Introducing “The Fred,” a Sensational New Drink

October 30, 2009 by Samantha
Filed under Campus, Food

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Student Jump Starts His Career by Means of Culinary Creativity

By JACOB BALOT

Fred Apaloo is a sophomore majoring in hospitality. Apaloo is from Ghana, West Africa, and came to Lynn for the weather and for his major. Apaloo created a new drink in Christine’s for which he is very much known for. “The way they make it just makes my day so much better,” said Luiana Porto, senior.

Balot: What is the drink called?

Apaloo: “It is called ‘The Fred’.”

Balot: What is in “The Fred”?

Apaloo: “Dashes of sensational flavors mixed, which I won’t disclose now. It is mixed in with naturally brewed coffee and some ice. And to finish it off, a toss of milk. “The Fred” also comes fat free though.”

Balot: How did you come up with the idea for “The Fred?”
Apaloo: “I am a very picky coffee drinker and there are only certain limited coffee based drinks that I enjoy. Christine’s didn’t have anything that I really enjoyed so one day I decided to experiment with some of the flavors and “The Fred” was born through that. “The Fred” is going to be coming out soon as a hot beverage as well. I’m working hard on it!”

Balot: Is it on the menu?

Apaloo: “Not yet, but I am working on it. I’ve spoken with the SGA president about it and it’s a work in progress. None-the-less, I have about 50 plus students who love this and purchase it on a daily basis. In fact, staff also adore it.”

Balot: Do you want to work at Christine’s?

Apaloo: “No, I came here for a reason and that is to get an education so that’s what I am going to do. I am just using my gifts to create that’s all!”

Balot: Do you plan on making more drinks?

Apaloo: “Well in the future definitely. I just want to take it one step at a time. Who knows, maybe a sandwich, maybe some desserts? I think I have a gift to create so I definitely have to utilize it.”

Balot: How much is “The Fred?”

Apaloo: “Well it ranges from $2.72 to $3.04, which is still cheaper than most of the iced coffee drinks at Christine’s.”

Balot: How did you spread the word about “The Fred?”
Apaloo: “I am very outgoing, so it was very easy for me to approach people at Christine’s and I asked them to try something new. For the most part, it worked.”

Dressed Up Pets Hope for Tasty Treats

October 30, 2009 by Samantha
Filed under Best of Boca, Fashion, Lifestyle

Leave a Comment

Pets are Pampered and Adorned to Join in This Year’s Halloween Festivities

By KATRINA JARVIS

Tomorrow, Oct. 31 from 11 a.m to 1 p.m, everyone is invited to celebrate Halloween in Delray Beach with those they love, their pets. Join the store Pet Supplies “Plus” for their seventh annual costume event. “Hallowmania.”

The store will also offer a variety of in-store specials for pets and free human food. Enter one, two, three or all four contests ahead of time to win even more treats.

Dress pets to impress as each contest holds first, second and third place prizes. First prize winners are given one year supply of dog or cat food. Second place winners receive $100 toward the store and third place winners get $50. “I think it’s cool that I can get a fee item for my dog back home,” said Lucy Jarvis, sophomore.

History of the Haunting and Horrifying Holiday
Halloween’s origins date back to the ancient Celtic festival of Samhain. The Celts lived 2,000 years ago in the areas of Ireland, the United Kingdom and France. They celebrated their new year on November 1st marking the end of summer and the harvest, and the beginning of the dark, cold winter.

This time of the year was often associated with human death because Celts believed that on the night before the New Year, the boundary between the worlds of the living and the dead became blurred. On the night of Oct. 31, they celebrated Samhain, when it was believed the ghosts of the dead returned to earth.
Celts believed that the presence of the otherworldly spirits made it easier for the Priests to make predictions about the future. In commemoration of the event, Celtic Priests built sacred bonfires where the people gathered to burn their crops and animals as sacrifices to the Celtic deities. During this commemoration, the people would wear costumes, which consisted of animal heads and skins. They did this in order to not be recognized by the ghosts or spirits that came to the Earth.

Celts would also place bowls of food outside their homes to appease the ghosts and prevent them from attempting to enter their homes. When the commemoration was over they would re-lit the fires they had built the night before in order to protect them from the coming winter.

In the course of history, Romans invaded and ruled most of the Celtic territory. By the 800s, the influence of Christianity had spread into most of the land. Pope Boniface designated Nov. 1 as All Saint’s Day, a time to honor saints and martyrs. It is widely believed that this was an attempt to replace the Celtic festival of the dead with a related, but church controlled holiday. The celebration was called All-hallowmas, and the night before it, the night of Samhain, began to be called All-hallows Eve, and eventually Halloween. As time progressed, the church eventually made Nov. 2 All Souls’ Day, a day to honor the dead.

As European immigrants came to America, they brought their Halloween customs with them.

Because of very rigid Protestant beliefs, it was much more common in the southern colonies. As different ethnic and racial groups mixed, an American version of Halloween emerged. Celebrations included public events held to celebrate the harvest, where neighbors would share stories of the ghosts and the dead, and tell each other’s fortunes.
When America was flooded with immigrants in the 19th century, it helped popularize the celebration of Halloween. Americans began to dress up in costumes and go house-to-house asking for food or money, a practice that would eventually be called “trick-or-treat.”

Halloween quickly became one of the most popular celebrations for both children and adults in the country. “I find the story of Halloween very interesting, and enjoy celebrating it every year,” said Adriana Montealegre, sophomore. Halloween did lose most of its superstitious and religious overtones when communities and newspapers encouraged leaders to take “frightening” and “grotesque” things out of the celebration. This was because vandalism spread around communities at this time. The practice of “trick-or-treat” was highly esteemed, as it was a cheap way for the entire community to share the celebration. Today, Americans spend an estimated $6.9 billion annually on Halloween. Angela Barioli, senior, said, “It gives you a chance to be someone that you are not regularly.”

**Legalized Drugs: Are They Harmful or Helpful?**

October 30, 2009 by Samantha
Filed under Campus

[Leave a Comment](#)

*The Use of Prescribed Methamphetamine Drugs by College Students*

By KATHERINE PAXSON
The world has become reliant on the use, and sometimes misuse, moreover, diagnosing of prescription pills in the collegiate demographic has spiked as well.

The will and competition to achieve, excel and strive to be the best has pushed some students to actually convince themselves that drugs such as Adderall and Riddillin are necessary to succeed.

“I believe methamphetamines drugs that are prescribed are being abused,” said Scott Roberts, graduate student. “They are too readily available for college students.”

According to the U.S. Department of Health and Human Services, in the year 2000 alone, the age demographic of users of methamphetamines dropped by four years, giving the younger demographic the upper hand on methamphetamine use. The age could be directly correlated to the type of person in that demographic using the drug. Hence, the affiliation and impact it has on students on college campuses is dramatic.

The effects of methamphetamines have been known to accelerate the heart rate, giving the user a sudden burst of energy and the ability to focus or concentrate. Other terms for the drug have been referred to as tweak, uppers, speed, black beauties, glass and so on.

Adderall and Riddillin are prescribed by medical professionals to people with Attention Deficit Disorders and Attention Deficit Hyperactive Disorders. Basically, it speeds up and triggers the brain to focus. Therefore, students are using these pills to study and achieve better grades.

“Adderall, when it works, is great and can help you focus on the tasks at hand,” said Andrew Wood, senior. “The downside is that it makes you chain smoke and can cause sleep deprivation; that affects my overall mental mood.”

In some instances, it is even convincing students that he or she has these disorders because everyone has trouble concentrating or wants a longer attention span. Does this mean everyone requires this medicine?

The availability of these particular “speed” drugs is getting easier every day. With a doctor’s appointment and a convincing argument for necessity, basically anyone can obtain these drugs. However, what is it really doing to the youth of this nation? Is it creating a solution for a common disorder or generations of a speed, methamphetamine induced, drug dependent
Designing a Unique Daunting Decor

October 30, 2009 by Samantha
Filed under Best of Boca, How To, Lifestyle

All One Needs to Create the Spookiest Ambiance are a Few Simple Decorations

By ASHLEY FELDMAN

When it is the time for the monsters to visit, the first thing that strikes the mind is undoubtedly scary Halloween decorations. It is the haunted Halloween party décor that sets the perfect mood and atmosphere for the celebration of this festivity.

There are a multitude of distinctive spooky decoration ideas for Halloween. One idea is to invest in vintage Halloween decorations. When it comes to decorating the house also consider the lawn graveyards that are decorated giving a haunted look.

To create a perfect ambiance, consider the elements of lighting and background music. Creating fog and smoke, which can be done by using dry ice, also serves as a great idea to add special effects to Halloween decorations.

“I love seeing how creative people can get to really make the spooky effect,” said Shira Blumenthal.

To create the eerie effect, place skeletons, fake spiders and bats at different corners of the house.

“I love seeing people dressed up because they reveal their inner selves. It is also unbelievable how everyone gets together and celebrates such a festivity,” said Andrea Ferrari, sophomore. “I have two different costumes. I bought a knight costume and a female devil. I have several
pumpkins outside my house which is covered with spiderwebs, as well as a candy bowl for the trick-or-treaters.”

**O Canada” Offers a Change of Scenery**

October 30, 2009 by Samantha
Filed under Politics, Profiles

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*Student Takes a Summer Trip to Visit America’s Northern Neighbors*

**By HEATHER GUSTAFSON**

Chill Hock, business student, recently spent his summer vacation discovering more about America’s neighbor to the north, Canada. Hock was in Vancouver, British Columbia, studying both academics as well as culture.

“I had been there when I was younger with my family and I had always really wanted to go back,” said Hock. “I wanted to learn about the culture and also to experience it as an adult.”

During his visit, Hock explored several aspects of Canadian life. He attended class and hit the books, while also enjoying all Vancouver had to offer. Hock went sailing and fishing along the western coast, skiing in July and even “climbed a mountain on Canada day” while singing the national anthem “O Canada.”

“The only thing I missed about Florida was the weather,” he said. “British Columbia is right above Washington State, which has rain about 80% of the year. You can only imagine all that rain mixed with the freezing cold climate.”

Hock’s favorite place to visit was Whistler’s Black Cone Glaciers. “The ski village in Whistler was amazing,” he said. “They offer skiing year round.”
If planning on hitting the slopes, Hock recommends renting a car.

“Cabs,” said Hock, as to what surprised him most upon visiting the country. “The cabs are a hassle. It works in a line system and whoever gets there first. You can’t just run on the street and hail a cab; you have to wait for 20 people in front of you to go first. I thought that was pretty crazy.”

Even though the public transportation was less than perfect, Hock had no less fun traveling the countryside. When asked if he would like to return to the great white north again someday, his immediate answer was simply, “yes!”

**Halloween Basics and Necessities**

October 30, 2009 by Samantha
Filed under Best of Boca, On the Street, People

Leave a Comment

*There are Certain Items Students Cannot Live Without on Halloween*

By ALI MINTZ

Halloween is one of the world’s oldest holidays, dating back to Pagan times. However, today more people than ever are celebrating Halloween all over the world. Children and adults can be anything they want for one night. Halloween is also a time when friends like to play scary pranks on each other. Oct. 31 would not be the same without all the traditions that go along with it.

Lynn University students were asked what they could not live without during the Halloween season:

“I can’t live without candy on Halloween,” said Shane McFarland. “It’s the candy holiday of the year.”

“I can’t live without a flashlight,” said Amanda Heidel, alum. “Halloween is a time when my friends like to play pranks on me and I’m really scared of the dark.”
“Halloween wouldn’t be the same without my creative costumes,” said Amanda Tomec, senior. “Halloween is a time that I look forward to not only because of what I’m going to dress up as, but I am eager to see what other people’s costumes are.”

**Inexpensive Route to a Happy Halloween**

October 30, 2009 by Samantha
Filed under Best of Boca, Fashion

Leave a Comment

*Students Make the Best of the Ghoulish Holiday Regardless of the Recession*

By AMY LYUS

Students want the best bang for their buck when it comes to costume shopping. Students with a fixed budget do not need to feel forced to buy a costume, but rather create one with little to no cash.

Each year, students dress up for Halloween and spend an unnecessary amount of money on finding the perfect costume. Finding the ideal costume can be accomplished by spending only a few dollars.

Party City and Costume World are not the only places to find and purchase a Halloween costume. Using the creative side of the mind can allow students to make an outfit in their dorm room or apartment.

One idea for at home costume making for the male student is a biker, using leather, a white bandana, a white tee shirt and sunglasses. Another idea is a painter. Use jeans or overalls, a piece of cardboard and a paintbrush. A great idea for a costume is the cereal killer, which is excellent for the humorous student. Find a black sweat suit, empty cereal boxes, plastic knives, red paint and fake blood.
Ideas for females consist of Barbie including an optional blonde wig, pink clothing and bright make up. Another idea is a candy cane. Dress in all white and purchase red duck tape and ravel it up from ankles to neck. A hula dancer outfit can be made with the use of a bathing suit, belt, and some tissue paper or a store bought hula skirt.

Some famous and very simple ideas are the cowboy or cowgirl, a ghost, a Greek god or goddess, a vampire, a witch or a hillbilly. All of these ideas can be made with clothes and accessories from most student’s closets.

Making a Halloween costume does not have to be expensive, it can be done with a pair of scissors and a few dollars if any. Students with a budget on their hands have the ability to make a costume of their own with only a few tools and creative ideas.
Flags Up for Football This Fall

October 29, 2009 by Samantha
Filed under Athletics, Campus

Leave a Comment

By ANDREW RYCHALSKI

Students decide on a play to make

There are many intramural sports to choose from on campus and the most popular is flag football. Flag football is a very unique sport and has captured much attention, students, fans, and faculty alike, within the past few years.

Students and faculty have the chance to form their own teams and battle it out against others. Flag football is far from regular football, the difference being that in flag football each player carries two flags around their waist. When the flag is pulled from the players belt, the play is done, rather than tackling plays.

