Quietly the Best

By: Frank Aliaga

When you're the no. 2 player in the country you don't have to be very vocal. All you have to do is smile. That's why Cristina Cavina has much to smile about. Lynn University's top ranked women's tennis player is quietly guiding the top ranked team in the country to a 12-0 record down a direct path toward national championships.

Cavina, originally from Rome, Italy has accomplished things here at Lynn in this, only her third year, that are nothing short of exceptional. She has compiled a 61-4 overall record including a National Championship as a freshmen in 1993, and won the Rolex winter championship last October in Oklahoma. Still she doesn't think it's a big deal, she just quietly smiles.

Cavina started playing tennis at the age of eight. Her parents were members of a tennis club in Italy where she started taking classes. By the time she was eleven, she was already the no.1 player in Italy in the U-12 age group. When she was U-14, she participated in the European Championships with players such as Steffi Graff and Gabriela Sabatini.

Lynn Tennis coach Mike Perez wasn't going to let her slip by. Since he recruited her, the women's program at L.U. has gone through the roof. "In my seven years here at Lynn, Cristina is by far the most talented player I've coached. I have tremendous confidence in her, sometimes even an unspoken confidence. I can sit on the bench while she plays a match and not have to say a single word to her," said Perez. When mentioning her dedication, Perez summed it up: "She is very focused. Her academics prove her dedication. Whenever you are that successful in the classroom you will come out and prove it on the court. Cristina's will matches her way. She has been a tremendous asset, not only to the tennis program, but to the University."

However Cristina is only using her tennis talent as a stepping stone for her educational background. She is an International Business major with a modest 3.93 G.P.A. "I don't want tennis to be my life," claims Cavina, "that's why I'm going to school. It is very difficult to play an individual sport professionally. You're all by yourself."

Right now, though, Cristina is not by herself. She is currently engaged to fellow graduate student Luca Brambilla, also from Italy and plans to move back to Italy and get married after graduation. In the near future however, Cristina still has a chance to win two more national championships, and permanently put her name in the Lynn University record books.

So no matter which road she chooses in life, Cristina Cavina will be quietly successful - with a smile.
Ladies First

By: Velda Albuquerque

Women's History Month is celebrated in the month of March. The role of women in society has had drastic changes in the last decades. The never-ending discussion on this subject was part of some student activities during the second week of March.

On Tuesday, March 7, an informal discussion of faculty, staff, and students of both sexes discussed the topic "Women and Politics In The '90s." The discussion was held in the cafeteria. The fourteen people who attended gathered around two tables in the back left corner of the cafeteria.

The group consisted of five faculty and staff members, and nine students of whom one was male. Kris Burgers, who organized the event, opened the discussion with the question, "Where do you think women are today?" Sheila Sheppard-Sciarra was the first to respond raising the point "conflict between femininity and authority."

The students and the faculty members participated actively. The group was excited with the quick visit of Dr. Ross who stopped by to demonstrate his support.

Several questions emerged during the discussion, such as, whether women are discriminated against by men, Peru and India have women leaders, women's role in the family and their responsibilities with the children.

Several personal experiences and stories were shared. It was decided that the meetings will be held weekly in the cafeteria.

On Thursday, March 9, Ellen Gootblatt, relationships expert, WABC talk radio show host, educator, author and lecturer, held a lecture on the second floor of the student center. The lecture, which turned out to be a discussion on the topic "Men aren't Women! Discovering and Celebrating the Differences between Men and Women."

Gootblatt talked about the importance of a complimentary balance in a relationship, and stated repeatedly "Nobody makes you happy or unhappy." She developed the ten commandments of any successful relationship. According to Gootblatt, if these ten commandments are not true in your relationship, drop the relationship. "Most relationships are garbage. Don't settle for garbage," stated Gootblatt.

