EVERYONE LOVES “SECOND BASE”

October 31, 2011 by Brittany Brown
Filed under Best of Boca, Health & Beauty, Lifestyle, People

Leave a Comment

Help Support Breast Cancer Research by Buying Some Super “Pink” Beauty Products

By CASSIE VERGARA

Staff Writer
For most students, shopping for typical beauty supplies seems second nature. Purchasing products supporting Breast Cancer Awareness Month will make shopping for beauty items a rewarding experience.

For a limited time, certain beauty products will do their part in supporting breast cancer research by donating to the cause through product purchases.

Lovely pink appliances and products are available at GBS Beauty Supply in Boca Raton, off St. Andrews Blvd. “GBS Beauty Supply Boca every year puts out a table so we can contribute to the stamping out of breast cancer,” said Assistant Manager Janet Tenner. iPulse stopped by to check out their top picks.

Essie makes a pink nail polish in honor of Breast Cancer Awareness Month, available for a limited time only. “Raise Awareness” is the new 2011 color made to support the cause. A portion of the profits will be donated to Living Beyond Breast Cancer; this polish can be purchased for $8.

Tweezerman has a new, slanted, stainless steel tweezer that is the perfect tool for plucking those stubborn hairs. “Precision in Pink” is fashionable with a crystal pink ribbon, a symbol for breast cancer, displayed on the front. These tweezers cost $20.

“It’s a 10 Miracle Product” is ideal to keep those locks healthy and shiny. For just $18, this product is honoring breast cancer by donating a fraction of its proceeds to fight the disease. It is easy to use by just spraying on the hair after shampooing and conditioning.

“We give customers a 10 percent discount,” said Tenner. “Our prices are competitive especially for students’ needs.”

October is the month to really support the cause and give back, so stock up on those beauty items while available and help fight against breast cancer.
KNIGHTS GET “PRETTY IN PINK”

October 31, 2011 by Brittany Brown
Filed under Campus, Featured, People

Leave a Comment

*It’s the Return of the ‘80s for the “Pretty In Pink” Breast Cancer Awareness Event*

By RACHEL CAMPBELL

Staff Writer

Lynn student dresses up for the occasion. Lynn Photos.

On Friday, Oct. 14, students got all fabulous in pink for the “Pretty in Pink” ‘80’s Dance Party on campus in the Henke Wing of the International Building.

“The most important thing in illness is never to lose heart,” said Niolai Lenin. Every year in the month of October, people around the world come together to remember those who have struggled with, overcome or lost their fight with breast cancer during National Breast Cancer Awareness Month.

In honor of the American Cancer Society and Making Strides Against Breast Cancer, the Knights in the Community were inspired to get together and put on this event, inspired by the popular film, “Pretty in Pink.” This event was held to support and raise awareness for those who have experienced breast cancer and raise funds for research.

Students came together to shop for fabulous pink outfits to show off during the event from legwarmers to leotards. The dress code was all pink ensembles or in an ‘80’s theme; the dress code brought out all sorts of students and staff members in support. The party also offered drinks, food and lots of dancing.
The event’s main goal, however, was to raise awareness. “The importance of going in to get regular checkups are crucial to defeat this disease,” said James Davis, junior and president of KIC. “Having known someone close to me truly showed me the importance of early detection and how it can save your life in the long run.”

Several students, including Davis, have known someone who has experienced this disease. It is important to bring awareness of things one can do to support early detection.

The Pretty in Pink event was a success. Students came together to share a special bond with others who have also experienced this disease. It truly shows a message that no one experiences this disease alone. There are several students and staff member to find support from. The group did a great job putting everything together. The night was a success in both raising funds and having fun.

BUYING PINK COULD SAVE LIVES

October 31, 2011 by Brittany Brown
Filed under Best of Boca, Campus, Health & Beauty

Leave a Comment

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“REAL STEEL” PACKS A PUNCH

October 31, 2011 by Brittany Brown
Filed under Best of Boca, Entertainment, Lifestyle

Leave a Comment

Hugh Jackman’s New Film is More Than Rock ‘em Sock ‘em Robots

By A.J.

Mercincavage

Copy Editor

Hugh Jackman’s latest movie, “Real Steel,” premiered recently to audiences nationwide and showed that it was more than just a flash in the computer-generated pan.

“I thought it was awesome,” said Casey McClure, senior. “This is probably one of Hugh Jackman’s best performances.”

The film, which takes place in the near future, follows Charlie Kenton (Jackman), a ne’er-do-well boxer, and his estranged son, Max, on their rise to the top of the robot boxing league.

Charlie was once an aspiring boxer who, after a mediocre career and a loss to a heavyweight contender, struggled to make out a living. In that time the boxing world moved to remote controlled robots instead of human combatants, leaving Charlie’s dreams unfinished.

But a spark of hope is lit when a court pairs Charlie with his son after the boy’s mother dies. The interaction here between the reluctant father and the untrusting son is where the film really shines.

“It’s probably going to be one of the movies of our generation. It brought tears to my eyes,” said McClure.

Max happens upon an old robot, Atom, in a junkyard and that is where the adventure takes off. Atom, a sparring model designed to take a beating, proves to be a resilient fighter. Under Charlie’s guidance, Max and Atom begin to make waves in the robot boxing world.

In a series of thrilling computer generated fights, Atom eventually gets a shot against the current champion of the robot boxing league. The budding relationship between Max and Charlie is put to the test in a touching finale that is more like Rocky than a cheesy 3-D robot movie.
“Real Steel” is directed by Shawn Levy, who also directed the “Night at the Museum” movies. It also stars Evangeline Lilly, whom students might remember as Kate from the “Lost” television series.

“Reel Steal” is in theatres now and available in IMAX.

EVERY DOG DESERVES THEIR DAY

October 31, 2011 by Brittany Brown
Filed under Best of Boca, Campus

Leave a Comment

Volunteer at the Humane Society and Help Save The Lives of Many Animals

By KELLEY

LYNSKEY

Staff Writer

October is officially an Adopt A Shelter-Dog Month. Nothing is truer than the old saying “a dog is a man’s best friend.” It is hard to imagine how someone could abandon and abuse these loving animals.

If students are looking for a new companion or just want to volunteer, check out the Tri County Humane Society located at 21287 Boca Rio Road, in Boca. This organization has been rescuing and placing dogs and cats in loving homes for more than 10 years.

“The goal of our shelter is to stop the killing of over 45,000 unwanted pets in Broward County, 65,000 in Miami-Dade County and the 60,000 in Palm Beach County that happen each year,” said Suzi Goldsmith, co-founder and chair. “The ongoing fundraising and events, the shelter
holds, help allow us to provide all our animals with the best possible vet medical care and nutrition.” The shelter houses more than 100 dogs and cats ranging in different breeds, ages and sizes.

This important support of the shelters come from many volunteers. They are everyday people, who spend their time helping with the ongoing fight, keeping these animals alive and placing them in loving homes.

“Since the shelter is not funded by the city or state, it runs mainly off donations to help keep its doors open to all the helpless and needy animals,” said Goldsmith. “We are always seeking your support to save these abandoned, abused and unwanted animals.”

Volunteers are always needed to walk, bathe and spend quality time with the animals, as well as helping out around the center.

If one is interested in adopting a new best friend or simply volunteering, visit www.tricountyhumane.org or stop by Tri County for more details.

LEADING MAN SHINES BRIGHT

October 31, 2011 by Brittany Brown
Filed under Campus, Featured

Leave a Comment

Sophomore Lands Leading Role in Lynn’s Fall Play, “Boeing Boeing”

By SOPHIA BARRETT

Staff Writer
Sophomore Michael Williams, American history major, is currently preparing to perform the lead role in the fall play, “Boeing Boeing.” iPulse sat down with Williams to gain insight on how he feels about playing a major role for the first time.

iPulse: What made you audition for the show?

Williams: I decided to audition for this role because of the great experience I had in the drama productions from last year and the good time I had putting those productions together.

i: Is this the first time you have auditioned for a lead role?

W: Yes.

i: How do you like being the lead for the first time?

W: It’s very demanding because I have to be at every rehearsal, but from what I can tell, the payoff will be totally worth it.

i: What’s your favorite part about being in the show?

W: Probably getting to hang out with all the fun drama kids. And I love the chance to entertain audiences.

i: What’s the most challenging part of your role?

W: Memorization because there are so many lines. Also creating a believable role.
i: This is a very comedic play, what particular moments in the show do you think students will enjoy the most?

W: I think a lot of the physical comedy will be sure to garner laughs.

i: How do you like working with the other actors?

W: It’s great this year; there are so many talented actors and crew members.

i: Will you audition for future productions?

W: Definitely.

i: What does acting in a lead role mean for you as a student?

W: It means improving with time management because I have to balance school work and the production; I have very little spare time.

i: What should students expect from seeing this show?

W: Lots of laughs!

PUT A HOLD ON THE HEART ATTACK

October 31, 2011 by Brittany Brown
Filed under Best of Boca

Leave a Comment

Fast Food Joints Claim to Offer “Healthier” Alternatives to the Grease

By RACHEL LEVENSON

Staff Writer
Students, especially those who live on campus, often eat fast food because it is quick and cheap. Even while dieting, students will settle for fast food but order from the “diet” menu. But, how “healthy,” are fast food diet menus?

Some diet options may have fewer calories, but that does not rule out that they may bear exorbitant sodium and sugar counts.

If on the go and thinking about making a quick run to McDonald’s for a chicken caesar salad, one may want to think again. Although it may only contain 310 calories, 910 grams of sodium does not sound too dietary.

If considering a Chicken BLT Salad from Wendy’s, one is looking at 400 calories and 1,110 grams of sodium, whereas a one-fourth pound Deluxe Double Stack Burger contains 410 calories and 890 grams of sodium—might as well go for the burger.

“I usually don’t eat fast food, but when I do it’s usually because I’m craving it,” said Sam Abramowitz, senior. “When I do eat fast food, I usually get Wendy’s or Taco Bell.”

As for Taco Bell, most menu items are well above 350 calories and contain thousands of grams of sodium. Chew that over while devouring a Chicken-Quesadilla, 1,100-grams-of-sodium-filled goodness.

Splurging on dainty fries and a burger once in a while to satisfy a fast food fix will not steer one wrong, but being cognizant of what one is putting in their body can help one make better choices. And if one prefers items off the more unhealthy side of the menu, when indulging, just remember that moderation is key—too much of anything is never good.

LYNN PROFITS FROM DIVA DUCKS
While walking around campus, it is easy to get distracted, losing oneself in thought, and especially by watching a family of adorable ducklings.

