore catering to all attendees.

"Everything we do at Student Life focuses on benefiting students' state of being so that they can succeed," assures McCorry. "We do so through body, mind and spirit."

Lynn is in hopes of having an interfaith spiritual space available to all shortly. In the meantime, people are invited to stop by and visit the SRL office located on the second floor of the Student Center, where information is also provided on upcoming and future events.
"L RADIO": BEATS FOR HEARTBEATS

Student Expresses his Passion for Music Through a Radio Show

By VERONICA HAGGAR
Staff Writer

Cody Luongo, sophomore, shares his passion for music every Thursday night from 7 p.m. to 9 p.m. through Lynn’s radio station 96.3 FM.

L Radio, named after Luongo’s last name, covers electronic music ranging from dub step to techno and trap music, although sometimes Luongo may play some hip hop on occasions.

Luongo became interested in running a radio show once he walked into the studio during a tour when he first visited the university. Since that moment, he compromised on running L Radio every Thursday night.

However Luongo was inspired by his parents before visiting Lynn. “I come from musical backgrounds. My mom was a recording artist, my dad was a producer and a disc jockey. He was also on the radio when he started his career as an audio engineer,” said Luongo. “I just want to get involved with music and sound, and this is one of the things I can do to get involved in that area.”

Luongo not only plays tracks but he also interacts with his audience. He informs the listeners about musical events that are going on at the moment, he asks for opinions, talks about his experiences on the events he attends and he also brings guests to the studio.

Luongo brought in DJ Brillz to discuss substance abuse and safety on musical shows. “I reached out to Brillz a weekend before my show and asked if he would call in on the show,” said Luongo. “Sure enough he called and it was really satisfying to hear from him.” He was just telling me how we have to look out for one another and that people need to know how to party safe.”

Last summer, Luongo worked at an internship at Webe 108 FM in Connecticut. He had the chance to make street appearances with disc jockeys and learn more about the music business.

“I wanted to learn more about the craft of radio and see what the industry was like,” said Luongo. “I oversaw distribution of promotional items and I also spent time with the disc jockeys in the studios. They showed me how things went down there.”

Working in the studio is a getaway for Luongo in which he shares his passion for music with the L Radio audience.

“The music I play is futuristic and not a lot of people know about it and it is not like the mainstream electronic music,” said Luongo. “More people should know about it, they will like it.”

Above: Cody Luongo working his radio show. Staff Photo/V. Haggar.

Above: Luongo along with his web radio peers, during his internship. Sock Photo.
By KRISTINE SANTIAGO
Staff Writer

Miami Beach has turned into a popular spot for Lynn students. There students can do fun things such as go to the beach on a hot sunny day and dance the night away in one of their amazing night clubs.

For great shopping experiences students can visit Lincoln Road where they have stores like H&M, American Apparel, BCBG and many more. Lincoln Road also has to offer a variety of great restaurants that students can afford with foods from all over the world. Another place where students can shop until they drop is Aventura Mall located on Biscayne Blvd. They have more than 300 stores like Nordstrom, Abercrombie & Fitch, Guess, Hollister and many great restaurants.

South Beach is full of gorgeous and sandy beaches that are great for tanning on bright sunny day. Students can go ride jet skies, play beach volleyball and enjoy the waves at North Shore Open Space Park and Sunny Isles Beach. Key Biscayne is home of two of the most beautiful beaches, Crandon Park and Bill Baggs Cape Florida State Park.

For a Latin taste students can go to Little Havana. Calle Ocho is full of fruit stands, art galleries and cigar shops. The walkway of stars which honors celebrities including Celia Cruz and Gloria Estefan is also found there. There are also various delicious Cuban restaurants such as Versailles and La Carreta. Every first Friday of the month is “Cultural Friday,” on this day they host a gallery showcasing the cultural art from the neighborhood.

If students want to dance the night away Miami Beach has them covered. For students 21 and over, Liv, Mint, Mansion and Space are some of the hottest club this city has to offer. For a more Latin environment YUCA and Mango’s Tropical Café are the places to go. With live DJ’s and a great environment Miami gives students the best nights of their lives.

Miami offers the best for students, from fun in the sun to a great night out in the town. In Miami, students can find many affordable and fun places to visit during the weekend.

Above: Mangos Tropical Café in Miami Beach. Sock Photo.

Por KRISTINE SANTIAGO
Escrivana de planta

Miami Beach se ha convertido en una de las ciudades preferidas de los estudiantes en Lynn. Ahí los estudiantes tienen mucho para hacer como ir a la playa, bailar y festejar toda la noche.

Si se quieren ir de compras la calle Lincoln Road y el centro comercial de Aventura son los lugares perfectos. Lincoln Road tiene más de veinte tiendas incluyendo, BCBG, H&M, American Apparel, entre otras. También se pueden encontrar restaurantes especializados en muchos tipos de comida. El centro comercial de Aventura localizado en Byscane Blv. Tiene más de 300 tiendas, ahí también pueden encontrar una gran variedad de restaurantes.

South Beach esta rodeado de hermosas playas para el entretenimiento de los estudiantes.

Ahi pueden coger sol, jugar voleibol en la playa, montar motos acuáticas y hacer muchas otras actividades divertidas. Las playas más visitadas por los estudiantes en South Beach son: North Shore, Open Space Park y Sunny Isles Beach. En Key Biscayne tambien hay hermosas playas como Crandon Park y Bill Baggs Cape Florida State Park.

Para disfrutar de un ambiente latino los estudiantes pueden visitar La Pequeña Habana. Calle Ocho esta lleno de galerias y tiendas de tabaco. También encontrarán la pasarela de las estrellas, donde se le brinda honor a celebridades como Gloria Estefan y Celia Cruz. Además pueden disfrutar de comida deliciosa en restaurantes como La Carreta y Versailles, especializados en la cocina Cubana. El primer viernes de cada mes se celebra el viernes cultural, donde exponen diferentes obras de arte.

La vida nocturna en Miami es increíble. Para los estudiantes mayores de edad, esta ciudad tiene muchas discotecas como Liv, Mint, Mansion y Space donde podrán bailar toda la noche. Para un ambiente más latino pueden visitar las discotecas YUCA y Mango’s Tropical Café. Todas estas discotecas tienen música en vivo y diferentes eventos los fines de semana.

En Miami los estudiantes podrán vivir una de las mejores experiencias de sus vidas. Siempre hay algo nuevo que hacer y no hay manera de que se aburran durante su visita.
LYNN'S SCOOP ON THE NEW iOS7
Lynn Students Comment on Apple’s New Operating Software, iOS7

By TYLER BABCOCK
Staff Writer

Apple released iOS7 recently, making quite the buzz around the tech world. Apple created a very organized downloading system for each region of the world, eliminating any issues. iPhone users responded not only with good feedback about the downloading system, but some bad feedback has aroused as well.

iPhone 4 and iPhone 4S owners are giving most of this bad feedback. The reason behind the controversy is because of Apple's unique form of "bait." While Apple releases iOS7 to the Apple community, iOS7 will not have full functions on iPhone 4 or the iPhone 4S. Many students at Lynn seem skeptical about it.

Jessica Beugen, sophomore is an owner of an iPhone5 and uses the iOS6 software, she does not seem to like iOS7. "I don’t like change, and I don’t want to take time to figure out a new operating system that won’t be fully functional, and that does not have a format I like," said Beugen.

iPhone5 user Stephanie Leighty, sophomore, also had a few choice words about how she felt about iOS7. "I hate how it looks like an Android operating system, but I love the new battery life and the fact that I can block numbers straight from my phone," she said.

With clear pros and cons made by Lynn students, Apple’s new operating system does not seem too shabby for being out a little over two weeks. As mentioned before, the battery life has been extended and users can block numbers straight from their phone. The mystery remains as to why Apple ditched the old iOS6 formats and released the new and improved (according to Apple) iOS7 system.

The operating system does have some similarities to the Android operating system. This could be a sign that Apple’s competitors are growing stronger every day. However, it is safe to say that Apple continues to lead the technology world.
HOW TO: DIY RESIDENCE HALL
Learn How to Turn Your Dorm Room Into a Unique Space With a DIY

By CLARISSA MYATT
Staff Writer

Students can turn their rooms into a personalized space with these DIY crafts that no one will want to pass up trying.

Everyone knows that pictures are the best way to turn that frown upside down when one is feeling homesick. However, instead of simply taping them in a straight line on a wall, try a new way to display them. Purchase yarn and clothespins and hang pictures up that way. This is not only an inexpensive way to hang pictures, but it is also a creative way to display them. Another tip is creating a design out of pictures. Organize the photos in a way that creates a heart or one’s favorite shapes.

A seemingly popular trend amongst DIY crafters is the fad of crayon art. Simply go to a local craft store and purchase a canvas, glue and crayons. Once the crayons are glued to the top of the canvas, take a blow dryer and melt the crayons until the wax drips down creating a beautiful design. Another idea is to tape a word or quote onto the canvas and when the wax hardens simply peel back the paper or tape and the word will appear mess free.

One of the must haves on any college student’s packing list is a full-length mirror. Spice up the look of these mirrors by adding some decorations. There is no better way to create Floridian atmosphere than by adding seashells to the frame from a local beach. Collect only the most beautiful shells and super glue them to the frame of the mirror. Being that no shell is the same, one is sure to have a standout mirror from the crowd.

Follow these tips to have the best room on campus.

SAFETY IS ALWAYS FIRST AT LYNN
Campus Security has Made Changes to Benefit the Community

By JOSHUA SUFRIN
Staff Writer

Campus security is a crucial part of the Lynn community. With such a small student body, the campus security must be on top of their game in order to maintain a safe campus for Lynn.

Last year, Lynn dealt with an armed suspect wandering close to campus, which resulted in a lockdown for students and faculty on campus.

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“These are just examples as to why it is very important that the university has up-to-date phone numbers and email address for its staff and students, as well as everyone having their emergency contact information fill out and updated as well,” said Siliquini.

Students should not hesitate if they feel like they are in danger. If students do see anything suspicious they can call (561) 237-7226 to reach campus security.
'TOSS'ING IT UP IN BOCA RATON

Tossed Salad bar in Boca Town Center Mall Makes “Fresh Food Fast”

By EMILY ROBINSON
Staff Writer

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There are also many signature salad options that range from mango cranberry and strawberry walnut to a standard garden salad. There are also gourmet wraps, artisan sandwiches, grilled panini’s and hot soups on their menu as well.

“I always get a bowl of soup to go with my salad, it really completes my meal,” said Madison Bemstein, junior.

Tossed is a perfect lunch stop for any student or anyone who needs a quick and healthy option.

“I love going to Tossed because it is fast and easy but also healthy, unlike most fast food restaurants,” said Devin Green, junior.

The mission of Tossed states that they are trying to make everyone into a salad lover even if they hate salad.

RUNNING OUT OF TEBOW TIME

NFL Quarterback, Tim Tebow, Looks for a new Place to Call Home

By DELANEY BREY
Web Editor

In 2010, Tim Tebow was drafted in the first round by the Denver Broncos and yet, after only three years in the NFL, Tebow is forced to watch the game far from the field.

Tebow is best known for his leadership as a Florida Gator and his faith that he practices on and off the field. So why is this great catch of a person being forced to sit on the couch, while the NFL is littered with less impressive personalities?

Though some can argue that the Tebow craze has fallen off the map, some fans are still fighting for him to come back to the place it all started: Florida. Whether it comes in the forms of letters, news articles or rally fans, the sunshine state is trying to persuade the Jacksonville Jaguars to sign Tebow.

“I will remain in relentless pursuit of continuing my lifelong dream of being an NFL quarterback,” said Tebow.

However, after being released by the Patriots in preseason, the future looks grim for this former player. Could it be that coming home is the best thing for him? Despite efforts by fans, he has made no official comment on whether he would enjoy playing for his Florida fans; no one wants to look to desperate.

As bad as being retired after three years, the Jacksonville Jaguars are looking more pitiful unfortunately. The past three seasons the Jags have a less than impressive record of 7-28 and a home attendance that shows anything but team pride.

One would think that owner Shahid Khan would be able to see the money signs on Tebow’s back. Whether he has the skills to be a NFL quarterback or not, people like the guy.

“We’re consumers and the Jaguars are a product and there’s a lot of room for improvement,” said James Stewart, 56-year-old Jags fan.

“Tebow we think would be value added if he were to be signed and given an opportunity at quarterback.”

So what is Jacksonville waiting for? Give the fans what they want and reap the benefits.

Above: Tim Tebow. Stock Photo.
LYNN’S UKRAINIAN BOY WONDER

Freshman Ivan Zhykhariev Takes on the Next Chapter of his Life

By LIGA STRAUTNIECE
Staff Writer

Ivan Zhykhariev, freshman, has quite the story to share. He was born in Ukraine, the largest country in Europe.

Zhykhariev encourages Lynn students to visit Ukraine and take advantage of all the things that it has to offer.

"Ukraine is a beautiful country with very friendly people," said Zhykhariev.

When he was young, Zhykhariev moved back and forth from Ukraine to England every six months. He was schooled in Newcastle, as well as Ukraine. His extraordinary intelligence was noticed by teachers which allowed him to skip two grades and graduate high school at the age of 15. Zhykhariev continued his studies at Kharkiv University of Economics in Ukraine. Four years later he graduated with a bachelor’s degree in management and administration.

Aside from studying at a university, Zhykhariev also began working various jobs. He worked as a translator and soccer commentator in the Europe league, Champions league and Ukrainian premier soccer league. However, all of these accomplishments were not enough for him.

Zhykhariev also worked as an English teacher for small children and a tutor for adults. On top of that, he was a soccer coach but he favored helping kids in orphanages.

Since the early years of his life, Zhykhariev has had a passion for soccer.

"I love everything about soccer. Whether it is playing, teaching or announcing soccer, it will always be a big part of my life," said Zhykhariev.

Zhykhariev was enjoying his life but he felt that he needed a change. Less than a month ago life brought him to Lynn to study communication.

Zhykhariev misses Ukraine, but feels like Lynn is becoming his second home. His love and passion for soccer commentary has not been left unnoticed here.

Zhykhariev is commentating both men’s and women’s soccer on webcast during their home games.

Above: Ivan Zhykhariev doing what he loves the most. Stock Photos.
LIVING YOUNG, WILD AND FREE
Students Find a way to Utilize Their Free Time While on Lynn Campus

By SCOTT BALDWIN
Staff Writer

Some members of the class of 2017 seem to have an abundant amount of free time when they are not in class and many of them face the challenge of what to do with it.

Perhaps some have not yet gotten involved with school clubs or organizations.

Having spare time is usually a surprise for most students if they were expecting life at college to be filled with long hours at the library studying, but that is not the case. For athletes, having spare time is a rare moment that is fully taken advantage of. Usually, it is done by resting and recovering from games and practices.

“I usually have so little time in the day to relax,” said Danielle Paschall, freshman on the women’s soccer team. “When I do, I take full advantage of it.”

The problem with having too much free time is the possibility of developing lazy traits. It should be in a student’s best interest to have only enough free time that they can rest, but then get involved with organizations to fill up their spare time.

“I plan to get involved with some clubs on campus,” said Vanessa Bosch, freshman. “Maybe like Knights Activity Team and/or Best Buddies.”

Issues may start arising from freshmen if they start realizing that they are wasting their free time. Some are already starting to realize that they seem to become a bit unproductive in their leisure time.

“I do realize that I waste my free time,” said Christian Frelinghuysen, freshman. “I could be easily getting on top of my work, but instead I seem to get distracted by social events and by my friends.”

Above: Students spend time on the grill. Staff Photo/ S. Baldwin.
LYNN BASEBALL REACHES OUT
Lynn Baseball Team Mentors Young Player From Community

By RYAN CARMONA
Staff Writer

The Lynn baseball team is giving back to the community by reaching out to a young boy named Ari Cohen, who suffers from a life threatening disease.