“Flag football is great,” said Mike Carrera, senior. “Not only do I play, but Lynn allows me to work as a referee for the games I’m not playing, so it’s a lot of fun.” Since Lynn does not have a football team, flag football is the closest possible substitute for the students and teachers who enjoy playing the game.
The game of flag football is well respected because many will say the rules in flag football make the game more complex compared to regular full-tackle football. At first the rules may be difficult to understand, but it is not completely different from traditional football rules. “I like flag football more than regular football,” said Sam Hoffman, senior. “It’s not as easy as some may think; the rules really are a test to see who are the real football players playing.”

If just starting out, there are a few things students must know beforehand. Each team is made up of eight players; on a rectangular sized field with an official football. The key to a clean flag football game are the referees. Four supervisors run the game, however, the actual referee is an umpire, a linesman and a field judge, all of which are crucial to keep the game safe.

For what it is, flag football is a fantastic way to challenge students and faculty to be active and do something different. Adding the flag aspect to an ordinary game of football brings raises the game to an entirely new level.

The End of the World in 2012

October 29, 2009 by Samantha
Filed under Politics

Leave a Comment

By KATHERINE PAXSON

It is predicted that a prophecy to doom the Earth and damn all its inhabitants, from human to animal, will occur in December of 2012. Mayan culture and renowned French philosopher Nostradamus have both predicted the “end of the world” for this date. Many conspiracy theories and interpretations have evolved from these theories and foresights.

The apocalypse

One of the most famous predictions arouses from Mayan culture and their calendar. The Mayan calendar was a mathematical cycle, as is it referred. “The Great Cycle”, according to Mayan civilization, was to end in December of 2012. The “end of the world” theory is derived from this. The calendar did not expand further in time. Thus, the time for humans on earth is over when the calendar ends.
Nostradamus, the French philosopher, known for his prediction of the tragic terrorist attack on Sept. 11, had some relative theories of his own. The prophecy translated by countless scholars and “doomsday” fanatics states that a comet will strike and destroy life on Earth. As theory states, it is a tiny planet that has been circling around Earth and in December of 2012 it will collide. It is believed that this comet will strike Earth and the world will be consumed in fire and ash, destroying life.

“During the appearance of The Bearded Star, the three great princes will be made enemies. The shaky peace on earth will be struck by fire from the skies,” said Nostradamus. “Then will come a horrible slaughter of people and animals at once vengeance revealed coming from a hundred hands.”

“The end of the world, the end of days, we have heard it all before,” says Professor John Christovassilis, M.S. “If it happens, it will be a blast for sure, right?”

Egyptians, Sumerians, Mayans, French philosophers and just about every culture have a take on the predictions to occur in 2012. The question is are the predictions real and will the end of our days come with this date of death? To every beginning there is an end; will December 2012 be that end?

“I don’t think the world is going to end in 2012,” says Christina Gurman, freshman. “Things happen in the world. What happens will happen.”

**Be a Beach Bum, Soak Up the Rays**

October 29, 2009 by Samantha
Filed under Campus

Leave a Comment

By MERI GERASIMOVSKA

What could one possibly do as an after school activity on a scorching, humid day in South Florida? Many students would prefer to stay inside their air-conditioned rooms and cars sipping cold beverages with friends and family. However, the lucky few, who have discovered the beauty of the sun and the beach, prefer to call themselves the Beach Bums. Yes, Lynn University has several of those here on campus; they come together every once in a while and call their own pride and joy – The Beach Bum Club.

The Club provides members with an opportunity to experience the diverse South Florida beaches, marine life, and conservation, as well as giving chances to participate in environment-friendly activities, one of which being beach clean ups.
Brooks Alexander, Mariya Koeva, Armando Castillo - Members promoting The Beach Bum Club at the Activities Fair.

“In this club we have monthly picnics, snorkeling, surfing, skim boarding, boogie boarding, fun and games. We will be learning about beach awareness, ultimate Frisbee, beach volleyball, spearfish and beach awareness. Lastly, the club will be having an Ultimate Sand Castle Build Off,” explains Brooks Alexander, club founder and president. “This semester, the turnout has been low,” he continues, “I wish more people would show up to the meetings.”

Perhaps not too many students are aware of this club or simply choose not to participate in school activities, but Alexander promises a good time and unique experiences for those who do decide to join. If students are interested in participating in any of the above activities, they can visit The Beach Bum Club page on Facebook, or contact Brooks Alexander at brooks_alexander@bellsouth.net. Meetings, usually held at the Knight’s Court Grill, are randomly scheduled depending on participant turnout, so those interested should keep in touch with the club president or its members.

**Artist Spotlight: Ray Lamontagne**

October 29, 2009 by [Samantha](#)
Filed under [Best of Boca, Entertainment](#)

[Leave a Comment](#)

**By SPENSER LAURO**

Ray Lamontagne is a folk/soul artist from Nashua, New Hampshire. He was born in 1974 and grew up having a strong musical influence in his father. His father was a struggling musician and left Ray’s family at a young age, which according to Ray, really hurt him and his family deeply. Because of Ray’s father leaving him, he was completely turned off by music entirely. Ray ended up growing up reading and writing a great deal, possibly being an escape for him. Ray ended up
struggling through school and eventually moving away from his family after high school to find a full time job in Maine.

Ray Lamontagne

After years of work in a shoe factory, the story of Ray Lamontagne really begins. One evening while working in the factory, Ray heard a Steven Stills song being played and immediately knew that he had to pursue music as a profession. He continued to work at the shoe factory but began to play the guitar while singing music he had composed. He says in an interview that “It took many years until I even let anyone know I was singing. It was a process; I basically taught myself how to sing. I found that if it hurt when I sung, I was doing something wrong,” said Lamontagne in a 2008 Australian music company, Roo, interview. After coming public with his music, he was able to get noticed enough in order to go on tour as an opening act for folk artists, John Gorka and Jonathan Edwards. Soon after touring he was officially discovered by music producer named Jaimie Ceretta, and later signed to RCA Records through his contacts.

Ray’s music is emotional and inspiring. He is known for his soft spoken raspy voice that has a world of soul rapped inside of it. He has a multiple instrument band that plays behind him, including a violinst and piano player which is reflected in his wide arrangement song type. So much of Ray’s music is relatable, and is that much more popular because of this fact. He really makes music you can feel through his voice and in his amazingly soulful song melodies. “I love rays ability to make me feel things I never thought I could feel as a result of listening to music,” said John DeLeonibus, junior.

He has recorded three albums now and it on a nationwide tour.

Partnering to Educate Haitian Students

October 28, 2009 by Samantha
Filed under Politics

Leave a Comment

By CHARLIE PHILLIPS
The Future Business Leaders Society and the Honors Colloquium offered Domino’s pizza to students for $2 with all proceeds going to EDEM last week. EDEM builds “relationships and a viable small venture between U.S. and Haitian high school students.” Through cultural exchanges and entrepreneurial partnership, students learn how to become young, ethical business people. As well, the purpose is to improve the standards set forth within the Haitian education system, familiarize U.S. students about the Haitian culture and bring a great source of income to the needy.

The program seeks to lessen the poverty found in a third world country while increasing awareness of their culture. Though FBLS and the Honors Colloquium only sold pizza, it was a great fundraiser and initiated for an even better cause, “to raise money to start a scholarship for high school Haitian kids,” said Perla Cruz, senior.

The organization recently hosted a silent auction in which they raffled off handmade products from Latin American countries. It proved to be a success.

The Future Business Leaders Society and the Honors Colloquium meet every Sunday at 12:30 p.m. in the cafeteria.
The Many Hazards of Sunny Weather

October 28, 2009 by Samantha
Filed under Campus, Health & Beauty

Leave a Comment

By SAMANTHA MUSLIN

Welcome to hot, humid and muggy Florida. The state where the doctors tell you to wear sunscreen everyday and stay out of the sun. But how are students supposed to stay cool during this heat?

How do the students at Lynn make sure to protect their skin and eyes from being damaged by the sun? Some of the students take the easy way and do not do anything at all. Instead they sit by the pool everyday and bake in the sun, which later in life might lead to wrinkles, skin spots or worst of all skin cancer.

“I always wear flip flops to class,” said Franz Laengmueller, freshmen. “I also like to wear sunglasses.”

Sunglasses are not just fashion accessories anymore; they provide necessary protection for eyes. Most people know sun exposure’s danger to the skin, but do not know the sun’s rays can also damage the eyes. When buying sunglasses always make sure they have UVA lenses.
Every person wants that gorgeous Florida tan. But the question is how to get a gorgeous tan without ruining your skin. Always make sure to wear sunscreen SPF 15 or above. That protects both UVA and UVB rays. Make sure to apply the sunscreen correctly and reapply every two hours. Reduce the time out in the sun. The longer in the sun the more damage the sun can cause.

“My favorite outfit to wear to stay cool in the heat is my bathing suit,” said Kala Abdell, junior. “I always make sure to wear sunscreen to protect my skin.” This is the right attitude to protecting skin and still having fun at the beach or pool.

What about walking to class is sunscreen and sunglasses still necessary? The answer is yes. The strongest rays from the sun are from 10 A.M to 4 P.M during most students’ class hours. Even when it is overcast the sun can penetrate through. “I always wear sunglasses,” said Angie Bloom, junior. “My favorite outfit to stay cool are shorts and a tank top.”

It is very important to always stay hydrated in this heat. Everyone should be drinking lots of water, Gatorade or other drinks with electrolytes. Even if you are not thirsty make yourself drink. It is not only good for the body it is also good for skin and eyes.

There is only so much protection one can do to avoid the sun and skin cancer, so it is very important for every person to visit their dermatologist once a year for a check-up.

**Finally Cutting Loose of All the Cords**

October 28, 2009 by Samantha
Filed under Technology

[Leave a Comment](#)

By JACOB BALOT

[Students can now lose all those cords they use to charge their phones, iPods, games and other electronic devices. The new Powermat device allows users to charge three devices without the use of any bulky cord. “It’s a really cool idea. I always lose my phone charger, so this would be a great thing to have,” said Shawna Mann, sophomore.](#)
In order to use the Powermat, one must plug it in an outlet, take the receiver and attach it to the rechargeable devices. Once the Powermat is turned on, it makes a sound and lights up to show whether or not the devices are charging.

The Powermat does not need to be cleaned and works even if there is dust on it, perfect for any college student. “I really like the fact that you don’t have to clean it,” said Casey Doll, sophomore.

The Powermat costs about $100. The receivers for the devices cost about $30 to $40 dollars depending on the device. “Man this is awesome, I feel like Batman now, what’s next?” said Tully Bertorelli, sophomore.

Java Jam Presented Vocalist Jenn Grinels

October 28, 2009 by Samantha
Filed under Campus, Featured

Students and faculty listen to Jenn perform.

Wednesday Oct. 7 at 8 p.m. on the Lakeside Patio, up and coming Indie artist Jenn Grinels strummed her guitar, playing her songs to a crowd of Lynn students. Her performance was part of Lynn’s Java Jam, which offers relaxing concerts with enjoyable music, good food and fun.

When one hears Jenn Grinels, some may say that she sounds very pop rock like. She has a great acoustic sound to her. Some have even compared her to Fiona Apple.

According to Wendy Crowell, a sophomore, Jenn Grinels had “a great voice and whose style was awesome too.”
Everyone seemed to enjoy her concert so much, that many people bought her CD that night.
Record setting point guard Austin Faber has come back home to Lynn. Faber has joined Coach McMillin’s basketball staff, four years after graduating, to help bring the program back to the national stage.

Faber, a native of Orlando, graduated from Lynn in 2005 after leading the Fighting Knight’s to the 2004-2005 Elite Eight semi-finals. Since his graduation, he has worked as a public accountant in sales and has even coached a team in the local Boca Hoops league. This helped him realize his need to get back to his true love.

“I love the game of basketball,” said Faber. “I love the atmosphere of practice and games. I feel that playing at Lynn for four years really allowed me to showcase my love and skills. When I
first thought about going into coaching, I knew the greatest coach to learn and work under was Coach McMillin. He expects a lot out of players, but he knows how to get results."

Faber’s name can be found all throughout the Lynn record book. He holds two of the top

Faber in action during his college days. LU Photo.

10 spots in assists in a season. He is number four with 152 assists during the 2003-2004 season and number seven with 136 assists during the 2002-2003 season. Faber started 71 of his 107 games played and he tops in career assists with 464, which is 49 more than the next closest player, and second in career steals.

On the bench, he’s back with one of his former colleges and AAU teammates, Associate Head Coach Marcus Hayes.

“I definitely think having played with Coach Faber will help the chemistry on our staff,” said Hayes. “It’s like he and I being teammates again. I can’t help but get those nostalgic feelings of us grinding it out together daily as we did as players. It also provides Coach McMillin another voice on our coaching staff that he can trust, because he knows Coach Faber embodied a lot of the same things he is trying to get our guys to understand.”

Faber’s long hair may be gone, but he is definitely back.
As of Oct. 12, Mark Your Miles has been the center of attention at the Lynn Campus Recreation Fitness Center. As part of Lynn’s Wellness Committee’s fitness initiative, the program promotes mental and physical wellness by allowing staff, students and employees to be a part of a self-motivating movement, literally.
The Mark Your Miles incentive program works by having enrolled members track their personal progress after they complete so many exerted miles. “We wanted to give an incentive for overall physical wellness,” said Jon Volpi, Wellness Committee chairman. Members can use any machine that calculates mileage, i.e. treadmills, stationary bikes, elliptical machines and stair masters. As well, any fitness classes that have set distance goals, such as Walk on Wednesdays class where participants walk three-miles around campus. After they have completed their desired amount of miles, members must report their mileage to the Fitness Center Monitors in order for progress to be tracked.

Enrolled members also have the chance to win prizes after they have completed specified levels at 250, 500, 750 and 1,000mile checkpoints. The prizes are still in the process of being finalized, however, the Wellness Committee is planning to give away water bottles, supplement shakers, towels, pedometers, etc. once members have completed each subsequent level respectively. The truth is, members of the program can actually bluff their way to the top, however they will only be cheating themselves in the long run. Volpi states, “You can lie to the desk, but you can’t lie to your body.” The point is not to cheat yourself out of a great opportunity that gives way to both staying in shape while having a blast in doing so.