Lynn has taken notice of the highly distracting influx of baby birds and squirrels that have recently littered campus and has decided to take immediate action. To prevent “cuteness-related injuries,” Lynn has decided to permanently erase the threat.

“We have multiple reports every day of students walking into walls and falling into lakes because they were staring at the ducklings,” said a faculty member. “The amount of cuteness polluting this campus is as appalling as it is dangerous.”

Every duckling and baby squirrel on campus has recently been “rescued” by Lynn and moved to an undisclosed location. Only the most ugly animals have been permitted to wander campus.
“I say good riddance,” said one freshman girl. “I broke up with my boyfriend because he was staring at a squirrel instead of me. He should have been looking at me; I am way cuter than a stupid squirrel!”

Some fear that the baby animals will be exterminated; yet the truth is much less diabolical. Lynn plans to display the animals in cages near the center of the ASSAF academic building, an area now known as the Lynn Zoo. Entrance to this area of the building is set at a reasonable $10.

“This is just the beginning,” said a faculty member. “We plan to ‘acquire’ a sum of puppies and kittens to display at the zoo. This will greatly benefit our wallets… I mean our students.”

Lynn has offered members of the university a bounty on the capture of unauthorized cute animal to ensure the University’s safety.

Note: This piece was written in a satirical, joking manner and should in no way be taken seriously.

**JOURNALISM LEGEND VISITS LYNN**

October 31, 2011 by Brittany Brown
Filed under Campus, People

[Leave a Comment](#)

*Oscar Winner Explains Ethical Dilemmas to Lynn Students*

By A.J.

**MERCINCAVAGE**

Copy Editor
Journalism students today face challenges of all kinds. As if finding a job after graduation was not hard enough, the profession itself can be filled with ethical dilemmas.

Oscar-winning producer and veteran journalist, Elinor Burkett visited Lynn recently to provide her take on the problems of news media.

“The nature of the profession is changing,” said Burkett. “I don’t think we’ve even begun to know where it’s taking us. It’s a new journalism; you’re going to invent it.”

Burkett’s experience with journalism is extensive. She wrote for the Miami Herald, Rolling Stone and Harper’s Bazaar before traveling to Zimbabwe on what she called a “fluke” to work as a journalism professor.

In Zimbabwe, she encountered a band called Liyana, composed of young people, all of whom had disabilities. To her, their music and lives commanded a story because the band members did not want pity. Instead, they wanted respect.

“They blew me out of the water. As I heard them, I wanted to do something about them,” she said. “It ran against the grain of what people in the West thought of Africans.”

But Liyana’s story was not a print piece, so Burkett decided to film a documentary about the band members. She worked as a producer and collected more than 400 hours of intimate footage, including the daily routines of the band members; even the difficulties of taking a bath with a disability were captured on film.

Burkett said she was able to get such intimate footage because of the trust she developed with her subjects and because she was not engaging in what she calls “parachute journalism.”

“One of the things you have to think about as a journalist is when you leave, what’s the impact you leave behind,” she said. “If you care about the people you’re working with, it’s a real problem.”

The film was bought by HBO as a documentary short, but a dispute over the focus of the film led to a lawsuit against the use of the footage. The film’s director, Robert Ross Williams, wanted to focus on the group’s lead singer, while Burkett maintained that they had committed to film the entire band.
The lawsuit ended with Burkett winning the right to use the footage to make her own film. Burkett remained a producer on the HBO piece, which focused on Liyana’s lead singer.

“What pulls at the heartstrings of Hollywood the most? In other words, it was a pity film,” said Burkett.

The HBO documentary went on to win the 2010 Academy Award for Best Documentary Short. During the awards speech, Burkett usurped the stage in a “Kanye West’ moment” to advocate for the other band members.

“I had a moral obligation to make a certain film that we promised the band members,” she said. “My audience is in Zimbabwe.”

Burkett would go on to use proceeds from the film to fund the education of the band members. Lynn’s own Energy Maburutse, freshman, is one of those lucky band members.

Burkett’s story and that of Liyana’s band members is evidence of the potential stresses of journalistic work. Obligations between subject and storyteller are fluid and there are tremendous gray areas in journalistic integrity.

“I don’t think there are hard and fast rules, other than can I get the story and get up and look at myself in the mirror,” said Burkett. “I don’t think this is ever easy.”

Students should be curious and unafraid of maintaining commitments, even if it means being controversial, according to Burkett. She urged that students keep moral obligations in mind when they join the workforce, and that they never forget the potential excitement of being a journalist.

“There’s a thing that you get when you know you’ve got the story,” she said. “And there’s nothing like it.”
Students React to Gaddafi’s Assassination

October 27, 2011 by Brandon Melendez
Filed under Featured, Politics, Politics, Politics and More Politics

Leave a Comment

Libyan's celebrating the murder of Gaddafi. Stock Photo.

Written By Megan Schoeffler

After many months of trying to find his whereabouts, Gaddafi, Libya’s former dictator, was captured and eventually killed on Thursday, Oct. 20 in Sirte.

There is still some confusion about when and how he died exactly. What is evident is that after his capture by those loyal to Libya’s new government, he was dragged through the streets, covered in blood. Footage has been released, revealing Gaddafi being mocked and beaten before he died.

The images of street violence are nothing short of disturbing, and looking at them could make one wonder whether or not the actions taken were inhumane. Should he have been kept alive to await punishment for his tyranny? Perhaps, however is it really up to me to pass judgement on those whom he had tormented for years?
We, as Americans, are on the outside looking in. We do not know personally what Libyans were put through by this dictator. If they believe the way his death was executed brings justice, then we should celebrate their newfound freedom along with them.

Written By Rachel Levenson

Gaddafi was an iron fist; a loose cannon. His erratic way of dictatorship and betrayal of his people ultimately led to his own bloodshed. Regardless, everyone deserves the right to a fair trial. A fair trial would have most likely led to his execution anyway, which would have been a much more humane way of death.

The killing was unfair in more ways than one, and not just for Gaddafi. No one deserves to be dragged through the streets and have their death exploited. I think everyone has a right to a fair trial and the right to defend themselves. Additionally, there were a lot of unanswered questions. For example, the Lockerbie Bombing; first of all, now we will never know how he planned it, why he did it, etc. And the victims and their families will never attain justice because those questions cannot really be answered.

While Gaddafi was an oppressor, his death was just sadistic. It reflects complete anarchy, and that is no way for humans to act. Killing someone and taking matters into one’s own hands is not right, regardless of how bad the criminal is. Any suspect, by law, must be tried in court. I am against Gaddafi and in no means defend his actions. I did think he needed to be overthrown, but not killed in the way that he was.

It’s also wrong that the media is exploiting his death and showing the brutal photos. The media almost makes a mockery of the situation by displaying all the graphic images. This is a big deal for Libya, and America just exploits the “story” as means for entertainment.

Written By Energy Maburutse

After a long period of human right violations and brutality of people’s lives the freedom flag is now flying in Libya. Muammar Gaddafi, who ruled Libya since he was 27 in 1969, has been killed. His death as portrayed by many has been a victory to the people of Libya. But there are many questions on people’s mouths today as to whether the dictator should have been captured and brought before court.

The life of living under a dictator is not as easy as people might be thinking. It’s a life where you have little choice, and as a Zimbabwean I can witness the feeling the people of Libya had as I have been born and raised under one leader. I do not think the death of any human being is something to celebrate but there no reason to mourn the man and we can take a certain grim satisfaction in his demise. Although he managed to bring about changes in his 42 years of power
like improvements in the education, the more important thing is he was a brutal and megalomaniacal dictator whom his policies had claimed a large pool of lives.

But did he deserve to die that way, tortured and dragged through the streets before being shot at close range? Even though he was killed because of the understandable frustration and rage of the citizens of Libya, I feel what it was done was a complete violation of the human rights. This was street violence and this was the same violence most people condemn as it is against the international laws. Yet some people still consider this to be a justifiable murder. I feel he should have been captured and brought to court for he had committed crime.

As we speak now the people of Libya are still looking for his supporters and relatives for they feel in killing every one of them lies the birth of their freedom.

**Written By Stephanie Parada Venegas**

Colonel Muammar Gaddafi was the longest leader in both the Africa and the Arab world after having ruled Libya and brings it to a diplomatic isolation. This led to the Libyan civil war for their freedom from this reign of terror.

Gaddafi was said to be dead on October 20, 2011 by a subsequent gun battle with government forces. I found that the way he died through it was a little brutal to be justified. This man with the iron fist had lost to the battle the Libyan people.

I found this day to be a memorable day not only for the people of Libya but for other countries that still might be put in this position, that there is still hope. I am very glad that the Libyan people broke out in fighting against the tyranny of Gaddafi and bringing his regime down in order for their people to have their own voice and begin a better life for themselves.

This country now has a chance to start over and unite the Libyan people again to build a strong and Democratic future. The people of Libya no longer have to live in fear of their own leaders, now they have a new life to look forward to in this new era.

The road may seem long and dark for Libya right now but this is a start to a new beginning for this country and they will be faced with difficult challenges that will only cause this country to come together. I am very happy that the Libyan people fought for their liberation and got rid of the dark tyranny of Muammar Gaddafi, now there’s no way but up for this rejuvenated country.

**Written By Katie Lemmon**

Dictator Gaddafi was brutally tortured, shot at point blank range and his body was paraded around for everyone to see on October 20th 2011. My personal opinion of his assassination is that it was completely justified.
As a little girl I learned, “Do unto others as you would like them to do unto you” If he didn’t want to be brutally murdered by the people in his country then he should have thought more about his actions. The whole world rejoices in his death because he was a horrible man and deserved to die.

Furthermore I think the act of taking his body around in public is a symbol of victory for the Libyan people finally able to take back control of their country. A man this evil did not deserve to have his day in court. I feel the same way about the Nazis and Hitler.

I don’t believe they deserved to have the trials at Nuremburg. The Nazis should have been executed the same they exterminated the Jewish people. I am a firm believer of Lau Tzu’s view,” An eye for and eye”. I would like to personally congratulate the men responsible for his death because they have liberated a country and made our world a better place by assassinating him.

Written By Sydney Putnam

As it is commonly understood, the attacks of Sept. 11 in 2001 struck much terror between the United States and the Middle East, as well as other countries around the world as well.

With efforts to protect the United States from any other terrorism, retaliation broke free and the United State’s troops faced a war against Arabic colonies.