10-year-old Cohen was diagnosed with Trisomy Nine Mosaic, a genetic chromosomal disorder characterized by having three number nine chromosomes rather than the usual two. The syndrome manifests itself in his spine, brain and lungs.

Regardless of his condition, Cohen enjoys many of the same activities as any young boy, including a love for baseball. The Lynn baseball team has had the opportunity to share their mutual love of the game with the little athlete.

Cohen visits the Lynn baseball field once a week to join practice.

At first, Cohen is shy and quiet on the field. He is unfamiliar to so many new faces in one place. However, once given the go-ahead to lead practice, the little boy does exactly what little boys enjoy most, jumping into mud puddles and taking rides in the golf cart.

“It was tough at first to connect with Ari,” said Alex Freemans, junior. “All he kept saying was he wanted to go home to see his mom.”

However, after countless mud puddle warm ups and golf cart endeavors, Cohen is ready to play with the Fighting Knights. He hits balls off the tees, plays catch with the players and runs around enjoying the open field.

“Seeing the smile on Ari’s face brought the entire team joy,” said Donovan Christians, sophomore. “You could see him forgetting about his disabilities and being a normal kid.”

Cohen enjoys every bit of his experience being with the baseball players. Aside from his mud puddle routine, his favorite part of the day is hitting baseballs and being part of the team.

“It is always greater to give than to receive,” said Rudy Garberosa, head coach. “Ari did not stop talking to his mom about the great time he had with our team. He makes me proud to be part of this team.”

Catching and throwing in baseball helps Cohen with fine-tuning his motor skills. Yet, perhaps the most powerful aspect of the weekly ritual comes with having the chance to be a puddle-jumping, golf cart-riding 10-year-old, simply getting lost in the game.
THE YUMMY AND HEALTHY SNACK

**Eco Yogurt is the Place to go for Students to get Their Sweet and Healthy Fix**

By **EMILY ROBINSON**
Staff Writer

Eco Yogurt Lounge, located on Yamato road, is an amazing frozen yogurt lounge frequently visited by college students alike.

The yogurt chain was created by two doctors in 2010 who had a passion and knowledge for the environment and maintaining a healthy lifestyle. Inspired by the unhealthy habits often seen in their professional practices, the founders wanted to create a lounge that not only offered a relaxed environment but a healthy alternative.

Eco Yogurt keeps with its natural theme by using only recycled materials. In addition to this, a percentage of the proceeds go to local ecological-friendly organizations.

The interior of Eco Yogurt is very vibrant and relaxing. "I feel really chill in Eco Yogurt," said Casey Brown, junior. "It's so laid back."

The numerous tables and comfy couches offer a great place for students to do their homework or study while enjoying their personalized frozen yogurt. It is a great place to commune with a study group or work on a group project.

"I love meeting my classmates there because we can talk over an assignment while indulging in frozen yogurt," said Madison Bernstein, junior.

One can find a variety of different frozen yogurt flavors that usually change every day. These flavors range anywhere from pink lemonade sorbet to apple pie flavor.

"I try a different flavor every time I go," said Devin Green, junior.

They also offer selections of frozen yogurt that have no sugar added. Additionally, their signature boosts have a generous helping of protein, antioxidant and vitamins. Their menu of frozen yogurts is ever evolving and always delicious.

Eco Yogurt is open Monday to Thursday 11 a.m. to 11 p.m., Friday and Saturday to midnight and Sunday till 10 p.m. Students love Eco Yogurt because it is health-oriented and they can use their student discounts.

Above: Boca Eco Yogurt, Stock Photo.

**DRONE ISSUE GOES INTERNATIONAL**

**United States Hot Topic of Drone Usage Becomes an International Topic**

By **MICHAEL WILLIAMS**
Staff Writer

A spy plane operated by the United States Central Intelligence Agency destroyed a house in the Northern Waziristan region of Pakistan recently.

The people inside the house were suspected to be militants. The drone fired two missiles, four of the militants were killed while two others were injured.

The United States' use of drone strikes abroad has become an international issue. Some, such as Indian Prime Minister Nawaz Sharif, condemn such strikes. Others argue that they are the most efficacious method of dealing with America's most dangerous enemies.

The strike was immediately preceded by a similar attack on the day before. This earlier attack also took place in North Waziristan. Six suspected militants were confirmed dead after the first attack.

The argument has been made that unilateral drone strikes by the U.S. violate the sovereignty and territorial integrity of Pakistan, an area rife with conflict. The United States has defended its use of unmanned aerial attacks, stating that its enemies abroad are elusive and dangerous, and that they will neutralize them in any manner necessary. Pakistan however, has called out for an end to the drone strikes.

In his speech at a recent United Nations General Assembly, Prime Minister Sharif spoke out against U.S. drone strikes. Sharif stated that drone strikes result in "casualties of innocent civilians" and were more of a problem than a solution to "our resolve and efforts to eliminate extremism and terrorism from Pakistan."

All that is clear is that the line has been blurred. The enemies of the United States are no longer countries with a standing military, but extremist cells scattered throughout the world. Because of this, American methods of dealing with them have changed; this nation's government has become more like extremists in order to fight them effectively.

The real task is making sure Americans do not become that which they so despise.

Above: The Indian Prime Minister, Nawaz Sharif, and a United States drone plane. Stock Photos.
THE MOST IDENTICAL STRANGERS
Celebrity Couple Decides to Live Separately and Split Their Twins

By DELANEY BREY
Web Editor

David Tutera, host of “My Fair Wedding,” and his partner, Ryan Jurica, are not only separating themselves but also their twins; raising one child each on their own.

After being together for almost ten years, the couple now lives on opposite sides of the country with the twin that is biological to themselves. Considering that both Tutera and Jurica wanted to be parents, the situation might not seem so bad for the children, however the couple has made it clear that they want nothing to do with each other from this point on.

Besides the one in a million chance that they end up going to the same summer camp and meeting each other, the twins could grow up never meeting one another for most of their adolescent life.

“I’m not sure how I would react if I found out that I had a brother or sister I didn’t know about until I turned 13 or something,” said Stephen Amaya, senior.

It would be far fetched, with both parents being in the limelight, that they could live never knowing they existed at all. But the real question remains, could knowing but never meeting do more damage then never knowing at all?

“Ideally, the parents should live near each other and be involved in each other’s lives so they can attend parent-teacher interviews and community activities like sport,” said Tim Dansie, Australian parenting expert.

What are the parents saying to all this criticism?

“I have no right to not have them know each other, but I can protect my daughter about when that time is the right time. My responsibility right now is to get through a divorce and protect and guide and nurture my daughter,” said Tutera, to ABC’s television show, “The View.”

With all the negative attention that both parents have suffered from and the false accusations that have been made, both parents are hoping to raise their children in a safe and nurturing environment.

Above: Tutera and his partner, who have since separated, pose with their children. Stock Photos.

START the new CAMPUS REVOLUTION GOING GREEN LYNNE UNIVERSITY
FRUGAL FASHION FOR STUDENTS

Tips on how to be the Smart and Savvy Shopper During School Semester

By DARA MOHAN
Staff Writer

Lynn students are finding ways to buy an entire outfit under $50 at the mall and still have enough spending money in their wallets.

The first thing one does when looking for a new outfit, is find the sales that are going on at different stores. The easiest way is to go to the mall and find stores that students love shopping at. While one is there, students can sign up to receive e-mails to know when there will be upcoming promotions and sales.

Students can also go to Macy’s, Sears, Wal-Mart, Target, Old Navy, Marshalls, TJ Maxx and Ross. These retail stores always have nice clothing for cheap prices simply because they are always competing with other retail store prices.

“If it’s inexpensive but not cheap, it’s a good opportunity to get something new,” said Naomi Tavian, freshman.

Thrift stores are also an option when one is looking for vintage clothing as well as modern styles.

When all else fails and one still cannot find a complete outfit for less, students still have their own closet to dig through. Instead of buying a whole new outfit, buy a new shirt, pants or jewelry. Go to the clearance section and find clothing that may match clothes from the closet.

“Finding an outfit under $50 is a miracle,” said Eman Indimi, freshman.

For example, one can go into Forever 21, buy a $20 crop top or dressy shirt. Then one can buy $20 worth of jewelry and $10 flats. Match it with a favorite pair of jeans, and just like that a brand new outfit appears.

H&M, Charlotte Rouse and Necessary Clothing are also great stores that sell clothing at an affordable price. Students can mix and match as many items as they want and then decide to buy a new shirt or pants.

Lastly, always keep in mind the jewelry also change the appearance of outfits as well.

Above: Shopping does not have to be expensive. Stock Photo.
Basketball season is almost upon us and to start the season off, both the men's and women's basketball teams are hosting Lynn Knight Madness.

Similar to mid-night madness, a popular event held at various colleges across the nation, Lynn Knight Madness will give Lynn's student body their first look at the 2013-14 basketball rosters while also providing a night of fun.

"We want to do anything we can to get people involved with basketball and we think we have a really exciting product for people to see and a lot of things going on at our games," said Jeff Price, head coach of the men's basketball team. "Lynn Knight Madness is a great opportunity for people to get to know the teams and a night of having fun and hopefully they'll come back when the season starts and get behind us and see what we have."

The night will feature a dunk contest between members of the men's basketball team as well as a three-point contest between members of the women's basketball team. There will also be a two-ball shoot out in which both teams will participate and blue versus white scrimmages.

"This will be a good opportunity to interact with the Lynn community," said Niki Washington, head coach of the women's basketball team. "If we can get students to come and start to support us and us get to know them that would be amazing."

Through our the night members of the audience will be given chances to win prizes. There will also be performances from both the Fighting Knight cheerleaders squad and the Knightros dance team. But more than anything, this night will be about bringing a sense of pride and school spirit to our campus that the student body has been waiting for.

"This is something the student body can take pride in," said coach Washington. "Just knowing that we have a good women's basketball team, that we have a good men's basketball team and being apart of that is going to make them feel proud of their university."

Lynn Knight Madness will begin at 8 P.M. with a tailgate where players from both the men's and women's teams will be present to meet and greet with. Doors open for the main event in the de Hoernle Center at approximately 8:45 P.M. so show up and support your Fighting Knight basketball teams.
'GAME ON' IN THE GAME OF LOVE
NFL Star and Country Singer Televises Their Loving Relationship

By MISSY MONTGOMERY
Editorial Assistant

A new reality show has hit the E! network documenting the journey down the aisle between Denver Broncos’ wide receiver, Eric Decker and now wife, country pop singer Jessie James. Joining the ranks of other reality shows including, Keeping Up With The Kardashians and Married To Jonas; Eric and Jessie: Game On is in a league all of its own.

Now one may ask, “who are these people,” but the fact that they are not constantly in the lime light makes the show more enjoyable to watch and the couple promised that they are going to be as open as possible on the show. Fans are more likely to relate to the couple with their down to earth personalities - despite the fact they recently moved into a 12,000 square foot home in Denver. Decker and James, who met through mutual friends, welcome cameras in their lives while they plan the wedding of the dreams while juggling their high-profile careers, family and friends.

In the debut episode, Decker is seen prepping for the upcoming NFL season with his wife’s full support. However, planning the wedding while moving into a new home is creating uncertainties for their future in Denver for Decker, who was second in the league for touchdown receptions, will be a free agent at the end of the season. Despite the stress Decker still makes time to sweep James off her feet and stated in the debut episode that he is indeed a hopeless romantic.

Game On is entertaining for both males and females, for it documents Decker and his football career, while also giving female viewers the fluffy moments of a relationship. If one missed the first episode, tune in Sunday nights on E! at 10 p.m. to see the potential and spark the reality show has to offer.

Above: Students are able to see the happy couple on E! every Sunday at 10 p.m. Stock Photos.
HAVING YOU HEARD IT ON ITUNES?
iTunes Radio is the new way to Stream Music for Free

By STEPHEN AMAYA
Staff Writer

Apple recently released their innovative software update, iOS7. The new software reinvented the way customers use the interface as well as its overall appearance. It even features a new application, iTunes Radio, a free radio streaming application that is integrated into iTunes and the music app automatically.

iTunes radio allows users to access a variety of genre focused stations as well as stations based on the music one loves to listen to and download via iTunes.

"iTunes radio is a lot like Pandora, but it's based off the songs that I love to listen to," said Maximilian Meyer, freshman. "It also then makes a station revolving around the same type of songs I enjoy listening to."

This feature also makes it easier for users to access the songs information. "It lets me purchase the songs straight from iTunes without having to go onto iTunes and type in my login information," said Gabriel Caldwell, freshman. "I like just putting my headphones on, picking a song and letting iTunes Radio match up songs that sound like what I would listen to. I now have a variety of new songs I enjoy listening to."

iTunes Radio is also a lot more customizable than Pandora and other radio streaming apps based off of what you skip or like," said Caroline Pickus, senior. "When I want to listen to EDM, it will play upbeat EDM songs. If I want to listen to nice acoustic songs, it will play nice acoustic songs without throwing something random into the mix that ruins the mood."

iTunes Radio has reimagined what all free radio streaming apps should be like by providing customization, personalization and complete control of what music one is listening to.

Above: The new iTunes Radio application proves to be a great hit for the new iOS7 users around the entire globe. Stock Photos.

START the new
campus green
REVOLUTION
LYNN UNIVERSITY
Construction Continues to Take Place Around Lynn’s Campus

By JOSHUA SUFFRIN
Staff Writer

Lynn is still going through cosmetic changes for the future. Currently, Lynn students and faculty have to deal with the craziness of construction in order for the campus to gain new buildings and athletic venues. Construction on campus includes a new international business and management building, which should be completed in the summer of 2014.

Another project Lynn is working on is the new soccer and lacrosse stadium. This project will be finished by January of 2014.

Zachary Umansky, sophomore is as excited as anyone on campus.

“As a sports fan I can’t wait to see how the new sports facilities are going to look especially the baseball and lacrosse field.”

Another major change that students and faculty will notice is the going green effort on campus. Lynn has installed new piping during the summer for a more sustainable way to save water. By saving energy, the school will help cool down and cut the cost of energy by almost 30 percent.

A new central energy plant is currently being built, in which it will help send cool water to buildings, which will help cool rooms with new and energy saving air conditioning. “The fact the school has a commitment to going green is a great thing,” said Umansky.

Students and faculty will be forced to deal with less parking and loud construction noises throughout the next year, but in the end once the projects are completed the campus will have a new look to it.

“Before construction, parking was easier, but now it is just a hassle. I guess it will all be worth it when it ends,” said Brandon Fisher, grad student.

In 2014 when the projects are all completed, students and faculty will be able to enjoy campus more. With a new stadium and a new business building that is green efficient, Lynn will be much better in the long run.
KICKING APATHY TO THE CURB
T.J. Sullivan Teaches Lynn Students the Importance of Being a Real Leader

Above: T.J. Sullivan presents his outlook on “The Apathy Myth” to the Lynn students in the Wold Performing Arts Center. Staff Photos/L. Davis.

By JOSHUWA DEAL
Staff Writer

Motivational speaker, T.J. Sullivan, recently made a significant impact on Lynn students through his presentation titled The Myth of Apathy.

Sullivan, who graduated with a bachelor’s degree from Indiana at age 19, is the founding member of the fraternity chapter Phi Kappa Phi and has spoken to more than two million college students nationwide.

One would suspect a man who spent his early life travelling the nation while creating and joining community organizations to be uptight and conservative toward the young college students during his presentation; he was not.

Instead, Lynn students who came to hear Sullivan were treated by an insightful, practical and hilarious speaker who discussed leadership as being a process of celebrating one’s members.

Sullivan also spent his early 20’s being a stand up comedian and his talent for comedy reveals itself. Students genuinely laughed at the grand stories and insights he discovered when perfecting his ideologies about leadership and the politics of organizations.

The ideas he expressed to his young listeners were not to stress but to celebrate those who participate and stray from conventional and boring practices. Sullivan urges students to try innovative practices in this ever-changing world and that success is about creativity rather than conformity.

When asked what advice he would give to Lynn students after his presentation, Sullivan responded with a simple answer.