The program will “run” until the end of spring semester. For more information, stop by the Fitness Center. Signing up is one thing, pushing yourself to the next level is another.

There’s Nothing Soft About It

October 27, 2009 by Samantha
Filed under Athletics, Best of Boca, Featured

Leave a Comment

By ANDREW RYCHALSKI
The fall hosts many festivities, the departure of warm weather, but most of all, it marks the start of the Coed Softball League around South Florida.

Though it is often regarded as a sport for the ladies, softball is a sport for both men and women. And, what is better then playing a good old fashion game of softball on a warm Sunday afternoon? Even though there is only one winner at the end of the day, the main goal is to get a little dirty and have some fun.

“I’m so happy I decided to join this softball league,” said Sam Hoffman, senior. “It feels good to be on a team again.” Softball is a great opportunity for both students and staff members to be on the same side.

There are two different seasons in softball; fall season and spring season. The fall season starts at the end of September and goes until Thanksgiving, towards the end of November; spring season starts in March.

The best nearby places to join a softball league are the Boca Raton Town League and the Deerfield Town League. Boca has three different leagues due to capacity and Deerfield currently has one. All leagues are coed and require an 11-person roster.
“When I first joined the Deerfield Softball League I didn’t know what to think,” said Mike Deluca, senior. “It worked out for the best though because it doesn’t matter if you win or lose, everyone’s just trying to have fun.”

How slow pitch softball works is quite simple. There are ten position players out on the field—four outfielders, the infield, pitcher and catcher. The eleventh man is used for an extra bat in the batting order. As each batter steps to the plate, he or she starts the pitch count at one and one—ball and one strike—Leaving it up to the player to pick the right one to hit. Each team plays a total of seven innings. In the end, the team with the most runs scored comes out victorious.

Softball is a great chance to get out there and have some fun. The spring season starts the first week of March. For further information go to the local Boca Raton and Deerfield town halls. “My favorite part about playing softball is the chance to make good plays,” said Greg Zambito, senior. “That and the cold beverages after the game.”

**Swine Flu Creates a Permission to Skip**

October 27, 2009 by Samantha
Filed under Campus, Featured

[Leave a Comment](#)

By KASEY MANN
A new policy at the university may inadvertently give students a free pass to skip their classes. Hopefully, it will not be abused for it is only an additional precaution taken to ward off the swine flu.

In efforts to prevent swine flu outbreaks on campus, a mass e-mail was sent to all Lynn students on Sept. 25 regarding a new policy. The e-mail explained how students should act in accordance to the first signs of flu-like symptoms. The steps go to include self-isolation, taking over the counter medication to lower fevers; as for residential students, they should contact the Health Center for further diagnosis and treatment. The e-mail also described that students should remain in their rooms until the fever is completely reduced. As well, administration adjusted their attendance policy for classes to fit students needs.

Students who have been “feeling ill, experience fever, and participate in self isolation” will not need to present professors with a doctor’s note, allowing all absences for that time to be excused. The University is putting forth an effort to keep the swine flu precedent under control while maintaining the health of all students by enforcing these precautions. “I think it is a positive thing that the school is trying to prevent the swine flu in any way they can,” said Sophie Gagnon, senior. “I would suggest they find an alternate way though because this policy could cause students to see this as a free pass.”
Some students may take advantage of this new policy and ultimately decide to miss class knowing it will be excused if they claim they feel ill. “If you don’t need a note, why would students even go to the nurse?” said Becca Block, sophomore. “I am assuming that most students will just abuse this policy.” Students should take responsibility for their class attendance; however, some say this attendance policy adjustment could potentially result to further absences.

“I don’t think students will necessarily skip more classes,” said Colin Lewis, sophomore. “I just feel that those who normally choose not to go to class will enjoy the opportunity to make it excused.” However, Lynn trusts that the student body is responsible enough not to abuse this new policy and put it to proper use; the administration is only looking to keep the campus healthy.

**OWL CITY: Ocean Eyes**

October 27, 2009 by [Samantha](#)
Filed under [Best of Boca](#), [Entertainment](#)

[Leave a Comment](#)

By SPENCER LAURO

![Owl City](#)

Owl City Madness! “Owl City” is an electronic/synth-pop “Postal Serviceish” sounding solo act. The act is led by soft-spoken goofball Adam Young, who writes and composes his mix of alternative sounding melodies. His music has been gaining attention since his latest release “Ocean Eyes” this past summer.

It all started when Young was working a soda pop bottling factory that he called, “A very monotonous environment” in a recent artist spotlight interview with Rolling Stone Magazine. Apparently along with working at the factory, he was residing at Casa de Parentals, also known as his parent’s house, where in fact his entire music making originated. He started putting his
music up on the social networking site MySpace, where he quickly started to receive a large following. Who knew that Young actually started his entire music career in the basement of his parents’ home in Owatonna Minnesota. Kind of wild!!

“Owl City’s” latest record, “Ocean Eyes,” is a mix of happy sounding songs that mainly focus on fantasy world ideas such as young love, exploiting the beauty of the environment, the ocean, and a few other light hearted tunes that are open to interpretation. The main theme here is happiness, the record just sends out positive vibes and lets you explore your own fantasy world inside Owl City, or so says the man himself in a Buzznet Music interview. “It’s a city where happy owls live, work, breathe, ride bikes and fly kites. There’s peace and love throughout the owl community. They pick flowers, sing in the shower, salsa dance, swim in pools, knit sweaters and read dreamy books with happy endings. They roller skate, watch romantic movies, drive clean cars to church, hold hands on the beach and run on treadmills after they eat a lot of pizza. They enjoy vanilla skies, swinging on swing sets, walking in the rain, pajama parties, wearing fuzzy sweatshirts in the winter and imagining what it would be like to breathe underwater. Owl City is an innocent place where life is pleasant and enjoyable. It’s a place where pretty owl girl flight attendants smile at handsome boy owls at 30,000 feet. It’s a place where little owls sometimes get lost in grocery stores but they always find their momma’s again.”

Check out the new record, and hey, maybe you will even let yourself slip into your own Owl City for a little love, peace, and relaxation as I have.
State of the University Stresses Solid Future

October 26, 2009 by Samantha
Filed under Campus, Featured, Photos

Leave a Comment

President Ross Encourages All to Reveal the Best Kept Secret

Photos By CAROLINA GONZALEZ

The annual State of the University address recently took place on campus. During the event, faculty, staff as well as select students were witness to a presentation regarding the solid state of the campus.
There is an Angel in the Outfield

October 26, 2009 by Samantha
Filed under Athletics, Featured

Leave a Comment

by GENE PROUSNITZER
Softball player Jordan Angel

Softball player Jordan Angel, senior, wants to make a difference on and off the field. Angel, the product of Galloway, Ohio, is entering her second year with the Fighting Knights after transferring from Columbus State Community College. She has another year of eligibility after this season. Angel is a TV, Radio and Internet Media major.

“I love how Lynn is such a tight knit campus,” said Angel. “It’s great to walk around campus and know everyone you cross, that’s a cool feeling. Being an Orientation Leader this past year really opened up great opportunities for me. I got to be part of the Civility Week committee, which was awesome, and allowed me to meet so many great people.”

After graduation, Angel aspires to be a successful editor or producer and enjoys her down time.

“Off the field, I like to hang out with friends when I get the chance,” said Angel. “I love going down to Miami and spending time with my sister and the sisters I’ve made on this team. When I graduate, I really hope to make a difference in whatever I end up doing. It’s kind of corny, but true.”

In her short time at Lynn, Angel has had many great memories.

Angel rips the ball for a base hit

“My favorite memory since I’ve been here would be from last year,” she said. “We’re playing PBA and this was our last game for the season when my teammate Amber Havnar hit the winning run and I just jumped into her arms because we had just ended our season on a five game winning streak.”
This event led Angel to set high goals for herself and her teammates.

“My goals for this season are, one to work hard,” added Angel. “Second, to help my team out on and off the field and three win a conference title so we can go to Regional’s.”

Check out Angel and the rest of the Fighting Knights starting this coming February.

Carving a Spooky Way to Halloween

October 26, 2009 by Samantha
Filed under Campus

Leave a Comment

By AMY LYUS

This Halloween get into the spooky mood by carving pumpkins. All it takes is a pumpkin, carving tools and an image of the face one wishes to carve.

JJ Stavola, senior, and Breese Buffington carve.

Students can partake in this entertaining activity in their own dormroom by laying down some newspaper before getting to work, as carving pumpkins can get a little messy. Have a trashcan nearby to throw out additional pumpkin scraps.

Look online for different faces that have previously been carved. Faces range from being very spooky such as a traditional Jack-O-Lanterns to a silly face.

There are a few steps to carving that need to be completed in order to prevent mess and damage to the pumpkin.
First, cut a hole around the top of the pumpkin and remove it. Next, scoop the seeds from the inside of the pumpkin in order to create a hollow sphere. Next, after finding or creating the ideal face to be carved, draw a sketch with a pencil or sharpie on the pumpkin. After the desired sketch is completed, carve with a knife the eyes, nose and mouth.

During the pumpkin carving process it is common to get sore arms, as it can take a lot of effort, so take a break every now and then so the process is not rushed. When the carving is finished, use a napkin or finger to clean out excess pumpkin that may have fallen inside during the process. An excellent idea for keeping the pumpkin vibrant and lit up is to buy a flameless candle and place it inside.

The finished product!

Pumpkin carving is neither a thing of the past, nor only fun for children. It can still be exciting for students, faculty and staff. Grab some friends and make it a holiday affair.
Pretty in Pink 80’s Prom

October 23, 2009 by Samantha
Filed under Campus

Leave a Comment

Students Flashback and Dance the Night Away

By JOSHUA GORDON

Above: Craig Levenson, senior, and Nicole Todaro, sophomore, strike a goofy pose after being crowned Prom King and Queen.

The first Pretty in Pink Prom kicked off recently. Students and the advisor of Knights in the Community Annie Weaver danced the night away to eighties and nineties music. Everything was decorated with pink, including a disco ball to go with the 80’s theme.

“I’m extremely pleased with how Pretty in Pink turned out. I was surprised how many students came out to support us as well as Making Strides. We surpassed our goal of $150 dollars making $189 dollars,” said Kara Olszewski, sophomore.

Lucille’s Bad to the Bone BBQ of Boca Raton helped cater the event with cornbread, quesadillas, chips and spinach dip as well as chicken wings. There was also a candy bar with an assortment of Halloween treats. Olszewski served as the bartender making non-alcoholic drinks
such as piña coladas and Shirley Temples.
It was a humid night and it started to downpour, but that did not matter for sophomores Jennifer Rodrigues, Kori Beaman, Zach Welsh, Kara Olszewski and Kristeena Lyon.

The Pretty in Pink 80’s Prom had a costume contest. The winner was Zach Welsh, dressed as Tom Cruise from the 80’s movie "Risky Business." There was also a prom Queen and King. The winners of the Pretty in Pink 80’s themed prom were students Nicole Todaro, sophomore and Craig Levenson, senior. As winners of King and Queen, they won the movies “Caddy Shack” and “Pretty in Pink.”

Food for the Poor Fun Walk Inspires

October 23, 2009 by Samantha
Filed under Campus, Photos

Leave a Comment

Students, Faculty and Staff Walk Three Miles to Feed One Family

Photos By MARK FALCONE

Students, faculty and staff participate in the Food for the Poor Fun Walk.
Restaurant Raises Funds for Relay for Life

October 23, 2009 by Samantha
Filed under Best of Boca, Food, Photos

Leave a Comment

The Relay for Life Theme Unveiled at Uncle Julio’s as “Margarelayville”

Photos By CAROLINA GONZALEZ

Students enjoyed free appetizers and reduced prices as part of Relay for Life’s kickoff event.
Lynn Parents and Families Weekend 2009

October 23, 2009 by Samantha
Filed under Campus, Featured

Leave a Comment

Fun Activities Give All a Glimpse into the Fantastic Lives of Lynn Students

By JENNIFER RODRIGUES
The annual Parents and Families weekend will be filled with several different events aimed at giving parents a taste of what it is like to be a student at Lynn.

Events start first thing Friday morning, and conclude on Sunday afternoon with a special brunch. On Oct. 23, there will be a presentation by Lynn University’s Model United Nations in the Green Center. There will be a reception from 8:30 a.m. to 9:30 a.m., where members of Model U.N. and a surprise keynote speaker will be available to present and answer any questions about the part Model UN plays on Lynn’s campus. Following the reception, at both 9:30 a.m. and 1 p.m. Model UN will be holding a debate session. Concurrently at 11:15 a.m., families will get the chance to have lunch in the dining hall with their children. Also during lunch hours, a special J-Term fair will occur in the Perper Plaza.

Following lunch, two forums will take place. The first will occur in the Henke Wing of the de Hoernle International Center at 1:30 p.m. and will focus on student life at Lynn. The second session will be a technology presentation in the Amarnick-Goldstein Concert Hall, also in the International Center, which will focus on the different technologies available for students.

Friday evening marks the 11th Annual Blue and White Auction, sponsored by Lynn Athletics. The auction is a yearly event that supports all Lynn Fighting Knight Athletes and features both live and silent auctions, as well as appetizers, drinks and raffles. Both parents and students are invited to this event.
Saturday will be another exciting day, starting with Coffee with the President in the Green Center at a 10 a.m. Parents will get the opportunity to hear from both President Kevin Ross and Vice President of Academic Affairs Cynthia Patterson about the latest updates for Lynn. Directly following Coffee with the President, each of Lynn’s six colleges will be hosting open house presentations that families will be able to attend. Those presentations will be hosted in the buildings of the respective schools. Starting at 11:30 a.m., it is the students turn to make presentations. On the walkway from Perper Plaza to the McCusker Sports Complex, student representatives from the various clubs and organizations will be showing off what they have done and what they plan to do for the rest of the year.

Following these final presentations, three traditions of Lynn Parents and Families Weekend begin. At 12:30 p.m., the Lynn Family Barbecue will occur outside of the sports complex. In addition to being able to eat a delicious lunch, the annual Student Golf Cart Parade will occur, where various student clubs and organizations will decorate a golf cart and drive it down the parade route. Finally, the Fighting Knights Women’s Soccer Team will defend home against Eckerd University at 2 p.m. Families are encouraged to return to campus at 8 p.m. for a movie on the lawn presentation in front of Freiburger Residence Hall.