After the deaths of two very prominent and harmful leaders involved in organizing the attacks, Saddam Hussein and Osama Bin Ladin, one significant and evil dictator still remained in action until very recently.

On Oct. 20, Muammar Gaddafi was pronounced dead. However, his death was far from natural. He was spotted in a car driving down a street in his country of Libya and soon after was carelessly dragged down the street exemplifying a site of gore.

Although mixed opinions on the death of Gaddafi have been raised, I strongly believe his inhumane death, which resulted in much violence and cruel acts, was in a sense deserved. Why? Because any individual who plots terrorist acts, acts upon those notions, rules his or her people in a completely unlawful order, and most importantly does not see any criminality in doing so, does not deserve to live, nor die a natural death.

Even though I am a believer in good and bad karma to an extent, insinuating Gaddafi would have suffered uncomfortably, yet naturally for his poor actions anyway, I believe measures as malicious and uncalled for as his very well called for the death he suffered.

Additionally, if Gaddafi was ever sentenced to a trial, his punishments for all his wrongdoings would be very worthy of execution. Therefore, his murder and beatings, along with the celebration of both, were just accomplishing a step that would have been acted upon later, but, in turn, was just tended to sooner.
An enormous majority of the Libyan population was happy with this outcome because Gaddafi’s method in ruling his country and its people were extremely unjust. Once he was killed, the Libyan people were reassured their country would be able to have restoration of a country made up of more equality than it was while he was in office.

Although Gaddafi’s death was not something that is just in any way, his previous actions of ruling his people in any which negligent way he pleased called for some sort of revenge. The people were able to obtain such revenge by participating in the barbaric, yet satisfactory events of his death.

Written By Ryan Hoffman

Muammar Gaddafi was killed after he was captured in Libya. People there have been very fed up with his actions for years while he was their president. My thoughts and opinions on this is that the people in Libya were being mistreated by his power and they wanted more freedom like Americans. People from Libya won’t forget the fear they felt while he was president.

Now that Gaddafi is dead, the Libyans will start building their own country in the next coming years. I have seen the videos of Gaddafi’s death and they were very intense and very sad to see, but it had to be done for the people of Libya. The way they did it was very reasonable since they had so much hate towards him and they knew it was the right way to do it. You could see their anger in their faces as they killed him, because they wanted him to suffer the way he had made them suffer.

Gaddafi is a man that wouldn’t step down when people in Libya threaten to kill him months ago. People have waited their day to catch the big fish and now they caught him with their guns and hands, instead of hooks.

People have been planning this for a long time and it has finally worked. People should be very proud of their victory on planning this in a simple way, without going to trial and just giving him what he deserved. This all should set a great example that we have to listen to other people on what they have to say, and Gaddafi didn’t do that. Libya has a long way to go in order to rebuild their country and new president. It’s a brand new day for Libya, and now their country can finally shine after being destroyed by Gaddafi
ENJOY MURDER MYSTERY FOR HALLOWEEN

October 20, 2011 by Brandon Melendez
Filed under Campus, Entertainment

Leave a Comment

The Play Reading Murder on Gin Lane Will Give Audience Good Memory for this Halloween

By MIMI TRINH

Assistant Editor

What can make this Halloween more fun and interesting than a murder mystery? On Monday, Oct. 24 at 7:30 p.m. at the Keith C. and Elaine Johnson Wold Performing Arts Center, the play reading Murder on Gin Lane will do just that.

The play focuses on the death of a Broadway producer/director in New York’s Long Island last spring, which seems like a suicide. His widow Delphine Davenport, on the other hand, thinks it was a murder. She and some of her friends and relatives try to figure out what really caused the death of her poor husband.

Different from regular plays in theater, play readings stand out through the actors and actresses voices, gestures and facial expressions instead of action. Performers typically sit and read the play to the audience, which makes it more exciting via the changes in their voice, volume and speed. With the excellent effort of the performers, the case in the play becomes more and more mysterious when the characters get closer to the truth.

What is special about Murder on Gin Lane is the fact that Jan McArt, director of theater arts, is going to be in it. She features as one of the performer. The experience and talents of actors and actresses along with the participation of Jan McArt promise a great time for audience.

Each student, faculty and staff at Lynn may have two free tickets if they call or stop by the Boice Box Office located in the Keith C. and Elaine Johnson Wold Performing Arts Center. Boice Box
Office opens from Monday through Friday, 9 a.m. to 5 p.m. Free tickets are only available two days before the show, so pick them up on Friday, Oct. 21.

SHINING LIKE A STAR WITH LYNN STUDENTS

October 20, 2011 by Brandon Melendez
Filed under Campus, Entertainment

Leave a Comment

Students at the Conservatory of Music Have a Chance to Compete in Front of Live Audience

By MIMI TRINH

Assistant Editor

Sunday, Oct. 23 at 9:30 a.m. at the Amarnick-Goldstein Concert Hall, 10 finalists at the Conservatory of Music will show their talents with different musical instruments on stage. The winner will perform as a soloist with the Lynn Philharmonia in the “Concerto Winner’s Concerts” on Dec. 3-4.

All competitors will gain lots of benefits at the concerto. “They will have the experience of playing live with the orchestra in front of live audience,” commented Angela Juliano, director of Boice Box Office. “They can even put it on their resume.”

What is great about this concerto in particular and arts in general is that both performers and audience will have a wonderful time together. While the competitors have a chance to express their passion and talents, the audience will see another aspect of life. “They learn about real life by experiencing culture in many different ways through music,” said Juliano.

In order to make the competition fair, Lynn invited outside judges who have never known the competitors before including Cynthia Phelps, Principal Viola-New York Philharmonic; David Krauss, Principal Trumpet-Metropolitan Opera Orchestra; and TJ Lymenstull, piano-Interlochen Arts Academy, Montecito Festival (California).

Enjoying the precious moment of life through music, supporting other students, getting out of the room, doing something fun at the weekend and trying something new are all good reasons to attend the concerto. This concerto is a great opportunity for all music students to learn from each other. The concerto is free for everybody, and the seats are general admission.
Lynn Members Become More Interested in Legal Issues such as Death Penalty

Students and faculty at Lynn excitingly discuss the pros and cons of the death penalty to determine if it is biased. “Only 12-13% of the U.S. population is black, but yet 41% of the death row inmates are black,” said Sindee Kerker, B.A., J.D.

Every semester Professor Kerker has students in her Justice and Civic Life class debate the pros and cons of death penalty. She hopes through these debates students can make an objective decision of whether they are for or against the death penalty.

“The death penalty is used in first degree murder cases with special circumstances,” said Professor Kerker. “Some examples of a special circumstance include killing more than one
victim, torturing a victim, sexually abusing a child which results in death, killing a law enforcement officer, hiring someone to kill a person and killing a person for financial gain.”

On the heels of the death of Troy Davis, students question if in fact the death penalty is biased. Troy Davis was a black man sentenced to death for killing an off-duty white police officer in Georgia. His case was appealed by Attorney Jason Ewart with nine of the eleven witnesses recanting their testimony.

Besides witness testimony, there was no other evidence against Davis; the gun used to kill the officer was never found. The state went along with the execution although there was a petition submitted with hundreds of thousands of signatures along with Davis’ support from many celebrities and activists.

Amnesty International reports that a black convicted of murdering a white person is more likely to be sentenced to death than vice versa. “This automatically proves that the death penalty is biased,” said Neskati Petit, senior. “I don’t know why they won’t get rid of it.”

By DESTINY GOLDEN
Staff Writer

FOOD FOR THE POOR AT LYNN

October 18, 2011 by Brittany Brown
Filed under Best of Boca, Campus

Leave a Comment

International Relief is Right Here on Campus and it Helps Worldwide

Students in a FDP house. Stock Photo.

By HANNAH JACOBSON
Staff Writer
Food For The Poor is the third largest international relief and development organization in the U.S. FFP is a Christian agency, that works to help impoverished people in 17 countries in Latin America and the Caribbean. Some of the 17 countries that Food For The Poor provides services for are Honduras, Haiti, Jamaica, Mexico and Panama.

Founded in 1982, Food For The Poor has provided more than $8.2 billion in aid and built more than 73,605 housing units for people in need of adequate shelter. 96 percent of all donations go directly to the programs that help the poor. Food For The Poor provides emergency relief assistance, clean water, medicine, educational materials, homes, support for orphans and the aged. FFP also provides skills training and micro-enterprise development assistance.

Food For The Poor is well known for their mission trips to four of the countries that they are involved with. Those four countries are Honduras, Haiti, Jamaica, and Nicaragua. On the mission trips, they serve food to the homeless, visit orphanages and homes for kids with HIV and AIDS, build homes for homeless families and schools for needy children.

FFP is involved with Lynn in a few ways. First, FFP works with a club on campus called Students For The Poor. A group of students meet once a week to discuss volunteer work around South Florida and set up fundraisers to help raise money for the organization. The two fundraisers that Lynn and Food For The Poor are involved with are the All Nighter For The Poor and a week of sleeping in tents and eating only one meal a day.

You can get involved by attending the weekly meetings held on campus. All other information can be found on the Lynn University Website under clubs and public relations link.

“It’s a great experience to travel with Food For The Poor and I think everyone should get involved,” Says Robin Bouricius. Student For The Poor club member.

LAMMLE’S TRENDY BEAT

October 18, 2011 by Brittany Brown
Filed under Columnists, How To

Leave a Comment

How to be a Responsible Drinker All the Time

Alcohol consumption has risen in the past years by a reasonable number. “Each year students spend $5.5 billion on alcohol, more then they spend on soft drinks, tea, milk, juice, coffee, or books combined,” according to Drug-Rehabs.org. Alcohol has been part of human civilization for thousands of years and although it is associated with pleasure and sociability, its usage may have harmful consequences.

The fact is that alcohol is part of our society and young adults are exposed to it every day, whether it is on television advertisements, billboards or even on restaurant menus. According to
the Website ‘Be Responsible About Drinking’, “Alcohol consumption by college students is linked to at least 1,400 student deaths and 500,000 unintentional injuries each year.”

Consequently, it is important for us to take action and help reduce the numbers of accidents that are caused due to irresponsible alcohol consumption. Drinking, like any social activity must have some guidelines to make it a safe activity.

Being a responsible drinker means making good choices before and while drinking. Those choices include, but are not limited to: not drinking while on medication, sick or when you are the responsible driver. It also means to always be responsible for yourself while drinking, instead of relying on a friend to take care of you while you drink.

Here are some important tips on how to drink responsibly posted on the Indiana University’s website; first and most importantly, know your limit. Having no more than one drink per hour is a good way of staying in a safe ground. You need to know and keep in mind what should be your last drink and which drink will make you cross the line and get drunk.

