FLYING HIGH FOR THE FUN OF IT
Flight Club Soars Even Higher Once Again at Lynn University

By JOSHUA GORDON
Staff Writer

Flight Club comes back to Lynn with a first-class ticket. Freshman and Club President Gary Pelletier wants Flight Club to be more recognized around the Lynn campus.

Flight Club is part of NIFA, which stands for the National Intercollegiate Flying Association. NIFA was formed for the purpose of developing and advancing aviation education, to promote, encourage and foster safety in aviation, promote and foster communication and cooperation between aviation students, educators, educational institutions and aviation industry, and to provide an arena for collegiate aviation competition.

Flight Club meets Wednesdays at 5:30 p.m. in Christine’s Room and is open to all Lynn students.

“I am extremely excited about the return of Lynn’s Flight Club, the Fighting Knights,” said Pelletier. “It took a lot of hard work to put together, but I am grateful and looking forward to our meets with the other aeronautical schools.”

The club—which started in October 2011—took the Fighting Knights Flight Club to participate with NIFA in competing against other flight schools. In doing so, Flight Club participated in regional competitions in hopes to advance their way up to Nationals.

Flight Club faces competition from colleges such as Embry-Riddle Aeronautical University, Auburn University and Middle George College.

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Competition events include navigation, message drop, power-off landings, preflight inspection, simulator and much more.

The Flight Club is open to all students at Lynn, even those who are not pilots. If interested in joining, contact gpelletier@email.lynn.edu.

Above: Students involved in Flight Club demonstrate what they do with the aircrafts on a daily basis. Photos/ Gary Pelletier.
WHO DO STUDENTS WANT TO HEAR?
Students Choose Who They Would Like to Listen to as a Dively Lecturer

By DESTINY GOLDEN
Contributing Writer

The Dively Lecturer Series, supported by a grant from the George S. Dively Foundation, gives students a chance to hear from premier academic and social minds.

While the lectures have all been enjoyable, some students are not afraid to voice their opinions about which speakers Lynn should host.

"I would like to have Magic Johnson lecture to students, faculty and staff," said Fred Apaloo, senior. "The fact that he is someone living with HIV would be perfect for a college campus and it would be a good awakening for students."

Some students, such as Amanda Schultz, senior, would like to see someone more philosophical.

"P.M. Forni would be great to speak to us about civility," said Schultz. "I think it would make on-campus life better and help unite and build strong social connections."

Other students, like Christina Beatty, sophomore, would prefer a more political approach.

"I wish we could get the President to lecture; that would be cool," said Beatty. "I would want him to lecture about taking care of the country as a whole and looking out for the good of all people."

No matter which lecturers students would like to see, there is no doubt that the Dively Series will only get better.

CHASING DOWN EXES ONE BY ONE
In "What's Your Number?" a Woman Tracks Down all her Exes to Find True Love

By REBECCA STOPPELMAN
Contributing Writer

"What's Your Number?" is a comedy directed by Mark Mylod and stars Anna Faris, Chris Evans and Ari Graynor.

After the engagement of her stable sister Daisy (Graynor), Ally (Faris) seeks to set her own life straight. Part of her journey is to figure out how many men she has slept with over the years, because she does not want to exceed the number 20. Ally is convinced that passing 20 partners means she has missed the one.

She asks her neighbor Collin (Evans) to help her find all the men she has ever dated or had a one-night stand with. In return, she allows him to stay in her home when he needs a place to crash.

Ally sets out on a quest to find a date to her sister's wedding, in which she is the maid of honor. Ally finds people from her past, but the men have either moved on or are comically strange.

Ally eventually decides to bring an old friend from high school to the wedding. He seems to be the perfect guy, but she decides she does not want to be with him. After figuring out who she really loves and wants to be with, she realizes the truth.

"I could not stop laughing," said Bianca Manica, graduate. "I love Anna Faris; she was perfect for this movie."

This movie was one of the best comedies of 2011. If students want to laugh, this movie is for them.

"What's Your Number?" has been released on DVD.
LYNN DECLARES WAR ON INDUSTRY
One Professor's Revelation Fuels a Revolution About the Environment

By CASEY DOLL
Staff Writer

Going Green is not a new concept to Lynn. However, the university has recently been inspired by an influential professor's spiritual revelation to put the operation into overdrive.