The weekend will conclude with a family brunch on Sunday, Oct. 25, during normal weekend brunch hours. Parents and Families Weekend is an exciting event where families get to experience their student’s home away from home.

**Rotaract Presents the Invisible Children**
The Lynn campus was recently covered with publicity for the much anticipated and very popular tour of Invisible Children hosted and organized by the Rotaract Club. Banners, flyers, chalking, postcards and balloons were everywhere in efforts to promote this special event to students, faculty, staff and overall Palm Beach County residents. Rotaract aimed for more than 80 people to attend and surpassed their fundraising goal of $1,000 in one hour.

Invisible Children is a well known and popular non-profit organization which addresses the crisis in Uganda, Africa, where children are forced to be soldiers. Invisible Children strives to focus on war-affected regions and long term development, literally working with individuals and institutions that believe in their great potential. They provide education and many innovative economic opportunities. They also aim to improve the quality of life for individuals living in conflict and post-conflict regions.

“I think it went amazing; we had such a great turnout,” said Casey Van Amerongen, junior and Rotaract Club member, “These kids need our help, and it’s not that young people can’t help, it’s that they don’t know how and this is a great way to get involved. It was so amazing,
The event began by a realistic and moving speech from the president of the Rotaract Club, followed by the introduction of the tour members of Invisible Children, who came in their official tour van. They explained that no matter how old one is one can truly make a difference and have an impact. After the presentations the documentary “The Rescue” was showcased. Following the program, all attendees learned how to get involved by contacting their senators and members of congress to address this international inhumane crisis. A merchandise table attracted all who attended and many purchased T-shirts, DVD’s, handmade bracelets, hats and handbags.

“It opened my eyes to what was going on, in the world around me. It’s shocking to see what these children are going through and how far down on our nations list they are receiving aid,” said Jennifer Aldrich, junior.

The Rotaract Club pledged to the team that they will do whatever they can do to rescue these children.

### Graced by the Presence of the First Lady

October 23, 2009 by Samantha
Filed under [Featured](#), [Politics](#)

[Leave a Comment](#)

*Lynn Listens as the First Lady Encourages All to Serve One’s Community*

*By CAROLINA GONZALEZ ATIENZA*
On Oct. 15, a group of five students and five faculty and staff members attended the Florida Campus Compact Awards Gala and Luncheon at Miami Dade College’s Freedom Tower. The keynote speaker for the event was First Lady Michelle Obama.

“She [Michelle Obama] still says her true good is encouraging people to serve their communities and neighbors,” said Congressman Allen Boyd.

The first lady glided on stage to deliver a motivational and powerful speech about activism. She focused on how “maybe service is a little cool” and on how “we show young people that service can be a way of life or career.”

The entire crowd was silenced and all that could be heard was her voice and the shutter of cameras. The entire Lynn University table looked and listened taking in every word she said and thinking of ways in which her words could be applied on campus.

“We need business leaders both in the pursuit of profit and in the pursuit of public good,” said the First Lady.

“We need citizens who believe volunteering isn’t something you do once in a while. Service is forever. Some of the best solutions for communities come from the communities themselves.”

Applying this idea that service is forever could be simple, yet revolutionary.

“United we serve. We are calling all Americans to make service a part of their daily lives,” she said.

“Her message about service above self is truly inspiring to those of us who are living that way now,” said Omar Herrera, sophomore.
The Web site www.serve.gov provides information on how to get involved and make service not only the focus of volunteering, but a way of life.

In her concluding statement, she said, “I’m living proof of the work and the impact of the work that you do. Good luck, and stay strong.”

“I was especially impressed with her emphasis on service being a part of everyone’s life everyday and the role that it has in a well-lived life,” said Leslie Wasson, staff.

The event touched the entire group and her message resonated.

Above: Shots of the Lynn community at the function including: Director of Alumni Affairs Matthew Roos, Mohamed Abdalla, Allie Riordan, Omar Herrera, Carolina Gonzalez, Denzel Samuel, Executive Assistant Kelley Segers, Director of Institutional Research Leslie Wasson, Vice President of Student Development Phil Riordan and Professor Katrina Carter-Tellison. LU Photos.

Talk About It

“We are Women Watch Us Roar”

October 23, 2009 by Samantha
Filed under Best of Boca

Leave a Comment

Thousands Took to the Streets in the Making Strides Against Breast Cancer Walk
The Boca Raton community recently participated in a 5k non-competitive walk in order to raise awareness for breast cancer as well as collect donations for important research.

Mizner Park was filled with about four thousand participants and volunteers all gleaming in the color pink wearing hopeful smiles on their faces. The amphitheater was loaded with pink balloons, pink t-shirts embroidered with the face of previous survivors and sponsored banners draping the walls. Large amounts of healthy food and hydrating drinks were presented for the walkers to enjoy before and after the race.

Newscasters from Channel 12 were scattered in various positions, catching shots of the decorated walkers as well as capturing a few stories from survivors and their families. Many participants signed up as teams, raising large sums of money to donate prior to the event. Participants decorated their own shirts with inspirational quotes and pictures.

“The walk was positively overwhelming with the thousands of supporters all gathered in the same facility working together for the same cause,” said Kathryn Fitzpatrick, a junior who participated in the walk. Participants looked genuinely happy that they were fighting for an important cause. Before the walk began survivors shared their intimate stories on the stage of the amphitheater, giving the listeners an insight to the severe and difficult world of cancer. Mothers emphasized the struggle of wanting to spend more time with their children.
“The stories were truly heartfelt and everyone listened attentively to the awe-inspiring women,” said Fitzpatrick.
Mizner Park was left with a strong feeling of hope and encouragement after the walk.

Cultural Competence Course in Cambodia

October 23, 2009 by Samantha
Filed under Politics, Profiles

Leave a Comment

Senior Study Trip Takes Student to the Other Side of the World

By MICHAEL CARRERA
Contributing Writer
Ed O’Neill, senior, photographed in Cambodia. LU Photo.

Ed O’Neill, senior, traveled to Cambodia recently with fellow psychology major students.

“I was really excited to go to Cambodia,” said O’Neill. “I was literally going to the other side of the world.”

O’Neill decided to go to Cambodia to learn more about his future profession and gain valuable knowledge that a psychologist would need to know.

“This is what I want to do professionally,” he said. “I want to be the best psychologist I can be.”

The trip was a total of ten days and students had the opportunity to truly take part in all aspects of Cambodia. During the tour there were numerous intense moments, including visiting a killing field where individuals in the past were slaughtered during the genocide.

“It was the most intense moment of my life.” said O’Neill. “I never thought I could one day say that I was on the same ground as what happened there.”

In the city, O’Neill recounts being offered absolutely everything from the locals including, watches and bags to bananas and chicken.

“I was even offered a child by someone,” he said. “I was speechless when I was offered this.”

The experience of traveling to Cambodia was one of the most educational experiences of O’Neill’s life. The trip put numerous things in perspective for him as well.

“I not only learned more about my profession from what I did there, but I also learned a lot about myself,” said O’Neill. “It was a life altering experience.”
Top: O’Neill and friends discuss the days events over a meal. Bottom: O’Neil and professor pose with Little LU. LU Photos.

Classmates spend time sharing experiences, stories and knowledge with Cambodian children. LU Photo.
January Term 2010 is Just Around the Corner

October 23, 2009 by Samantha
Filed under Campus

Leave a Comment

Follow in the Footsteps of Little LU and Travel the World this J-Term

By SAMANTHA MUSLIN

January may be a long way away but students are already deciding what they will be doing this upcoming term. “I am excited for my first J-Term,” said Gabriela Maria Regalado Briceno, freshman. “I am not sure which course I am going to choose.”

There are many different options for students to choose from when it comes to picking a courses. There is the option to travel abroad from Japan to Africa. Some of the travel abroad trips are Journey of Hope to Haiti, Exploring Central American Social Problems and Flavors of Australia.

Students also have the option to stay on campus. Some of the options for courses are Film and National Identity and Call of the Mall: The Psychology of Shopping. While some of these courses are based on campus, many also travel within the South Florida community. The third option given to students is to create their own J-Term through an internship or other creative program.
For more information, visit www.lynn.edu/academics/docs/j-term-course-descriptions
Don’t Ask, Do Tell” May Become Prominent Policy

October 22, 2009 by Samantha
Filed under Politics

Leave a Comment

By JOSHUA WINER

On Oct. 10, 2009, President Barack Obama once again pledged to end the military’s “Don’t Ask, Don’t Tell” policy, or DADT. “I think it will be awesome,” said Tully Bertorelli, sophomore. “We all are one when we fight. Give everyone a chance to show pride in their country.”

Before DADT, the military had banned all non-heterosexuals from serving in the military. During his campaign for presidency, Bill Clinton had promised to lift the ban, a promise that was met with much resistance. After winning the election, former President Clinton chose to compromise by enacting the DADT policy, which bans all non-heterosexual from openly serving in the military. So in order to serve in the military, any non-heterosexual identity has to be hidden. The “Don’t Ask” aspect implies that superiors should not initiate investigations into service members’ sexuality, though accusations and suspicions can oftentimes be enough to being an investigation.

Gay Straight Alliance President Devin Reaves leads the weekly GSA meeting.
Obama’s reiteration of his campaign promise to end DADT still lacks a time table, a source of frustration for many. “There’s so much to do for LBGT (lesbian, bisexual, gay, and transgender) rights, not just piecemeal,” said Devin Reaves, President of Lynn’s Gay Straight Alliance (GSA). While DADT may have been designed to prevent witch hunts, some homophobic service members have used it to out, and subsequently get kicked out, non-heterosexual service members. “One of my friends was dishonorably discharged over allegations of rape,” said Jordan Paul, GSA member. “The allegations were proven false and he was never charged for it, but my friend was still dishonorably discharged. It ruined his life.” Those found to be in violation of DADT receive a dishonorable discharge. Since its inception, DADT has resulted in over 13,000 dishonorable discharges, with at least 600 service members dishonorably discharged per year. Once dishonorably discharged, all veterans’ benefits are lost.
Kings of Leon: ‘Only by the Night’

October 21, 2009 by Samantha
Filed under Entertainment

Leave a Comment

By Spenser Lauro

According to Rolling Stone Magazine, Kings of Leon are an American Rock family based band consisting of three brothers and one cousin from Nashville, Tennessee. The three brothers known by their middle names, Caleb Followill (lead vocals, rhythm guitar), Nathan Followill (drums, percussion, backing vocals) and Jared Followill (bass guitar, backing vocals) recruited their cousin Cameron Followill (lead guitar, backing vocals) when they formed the band in 1999.

Their fourth and latest studio album, Only by the Night, has been an absolute mega hit all around the world. It has had unbelievable commercial success, climbing inside the top 10 in 10 different countries, remaining on the iTunes top album chart for over a year as of this month- a first in iTunes history. I’ve bought ‘Only by the Night’ twice on iTunes,” said Tim Denby, Lynn alumni. I can’t get enough of this band.
Kings of Leon were also awarded a Grammy for Best Rock Performance by a Duo or Group with Vocals for their hit single “Sex on Fire” at last year’s 51st Grammy Awards. In addition, the band received a “2008 Album of the Year” tag by UK’s Q Magazine.”

The album is very emotionally charged, having exceptional lyrics and does not lack musical brilliance whatsoever. Their lead singer, Caleb, has amped up his singing a bit pitch wise while keeping the vocals cleaner than any other Kings of Leon record.

Only by the Night integrates heartfelt songs and an outstanding area rock sound throughout the entire length of the record. This album is the soundtrack of my life,” said Erik Milz, sophomore. This album appeals to the masses in every which way possible. Be sure to keep an eye out for these guys who are, without a doubt, reviving Rock and Roll single handedly.

Life’s A Great Balancing Act

October 21, 2009 by Samantha
Filed under How To

By Sonja Farrugia

As Dr. Seuss’ story goes, “Just never forget to be dexterous and deft, and never mix up your right foot with your left. And will you succeed? Yes! You will, indeed! (98 and 3/4 percent guaranteed).” Managing life seems to get harder and more complex as the minutes pass, but one thing is for sure, organization can turn any troublesome day into a bed of roses. Here are a few tips that should numb any drilling pain of having to write papers, work with short employees and/or manage extracurricular activities.
First off, invest in a large calendar and colored post-its! They are a great time saver when planning out daily and weekly activities. In addition, it may seem a little grade school, but using brightly colored folders can easily turn a stack of papers into five neatly divided classes.

Build a rough schedule for the week, but make sure to make it as loose as possible so to leave room for any changing plans. Remember, flexibility is vital when writing out daily plans.

As well as organizing work into folders, binders, and every tab in between, take notice of which assignments have greater importance. Once established, make sure to complete those assignments first and foremost and finish any smaller tasks thereafter.

What seems to work 99.9% of the time is a personal reward system. Every time a set task is completed, log on to Facebook, eat some granola, download some new music, or watch a quick clip on YouTube. Nevertheless, there should be a warning label on these specified rewards due to their highly addictive qualities. Honesty is a must here! Facebook leads to procrastination and work will pushed off for yet another three hours. After each task, take only a short breather so not to lose too much brain power and work momentum.

Of course setting aside ample time for classes is a definite must on any college campus; however, scheduling time for a physical sweat could be just as important as a mental workout. Exercising is an excellent way to get rid of any weekend “toxins,” helps tone any extra baggage, and will surely alleviate any previous stress.

Remember, work without play is no way to live. Doctor’s orders, “Step with care and great tact and remember that Life’s a Great Balancing Act…Kid, you'll move mountains!”

Woo Shoots for Stars On and Off the Court

October 21, 2009 by Samantha
Filed under Athletics, Featured

Leave a Comment

By Gene Prousnitzer
Junior basketball player Michael Woo puts the student in student-athlete. Woo is involved off the court just as much as he is on it.