Secondly, it is always good to eat while you consume alcoholic beverages and never drink on an empty stomach. Also, take sips of your drink instead of chugging down the glass, because that allows your body to process the alcohol faster and that way you will not get drunk and you will enjoy your drink more.

Thirdly and lastly, you should always have a non-alcoholic beverage while you are drinking alcohol to keep the desired blood alcohol concentration and you should always stick to the same type of drink during the night.

Keep in mind that you should only have a drink when you really want one and not because you feel pressured to. In addition, you should always have a designated driver or a plan on how to get back to your dorm or apartment after drinking.

Nonetheless, I would like to add the fact that the consumption of alcohol is not necessary to have a good time. You can have a great time and be safe, without drinking alcoholic beverages.

Remember, what you drink and how you decide to drink will affect your future and may affect how much longer you are going to live. So drink responsibly.
Why Women are Drinking More

In the past decade, the number of women involved in alcohol related crimes has raised. This is no surprise taking into consideration that women are drinking much more alcohol now than they were years ago.
Why is that? There are many reasons, but the main one is the fact that nowadays it is socially acceptable for women to drink in public. Nonetheless, it is the harmful consequences that drinking can have, the ones that have been increasing as well. A study based on data from the U.S. National Highway Traffic Safety Administration found that “female drivers involved in fatal crashes actually increased over the years we studied — 1995 to 2007,” said Dr. Federico Vaca, a professor of emergency medicine at Yale University School of Medicine and the study’s lead researcher.

Besides that fatal consequences that drinking and driving can have, there are many other consequences from drinking. For instance, “women who drink regularly are at significantly greater risk for liver damage than men even if they drink less or drink for a shorter period of time,” according to Brad21.org. In addition, more alcoholic women die from cirrhosis than men and the odds of women experiencing sexual aggression are nine times higher on when consuming alcohol.

Women should be aware and take into consideration the fact that they absorb alcohol into the bloodstream faster and metabolize it slower than men, which means that alcohol affects women in a different way, making them more prone to get drunk faster than men. So never should women compete against men or drink at their same pace or level. They should take more consideration into their actions and think more responsibly when it comes to drinking.

By PATRICIA LAMMLE
Editor-in-Chief

**SHOULD 21 BE A MAGIC NUMBER?**

October 18, 2011 by Brittany Brown
Filed under Campus, Health & Beauty

Leave a Comment

*Students’ Honest Opinion on the Legal Drinking Age in America*

iPulse set out to see how students feel on the legal drinking age of 21 in America.

“I think it should be the same as it is in England, which is 18. In America at the age of 18, you are legally considered an adult and have heavier responsibilities, but are not allowed to drink a beer,” said Ryan Birch, graduate student from London, England.

“This is a terrible law in the United States. If you can kill someone in the army, then you should be able to go to a bar,” said Max Drattell, junior from America.
Student speaking about drinking age.

“The drinking age is way too high. If people are responsible enough to legally be able to drive at the age of 16, then it should be around that age that teenagers should be able to consume alcohol,” said Agnar Bragi, graduate student from Iceland.

“I think this law is ridiculous! When you are still living with your parents, you have a stronger support system. This is a great foundation for experimenting with alcohol and I believe it should be legal to drink in the presence of your parents,” Shelly O’Connell, senior from America.

“The legal drinking age should be lowered, so students don’t abuse it when they have easier access to it in college,” said Meggie Marino, graduate student from America.

“I find the age of 21 to be the perfect legal drinking age because when you are older you have the capacity to make wiser choices and therefore be more responsible when given the opportunity to consume alcohol,” said Megan Schoeffler, junior from America.

To date, the legal drinking age is 21. However, hopefully in the future the law will be altered because of the wide variety of opinionated Americans.

By ALYSSA JACOBSON
Staff Writer

PLASTIC SHOES OF THE FUTURE

October 18, 2011 by Brittany Brown
Filed under Fashion, Lifestyle

Leave a Comment

Melissa Shoes are a Way to go Eco-Friendly While Looking Fashionable
Melissa Shoes have been making an eco-friendly fashion statement since 1979 and have spread around the world, from fashion brand collaborations to the average person.

The Melissa brand has been using the soft, flexible and eco-friendly patented Polyvinyl Chloride as well as a small amount of reused materials. They can also be recycled when they wear out.

The cruelty-free shoes have been complimented for their forward thinking. “I think it is a good use of renewing materials,” said Mallory Vendrick, freshman.

The brand has also had collaborations with well-known designers such as Vivienne Westwood, Jason Wu and Jean Paul Gaultier. They have also been seen on celebrities such as Katy Perry, who was the cover girl for Plastic Dreams’ fourth magazine.

“Eco-friendly shoes will become a trend because most people right now want to help the environment and are more likely to purchase shoes for this reason,” said Christine Gisondi, freshman.

Melissa Shoes are just one of the many examples of new eco-friendly fashion trends, and will not be the last. But with their forward thinking in both the materials they use and the styles they make, they are sure to raise brows.

By JULIA COHEN
Staff Writer

IRISH PUB ALONG THE PLAZA REAL
The Dubliner Offers a Perfect Combination of Irish Styles and Delicious Meals

There is no sincerer love than the love of food, according to Irish playwright, George Bernard Shaw. The Dubliner, an upscale Irish pub in Mizner Park, has taken Shaw’s words of wisdom to heart.

The Dubliner Irish Pub offers patrons quality Irish and American food within the confines of a traditional Irish pub, complete with portraits of the Irish poet, Oscar Wilde, stained wood décor and old-fashioned Guinness posters.

Sophia Barrett, junior, enjoys her meal at The Dubliner Irish Pub in Mizner Park.

The standbys of Irish cuisine are: fish and chips, bangers and mash and shepherd’s pie. The Dubliner also serves steak and seafood. There is even a vegetarian take on shepherd’s pie.

“I’m a huge fan of Irish food,” said Sophia Barrett, junior. “And everything at The Dubliner was really good. The portions weren’t as big as other places, but it wasn’t too expensive either.”

All entrées at The Dubliner run from about $15 to $25.

“We’re really going for the gastropub feel here,” said Ryan Badamo, one of the bar managers. “And we’ve got live music every night except Monday.” Monday night is karaoke night and there is even more entertainment on Tuesday nights when the
pub hosts trivia contests and gives away prizes such as local concert tickets. Trivia teams of five can sign up for just $5 per person on Tuesdays.

The Dubliner Irish Pub serves 10 beers on tap and has more than 50 varieties of bottled beer from around the world, offering the casual drinker a wide selection.

Everyday specials include buckets of any four microbrew beers for $20.

Flat screen televisions line the walls and a projector screen hangs above the main stage on game day, making The Dubliner a great place to kick back and watch any sporting event.

The Dubliner staff might quote Oscar Wilde saying, “Nothing succeeds like excess.” But in truth, The Dubliner succeeds because it has everything: good food, live music and a great sports venue are the winning formula for any pub.

The Dubliner is located just minutes from Lynn in Plaza Real at Mizner Park.

By A.J.
MERCINCAVAGE
Staff Writer

A WEEK OF ALCOHOL AWARENESS

October 18, 2011 by Brittany Brown
Filed under Campus, Featured

Leave a Comment

Lynn’s Counseling Center Hosts a Week of Events to Promote Alcohol Safety

By DESTINY GOLDEN

Staff Writer

Students show responsibility of not drinking and driving. Staff Photo/ M. Slavin.
Students and faculty are geared up to participate in Alcohol Awareness Week, Oct. 17-20.

Every year, the Counseling Center holds an alcohol awareness week so that students are aware of the dangers of alcohol. The Center for Disease Control states, “one in four young adults between the ages of 18 and 24 binge drink.”

“National Collegiate Alcohol Awareness week is designed to raise awareness about the dangers and consequences of high-risk drinking, mixing alcohol with other drugs, drinking and driving and alcohol and sexual assault,” said Gail DeCina of the Counseling Center.

The week is intended to be informative as well as entertaining. It kicks off with a student run “mocktail” competition and a performance by comedian Matt Bellace.

The week continues with a student run debate questioning whether the drinking age should be lowered to 18, instead of being 21.

“I think it would be interesting,” said Maha Al-Sowayegh, senior. “But I think most college students would want it to be lowered.”

There will also be student peers in recovery speaking about their experiences with alcohol and informative presentations about what you think you know about drugs from Narcotics Overdose Prevention Education.

The week concludes with a student run on-campus bar and free giveaways. Refreshments will be served at most events.

Events will be held in locations throughout campus such as the Green Center, Perper Plaza and Knights Court. Students should keep an eye out for posters and flyers giving more details on the specific events.

If any student feels they or a friend has a problem with alcohol, DeCina said, “they can bring them to the counseling center or fill out a Concerned Persons Report.”

COMBATING BULLYING AT HOME

October 18, 2011 by Brittany Brown
Filed under Campus

Leave a Comment
Students are excited that leaders in the Boca community are discussing the effects of bullying, in the hope that it will come to an end.

Bullying comes in many different forms. It can be seen in schools, the workplace, home and online. “One out of every four teens is bullied,” says Stompoutbullying.com

“I think it’s important to discuss bullying so that we can try and avoid it in the future, or even try and end it all together,” said Hannah Springer, sophomore.

Lynn, in conjunction with the Sun Sentinel, recently hosted a forum called School Bullying: How to Stop It. The forum panel included Tony Plakas, Kim Mazauskas, Nazmi Ahmed, Debbie Johnston and Dawn DiPaola.

The forum was attended by Lynn students, faculty, community leaders, parents and their children. Attendees touched on issues such as going from victim to bully, ways to combat it online and in school and, most importantly, how parents can deal with the situation without making it worse for their child.

“I think Lynn should have more forums like this,” said Springer. “I think Lynn students would be interested in it.”

Forum panelist Debbie Johnston spoke of her son, Jeffrey Johnston, who committed suicide after being bullied for several years. Following his death, she rallied for the Jeffrey Johnston Stand Up For All Students Act. The act was signed into law in 2008.

“I think it’s great that the woman whose son committed suicide is sharing her story with the people around her,” said Springer.

By DESTINY GOLDEN
Staff Writer

WEARING FASHION ON THE WRIST
Watches are Now a Hot Selling Fashionable Accessory, Not Just a Useful Tool

Students wear watches every day for different purposes than just telling time; they are a tool and a popular trend as well. Armani, Burberry, Breitling, Hublot, Cartier, Rolex, Michael and Marc: who is your brand?

