PHILOSOPHY
OF SPACE AND TIME

CREATING COMICS

COCO GAUFF TAKES WTA TITLE
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Above: The women’s volleyball team recently beat Barry, continuing a 6-match winning streak. Photo/LU.
Above: The Florida senate recently upheld former Broward County Sheriff Scott Israel’s suspension. Photo/Stock Photo.

Above: Ethiopian Prime Minister Abiy Ahmed Ali received the Nobel Peace Prize for his efforts and dedication to ending the 20-year conflict between Ethiopia and Eritrea. Photo/Stock Photo.
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This spring, Assistant Professor Eric Hamm’s newest course on philosophy, physics and science will be offered for the first time: Philosophy of Space and Time.

The course aims to address the difficulties created by concepts of temporality and spatiality throughout history. After analyzing readings from the ancient world such as the motion paradoxes of Greek philosophers like Zeno, the class will progress into modern philosophy and examine Kantian categories and Husserlian phenomenology. From there, the course will move into modern developments in physics that have revealed more about the connection between space and time, such as work from Einstein and Steven Hawking.

“I am excited to discuss the more modern developments in quantum theory from the twentieth century,” said Eric Hamm, Ph.D. “Here is where we start to discuss black holes, time dilation and light-speed travel.”

Though the course may tackle some challenging material, Hamm assures students that the collaborative classroom environment and his guidance will make this course a rewarding and educational experience. “If this material sounds difficult to students, that is understandable, but college is the best place to encounter ideas like this,” said Hamm. “If you don’t read Einstein now, when will you? There is no better place than here, in a class of your peers with a professor to guide you.”

Philosophy of Space and Time will meet Monday, Wednesday and Friday in the spring from 1-1:50 p.m. Students can expect class sessions to combine seminar-style discussion with some lectures to introduce and explain new concepts. Philosophy of Space and Time counts for two required dialogue courses: DBR 400 and DSL 400.

“This course is perfect for students interested in philosophy, theoretical physics or science generally who don’t necessarily want a math-heavy approach,” said Hamm.

Students interested in taking Philosophy of Space and Time should contact their academic advisor and register for the course before it reaches capacity. For more information on the course, contact Professor Hamm at rhamm@lynn.edu.

Above: Professor Hamm looks forward to fostering academic debates over philosophical and scientific theories in his newest course. Photo/LU.
Every year, the Hannifan Center for Career Connections hosts ‘Life after Athletics,’ an event where current student athletes can network with employers and learn from alumni about life after competition.

‘Life After Athletics’ helps student-athletes understand how the learning experiences gained by playing a collegiate sport translate into professional skills in the business world. At ‘Life After Athletics,’ student-athletes learn about behavioral interviewing, which pushes students to create ties between their skills on the field and their leadership abilities off the field.

“As an athlete, you can just talk to me about your experiences in your sports,” said Marleen Hernandez, recruiter at Enterprise for the South Florida region. “Think about the last time you had to show leadership qualities in your sport or your team.”

Decision-making, commitment, time management and competitiveness are all traits of successful student-athletes that carry significant weight in professional environments. According to Brad Mitchell, managing director at Northwestern Mutual, those characteristics are also one of the reasons the company loves to hire former student athletes. In fact, former Lynn baseball pitcher Rigo Beltran landed a job with Northwestern after getting to know Mitchell at the ‘Life After Athletics’ event four years ago.

“I recommend to anyone to use the resources available to you at Lynn. Get your name out as much possible,” said Beltran.

During the final panel discussion, three Lynn alumni and former student-athletes shared their experiences with life after leaving behind the student-athlete lifestyle. For Beltran, the biggest challenge is losing the regular incorporation of the game he played his entire life. Former Lacrosse player Michael Urso explains that being responsible for oneself and not having a structured schedule is very different from the student athlete experience. However, both graduates enjoy their current jobs at Northwestern and ADP.

“Know your own value,” said Urso, who graduated last May. “Get as much interview experience as you can. Even if it might not be the job you want, apply and get some interview experience.”

The main take-away of the event is to embrace one’s connections and get to know as many people as possible. Lynn alumni are proof that success comes from a good work ethic and positive attitude, two traits vital to all student athletes.

For more information about Career Connections’ events, visit lynn.edu/career-and-alumni-connections.
A Senate committee recently recommended that the Florida State Legislature should uphold the governor’s suspension of former Broward County Sheriff Scott Israel due to his department’s delayed responses to the 2017 Fort Lauderdale airport shooting and the 2018 Parkland shooting.