Woo, a sports management major from Mercer Island, Wash., has quickly become a fixture around the athletic department and in the classroom. He has been named to the honor roll every year and has taken leadership roles off the court.

“I’m the vice president of the Student Athlete Advisory Committee,” said Woo. “SAAC is an organization of student-athletes who work with administration to help better the student-athlete experience and also reach out and help the community in various ways. I also intern with the Sports Information department.”

“Woo is what every student-athlete should strive to be,” said men’s basketball Assistant Coach Austin Faber. “He works hard on and off the court. As a coaching staff, we know he is going to give his all every day.”
Woo warms up before a game

“I feel like Lynn has given me a lot of opportunities to better my future,” said Woo. “So I want to try and give back to the school whatever way I can. I also enjoy working with other student athletes and our athletic administration to try and make positive changes for everyone.”

Woo is not all about academics and basketball.

“Off the court and out of the classroom, I love to hang out with the guys on the team and play video games and just goof around,” said Woo. “Our whole team is like a family to me, so I spend most of my free time with them even though I see them all day at practice and games.”

Check out Woo and the rest of the Fighting Knights men’s basketball team starting November 10, as they open their season at their cross-town rival Florida Atlantic University.
Brand Leaves a Legacy

October 20, 2009 by Samantha
Filed under Athletics, Featured

Leave a Comment

By Gene Prousntizer

Former National Collegiate Athletic Association president Myles Brand passed away on Sept. 16, 2009, of pancreatic cancer. He was 67. Brand may have worked in Indiana, but he affected students in Boca Raton.

Brand, born in Brooklyn, was the fourth president of the NCAA, after serving as President of Indiana University and administrative roles at Ohio State University, the University of Arizona, the University of Illinois-Chicago and the University of Pittsburgh. Brand was the first president of the NCAA to be a college president.

Brand took over in 2002, and decided to make changes in the way the NCAA viewed student-athletes. Brand wanted to emphasis the student part of that. Brand’s strong belief was that “academics come first.”

In January 2003, Brand pushed for tougher eligibility standards for incoming freshman and current students. Eventually, the NCAA adopted two new academic measures, the Academic Progress Report and the Graduation Success Rate — calculations that provide real-time statistics on how athletes are performing in the classroom.

“Myles Brand helped everybody refocus what college athletics is all about,” said Pascal Schuler, sophomore. “He held coaches and players responsible for what happens in the classroom. It’s innovators like him who help show that the common misconception of ‘dumb jock’ is very inaccurate.”

Brand is survived by his wife and a son.
Swine Flu: Panic or Pandemic?

October 20, 2009 by Samantha
Filed under Health & Beauty

Leave a Comment

By Katherine Paxson

With the media spoon feeding the masses about the evident threat the Swine Flu virus (H1N1) could possibly cause, hysteria is spreading. People all across the globe are stocking up on medical masks and antibacterial products to protect themselves from the possibly deadly virus. Flu vaccinations are being offered everywhere from Publix to Wal-Mart, giving people hope from contamination. What most people do not know, and seem to sometimes ignore, are the actual truths regarding the Swine Flu Virus and how to stay protected. There are simple and absolute facts that are blurred in the eyes of any gullible consumer that falls victim to media tactics to scare and intimidate.

Although there is no immediate cure or prevention drug for the H1N1 virus, there are drugs on the pharmaceutical market that treat symptoms of the flu virus and boost the immune system to help fight it. Tamiflu is one drug on the market that helps fight symptoms of the flu virus by injecting an actual form of the virus into the body. However, it does not protect humans from the Swine flu strain.

“My family bought boxes of Tamiflu when it came out,” said Rafael Feliz, sophomore. “One of the big problems is hype. Of course we get scared, but I do not think that people should be that scared. The media made it a big deal”.

To separate fact from myth, the flu vaccination that is being offered is not intended to prevent an occurrence of the Swine Flu virus from spreading between people. But, with the persistence from the media to advertise the shot, some people believe it does. This is a myth. The vaccination does not target the H1N1 Influenza strain A of the flu virus, but merely the average seasonal flu.

“I want to know when the shot for the Swine Flu is ready and out on the market,” says Bianca Cortes, graduate student. “It is very important in this delicate situation.” Attempts by the World Health organization are still being made to push the necessity to obtain the strain for testing for a possible vaccination. According to the World Health Organization (WHO), Australia, China, Hungary and the United States of America have all licensed vaccines. “The length of the approval process depends on factors such as each country’s regulatory pathway, the type of vaccine being licensed, and the stage of manufacturers’ readiness to submit appropriate information to regulatory authorities” (World Health Organization).

Secondly, the issue of the severity of the symptoms of the virus comes into question. With the constant portrayal of the flu by the media depicting people in hospital masks as a frightening reminder, instant death from contraction of the virus is certain. This is a myth. Although the
virus, if not treated properly and in some special instances, can cause death, it is not a certain fate.

The H1N1 Influenza strain A of the Swine Flu virus is plaguing the well being of people everywhere. Although a serious threat to be concerned with, it is vital that people understand the risks that face them, and not the media’s portrayal of a situation. In these uncertain times, people need to be aware of the facts and myths that face them.

“Everyone needs to be prepared,” said Dylan Regan, Senior.

**Walking in the Shoes of Those with Disabilities**

October 20, 2009 by Samantha
Filed under Campus

Leave a Comment

*Lynn Hosts First Ever Different Abilities Dinner*

By CHARLIE PHILLIPS

Of recent note, Stephanie Hammerman, sophomore, hosted the Different Abilities Dinner in the cafeteria where students were invited to walk in the shoes of those with disabilities by wearing a blindfold, ear plugs and/or being mute for the duration of the meal.

“Disability Awareness Month is an initiative that began because I believed it is important to have people be aware that everyone has different abilities,” said Hammerman.

Other noteworthy events that will take place during Disability Awareness Month include a presentation on “Diversity According to Family Guy and South Park” by motivational speaker Matt Glowaki. The program, which will take place at 7 p.m. in the Green Center on Oct. 21, will address breaking down stereotypical attitudes and behaviors regarding people’s differences.
On Wednesday and Thursday, Oct. 21-22, The “World with Wheels” event will occur on campus. Twelve wheelchairs will be available for rent each day and students will have the opportunity to explore campus from a different perspective.

Padang Earthquake Disaster

October 20, 2009 by Samantha
Filed under Best of Boca

Leave a Comment

by Spenser Lauro

Padang destruction

According to all local news channels in the United States, a massive earthquake hit the southern coast of Sumatra, Indonesia on September 30. The quake measured out at a magnitude of 7.6 on the Richter scale, which is absolutely huge. As a result of the earthquake, an enormous tsunami smashed the shore of the island hours after the original took place. This of course did not make matters better by any means. The death toll is already over 1500 people, and is rising as a result of the quakes devastating after effects. Officials are estimating thousands are trapped under collapsed buildings, and stuck under landslides. The worst part of the disaster is yet to come. Indonesia is not a wealthy country, and thus will suffer even more so while attempting to recover and rebuild.

There are said to be over 200,000 houses that were significantly damaged from the disaster. Buildings in Padang, the largest city in the West Sumatran province were destroyed. Not only buildings were destroyed but at least two hospitals and many schools were reported on. Some of the main streets in Padang were flooding because of water pipes breaking under the streets.
World relief efforts for Indonesia have been wonderful, getting generous emergency aid contributions from 23 countries, including the United States of America’s aid of 6 million dollars. “I know firsthand that the Indonesian people are strong and resilient and have the spirit to overcome this enormous challenge. And as they do, they need to know that America will be their friend and partner,” President Obama, who had spent his childhood for several years in Indonesia, said. “It’s nice to see how our world is rallying for the torn country of Indonesia” said Erik Milz, Junior. The earthquake comes at a horrible time for Indonesia seeing that they are just recovering from an earthquake in 2004 that hit the country hard also. The destruction from the earthquake has been colossal for Indonesia, but are coming together as a whole to get through this as a country.

If you would like to contribute to the relief efforts in Indonesia, please visit http://www.surfaidinternational.org. Any type of donation will be greatly appreciated.

“Zombieland” Provides Both Fun and Gore
I haven’t had that much fun in a movie in a while.” said Joe Scaggs, senior. Apparently that is what everyone is saying about the new dark comedy “Zombieland,” starring Woody Harrelson, Jessie Eisenberg, Emma Stone and Abigail Breslin.

The story begins with a young man (Eisenberg) who is a student at a Texas school while the zombie outbreak happens. He admits to being a loner most of his life and not really having any strong emotional attachments to friends or family, thus making it easy to kill the flesh eating creatures that attack him.

Along the way he meets up with a gun slinging cowboy (Harrelson) with zero empathy who has a deranged enjoyment in killing zombies, preferably brutally and violently. As the two tell each other their tales, they venture east to get back home where they are met by two con-artist sisters (Stone, Breslin) who become friends with them in the long run.
With lots of fighting, killing, blood and guts, “Zombieland” makes audiences squirm and laugh from start to finish. Director Ruben Feischer hits a homerun in his directorial debut, with an outstanding performance from Harrelson, not to mention awesome special effects.

I personally loved this movie; it reminded me a lot of “Shaun of the Dead” because of the zombie make up and comic relief throughout. I loved Woody Harrelson’s performance and I feel that this further proves acting skills in any project he signs on to. The other star to keep your eye on is young Abigail Breslin, who is quickly becoming a fine young actress. “Zombieland” is not a typical horror movie at all (unless blood and gore is not your thing) but instead a hilarious comedy that will leave you wanting second helpings. I give “Zombieland” 5 stars out of 5 stars and requiring any zombie movie fan to see this masterpiece.

**Students Rock Out in West Palm**

October 20, 2009 by Samantha
Filed under Entertainment

Leave a Comment

*Students enjoy a Blink 182, Fall Out Boy, All American Rejects and Asher Roth concert.*

By KELLY HARMAN
Bassist Mark Hoppus, drummer Travis Barker and guitarist Tom DeLonge

Students attended a punk rock concert on Saturday, Sept. 26 at the West Palm Beach Amphitheater to rock out to the musical stylings of Blink 182, Fall Out Boy, All American Rejects and Asher Roth. Just a half-hour drive from campus, students who came to the venue waited outside the amphitheater gates where they could purchase a range of Blink 182 merchandise to support the lead band. Once the gates opened, students excitedly bustled into an open vicinity where many bought a variety of food including hot dogs, burgers, nachos, popcorn, pizza and more.

The sound of instruments being tuned and voices on microphones drew the crowd’s attention and students ascended the stairs toward the theater and lawn. Students who opted to pay for V.I.P. tickets went to be seated in the theater while

Blink-182's Mark Hoppus does a balancing act with his bass during the
those with lawn tickets made their way uphill to claim a spot on a grassy hill with their friends. After about fifteen minutes of excited anticipation, rap artist Asher Roth came on stage and opened with two of his hits, one of them “I Love College.” Students sang along and got into the energy of the music. Next came The All American Rejects, whose lead singer was wearing a leg cast after having a tumor removed earlier that day. With each new song, the crowd was increasingly amped; by the time Fall Out Boy came on stage the crowd was elated with the concert, and as Blink 182 arrived on stage, the crowd went wild.

“It was awesome!” Says Keeley Mulvihill, senior, “Every band was great! I was blown away by Fall Out Boy!” Manavi Halawaisi, senior says “I had so much fun! It was amazing! It was my first concert, I didn’t want it to end!” Once Blink 182 drew their performance to a close, the crowd cheered for encore, after a few minutes, Travis Barker, drummer for Blink, came back on stage, strapped against his drum-set, and was lifted into the air by a disc-shaped contraption which revolved over the stage like a spaceship. The concert came to an end with thunderous applause and students appeared unanimously happy and impressed with the concert.

Calling All Fashion Lovers

October 20, 2009 by Samantha
Filed under Fashion

Leave a Comment

By Samantha Muslin

Some members of the Fashion Management Association in New York for a study abroad, trip during New York fashion week.

For all the student fashion lovers out there, the Fashion Management Association is the newest club for everyone who loves the fashion industry. It is required for all Fashion Management majors and encouraged for all.
FMA was started to help students learn more about working in the world of fashion and helping the South Florida community.

“It is a way for fashion students to get more included with the South Florida community,” said Stephanie Smith, senior. “We are participating in a different charity every month; some of them are a canned food drive, toy drive, clothing drive and packages for the armed forces.”

FMA will be having classes that will show the students how to dress models for the runway as well as other tasks that need to be done during a fashion show.

Some members of the Fashion Management Association having fun dressing up, during the study abroad trip in New York City.

“We have the senior and junior students mentoring the freshman students,” said Smith. “The senior students can help teach the freshman students what to do when volunteering and working a fashion show.”

FMA meets once a month and costs $10 to join FMA for a semester; membership also includes a fashionable FMA T-shirt. During the meetings Professor Lisa Dandeo, faculty advisor of FMA, will talk about different opportunities for the members, such as job openings, internship openings, educational trips such as the trip to Los Angeles fashion week or the need of volunteers for a fashion show.

“I joined the FMA because I like to do volunteer work for my community with women who share many of the same interests as me, fashion,” said Lauren Cecchi junior. “I think it is going to be a great program with a lot of potential. I am excited to start volunteering for this semester.”

The FMA is also on Facebook which provides information on events, meetings, jobs as well as internship availability. Those interested should look for Lynn groups Fashion Management Association.

To find out more about the FMA, either visit Professor Dandeo in her office in Ritter 7011 or email her at LDandeo@lynn.edu.
Every day, students in school are constantly bombarded with different challenges. It becomes even harder when people have to also put into consideration that there are a set of rules that must be taken very seriously or else there could be consequences that no one would want to face. Questions arise when students do not look at the Student Handbook and become faced with a situation that they didn’t realize was against school policy. A rumor that has traveled around the university is that SGA is solely responsible for certain rules, such as students aren’t allowed to have solo cups, or cups of any kind being carried around campus; that rumor is false. It is true, however, that students are not allowed to carry cups that contain alcohol around campus. However, the idea that the campus is a dry campus is also false. People are not allowed to carry alcohol around campus even if they are of age but, being of age, they can actually have and drink alcohol in their room.