Everyone carries a name and a price around their wrist.

Over the past couple years, designer watches have got more popular and the bigger the better. On this campus, students wear watches to characterize themselves. It is not just someone’s attire that tells a story about them, but now their watches.

A watch was once a way for strictly telling time; now it has become a fashion statement. There is a watch for every outfit, every season and everyone. “It’s an accessory that shows your personality,” said Sarah Benjamin, junior. “It can be glitzy, it can be classy and it will never go out of style.”

There is a watch with any shape, color, size and price for everybody. It can be diamond encrusted, a mother of pearl face, all silver or gold and turtle or black. There are numerous options, which lead to difficult choices.

A watch can make a person feel a certain way such as empowered, cute and even successful. “I like to wear a watch because it makes me look sophisticated,” said Vito Tripiano, sophomore. A watch can give off a theme and a sense of who someone is.
Lynn’s campus has a diverse range of watches, fitting everyone in their own way. Students have watches for specific occasions such as for class, nice dinners, going out and even just for the gym. No matter who the person is, they are carrying a brand on their wrist.

By MARIAH KULKIN
Staff Writer

**Talk About It**

- **PUSHING THE WHEELS TO THE NET**
  - October 18, 2011 by Brittany Brown
  - Filed under Athletics, Featured, Photos
  - Leave a Comment
  - *Students Test Their Basketball Skills in a New Way for Disability Awareness*
  - By CASSIE VERGARA
  - Staff Writer

Students participate in grueling matches during the annual wheelchair basketball tournament. Staff photos/S. Goldsmith.

In honor of Disability Awareness Month, students gathered together to participate in a wheelchair basketball tournament. Wheels to the Net took place on Oct. 6, providing the chance for students to play the game of basketball while seated in wheelchairs.

There were 19 teams, including students from Lynn and FAU, that signed up and played for the chance to win a trophy and, more importantly, gain a better understanding of this unique sporting event. It was tournament style as teams went wheel to wheel during eight minute half-court games. It was a single elimination tournament, consisting of 10 rounds of competition.

This event was a fun way to allow students to experience an everyday sport from a new perspective.

Stephanie Hammerman, senior, sponsored the event. Hammerman is the creator of Disability Awareness Month and an advocate for this cause. “This event was originally a simple vision,” said Hammerman, “and our community turned it into an extraordinary reality.”
The turnout for the event was a success. The energy was very high and grand. The goal of the event was to make students aware of the challenges others may face and to understand what that lifestyle is like. The tournament seemed to achieve its goal as individuals fought their way down the court, letting their competitive sides take over.

“It gives people perspective into an everyday thing like basketball and how much harder it gets when you can’t use your legs,” said Tommy Postek, sophomore. Being given the chance to participate in Wheels to the Net is a wonderful opportunity. “I’m participating in the event to understand what it is like to be an athlete with disabilities,” said Amanda Schultz, senior.

In the championship game, Zee Germans, a team made up of the Lynn men’s soccer team, played Queezy Fo Sheezy from FAU. In the end, Queezy Fo Sheezy took the title of champions and the trophies.
BATTLE OF THE SEXES IN T.V. LAND

October 17, 2011 by Brittany Brown
Filed under Entertainment, Lifestyle

Leave a Comment

Ladies Come Together for Gossip Girl and Fellas Gather For Football

The cast of Gossip Girl. Stock.

The CW’s hit show, “Gossip Girl,” is the number one program for most girls. But how does “Gossip Girl” compare to Monday night sports?

The hours of Monday night sports are very important to most men. “When Monday night sports are on, I’m in game mode,” said Greg Zambito, alumni. “No other TV show will get in my way when my team is playing.”

Every Monday night most of Zambito’s friends get together and watch their teams play. “Monday nights are one of my favorite nights,” said Peter Mihos, senior. “I get to hang out and root for my team. Go Red Sox.”

“Gossip Girl” is comparable to Monday night sports for girls. When “Gossip Girl” is on, all the girls get together and have a girls’ night.
“I am so excited for the first episode of Gossip to air,” said Bianca Manica, graduate student. “Even though most guys don’t watch it, I think they should because they might be able to learn a little from Nate and Dan.”

“When ‘Gossip Girl’ is on, no one can talk to me,” said Christina Yancauscus, graduate student. “I’m basically in the zone because this is one of my favorite shows.”

Monday night is a favorite night of mine. A bunch of my friends get together and we make dinner, have popcorn and watch “Gossip Girl.”

We get all the talking out of the way before the show starts because the number one rule is no talking when “Gossip Girl” is on. Season five of “Gossip Girl” aired on Sept. 26, and after watching the first episode, it looks like “Gossip Girl” lovers are in for a juicy season.

By BECCA STOPPELMANN
Staff Writer

NIGHTS OF DRINKING GONE BAD

October 17, 2011 by Brittany Brown
Filed under Health & Beauty

Leave a Comment

Lynn is participating in the National Collegiate Alcohol Awareness Week. iPulse set out to ask students of legal drinking age about their worst drinking experience.

“I sprained my ankle dancing while severely intoxicated. Now, I don’t drink when I go out dancing,” said James Aldred, senior.
“I got escorted off the property of Universal Studios for urinating on the lawn outside of an attraction. I now only drink in a close vicinity to a toilet,” said Kim Restaino, senior.

“I fell in a deep, muddy ditch late at night in Louisiana and could not climb out. I was stuck in the mud for five hours, until my friends found me. Now, before I consume any alcohol, I make sure to have a DW, aka designated walker,” said Elisandra Colon, junior.

“I stumbled out of a bar and vomited on a police car, unfortunately, with the officers still inside the car. Now, I don’t put straws in my drinks so I don’t drink as quickly,” Jeff Stein, graduate student.

“I have never had a bad drinking experience because I am very responsible with my alcohol consumption,” said Stephanie Williams, Lynn alum.

“I once climbed a tree and couldn’t get down until the fire department came to rescue me. Now, I never drink near trees and only drink with at least one buddy with me,” said Reshard Wright, sophomore.

iPulse encourages all students to drink responsibly, whether it be with a buddy or away from muddy ditches.

By ALYSSA JACOBSON
Staff Writer

FALLING FOR THIS FALL’S PLAY

October 17, 2011 by Brittany Brown
Filed under Best of Boca

Leave a Comment

Lynn Drama Professor Directs This Year’s Fall Production, “Boeing, Boeing”
Simpson observes students rehearsing for the play “Boeing Boeing,” which will be appearing in late Oct. Staff photo/ S. Barrett.

“Boeing Boeing” takes place in France in the 1960s. One bachelor is engaged to three different air hostesses. Everything runs smoothly until the timetables get messed up and all women end up in the house together, lending to utter chaos.

iPulse set down with drama professor, Carrie Simpson, who directs the full edition of “Boeing, Boeing.”

iPulse: Why did you choose this show?

Simpson: I chose this show because we have a lot of female actors and I wanted to do something that showcased females in character roles. We also don’t have a lot of males so I wanted a small male cast. I also definitely wanted a comedy.

iPulse: What is your vision for this show?

Simpson: My vision is organized chaos. I want it to be a door slamming, hilarious, slapstick comedy; I want the audience to come in and laugh. The purpose is for pure entertainment and to leave all outside things at the door.

iPulse: Why did you choose the actors that you cast?

Simpson: In the auditions they were the best for each role. Each person brought the character to life in which I envisioned.

iPulse: This play is a lot of physical comedy. What makes a show like this enjoyable to direct?

Simpson: Because it’s fun. I’m a physical actor and person. Physical comedy is what makes me laugh.
iPulse: We recently found out that you’re pregnant, has this affected your directing in any way?

Simpson: Normally, I would be doing the physical things with the actors and showing them how to fall and drop, but I have to explain it differently rather than physically showing it.

iPulse: Do you enjoy directing college age students, or would you prefer older or younger?

Simpson: I enjoy directing college age. I have directed children before and hated it. Directing adults would be wonderful, as well.

iPulse: Do you prefer directing over acting?

Simpson: In a way, yes. I do a lot more directing than acting. I think a lot more like a director than an actor. I look at a script through a director’s perspective and see the whole picture. It’s when I read a specific character that speaks to me; that’s when I want to act it. I also won’t direct a show where I can clearly see myself in a role.

“Boeing Boeing” starring Michael Williams, Marc Castellano, Kayla Golladay, Sophia Barrett, Jen Morano, and Bianca Barioli will be showing in the Schmidt Studio Theatre on Oct. 26-28.

By SOPHIA BARRETT
Staff Writer

LOVING THE LASPADA’S LIFESTYLE

October 17, 2011 by Brittany Brown
Filed under Food

Leave a Comment

Laspadas Offers Students an Inexpensive, Filling Alternative to Boring

Alex Berger, junior, enjoy a relaxing, filling lunch at Laspada’s Hoagies in Boca. Staff Photo/ M. Kulkin.
Laspa’s Hoagies, located on Northwest 19th Street, has been serving hoagies in South Florida for over 30 years to hungry sandwich eaters. Laspa’s is a place for everyone, with anything that can be put in a sandwich available, instead of simply a pound of meat.

Students eat here for a few reasons: affordable, fun and delicious. Everyone who works at Laspa’s is very nice, and the way they make their subs is really fun. They slice all the meat right in front of customers, throw it down the assembly line and catch the meat in the sandwich.

What makes Laspa’s the best of Boca, is the fact that it is not a worldwide chain like most sub shops. They are only here in South Florida; they are also the only sub shop of their kind. The way they work and operate makes them unique and stand out among other competitors.

Go to Laspa’s with an empty stomach because it cures hunger fast. “When I eat Laspa’s, it is usually the only thing I eat all day,” said Alex Berger, junior. “It fills me up so quick that I can never finish a whole sandwich, which leaves leftovers for dinner.”

It is every sandwich lover’s dream because they have it all. “Laspa’s is like tasting a bit of heaven. There is just the right amount of bread, meat and toppings,” said Caitlyn Cafasso, junior.

The restaurant is a popular place for all ages, from teenagers to college students and families. Laspa’s is the local fun neighborhood sub shop that everyone loves. “It is honestly the best sandwich I’ve ever had,” said Sarah Benjamin, junior.

Lunch at Laspa’s is the perfect meal: a one-pound meaty sub, a bag of chips and a nice cold refreshing drink for only $10 or less.