Several drastic projects have been planned to further integrate students with Mother Nature. Some may consider these changes radical, yet radical changes are necessary to support the welfare of the environment and students' cohesion with it.

“IT all started when I stepped in a puddle on the dirt road leading to the cafeteria,” said the professor responsible for the new programs. “I looked at my beautifully ruined shoes and said, ‘Ah yes, this is only the beginning.’” The professor promptly marched over to a dean’s office and demanded the brilliance of the improvised nature trail be applied to the entire campus.

It took little convincing to the dean. “Being nice to nature makes us feel good about ourselves.”

The first “assault on industry” will be to rip out all the campus’ sidewalks and implement a system of “nature trails.” Protruding roots and stones will be installed to ensure authenticity.

Other changes to the campus include the replacement of lamps with torches, benches with large stones and golf carts with horses; all buildings are to be painted green; hiking boots and walking canes will be sold at the Lynn Bookstore for a “reasonable” price; a mote will be dug around the library, thus requiring students to swim into the building; and dolphins will be made available to taxi students who are too lazy to swim themselves.

Note: This piece was written in a joking, satirical manner, and should in no way be taken seriously.
JOURNEY TO A BANNED ISLAND
Students and Faculty Members Venture out to Cuba for J-Term

By SYDNEY PUTMAN
and
ANNE MARIE
Staff Writers

The Obama Administration recently loosened travel restrictions between Cuba and America, allowing Lynn to be amongst the first colleges to have organized student group travel to Cuba. Alexa Greenberg, sophomore, was one of 12 students who took part in the short trip to Hemingway's Cuba. The trip was academic-based, with students and faculty retracing the steps of famous author Ernest Hemingway.

Greenberg said many other cultural assets influenced her throughout the trip. "The trip was amazing and I wasn't expecting it to be so life-changing," she said. "The people were incredibly kind; they seemed to like Americans." Aside from many stereotypes about Cuban culture and Cubans themselves, Greenberg found none of them to stand true.

"We were told before we got there that we couldn't mention anything government-related to any of the Cubans," she said. "But when we went out, we met some really nice people and they loved talking to us about America and what we think about their culture and beliefs."

Additionally, Greenberg stated that the Cubans were "very outgoing and are all so happy, even though they live in a communist state." What can be

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taken from this is that despite the hardships countries and governments have with one another, judging people as a whole before getting to know them as individuals or experiencing their homeland first-hand only provides false imagery.

From a more academic standpoint, students traveled to many places influential to Hemmingway during his years as a writer. However, a place they spent most time learning about Hemingway’s life in Cuba was his house, also referred to as Finca Vigia, where he lived from 1939 to 1960. After seeing this firsthand, the 19th century-inspired architecture, roads and cars were even more apparent.

“The landscape was beautiful and I think the thing that stood out to me most was how [the Cubans] are still living in the 1900s,” shared Greenberg. “All the old cars and buildings were all still so historic.”

In conclusion, the J-Term course, based mainly on Hemingway, also provided Greenberg with more than just literary knowledge about a 20th century author; what she brought back with her was much more significant.

“I would highly recommend anyone to go to Cuba if they had the chance,” she said. “It was by far the best trip I have ever been on and the most meaningful.”

Above: Students in front of Plaza De Revolucion. Staff photo/ M. Slavin.

KNIGHTS ATTEND WINTER X-GAMES
Students Work Hard at Colorado’s Winter X-Games During J-Term

By EVA DAMATO
Staff Writer

Each year, Lynn students participate in J-Term activities. Students can stay at school or attend one of the trips offered. This was Lynn’s third year participating in the Winter X-Games, held in Aspen.

The X-Games is a sporting event home to extreme sports such as skiing, snowboarding and snowmobile racing. They also hold events like the quarter pipe and the urban snow arena.

The events occur for three days and go from morning to night. Although all these events are happening and the X-Games are highly publicized, this is not a spectator’s event.

This J-Term was not for the weak-hearted. Students were expected to work diligently, and were in charge of the entire set up of the event. The tasks entailed a lot of physical work in the snow and cold weather to make the events go along smoothly. For example, the students built stages and decks, cut stairs, hung signs and dealt with any other plans that needed to be executed.

