Differential Language Use at the Highest Stages of Ego Development

Rachel Pauletti, Lynn University
Kevin Lanning, Wilkes Honors College at Florida Atlantic University
APS 2016
What is Ego Development?

- A well-validated personality construct (Loevinger, 1979)
  - Developmental sequence
  - Language use as indicative of personality
  - Linked to IQ, moral reasoning, positive relationships

- Measured using the Washington University Sentence Completion Test (WUSCT)
Developmental Stages

- **Impulsive**
  - Childhood; early adolescence

- **Self-Protective**
  - Late adolescence; most adults

- **Conformist**
  - Self-Aware

- **Conscientious**

- **Individualistic**
  - Highest

- Morally mature?
The WUSCT

- Participants respond by completing a sentence
  - “Rules are…”
  - “A girl has a right to…”
  - “My conscience bothers me if…”

- Responses for each stem coded with a score of 2 (Impulsive) to 9 (Integrated)
  - High scores = high ego development
“Rules Are…”

Childhood; early adolescence

Late adolescence; most adults

Morally mature?

“rules”

“stupid”

“made to be broken”

“acceptable when commonly agreed upon”

“necessary, but so are exceptions”

“to provide structure within which freedom abides”
Theoretically...

- Conceptual complexity = higher ego level
  - More words per response = higher ego level
  - Bigger words in a given response = higher ego level

- Qualitative data suggests this may be true (Hy & Loevinger, 1996)

- Need for empirical, expanded sample
## Our Study

<table>
<thead>
<tr>
<th>Data</th>
<th>Excluded language features</th>
<th>Primary Research Questions</th>
<th>Analyses</th>
</tr>
</thead>
</table>
| • Exemplar data (Hy & Loevinger, 1996)  
• Various empirical data sets (1989-2014)  
• Over 34,000 responses  
• Over 167,000 words | • Punctuation  
• “Stop” words (e.g., “and”, “but”) | • *Are correlations higher between adjacent than non-adjacent stages?*  
• *Are words at higher stages consistent with greater cognitive complexity?* | • **Quantitative:** Correlations between ego levels in word use  
• **Qualitative:** Pull out the 25 words with the greatest relative frequency at a given stage compared to the entire sample |
# The Data

<table>
<thead>
<tr>
<th>Ego Level</th>
<th>Exemplar Data</th>
<th>Empirical Data</th>
<th>All</th>
<th>Frequently Occurring (n &gt; 5)</th>
</tr>
</thead>
<tbody>
<tr>
<td>Impulsive</td>
<td>141</td>
<td>187</td>
<td>845 (≈2.57 words per response)</td>
<td>775</td>
</tr>
<tr>
<td>Self-Protective</td>
<td>418</td>
<td>1045</td>
<td>4655</td>
<td>4237</td>
</tr>
<tr>
<td>Conformist</td>
<td>1044</td>
<td>6747</td>
<td>25434</td>
<td>24151</td>
</tr>
<tr>
<td>Self-Aware</td>
<td>2180</td>
<td>9933</td>
<td>54543 (≈4.50 words per response)</td>
<td>51596</td>
</tr>
<tr>
<td>Conscientious</td>
<td>2364</td>
<td>7081</td>
<td>55703</td>
<td>52023</td>
</tr>
<tr>
<td>Individualistic</td>
<td>1106</td>
<td>1407</td>
<td>20235</td>
<td>18679</td>
</tr>
<tr>
<td>Highest</td>
<td>333</td>
<td>159</td>
<td>5902 (≈11.99 words per response)</td>
<td>5342</td>
</tr>
<tr>
<td>All Stages</td>
<td>7586</td>
<td>26559</td>
<td>167325</td>
<td>156811</td>
</tr>
</tbody>
</table>
Correlations Among Adjacent Levels in Word Use