Gootblatt's ten commandments for a successful relationship are:
1- Make yourself fabulous before you reach out to another human being.
2- Once you've made yourself excellent, look for excellence, not less.
3- Relationships are meant to be easy.
4- If the relationship is inherently good, you go for it; if it is inherently bad, run for the hills.
5- We have the absolute commitment to make the relationship work, assuming it is inherently good.
6- In my relationship am I enhanced or diminished.
7- Do I find myself defending, defying, or explaining myself too much to my partner or my partner to my family.
8- "Kiss of Death": Does my partner see me for exactly what I am or for what he/she wants me to be.
9- You are good enough.
10- Am I happy in this relationship and I deserve to be so.

During the lecture Gootblatt came up with two new commandments.
11- If the romance were to end tomorrow, would I still want to be around him/her as a friend.
12- Do I like the person I am when I'm with him/her.

Gootblatt's humor and strong personality grabbed the audience's attention, causing many laughs. The students and staff members participated actively asking questions, and listening attentively.
Is There Anybody Out There?

An Editorial By: Abby Mackin

In a college day there are many questions one likes to ask themselves now and again. Whom to fall in love with? What to wear? What to eat? What to say, write, read, or even believe? But the big question most of us ask is going, going... where?

Obviously, our student body doesn't voice their opinions and questions in the suggestion boxes because they continually are empty. Why they stay empty is just another question. Is it empty because we fear our student government won't read it, or because we all have no suggestions and questions. So, I asked the student body for their input.

Where to go, is a question that is asked by many Lynn students when the school store is not open, the library has no change, and the school restaurant isn't open or won't give you enough change so you can do one load of soiled laundry. What happened to the change machines? If we have a coin operated laundry facility open seven days a week wouldn't it make sense to have a coin machine open seven days a week?

Where to go is also asked by many students on Saturdays and Sundays when the Student Activities Center isn't open to play pool or even to grab a bite to eat. Why is it called the Student Activities Center when students can't even hang out during their weekends or eat something at their convenience?

Where to go when the banks are closed and the school store isn't open to cash checks is another concern. Some students suggested an automatic teller might be beneficial, because for some students getting to the bank isn't always easy. According to Kasey Quinn, "I think the students at Lynn University, especially foreign students without cars would benefit more from having a shuttle on a daily basis instead of weekend basis."

Brian DeFrancisco commented, "There should be more computers in the computer labs and longer hours for those who wait until the end of the semester to start their papers. At the end of the semester its hard to find a space to sit down."

If there are any suggestions that haven't been voiced in this article, put them in the suggestion box. Maybe there is someone out there to hear your suggestions and hopefully make a change.

The Outback Steakhouse Is A Winner

By: Jeffrey Leff

Are you looking for a unique experience in dining with an Aussie twist? The Outback Steakhouse might be just the place for you. The Outback Steakhouse of Boca Raton is located at 6030 SW 18th St. They have the largest display of Australian artifacts this side of the Pacific Ocean. While the ambiance is Australian, the cuisine is that of a great American steakhouse.

To begin the meal we ordered a "Bloomin' Onion". This is a large onion, cut in the shape of a flower in bloom. The onion is battered and fried. It can serve as an appetizer for up to three people. I would highly recommend this as a starter. Priced at $4.95 it is a delightful and affordable way to begin your meal. We then ordered the main course. I ordered a Victoria's Filet. The filet is a nine ounce tenderloin steak. I found it to be quite tender and cooked to perfection. It was as the Australians say fair dinkum (genuine). It is priced at $14.95. All of the Outback's steaks range in price from $11.95 for the twelve ounce sirloin to $17.95 for the twenty ounce porterhouse steak. They are all served with a house or Caesar salad, and a choice of a baked potato, Aussie chips (french fries), or steamed vegetables.

The rest of the menu consists of several kinds of chicken, seafood, and ribs. It is priced to fit everyone's budget, with selection entrees as low as $7.95.

Don't forget to leave room for dessert. The Chocolate Thunder From Down Under is a memorable experience. It is a fresh-baked brownie with vanilla ice cream, hot fudge sauce, and chocolate shavings. It is priced at $3.95. The only draw back to the Outback is the fact that they don't take reservations. I waited 45 minutes for a table on a Wednesday night. The Outback Steakhouse is a winner. They are open for dinner only. If you are tired of the run-of-the-mill restaurant and are looking for a change, I highly recommend the Outback Steakhouse.