The student handbook is revised every year during the months of February and March. The way that rules are added to the handbook is a long and thorough process. First, students and faculty can come together and bring up ideas to be added in. Then, afterwards the ideas that seem relevant are taken to the schools lawyer, whom then goes over the proposals. Once that process is over, the suggestions are then brought to the board of trustees who have a vote for whether they agree or disagree that this rule should be enforced. Soon after, the school is informed of the additions and the handbook is revised for the new school year. So in fact, no one, single person can add a rule to the handbook without having to go through the entire process.

Along with understanding the rules and regulations, students should understand that trying to go against these rules and having disrespect for other students or decorations is not taken lightly.
SGA President, Mohamed Abdalla, junior, stated, “SGA believes that the policies that are enforced on campus are to protect the students and keep them from future problems that could occur.”

But if a person were to do the right thing and abide by the rules, they would certainly be praised for doing the right thing.

Paul Turner, Dean of Students remarked that, “If you’re doing things that are fair, doing things that are civil, then that’s what we’re looking for”.

If people were to go over the student handbook each year or even ask their RA’s if some things are good or bad decisions, they would be able to accomplish so much more knowing that what they are doing is not going against the school’s policy.

Graduate Student Enjoys Time at Lynn

October 20, 2009 by Samantha
Filed under Alumni, People

Leave a Comment

By: Francesca Piancone

Bradley Traiger, 24-years-old, received a bachelor’s degree in psychology from Lynn and is now enrolled in the M.B.A. program. Traiger will receive his master’s degree in May.

Traiger is presently working on campus as a graduate assistant for Professor Robert Riedel, a department chair in psychology. In his assistantship, Traiger helps professors with their classes by aiding with assignments and lectures, as well as assisting graduate students with experimental labs.

Bradley Traiger

“I greatly enjoyed receiving my education from Lynn because of the relationships I have formed with my professors,” said Traiger.
Currently working on his thesis, Traiger is dealing mainly with experiments. Although, details about the topic cannot be discussed, he hopes to be completely finished by December. His goal is to receive his Ph.D in social psychology and eventually work as a professor at a university.

“The opportunities I have afforded in regards to my research have been great,” he said. “I’ve been able to travel and present the research that I have completed thanks to Lynn University. I’ve been able to pursue the goals which I have created for myself, in regards to my research.”

Traiger is extremely excited about the future and what will come out of his life. He is eager to start his career and learn more research, both internationally and nationally.

Orlando’s Endless Adventure

October 20, 2009 by Samantha
Filed under Entertainment, Lifestyle

Leave a Comment

by Carlos Sanz

Cristina Amor at Universal Studios

Thousands of visitors from all over the world, never-ending amusing attractions and a vast amount of hotels make Orlando one of the most popular tourist destinations. Orlando is a city known as a paradise of leisure due to its thrilling theme parks and breathtaking fun spots. This city’s theme parks suit all, with exhilarating roller-coaster rides, animated cartoons, fantasy worlds and hilarious shows.
Cristina Amor, Feyruz Atie, and Gabriela Canals at Disney World

“Everyone is so helpful to the tourists,” said Gabriela Canals, senior. “Once I got lost when I was nine, and one of the workers walked across the park with me to help me find my family!”

Americans give 100 percent of their efforts in order to create the most realistic characters and sets that make people feel like they are really riding or walking into their childhood dreams. They are creative and innovative, and have the finest decorative style when depicting fictional characters and landscapes.

“Disney World has been the most amazing experience for me throughout years,” said Cristina Amor, senior. “It’s filled with love and magic.”

Lynn students should pay a visit to the theme parks in Orlando as it is only 3-hours from campus and is very easy to get there. Lynn students that are Florida residents can save up to $40 on the ticket.

Dining Place at Island of Adventure

“Not only can you save $40 on the ticket, but if you are a Lynn student you can get the year pass for almost the same price as a regular ticket,” said Feyruz Atie, senior. “Now I can visit the park whenever I want without having to pay for another ticket!”

Alongside, students visiting Disney World can also take advantage of the Florida resident discount and save both in the ticket and the hotel rooms. Last year, The Office of Student Involvement organized a student trip to Disney World.
Got a Question for the Library? Text Them!

October 19, 2009 by Samantha
Filed under Campus

Leave a Comment

By Amy Lyus

Many students at Lynn University often need help from the library in order to get answers they need for tricky writing assignments and information on how to research. The new texting service at the Lynn University Library offers just that.

The texting service is an easy and convenient way for Lynn students, faculty and staff to ask questions or request assistance from a Lynn librarian. Last year, the library introduced “Meebo,” a chat window in which students can ask a question to a librarian while sitting at their computer from the Lynn Library website, and texting is the next step.

“We have had great success answering questions via text,” said Susan Montgomery, Lynn librarian. “It is gaining more popularity among the Lynn community and we look forward to more people texting us questions in the future.”

Now, since technology has skyrocketed, and texting has become a major part of student lives, librarians felt it was necessary to offer a texting service as a way to make Lynn librarians more accessible.

The texting service was started this fall and was created to make it as simple as texting a friend. Users may text a question to the number 66746 beginning the text with the words: asklynn,
followed by the question. During hours of availability, a Lynn librarian will answer the question asked within minutes.

Upon the message being received, any librarian on duty receives an email notification that a text has been sent. The librarian then responds to the text from their computer and the sender of the question receives the answer as a text message on their phone.

The texting service is available Monday to Thursday from 8 a.m. to 11 p.m. and Fridays 8 a.m. to 5:30 p.m. It is even available on Sundays from 4 p.m. to 12 a.m. The questions a student, faculty, or staff member ask can vary from how to cite properly to help with finding books on a certain topic.

“I use this every time I am writing a paper,” said Buffington, senior. “I can get information on citations and how to format my paper whether it be in MLA format or APA.”

Many students are taking advantage of this invention, whether it be five minutes away from a residence hall or an off campus apartment. “I can find out information without having to drive all the way back to school,” said Buffington. “It has been working well for me so far.”

Students are encouraged to try out this texting service from the convenience of their own home. A wide variety of questions are asked daily, so do not hesitate to ask anything a librarian can answer.

Michelle Obama’s Healthy Lifestyle

October 19, 2009 by Samantha
Filed under Politics, Politics and More Politics

by Katie Black

Having been the first lady for less than a year, Michelle Obama is a stand out among a long list of distinguished women. Her style alone has gained more media attention than most would expect, maybe even her. The infamous arms of the first lady have also caused much interest.

Mrs. Obama’s health and fitness has caused such curiosity that the cover of this month’s Prevention Magazine features the toned forty-five year old. In the issue, she discusses her secret health tips and rules of self confidence. “Give yourself permission to be happy,” is the first lady’s number one rule to utmost health for the mind and body.
Several months after her first daughter, Malia, was born, Obama became frustrated with her lack of working out. She began a strict routine that started her day off at 4:30 in the morning, telling Prevention Magazine, “With exercising, the more you do it, the more you get into it. And the more you see results, the more you’re pushing for the next level. That’s when it clicked for me.”

The first lady does not, however, limit herself from certain things while maintaining a well balanced healthy diet. She admits to letting herself indulge in things like burgers, fries, and her favorite pie. She tells the magazine, once the White House cooks got wind of her favorite treat, pies started showing up a lot more at dinners and functions. While Obama appreciated the treats, she eventually told the cooks that having delicious pies all the time was becoming too tempting for her.

“I think she carries herself like a Jackie O, very put together in every aspect,” said Dan Hennessey, junior. Mrs. Obama’s classiness is obvious to many. Now we know her look takes a lot of time and inner confidence, so she can compose herself the way she does.

Be a Bum, Soak Up the Rays!

October 19, 2009 by Samantha
Filed under Campus

Leave a Comment

By Meri Gerasimovska

What could one possibly do as an after school activity on a scorching, humid day in South Florida? Many students would prefer to stay inside their air-conditioned rooms and cars sipping cold beverages with friends and family. However, the lucky few, who have discovered the beauty of the sun and the beach, prefer to call themselves the Beach Bums. Yes, Lynn University has several of those here on campus; they come together every once in a while and call their own pride and joy – The Beach Bum Club.
Brooks Alexander, Mariya Koeva, Armando Castillo – Members promoting The Beach Bum Club at the Activities Fair.

The Club provides members with an opportunity to experience the diverse South Florida beaches, marine life, and conservation, as well as giving chances to participate in environment-friendly activities, one of which being beach clean ups.

“In this club we have monthly picnics, snorkeling, surfing, skim boarding, boogie boarding, fun and games. We will be learning about beach awareness, ultimate Frisbee, beach volleyball, spearfish and beach awareness. Lastly, the club will be having an Ultimate Sand Castle Build Off,” explains Brooks Alexander, club founder and president. “This semester, the turnout has been low,” he continues, “I wish more people would show up to the meetings.”

Perhaps not too many students are aware of this club or simply choose not to participate in school activities, but Alexander promises a good time and unique experiences for those who do decide to join. If students are interested in participating in any of the above activities, they can visit The Beach Bum Club page on Facebook, or contact Brooks Alexander at brooks_alexander@bellsouth.net. Meetings, usually held at the Knight’s Court Grill, are randomly scheduled depending on participant turnout, so those interested should keep in touch with the club president or its members.

Elmore Commons Dining Hall a.k.a. “The Caf” in the Student Center

October 19, 2009 by Samantha
Filed under Campus

Leave a Comment

by Jorge Dewey

Location: Lynn University Student Center

Hours: Breakfast; 7:30-10:15 a.m., Lunch; 11 a.m.-1:15 p.m., Dinner; 4 -6 p.m.
Food: International Buffet

Lynn’s cafeteria certainly makes many feel at home with delightful décor and a variety of cuisine.

When first arriving in the dining hall, spectators will notice the large windows, which provides natural and comforting light as well as a beautiful view to the dining terrace and pond. The wooden chairs are quite comfortable and the different tables provide a near limitless seating arrangement. Thanks to the hard working staff, the dining hall is always clean and the students are only required to pick up after themselves.

The food is served in a buffet-style manner, but also leaves room for personalization. Both the sandwich and the pasta bar allow diners to create dishes to the most exact combination of ingredients available.

“Sandwiches are the only things I eat. It’s like a subway, there is so many options,” said Rafael Eric, sophomore. Another option is the Grille, which serves hamburgers, chicken burgers, veggie burgers, hot dogs and pizza among other classic American foods.

The cafeteria would not be complete without the salad bar, the 24-hour cereal section, and the large assortment of drinks, the new ice cream machine, the variety of soups and the premade pasta.

All eating habits and diets can be satisfied if one is not too picky. The ingredients used are not always the best quality, but it is half expected when one is talking about a cafeteria that serves hundreds of people daily.

Lynn provides a nice alternative for those who do not wish to cook at home or eat out every day. It is a five-minute walk from any point on campus and one always gets to eat with friends. It can seem a bit over priced, but considering many alternate fast-food restaurants average about $6 a meal, the cafeteria prices seem reasonable.
Making Strides Against Breast Cancer

October 14, 2009 by Samantha
Filed under Health & Beauty

Leave a Comment

By: Francesca Piancone

The American Cancer Society is hosting a 5K noncompetitive walk titled Making Strides Against Breast Cancer on Saturday, Oct. 17, beginning at the Mizner Park Amphitheater. Everyone is eligible to participate in the walk and donations are very much appreciated; registration begins at 7:30 a.m. and the walk begins at 9 a.m.

According to the American Cancer Society, the money raised is used towards funding research subsequently leading to the discovery of lifesaving treatments. This particular society has invested in breast cancer research grants more than any other voluntary public health organization. The money raised is also offered to the nation’s 24-hour cancer hotline, free programs and services that improve the quality of life for cancer patients and their families and public policies that provide all women access to mammograms and treatments.

“I am really looking forward to the walk to help raise awareness for breast cancer as well as having a healthy, enjoyable exercise,” said Kathryn Fitzpatrick, junior.

Fitzpatrick found out about the walk on campus and at Starbucks. “I told all of my friends about how important this walk is, and many of them agreed to donate and participate; so I hope it will be a great turn-out,” she said.

Lynn’s Knights in the Community (KIC) is expecting more than 20 volunteers, including members of Tri Sigma Sorority, Alpha Phi Delta Fraternity and Zeta Beta Tau. KIC members are arriving to the event at about 4 a.m. to help people register, organize, put food and water out, clean-up tents and set up decorations. They are in the process of requesting a van for student transportation to and from the event.

KIC will also hosting a “Pretty in Pink” party on Oct.15 at 8 p.m. located on campus at the lakeside patio. This is an 80s themed fundraiser focused on raising money for the American Cancer Society. There will be a $5 entrance fee and most of the proceeds will go towards the event. Alcohol will be served; therefore students must present their driver’s license and student ID.
The fundraiser has a guest list, however, tables will be set up in front of the cafeteria so that students may sign up as well. At the end of evening, a contest will be held where students will vote for the best outfit, à la prom king and queen.

“The Pretty in Pink Party and the walk itself is very important to me because my aunt is currently undergoing her second battle with breast cancer. It is crucial that she and every other woman get the care that they need,” said Kristeena Lyon, sophomore and KIC vice president.

The walk has many sponsors, including Channel 12 News, The Boca Raton Community Hospital, Comcast, The Marriott and several others.

If students are interested in getting involved, they can sign up for the “Pretty in Pink Party” and attend the walk. They can also personally contact the American Cancer Society to make a donation. To learn more information online, visit www.cancer.org or call 1-800-ACS-2345.

According to the American Cancer Society, “Hope Starts With You” and every contribution is greatly appreciated.
How Women Can Dress Fashionably on a Budget

October 13, 2009 by Samantha
Filed under Fashion
Leave a Comment

By Samantha Muslin

Honey Frydman working a pattern dress that can be worn professionally or out.

In today’s economy women cannot have a new outfit for everyday, even though this is a dream for almost every woman. It is very important to have essential pieces in your wardrobe so women can re-wear the same clothing creatively for different occasions.
It is very important to have a versatile wardrobe; this will both save women money and time. “I try to purchase outfits and shoes that can be worn both to work and also in social settings,” said Honey Frydman, administrative assistant.