By MARIAH KULKIN
Staff Writer
Students React To Wall Street Protest

October 13, 2011 by Brandon Melendez
Filed under Featured, Politics, Politics, Politics and More Politics

Leave a Comment

Sydney Putnam

Unfortunately, throughout the course of the recession The United States has been faced with, an enormous amount of jobs have been lost, families have faced sudden changes in their lifestyles, and most simply, the economy has been sufficiently weakened.

Recently, there have been ongoing protests in many cities around the country dealing with the economic crisis many believe President Obama has lacked to appropriately tend to.

Demonstrators have been honed in on closely in New York City where Wall Street and the Upper East Side, both large areas known to bring in promising finances, have been targeted specifically. Protesting in these areas has led people to refer to activists’ actions in close relation to the Occupy Wall Street movement.

The objective of this movement is to in a sense make financial situations as equal as possible amongst the vast majority of the country’s population. For a very long time, Democrats and other individuals who feel strongly about the wealthy not being taxed enough have urged to find ways that Obama could create some sort of economic and financial equality.

However, is this truly fair? Should it be that just because a portion of the country’s population is suffering finding jobs, paying bills, and living frugal lives, that those who have not been faced with such problems should be pushed in the direction of facing them?

With that understood, both the Democratic and Republican parties are entitled to and obtain their own thoughts on this new movement. But, what needs to be comprehended is the fact that in any given situation there are always going to be those who are looked upon as “better” than the next person, and conclusively, such actuality will always strike conflict in regard to the imbalance.

What is to be learned from this in terms of the Occupy Wall Street movement is that even with the raising of taxes on the wealthy, there will still be those who are making more money in their
occupational positions than who can be referred to as “the common man.” All in all, will the protests truly create the change activists and democrats are voicing is necessary for the well being of both the people and the country itself?

**Scott Young**

Protesters have occupied the busy roads of New York City’s very own Wall Street, in order to fight their oppression of corruption, corporate greed, and income inequality of Wall Street businesses. For nearly more than a month, protesters have stayed true to their beliefs and stuck to the plan of trying to overturn the differences of the powerful Wall Street.

After years of anger and financial struggle, the New York City protesters are going strong for what they believe in on the cold autumn streets. No one knows how long these folks will stay ambitious for their goal of an American revolution.

I hope they can stay ambitious, because I am also a believer in opposing to the corrupt systems of Wall Street. Wall Street takes money from lower class citizens as easy as a mother taking candy for their child. The support and dedication these people have put into their practice shows how badly Wall Street is in need of a change.

If the majority of the headstrong working citizens keep up their hard work, maybe it could show others that becoming richer and richer is an aggressive action that there is no need for if you can already live comfortably. Only time will tell who will be the ultimate winner, whether it is for morality or dominance of the system.

**Energy Maburutse**

More than 500 demonstrators from Wall Street have been arrested on Saturday as they took to the roadway and blocked the traffic on Brooklyn Bridge.

The protestors have grown from a few hundred to more than a thousand marched. Unlike any other protest that has happened in the past, where people held similar specific interests- anti-war, anti-racism, ant-government and others. Wall Street demonstrators come with wide varying views, interests and backgrounds.

According to reports, the themes emerging from these protestors keep on changing. Some of the themes they are protesting include issues such as the rich own the politicians. As I see it, the media almost across the board view events through the eyes of the rich.

Many people including analysts have viewed this protests a waste of time as it does not provide specific solutions to these problems.

As a Lynn student from Zimbabwe, I find this protest challenging to understand as this is not common in my country. In Zimbabwe, we just keep quite no matter how hard the situation.
Unfortunately, the Wall Street protestors have no “specific” goals. Taking the economic job issue as an example, America is not going to wake up floating in a pool full of jobs one morning. This is a long periodical change that needs people to work together not voices on the streets only.

Rachel Levenson

The continuous “Occupy Wall Street” protest that has been going on since September 17, 2011 has spread nationwide and been a topical focus for news commentators since it began. The demonstrators are picketing against social and economic inequality, corporate greed and the influence of corporate money and lobbyists on government. Underlying it all is a 9.1 percent unemployment rate.

The demands of the Wall Street protest remain vague and unclear. The demonstrators are demanding a broad scope of social and economic change and insist our country is in need of a revolution. Some blame the government, but most blame the banks.

I think the protest encourages middle-class America providing hope that if enough people come together and take a stand, maybe we can make a difference and head in the direction of social and economic revolution.

Although the government assures that action is in place, millions of Americans continue to struggle. Wall street is yet to get the message.

The protest demonstrates how fed up middle-class Americans are and instills faith in those without a chance to voice their concern. The market’s plummet over the past decade has spiraled our nation’s economic crisis leaving many Americans out of work.

Middle class America’s effort to do something about our unequal economy and social class is the only shot we have at succeeding in change. If we don’t stand up together and take action, who will? If Corporate America continues to take all the country’s profits, our economy, how will the struggle ever cease?

Although the government says it is trying to equalize the playing field, so far it is struggling just like the millions of Americans. Perhaps protest is the only answer.

Carlie Admire

For the past month anti-corporation and anti-government protesters continued their demonstrations throughout the streets of America. The Occupy Wall Street Movement is a productive social outbreak against the “unacceptably high” unemployment rate swarming the United States.

The protesters should continue to fight for the jobs of the fallen Americans, reducing the 20.1% unemployed. By acquiring the attention of New York politicians, the protester’s standouts became more imperious as they fought against the proposal of laying off more than 700 education workers in order to eliminate a gap in budgets.
These demonstrators are Americans who have been affected by the economic crisis; they have lost their jobs and homes, and find themselves struggling to provide for their families on a daily basis.

By joining together, in a nonviolent movement, their voices can be heard by our government and political leaders. We are Americans; by working in unity we can energize the collapsed business market, regaining a stronger economy while rebuilding our nation’s morale. These times are tough, but we are tougher.

IRISH PUB ALONG THE PLAZA REAL

October 13, 2011 by Brandon Melendez
Filed under Best of Boca, Food

Leave a Comment

The Dubliner Offers a Perfect Combination of Irish Styles and Delicious Meals

By A.J. MERCINCAVAGE

Staff Writer

Above: Two students watch football while experiencing the Irish culture at The Dubliner. Staff Photos/ A. Mercincavage.

There is no sincerer love than the love of food, according to Irish playwright, George Bernard Shaw. The Dubliner, an upscale Irish pub in Mizner Park, has taken Shaw’s words of wisdom to heart.

The Dubliner Irish Pub offers patrons quality Irish and American food within the confines of a traditional Irish pub, complete with portraits of the Irish poet, Oscar Wilde, stained wood décor and old-fashioned Guinness posters.
The standbys of Irish cuisine are: fish and chips, bangers and mash and shepherd’s pie. The Dubliner also serves steak and seafood. There is even a vegetarian take on shepherd’s pie.

“I’m a huge fan of Irish food,” said Sophia Barrett, junior. “And everything at The Dubliner was really good. The portions weren’t as big as other places, but it wasn’t too expensive either.”

All entrées at The Dubliner run from about $15 to $25.

“We’re really going for the gastropub feel here,” said Ryan Badamo, one of the bar managers. “And we’ve got live music every night except Monday.”

Monday night is karaoke night and there is even more entertainment on Tuesday nights when the pub hosts trivia contests and gives away prizes such as local concert tickets. Trivia teams of five can sign up for just $5 per person on Tuesdays.

The Dubliner Irish Pub serves 10 beers on tap and has more than 50 varieties of bottled beer from around the world, offering the casual drinker a wide selection. Everyday specials include buckets of any four microbrew beers for $20.

Flat screen televisions line the walls and a projector screen hangs above the main stage on game day, making The Dubliner a great place to kick back and watch any sporting event.

The Dubliner, staff might quote Oscar Wilde saying, “Nothing succeeds like excess.” But in truth, The Dubliner succeeds because it has everything: good food, live music and a great sports venue are the winning formula for any pub.

The Dubliner is located just minutes from Lynn in Plaza Real at Mizner Park.

**EXPLORING THE WORLD AT LYNN**

October 13, 2011 by Brandon Melendez
Filed under Campus

Leave a Comment

*Students Can Earn an International Certificate Beginning This Year*

By MIMI TRINH

Assistant Editor
Whether it is taking classes with a worldwide focus or traveling to other countries and understanding different cultures, “the Certificate in International Perspectives and Global Citizenship grants students the opportunity to highlight their global studies at Lynn,” said Anna Krift, director of Center for Global Education and Citizenship.

“The program gives people a chance to study and understand other cultures,” said Alezandra Michelle Berrio Camacho, freshman from Panama.

The International Certificate lets students discover the world while giving them recognition on their transcripts.

Basically, you can look for jobs overseas, in places such as China, especially with the current economy in the U.S.,” said Zhu Yanbin, graduate student from China.

Earning a certificate is very easy since there are only three requirements. “In order to earn the certificate, students must complete four courses with a global focus within the Dialogues of Learning, Lynn’s core curriculum, three courses with a global focus within their major and an individualized academic program that will include study abroad, an internship with an international focus or a service learning project with an international focus,” according to the Lynn web site.

Coming from other countries, international students at Lynn are excited about a program that allows them to continue to explore the world.

“It broadens your knowledge and perspective,” said Gabriela Maria Regalado Briceno, junior from Honduras.

It is not just international students who benefit from the International Certificate, students from the United States also like the program because it may improve the image of the U.S. abroad.

“It’s helpful for the U.S. because we can send our representatives to other countries,” said Cindy Sorto, freshman from Maryland.
Lynn is always proud of its diversity, since at least 25 percent of the student body comes from other countries. The International Certificate highlights the school’s tolerance toward different cultures, languages and ethnicities.

For more information, visit www.lynn.edu or see Anna Krift in the International Building.

JUST THINKING OF GOING ABROAD

October 13, 2011 by Brandon Melendez
Filed under Campus

Leave a Comment

_Here are the Top Reasons Students Should Stop Thinking and Get Going_

By EVA DAMATO

Social Media Editor

On campus, students read signs all the time about traveling abroad to here, there and everywhere. They are posted on buildings and advisors’ offices. It seems like there is no way to escape the signs.

Located in the back center of campus is the International Building. If students interested in study abroad have not stopped in by now or if students have not thought about going abroad yet, now is the time.

Most students do not realize the significance of going abroad. They see pictures and hear stories, but there is nothing meaningful enough to get them to the office and sign up for a memory-making experience of their own.

“I will do it tomorrow” is a term that has probably gone through even one’s mind once or twice. But today is the day. Deadlines are approaching, so take a look at what programs works best.

The top three reasons to go abroad are to learn about a new culture, to gain new perspectives and to experience new things.