A Lecture On AIDS

By: Caroline Bowers

On April 9, 1995, at 7:30 p.m., in the Student Center Auditorium, Lynn University's Greek System and Residence Hall Councils will host a lecture on AIDS. The lecture will also focus on the life and work of Pedro Zamora.

Pam Ling and Judd Winick from MTV's "The Real World 3" and Pedro's best friend and roommate Alex Escarano will be here to speak the to Lynn Student body.

The Greeks and Hall Councils raised money this semester that will be donated to the AIDS Action Pedro Zamora Fund. The fund was established by his family to help continue AIDS and HIV awareness; and education around the country. The family chose the AIDS Action Foundation because they fight for the rights of people living with HIV and AIDS. At the end of the lecture, the money raised by the Greeks and Residence Hall Councils will be presented to the members of Pedro's family.

Alex Escarano, Pam Ling, Judd Winick and John Ness are ready to bring the 'Real World' to Lynn University.

Movies Review

By: Velda Albuquerque and Abby Mackin

Man of the House- Two thumbs up for this unique Disney comedy. The movie was a slapstick comedy with Chevy Chase and Jonathon Taylor Thomas as its main characters. This is an exploration through parenthood and a new family. Make sure you don't miss this pack of laughs.

Outbreak- A powerful movie dealing with different theories regarding a deadly virus, and the secrets hidden by the United States Armed Forces. Dustin Hoffman and Rene Russo play a divorced couple in which both work as scientists for the Army. It is in Hoffman's hands to save the nation and possibly the world. This movie is a breathtaking thriller with strong scenes and an outstanding ending.

The Pulse 3
Domestic Violence Comes Out of the Closet
By: Tiffany Hayden

Since the high publicized O.J. Simpson double murder trial, the issue of domestic violence has been brought into the spotlight. Most women have encountered at least some type of abuse in their life. Abuse can be physical, mental, emotional, verbal or any combination of these. No matter in what form the abuse comes as, it's all equally damaging to a person's wellness. More education, then prevention is needed to stop this from happening to any future unsuspecting potential victims.

In Nicole Brown Simpson's case, she experienced every form of abuse from O.J. Denise Brown, the victim's sister, claims to have witnessed these abuses often. O.J. called Nicole degrading names, belittling and berating her; especially if she attracted male attention with her physical beauty. According to N.Y. Times reporter and author of 'Raging Heart', Sheila Weller, O.J. beat Nicole on unbelievable occasions. An example is, after O.J. and Nicole got into an argument once, he locked her into a closet while he calmly watched a football game. He apparently had no remorse about this or other similar incidents. O.J. was known by the Brentwood Ca. police department because of having to answer the many 911 calls. When police would arrive, Nicole ran out of her home half naked, covered with bruises, shaking, and in obvious fear of her husband.

A few Lynn University females consented to interviews, as long as their anonymity was protected. In consideration of their emotional trauma and the associated shame involved, an editorial decision to guard their privacy is implemented. A twenty-two year old sophomore had been molested. A young girl having gone through incest and rape. This view is perfectly normal.

It should be kept legal.
With 3 Suspended, Women Lose in Regional Final

By: Frank Aliaga

The Lynn University women's basketball season came to a screaming end Wednesday, March 8th at the hands of Auburn-Montgomery, 111-65 in Montgomery, Alabama. The hypothetical question that will remain in the minds of many is how would they have done if the three starting players that coach Dan Olsen suspended for disciplinary reasons would have played? That is a question we will never know the answer to, however, senior leading scorer Shander Gary, along with Jeronda Jerralds and Catina Reed will surely remember what might have been. "I really don't know what happened", said Gary, "everything just got really blown out of proportion".

