

MOVIN' UP:

REFINING YOURSELF AND YOUR CAREER PATH

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APRIL 24, 2018



WHO WE ARE



Futuristic/Responsibility/Relator/Focus/Ideation



Strategic/Relator/Competition/Achiever/Deliberative



POLL!

- Where are you in the field?
 - Entry level
 - 4 – 8 years
 - 8+ years

OUR STORIES

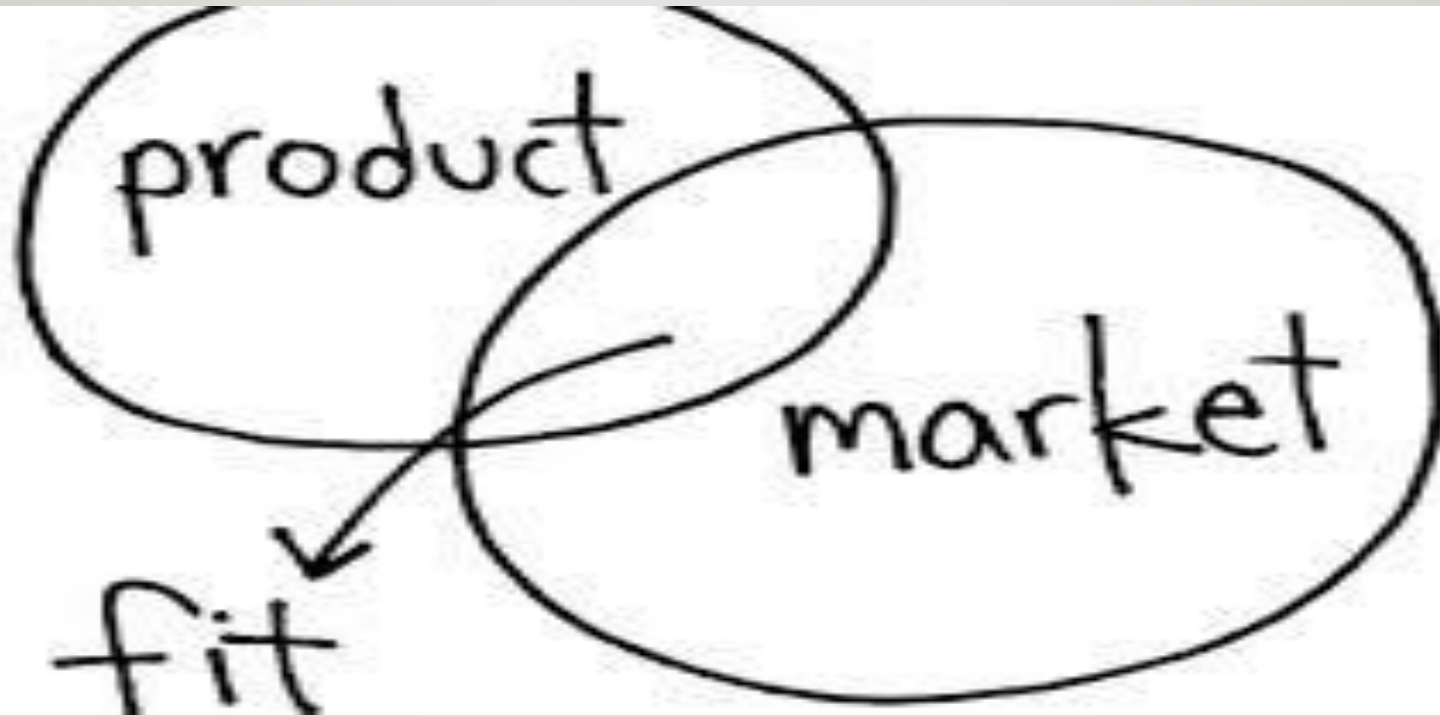
- From first professional position to the second
- Realizations
- Challenges
- Reflection
- Advice