“People support what they create,” said Sullivan.

Simply, Sullivan’s view on leadership is about leading, not being in charge. One should urge their organization members or communities to create and express their own views rather than suppress and stifle their voices.

Sullivan stressed that a functional organization is one that is led by everyone and not just the leaders of the organization. Sullivan’s presentation gave students different insights into being the best leader they can be. Hopefully all Lynn students can reap the benefits of what they soon create.
MEGGISON RECEIVES PRIME TIME

Paige Meggison Scores her First Career Goal Featured on ESPN’s Top Ten

By RYAN CARMONA
Staff Writer

Lynn women’s soccer player, Paige Meggison, scored her first two goals of her career landing on ESPN Sports Center’s Top 10.

The senior scored two out of the three goals in the 3-1 win over Flagler. With 29 minutes on the clock, Meggison added the go-ahead goal to bring the Knights to a 2-0 lead.

In the 52 minutes, Meggison launched the ball, ripping it into the upper shelf of the net giving Lynn a 3-1 cushion over Flagler.

Meggison’s first goal was caught on camera and posted on YouTube, reaching more than a thousand views.

“When I saw Paige’s goal, I was amazed by her great play but would have never thought it would have been seen on ESPN,” said Kirstie Schults, junior teammate.

The women’s soccer team leaked out the video clip to the social media world via Twitter, Facebook, Instagram and YouTube, eventually grabbing ESPN’s attention.

Meggison was at dinner when she first saw the goal posted on Facebook by her coach, Chip Dutchik. Before she knew it, Meggison saw herself on television designated at number seven on Sports Center’s top 10 plays.

“Seeing my teammate and school on TV was such a cool thing to be part of,” said Keeley Shields, sophomore women’s soccer player.

Meggison’s play has also brought positive attention to the women’s soccer team as a whole. With the men’s soccer team receiving all the hype in the past few years, they have set the bar high for other Lynn teams.

“At Lynn, men’s soccer obviously trumps any other sport,” said Jessica Beugen, sophomore. “With their several national championships and their dramatic win last year, the team gets so much attention.”

With Meggison making plays such as these, receiving ESPN’s attention and ensuring a win for her team, she has set ever higher standards for Lynn’s athletic program.

The Lynn community should keep their eye out for the women’s soccer team this year.

“We have a lot of talent on the team this year,” said Meggison. “As long as we all stay focused, I really think we can be very successful this season.”

Above: Paige Meggison and the women’s Fighting Knights soccer team rejoicing after Meggison’s first career goal. LU Photos.
AFFORDABLE HEALTH CARE ACT
Students Discuss the Condition of the Affordable Care Act in a Hostile Congress

By MICHAEL WILLIAMS
Staff Writer

The United States healthcare system is broken. While U.S. citizens pay more per capita than almost anyone else in any other country, the U.S. does not rank well in terms of health coverage; in fact, we are 46. Now republicans in the house and some in the senate are attempting to block the implementation of the Affordable Care Act, threatening to shut down the government rather than compromise.

There is no doubt that the U.S. needs to do something about its healthcare system. When rated in terms of efficiency, it comes into the global picture just ahead of Serbia and Brazil as well as behind Algeria and Iran. But how can Americans be spending so much and receiving so little?

The answer lies in the greatest flaw possible: our government is not taking care of its people. Right now, the American healthcare system is an almost completely unregulated corporate playground, where large insurance companies dictate the price of healthcare on a case by case basis.

Insurance companies sell health insurance cheap to healthy, young adults but if one is over forty, or worse, have past medical issues, insurance rates will skyrocket and in some cases, health care providers can deny customers.

The problem is that even in a free market one cannot presume that people can effectively negotiate for what they really need. This idea is false at its very core. While the price of an iPad has very little real effect on an individual’s life, everyone needs to be healthy if they want to stay alive.

What this means is that the power dynamic between patients and insurance providers is non-existent. All the power lies within the corporations. As consumers of a product Americans literally cannot live without, have nothing with which to bargain or hold the healthcare system accountable. This means citizens are forced to pay whatever amount is asked by corporations.

While the Affordable Care Act (which has been re-branded “Obamacare”) is by no means a perfect solution to all the problems Americans face in these murky waters. It is merely a step in the right direction. Without government intervention, the people of the United States simply do not have the power to negotiate on their own behalf. Why then is the congress fighting against it, tooth and nail?

Unfortunately, there is no definite answer to that question. Whether it is a simple childish desire to thwart any productive action by Obama, or whether corporate interests have already dumped enough cash in politicians pockets to make them betray their country, Americans may never know.

What the people do know is that they are not doing it for American citizens. They are doing it for themselves, to further their political careers and to ensure they continue to get fed scraps from the macabre feast where corporations slowly eat our country from the inside out.
As the Month of October Arrives, Students Look for Festive Traditions

By CLAIRISSA MYATT
Staff Writer

Everyone knows that Halloween is a time of self-expression. It is the only day of the year where one is free to be whoever they wish. But until it is time to put on that costume, students can express their holiday spirit by carving pumpkins fit for each student's personality.

The Classic: This is for anyone who loves tradition and structure. This classic look has been around for centuries, it is a look that is sure to triumph no matter what. Two simple triangles for eyes and a mouth, preferably one that is not smiling. Once that is done, take the pumpkin's "guts" and arrange them so they are hanging out of the mouth. Thus, creating a puking effect.

The Sophisticated Lady: Despite popular belief, carving a pumpkin does not always have to mean actually cutting into it and scooping out all of its insides. For a more sophisticated and classy look, just carve the skin off the pumpkin to create a beautiful design. Just make sure to forget the candle this time.

The Most School Spirited: What better way to show one's school spirit than by carving it into a pumpkin this fall? Carve out the letters L-U to show school spirit. For the artistically brave, try carving Big L-U. Go Knights!

The Foodie: Anything goes.

The Expressionist: This one is all about emotions and going off the beaten path. Cut out different eyes, mouths and noses from magazines and mix them on your pumpkin. This will create a face one will not forget. Follow these carving suggestions to help show off one's personality this Halloween.

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Lynn Hosts Breast Cancer Awareness Activity

By LISETTE VILLEGAS
Staff Writer

Not only is the month of October all about Halloween, this month most importantly marks the beginning of breast cancer awareness month.

Breast cancer is a brutal and does not discriminate against anybody. Every year, breast cancer claims the lives of more than 400 men and women.

"A lot of people do not know what October means," said Julio Berrio, freshman. "October is not all about Halloween, but about sending the message about breast cancer."

Lynn’s Housing and Residence Life, Campus Recreation and the Women’s Health Center hosted a mini activities fair to help bring awareness to breast cancer.

The activities consisted of students being able to compete in an array of different games, one being “bra pong.” The game consists of a big board with bras attached as cups. The concept is for students to compete against each other and try to fill as many bras as possible with ping pong balls.

"I’ve never really heard of this even, but the game proved to be popular among students," said Katherine Joyce, junior. "This event is very appealing toward college student and at the same time gets the message across."

Along with playing games, students received information pamphlets about breast cancer prevention.

Above: The game of "bra pong" was played in Perper Plaza. Staff Photos/M. Wertheim.
If students are interested in participating in more breast cancer awareness events the following are occurring throughout the month of October:

**october**

- **Bra Decorating Party** Tuesday Oct. 22 during lunch hours. Students will be able to decorate a bra to wear outside of their clothing during the breast cancer awareness walk. A minimal donation of $3-5 will be asked for.
- **Celebration of Life** Annual Wild Hare Salon will be hosting Celebration of Life held at the Wild Hare Salon & Spa in Boca Raton on Thursday, Oct. 24 at 7:00 p.m.
- **Making Strides Against Breast Cancer walk** on Saturday Oct. 26 at 8:30 a.m.

Above: Students participate in the Bra Pong event to raise awareness about Breast Cancer. Staff Photos/M. Wertheim.
THE ADVENTURE DOES LIVES ON
Lynn Students Participate in the Annual Adventures to Orlando

By AMY STILWELL
Staff Writer

The Student Involvement team recently brought 50 students to the two most exciting, fun-filled theme parks in Orlando.

Universal Studios, a dream-like mini Hollywood, features rides from all of one’s favorite movies. As students wander through the park, life-size Simpsons characters, Transformers and extremely tall pharaohs entertain the crowd while students deliberate which amusement they will choose to brave next. The following rides discussed are must-do's and highly recommended for students.

The newest installment, Transformers 3D, is an epic movie type ride that immerses the viewer in a battle against the evil Decepticons, lifting one into a 3D world of car chases and battles. Similarly, the Simpsons Ride is a must-do for committed Simpson lovers, as one can become a Simpson and accompany them on a short wild adventure.

For those who are thrill seekers, the Hollywood Rip Ride Rockit roller coaster is a 167-foot, 1 minute 37 second adrenaline rushing amusement, complimented by a choice of 30 songs to amplify one's already heightened heart beat.

Classic rides include The Mummy, a three minute escape into the popular franchise, with three quick launches from standstill and a grand climatic drop, climbing riders up 39 feet before throwing one into a frightening projection of a ghost mummy.

“I loved the Mummy ride because it had much more of a theme to it,” said Alex Demetriades, junior. “The fire elements were amazing.”

E.T. Adventure, another classic, is a perfect ride to relax and enjoy a spectacular view of a romantic forest after a tumultuous ride.

Islands of Adventure is exactly what it claims to be: an island of adventures, jam-packed with colossal roller coasters, numerous water rides and the breathtaking world of Harry Potter.

“My favorite was The Hulk,” said Kevin Moore, junior. “It makes all the difference waiting in line an extra 30 minutes to get the front row experience.”

The Hulk launches one into a 105-foot drop, after accelerating to 40 miles an hour in two seconds, thrusting riders through several corkscrews, rolls, loops and turnarounds. Demetriades also considered The Hulk a favorite as well as Harry Potter world; a magical adventure with stunning holograms that almost trick guests to believe that Harry and Hermione are right there.

Once on the ride, passengers are catapulted from reality to projection, enabling them to experience a flight around Hogwarts, a Quidditch match, a close run into the Whomping Willow and an encounter with a group of Dementors. The Dragon Challenge roller coaster, an accompaniment to Harry Potter World, is recommended for those who felt they were not flipped upside down and span around enough from The Hulk. Dudley Do'Rights Ripsaw Falls offers a stunning drop into water and just in case one is not soaked enough, Pop-eye & Pluto’s Bilge-Rat Barges will ensure a hilarious and enjoyable experience.

Jared Morrison, Coordinator of Student Involvement, is a part of the genius behind the organization of this exhilarating trip.

“The Universal trip is a tradition, with groups going once or twice a year,” said Morrison. “It always goes really well, selling out every time and consistently gets amazing feedback.”

Upcoming trips include the opportunity to see the Miami Dolphins on Nov. 17 and students also have the chance to enjoy a weekend at Disney for two nights and a park hopper pass for only $200 on Feb. 7, 2014. Look out for upcoming events on flyers, myLynn and Facebook, or pop in to see the Student Involvement team on the second floor of the student center.

Above: Photos from the Universal trip. Staff Photos/A. Stillwell.
Welcome Parents and Families

Lynn Welcomes its Families From Around the World With Open Arms

By Aura Cruz
Editor-in-Chief

One of the most anticipated occasions of the fall semester has finally arrived; today Lynn welcomes parents from across the globe who have come to visit their sons and daughters in their new college home.

“It’s a wonderful time for families from all over the world to get together and enjoy each other’s company,” said Olivia Cimino, sophomore. “My mom and my aunt will be coming. I’m very excited.”

By this point in the semester students are all settled in, have made new friendships and are accustomed to a new daily routine. This is an occasion for parents and family members to experience the life of a Fighting Knight.

“I’m so excited to see my parents, I left home two weeks earlier than most students because I was a peer mentor,” said Zara Applestein, junior.

This is a perfect time to learn all about this innovative institution, while enjoying the entertainment planned for the weekend.

“I am looking forward to all the events. They were all great last year,” said Cimino. “You really felt like you were a part of a family.”

From Friday morning to Sunday afternoon, students and their families will be able to cherish the tropical ambiance of South Florida, while enjoying some of Lynn’s most valued traditions. Whether it is having coffee with President Ross or cheering for the women’s soccer team, this weekend will be memorable for everyone.

Attending college is an achievement for both the parent and the child, and there is no better way to celebrate. iPulse sends out a warm welcome to all parents and family members.
Weekend Schedule

**Friday, Oct. 18**

- **10 - 11 a.m.**
  Inside Lynn's 21st Century Classroom
  Amarnick-Goldstein Concert Hall, de Hoernle International Center

- **11 a.m. - 12 noon**
  J Term: Experiential Learning at Lynn
  Henke Wing, de Hoernle International Center

- **1:30 - 2:30 p.m.**
  Life at Lynn as a College Student
  Henke Wing, de Hoernle International Center

- **2:30 - 3:30 p.m.**
  A Front Row Seat to History: 2012 Presidential Debate Retold
  Amarnick-Goldstein Concert Hall, de Hoernle International Center

- **3:30 - 4:30 p.m.**
  Student Financial Services: Money Matters
  Amarnick-Goldstein Concert Hall, de Hoernle International Center

- **7 - 9 p.m.**
  Blue & White Club Auction
  de Hoernle Sports & Cultural Center

**Saturday, Oct. 19**

- **10 - 11 a.m.**
  Coffee with the President & Reception with College Deans & Faculty
  Keith C. and Elaine Johnson Wold Performing Arts Center

**Sunday, Oct. 20**

- **11 a.m. - 12 noon**
  A Front Row Seat to History: 2012 Presidential Debate Retold
  Amarnick-Goldstein Concert Hall, de Hoernle International Center

- **12 noon - 2 p.m.**
  Lynn Family Picnic
  Freiburger Residence Hall Lawn

- **12 noon - 2 p.m.**
  Hannifan Center for Career Services Open House
  Trinity Residence Hall, lakeside

- **1 p.m.**
  Women's Soccer: Lynn University vs. Palm Beach Atlantic
  Soccer Field

- **7:30 p.m.**
  Live at Lynn Theatre Production: Capitol Steps
  Keith C. and Elaine Johnson Wold Performing Arts Center

- **8 p.m.**
  Movie on the Lawn
  Freiburger Residence Hall Lawn

**START the new CAMPUS REVOLUTION**

**GOING GREEN**

**LYNN UNIVERSITY**

**INSIDE REVIEW**

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FROM THE CITY OF LOVE TO BOCA
Introducing Shahmir, one of Lynn's Newest Global Students

By CLAIRISSA MYATT
Staff Writer

As another year begins, new faces are being seen all over campus. The class of 2017 has arrived, and offers an even more interesting international variety than ever before. Students from all over the world have enrolled at Lynn to help make this the best year yet.

Amongst the myriad of international arrivals is Shahmir Lodhi, a world traveler extraordinaire and freshman at Lynn. Lodhi is a political science major with an interest in putting his worldly knowledge to good use by hoping to work for the UN in the future.

Although Lodhi's birth in Virginia makes him an American citizen, Paris is the city he calls home. He lived there for seven years, but had the opportunity to live in places people would only dream of due to his father being an engineer.

"I was born in Virginia, but straight after we moved to Pakistan where my parent's family lives," said Lodhi. "After Pakistan, we went to Nigeria and then Indonesia for a while. Once my mom was ready to have my sister, we moved to Boston for a couple of months. After that, we went back to Pakistan where I went to school from 2 to 4 grade. We then moved to Houston for a year, and after that we moved and have stayed in Paris for the past 7 years."

Lodhi soon became accustomed to saying his goodbyes. However, the most difficult goodbye to make was leaving his friends and family in Pakistan.

"I had made a lot of good friends," said Lodhi. "All my parent's family were in Pakistan, so that was really hard. Leaving them was a huge change."

However, moving so often can also have its perks. Lodhi got to experience new cultures and develop dynamic social skills.

"I became a very social and fun person who enjoys exploring new cities and meeting new people," said Lodhi.