L.U.'s loss to Auburn-Montgomery marked the first defeat in 26 games to any team that wasn't NCAA division I. Nevertheless on that day, Auburn-Montgomery had the bigger and better team. They started four players over six feet tall and wore down the already fatigued Knights with their height advantage. "I think the biggest influence of the game was that we were so tired from the trip", said Christine Richardson, who led the Knights with 20 points and 12 rebounds in the final game. The Lady Knights had to leave Lynn at 4 a.m. to catch a 6 a.m. flight out of Miami International. However, the weather was so bad that they had to fly to St. Petersburg, then to Jacksonville, then to Atlanta, before taking a bus to Alabama only to arrive just in time for the warm up.

On the road to the final, Richardson led the way for the Knights with back to back 30 point games. "The team was confident going in", said Richardson, referring to the loss of her 3 suspended teammates, "I think the coach did what he had to do. We wish we would have had them, but we had to play as a team and come up with our own plan". Guard Denise Lee claims that after the suspension, the remaining players weren't accustomed to playing together throughout the season, which made it difficult to play consistently.

All in all, L.U. still has an outside chance of receiving a bid for a trip to the national tournament with an impressive record of 21-6.

L.U. Baseball Team Wins 6th in a Row

By: Frank Aliaga

In a rain shortened game, Lynn University beat Florida Tech 4-1 on Saturday giving them six consecutive victories. The winning streak marks the longest of the season for the Knights. Pitcher Mike Shae hurled a one-hitter through the six innings to improve his record to 6-0. Leadoff hitter Tony Kurtz and Steve Vizzo had key RBI singles in the 5th inning to break a 1-1 tie. The Knights improved their season record to 15-17.

Women's Tennis

By: Andy Farmer

The Lynn women's tennis team is on course to emulate their soccer counterparts in winning the NAIA National Championship. With a strong international flavor, the 12-0 Knights are ranked no.1 in the nation.

With the team having played matches as far away as Michigan and Alabama, they have nine regular season matches remaining before their bid for national glory in Tulsa, Oklahoma in May. The Knights, led by the no.2 ranked player in the nation, Cristina Cavina, Czech mates Petra Stankova and Misha Petrova, local Ali Peshkin, Karatina Triska, and Marines Duarte, from Venezuela, are heavy favorites to win the championship.

The matches consist of six singles and three doubles during the regular season. However, the nationals, are a little different. In the tournament, they have an individual draw, which means that the no.6 ranked player could face a no.1 seed. Therefore, the luck of the draw will play an important factor. Lynn coach Mike Perez is not very worried however. "This is only a slight disadvantage for us, because we have so much depth," he states. "Our team spirit should help us overcome this."

As of now, Lynn will compete for districts either in South Carolina or Pensacola, Florida. Best of luck to the entire team.
Greed Has Killed The American Game

By: Jeffrey Leff

It is the dream of any young American boy. What is it like to step out onto a major league baseball field, and walk in the shadows of legends? As a young boy, I dreamed of playing first base for the New York Mets, like my hero Keith Hernandez. I wondered what it would be like to step up to the plate against a major league pitcher. It is a dream as American as apple pie and the 4th of July. I didn't think of the millions that I could earn, but rather I dreamt of doing something that I love. That is baseball in its purest sense. The current Major League Baseball strike isn't about the love of the game. It is about the love of money. It is a hard fact to accept. Baseball is a business. Our heroes are not without their greed. Our heroes are human.

The 1994 baseball season was not without its beauty. That is one of the reasons that the baseball strike was so hard to accept. It was as if the players were reminding us why we love baseball. Many age old records were being challenged. The pursuit of these records reminded us of days gone by. Matt Williams of the San Francisco Giants had hit forty-three home runs through August 11th. He was on a pace to become baseball's first .400 hitter since the great Ted Williams hit .406 in 1941! Bill Terry of the New York Giants was the last National League .400 hitter. The thirty-four year old Gwynn may never have another chance like that. Would the long suffering Cleveland Indians fans have seen the team in post season play for the first time since 1954? At the time of the strike the Indians were in second place in their division and in the lead for the newly formed wildcard berth in the playoffs.

