IT’S ALL ‘FRESH’ AND NEW!
Freshmen, Returning Students To Enjoy New Additions

By SHEENA FOSTER

Welcome Class of 2006! You are now embarking on another chapter of your life. Many of you are breaking away from the protective web of your parents and no other time is more opportune than now to discover new friends, become more independent and experience campus life at Lynn! There is a great deal of opportunity in your future. Exciting changes such as the addition of the highly anticipated E. M. Lynn Residence Center, the appointment of new deans, the addition of new extracurricular clubs such as Lynn Radio, Student Alumni Association and Future Business Leaders Society (FBLS), the re-locating of the world-renown Conservatory of Music at Lynn onto campus, right down to the new ID’s which promise a reduction in registration-line waits.

Inside this Edition of The Pulse, be sure to read the information on a 9/11 commemoration, student orientation information, helpful study tips, dorm room dessert recipes, our humorous column “You Know You’re A Freshman At Lynn If...” and more!

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NEW STUDENT ORIENTATION
What To Do When You Get Here

MONDAY, SEPTEMBER 9, 2002
8:30 A.M. - 4:00 P.M.
ARRIVAL AND CHECK IN
Arrival for new students.
Check-in at the deHornele Sports and Cultural Center
Pick up room key after check-in and move into Residence Halls

11:30 A.M. - 12:30 P.M.
UNIVERSITY COMMUNITY LUNCHEON
Lynn Student Center, Dining Hall
All freshman, transfer students, and their parents are welcome

4:00 P.M.
PARENTS AND STUDENT WELCOME MEETING
The Green Center
Informational meeting with University Administrators
Attendance mandatory for all new students

5:00 P.M.
Student Dinner in dining Room

7:30 P.M.
RESIDENCE HALL FLOOR MEETINGS
Students will meet with their Resident Assistant (RA) at this mandatory meeting

8:30 P.M.
UNIVERSITY OPENING CEREMONY
Location - Schmidt Center-East Side

TUESDAY,

SEPTMBER 10, 2002
7:30 A.M. - 9:00 A.M.
Breakfast
Lynn Student Center, Dining Hall

9:00 A.M. - 12:30 A.M.
FIRST YEAR EXPERIENCE CLASS
Location-Assigned Rooms
Transfer Student Seminar at Amarnick-Goldstein Concert Hall, deHornele International Center. Mandatory for All New Students

12:30 P.M. - 1:30 P.M.
Lunch
Lynn Student Center, Dining Hall

1:30 P.M. - 3:00 P.M.
FIRST YEAR EXPERIENCE CLASS (Continues), Location-Assigned Rooms
Mandatory for All Freshman

3:00 P.M. - 4:00 P.M.
CAMPUS SAFETY FORUM
The Green Center
Mandatory Attendance for all New Students

4:00 P.M. - 5:00 P.M.
ACTIVITIES FAIR
Student organizations will present to highlight their groups to encourage students to get involved Lynn Student Center Lobby

4:30 P.M. - 7:00 P.M.
Dinner
Lynn Student Center Dining Hall

WEDNESDAY,

SEPTMBER 11, 2002
7:30 A.M. - 9:00 A.M.
Breakfast
Lynn Student Center, Dining Hall

10:00 A.M. - 12:00 A.M.
FIRST YEAR EXPERIENCE CLASS
Location-Assigned Rooms
Mandatory for All Freshman

12:00 P.M. - 1:00 P.M.
Lunch
Lynn Student Center, Dining Hall

1:00 P.M. - 2:00 P.M.
FIRST YEAR EXPERIENCE CLASS (Continues), Location Assigned Rooms
Pick up class schedules
Mandatory for All Freshman

2:00 P.M. - 4:00 P.M.
COLLEGE PRESENTATIONS/OPEN HOUSES
Location-Green Center

3:00 P.M. - 3:30 P.M.
FINANCIAL AID MEETING
Work Study Program Amarnick-Goldstein Concert Hall, deHornele International Center. Mandatory Attendance for Students in the Federal Work-Study Program.

3:30 P.M. - 4:00 P.M.
HONORS PROGRAM

4:00 P.M.
INTERNATIONAL STUDENT INSURANCE MEETING
deHornele International Center, 2nd Floor

4:30 P.M. - 7:00 P.M.
Dinner
Lynn Student Center, Dining Hall

7:30 P.M.
Student Activities Program
Lynn Student Center, Auditorium

WEDNESDAY,

8:30 P.M.
SEPTEMBER 11, 2001
COMMEMORATION
All faculty, staff, and students are invited to attend this commemoration of the tragic attack that took place September 11, 2001. This student-inspired event will include readings by student, musical performances, and a candle-lighting ceremony

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RETURNING STUDENT REGISTRATION
Your Baaaaaaaaaack!

SEPTEMBER 11, 2002
9:00 A.M. - 4:00 P.M.
All returning students check in at the deHornle Sports and Cultural Center. Pre-registered returning students pick up class schedules in the deHornle Sports and Culture Center.

Fall 2002 Student ID Card required to register and pick up class schedule.