This past January, Governor Ron DeSantis removed Israel for abandoning his position before and after the Marjory Stoneman Douglas High School shooting. This suspension also addressed the department’s reaction to the Fort Lauderdale airport shooting in 2017.

“The victims with families impacted by the massacre at Marjory Stoneman Douglas High School deserve justice and accountability,” said DeSantis, governor. “I disagree with the analysis contained in the nonbinding recommendation, [but] the senators will render their own independent judgment on Scott Israel.”

Israel was originally elected in 2012 as the Broward County Sheriff and re-elected in 2016. He was suspended by DeSantis and replaced by interim sheriff Gregory Tony. Israel released the following statement prior to his hearing:

“I humbly ask the Florida Senate to approve my reinstatement so that I can continue to serve all [of] Broward County as the people’s elected Sheriff.”

Israel’s suspension was upheld by the Senate Rules Committee in a 9-7 vote. The Rules Committee vote was sent to the Florida Senate in its entirety, and it was officially determined he would not be reinstated.

By KATHRYN HUBBARD
Assistant Editor

SENATE UPHOLDS SUSPENSION

Florida Senate Upholds Former Sheriff Scott Israel’s Suspension
Andrew Burnstine, Ph.D., associate professor of marketing at the College of Business and Management, recently took five of his students to local NBC affiliate station WPTV NewsChannel 5 to appear on his segment, Dr. Fashion, to kick off the fall season with tonal fashion.

Dr. Fashion is Burnstine’s television persona that chronicles everything in fashion from new trends in men’s and women’s wear to accessories, watches, hats, shoes and more. Dr. Fashion also analyzes why presidential candidates, members of the royal family and Emmy, Grammy and Golden Globe nominees dress the way they do.

Burnstine has worked in fashion television sporadically for about 25 years. He began his relationship with WPTV NewsChannel 5 about five years ago after meeting a producer for the local South Florida network.

WPTV gave Burnstine the opportunity to be Dr. Fashion, and he quickly became beloved on the network. Burnstine has worked with all of the local television affiliates in South Florida, including Fox 29 news as well as the ABC and CBS affiliates.

“Dr. Fashion is something that I really like to do for my students at Lynn in the fashion marketing management program,” said Burnstine. “It is where I can really have them help me put together some of these segments. Many times, I have had students model on TV and do the background work for stylization and put it together. They can really learn a lot more about not only fashion, but fashion journalism, fashion photography and using fashion with television, things they can put on their resume and get the link to the segment.”

On the Oct. 8 segment, Dr. Fashion and Hollani Davis, morning anchor for WPTV Channel 5 news, explored one of this season’s most popular trends – tonal fashion. This idea has people matching different colorations in order to make their outfits look vibrant and outstanding. Burnstine brought four models, Xiara Del Valle, Katie Frankhouser, Traya Johnson and Alexa DeRogatis, as well as one stylist Sophia Louissaint to work the segment.

“Going to college, you learn a ton about your major, but going to Lynn you get hands on experience from professionals working in the industry. Dr. Fashion is one of my best mentors—he has taught me how to not only be confident in a competitive environment but to also enjoy the experience,” said Del Valle, Lynn alumna. “I loved having the opportunity of being on WPTV. I’m not a model by any means, but I believe that’s why Dr. Fashion asked me to be a part of the segment. I felt welcomed and empowered. I also felt like I was representing a certain aspect to fashion that can often be misjudged—it’s a creative space for anyone who is willing to be themselves and own who they are.”

Louissaint, a junior studying fashion and retail, is a supervisor at Lord and Taylor in Mizner Park. Lynn has worked with the department store on numerous occasions, making it a perfect fit to clothe the models for the segment. Louissaint was responsible for picking out the clothes and figuring out which tone fit each model best.

“I put effort into looking at each person’s body type and each person’s poise to determine what colors to put on them and how to style them. I did not want everyone to have a general shirt and pants look, instead each person had a different kind of pants,” said Louissaint. “There was a dressy pants look, flowy linen pants, jeans and then the shorts. I wanted to create an individual story with the tonal fashion because with tonal fashion you can easily get lost when just using one color versus wearing one color and telling a story.”

Burnstine’s new project Fashionopa was recently released on Hulu, Comcast and television.
Lynn alumna Xiara Del Valle advocates for using social media to spread awareness about current issues and shows people how to use their platform as a role model.

With more than 73 percent of the world’s population online, sharing information and personal experiences on the internet can be scary and sometimes invasive. Scrutiny and judgment can be intimidating and make it difficult to share stories or feel comfortable speaking up.