<table>
<thead>
<tr>
<th></th>
<th>Impulsive</th>
<th>Self-Protective</th>
<th>Conformist</th>
<th>Self-Aware</th>
<th>Conscientious</th>
<th>Individualistic</th>
<th>Highest</th>
</tr>
</thead>
<tbody>
<tr>
<td>Impulsive</td>
<td></td>
<td></td>
<td></td>
<td></td>
<td></td>
<td></td>
<td></td>
</tr>
<tr>
<td>Self-Protective</td>
<td>--</td>
<td></td>
<td>.80</td>
<td>.63</td>
<td>.67</td>
<td>.65</td>
<td>.59</td>
</tr>
<tr>
<td>Conformist</td>
<td></td>
<td></td>
<td></td>
<td></td>
<td></td>
<td></td>
<td></td>
</tr>
<tr>
<td></td>
<td></td>
<td></td>
<td></td>
<td></td>
<td></td>
<td></td>
<td></td>
</tr>
<tr>
<td>Self-Aware</td>
<td></td>
<td></td>
<td></td>
<td></td>
<td></td>
<td></td>
<td></td>
</tr>
<tr>
<td></td>
<td></td>
<td></td>
<td></td>
<td></td>
<td></td>
<td></td>
<td></td>
</tr>
<tr>
<td>Conscientious</td>
<td></td>
<td></td>
<td></td>
<td></td>
<td></td>
<td></td>
<td></td>
</tr>
<tr>
<td></td>
<td></td>
<td></td>
<td></td>
<td></td>
<td></td>
<td></td>
<td></td>
</tr>
<tr>
<td>Individualistic</td>
<td></td>
<td></td>
<td></td>
<td></td>
<td></td>
<td></td>
<td></td>
</tr>
<tr>
<td></td>
<td></td>
<td></td>
<td></td>
<td></td>
<td></td>
<td></td>
<td></td>
</tr>
<tr>
<td>Highest</td>
<td></td>
<td></td>
<td></td>
<td></td>
<td></td>
<td></td>
<td></td>
</tr>
</tbody>
</table>

Decreasing similarity between non-adjacent stages. *Ego development occurs in a predictably ordered sequence.*

Exception: Conformist stage more similar to subsequent non-adjacent stages than previous adjacent stage. *May indicate qualitative “leap” in development.*
Word Use: Qualitative Differences

- Examining the 25 most common words at each stage (relative to the entire sample)

- Examining ten “emergent” and “less frequent” words at each stages (relative to adjacent stages)

- *Do people at different stages use different words?*
Comparing the Stages

**Impulsive Stage Themes:**
- Sex
- Aggression
- Consumption

**Self-Aware Stage Themes:**
- Introspection
- Doubt
- Questioning of a just world

**Highest Stages Themes:**
- Identity
- Perspective-taking
- Concern for equality
Why We Care

- WUSCT stems provide limited (and maybe outdated) context for language
  - “A woman’s place…”
  - “A girls has a right to…”
  - “When they talked about sex…”

- BUT, word use is measurable outside the context of the WUSCT!!
  - Autobiographies?
  - Personal correspondence?
  - Social media posts!!!
Develop a “dictionary” of words used at each stage

Compare with words used outside the context of the WUSCT

Use *language*, rather than the WUSCT to predict ego development

Examine the relationships between language, morality, and personality
“One of the problems when you become successful is that jealousy and envy inevitably follow. There are people—I categorize them as life’s losers—who get their sense of accomplishment and achievement from trying to stop others. As far as I’m concerned, if they had any real ability they wouldn’t be fighting me, they’d be doing something constructive themselves.”

“I stopped thinking and slipped into can’t: the point at which the denunciations of capitalism or American imperialism came too easily, and the freedom from the constraints of monogamy or religion was proclaimed without fully understanding the value of such constraints, and the role of victim was too readily embraced as a means of shedding responsibility, or asserting entitlement, or claiming moral superiority over those not so victimized.”