Lodhi credits his constant relocation as a young adult for his ability to adapt. "A lot of people I know don't have that ability and they're not having a good time," said Lodhi. "So having that ability for me is really helpful; it's a blessing."

Having the ability to adapt to different cultures has made Lodhi's transition into college much easier, especially at Lynn.

"Here, there are a lot more kids who are international," said Lodhi. "I thought I would be able to find other people with the same culture which is why I chose to go here."

Aside from the international vibe, the ocean and Lodhi's future fraternity brothers are both factors in helping him adapt.

"I'm a water guy, I love the beach so that's helping me a lot."

After hearing about all of Lodhi's travels, it is only natural for one to ask, "Where will he go next?"
LYNN'S UKRAINIAN BOY WONDER
Freshman Ivan Zhykhariev Takes on the Next Chapter of his Life

By LIGA STRAUTNIECE
Staff Writer

Ivan Zhykhariev, freshman, has quite the story to share. He was born in Ukraine, the largest country in Europe.

Zhykhariev encourages Lynn students to visit Ukraine and take advantage of all the things that it has to offer.

"Ukraine is a beautiful country with very friendly people," said Zhykhariev.

When he was young, Zhykhariev moved back and forth from Ukraine to England every six months. He was schooled in Newcastle, as well as Ukraine. His extraordinary intelligence was noticed by teachers which allowed him to skip two grades and graduate high school at the age of 15. Zhykhariev continued his studies at Kharkiv University of Economics in Ukraine. Four years later he graduated with a bachelor's degree in management and administration.

Aside from studying at a university, Zhykhariev also began working various jobs. He worked as a translator and soccer commentator in the Europe league, Champions league and Ukrainian premier soccer league. However, all of these accomplishments were not enough for him.

Zhykhariev also worked as an English teacher for small children and a tutor for adults. On top of that, he was a soccer coach but he favored helping kids in orphanages.

Since the early years of his life, Zhykhariev has had a passion for soccer.

"I love everything about soccer. Whether it is playing, teaching or announcing soccer, it will always be a big part of my life," said Zhykhariev.

Zhykhariev was enjoying his life but he felt that he needed a change. Less than a month ago life brought him to Lynn to study communication.

Zhykhariev misses Ukraine, but feels like Lynn is becoming his second home. His love and passion for soccer commentary has not been left unnoticed here.

Zhykhariev is commentating both men's and women's soccer on webcast during their home games.
NEW KNIGHTS FIGHTIN' FOR LYNN
With two new Coaches Added to the Roster, the Knights Prepare for Battle

By TANNER BERMAN
Staff Writer

During the past few months, Lynn's athletic department has been quite busy adding new additions to the Fighting Knight family and the campus, as well as bringing back a familiar face.

In February, Lynn officially broke ground on Bobby Campbell Stadium and there has been a noticeable progression with the construction since then. Students and staff have taken note of this and are excited to see the effects that the stadium will have on Lynn's community.

"I like it. It will bring a whole new vibe to the school's atmosphere," said Jill Valdivinos, junior. "There should be a lot more school spirit around here because of it."

Bobby Campbell Stadium will be the future home of the men’s and women’s soccer teams and will also house the newly added men’s lacrosse team.

The Fighting Knights lacrosse team will be led into their inaugural season by newly hired head coach Brian Kingsbury. Kingsbury has been tasked with starting a college athletic program from scratch while also living up to the high expectations of Lynn athletics.

"Being the first team means there's pressure on us because we have to live up to those standards that already exist," said Kingsbury. "But I think with my philosophy and ways of going about things we'll get there."

The first year of any college athletic program is vital in the further progression of the team itself and its dynamics. Coach Kingsbury is looking to set a tone this oncoming season that will hopefully stay with the team for years to come.

"Year one is about developing a winning culture," said Kingsbury. "The expectation is to do well in the classroom and everything on the field as well."

Coach Kingsbury and his staff are looking forward to seeing what type of team will be on the field this upcoming season.

During his six-year career with the Fighting Knights, he accumulated an impressive 134 wins to 44 losses. Reeling off of a disappointing 11 win and 16-loss season, the Knights are planning on turning things around this year.

"I am extremely excited to have the opportunity to once again lead the program at Lynn. We have put together what I feel, is a talented group of newcomers that should blend well the returners," said Price.

"Chemistry is always an issue when everything in the program is new and that will certainly be our focus as we move forward. As a group we all look forward to returning a winning culture to Lynn basketball."

A wind of change has passed through Lynn's campus ringing some new views, new faces and some old ones as well. With that wind comes a new sense of pride and a whole lot of possibilities, this school year will surely be one to remember.
On Campus

GETTING INVOLVED THE OSI WAY

The Newest Members of the Office of Student Involvement Reach out to Students

By STEPHEN AMAYA
Staff Writer

This year, Lynn welcomed more than 500 students as well as several new staff and faculty members. Among the fresh faces are the two new coordinators for the office of student involvement, Laurie Schulz and Becca Bender.

Schulz is a transplant from Minnesota graduating from the University of Wisconsin-Eau Claire with a degree in sociology as well as a master's degree from the University of Saint Thomas in student affairs.

Bender is from the state of North Carolina, graduating from Elon University with an undergraduate degree in communication and public relations. She then attended North Carolina State to pursue her master's degree in higher education administration.

Schulz is the Office of Student Involvement's Coordinator for Orientation and Peer Mentorship, which works with students who want to be involved in orientation and training them to help new students get involved on campus.

"Peer Mentors work at orientation as orientation leaders answering all questions that students or parents may have," said Schulz. "Their role continues throughout the year as they attend events that the new students will also attend, acting as the connector for helping students getting involved."

Bender is the Coordinator for Service and Leadership Programs, working with students to develop leadership skills by offering a variety of workshops through the Emerging Leaders Program.

"We have a leadership certificate program on campus for students who are interested in learning about themselves as a leader and how they can apply that to their future careers or anything outside of campus really," said Bender.

Bender also coordinates community service projects for students to engage in such as Alternative Spring Break.

"We have a lot of upcoming events for students to enjoy this semester," said Bender and Schulz. "There's going to possibly be a fall festival and definitely an Alcohol Awareness Week in October. We'll keep the students posted for upcoming events using the white board located in the Office of Student Involvement."
Meggison Receives Prime Time
Paige Meggison Scores her First Career Goal Featured on ESPN’s Top Ten

By Ryan Carmona
Staff Writer

Lynn women’s soccer player, Paige Meggison, scored her first two goals of her career landing on ESPN Sports Center’s Top 10.

The senior scored two out of the three goals in the 3-1 win over Flagler. With 29 minutes on the clock, Meggison added the go-ahead goal to bring the Knights to a 2-0 lead.

In the 52 minutes, Meggison launched the ball, ripping it into the upper shelf of the net giving Lynn a 3-1 cushion over Flagler.

Meggison’s first goal was caught on camera and posted on YouTube, reaching more than a thousand views.

“When I saw Paige’s goal, I was amazed by her great play but would have never thought it would have been seen on ESPN,” said Kirstie Schults, junior teammate.

The women’s soccer team leaked out the video clip to the social media world via Twitter, Facebook, Instagram and YouTube, eventually grabbing ESPN’s attention.

Meggison was at dinner when she first saw the goal posted on Facebook by her coach, Chip Dutchik. Before she knew it, Meggison saw herself on television designated at number seven on Sports Center’s top 10 plays.

“Seeing my teammate and school on TV was such a cool thing to be part of,” said Keeley Shields, sophomore women’s soccer player.

Meggison’s play has also brought positive attention to the women’s soccer team as a whole. With the men’s soccer team receiving all the hype in the past few years, they have set the bar high for other Lynn teams.

“At Lynn, men’s soccer obviously trumps any other sport,” said Jessica Beugen, sophomore. “With their several national championships and their dramatic win last year, the team gets so much attention.”

With Meggison making plays such as these, receiving ESPN’s attention and ensuring a win for her team, she has set even higher standards for Lynn’s athletic program.

The Lynn community should keep their eye out for the women’s soccer team this year.

“We have a lot of talent on the team this year,” said Meggison. “As long as we all stay focused, I really think we can be very successful this season.”

Above: Paige Meggison and the women’s Fighting Knights soccer team rejoicing after Meggison’s first career goal. LU Photos.
On Campus

The Graphic Novels Club focuses on the interest of creative writing, illustration, comics and manga. Graphic Novels is the scholarly word of comic books. Manga are Japanese genre of cartoons, comic books and animated films that have made an impact on pop culture with their diverse stories for all ages. The Graphic Novels Club has a mission to develop and help improve drawers and writers make illustrated stories. This club is not exclusively for drawers and writers, but open to all those who are interested in graphic novels and related topics.

Makoto, Distressed Freshman

My parents are coming to the Parents & Families Weekend!

I do not see what is the problem. They are only here for three days...

Wally, Sophomore

They are planning to show this photo to everyone! Even the President!

At age 2.

At age 14.

I have bigger problems.
RESPECT YOUR MOTHER (EARTH)
Lynn Continues to Promote Going Green Throughout the Community

By JENNIFER MURILLO
Staff Writer

A new school year has started and with it Lynn has also advanced in its goals toward the completion of the 'Go Green' sustainability plan.

This environmental strategy was voted on and approved in 2010 under the supervision of a committee comprised by students, staff, faculty members and city officials. Its sustainability goals are part of the university's master plan, culminating in 2020.

Focus areas of the 'Go Green' plan include energy systems, water systems, landscape and ecology, solid waste management and the implementation of a campus-wide sustainability policy affecting the Lynn community.

Most recently, the cafeteria has furthered its contribution to the plan by making available the purchase of reusable containers, which are sold individually for $5 and along with a mug for $8. These provide an excellent option for people to grab a meal to go, and when dirty they can simply be dropped off at the check-in counter and customers will receive a clean set.

“The new reusable containers are extremely convenient,” affirms Cole Schaffner, sophomore. “I love the fact that I can take the food to my room and hit my homework in silence at the same time. No complaints at all.

During the summertime, Lynn also worked on building the Central Energy Plant that is designed to provide the campus with a new air conditioning system for several years to come while conserving large amounts of energy.

As a product of the completion of this project, it is expected that the new International Business Center and the Bobby Campbell stadium will achieve LEED status, an internationally recognized green building certification system.

TAKING CARE OF LYNN BUSINESS
The new International Business Building Undergoing Construction for Next Year

By JERRY HOFFMAN
Staff Writer

By Aug. of 2014, Lynn's new International Business Center will be complete with brand new technology and top of the line facilities for students and faculty to use.

"Keeping up with technology is critical," said Thomas Kruczek, Dean of the College of International Business. "Every time I talk to business people they seem to assume that students are staying current with technology."

While developing the plan for the new building, the business department created focus groups. These focus groups were used to determine what students did and did not want in the new business center.

One of the features students are most excited about is that the new building will have recording technology so students can practice doing interviews.

"We'll be able to record mock interviews and see how you did," said Kruczek. "We'll be able to work with students to perfect it before they go to the actual interview."

Another aspect of the building's facilities that a lot of people are excited about is a section of classrooms that have retractable walls so to create anything from a small learning experience in a standard classroom to a large classroom that can hold around 100 students for speakers and presentations.

"It's a really exciting time to be involved in the School of Business," said Parker Ganassini, Business major. "Whatever they decide to put in the new building I'm sure will be a benefit to everyone."

A company from New York called "Gensler" will be handling the construction of the building. Gensler does construction projects all over the world and will be making this building with top classifications. This means that not only will it be top of the line structurally but also will be very safe and eco-friendly to support Lynn's "going green" initiative.
Weekly Review

MAKING STRIDES TO SAVE LIVES
Housing and Residence Life Hosts a Breast Cancer Awareness Activity

By LISETTE VILLEGAS
Staff Writer

Not only is the month of October all about Halloween, this month most importantly marks the beginning of breast cancer awareness month.

Breast cancer is a brutal and does not discriminate against anybody. Every year, breast cancer claims the lives of more than 400 men and women.

"A lot of people do not know what October means," said Julio Berrio, freshman.

"October is not all about Halloween, but about sending the message about breast cancer."

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Along with playing games, students received information pamphlets about breast cancer prevention.

Above: Students playing "bra pong". Staff Photos/M. Wertheim.
AFFORDABLE HEALTH CARE ACT
Students Discuss the Condition of the Affordable Care Act in a Hostile Congress

By MICHAEL WILLIAMS
Staff Writer

The United States healthcare system is broken. While U.S. citizens pay more per capita than almost anyone else in any other country, the U.S. does not rank well in terms of health coverage; in fact, we are 46. Now republicans in the house and some in the senate are attempting to block the implementation of the Affordable Care Act, threatening to shut down the government rather than compromise.

There is no doubt that the U.S. needs to do something about its healthcare system. When rated in terms of efficiency, it comes into the global picture just ahead of Serbia and Brazil as well as behind Algeria and Iran. But how can Americans be spending so much and receiving so little?

The answer lies in the greatest flaw possible: our government is not taking care of its people. Right now, the American healthcare system is an almost completely unregulated corporate playground, where large insurance companies dictate the price of healthcare on a case by case basis.

Insurance companies sell health insurance cheap to healthy, young adults but if one is over forty, or worse, have past medical issues, insurance rates will skyrocket and in some cases, health care providers can deny customers.

The problem is that even in a free market one cannot presume that people can effectively negotiate for what they really need. This idea is false at its very core. While the price of an iPad has very little real effect on an individual's life, everyone needs to be healthy if they want to stay alive.

What this means is that the power dynamic between patients and insurance providers is non-existent. All the power lies within the corporations. As consumers of a product Americans literally cannot live without, have nothing with which to bargain or hold the healthcare system accountable. This means citizens are forced to pay whatever amount is asked by corporations.

While the Affordable Care Act (which has been re-branded "Obamacare") is by no means a perfect solution to all the problems Americans face in these murky waters. It is merely a step in the right direction. Without government intervention, the people of the United States simply do not have the power to negotiate on their own behalf. Why then is the congress fighting against it, tooth and nail?

Unfortunately, there is no definite answer to that question. Whether it is a simple childish desire to thwart any productive action by Obama, or whether corporate interests have already dumped enough cash in politicians pockets to make them betray their country, Americans may never know.

What the people do know is that they are not doing it for American citizens. They are doing it for themselves, to further their political careers and to ensure they continue to get fed scraps from the macabre feast where corporations slowly eat our country from the inside out.

Above: Americans protesting for as well as against the implemented Health Care Reform. Stock Photos.
The new iPad Mini Initiative Takes Over Campus one Tablet at a Time

By VERONICA HAGGAR
Staff Writer

This year, Lynn took a step forward into the technological era, introducing the iPad mini to incoming freshmen, as well as transfer and returning students with less than 30 credit hours.

"A lot of the students that we see coming in don't necessarily know how to use this technology in a way to help them learn better," said Christian Boniforti, chief information officer. "That's what we are trying to hopefully give the students a little bit of taste of as well as to challenge our students in that environment."

From paper based to digital format, learning becomes something that students enjoy even more and feel comfortable with. The iPad mini initiative was designed to introduce students to the digital world in a professional yet exciting manner.

"We do believe that these are the types of tools that you are going to need and be comfortable with once you go out and look for a job," said Boniforti.

The tablet includes two basic programs for the students, iBooks and iTunesU. The iBooks application covers all the specific material required for the courses. iTunesU helps the students to organize their notes and keep track of the assignments.

"We all learn differently and we all understand things differently, therefore what's built into the iOS platform is the accessibility," said Boniforti. "It's able to increase the font, it's able to read the text back to you, so it really has that multimodal type of learning environment built into it, which is great. It has a built-in dictionary, it's plugged in to the web for additional research so its tightly integrated we believe."

Textbooks can be expensive and out-of-date, while the faculty can update the iBooks frequently. The program also includes quizzes at the end of the chapters to help the students comprehend the readings.

Lynn faculty were issued an iPad since last December as one of the first steps of the project. Apple educators came to campus to train select faculty on how to use the tablet and the programs properly.