Study abroad takes students to a place they may know little or nothing about; they will learn and experience like never before. Some of the best things a person can learn start outside of the everyday classroom and exploring is a great way to start.

Going abroad provides people not only knowledge, but also independence, self-realization, a chance to meet new people and a chance to experience new ways of life. Taking classes in a foreign city can help students learn more about the country’s culture, language and history.
To find the best option or some idea of where one would like to go, talk to the study abroad advisors. Popular destinations include: Italy, Spain, Australia and Ireland.

Keep reading the iPulse for hot spots to travel and what to do in these beautiful countries. One may never know how amazing the memories can be until they have first-hand experiences

**DRAMA’S QUEEN**

October 13, 2011 by Brandon Melendez
Filed under Featured, Profiles

Leave a Comment

*Jen Morano is Drama’s New President*

By SOPHIA BARRETT

Staff Writer

Jen Morano, is the new president of the drama club and the Knight representative for Drama, iPulse and National Broadcasting Society in the newly formed Knights of the Roundtable.

iPulse recently sat down with Morano to find out more about this noteworthy student.

iPulse: What year are you and what do you study?

Morano: I am a junior and I am majoring in hospitality and minoring in drama.

iPulse: How long have you been involved with the performing arts?

Morano: Since I was 10, when I performed in the fifth grade play, The Music Man.

iPulse: What is your vision for the Lynn Drama Club this year?

Morano: To have a successful club where everyone in the club is involved, and always coming up with ideas for fun performances and everyone is excited and enthusiastic about it. I want Lynn Drama to finally be able to follow through with their innovative ideas.

iPulse: How do you want to reach out to the community?

Morano: I want to reach out to not only the Lynn community, but the community at large, where students come to Lynn for drama. I’d like Lynn drama to be a prominent part of the university community.

iPulse: What events can we look forward to?
Morano: The fall production of Boeing Boeing, in which I play the role of Bertha. That will be Oct. 26, 27 and 28. Also, the fall workshops, improv shows and a student production in the spring.

iPulse: You are also a Knight of the Roundtable member, can you tell us about that?

Morano: It is a position in Lynn’s new student government system. As a student, it is more comfortable for other students to approach me about their ideas and opinions. I like that I can represent the students by facilitating their voices in Knights of the Roundtable meetings.

iPulse: Is there anything else we should know about you?

Morano: After two years of eating unhealthy in college, I decided to change my lifestyle and have lost 42.5 pounds in four months as a result.

Morano has performed in Crimes of the Heart, Project Nuremberg, 12 and 24 Hour Theatre Projects, The Diviners, Director’s showcase, Vagina Monologues, Antigone and the Knight Lights series.
Lynn’s Knights in the Community Kick Off the New School Year With the Humane Society

The Knights in the Community lending a hand at The Humane Society event in Coconut Creek. Staff Photo/A. Jacobson.

Knights in the Community (KIC) gathered together to help animals of Palm Beach County by volunteering at a Humane Society event, Art 4 Animals, recently in Coconut Creek.

The students arrived at the event at 11 a.m. and were very excited to see all of the activity. Vendors had tents set up, selling a variety of products for dogs and cats, including clothing and accessories.

Popular food trucks were also available with some soul food, tacos and Italian subs.

The main attraction, however, were the adoption rooms. KIC members were put to work helping various shelters from the area set up their stations and keep their animals company. The students were more than happy to oblige, spending time with adorable puppies and precious kittens for most of the morning.

If students are interested in volunteer opportunities on and off campus with KIC, their next meeting is Oct. 25. Stop by the Office of Student Involvement for more information. Upcoming events for the organization include the Pretty in Pink ‘80s Dance Party to benefit Making Strides
Against Breast Cancer on Friday in the International Center and the MAC AIDS Make-up Event on Dec. 1.

FROM TRASH TO ARTISTIC TREASURE

October 6, 2011 by Brittany Brown
Filed under Entertainment

Leave a Comment

Easy ways for one to make something treasured out of simple trash.

It is easy to throw things away once the item has been used to its full potential, but it can be just as easy to stop oneself from throwing away those items and decide to make something beautiful from them.

A newspaper flower on top of magazine pages and poster board. Photo/ J.Cohen.
Taking some time off from a regular busy schedule to create something out of disposed items can be great. It is a positive and passive way to make something that would otherwise be thrown away into a new piece of art.

“It is a great way to re-channel something organic in a positive, beautiful way,” said Lizzy Raffa, freshman.

Many items can be recycled, for example, newspapers, cardboard boxes and old poster boards, which can easily be transformed into something new. Some of the easiest finds in one’s garbage cans and recycling bins are the least messy and most sanitary to work with.

“I think it’s original to use your resources,” said Rebecca Freeman, freshman. “It is something original that you don’t see everyday.”

Students are encouraged to use trash and recycling bins and dig through them to find pieces of disposed items that can be refurbished into something new and exciting.

By JULIA COHEN
Staff Writer

**SUN-KISSED SAFETY FOR SUNTANNING**

October 6, 2011 by Brittany Brown
Filed under Campus, Health & Beauty

[Leave a Comment](#)

*How to Keep Healthy, Glowing Skin While Staying Safe in the Sunshine*

Students enjoy the sun everyday here in the Sunshine State as they are at the pool and beach or even just during a two-minute walk to class. A glowing tan is great to have, but skin issues are not. Students can explore ways to maintain a great tan, while protecting their skin.

The first and most common skin tip everyone knows but does not enforce is wearing sunscreen. Sunscreen reflects some of the sun’s ultraviolet radiation, protecting the skin from getting burned.

The higher the sun protection factor (SPF) offers, the better defense against burns, especially for fair skin. Every bit helps, even with a quick walk to class, use a face moisturizer that has even 10 SPF in it.
Students take precautions to staying safe in the sun. Photos/ M. Kulkin.

“My face moisturizer that I wear everyday has SPF in it because I want to protect my face when I am outside,” said Nathalie Dube, junior. Clothing is the only way to make sure UV rays do not hit your skin because it blocks the sun completely. Sunglasses are equally important, because UV rays can also damage the eyes.

“If I am out in the sun for too long without them, my eyes start to hurt and I have to squint to see,” said Stefano Liberatore, sophomore. Drinking lots of water is vital when in the sun because it is important to stay hydrated. When out in the sun with no water, there may be dangers ahead, such as heat exhaustion and sun poisoning. Drinking water and spending time in the shade also go hand in hand. Being in the shade is an excellent way to cool down the body after time in the sun.

“Whenever I lay out, I always make sure to have at least one bottle of water with me to drink to stay hydrated,” said Alex Berger, junior. Living in Florida means that Lynn students should take safety precautions toward the sun everyday. These are some of the ways to protect your skin and keep it healthy and glowing for years to come.

By MARIAH KULKIN
Staff Writer

POETS PROFESS THEIR LOVE FOR ART

October 6, 2011 by Brittany Brown
Filed under Campus


**Students Share Their Views on How They Feel About Poetry as a Form of Art**

My goal as a writer is to introduce the poetic art form to the general population and have them decide whether or not it is for them. What better way to find out the true feelings of the general public than to actually ask those in it?

The findings may not be as astonishing as one would think. As I asked around, many people seemed to have similar things to say. As a writer, it made me a little weary. Still for someone who lives, eats and breathes poetry, the responses I received made me think about the craft as a whole.

A student relaxes on a bench to read some poetry. Photo/ J. Duran.

“Poetry is a way of expressing your true feelings and cleanses your inner being,” said Robert Teal, freshman. Meanwhile, Brett Sherman, freshman, said, “I don’t really think it has that much of a presence in this modern day and age, especially not written.”

Something I found to be interesting was the fact that both of them like to listen to poetry rather than read it, concluding that music and poetry are tightly correlated. And just like music people are attracted to poetry for many reasons.

I had to get the inside scoop from fellow writer and current Vice President of the Poetry Club, Amanda Davidson. “Of course poetry is still relevant,” she said. “It’s a great outlet and keeps the world connected in a way.”

Seeing as how my mission was to find out how people really feel about poetry and spread the word about spoken word poetry, I would say I have a lot on my plate. However, the potential is there and a poet is always up for a suitable challenge.

So buckle up, because this is just the beginning.
LYNN EXPANDS ITS DIVERSITY

October 6, 2011 by Brittany Brown
Filed under Entertainment

Lynn’s Latest Policy to Establish Spanish as the University’s Official Language

Lynn has made several major efforts to show they are at the forefront of diversity awareness and celebration. It is evident from the array of country flags at the university’s entrance that our ethnic diversity is a source of great pride. Lynn now has a new policy to support this pride in diversity: the establishment of Spanish as the university’s official language.

Initially, the administration was hesitant to pass this policy, but was convinced by the dire and unwavering threat of being normal. “Nothing is worse than being normal,” said a misty-eyed faculty member. “We will fight and we will endure in order to achieve diversity, at any cost.”
Spanish will be Lynn’s official language as of the coming spring semester. This means students and faculty will be given the next few months to learn the entirety of the language. In order to compensate for the effort required, the administration has decided to cancel this semester’s finals. A 9 p.m. curfew will also be established to encourage students to stay in and study the language.

Language specialists will be brought in to accelerate the process for students and faculty. “Students and faculty will be able to have hands-on experience with real live Spanish speakers,” exclaimed an ecstatic dean. “Hiring those experts was so easy it should have been illegal.”

Lynn plans to change the university’s official language every subsequent semester to maintain diversity. “This proves it. We are way more tolerant and diverse than other schools!” shouts a dean.

Note: This piece was written in a joking manner and should in no way be taken seriously.
By CASEY DOLL
Staff Writer

GOURMET FOOD ON WHEELS

October 6, 2011 by Brittany Brown
Filed under Food

Leave a Comment

Neskati and Jaleesa check out the Food Trucks. Photos/ D. Golden.

Food Trucks Satisfy Students’ Appetites With Unique Eats in South Florida

Typically found on the streets of New York or along the coast of California, gourmet food trucks have finally arrived in South Florida.

“If it’s healthy, I think it’s a really good idea and I would definitely try it,” said Lauren Inglesino, junior.

Miami Food Trucks is a company that has pooled together a selection of the finest cuisine and put it on wheels. There are more than 60 trucks with the company that offer delicious selections
such as gourmet crepes, sushi, tacos, burgers, desserts and more. Each truck has a unique twist on everyday food. To accommodate vegetarians, there are even vegan and organic selections.

“I love the Miami Food Trucks,” said Neskati Petit, senior. “They offer an alternative to the ordinary.”