Some essential pieces every woman should have in her closet are at least two different colored camisoles. Some suggestions are black and white, also adding a splash of color with a pink or blue is always a good idea. The reason for this is layering, layering and layering. Women can wear the same outwear with a different colored camisole and have a whole new outfit. Women can wear a camisole under a sweater for a relaxed look or a camisole under a blazer for a professional look.

Samantha Bartley wearing two essential pieces for your wardrobe – a dark dress that can be dressed up with colored accessories or with a cute belt as seen in the picture.

The second essential piece for any women’s closet is a pair of dark dress pants. Dress pants do not always have to look professional. It is all how someone wears them. For a fun look roll them up to make them look like capri pants and add a fun flirty top. For the professional look wear a dressed up blouse.

The third essential piece for any women’s closet is a dress. “A dress is so versatile,” said Hope Meldon, sophomore. “I like to have dresses in my wardrobe because I can wear them at school or a professional setting.” By adding a belt or a cute necklace it can change up a dress from looking professional to be able to wear on a date. By adding a touch of color to a dress in the form of a belt or an accessory, a dress can instantly become fashionable; but be careful of over accessorizing when wearing this look professionally.

Women out there remember, it does not cost a million bucks to look like a million bucks. It only takes some smart shopping and some key fashion sense.
“Pandorum” Movie Review

October 13, 2009 by Samantha
Filed under Entertainment, Lifestyle

Leave a Comment

By Drew Lucot

“It was like playing Halo in a movie theater,” said Casey Doll, sophomore, in reference to the newest sci-fi hit “Pandorum” starring Dennis Quaid and Ben Foster.

The story begins as two space travelers awaken from hyper sleep with no idea who they are or what they are doing there. Determined to find out what has happened to them, both Bower (Ben Foster) and Payton (Dennis Quaid) set out for clues aboard the creepy and vacant spacecraft.

What they find, however, is definitely not what they intended as they are met by ghoulish creatures who devour human flesh and prey on anything that moves. Along their travels, however, they meet a few helpful sidekicks who, like Bower and Payton are trying to figure things out as well.

With many questions to answer such as who they are, where they are from, what happened to their families and what will subsequently happen next, the crew must battle these sub human creatures while suffering from every astronauts worst nightmare, Pandorum. Quaid puts out a great performance as well as Ben Foster who is slowly, but surely, becoming a promising young actor.
This was absolutely the perfect pick for any sci-fi nerd out there who is looking for a fun time. It is filled with tones of oh no moments and lots of great special effects makeup. I would compare it to the video game “Dead Space” because of its similar story line. Another interesting thing is the director’s interpretation of the future, more importantly the technology. The guns and other devices used are very savy and futuristic, making the movie that much more interesting. The movie also features a bunch of twists and turns that end with a shocking climax. Overall, I say director Christian Alvart should be given applause for his fine piece of work in making this movie, who definitely made the budget of 40 Million worth while.

Although it has not created a huge buzz at the box office ($4.5 million), I strongly suggest this flick to everyone even if you are not a big sci-fi fan. What makes this movie particularly appealing is that one can be like me and not like Star Wars or Star Trek, but still enjoy the chaos of the characters undergo. I give “Pandorum” 3 stars out of 5 stars and highly recommend it to anyone looking for a good night at the movies, but you better hurry, before it is too late!

**Knights Activities Team Brings Back “Double Dare”**

October 13, 2009 by Samantha
Filed under Campus, Featured

Leave a Comment

By Jennifer Rodrigues
Myranda Newton, freshmen, completes a physical challenge by tossing whipped cream pies into her teammate, Joshua Gordon's, sophomore, large pair of trash bag pants.

For the first time ever, Lynn University’s Knights Activity Team (KAT) sponsored “Double Dare” on October 4 at 5 p.m. on the intramural field.

This event, based on the classic Nickelodeon television show, required students to create teams of four and competed in trivia and physical challenges for the opportunity to win $400. The winning team consisted of Amanda, Schultz, freshmen, Cedrica Yapp, junior, and Madeline Doyle, junior. The second place team, which consisted of Ronnie Minkoff, freshman, Joshua Gordon, sophomore, Lara Rosenthal, freshman, and Myranda Newton, freshman, was awarded 4 tickets for OSI’s trip to Universal Studios Halloween Horror Nights.

This event was dreamed up by new KAT President, Zachary Welsh, sophomore. “I was trying to come up with an idea for something that had never been done on campus before,” said Welsh. “I know many people still recognize the classic Nickelodeon shows, so I thought this would bring people back to their childhood.”

Double Dare was a popular television game show from the late ’80s to early ’90s. It featured teams of four, typically
Amanda Schultz prepares to have Spam thrown at the target on her head.

families, answering trivia questions to gain points. When teams could not answer questions, they could “dare” the other team.

Lynn’s Double Dare followed a similar format. Teams of four students answered general knowledge questions. Play worked in a round-robin style tournament, so teams played through a few rounds before reaching the finals.

Teams in Lynn’s Double Dare also had the chance to partake in “physical challenges.” In the original show, challenges usually required two or more members of the team to complete a very messy task to win points. For Lynn’s version of “Dare” Welsh said “physical challenges were creative tasks that featured a messy and fun element.” These included catching whipped cream pies in a large pair of pants, fishing cherries out of chocolate sauce and an oatmeal relay.

When asked if more classic television shows would come to campus, Welsh responded, “I would like to. Legends of the Hidden Temple would be cool.”

**Faber Comes Home to Fighting Knights Basketball Team**

October 13, 2009 by Samantha
Filed under Athletics, Campus, Featured

Leave a Comment

By: Gene Prousnitzer
Assistant Coach Austin Faber

Record setting point guard Austin Faber has come back home to Lynn. Faber has joined Coach McMillin’s basketball staff, four years after graduating, to help bring the program back to the national stage.

Faber, a native of Orlando, graduated from Lynn in 2005 after leading the Fighting Knight’s to the 2004-2005 Elite Eight semi-finals. Since his graduation he has worked as a public accountant, in sales and has even coached a team in the local Boca Hoops league. This helped him realize that he needed to get back to his true love.

“I love the game of basketball,” said Faber. “I love the atmosphere of practice and games. I feel that playing at Lynn for four years really allowed me to showcase my love and skills. When I first thought about going into coaching, I knew the greatest coach to learn and work under was Coach McMillin. He expects a lot out of players, but he knows how to get results.”

Faber’s name can be found all throughout the Lynn record book. He holds two of the top 10 spots in assists in a season. He is number four with 152 during the 2003-2004 season and number seven with 136 during the 2002-2003 season.
Faber rises up for a score

Faber started 71 of his 107 games played, both in the top five. He is tops in career assists with 464, which is 49 more than the next closest player, and second in career steals.

On the bench, he’s back with one of his former college and AAU teammates, Associate Head Coach Marcus Hayes.

“I definitely think having played with Coach Faber will help the chemistry on our staff,” said Hayes. “It’s like he and I being teammates again. I can’t help but get those nostalgic feelings of us grinding it out together daily as we did as players. It also provides Coach McMillin another voice on our coaching staff that he can trust, because he knows Coach Faber embodied a lot of the same things he is trying to get our guys to understand.”

Faber’s long hair may be gone, but he is definitely back.
Living Legend? Late Superstar Still Rocking the Charts

October 12, 2009 by Kerri Salter
Filed under Best of Boca

Leave a Comment

by Katherine Paxson

Shrine to Michael Jackson

Pop superstar Michael Jackson, deceased at only age 50, is still topping the charts. The musical documentary “This is It” has sold millions of advanced tickets at box offices worldwide as fans are anticipating getting a look at the behind the scenes life of a musical genius.

Premiering for only two weeks, “This is It” will be available at select locations on Oct. 27 and at movie theatres across the world on Oct. 28.

“He was so inspirational to a lot of musicians,” said Jessica Shirey, sophomore. “He is one of a kind.”

The film will be a behind the scenes sneak peak at Michael Jackson. The movie also focuses on the rehearsing and preparation before his sold out concert tour beginning in London.
“I loved his creativity and dancing,” said Christina Guzman. “I cannot wait to get a glimpse of what he is really like away from paparazzi.”

“I was shocked when he died,” said Danielle Jennison, sophomore. “I would be interested in watching it.”

Michael Jackson fans are sure to be running through crowds for the best seat at this world event. To purchase tickets in advance, visit select movie theatres online.

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**Drop-in to Peer Place**

October 12, 2009 by Samantha

Filed under Best of Boca

[Leave a Comment](#)

By: Amy Lyus

Students interested in psychology are encouraged to visit or volunteer at the Peer Place Drop-in Center located in West Palm Beach. For volunteers, the Center establishes social awareness of the mental illness schizophrenia.

Open from 9 a.m. to 5 p.m., Monday through Friday and 9 a.m. to 3 p.m. on Saturdays, the facility welcomes anyone and everyone with their friendly staff and support. Through recreation, education and support from friends and volunteers, the goal of the Drop-in Center is to encourage individuals to take control of their personal lives and therefore mental illnesses.

“This is right up my alley,” said Lauren Breen, senior. “I have an internship set up that starts in January at the County Medical Mental Hospital.” Breen, a psychology major, is interested in pursuing a career in human behavior and mental illnesses.

Some older adults, now veterans, who come to Peer Place, have experienced traumatic events and desire further counseling; others have been diagnosed with mental illnesses, some as young as 16. However, everyone who attends is placed in a safe environment and medicated if need be.

The center, which provides services free of charge, offers referrals for treatment, counseling and community services. During scheduled meetings, a certified psychiatrist offers their time and advice to members of the group.

The facility’s highly experienced staff sees that people are placed in encouraging environments allowing for personal growth and development without force, rather than constricting medicinal settings.
Those interested in visiting Peer Place or volunteering can receive more information by calling 561.832.3755. Peer Place encourages students to come with their family and friends and learn about all the services and programs they have to offer.

Think Pink and Rock Out at Mizner

October 12, 2009 by Samantha
Filed under Best of Boca

Leave a Comment

By KELLY HARMAN

Staff Writer

The star performer of Think Pink Rocks, Akon

Think Pink Rocks second annual concert took place recently at Mizner Park Amphitheater for an excellent cause. Students who attended helped to raise funds for breast cancer research facilities with Think Pink.

The concert was hosted by Terrence and Rocsi of BET’s “106 and Park” with music ranging from rock and pop to hip-hop and rap with artists such as Akon, Shontelle, American Yard, Melonie Fiona and others.

“It was so much fun, we got right up front- so close to the artists,” said Manavi Halwasiya, senior.

The goal of Think Pink Rocks is to promote students and the general public’s education about breast cancer, diagnosis, treatment and genetic testing.
Hip Hop singer Shontelle, one of the performers at Think Pink Rocks

All at the concert were encouraged to be proactive about their health, no matter what their age, and go for regular examinations.

“Me and my girlies got up on stage,” said Tiarra Norcross, senior. “We totally rocked out!”


Sports Management Club adds new events, fundraisers.

October 12, 2009 by Samantha
Filed under Athletics, Campus, Featured

Leave a Comment

By Ashley Phillips
The Sports Management club recently held their first meeting to discuss upcoming plans for the academic year.

“The first meetings turnout was great,” said President Lauren Fry. “There were so many new faces and I hope they all keep coming back and stick with the club. I’m definitely excited for this year.”

For students interested in the sports industry, the club is an excellent way to get involved. “The Sports Management club is a great opportunity for students,” said Treasurer Meredith Epstein. “It gives them a chance to see what it is really like to work in the industry and also gives them hands-on experience in the field they want to work in.”

During the meeting, a variety of issues were discussed, including the importance of participating in more fundraising events. Some of the fundraising ideas include: a car wash and bake sale on campus and working in a restaurant for a night and tips will be put toward the club.

“We plan on doing fundraising, not only for the club, but for Cystic Fibrosis,” said President Lauren Fry. “One of our past president’s family members passed away from cystic fibrosis and I think it’s important to educate students on different things, especially Cystic Fibrosis.”

All are invited to attend the meetings every other Tuesday in the Knights Court at 12:30 p.m.
Fantasy Football has become a safe haven for the die hard football fan, giving football fans, giving them the chance to draft their own players and create their own teams. Fantasy football allows the fan to be the coach and decide what players should be played each week, as if it were the student’s actual team.

The first step for a student to sign up for fantasy football is to find a fantasy outlet. ESPN, Yahoo and NFL are all great places to start a fantasy season. “This is my first year playing fantasy football,” said Mike Porter, senior. “I like how you can manage your own team and your own players.”

After signing up, the next step will be for the fan to enter a league. Leagues are determined by a group of students that have made their own league or the fan has the ability to enter themselves into a random league, where the Web site does it automatically.
“The best part about Fantasy Football is that it actually drives you to do research on each player, really giving you the opportunity to be familiar with the players you choose for your team,” said Rob Zap, senior. “Fantasy Football is not just a game, but a database at the same time. During the fantasy season each competitor will go head to head in a matchup. The opponent with the most points at the end of the week will be granted a win. After the 16-week season whoever has the best win loss record will be named the fantasy champion for that particular league.

“I don’t care what the fantasy statistics are on Brady,” said Andrew Fenton. “Tom Brady is one of the best quarterbacks in the league, how could you not pick him first round?”

Fantasy football is an exciting way to challenge students while becoming more familiarized with the rules, leadership and teamwork involved in football.

The Wizarding World of Harry Potter

October 8, 2009 by Samantha
Filed under Entertainment, Lifestyle

Leave a Comment

Can Universal Recreate the Magic?

By Katherine Paxson

Alicia Nash, freshman, reads the latest Harry Potter book.

In the spring of 2010, Universal Themes Parks will open the gates to the highly anticipated Wizarding World of Harry Potter attraction in Orlando, Fla. The park will feature an up close and personal look at Hogsmeade Village and Hogwarts School for Witchcraft and Wizardry.
Guests will be able to walk through a simulated reality of J.K. Rowling’s books and Harry Potter’s adventures. Whether it is taking a stroll through Hogsmeade Village or heroically fighting off dragons on the Dragon Challenge roller coaster ride, this magical world has it all. The park will feature mystical rides, food and entertainment. Fun for the whole family awaits Harry Potter fans in the realm of the spellbound.