"They did a week-long training once, and they have been here four or five times," said Boniforti. "It's been great working with them. They know about our initiative they are really interested to see how it goes."

The incoming freshmen will be able to keep the device for two years and then bring it back to exchange it for a brand new one. Upon graduation they will be able to keep their tablet.
WELCOME TO THE LYNN TEAM
Lynn Baseball Holds Signing Ceremony for 10-Year-Old Player

By LIZ RAFFA
Managing Editor

Last week the University baseball team watched with smiling faces as their most recent inductee signed his national letter of intent for the Fighting Knights. However, this was no ordinary ceremony.

Ari Cohen is a 10-year-old boy part of the non-profit organization, Team IMPACT. The nationally recognized group works to partner children that have life threatening illnesses with athletic teams across the country, in hopes to enhance not only the lives of the children, but also the players who connect with them.

For the past few weeks, Cohen has been taking part in several baseball practices to interact with coaches and players. Although his genetic chromosomal disorder keeps him from verbalizing the enjoyment he feels from participating, the joy emanating from this little boy can be seen purely from watching him frolic in the outfield, bat with the players and high-five his new teammates.

"I think this has really helped him experience some things he has never been able to experience before," said Lynn baseball Head Coach, Rudy Garbalosa.

Lynn is the first university in Florida to partner with Team IMPACT and takes its place amongst a myriad of schools that have participated in the organization’s program. The experience of working with Cohen has been invaluable both athletically and intangibly.

"A lot of times we get boxed in thinking that baseball is really what life’s all about," said Garbalosa. "This is wonderful because it makes us realize that really it’s all about love, giving and relationships."

True to its namesake, the organization has offered children like Cohen and athletic teams the opportunity to be impacted in ways no other program could have.

"He really shows us not to take what we love for granted," said Junior T.J. Sullivan. "Just [Cohen] coming out here and loving every minute of it makes us realize that we’re lucky to be out here."

"It definitely gives us a different perspective on life in general," said Senior Sal Giardina. "He has a disability

(Continued on page 2)
but he's still out here, showing how awesome it is to be out on the field and how happy he is."

Having the chance to escape his everyday world of medical hassles and physical therapy is both emotionally and physically rewarding for the young athlete. Cohen's practice with the team allows for him to make impressive strides in motor skills and therapeutic physical movement, a benefit he would otherwise miss out on by simply visiting doctors.

"The stuff that he needs he can't always do in physical therapy," said Sullivan. "When he comes out here, he exceeds expectations so it's really good that we're helping him as much as he's helping us."

Cohen may be the youngest draft to ever be signed onto the LU baseball team, however, he is without a doubt the most powerful positive influence on the team to date.

For more information on Team IMPACT, visit their website, www.goteamimpact.org. To follow news on the Lynn Fighting Knights' baseball team, visit lynnfightingknights.com.

LYNN UNIVERSITY'S VERY OWN GLEE
Various Talented Students Participate in the Knight's Choir Debut

By JENNIFER MURILLO
Staff Writer

The Lynn choir is back this month, and encourages students to join in on the activities by stopping by and singing away without even an audition.

"Everyone's invited, no matter what level of singing they're at," said Terence McCorry, director of Spiritual and Religious Life. "The most important thing is that students have the opportunity to come together, build a sense of community and have fun without any pressures."

14 students with a diverse set of musical interests attended the first choir session recently, getting an opportunity to introduce themselves to the group. Since no previous experience was required, even beginners were welcome to attend.

"My friends told me about this opportunity," said Alejandra Alcalde, sophomore. "I figured why not? And decided to give it a shot."

Within the first few minutes of the initial meeting, Rosemary Stone, Music Director at Saint Jude's Church in Boca Raton, allowed students to get acquainted with each other. Past introductions, the "Hallelujah" was sung, along with other modern musical pieces suggested by the group, such as "Don't Stop Believing" by the American rock band Journey. The session culminated with conservatory student Stephen Seto playing the piano while the rest of the room accompanied the melody with vocals.

"I think that as soon as they develop into something, which they seem to be doing on their own already, they could be in demand," assured Stone. "Hopefully, they could be singing in lots of events that go on at the campus."

For those who are interested in signing up for the choir, there are still openings available. Simply contact Terence McCorry in Spiritual and Religious Life for further information.

Above: The members of the Lynn choir. Staff Photos /J. Murillo.
CANDLE-LIT YOGA FOR STUDENTS
Lynn Residents Enjoy Relaxing Aerobics Just in Time for Midterms

By ALACIA HOLT
Staff Writer

Students relaxed amongst candle light and enjoyed yoga class outside on the Trinity lawn Thursday, Oct. 3. Live music accompanied a yoga instructor who guided students through various poses and meditation.
To view the iPulse online, visit www.lynnipulse.org
WHEELCHAIRS HIT THE COURT
Disability Awareness Month Kicks Off With the Wheels to the net Competition

By ALACIA HOLT
Photographer

To kick off Disability Awareness Month, students and faculty gathered in the gym for wheelchair basketball. Teams of students and staff in wheelchairs played against one another for trophies on Oct. 4.
THE FACE BEHIND LYNN LACROSSE
The Fighting Knights get Prepared for Their First Ever Season This Spring

By MORGAN GOLDSTEIN
Staff Writer

Many recognize that last year was a historic year for Lynn due to major campus events ranging from hosting the presidential debate to celebrating 50 years as an institution. However, the athletics department saved one first for the 2013-2014 school year: lacrosse.

Lacrosse marks Lynn’s fourteenth sport in the Sunshine State Conference and the university’s first contact sport. In addition, the newest Fighting Knights will play in Bobby Campbell Stadium, which is set to open for the 2014 season.

“There are a lot of first this year and a lot of records we’re breaking,” said Brian Kingsbury, head lacrosse coach in describing the inaugural lacrosse season.

Under the direction of Kingsbury, the Blue and White have embraced various uncertainties and difficulties that accompany first-year program and are looking forward to taking the field in March.

“I’m excited about the playtime opportunities compared to other schools I was recruited for,” said Brian Kiel, freshman. “My expectation is that if we are working hard we will make it far in whatever we do.”

Kevin Hartley, junior, is not as daunted as most by the challenge of playing for a new lacrosse program.

“Coming from my last school, which was also a first year program, I know what it takes to start something and see it through and make it into something special,” said Hartley. “I’m looking forward to starting something special here.”

Due to his experience with previous first-year lacrosse programs, Hartley feels like he is a natural leader for the team, but acknowledges different difficulties that are coupled with inaugural programs.

“It puts a lot of pressure on our team,” said Hartley. “We have kids coming from set programs with history and background and coming to Lynn its all unknown. It puts pressure on people to produce in a positive way.”

Support the Fighting Knights during their home opener scheduled March 29 against SSC rival Saint Leo. For more information about the lacrosse team or other Lynn teams, visit lynnfighting-knights.com.

Above: The man behind the lacrosse team, Brian Kingsbury, gets ready for their first season. LU photos.
A NEW WAY TO ADVERTISE AT LYNN
Students and Faculty Start an Advertising and Marketing Club on Campus

By VERONICA HAGGAR
Staff Writer

Mickyle De Las, sophomore, started looking for ways to promote and advertise school events and other clubs. At the beginning of the semester, De Las came up with the idea of founding an advertising and marketing club, and turned his idea into a reality.

“I realized there were a lot of activities on campus that nobody knew about,” said De Las. “So I thought why don’t I create something that could connect activities on campus and school body? We could be the chain getting people active and involved on campus.”

On Oct. 1, the advertising club named multi marketing advertising promotions, mmap, had the first meeting in which the president of the club, De Las, explained the mission.

“The job of the club is to advertise for different clubs, and to get the school body to know about everything happening on campus,” explained De Las, president of the club.

The club has the support of many advisors and professors. Professor Erika Grodzki, along with Professor Gary Carlin, both involved in the advertising and public relations field, are offering their knowledge and creative ideas to the club, leading them toward the right path to become a successful organization.

The executive board of the club consists of three main officers. The president, De Las overlooks all the work, leading and assisting all the members. The Chief Marketing Officer, Hauwa Indimi, is responsible for developing and maintaining the website, making connections with other clubs, and organizing events. The Chief Advertising Officer, Veronica Haggar, assists the president and is responsible for the ads, promotions and announcements of the club.

“I’m in charge of getting the word out, mostly contacting other clubs and letting people know what is going on,” said Indimi, freshman.

The club is just getting started, and students are welcome to join this big project that will help to get students aware of ongoing events and activities. For now, mmap will focus on advertisements only about the Lynn community but later on, as the organization grows, it will also work along with the Boca community.

“Over time, once we establish our position on campus, we will expand off campus but it is going to take time,” said De Las. “Right now we are trying to build the base of this mansion.”

The members of the club have been contributing with creative advertisement ideas for future projects, and are ready to put their hand to work.

If students are interested in joining the club, contact De Las at mmap.organization@yahoo.com.

Above: The professors behind the new marketing club. Staff Photo/ V. Haggar.
Oren Asks?
What is your favorite genre?
By OREN SAUERHAFT
Staff Writer
Thriller, romantic comedies and dramas are just some of the many
genres of films that students at Lynn
University enjoy.
iPulse set out to ask David Pritzlaff about some of his favorites.
Pritzlaff, sophomore, appreciates thrillers, comedies and action
movies. iPulse wants to know, what’s your favorite genre?
Above: The creepy characters of Enigma Haunt prepare themselves with make up to scare students for Halloween. Staff Photos/ D.Brey.

By MISSY MONTGOMERY Editorial Assistant

If traveling to Orlando to attend the infamous Halloween Horror Nights does not appeal to students, they should not look further than right here because one can be exposed to the screams and frights in Boca.

Enigma Haunt is a family owned and operated haunt that is committed to providing nothing but terror for 17 nights and five weekends in October. Owners Billy and Karen Groeneveld expanded the haunt after hosting homemade haunted houses in their backyard for several years.

"About 14 years ago it all began with our love for Halloween and decorations," said Jessica Douds, actor coordinator.

"Three years ago we had over 500 in our house and then we decided it was time to expand."

The haunt is now over 13,000 square feet and is divided into 15 different rooms and dimensions that are terrifying to all the senses. The haunt is led by a young girl named Amara who is trapped between the dimensions and silently leads groups through the haunt. The groups travel at their own pace as they are led through claustrophobic chambers, hospitals, asylums and even a witchcraft room.

Each room is terrifyingly vivid in every aspect. The groups are exposed to blood and gore, but the smells that evade the senses causes more fear compared to the unknown. The different dimensions offer a direct smell that suggests more terror awaits as actors are more than ready to jump out from the darkness and inflict fear. The 40 plus actors are trained months prior to the fright nights of October.

"We start looking for actors in July and by September our actor training begins," said Douds. "We strive to our actors how important it is to always stay in character in and outside of the house."

The Enigma Haunt is the best way to experience the thrill for fear during the Halloween season and does not disappoint. The night of terror is worth the $20 entry fee for the haunt takes about thirty minutes to complete and one will surely be exposed to scary dimensions that will elicit screams. Enigma is also donating a portion of the proceeds to The Wounded Warrior Project.

"We are hoping to be the biggest and scariest attraction in South Florida," said Douds.

Located at 21069 S Military Trail across from the Shops at Boca Center, Enigma Haunt is a convenient way to experience a haunted house so surreal. Tomorrow, Enigma Haunt will benefit Lynn students with a special discount of 30 percent off. Students must show their student identification cards at the door to received the discount. The haunted house will be open until Halloween. For more information call 855-99-HAUNT or log onto www.ENIGMAHAUNT.com.
Photo's from Enigma Haunt's behind the scenes walk through of the haunted house and its characters. Students will be able to receive a discount tomorrow for the spooky experience.
GETTING ALL MIXED UP AT LYNN
National Cooking Show Heats up the Lynn Kitchen with the Help of NBS

By EUGENIA PEREZ
Staff Writer

This month, the All Mixed Up national cooking competition cooked its way into Lynn's culinary kitchens.

Renowned chef and host of the television show, Ralph Pagano, brought the series to Lynn to record a few episodes for his rigorous competition. During the competition three chefs compete against one another as Pagano explains the different challenges of every course. The three courses challenges consist of an appetizer, entrée and dessert. Each chef must use simple ingredients as well as America's more popular brands to create their own, unique dishes in 30 minutes.

With different challenges being thrown at them throughout the competition, the chefs cook to impress three judges. The number of stars they receive from the judges ranks each dish the chefs create from first to third.

Getting in on all the action, National Broadcasting Society students were able to work as production assistants during the shooting of the show that airs on Lifetime.

"It was a great experience to be able to work for a national televised cooking show and to see the chefs create their food and having the opportunity to eat some of the food after," said Esha Parikh, senior.

The students had a blast working behind the scenes as they were able to experience how an actual television set works giving students a chance to connect with the crew, director and the cast.

"As an NBS member it was a learning experience as well as a way to help us in our careers in the future," said Parikh.

With the show coming to an end, the judges announced the all-star chef and winner of the competition. Chef Emman Eugenio, was raised in the Philippines and incorporated food into his life through his family ever since he was a child. With his passion in Asian cuisines, Eugenio won the competition through his authentic dishes.

"Congratulations to Chef Emman Eugenio for doing an excellent job, what a well deserved win," said Parikh.

The show was an amazing experience for NBS members as well as faculty participating in this great event.

Above: Behind the scenes of All Mixed Up. Staff Photos/ E. Perez.
Emergency, Last Minute Tips and Tricks for Every day and Any Occasion

By CLAIRISSA MYATT
Staff Writer

On the morning of an important interview, big date or even just going to class, one may wake up to find the mascara tube empty, or concealer gone. Sometimes, female students run into these dilemmas seeing how they are unable to run to the store every day or minute to purchase fresh, new make up. However, here are some tips on how to get through the day worry free and flawless.

Eye shadow will become one’s best friend when one runs out of eyeliner. Use the tip of an eye shadow brush and dip it in the darkest shade of eye shadow available. Fear not, this will have the same, if not more of a smoldering and effective look.

Mascara can be a lifesaver when one’s eyebrow pencil is down to a useless stub. Sweep a single coat of mascara onto one’s eyebrows and use a spoolie brush to comb it out and help blend. Even if one’s eyebrow pencil is still full, this is a great tip for those busy mornings on the go.

Although mascara is one of the best multiuse beauty tools, it can also run out. Run petroleum jelly along your lashes, and put a dab on your index finger placing it just below your lower lashes and blink a few times. This will help your lashes be nice and perky. A foolproof trick to trick anyone into thinking one had a good nights sleep despite the all-nighter that was just pulled.

Another old trick in the book is to pinch those cheeks until they are pink for when one runs out of blush. If that is not one’s style, a sheer layer of lipstick will suffice.

Despite living in South Florida, sometimes laying out by the pool or beach just does not fit into the schedule. When one runs out of bronzer, just apply a little bit of matte brown eye shadow. Otherwise, one could also apply a touch of blush to the tops of one’s cheeks for a fresh sun kissed look.

Despite the fact that women take proper care of their skin; meaning removing makeup every night no matter how late one comes home and never skipping on moisturizing, sometimes skin just does not cooperate. Furthermore, running out of concealer on days when one’s skin is being a pain can be a nightmare. When this happens, double up on foundation, but only on blemish spots. Also play up one’s other great features like those eyes and lips to distract people from anything not wanted to be seen.

Remember, the flaws one sees in the mirror are more noticeable to one’s self, not to others, so do not worry.
JUST KEEP SWIMMING

By JOSHUWA DEAL
Staff Writer

Oct. 12 was another date of accomplishment for Lynn. This marks the first day that a swim meet was held at Lynn, where it competed against Sunshine State Conference rivals St. Leo and Florida Tech.

Before the meet began, students and faculty were treated to free pizza and sunglasses as they waiting for the Fighting Knights to hit the pool.

While most of the student and faculty had not witnessed a swim meet before, it did not prevent the fans from coming out to show their support for this historical event.

