**Question Of The Day**

*What do you think would help the AIDS epidemic?*

By Laura Vann

*People need to be more aware of sexually transmitted diseases and not be so apathetic.*

Lauren Young, Junior

*Children should be educated at a younger age about the risks and dangers of AIDS.*

Julia Jinishian, Junior

*Force the government to tell the truth because I know there's a cure for AIDS.*

Jay Xavier, Junior

*Don't be a fool, wrap your tool.*

Trent Stierwalt, Senior

*Stop hiding the cure.*

Janea Eyre, Sophomore

*Protect myself and the others.*

Ile Curienau, Grad Student

**Flu Shot**

*What You Need to Know*

By Alain Roche

Flu is caused by the influenza virus which spreads to others through coughing or sneezing. Some of the symptoms include: fever, sore throat, cough and fatigue.

Influenza can be a serious disease that can become very dangerous for certain people who have breathing conditions or heart problems.

It is important to know that there are two vaccines. The inactivated (killed) vaccine or "Flu Shot" and a live, weakened vaccine which is sprayed into the nostrils.

The flu shot should be given to people who are at high risk for complications from influenza.

People who have long term health problems such as asthma, diabetes and anemia should also be vaccinated.

Another group of people who should get the flu shot are people who have a weakened immune system.

If you live in a dormitory it is suggested that they receive a yearly flu shot because they live in crowded conditions.

**Beat the Bug**

*Get a Flu Shot!*

If you are sick or already have the flu, you need to wait until you are recovered from your illness before you get the flu shot.

Most people should get the flu shot in October or November. The flu season peaks in February but it may begin in November and last through May.

Since this winter is supposed to be very cold it is important to get vaccinated.

You can get the flu shot on campus at the Health Center located in the residence life office. The cost is 15 dollars and you can walk in 9:00am-7:00pm. Flu shots will be available starting on Thursday, November 30th.

If you have any questions contact the Health Center at: 561-237-7231
Lincoln Road Sensations
Touch Restaurant and Lounge
By Christina Cuthinger

If you happen to have a special occasion like a birthday or anniversary, one of my favorite restaurants in south Florida is Touch.

Touch is located in the heart of South Beach, off of Lincoln Rd. Touch is not just a restaurant, it's an experience.

The Menu includes anything from steaks, seafood, lamb and vegetables. For starters I recommend the lobster blini, composed of lobster and a julienne of spring vegetables, blended in a batter chive pancake, finished with a cognac lobster sauce.

I recommend seafood as a main entree. The salmon margarita or the red peppercorn crusted ahi mignon are delicious. The salmon can be grilled or cooked, cured with lime and tequila.

The ahi mignon is a pan-seared filet, with pear vegetable sauce finished with sweet soy glaze, and lemon infusion.

Meanwhile, the desserts are also wonderfully delicious. Offering all sorts of different pastries or ice cream.

Touch offers a variety of entertainment while enjoying a refined meal. Belly dancers, flamethrowers, live DJ's and live musicians are part of the environment and atmosphere.

Men Face Opponents
Basketball Team Faces Two Though Rivals
By Chad Beattie

Two victories before Thanksgiving weekend brought renewed confidence for the Lynn University men's basketball team, confidence they will need when they travel to face Florida Gulf Coast and host Florida Southern.

Lynn travels to Ft. Myers to play FGCU on Thursday, November 30 at 7:30 pm before hosting the Moccasins in its Sunshine State Conference opener on Saturday, December 1st at 7:30 pm.

Fans can follow both games via internet radio by logging on to www.lynn.edu/athletics and clicking on the "live audio" link. They can also follow the FSC game through live stats and pay-per-view video broadcast by logging on to the same site.

Two returnees lead the 2-2 Knights: Andrew Smith and Hans Schur.

Smith (15.3 ppg) and Schur (14.3) account for nearly 40% of the team's scoring themselves with Kirkwood, Kirkwood and Evan Cohn also nearly averaging double-figures.

Senior Jasper McDuffie has shown some defensive prowess leading the team with 33 rebounds (8.3 per game) and is second with 10 offensive boards.

Fans will be able to follow both games by logging on to www.lynn.edu/athletics and clicking on the "live audio" link.

Lynn University's women's basketball team has the chance to open up the season 4-1 for the first time in five seasons and win their Sunshine State Conference opener for the second consecutive year when Florida Southern comes to town on Saturday, December 2nd.

Florida Southern (3-3) opened the season undefeated after three games but has lost their last three contests by a combined 10 points.

Although FSC is 15-5 all-time against LU, the Moccasins lost 67-55 in their last meeting and pulled off a 67-64 overtime victory in the first meeting of the 2005-06 season.

Senior Sarah Mahan emerged as one of team's top scoring threats through four games. The Oxford, Mass, native leads the team and the SSC in scoring at 15.8 ppg, has led the team in points in three of four games and has already scored in double-figures in four contests where last season she scored double-digit points only six times total.

"We have to guard Southern in transition and dig down and play good defense but also continue to do well on the scoring side," said DeCosta, whose team is second in the SSC at 71 ppg.

Again, fans can follow the action live by logging on to www.lynn.edu/athletics.

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