On Monday nights, the Miami Food Trucks roll into downtown Hollywood to satisfy the region’s taste buds.

“The food is so good I want to go back for seconds,” said Petit.

The Miami Food Trucks host daily events all across South Florida.

For more information on the Miami Food Trucks, check out their website at www.miamifoodtrucks.com to find out when they roll to a town near Lynn.

By DESTINY GOLDEN
Staff Writer
LYNN CATCHES FEATHER FEVER

October 5, 2011 by Brittany Brown
Filed under Fashion

Leave a Comment

Students Add Attitude to Their Hair With Fun Feathers This Season

Feather hair extensions are a hot new trend on campus this year and are being worn by all.

Feathers are a quick and easy way to a new, updated look and they come in a variety of colors.

The company Featherlock started the feather trend and their idea has taken off. They use all real feathers and safely attach them with a silicone bead onto hair. The feathers can be washed, curled, straightened, and the color will not fade. These feathers typically need to be inserted by a hairstylist.

Feather hair extensions are the next big trend for young college students. Photo/Mariah Kulkin.
Feathers that clip into the hair and are not permanent can be bought in beauty stores as they simply clip onto the hair. Also, feathered earrings can be worn that also give the effect of feathers in hair; these add subtle or dramatic looks.

Students wear this because “they are a cool new trend,” said Alicia Tosti, sophomore. “I figured I would try it out and add some pizzazz to my hair.” People are adding new looks to their hair to spice it up and give themselves a new fun look. It is argued that feathers are meant for the younger generation but some argue that it can be meant for all ages. “It is suitable for more youth and younger ages,” said Tosti.

“I think it is fine for all ages but it is common in young adults,” said Sydney Putnam, sophomore. Feathers appear to be more youthful because they are found on younger people and mainly females.

Feathers are a trendy and unique hairstyle accessory that everyone can easily enjoy, due to their easy application and inexpensive price.

By Mariah Kulkin
Staff Writer

COLORFUL FALL FASHION CUTURE

October 5, 2011 by Brittany Brown
Filed under Fashion

Leave a Comment

The Most Important Belongings One Will Need to Have in Their Wardrobe

Students show off and discuss colorful and creative ideas for this year's fall season. Photo/Aura Cruz.
Now that summer has passed and fall has arrived, it is time to change up ones wardrobe and make sure one has all of the season’s fashion essentials. However, this does not mean one must store away colorful clothes. According to many fashionistas and top designers, this season will have more flavor than past fall seasons.

During fashion weeks in popular places such as New York, Milan and Paris, it was made clear by some of the world’s most famous designers what the “must haves” of this season will be. Designers Jill Stewart, Prada, Loewe and Gucci all agreed on brighter colors for the season.

According to their collections, this season should have the perfect combination of the typical earthy fall colors such as gray, maroon, brown and olive green, combined with a splash of more vivid colors such as hot pink, mustard yellow, orange and bright purple. To help accent these combinations wearing colorful cardigans, jackets or coats over an outfit can make it even more eye opening.

Also, step out of a comfort zone and add metallic items to wardropes. Just make sure not to go overboard. These trends lighten up the fall season making it more interesting and fun to work with.

Another of this season’s essentials are ankle boots. Nothing is more perfect than these “boot wannabes,” especially in the sunshine state where the climate maintains a relatively warm temperature. Apart from keeping feet warm during chilly days, ankle boots will make sure one is always trendy.

Make sure to go wild with patterns, whether they are animal print, stripes, squares and so on. This trend of various patterns will be one of the biggest of the season. Designers such as Hermés, Lanvin and Prada all were in support of this trend.

Their collections are strongly inspired by psychedelic patterns, similar to those used in the 70s. Transitioning to the final trend of the season, also strongly inspired by the 70s fashion, are high-waisted pants. These pants create a classy and relaxed look, making them perfect for any occasion. But, yet again, it all depends on how one wears them and what they are worn with.

This fall season is perfect to experiment with new fashion alternatives. Do not be afraid to use extravagant accessories and vivid colors to brighten up a wardrobe.

This season make sure to get a hold of all the essentials one could possibly need and simply want because nearly anything can go in a blink of an eye.

By AURA CRUZ
Staff Writer
Thursday, Sept. 8 marked the arrival of Frank Warren, creator of the worldwide community art project, Post Secret, to the Wold Performing Arts Center. The evening was filled with great stories, surprising secrets and emotional realizations.

Frank Warren speaks to the audience at the Wold. Photo/Helna Suba.

Post Secret began six years ago as a crazy idea in Warren’s head. He created 3,000 blank postcards with simple instructions. The postcard could be decorated in any way the individual wished, but it had to feature a secret that was true and had never been told before. Warren took these postcards and began soliciting secrets on the streets of Washington D.C. “I knew that if I could gain the trust of strangers through the project that would resonate with me,” explained
Warren. It did much more than that. What started with 3,000 blank postcards has now expanded to almost half a million postcards from all over the world.

This art project began as a website and blog on which Warren would post different secrets every week. Shortly after the cards were featured in the music video for The All-American Rejects’ “Dirty Little Secret”, HarperCollins approached Warren to turn the postcards into a book. There are now five books available and this September saw the launch of the new Post Secret app, which allows smartphone users to upload their secrets directly, share secrets based on location and provides access to a complete database of help lines and suicide prevention resources in the area. This is one of the most complete databases of its kind because it was created by the members of the Post Secret Community, who are passionate about suicide prevention.

During his visit to Lynn, Warren shared not only the story of how Post Secret began, but some of the most memorable secrets he has ever received. Warren has received submissions on things such as a fast food take-out bag, various fruits and vegetables and a sonogram picture. His most memorable secret, however, is the one he never received. Warren once received an email from a woman who explained that she had been moved by the site and created a post card with her biggest secret on it to mail in. However, when she saw the secret written out, she felt horrible and ripped up the card instead. She said she could not carry it around anymore. “I always wondered what the emotion behind that secret could have been,” explained Warren.

Discovering emotions and finding connections are some of the biggest aspects that makes the Post Secret community so unique. “I hope the project gives individuals a greater sense of understanding and empathy,” stated Warren. “It invites you to be more aware of your own interior life.”

Another theme of Warren’s presentation on campus was the idea that by sharing secrets, individuals could discover that they are not alone. Finding connections with strangers is one of the major points of not only Warren’s discussion, but the project. “Letting out secrets could save lives,” explained Warren, especially when those secrets involve realizations about suicide attempts or admissions of depression. Releasing secrets to the world, even anonymously, can help an individual feel relief or come to a better realization about their own life. “These secrets, they can be walls; they can be bridges,” stated Warren.

The audience at Lynn got to witness the power of this project first hand when Warren invited audience members to step up to the microphone and reveal their personal secrets. The admissions ranged from powerful statements of individuals suffering at the brink and being saved by the ones they love to simple admissions of fear or comical, embarrassing stories. The night ended as audience members received the chance to meet Warren, take photos, as well as purchase copies of the Post Secret books for Warren to sign.

Every audience member left with a blank postcard to decorate and send in to Warren. The inspiring lesson and story certainly resonated with the audience and many were ready to go and work on revealing their biggest secret.
Entourage Might be Over, but Will it be Coming to the Big Screen?

People are wondering what will happen now that the hit show “Entourage” has ended. Will they make a movie? Will it be the end of “Entourage”?

The HBO comedy series Entourage, an HBO comedy series, first aired July 18, 2004. On Sept. 11, after eight seasons, HBO concluded the series with an episode that kept people guessing about what will happen next.

HBO said, “The series was created and largely written by Doug Ellin and chronicles the acting career of Vincent Chase, a young A-list movie star, and his childhood friends from Queens, N.Y. as they navigate the unfamiliar terrain of Los Angeles, Calif.” (HBO).

“Mark Wahlberg and Stephen Levinson served as the show’s executive producers, and its premise is loosely based on Wahlberg’s experiences as an up-and-coming film star. The series deals with themes of male friendship and real-life situations in modern-day Hollywood. The
show is known for its array of guest stars, usually featuring at least two celebrities per episode,” said HBO.

After watching the last episode of “Entourage,” people had a lot to say about the mysterious ending. iPulse asked, “How did you feel about the last episode of “Entourage” and is there a possibility of movie being created?”

“Yes, through speculation and hype through the last season I feel a movie will come out of the series,” said Sam Albrecht, senior. “HBO has been known to make movies from past series and with Entourage being one of their top series, I’m looking forward to see what will come of it.”

“I was not able to watch the ending but I heard it was amazing and I’m hoping they do make a movie,” said Lianna Demeshulum, freshman.

“When I watched the last episode I was a little disappointed in the ending. And since “Entourage” is one of my favorite shows, I hope they make a movie,” said Jordan Bossman, senior.

By BECCA STOPPELMANN

BATTEN DOWN THE HATCHES

October 4, 2011 by Brittany Brown
Filed under Food

Leave a Comment

When living or visiting South Florida, one becomes immersed with the incredible restaurants, lounges and nightlife. However, sometimes one needs a change from the local scene.

Just 20 minutes outside of Boca lies a dining experience students will not want to miss. Caps Place, located in Lighthouse Point, Ft. Lauderdale, offers an ambiance that truly is one of a kind.
Considered one of the oldest restaurants in Broward County, Cap’s Place is a small restaurant surrounded by water. Every seat in the house has a beautiful view of the bay.

The cuisine is primarily seafood, but there is a selection of steaks and salads that are just divine. Cap’s Place offers only the freshest local dolphin, wahoo, cobia, snapper, pompano, lobster and stone crab, varying with the daily catch. Plump clams and oysters on the half shell also come shucked to order from Cap’s raw bar. With the menu offering a variety of options, one’s palate will not be disappointed.

Another reason to eat at Cap’s place is the experience of traveling there. Once arriving at the dock in Lighthouse Point, visitors get on a boat and take a beautiful sunset cruise to Cap’s Island where an evening of dining, laughing and smiling take over. Once guests have had their hearts of palm salad and local pompano lobster and it is time to go, attendees ferry back to land and look back as if they just left another realm.
A savory dish of shrimp linguini. Staff Photo/J. Fairchild.

Cap’s Place is a remarkable magical experience that gives one the feeling of what South Florida used to be. With a beautiful sunset, people and food, any student looking for a romantic getaway or a quiet evening with friends, this short island getaway is the perfect place.

Reservations are suggested.
Contact Information:
2765 N.E. 28th Ct., Lighthouse Pt., FL.
(954) 941-0418
www.capsplace.com

By JESSIKA FAIRCHILD
Staff Writer