"It was really exciting to see all of the girls swim for the first time on campus," said Ruth Augustin, junior.

"Even though I was not sure what was going on all the time, it was still a lot of fun to support everyone."

The crowd cheered and remained spirited as the swimmers faced off and adrenaline was high at the McCusker Pool Complex.

"It’s amazing," said Pavle Raickovic, sophomore. "I liked the event; a lot of people, good atmosphere and talented athletes."

For Lynn’s first swim (Continued on Page 2)
(Continued from Page 1) meet, the Fighting Knight swimmers claimed seven first place and two second place finishes, which helped the Fighting Knights beat St. Leo. However the swimmers fell short to Florida Tech. The team will compete against Tampa University on Nov. 1.

Above: Students support Lynn swimmers as the team participates for their first swim meet. Staff Photos/M. Wertheim.
MAKE YOUR SALAD CREATIONS
The Vegan Friendly, Gluten Free, Salad Shop With a Fresh Meal

By EMILY ROBINSON
Staff Writer

Salad Creations is a vegan-friendly, gluten free salad shop that allows one to create their own specialized salad or wrap located in the Town Center.

Salad Creations was invented to meet the needs of customers who desire a fresh and delicious meal. It is a great alternative to fast food since not only is it healthy but it is very personalized and one will always feel welcomed.

When one walks into Salad Creations, they are greeted by a smiling staff and a reassurance that they made the right choice of where to eat.

"I love going to Salad Creations because I always feel like the staff wants me there and I made the right healthy choice," said Casey Brown, junior.

The small salad shop offers exceptional quality, value and a great discount to those who join the "Belly" membership. If one joins the "Belly" team, one will acquire a card that they will swipe whenever at salad creations. They will be able to view the amount of points they have earned and be able to receive free healthy snacks, fountain drinks, and eventually a free salad or wrap of their own creation.

"With Belly, I'm always racking up points and receiving free fountain drinks; the other week I even got a free wrap," said Devin Green, junior.

Above: Some of the different toppings. Staff Photo/E. Robinson.

NEW STUDENTS TRY NEW MAJORS
Freshman Savannah Maier Takes on one of Lynn's new Majors

By CLAIRISSA MYATT
Staff Writer

This year, Lynn has added many new majors to the academic curriculum, one of those being forensic science. Savannah Maier, a freshman from Texas, is one student who is accepting the challenge of studying the exciting, new major.

For those who are unaware, forensic science uses scientific knowledge or methods to solve criminal cases. At times, this career can get quite complicated.

"I like how it's like a puzzle. When I say a puzzle, what I mean is that you have to put together the pieces of how people died and what happened to them," said Maier.

Maier's interest in this field first occurred while on a visit to another school.

"I listened to someone talk about it, and I started finding that it was the direction that I wanted to go," said Maier.

Although it was another school that got Maier interested in this field, it was Lynn where she ultimately decided to attend.

"The opportunities that Lynn presented through criminal justice as well as new ones that are up and coming for forensics is why I chose to go here," said Maier.

When looking into the forensic science field deeper, Maier found that the criminal justice aspect along with science investigating is what really made her interested in the program. Popular television shows also helped Maier's interest in forensic science.

"TV shows like CSI Miami and Bones are so interesting to me," said Maier.

There are many different careers inside the field of forensic science. Although Maier is still skeptical of where she wants to go with this major, this freshman has one unique dream.

"In the future, being in the CIA would be my number one choice," said Maier.

In Maier's spare time, one can find her at the library studying with a criminology book in hand. One can also find Maier at the McCusker Pool Complex, as she is also a member of the women's swimming team.

"Another reason I chose Lynn was for the balance of academics and swimming," said Maier.

Maier shows great ambition with a greater future here at Lynn as well as in her future career in forensic science.
Miley Cyrus Tries to get the 'Best of Both Worlds' by 'Twerking' it up

By JOSHUWA DEAL
Staff Writer

Miley Cyrus' VMA (Video Music Award) performance has not only inspired many of her former fans to renounce their Cyrus allegiance, but has also caused viewers who are not original fans of Cyrus to become increasingly interested with her new career image.

Seemingly after her VMA performance, a constant thread of controversy has reached the masses to the point where ostensibly everyone has an opinion that ranges from support, to disgust.

The main question being asked is whether Miley's new found image is an acceptable and strategic career move and not really genuine. Perhaps her risky persona is a statement about society's acceptability of immoral behavior, glorified throughout her new music. Cyrus’ songs "Can't Stop" and "23" (which she features with rap artists Wiz Khalifa and Juicy J) both glorify a hedonistic lifestyle which many young adults may seek or emulate.

However, if one observes most of the famed mainstream musicians in the modern pop and hip-hop genre, one will discover that most, if not all, perform lyrics which glorify a selfish self-destructive lifestyle, while their music videos also depict the same behaviors.

"If she [Cyrus] wants to be seen as an adult then she must dress like one. I believe her phase is a distraction from her talent and not a professional career transition. She's not acting like an adult but a kid," said Alcalde.

Whether one believes Cyrus' transition will help her career to become more permanent or whether this is a slow trek toward the end only time will reveal her fate. Cyrus' new album Bangerz may become her career's life line or the end game for her. Either way, the nation is giving Cyrus the attention she so desperately sought after.
By KASEY MANN
Staff Writer

The Tri Sigma sorority sisters will be sporting pink bright and early tomorrow in Mizner Park where their team will participate in the annual Making Strides against Breast Cancer walk which begins at 8:30 a.m.

October is national breast cancer awareness month and the opportunities to join the fight are endless. The cause is dear to the heart of some sorority members who have known people in battle with the disease, but they would continue to show support regardless.

“Our sorority has been participating in the walk for at least four years now,” said Shannon Bates, senior. “I think it’s a great way to support the community and raise awareness as well as money for cancer research and come together as a whole.”

One person can play a small role in the success of a big movement. Support the fight against breast cancer this month by wearing pink or simply joining the sorority at the cancer walk. “We would love people to come out and walk with us,” said Bates.

There are many campaigns that encourage people to get involved. The “Save the Ta-Ta’s” campaign has been successful in capturing the attention of many people who are not directly affected by breast cancer. Ultimately the goal is saving lives, not breasts.

The American Cancer So-

(Continued on page 2)
(Continued from page 1)

The American Cancer Society states that there are currently more than 2.8 million breast cancer survivors in the United States. The more people who choose to fight for the cause, the more that number is likely to increase. Everyone is encouraged to join the fight for the cure. "I think registering for the Making Strides against Breast Cancer walk is a great way to start," said Bates. "Students can also donate through the Making Strides website or simply just research a bit to better understand the fight."

Anyone suffering from this deadly disease may be somebody's mother, grandmother, daughter, sister or wife; students can help save their lives.

Find out how to support this cause at www.makingstrideswalk.org.

Above: The Tri Sigma sisters participating in last year's breast cancer walk. Stock Photos.
KAIAN’S PASSION FOR BASEBALL
New Talent on the Baseball Team

By RYAN CARMONA
Staff Writer

Lynn’s baseball team’s new talented recruit, Tom Kain, continues to follow his passion of baseball, breaking records in hopes of continuing to do so at Lynn.

Freshman year, Kain broke records with 104 hits at Gloucester Junior College in New York, the first time in junior college history.

“Breaking that record felt amazing,” said Kain. “Especially after losing the World Series the year before. It showed me what perseverance can do for you. I didn’t give up. I kept pushing and it paid off.”

Kain was offered a full ride athletic scholarship to Lynn. He is a very talented player who has become a leader on Lynn’s field. His passion for baseball is profound and it can be seen at practice every day.

“Kain is a great guy,” said Alex Freedman, senior. “He always works his butt off and is inspiring the rest of the team.”

Kain has always lived and breathed baseball. His father, Mark Kain, played professionally for the Houston Astros and the Anaheim Angels. His father inspired him and drove him to be better.

“My dad is my hero. I always work as hard as I can to try to be where he was when he was my age,” said Kain.

Every night for the past three years, Kain calls his dad to discuss practice that day.

“He gives me good input, a good perspective. I’m lucky I have someone to talk to that knows what it’s like trying to go where I’m trying to go,” said Kain.

In coming to Lynn, Kain is excited to continue his journey. His dream is to play professionally and this is a stepping stone to accomplishing that.

“Everyone respects Kain,” said Donovan Christmen, sophomore. “He’s a transfer, but already everyone looks up to him.”

Above: Kain at Gloucester Junior College. Stock Photo.

THAT’S WHAT SHE SAID
My Fascination With the TV Show Catfish

By KASEY MANN
Staff Writer

Online dating was introduced as a tool for those who worked too much or lacked in social skills to find love, because ultimately that is what everyone seeks. Now we can add “catfish” to the dictionary, alongside “twerking.” The catfish I’m referring to is not something you catch in a lake, fry up and call hush puppies.

If you have seen the show on MTV, I would be surprised if you did not share my fascination. If you haven’t seen the show, please do. It is simply genius; it exposes a world of online dating that blows my mind.

People connect online and use the computer as their only tool of communication for years, without ever meeting. They swear they are in love and could not live without one another, but I repeat, they have never met. This show brings it all to light and encourages the two to meet face to face.

Just wait, it gets better. I find myself feeling bad for these people when they meet and suddenly the “love of their life” turns out to be a complete scam artist. That person is the catfish.

I thought my friend was joking when she told me and our closest pals that she had met a guy online. All jokes were over when she invited him to meet her while we were all out one night. I had seen the pictures of this guy and could not wait for a completely different person to walk up to our table so I could yell “CATFISH!”

Well, he walked in and our jaws dropped (one girl spit out her drink, literally). He looked exactly like the pictures; we were shocked. Then he pulled up a seat so we could experience a new level of awkwardness.

Ultimately he turned out to be a creep and they never spoke again. I think it is safe to say my friend should continue to find love the old fashioned way: through arranged marriage.

Remember there are plenty of fish in the sea, but you never want to hook a catfish.

Kasey Mann is a senior majoring in Advertising and Public Relations. This column does not represent the opinions of the iPulse, but her personal thoughts and views.
Student Life

THE HALLOWEEN SWEET-TOOTH
Lynn Knights Discuss Their All Time Favorite Halloween Candy

By ZARA APPLESTEIN
Staff Writer

Halloween is just around the corner and students could not be more excited for what is one of the most anticipated days of the year. iPulse went out on the street to ask students what their favorite Halloween candy is and why.

"It's a tie between Twix and cookies and cream Hersey bar," said Myriam Rofrano, junior. "I only eat them around Halloween."

Many students agreed with Rofrano's taste.

"Cookies and cream, is my favorite," said Anya Martin, senior.

"I would have to say my favorite Halloween candy would have to be Snickers," said Victoria Grantelli, sophomore. "It's just so delicious."

Halloween candy has been an iconic tradition that many trick-or-treaters look forward to.

Students have been voicing their excitement all over campus, especially for the candy.

"I like candy corn," said Ashley Cacicedo, senior. "Halloween is the only time of the year its available."

Along with the topic of candy corn another student had to add his sweet sense.

"Candy corn is by far my favorite," said David Gans, senior. "It just brings back childhood memories."

Many expert trick-or-treaters look forward to the end of the night when all the candy is dumped out and traded amongst friends. Normally the candy that is left over no one likes, however, Trey Hall, sophomore, always takes them.

"Whoppers, because they were always the candy that none of friends liked and it was an easy trade."

Halloween candy that is only manufactured for this time of the year is preferred by many students.

"Reese pumpkins," said Kevin Studer, sophomore. "Reeses always taste better in different shapes."

Halloween is known to arrive fast and leave quickly so students should rush to the stores, get their sugar fix and enjoy the fall season while it is here.

Above: Myriam Rofrano.

Above: Anya Martin.

Above: Victoria Grantelli.

Above: Ashley Cacicedo.

Above: Trey Hall.

Above: Kevin Studer.
MORE THAN MEETS ONE’S EYE
Fighting Knight Soccer Player who has the Eye For the Perfect Photograph

By JESSICA BEUGEN
Staff Writer

From a young age Isaac Hamui has been a passionate young man. Soccer was his first passion while photography closely followed. His father inspired him to take up photography and surprisingly he fell in love with it.

When Isaac was 11-years-old, his father bought him a low-resolution camera and together they traveled and documented stunning landscapes.

"I realized I had a hidden talent," said Hamui. "I was getting creative with pictures without taking any courses."

Hamui’s father decided to enroll in some courses to learn more about photography so that he could teach his son the ropes. Together they traveled and Hamui found interest in nature, wildlife and landscapes.

Many photos taken are no doubt incredible. His Facebook page alone has almost 189,000 followers.

“We have done many expositions in the most important malls in Mexico where thousands of people visit. We advertise on our page and a lot of family and people I know support it. Please like our page Binah Photography.”

It is obvious that many people do “like” Binah photography. The commercial malls in Mexico sell Binah pictures in addition to their already popular annual calendar featuring pictures of nature, animals and wildlife.

“I mostly like taking pictures of animals because it is more of a challenge. It requires a lot of patience,” said Hamui.

Whether he is on or off the field, Hamui loves a challenge. Last year, the soccer team won the NCAA DII mens national championship, and being a part of that team has pushed him to be a better player. “Soccer is my first passion by far.”

Many people know Hamui as a soccer player, but there is more to him than meets the eye. He is a talented photographer and a talented player. If one is passionate about photography, make sure to visit Hamui’s Facebook page.

On Campus

TOP FIVE VACATION SPOTS
Student’s Favorite Vacation Destinations

By KRISTINE SANTIAGO
Staff Writer

As the end of the year starts to creep in, students can agree that it has been a very fun and exciting year, but one of the most interesting things during this year were students’ traveling destinations.

Lynn students traveled all over the world, from the most cultural destinations to the most exotic and tropical places. Students ranked their five favorite vacation destinations for 2013.

The number one destination is Amelia Island located off the coast of Florida’s northeast shore. Surrounded by 13 miles of beaches, people from all over visit to enjoy sailing, kayaking, snorkeling and a nice sunset walk in Fernandina beach. Many families visit this beautiful island during the summer to escape the noise and have a relaxed weekend.

Spot number two is Punta Cana located in the Dominican Republic. For those who want to have fun in the sun this is the place to be. There are amazing beach-front hotels where people can relax and tan under the bright sun and can enjoy fine dining and club dancing at night.

The Bahamas takes over spot number three. Atlantis Paradise Island is the place to visit during the summertime. Its eleven water slides, relaxing pools, beautiful beaches and open-air marine habitat is what makes people from all over the world want to visit and enjoy this marvelous place.

Spot number four is for San Juan, Puerto Rico. On this beautiful tropical island many come and enjoy its beautiful beaches, fine dining and fun night life. It is full of fun things to do like surfing, jet-skiing, shopping and dance clubs.

Last at number five there is London, England. Here people from all over the world come and enjoy its historical attractions, theatre, shopping and fine dining. Next week iPulse will highlight an additional top five travel spots.

Above: Students favorite vacation spots. Stock Photos.

LUGARES PARA VACACIONAR
Lugares preferidos para vacacionar

Por KRISTINE SANTIAGO
Escritora de planta

El año está llegando a su fin y los estudiantes no pueden negar que fue uno lleno de mucha diversión. Una de las cosas más interesantes de este año fueron los lugares visitados por algunos estudiantes. Desde los destinos más tropicales hasta los más históricos los estudiantes viajaron largas horas para explorar estos lugares maravillosos.

En el puesto número uno se encuentra Amelia Island, localizada en la costa noreste de Florida. Al estar rodeada por 13 millas de playa atrae a personas aventureras ya que pueden montar kayaks, navegar en botes, bucear y disfrutar del atardecer en la playa Fernandina. Es un buen lugar para relajarse y escapar el ruido de la ciudad.

En el número dos esta Punta Cana, localizado en la República Dominicana. Si quieres divertirte bajo el sol, este destino es ideal. Miles de personas visitan esta isla para relajarse en sus hermosas playas, disfrutar de delicosa comida caribeña y gozar la vida nocturna.