Guests will be greeted at the entrance of the park, designed to recreate Hogsmead Station, which of course, carries young witches and wizards to the castle. Among the shops and restaurants in the simulated Hogsmeade Village, include Zonko’s Joke Shop and Honey Duke’s Sweet Shop. The flavors from the delicious candies and treats to be tasted will envelop the visitor with wonderment and adventure.

In the main part of the village will stand a British fair restaurant called Three Broomsticks, like in the story. Alavander’s Wand Shop will provide visitors with an interactive shop for their very own magical wand. Owls will perch above the heads of resting visitors at the Owlry and Owl Post, where visitors can watch the postmaster owls wait to deliver messages.

Continuing on into the park, visitors can duel with dragons on the Dragon Challenge roller coasters. The idea is based upon the first challenge of the Tri-Wizard Tournament. Visitors can experience the magic, as did Harry Potter in the film, and learn to ride a Hippogriff across the park with Hagrid; Flight of the Hippogriff. The last but truly not least attraction inside the mysterious world of witchcraft and wizardry, visitors can experience Hogwarts School.

“It would be exciting to experience the inside of the school and walk through it,” said Tsukasa Cherkaoui, librarian. The attraction, Harry Potter and the Forbidden Journey, will allow guests to explore the castle and reveal its mysteries within.

Lynn University students are all talking about the journey that awaits them. “I have read most of the books and seen the movies,” said Chenelia Valerio, graduate student. “Hermione is my favorite character. I hope to see her as a character at the park.”

All fans of be a visitor on the bewitching journey inside of the Wizarding World of Harry Potter, based on the series books by J.K. Rowling.
Need a Résumé or Looking for an Internship?

October 7, 2009 by Samantha
Filed under Campus, Featured

Leave a Comment

By Samantha Muslin

Students or alumni looking for an internship can visit the Hannifan Center for Career Development and Internships, located on campus in the Trinity Residence Hall.

“We work primarily with students who are looking for internships or alumni who have lost their jobs due to the economy or thinking about changing careers,” said Gordon Levy, associate director for the Hannifan Center for Career Development and Internships.

The center offers everything a student would need to get their career started. Included is career planning and counseling offered by the staff to help students who are undecided on a major see what career options are out there. The center also offers help with résumés and cover letters. The staff is available anytime to help students.

Computers on campus provide two shortcuts to the center’s Knight Surfer Web site. Just by clicking, students have immediate access to job postings. Prospective employers upload their ads all the time into Knight Surfer looking for students. The Web site can be accessed by any student.

For more information about the Hannifan Center for Career Development and Internships stop by their office at Trinity Hall, call (561) 237-7286 or check out their web site at: www.lynn.edu/careers.
Lynn University has added a new sports class, Inside the NCAA, which gives students the opportunity to experience college athletics.

NCAA, National Collegiate Athletic Association, is a voluntary organization that governs the nation’s college and university athletic programs. It is a combination of conferences, organizations and individuals committed to the best interests, education and athletic participation of student athletes.

This semester the class will be going behind-the-scenes of the NCAA and show a deeper view of the program.

“Many people assume college sports only happen on a college campus,” said Professor Ted Curtis. “There is a nationwide organizational structure. This is the basis of the course.”

The class will help benefit students in learning more about collegiate athletic administration and getting hands-on experience in collegiate sports.

“This will be an important class because it allows you to get a hands-on experience in collegiate sports,” said Meredith Epstein, senior. “It also allows you to see how a business is run and the different options that are out there when it comes to looking for a job.”

The headquarters of the organization is in Indianapolis, where the class will be shadowing someone who has worked in the business for awhile.
“Anyone who wants to go into Collegiate Athletic Administration for a career needs to have experience in order to set themselves apart in that field,” said Curtis. “It will give them both the insight and experience to be successful.”

Students are taking the class because it is a brand new opportunity and they believe it will be a great experience.

“I’m taking this class because I think it will be a good experience,” said Epstein. “I think it will look good on my resume and my ELT form.”

The APA course meets every Tuesday and Thursday in the Lynn Library. For more information, contact Professor Charles Barr at cbarr@lynn.edu.

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**Campus Safety & Security on Open Campus**

October 7, 2009 by Samantha

Filed under Campus

Leave a Comment

In an effort to be more student-friendly, Campus Safety & Security has instituted a new check-in policy to get on campus, and this semester Lynn is an open campus. The department wants students to be educated about security and be knowledgeable about new procedures.

“We want to work with students,” said William Testa, chief of Campus Safety & Security. “Not to be big brother.”

After 11 p.m., students may bring guests on campus; however, each person in the vehicle must show valid identification. Security will still enforce students to have a valid parking decal, but if
students do not possess such a decal, they will instruct students to get one as soon as possible. If a vehicle does not have a valid parking decal, the car will be towed.

“We don’t want to be the bad guy,” said Testa. “We have a light side, but we take security very seriously.”

Lynn has two types of security, overall campus supervision as well as health and safety. For the latter, security controls much of the campus awareness programs such as drug and alcohol abuse and date rape.

OLAS, The Mini Latin America at Lynn

October 7, 2009 by Samantha
Filed under Campus, Featured

Leave a Comment

Organization of Latin American Students, OLAS, is a club that was recently revived on campus. The members of OLAS decided to create a large presence at the university by offering several programs to students, including Spanish tutoring.

OLAS welcomes all and is for anybody who wishes to be engaged in cultural meetings. “Come join OLAS,” said OLAS President Christian Manzan. “Anybody can join! Learn to salsa, eat real Latin food, and enjoy the great Latin culture around you!”
There are numerous events being held by OLAS, including sporting events and a five-week lesson on Salsa dancing by club member Omar Herrera. Aside from offering entertainment, OLAS gives Lynn students the fortune to meet Latin business leaders who will help establish opportunities for the future.

“Although OLAS existed before, as a community we decided to bring back the integrity as a group,” said Fredy Giltman, club secretary. “Our group hopes to continue the foundation our predecessors began, by adding a different OLAS, a hybrid OLAS; in which not only Latin American students are together, but the community of Lynn will be represented as one, no matter where you are from.”

### Civility Returns to Lynn University
- October 7, 2009 by Samantha
  - Filed under Campus, Featured
  - Leave a Comment
  - By Jennifer Rodrigues

- Jennifer Herzog, Director of Office of Student Involvement and Ryan Brooks, senior, show off their chalking skills in preparation for Civility Week
- The second annual Civility Week will be held Oct. 5-9. The week will incorporate many different events put on by various clubs and organizations across campus and is sponsored by the Civility Teams, with support from the Student Government Association.
- Civility Week is an initiative that began on campus last spring. The concept is a week of events to promote the ideas of community, kindness and other civil acts on Lynn University’s campus. It is a lofty goal that has been taken on by the Civility Team and their chairperson, Henry Edelstein, junior. Edelstein is incredibly passionate about this event and has been working non-stop since the end of last year to ensure that the message
gets out to the Lynn community. “Even though civility is the focus of this one week, it is an on-going initiative on this campus that we should all remind ourselves of everyday,” said Edelstein.

- This year’s event features even more unique events and participation from more clubs and organizations than last year’s celebration. Edelstein and the civility team, made up of Leslie Marin, junior, and Jordan Angel, senior, have put together an event calendar that has something for everyone.

- Stephanie Hammerman, sophomore, and Omar Herrera, sophomore, live the message of Civility Week every day.

- Today is deemed “PEACE DAY,” and will feature the signing of this year’s Peace and Hate Wall in Perper Plaza. Students will write words that represent peace on one side of the wall and words that remind them of hateful things on the other. In conjunction with this event, Friday, Oct. 9 will feature the Peace/Hate Wall Ceremony, an event that will run alongside the Knights of The Roundtable’s Coffee in the Courtyard. “I think it is a good time for people to come together and show how our campus can improve,” said Edelstein about this particular event, which is set to be in Perper Plaza at 3 p.m. The Civility Team has also organized a Good Sportsmanship Dodgeball game to take place on Thursday, Oct 8 at 8 p.m. in the Gym.

- One of the bigger events featured during this year’s Civility Week will be the second annual Academic Life Dialogue. Put together by the Civility Team and the Office of Academic Affairs, this event allows professors and students to come together and discuss ways they think classes and other academic issues can be improved. Last year’s event was a success and addressed many different issues, including the grading scale and what constitutes an A grade. Because of this event, the issue was addressed and corrected so that every professor has the same grading scale. Students are encouraged to come to this event and be completely honest about what needs to be done to improve their classes here at Lynn. This event will occur on Wednesday, Oct. 7 from noon to 1 p.m., and will include a free lunch for students who attend.
Jon Volpi, Area Coordinator for Residence Life, shows off his skills with the help of his miner's light.

In addition to these featured events, many other organizations have taken part in this special week. The Knights Activity Team will sponsor a Java Jam music night featuring Jen Grinnels on Wednesday, Oct. 7 at 8 p.m. on the Lakeside Patio and their weekly Friday Night Flix will be geared toward civility as well. The Gay Straight Alliance will be having a Coming Out Day Celebration on Thursday, Oct. 8 at 12:15 p.m. in Perper Plaza. The Disability Awareness Month Committee will also be taking part in the Civility Week activities by holding their Different Abilities Dinner on Thursday evening in the Dining Hall. For this unique event, students will get to experience what it is like to eat dinner when you have a disability. Finally, the Knights in the Community will be holding their semi-annual KIC in The Caf event during lunch on Friday, Oct. 9.

Civility Week is set to be one of the biggest events of the year for Lynn University and, hopefully, will continue to be for years to come. The entire event has been put together by students for students to encourage the idea of fostering a stronger Lynn community. Students responded very well to last year’s initial event and it has only improved with this sophomore attempt. This year’s Civility Week promises to be an exciting experience for all Lynn students.
**iPulse Mini: An Innovative Launch on Campus**

October 6, 2009 by Samantha
Filed under Campus, Featured
Leave a Comment
*In Print, Online, on Smartphones and on Social Networks*
By Patricia Lammle / Editor-in-Chief

Students reading a copy of the iPulse Mini on campus.

This semester, in an effort to stay current in the journalism industry, the iPulse is launching an interactive, innovative initiative and premiering the new iPulse Mini daily feature. The iPulse Mini will showcase the leading headlines and stories of the day, as well as featuring photojournalism essays created by students and interactive elements. Correspondingly, breaking news and full-length stories will be updated daily on the iPulse Web site, www.lynnipulse.org.

The iPulse produces timely pieces daily through a variety of mediums, including the Internet, mobile web and social media sites, keeping up with the latest changes and techniques in the field of journalism. Students are able to read full articles, view regularly updated video journalism news segments and even give feedback on the iPulse Web site. As the newspaper industry continues to evolve, the iPulse strives to be an innovative leader in student journalism. With this in mind, the new iPulse Mini was created, making the publication on the cusp of the latest practices in print journalism.

It is essential for the iPulse to receive input from readers. As such, the publication will be conducting a survey in the coming weeks to get the opinions of readers on this new endeavor.

In addition to the daily new iPulse Mini, which will be available from Monday to Thursday, a special edition containing all of the pertinent stories of the week for the Lynn community will be published each Friday.
Disability Awareness Month

October 6, 2009 by Samantha
Filed under Campus

Leave a Comment

The Lynn Community as a whole acknowledges a full month of programming and events towards disability awareness.

By Omar Herrera

Stephanie Hammerman, sophomore and student leader, has spearheaded a campus- and community-wide movement and campaign for Lynn’s first ever Disability Awareness Month. The campaign continues this Thursday at 5 p.m. with a “Different Abilities Dinner.”

The month strives to make everyone aware that disabilities exist and many are not even known or visible. The fact is everyone has their own personal disability (flaws or challenges). “It’s not only about promoting awareness toward disabilities as a whole, but to create a better understanding and model for our community,” said Hammerman.

The month is to include a forum, different abilities dinner, Friday night flicks screening and the popular and anticipated world with wheels experience. “I amm excited to be part of such a remarkable effort, because I personally live with my own disability, said Ally Petrozzo, senior and committee member.

“A Disability is God given, but a handicap is man made.” ~Unknown

Disability Awareness Month events include:

**o Different Abilities Dinner, Thursday, Oct. 8, 5 p.m., cafeteria**

The Disability Awareness Month committee is hosting a dinner where students are invited to walk in the shoes of those with disabilities by wearing a blindfold, ear plugs and/or being mute (including not being able to audibly order dinner) for the duration of the meal. Student volunteers will be assigned an aid to help with communication and any physical help.

**o “Diversity According to Family Guy and South Park,” with Matt Glowacki, Wednesday, Oct. 21, 7 p.m., Green Center**

Disability consultant Matt Glowacki, will be on campus to give the presentation. According to Glowacki, the programs Family Guy and South Park break down stereotypical attitudes and behavior regarding people’s differences.

**o “World with Wheels,”Wednesday-Thursday, Oct. 21-22, 9 a.m.-5 p.m., around campus**
Twelve wheelchairs will be available for rent each day. Students will have the opportunity to explore campus from a different view. At the end of the day, student participants will be

Get to Know SHIELD

October 6, 2009 by Samantha
Filed under Campus

Leave a Comment

By Jacob Balot

SHIELD mentor at Lynn University

SHIELD is a mentor program on campus that seeks to strengthen, help, inspire and encourage leadership development. Each residence hall has two mentors who offer educational programs and events to help students become more involved on campus.

Shield mentor at Lynn University
Christian Manzano, sophomore, said that being a SHIELD mentor is an excellent way to “get involved, meet people, have fun and improve leadership skills.” Manzano is a SHIELD Mentor in the Lynn Residence Hall and is a business major.

“It’s pretty much what I expected,” said Shawna Mann, sophomore. “I’ve been able to meet a lot more people through being a SHIELD Mentor and knowing that I’m helping students is a great feeling and a great experience.”

For more information on the SHIELD mentor program, contact the Residence Hall mentors surveyed about their participation.