“Being in a digital age where everything can be virally spread can be hard,” said Del Valle. “I do, however, think we can take advantage of that and use social media as a way of connecting people and sharing stories.”

From struggling with depression and body image disorder to speaking out about sexual harassment, Del Valle uses the obstacles in her life to propel forward, and she urges others to do the same.

“Sometimes we have to deal with these roadblocks that momentarily stop us. That’s just life,” said Del Valle. “We grow when we begin to use these roadblocks as stepping stones and learn that we are so much more than what our situations may lead us to believe.”

From blog posts to simple captions under her pictures, Del Valle ensures that she uses her platform for something that she believes in and stands firmly behind. Along with her personal experiences, Del Valle uses her social media to also raise awareness for her non-profit organization, It’s H.E.R. Business.

It’s H.E.R. Business was created by Del Valle and two other Lynn students who wanted to help their community. They upcycle denim jackets and send the proceeds to Kayonza, Rwanda in support of the women’s center there.

“I strongly believe that anyone has the power to make this world a better place,” said Del Valle. “Anyone has the capability to make a difference in their community, and it all starts by sharing your story and connecting with people.”
The Creation of Captivating Comics

Sparacio Shares His Painting Process And Experiences As A Comic Artist

By ALEXANDRA ZAPATA
Head Graphic Designer

Recently, Professor Mark Sparacio held a comic book event in the Amarnick-Goldstein Concert Hall to educate students on his method of creating illustrations by discussing the development of his sketches, his use of photo references, his use of traditional art supplies and by showcasing his previously completed works of art.

For the past several decades, comic books have been a significant source of entertainment for amazing artwork and stories. The storytelling elements found in comic books are as enjoyable for many consumers to read as they are for artists to create. As he demonstrated his process of painting, Sparacio shared his past experiences and helpful tips for developing a story for a comic book.

“Storytelling is one of those things where you really have to get a feeling for the characters,” said Sparacio. “You want to be able to tell that story and make it exciting for not only yourself as the artist and writer but the reader as well.”

As an artist that completes his finished pieces in watercolors, Sparacio works with the Japanese brand of paints called Holbein, Winsor and Newton Series 7 Sable paint brushes and Strathmore 500 series illustration paper. When demonstrating his painting technique, Sparacio shared the importance of using photo references when drawing and painting.

Sparacio recommended several books to the audience, including Comic and Sequential Art by Will Eisner, Drawing Comics the Marvel Way by Stan Lee, Understanding Comics by Scott McCloud and The DC Comics Guide to Writing Comics by Dennis O’Neil. Individuals who wish to create and profit from their artwork would benefit greatly from looking at these resources.

“Thanks to scanners, the internet, emails, FTP sites, FedEx, and thanks to all the technology that has come out, you can be anywhere in the world doing artwork for major companies any other place in the world,” said Sparacio.

The College of Communication and Design hopes to inspire students to pursue their dream careers. Because of the technological advances that students have at their disposal, it is easier than ever to sell artwork to clients without location being an inconvenience.

“[Students] have to look for jobs while they are in school,” said Sparacio. “[School] is where dedication, perseverance and sacrifice comes in handy. Start looking at school as being a profession. It is a stepping stone to being a professional.”

The event concluded with giveaways of his Omega Paradox posters and comic books. Sparacio graciously autographed his work for the students lining up to speak with him after his event.

Students who wish to pursue artistic career opportunities and create similar artwork are encouraged to seek information and advice from any of the faculty members in the College of Communication and Design.

Above: Sparacio demonstrating how he paints with watercolors. Photo/A. Zapata.
Above: Sparacio holding up a poster with his Omega Paradox artwork. Photo/A. Zapata.

Above: Princess Leia artwork painted by Sparacio and displayed during the comic artist event as a sample illustration. Photo/M. Sparacio.

Above: Sparacio signing Omega Paradox posters and comic books for students. Photo/A. Zapata.
FACT, OPINION OR FICTION?

Identifying Ethical Reporting In Modern Journalism

By SPENCER BACKMAN
Contributing Writer

At Lynn University it is expected that all Fighting Knights can determine fact from fiction. The rest of the world is no different. With media and publications showing up on Facebook, Twitter, Instagram and everywhere imaginable, it can be difficult to determine which articles incorporate ethical reporting and which articles do not.

Ethical reporting involves verifying facts with numerous sources and following up on every detail no matter how small.

“To me, ethical journalism means that the source of information is independently verifiable, reliable, and reputable, and it helps if the journalist has some proven expertise, or access to expertise, in the subject,” said Stacy Alesi, Lynn librarian.