Las Bahamas se encuentran en el tercer puesto. Atlantis Paradise Island es el lugar perfecto para visitar con la familia durante el verano. Todo el que visita este lugar disfruta de sus piscinas, hermosas playas y hábitat marina.

En el cuarto lugar está San Juan, Puerto Rico. En esta isla tropical muchos van a disfrutar de sus hermosas playas, deliciosa comida y todas las atracciones que hay para gozar durante la noche.

En la posición número cinco está Londres, Inglaterra. Personas de todas partes del mundo van a disfrutar de sus atracciones históricas, famosas obras de teatro, tiendas e incomparable gastronomía. Hay algo diferente para ver y disfrutar todos los días. La próxima semana cubriremos otros cinco destinos.

Arriba: Los destinos preferidos para los estudiantes. Fotos de archivos.
A SAFE RIDE WITH SHUTTLE DUDES
Lynn Alum Ronald Prassas' Company, Shuttle Dudes, Provides Students Safe Rides

By JOEY ARGENZIANO
Contributing Writer

There is finally a convenient and safe way to travel to destinations such as restaurants, bars and nightclubs located in Deerfield Beach to Boynton Beach. Ronald Prassas, Lynn alumus, is the founder of Shuttle Dudes, a shuttle service company.

Prassas, is originally from Philadelphia and moved to Florida in 2008 to study hospitality at Lynn. One evening after drinking and socializing with friends, Prassas decided to take a cab home instead of going in his friend's car. That evening his friends were in a car accident. Fortunately, no one was injured however it was a life learning experience and Prassas' inspiration to start Shuttle Dudes.

Prassas is a member of the Delray Beach of Commerce and partners with community bars, restaurants and entertainment venues offerings his shuttle service to in hopes to eradicate impaired driving. What makes Shuttle Dudes unique is that their drivers will not only pick customers up, but also their cars.

Prassas sees his service of value to college students in the area. They do not have to worry about getting back home after a night of drinking or leaving their car in a parking lot overnight. This service also puts parents minds at ease knowing their son or daughter is acting responsibly. The company's mission is to help remedy the ongoing issue of drinking and driving.

Customers must make reservations online or by texting or calling (561) 400-0467. After that, students will receive an e-mail confirmation for the reservation. The drivers will call 30 minutes prior to pick up.

With Shuttles Dudes, students can enjoy a guaranteed safe ride home at a great price. The local shuttle will be $20 for the first 5 miles. After that, there will be a $2 charge for each additional mile. Services in other areas within the South Florida region can be arranged using the hourly Personal Driver.

Shuttle Dudes is having a few promotional events. Today is the grand opening event in Delray. The company will start business tomorrow. Shuttle Dudes is going to make a great difference in keeping people safe on the roads. To get more information, call (561) 400-0467 or email ShuttleDudes@gmail.com. Also check out their website www.shuttledudes.com.
Moview Review

BEST SCI-FI MOVIE OF THE SEASON
One of the Best Films of the Season That Will Keep Audiences on Their Toes

By VICTOR LAZNIK
Staff Writer

Elysium is a science fiction film that tells the story of a man named Max (Matt Damon) who lives on planet Earth in the year 2154. Due to overpopulation and lack of resources the wealthy fled from Earth to an outer space colony called Elysium. Only the poor live on Earth under harsh conditions. They are monitored by cruel robots and have a poor health system. Meanwhile, the wealthy live luxurious lifestyles on Elysium.

One day, Max is working when a horrible accident occurs and he is diagnosed with only five days to live. The only way to save his life is by immigrating into Elysium to become cured. In Elysium, every home has a booth called Med-Bays that cure every mental and physical injury or disease. The bad news is that Secretary of Defense Jessica Delacourt (Jodie Foster) does not allow anyone from Earth into Elysium. Delacourt is merciless and does not care if she has to kill every person from Earth who tries to immigrate into Elysium. She even has an undercover agent living on Earth, Kruger (Sharlto Copley), who is in charge of shooting every space shuttle that tries to reach Elysium.

Delacourt is hungry for power and strategizes a plan to take over Elysium's central computer system. By doing so she could name herself as the President of Elysium. Meanwhile Max is working with his friend Julio (Diego Luna) as they request help from a smuggler named Spider (Wagner Moura). Spider agrees to help him only if he helps him steal financial information from Carlyle. Little does Max know that Carlyle has the key to bringing back power and equality to the people on Earth.

Above: Clips from Elysium, Stock Photos.
WELCOME TO THE LYNN TEAM
Lynn Baseball Holds Signing Ceremony for 10-Year-Old Player

By LIZ RAFFA
Managing Editor

Last week the University baseball team watched with smiling faces as their most recent inductee signed his national letter of intent for the Fighting Knights. However, this was no ordinary ceremony.

Ari Cohen is a 10-year-old boy part of the non-profit organization, Team IMPACT. The nationally recognized group works to partner children that have life threatening illnesses with athletic teams across the country, in hopes to enhance not only the lives of the children, but also the players who connect with them.

For the past few weeks, Cohen has been taking part in several baseball practices to interact with coaches and players. Although his genetic chromosomal disorder keeps him from verbalizing the enjoyment he feels from participating, the joy emanating from this little boy can be seen purely from watching him frolic in the outfield, bat with the players and high-five his new teammates.

"I think this has really helped him experience some things he has never been able to experience before," said Lynn baseball Head Coach, Rudy Garbalosa.

Lynn is the first university in Florida to partner with Team IMPACT and takes its place amongst a myriad of schools that have participated in the organization's program. The experience of working with Cohen has been invaluable both athletically and intangibly.

"A lot of times we get boxed in thinking that baseball is really what life's all about," said Garbalosa. "This is wonderful because it makes us realize that really it's all about life, love, giving and relationships."

True to its namesake, the organization has offered children like Cohen and athletic teams the opportunity to be impacted in ways no other program could have.

"He really shows us not to take what we love for granted," said Junior T.J. Sullivan. "Just [Cohen] coming out here and loving every minute of it makes us realize that we're lucky to be out here."

"It definitely gives us a different perspective on life in general," said Senior Sal Giardina. "He has a disability but he's still out here, showing how awesome it is to be out on the field and how happy he is."

Cohen's practice with the team allows for him to make impressive strides in motor skills and therapeutic physical movement, a benefit he would otherwise miss out on by simply visiting doctors.

"The stuff that he needs he can't always do in physical therapy," said Sullivan. "When he comes out here, he exceeds expectations so it's really good that we're helping him as much as he's helping us."

Cohen may be the youngest draft to ever be signed onto the LU baseball team, however, he is without a doubt the most powerful positive influence on the team to date.

For more information on Team IMPACT, visit their website, www.goteamimpact.org. To follow news on the Lynn Fighting Knights' baseball team, visit lynnfightingknights.com.
WHEELCHAIRS HIT THE COURT
Disability Awareness Month Kicks Off With the Wheels to the Net Competition

By ALACIA HOLT
Photographer

To kick off Disability Awareness Month students and faculty gathered in the gym for wheelchair basketball. Teams of students and staff in wheelchairs played one another for trophies on Oct. 4.
Above: The creepy characters of Enigma Haunt prepare themselves with make up to scare students for Halloween. Staff Photos/ D.Brey.

By MISSY MONTGOMERY
Editorial Assistant

If traveling to Orlando to attend the infamous Halloween Horror Nights does not appeal to students, they should not look further than right here because one can be exposed to the screams and frights in Boca.

Enigma Haunt is a family owned and operated haunt that is committed to providing nothing but terror for 17 nights and five weekends in October. Owners Billy and Karen Groeneveld expanded the haunt after hosting homemade haunted houses in their backyard for several years.

"About 14 years ago it all began with our love for Halloween and decorations," said Jessica Douds, actor coordinator.

"Three years ago we had over 500 in our house and then we decided it was time to expand."

The haunt is now over 13,000 square feet and is divided into 15 different rooms and dimensions that are terrifying to all the senses. The haunt is led by a young girl named Amara who is trapped between the dimensions and silently leads groups through the haunt. The groups travel at their own pace as they are led through claustrophobic chambers, hospitals, asylums and even a witchcraft room.

Each room is terrifyingly vivid in every aspect. The groups are exposed to blood and gore, but the smells that evade the senses causes more fear compared to the unknown. The different dimensions offer a direct smell that suggests more terror awaits as actors are more than ready to jump out from the darkness and inflicts fear. The 40 plus actors are trained months prior to the fright nights of October.

"We start looking for actors in July and by September our actor training begins," said Douds. "We strive to our actors how important it is to always stay in character in and outside of the house."

The Enigma Haunt is the best way to experience the thrill for fear during the Halloween season and does not disappoint. The night of terror is worth the $20 entry fee for the haunt takes about thirty minutes to complete and one will surely be exposed to scary dimensions that will elicit screams. Enigma is also donating a portion of the proceeds to The Wounded Warrior Project.

"We are hoping to be the biggest and scariest attraction in South Florida," said Douds.

Located at 21069 S Military Trail across from the Shops at Boca Center, Enigma Haunt is a convenient way to experience a haunted house so surreal. Tomorrow, Enigma Haunt will benefit Lynn students with a special discount of 30 percent off. Students must show their student identification cards at the door to receive the discount. The haunted house will be open until Halloween. For more information call 855-99-HAUNT or log onto www.ENIGMAHAUNT.com.
It is so awkwardly silent in here. I'll tell a joke...

What do you say when someone throws NaCl at you?

An A-SALT! Haha!

I got it!

Please Professor Hubert, not another corny joke...

Professor Hubert

Written by Cindy Supreme

Drawn by Christelle Mehu

To view the iPulse online, visit www.lynnipulse.org
THE NEW KIDS ON THE BLOCK

Lynn Athletics Welcomes Two Fresh Athletes to the Fighting Knights

By CLAIRISSA MYATT
Staff Writer

Everyone knows being a freshman in college can be tough. Add being away from home and a NCAA Division Two student-athlete, and things can get crazy.

Being a freshman athlete can be a challenge both on and off the court and often requires some balance.

Softball player Crystal Cano, knows exactly how that feels.

"It’s a lot different than high school," said Cano. "I have to balance the time management of my education as well as the training schedule of soccer," said Jake Bentwood of the men’s soccer team.

Luckily, behind every great freshman athlete is a great upperclassman support system.

"They make me feel like it’s a mini family," said Bentwood. "They’re very nice to me," said Cano. "They inspire me."

If there is one thing all incoming student-athletes can agree on, it is that the pace of college athletics is faster, and faces stronger opponents than what one may be used to in the past.

"It’s a size difference between high school and college," said Fredinna "Nina" Guillaume, a women’s basketball forward. "In high school I overpowered everybody but here players are overpowering me."

"There is a lot more movement and speed on the ball," said Cano. "I have to work hard on getting use to it."

Aside from adjusting to the court, these athletes have to adapt to the hectic academic schedule. From missing class for games, to balancing schoolwork with practice schedules, it can all be overwhelming.

Luckily, the Fighting Knights provide student-athletes with as much help as they can by offering study hall, tutoring and even the new iPad initiative.

"The iPad makes it really easy to catch up and see the lecture when I’ve missed class," said Bentwood.

Although being a student-athlete is hard work, it does not mean there is no time for fun.

Both Bentwood and Guillaume can contest to this.

Guillaume is a part of the Student Athlete Advisory Committee and was recently promoted to the Chief of SAAC. Bentwood is also a fan of school activities being that he recently participated in a game of Family Feud in the Elmore Commons.

You can find these new Fighting Knights in this fall, winter and spring athletic events.
TEXTING LAWS FOR FLORIDA DRIVING
Texting Laws for Florida Drivers can Change the way People See the Road

By JOSH SUFRIN
Staff Writer

Students and faculty should be aware that there is a new texting law in effect in the state of Florida.

The common practice of texting and driving among all ages of drivers has become a dangerous habit on the road.

Astonishingly enough, texting and driving has lead to more deaths on the road than alcohol related incidents.

Each year in the state alone, more than 5,000 accidents are caused by the use of cell phones or other technology while operating a vehicle.

"Using a cell phone while driving a motor vehicle is more dangerous than drinking alcohol, especially for young drivers," said Florida Senator Maria Sachs.

The law states that police officers cannot pull drivers over for just texting. There has to be another offense that would lead the police officer to pull the vehicle over.

The fine for the first offense is $30 and increases after each additional offense.

"You can text in traffic jams, you can text at red lights," said Irving Stbosberg, a Boca Raton Representative. "It's only $30 [for a ticket] and the police can't even confiscate [cell phone] records unless you kill or seriously injure someone."

"A $30 fine is not going to work," said Keila Estevez, grad student. "If they want to help reduce the risks of texting and driving, they need to have higher fines and have the police pull people over for actually texting and not as a secondary offense."

Drivers need to be aware that officers will be patrolling in high-end places. Schools and malls will be big targets for police.

If interested in taking a pledge to stop texting and driving, go to www.itchanwait.com. There is information on the website about texting and driving and ways to get the word out.

Texting and driving is a dangerous offense. On average, it takes five seconds for a person to read a text message. In those few seconds, anything can happen.

FIGHTING THE MIDTERM MADNESS
Recapping the Experience of College Midterms for all Lynn Students

By SCOTT BALDWIN
Staff Writer

As the freshman class becomes acquainted with college life, classes have thrown their first curveball at students.

Midterms for many students were something feared and far too dreaded. Some resulted to sacrificing their usual social time and set up camp in the library.

"I was nervous at first," said Brian Sydney La Chapelle, freshman. "It [was] my first midterm here at Lynn."

Almost every freshman would back up La Chapelle, confirming their anxiety and nervousness toward the first primary tests they would take in their college careers. Though La Chapelle made sure he was well prepared, there are always a few freshmen that get lost in translation. Midterms are a vital part of college, no matter the difficulty.

The majority of freshman went out of their way to prepare for their exams in as many ways as possible.

"It seemed like I lived in the library," said Grace Farr, freshman. "I knew I had to study to prepare myself for the tests."

Farr made the decision to study rigorously prior to all her tests, even creating study groups to keep her on track.

An interesting question to ask is if the freshman class felt like they received the results they were expecting back or not.

"I got the score I was expecting," said Miranda Schenk, freshman. "I feared taking them a little bit."

Schenk may have feared the exams, but at least she faced them head on and made strategies to help prepare her for the next set of exams.

Though midterms have come and gone, the freshman class is sure to be more prepared in the future. Studying sooner, creating study groups and learning to take better notes can help with reviewing.

"I will now give myself more time to study and prepare than I did before," said Schenk.
Haunted Halls &
Halloween Ball

WEDNESDAY, OCTOBER 30th
Report to your Halls by 7:00pm.
Followed by the ball at 9:00pm.
(Residence hall Quad)

Sponsored By:
SIGMA SIGMA SIGMA
Drama Club
Graphic Novels
Theta Phi Alpha
Sigma Alpha Epsilon
Lynn University Housing & Residence Life
Dirt Fitness is the Perfect Fitness Center to get in Shape During the Holidays

By EMILY ROBINSON
Staff Writer

Dirt Fitness located in west Boca is easily one of the best ways to get into shape.

With their unique classes, motivating staff, nutritional analysis and great student discount, there is no reason why any student would not love Dirt Fitness.

Dirt offers various classes ranging from their original class, Dirty 40, to their Amp’d and Tabata classes. The Dirty 40 class is designed for all fitness levels and is guaranteed to change one’s body with its high resistance workouts. The slogan that goes along with this class is “burn 700 calories in just 40 minutes.”

“I come here with my whole family, it’s a great workout and it’s fun for all of us,” said Laurence Lanchanc, active Dirt goer.

Everyone is welcome at Dirt and encouraged to keep trying different classes and calculating their calorie burning and weight loss.

Everyone seems to love Dirt, there are many regulars who come everyday of the week.

“Once I tried a class at Dirt, I was immediately addicted,” said Casey Brown, junior.