“It was hard work, but there are many benefits that come out of working at the X-Games,” said Stephen Marino, senior.

This year, Lynn’s team was said to be one of the hardest working ever. From an early morning start to a late night finish, all students gave their best.

“I really enjoyed going out there,” said Mick Aixala, senior.

“It was pretty hard work but I liked it, and it was definitely rewarding to work, there and get things done with a team.”

Though the students involved in the X-Games worked very hard, they enjoyed the wonderful experience.

Above: Students in front of Plaza De Revolucion.

Above: Contenders of the Winter X-Games competing in the vigorous sport of skiing. Stock photo.
HEALTHY FOOD FOR HEALTHY SKIN
How Students can use Healthy Dieting to Make Their Skin Look Healthier

By MARIAH KULKIN
Contributing Writer

Students can help better their skin, nails, hair and vision with a few simple tasty foods everyday.

What one might not know is that basic foods put into one’s body everyday are actually doing more than one might think. Foods that are eaten on a daily basis can help improve vision, make skin softer and do wonders on one’s complexion.

In place of facial cleaners and moisturizers, a few simple foods can do the same or more. Nutrients found in these foods can benefit skin because they nourish from the inside out. There are five to nine basic food items that are perfect for replenishing skin. It can either be in the form of food or beverage.

The most common is tea. Hot or cold, un-sweetened tea boasts its own supply of acne-fighting antioxidants. A glass of tea a day help keeps acne away.

Carrots are a great source of vitamin A, which is a nutrient for healthy skin. Vitamin A develops and maintains skin cells. Not only are carrots great for skin, they are also good for vision and keep sight stronger and clearer. “I ate carrots all the time as a kid,” said Vito Trupiano, sophomore. “Now I have perfect sight.”

Plums, strawberries, blueberries, blackberries and other berries are delicious and perfect for keeping skin looking healthy and more youthful. They have a large antioxidant capacity which is why they are great for the skin.

Fish is excellent for complexion, mainly salmon. It contains the richest concentrations of omega fatty acids, which help nourish the skin and unclog pores. This also helps reduce lines and wrinkles on the face. “I love salmon, and now knowing it is great for my skin, I am going to eat it more often,” said Alex Berger, junior.

Any kind of nut is good for the reduction of wrinkles. Nuts contain vitamin E, which is a very powerful antioxidant that declines aging skin cells.

Water is the most important for the skin; it keeps the body hydrated and keeps skin glowing and looking healthy. “I drink as much as I can to keep myself hydrated throughout the day,” said Nathalie Dube, junior. “I do anything I can to keep my skin looking the best it can.”

Having healthy skin is easy to obtain. All one needs is to keep or add a few things to their everyday diet.
always on...

AJ-TERM COURSE OF INSPIRATION
Professor Grigelis Shares His Inspiring Experiences With Students

By Rachel Campbell
Staff Writer

Michael Grigelis goes beyond teaching students about mathematics. After moving from Montreal to Boca Raton around the age of five, Grigelis was raised by his mother and grandmother who were both teachers and gave him inspiration early on to teach.

"Becoming a teacher’s assistant, I loved it so much I would forget to pick up my paycheck," said Grigelis. During high school, he remembers his calculus teacher saying his course was going to be "tough but fair." Grigelis follows the same strict attitude, but also makes his courses fun and interesting.

The best part about Grigelis’ courses is his willingness to inspire students and share his knowledge. Recently, he has been inspired to show his students the true depth and hardships American Soldiers experience through his J-Term course, which shows extreme videos of the realities of the war itself. Students will be able to understand and appreciate this realism through stories told by his fellow friends who have dealt with these hardships themselves.

Grigelis graduated from Georgia State and received his bachelor's degree in math and a master’s in science and teaching. Grigelis has shown his great love for teaching through inspiring his students of both the basics of mathematics and real life circumstances; his professionalism in his career has not gone unseen.

Professor Grigelis will continue to teach students his mathematical skills through “tough but fair” work.