SEPTEMBER 11, 2002
8:30 P.M.
COMMEMORATION
Location - Lake area between Schmidt Center and Lynn Residence Hall

THURSDAY, SEPTEMBER 12, 2002
7:30 A.M. - 9:00 A.M.
Breakfast
Lynn Student Center, Dining Hall

SEPTEMBER 12, 2002
7:30 A.M. - 9:00 A.M.
Volleyball @ Shepherd Rumble
M Soccer vs. Carson Newman @ 3 P.M.

SEPTEMBER 12, 2002
CLASS BEGINS
Volleyball @ Gettysburg
W Soccer vs. Alabama Huntsville @ TBA

SEPTEMBER 12, 2002
New Academic Center For Achievement Students arrive
M Soccer vs. Northwood @ 3 P.M.

SEPTEMBER 13, 2002
Volleyball @ Carson Newman
W Soccer vs. Montevallo
KOR Screw Party - 9 P.M.

SEPTEMBER 14, 2002
Volleyball @ Carson Newman
KOR Beach party - 11 A.M.

SEPTEMBER 15, 2002
FALL HOLIDAY
No Classes

SEPTEMBER 16, 2002
Temporary Tattoos - 11:30 A.M. - 1 P.M.

SEPTEMBER 20, 2002
Midnight Bowling - Bus leaves 12 A.M.

SEPTEMBER 21, 2002
W Soccer vs. Florida Southern @ 1 P.M.

SEPTEMBER 22, 2002
W Soccer vs. Saint Leo @ 1 P.M.

SEPTEMBER 24, 2002
Ping Pong Tournament - 7 P.M. Student Center

SEPTEMBER 25, 2002
Volleyball vs. Florida Memorial @ 7 P.M.

SEPTEMBER 27, 2002
Volleyball @ St Leo

SEPTEMBER 28, 2002
Volleyball @ Florida Southern
M Soccer vs. Tampa @ 3 P.M.

SEPTEMBER 30, 2002
Knights at the Movies
7 P.M. w/ ID

* Buses leave from Security booth
**PEANUT BUTTER BALLS**

1 Cup chocolate chips
1 Cup peanut butter
1/4 Cup soymilk powder

* Melt chocolate chips in microwave (in glass container) 1 - 1 1/2 minutes.
* Beat (with spoon, not fist) melted chocolate until lumps are gone.
* Beat (with spoon, not fist) in peanut butter, and then add soymilk powder.
* Mix thoroughly.
* Spray foil mini-muffin papers or waxed paper with cooking spray.
* Use 2 spoons to drop balls of mixture.
* Chill.

**BANANA PUDDING**

4 mashed bananas
2 Tbs. carob/cocoa powder (optional)
2 Tbs. maple syrup
1 Tsp. vanilla

* Blend until smooth.
* Refrigerate.
* If you add the chocolate, it will be chocolate pudding otherwise... banana pudding.

**KELLOGG'S RICE KRISPIES TREATS**

3 Tbs. margarine or butter
1 Package (10 oz., about 40) regular marshmallows or 4 cups miniature marshmallows
6 Cups Kellogg's Rice Krispies cereal

* In a large microwave-safe bowl, heat margarine and marshmallows at HIGH for 3 minutes, stirring after 2 minutes.
* Stir in Kellogg's Rice Krispies cereal until well coated. Using spatula sprayed with cooking spray or waxed paper, press mixture into a 15 1/2 x 10 1/2 x 1-inch pan coated with cooking spray.
* Allow mixture to cool slightly.

**CAMPUS HUMOR**

You Know You're a Freshman at Lynn If...

By JODI COHEN

* You've already asked your parents for more money
* You feel left out because you didn't realize that a Prada bag, Gucci sunglasses, and cell phone are all prerequisites for freshman seminar
* Your parents couldn't help you move in, but your butler came instead
* You've arranged for your parents to send you NY pizza and bagels weekly
* You drove down in an '82 Corolla and immediately had your parents order you a 2002 CLK once you drove through the North Lot
* You've moved in, your room is set up, so you don't understand why your parents are still here
* You brought a U-Haul from NY filled with your clothes, shoes, and accessories
* You've already devised a plan to kick your roommate out, so you can have a single
* You bought stock in Old Navy flip flops
* You're from the Tri-State area

**HOW TO SUCCEED AT LYNN**

It's Not High School, You Need to have Self-Discipline, Developed Study Skills, And A Way To Deal With Scholastic Stress

By MICHELE JACABACCI

* Manage your time - Following a daily schedule is the key to balancing study time with other activities
* Choosing a study place - The ideal study place is one free of distractions
* Listen - Make a conscious effort to tune-in to what you hear in class
* Notes - Take good notes
* Good health is essential to success - Eat well, exercise regularly, and make sure to get enough sleep

Scholastic Stress Relief
* Stress can make concentration difficult - Try not to stress about things such as career decisions, finances, grades, and personal problems

Offices Available for help:
* Counseling Center
* Dean of Students
* Career Planning Office
* Faculty Advisor
* Student Health Services
* Financial Aid Office