The ultimate loss for the fans was the loss of the 1994 World Series. The series had been played every year since 1905. It had seemed to me that as long as there was a world there would be a World Series. The loss of the World Series took away much of my respect for baseball. The Toronto Blue Jays, baseball's two time defending world champions, had an awful year in 1994. They won 55 and lost 60, while finishing 16 games behind the Yankees. However, they will remain the world champions of baseball for another year. Is that right? The Yankees on the other hand had an awesome year winning 70 and losing just 43, and for that they get nothing. I have a hard time feeling sorry for any of these teams or players. They did it to themselves. It is the players who went on strike. They were not happy living the American dream and getting paid for it. They were sucked in by the greed.

Now the Major League owners are attempting to pass off a bunch of replacement players as our heroes. They have put together replacement teams made up of retired mediocrot major league players, semi-pro players, and even professional softball players. Are we as fans expected to accept this? Is the swing of no name players such as Marcus Lawton and Stan Jefferson going to make us forget of the sweet swings of Ken Griffey Jr. and Will Clark?

What will become of Cal Ripken's pursuit of Lou Gehrig's mark of playing in 2130 consecutive games? Ripken, who hasn't missed a game in 14 years will have his streak broken if replacement games are played. Would the future Hall of Famer allow the baseball strike to stand in the way of his record? Ripken, along with every other player will not break away from the union. This is because of a bond that the players feel toward each other as well as to the players of the past and the future. As they see it, they have won too many hard fought labor wars to give up now.

What about the fans? The players don't seem to understand that without the fans, there would be no millions. There would be no Major League Baseball. Today's hard core baseball fans will most likely go back to it. We grew up with it. It is part of our lives. Younger fans might take a different view. The younger fans are already turning more towards basketball. With the baseball strike, that trend will continue. If I had viewed my hero, Keith Hernandez, as a greedy millionaire rather than purely a ball player, I would never have become a fan. It's time that the players begin to understand just how lucky they are. They are living the American dream and being paid millions to do so. If that isn't good enough for them, then I'm going down to Shea Stadium today. I heard the Mets might be looking for a first baseman.

Men's Basketball Team Falls

By: Frank Aliaga

Even though the L.U. men's basketball team shot 51.5 percent from the field, they didn't have the legs to run with Life College. In the Southeast regional final, L.U. bowed out gracefully 118-88, ending their season at 20-10. In the final game, Center Demetrius Montgomery led the Knights with 23 points while hitting 10-of-11 from the floor. However, when Life College turned up the defense, they went on a 26-8 run, to scramble with the regional championship. Arctus Sullivan added 17 points for the Knights, while Greg Robertson, Johnny Owens and Albert Garnett contributed 12 each. Congratulations for an exciting season.

Jordan Returns: NBA A Much Brighter Place

By: Frank Aliaga

Michael Jordan only needed to say two words to get the entire world's eyes to open. After being retired from professional basketball for over 17 months Jordan said, "I'm back". After an entire week of rumors, Jordan made it official at a press conference in Chicago on Friday. In his first game back, wearing unfamiliar no. 45 on his jersey, Jordan had a tough time finding the mark, scoring only 19 points on 7-of-26 from the field, in the Bulls loss to Indiana. "It'll take me a couple of games to get my timing back," said Jordan, "but the important thing is that I'm back."
Summer is Coming

By: Caroline Bowers

Only eight weekends left until the end of the year, what are you going to do with all of your belongings when you have to leave? I am sure that many people have not even thought about it yet, but everyone should because you do not want to leave such a huge project for the last minute and not know what to do.

Here is a suggestion to help you start planning:

1) Storage is really the best way to go. If this is an option for you, you need to call as soon as possible to reserve a storage unit.

   Boca Storage has 5x10 storage rooms that rent for $51.94 a month. They suggest that you share with a friend because it would be cheaper and there is plenty of room for the amount of items a typical college student has. The telephone number is 3992-4250.

   Boca Mini Storage Warehouse is very full already, but they said that a student should call right away to reserve just in case they have any turnovers. The charge for a 5x10 room is $38.50 a month. The telephone number is 997-7170.