Above: Professor Grigelis. LU photo.
Lynn’s Annual Safe Spring Break Carnival is Back

By A.J. MERCINCAVAGE
Staff Writer

Spring Break is a chance for students to escape the burdens of class work and cut loose. But that “me” time can have some unintended consequences all students should learn to avoid. The Counseling Center will be hosting its annual Safe Spring Break Carnival today to help educate students on how to stay safe over the break.

“The purpose of the [carnival] is to raise awareness about being safe during Spring Break,” said Gail DeCina, a substance abuse prevention and treatment specialist at the Counseling Center. “The event includes student groups, staff departments within the Student Life division and faculty providing experiential events and educational information.”

Students can take part in the activities 11 a.m.-1:30 p.m. on the lawns surrounding the Student Center, Christine’s and the Green Center. There will be a self-defense demonstration, dunk tank and root beer pong games with a twist. Additional attractions include a beer goggle obstacle course and fun house.

The Grill Club will provide lunch and a D.J. will be on hand to provide music for the entire event.

A variety of activities for the carnival will be held in the Student Center Lobby, including games with fatal vision goggles and a DUI Simulator with an additional texting and driving program.

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The Counseling Center will provide information regarding driving under the influence, texting and driving, alcohol poisoning and drug overdose. Safe sex, including information on informed consent and sexually transmitted diseases, as well as sun safety will also be covered.

The Safe Spring Break Carnival is a collaborative effort by student groups, faculty and community organizations to provide practical safety information for Lynn students in a fun setting.

"Participation to date is by 15 different student groups, five Student Life departments, nine community organizations and faculty and athletic coach participants," said DeCina."

The efforts of so many people will allow students to have just what they want over Spring Break-fun. And the information provided at the Safe Spring Break Carnival will give them the know-how to stay safe over break.

Above: Students participate in various activities at last year's Safe Spring Break Carnival. LU Photos.
2012 IS THE YEAR OF THE FROG
Leap Year Day is Special, and Marketers Know and are Happy to Know it

BY JOANNE KAUFMAN
Contributing Writer

According to folklore, leap year day is the choice moment for women who have no interest in waiting for the guy to pop the question.

And now businesses and nonprofit organizations are using the day — Feb. 29, this Friday — as the occasion to make special proposals and pitches of their own.

This year there are frog-oriented promotions (get it? leap!), exotic cocktails being added to menus (“I’ll have a leap day, on the rocks”), and marketing campaigns for products whose relevance to the date at hand seems at best tenuous (pizza? skin moisturizer?). Certain discounts are being offered only to the rarefied few who have the fortune or misfortune to have been born on this calendar anomaly.

Boston Market will be dishing up a free leap day lunch — choices include chicken pot pie and meatloaf — to those born on Feb. 29, otherwise known as leaplings. Anyone who is still hungry can try Morton’s The Steakhouse which is offering a free special dinner to a limited number of guests in eight markets, among them Baltimore, Philadelphia and Hackensack, N.J. Reservations and birthday bonafides are required.

“We just thought it was a fun way to promote Morton’s,” said a spokesman for the chain, Roger Drake, “to honor the people who were born on leap year day and who kind of get left out of things on their birthdays. They only get one every four years, and Morton’s is all about celebrations.”

According to the Web site www.leapyearday.com, which is run by a group called the Honor Society of Leap Year Day Babies, there are about 200,000 leap day babies in the United States. Famous ones include the actor Dennis Farina, the motivational speaker Tony Robbins and the rapper J- Rule.

“We want the calendars to put the words leap day on Feb. 29 the way they put New Year’s Day on Jan. 1 or Groundhog Day on Feb. 2,” said Raenell Dawn, a leapling and a co-founder of the society. So far the quest is quixotic. “I’ve been at this for 20 years and no calendar company has agreed. No one laughed at me.”

If it is any consolation, Ms. Dawn — assuming she has her birth certificate handy — will be eligible for a free pizza ordered online on her birthday at Papa John’s, which is seizing the moment to introduce the Perfect Pan Pizza. The tag line: “One Giant Leap for Pankind.”

A Papa John’s spokesman, Chris Sternberg, said that his company was guided by the calendar in creating many of its promotions. “We’re always looking for opportunities for folks to try our product,” he said. “Leap day leaped out, as 7-7 did last year,” he added, referring to July 7, 2007.