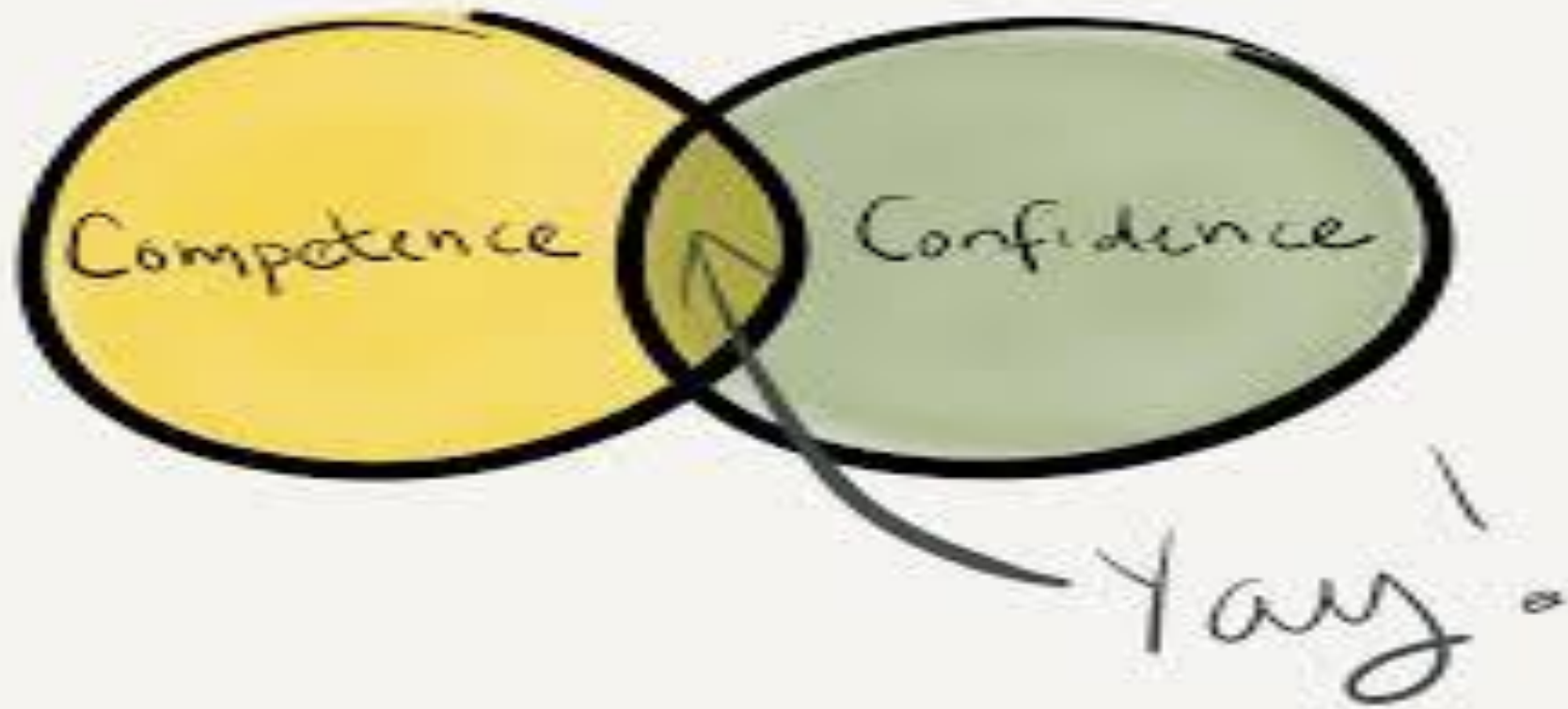
YOU AND YOUR...

- Job vs. Career
- Professional Development
- Personal Development

passion







ACPA/NASPA COMPETENCIES

- Advising and Supporting
- Assessment, Evaluation, and Research
- Law, Policy, and Governance
- Leadership
- Organizational and Human Resources
- Personal and Ethical Foundations
- Social Justice and Inclusion
- Student Learning and Development
- Technology
- Values, Philosophy, and History



POLL!

- Have you engaged in self-reflection on your professional development?
 - Yes
 - No

POLL!

- How often do you engage in self-reflection on your professional development?
 - Monthly
 - Weekly
 - Daily
 - I don't have time

SELF-REFLECTION I

Where are you right now?

Are you satisfied, are you anxious, do you feel challenged by your job? Do you feel ready for change?

SELF-REFLECTION 2

What is your circumstance and environment?

What do you love about your current situation? What do you wish was different? What opportunities excite you? What do you dread?



SELF-REFLECTION 3

How have you invested in your professional growth?

How do you invest in yourself? Do you have adequate support to do that? What are you good at? What do you need to work on? Who are your mentors? Define your relationship with your supervisor and the value it has on your growth currently.



SELF-REFLECTION 4

What do you NEED?

What are essential components to your happiness and satisfaction? What are the things that you require to be the best version of yourself?

SELF-REFLECTION 5

What are you willing to compromise?

What can you sacrifice for the big picture? How adaptable and flexible are you? How do you manage change?

NOW WHAT?

- Examine your professional growth within the competency rubrics for our profession
- Examine your personal growth by engaging a mentor in honest dialogue
- Examine yourself through reflection and assessment of needs vs. wants
- Examine and set long-term career objectives so you may make informed and intentional decisions
- Accept that there is no such thing as “perfect”
- Know your strengths and focus on them
- Maximize opportunities

KEEP IN TOUCH WITH US

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