   If storage is too expensive, maybe a friend with an apartment will let you put some of your belongings there. Again, I stress to start planning now, so you are not left with nowhere to put your possessions.

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The Pulse
Scientists are finding that dolphins, whales, and seals recently are showing signs of AIDS-like symptoms. Researchers at the University of Bergen found that even the earth’s cleanest waters are teeming with concentrations of aquatic viruses that are ten million times higher than previously recorded. One teaspoon of water taken from a depth of ten meters in the North Atlantic can transmit DNA between bacteria, genes from virulent bacteria flushed into waterways with human sewage can spread rapidly to the marine food chain. (BioWatch, Earth Island Journal, Spring 1994)

Three and a quarter million tons of oil enter the oceans of the world each year. (Surfrider Foundation)

Hundreds of thousands of marine mammals, turtles, and sea birds (including whales and dolphins) drown in nonbiodegradable drift nets each year. (Conserving Marine Resources by Carl Safina, Ph.D. National Audubon Society)

Between 350,000 to 500,000 acres of wetlands are lost each year, more than 30 acres per hour. (Eco-Mole, Earth Island Journal, Winter 1993/94)

Twenty percent of all marine fish landed each year on fishing vessels worldwide are discarded dead or injured back into the sea. The United Nations Food and Agriculture Organization estimates that 20 billion pounds of marine life are caught and dumped each year. (Living Ocean News, National Audubon Society, Fall 1993)

The United States has lost 50 percent of its wetlands in this century (90% in California)

In 1980, Scientists warned that our planet is undergoing a mass extinction like the one 65 million years ago that killed off the dinosaurs. Humans are rapidly eliminating the world’s genetic species and ecosystem diversity. More than a tragedy, this is suicidal, for we depend on biological diversity for the foods, medicines, water, and air that sustain us. Many governments have begun programs to safeguard endangered species and vanishing ecosystems. Unfortunately, most attention has focused on biological diversity on land. There is an urgent need to save, study and sustainably use life in the realm that covers 71% of the earth: the sea (Center For Marine Conservation)

The EPA estimates that 160,000 factories dump 57,000 tons of toxic organic chemicals and 68,000 tons of toxic metals into U.S. coastal waters each year. (Surfrider Foundation)

### IMPORTANT NOTICE: Parent's Weekend Brunch

On Sunday, Parent's Weekend will end with our annual semi-formal brunch! It is a very exciting capstone to a great weekend.

This serves as a reminder that dress is semi-formal. Nice casual will do just fine, for example - Khaki's and a collared shirt. Students not dressed appropriately will be asked to return to their room and come back ready to feast in a more appropriate fashion!

Thanks for your help, and look forward to the great tradition of Parent's Weekend - Sunday Brunch!

### SPRING FLING IS COMING ...

LYNN UNIVERSITY'S ANNUAL SPRING FLING WILL BE HELD APRIL 20-22 AND IS OPEN TO ALL LYNN STUDENTS, FACULTY AND ADMINISTRATION!

This year’s events include:
- Comedian Troy
- Thirdgill, Suitcase Dance with a FREE trip to the Bahamas, The R.A.

Look for more information in early April!

Lynn Students Can Work for Mickey!

The Career Development Office is presently accepting applications for the Fall Walt Disney World College Program. The program is open to full-time students who are interested in participating in full-time internships. This experience is not for graduating seniors or MBA students. This program is a unique educational, work, and interpersonal relationship program especially designed to increase practical knowledge of the leisure industry.

The experience consists of 30 hours of instruction, and 30 hours a week in an hourly, non-supervisory position. The majority of the positions are available in Attraction, Food & Beverage, Merchandise, and Resort Operations. Some other areas of possible placement include: Casting Center Reception, Central Reservations Operations, Culinary, Custodial Services, Entertainment Technical Services, Tickets, Transportation, and Walt Disney Travel Company. These areas are somewhat limited in availability.

Application Deadline: March 31, 1995 at 5:00 p.m.

By: Caleb Kennedy

8 The Pulse