Papa John’s will give customers whose birthdays fall on any of the other 365 days of 2008 other special online offers on Friday, like three large pizzas with three toppings, all for $29.29.

“There being an extra day this year it means Americans are being asked to work an extra day,” said Mr. Sternberg. “So the thought was that we would take care of dinner with a great deal on pizza.”

The Atlantic City Convention and Visitors Authority has come up with 29 ways to enjoy the boardwalk and beyond. One inducement is a leap year package from the Atlantic City Hilton that includes free parking, a $50 dining credit, a $21 credit at one of the hotel bars and overnight accommodations for $229.08 ($275 is the usual Friday night rate for a standard room, according to Hilton reservations)

Meanwhile, Virgin America, a San Francisco-based carrier that started up last August, just wrapped up a weeklong “Why leap when you can fly” fare sale. “The idea,” said spokeswoman Abby Lunardini, “is that leap year comes around only so often, and fares this low only come along so often. We wanted to tie those thoughts together.”

Some thoughts seem to tie together better than others. When, in 2007, the staff of the Association of Zoos and Aquariums realized that 2008 was a leap year, “we decided it would be a good time to focus the public on amphibian conservation,” said a spokesman, Steve Feldman.

Thus, 100 association members are participating in what has been named the year of the frog, and Feb. 29 will begin months of educational events. “The idea is that we need to make a leap in our understanding of the fragility of the situation,” said Gail Eaton, chief marketing officer for the Palm Beach Zoo.

An outreach by Dove, however admirable, seems a bit more of a reach. On Feb. 29, as an extension of the company’s Campaign for Real Beauty (women of all ages, shapes and sizes are featured in ads), Dove will be holding self-esteem workshops for pre-adolescent boys and girls around the world.

Why Feb. 29? “It’s an extra day in the year, so it’s linked to our mission,” said Fernando Acosta, senior vice president of the Dove brand. “Our mission is to make more women feel beautiful every day.”

Allen P. Adamson, director of the New York office of Landor Associates, a branding firm, said that marketers must think carefully before trying to turn leap day into a quasi-holiday, “Feb. 29 is one of the few remaining days in the calendar that hasn’t been overbranded and overmarketed,” he said. “Even Groundhog Day has become overexposed.”

But he cautioned that leap year wouldn’t be appropriate for everyone. “For certain brands, it perks things up,” he said. “Fun products, snack products make sense. But it wouldn’t fit with anything serious like insurance, financial services or medical things. Using leap year in those instances could really undermine the rest of the message.”

FROM ZERO TO SOCCER STARDOM

Freshman Carlee Pizzalato Becomes a Member of Lynn’s Women’s Soccer Team

BY SHAWN KALE
Contributing Writer

Originally Carlee Pizzalato was a typical freshman at Lynn; now, she is a member of the Lynn women’s soccer team.

Last year Pizzolato found herself with a lot more free time to go to the beach, hang out with friends and live the typical college life. A lot has changed since then as she now has the responsibilities of being a student athlete. “It has really been a lot of fun playing soccer again and being a part of a team,” said Pizzolato.

Playing soccer her whole life, Pizzolato felt she needed a break from the grind of the pitch. “I was really burnt out and just wanted to take a break. My family gave me some grief for it but I just needed a year to relax and recharge,” said Pizzolato.

Being a student athlete comes the challenge of getting schoolwork done and maintaining a high GPA. “I never had problem making good grades, but now I have to do school work after long practices and games,” she said. “Before, I had all the time in the world to do homework and study for tests, but now there are mandatory study halls and a goal GPA to keep.”

Walking around campus last year in soccer shirts drew notice from the coaches at Lynn and they asked why she did not come out for the team. “The coach would see me in the gym and would talk to me about coming out for the team the following year and I went back and forth with it,” she said.

The final straw of getting back out on the pitch came this summer when Pizzolato was playing pick-up games with friends. “I forgot how much I missed it and knew it was still in my blood to play,” said Pizzolato.

Pizzolato liked the life of being a regular college student but does not regret joining the soccer team. “I had to get back out there and I feel great about my decision,” she said.

Above: Lynn’s soccer team gets ready for practice. Staff Photo/S. Kale.