The different classes allow students to branch out in their exercise routines with their various classes that rotate daily. There are many different times that classes are offered fitting everyone’s busy schedule. There is a class at 7 a.m. daily for the morning person or a 7:30 p.m. class for those who prefer to workout at night.

The staff is motivating and pushes each person to their maximum potential.

“Dirt is designed fitness at its best, in just three to four weeks you will see changes in your body, I can promise you that,” said Sean Donnelly, Dirt employee.

Dirt offers a student discount as well, allowing students to buy a usually $100 monthly pass for just $70. If students try Dirt, they will not be disappointed.

Above: Anyone can get in shape at Dirt Fitness. Staff Photo /E. Robinson
INSIDE THE CONSERVATORY

By CLAIRESSA MYATT
Staff Writer

Being a small university, some may say that Lynn is like a family. If one disagrees, then they obviously have not met the conservatory students yet. Wynton Grant, violinist for the conservatory speaks about his colleagues, which he calls family as well as the violin that is his passion and future.

Grant started playing the violin at the age of seven when he transferred into the public school system from a private Catholic school.

"There was a program through the school where you could play the violin. After that I took private lessons and it went from there. It's definitely my passion," said Grant.

Now, Grant is playing under one of the most renowned violinist, Elmar Oliveira, a reason he chose Lynn to continue his passion.

"He only comes down every two weeks because he's always performing," said Grant. The intimate campus and financial aid provided for conservatory students are other factors that contributed into Grant's college choice.

Being at Lynn was the best fit for Grant to continue on with his practice.

"Coming to Lynn has provided me with so many opportunities, the location alone is so different than my hometown of Wyoming. Recently I've been learning how to surf; it's a complete change of scenery," said Grant.

Aside from the beautiful environment that Lynn's location of south Florida has to offer, it is the conservatory that has made the biggest impact on Grant. Being a part of the conservatory has opened many doors for Grant, one of the biggest being socially.

"The majority of people within the conservatory are foreign. Students are from different countries. Meeting and being in contact with such great players from all different countries has been such a great opportunity," said Grant.

While being able to play under a phenomenal faculty, the thing Grant appreciates most about the conservatory is the fact that it is like family.

"We all eat, sleep, study and play music together. It feels like a big family," said Grant.

Although Grant claims that they get their sleep, it is hard to believe with the sporadic playing of music that goes on.

"Just the other night it was a French horn players birthday so as soon as the clock hit midnight, all the horn players busted out playing Happy Birthday. It's things like that, that make it feel like were all in this together," said Grant.

Above: Wynton Grant practices with his beloved violin. Stock Photo.
FATHER OF BASKETBALL RETURNS

After 14 Years, Jeff Price Returns Determined to Change the Game

By JESSICA BEUGEN
Staff Writer

In 1993, Jeff Price came to Lynn and established the first basketball team in Lynn’s history.

In the six years in which Price coached the men’s basketball team he compiled an impressive record of 134 wins to 44 losses and led the Fighting Knights to a Final Four appearance in 1997.

Since he left, the basketball team has been less successful, with the Fighting Knights compiling a record of 11-14 just last year.

Price’s return has been an exciting time for the team because he is determined to bring winning back to basketball.

“We hope we can have the success we had back from ‘93 to ‘99. That was a great run. It certainly is hard to duplicate but you just hope you can change the culture of the program and how people think of Lynn’s basketball. That’s the first thing we need to do,” said Price.

Price believes winning will have a ripple effect, bringing more support, more crowds and better recruits.

Since Price left the growth of the university has been substantial. He is excited to come back, and lead the team to a winning season as well as the players.

“I have high hopes for this season because Price has been incorporating a lot of defensive work and transition defense and hopefully it will get us to the championship,” said Cory Thomas, junior.

Returning player Caleb Clyburn, senior, has already seen how Prices’ leadership has affected the team.

“Coach Price always wants the best for us. He’s a great teacher and we have a lot to prove,” said Clyburn.

The road to success is not going to be easy but Lynn’s basketball team is ready to take on the challenge this season will bring.
DO YOU KNOW YOUR BODY TYPE?
Everyone has the Perfect Body Type That They Should Dress for

By DARA MOHAN
Staff Writer

Every female has a different body type, but do not always wear the right clothes to enhance their particular body naturally.

Body types are not particular height and weight, but more of a shape. Females naturally have five different body types.

As a female one can either be pear, wedge, rectangle, apple and/or an hourglass.

Pear body traits usually have a bigger lower body and a smaller upper body, but the waist is still fairly small. The best assets for this body type are ones shoulders, torso and flat stomach. Things one should not wear are anything that may bring attention to one hips, and thighs, such as pattern skirts and cargo pants.

Wedge body traits normally have wide shoulders, which contrast with ones narrow waist and hips. The best asset for this body type is ones legs, along with not showing much of ones upper body. The worst thing to wear would be revealing too much of your upper body, such as spaghetti string tops.

Rectangle body traits have no curves and every asset they have are equivalent to each other, which is on the slimmer side. One’s best assets to this body type are arms and legs, since one does not have curves its best to create curves within outfits.

Apple body traits are when most of one’s weight is above the hips and one’s shoulders are broad. The majority of one’s assets are wide. One’s best assets are one’s legs, and wearing outfits that have the illusion of a smaller waist. One does not want to wear anything the reveals any part of one’s assets too much.

Hourglass body traits have equivalent upper and lower body proportion but have a tiny waist. One’s best assets are curves, anything that can show your body proportion.

There is really no restriction on this body except not wearing baggy clothes that cannot show off your curves.

No matter what body type one may be, every type is beautiful in its own way. Do not be scared to try out new things, with different clothing. Just make sure that whatever one buys, it brings out the best assets so that one can feel comfortable, and others can admire one’s body type just the way it is.

Everyone has the Perfect Body Type That They Should Dress for.

A KNIGHT FOR THE COMMUNITY
Knights of the Roundtable Member, Carli Hornik, Takes on Lynn

By ZARA APPLESTEIN
Staff Writer

Carli Hornik, the Community Knight for the Knights of the Roundtable, is a senior here at Lynn. She majors in psychology with a minor in criminal justice and is very active on-campus. She previously held the position of president for the sorority Tri Sigma. Last spring, she was one of the first members to be inducted into the Greek honors society, Order of Omega, and is a member of the honors psychology society Psi Chi. Also, Hornik is now taking part in the new Peer Mentor program, where she is a mentor to incoming students.

Hornik has a lot of favorite things about the university.

“There are so many things I love at Lynn, but I have to say the biggest thing would be the close knit community Lynn has to offer,” said Hornik. “I wanted to be make a difference on this campus and leave my impression.”

As the Community Knight, Hornik serves as the liaison between the commuter students as set by the Bylaws and KOR. She also receives and organizes all concerns, comments and questions for this respective affair and reports valid concerns, comments, questions and aids KOR in responses and/or solutions.

Hornik is currently trying to start a club on campus called the Commuter Club. This club would be available for commuter to host their opinion. Along with collaborating ideas they would be hosted during KOR closed meetings that are held every Friday. The next open meeting will be held Nov 16 at 5:45 p.m. in the Henke wing which is located in the International Building. Any Lynn student is allowed to attend. For questions or concerns, one can contact Hornik at chornik@email.fo.nn.edu.

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Upcoming Concerts for students to see around the Boca area

By STEPHANIE COHN
Staff Writer

Everyone loves going to see their favorite band live in concert and there are a lot of great artists coming to the Palm Beach and Miami area in the next few months.

A popular concert that is coming to Fort Lauderdale and Miami is Justin Timberlake in March. It is the second part of his world tour for the 20/20 experience, which is his new album that just came out a few weeks ago. Be sure to check him out in Fort Lauderdale March 4 and in Miami on March 5.

“I am so excited that Justin Timberlake is coming to Florida. I can’t wait to see him in concert again” said Jordan Moody, junior.

In November, Drake is playing at the BB&T Center on his Would You Like a Tour debutting his new album Nothing Was The Same along side Miguel. If one was not able to see Jay-Z in concert with Justin Timberlake this summer, students can check him out on the Magna Carter World Tour on Jan. 2 at the BB&T center in Sunrise Florida.

Above: Some of the artists one could see in the area. Stock Photo.
FILM TAKE TWO
Lynn Professor Creates Documentary

By ALEX BENEDICT
Staff Writer

"The Two Dollar Bill Documentary" is a film that traces the origins of the two-dollar bill and the taboo popularity and allure that has surrounded it in today's society.

John Bennardo, Lynn communication professor specializing in documentary production and film editing, is the brains behind the operation. With his fascination of the two-dollar bill and its origin, Bennardo has recently embarked on his journey toward the meaning behind the fascinating novelty.

"The idea of the movie is to educate and entertain people about the two-dollar bill," said Bennardo. "It's a comprehensive look at the anecdotes and the stories that cumulatively make a great narrative."

Bennardo's documentary will span all corners of the country, going to various locations where the two-dollar bill is made to meet a conspiracy theorist who believes the two-dollar bill is connected to the illuminati.

"I've always been interested in two-dollar bills," said Bennardo. "I would always come across a couple throughout my life and I'd always save them. A lot of people do the same thing and I wanted to come to understand what it is about the bill that makes people act this way."

This past week, Bennardo was invited to Texas to the Bureau of Engraving and Printing to film the latest print run of two-dollar bills. With his various travels, Bennardo hopes to receive a better understanding of the bill and its purpose.

However, Bennardo's ambitious project has been met with slight obstacles.

"The biggest obstacle is getting to all the cities and people that I feel should be part of this film," said Bennardo. "There is a lot of travel involved and I'm finding stories all over the country. I cannot just hop a plane and go talk to everybody. I'm eager to get it done quickly, but it is a slow process accumulating the footage."

Bennardo has been raising funds to create the movie and has reached out to the masses to help fund his project.

"The great thing about the kick starter is people who are interested in the project can get great rewards," said Bennardo. "They can be in the movie, they can submit a photo of them with a two-dollar bill and some may even be able to screen the movie before the premiere."

Bennardo's funding site can be found featured on Kickstarter, a national crowd funding site where numerous filmmakers and producers post mini clips and information on their production. Bennardo is using the site in order to raise money for his documentary. According to the amount of money one donates to the production, people will receive different incentives to help fund the film. The campaign ends Nov. 9. If one is interested in learning more, visit kickstarter.com and search "Two Dollar Bill."
KNIGHTS FIGHT FOR LYNN SPIRIT

Fighting Knight Cheerleading Team Kicks Into Shape for the Upcoming Season

By ANGEL GREEN
Staff Writer

As of Sept. 12, the Fighting Knights cheerleading team has brought school spirit to the Lynn community under the leadership of head coach Vanecia Dodd, working them into tip-top shape to be the best Knights they can be.

With a brutal two day tryout, the girls had to learn dances, chants and jumps. The girls then had to be prepared to perform in front of the judges. Through the sweat drenching tryout and building anticipation when facing the judge’s verdicts, the cheerleading team was selected for the 2013-14 season.

The Fighting Knights Cheerleading team consists of Alexis Digregorio, Amber Robinson, Angel Green, Ariana Trotter, Asia Colebrooke, Danielle Hawkins, Fabie Moleon, Leticia Carvalho, Natalie Myers, Nicole Constantino and last but not least Whitney Foster.

“I can say that many of us are excited for this season,” said Dodd. “We are aiming to increase Lynn spirit not just for the basketball team, but for all sports.”

The girls are under different leadership which means Lynn will definitely be gaining a taste of something new.

“Things are definitely going to change for the better this year,” said Moleon, sophomore. “I’m excited because we have a new coach and girls so I can’t wait to see how we progress as a squad.”

In time, the girls will be coming together and practicing in order for them to be more than ready for the upcoming basketball season. However, the cheerleaders will be spreading school spirit at other games as well, making appearances to continue on with school spirit for every sport.

“I am a very spirited person,” said Myers, freshman. “I want to get more of the student body involved with all of Lynn’s athletic accomplishments as well as the ones to come.”

The squad will be competing this year as well as traveling to away games so make sure to come out and support the Fighting Knights.
ONE PUMPKIN SPICE LATTE PLEASE
Learn how to Make the Deliciously Craved Pumpkin Spice Latte for the Fall

By CLAIRISSA MYATT
Staff Writer

Every student knows that the start of fall is not initiated by the change of weather, color of the leaves or the breakout of boots. It is when Starbucks releases its famous Pumpkin Spice Latte. The sweet and savory smell of the spices warm students souls during the fall season and now, one can get the same great taste of Starbucks’s latte in ones own residence hall.

Forget the fancy espresso machines and steamed milk, students can create this latte with a few simple and easy steps adapted from the Chicago Tribune. As long as students are able to make a cup of coffee and have ingredients to make "pumpkin milk," they can make this recipe in the comfort of their own home.

There are two different ways to create this delicious, fall flavor in the residence halls. One is the more conventional way to concoct the famous latte. However, there is also a lighter way to create the pumpkin spice creation.

Ingredients:

Pumpkin Spice Latte
- 2 cups milk
- 3 tablespoons canned pumpkin
- 2 tablespoons sugar
- 1-tablespoon vanilla
- 1/2-teaspoon pumpkin pie spice,
  plus more for garnish
- 1-cup strong brewed coffee
- Whipped cream
- Cinnamon, optional

"Lite" Pumpkin Spice Latte
- 2 tablespoons Instant espresso pod
  (or 2 packets Starbucks Instant Coffee)
- 1 teaspoon Pumpkin pie spice
- 1/2 teaspoons Cinnamon
- 1/2 cup pumpkin puree
- 1/4-cup sugar free maple syrup,
  honey, or agave nectar
- 2 cups vanilla almond milk or skim
  milk
- 3-5 packets Stevia (or sweetener to
  taste)
Optional: 2 tablespoons half and half
(to make it even more rich and creamy)
and/or fat free whipped topping for garnish

Directions:

Combine milk, pumpkin and sugar in a microwave safe container. Microwave for 1-2 minutes. Remove when the milk is hot and frothy. Stir in vanilla and 1/2 teaspoon pumpkin spice. Whisk the mixture until foamy. Transfer into two mugs, filling each only half way; top with coffee. Garnish with a dollop of whipped cream and a dash of pumpkin pie spice or cinnamon.

Luckily for those who want to keep it on the lighter side, the PSL movement has created such a buzz that people everywhere have come up ways to lighten up this drink so they can still enjoy it come fall time. Above, one will find a recipe for a lighter, but equally delicious pumpkin spice latte. This recipe has 71 calories, and a mere 4 grams of fat per serving.
PERUVIAN CUISINE IN BOCA RATON
La Granja Restaurant Proves to Have Good Quality Food for a Good Price

By RYAN CARMONA
Staff Writer

Since 1993, La Granja has been the go-to for fast and delicious Peruvian food all around south Florida with their special rotisserie chicken recipe right from the island.

The debut of La Granja started in 2003 on the island of Aruba. Coming from Aruba to the U.S., the restaurant brought a classic authentic recipe for Americans to enjoy. Some dishes include their popular rotisserie chicken with white or yellow rice and black beans as sides along with their tasty fried bananas.

In 1995, La Granja opened their first restaurant here in Florida being the perfect combination of great fast food with a low price students cannot beat.

With their famous rotisserie chicken and signature side dishes of rice and black beans it is the type of food that satisfies your hunger.

“My favorite meal is the ¼ Chicken-lunch special starting at $4.45. How can you beat that,” said Travis Connolly, senior.

On Monday through Friday until 4 p.m., lunch specials are served that can save college students extra cash while receiving a good quality meal.

“After a long day at practice when I need to get a good meal and my protein in, I hit La Granja,” said Alex Freedman, senior.

In the year 2007, La Granja took a giant leap in the food industry opening stores in Lauderdale, Pembroke Pines and a second location in West Palm Beach starting a franchise era.

In 2003, the Restaurant Review Magazine recognized La Granja as “The Best Peruvian Restaurant of the Year.” Then, in 2004, it was named “The Best Family Style Peruvian Restaurant.”

Above: La Granja. Stock Photos.