When there is a race to get the news to the reader before competing media outlets, many news organizations disregard fact verification in favor of profits. This is a basic guide to help readers determine which media outlets and consequent publications utilize ethical reporting. The first thing to look at when reading media from any source is the sub-headline.

A sub-headline signals to the reader whether an article is an opinion, an editorial, hard news coverage or something else entirely. If an article is labeled as an opinion piece, then it is exactly that: someone’s opinion.

Some opinion pieces are worth reading if the author is a well-respected authority on the topic. However, bear in mind that the opinions of the author are not always a representation of the facts even if the author presents them as such.

Actual hard news may not be labeled at all. If there is no discernable label for what seems like a hard news article, look for the author’s name and position description. The position description could read something like: “This article was written by Jane Doe, reporting for the New York Times in Kabul.”

That description would indicate that the article was written by a reporter working for the New York Times in Kabul, Afghanistan and provide contextualization as to whether or not the author is credible based on the topic area of the article.

Read the sub-headlines first. Figure out who wrote the article and who it was written for. Watch out for articles without a specified author and uncited sources, and, most importantly, ask this question: is this fact, opinion or fiction altogether?

“There’s going to be something we’re going to miss in journalism that will be very regrettable. I hope the young people who have developed Facebook and Google will say, ‘We need to fix the information system, and we need to get information to people that’s well-researched and investigated,’” said Bob Woodward, an American investigative journalist, to Poynter reporter Mallary Jean Tenore.

For more information about trusted sources and how to determine fact from fiction, consult the Lynn librarians or research ethical sources.

Above: With modern advancements in technology, journalism has evolved from traditional newspaper-style reporting to online media outlets that publish content every single day. This change in the industry presents new challenges like verifying the credibility of these online sources. Photo/Jon. S., Creative Commons.
Now in her senior year, Jaclyn Sosa serves for a second term as Sigma Sigma Sigma (Tri-Sigma) president. When Sosa was a new member in Tri-Sigma, she began her leadership role within the chapter when the first elections occurred, running for the education director position. Once sophomore year elections came around, she ran for vice president of operations.

“When I came into chapter for voting, I noticed everyone smiling at me, and I was a bit confused – I saw that I was selected as president,” said Sosa. “I was super hesitant and reluctant at first, but my advisor spoke to me and explained how ready I was to take on this very important position. Once I realized that the entire chapter believed in me, I just felt in my gut that I was capable of handling this position to the best of my ability.”

Sosa’s biggest challenge as president thus far has been balancing a social life, class work, Tri-Sigma and living a healthy lifestyle.

Sosa shared that, during her first term as president, she was a quiet leader and learned over time. For instance, she would find herself answering emails at 2 a.m. on a Saturday night.

However, attending the President’s Academy in Nashville helped Sosa learn to manage her time for Tri-Sigma and her life outside of the sorority as well. It was there she learned how to have “office hours” and to have “me time.”

In her current term, she feels as if she is more productive and organized due to the experience she has under her belt. Sosa expressed that she is still learning, and the chapter continues to grow. Sosa said she tries her best to be approachable, personable and patient with all Tri-Sigma members.

“There’s going to be times when people question you, and you may not know all the answers every time, but that’s okay because you have your resources and the organization to support you no matter what,” said Sosa.

Sosa encourages those who are nervous to take on a leadership role within Greek life and to learn as much as they can about the rules, regulations and bylaws before starting the position to feel confident.

“If you told me three years ago I was going to be president of this organization, I would not believe you,” said Sosa. “Now, looking back, that was the best decision I’ve made at Lynn without a doubt.”
By HELEN KREUZER
Staff Writer

Delray Beach Native Cori (Coco) Gauff raised her arms in disbelief when the ball of her opponent Jelena Ostapenko was called out, leading Gauff to her first WTA singles title.

It has been a curious journey that led Gauff to the title. Based on her position in the world ranking, Gauff had to play the qualifying round for a spot in the main draw of the WTA tournament in Linz, Austria. There, she lost in the second round to Tamara Korpatsch but was then offered a lucky loser spot due to the withdrawal of Marika Sakkari.

“It’s just insane that I got in as a lucky loser and now I’m the champion,” said Gauff (after the final). “My dad told me when I got in, before the first main-draw match, ‘You can’t lose twice in the same tournament.’”

Gauff’s rise to the top certainly did not come out of nowhere. In July, the American teen sensation became the youngest player to reach the Wimbledon main draw and beat Venus Williams in straight sets.

Apart from being extremely talented, Gauff is also known for being passionate and hard-working on her way to fulfilling her dreams. Throughout the last year, Gauff has been working out at FTX wellness, the same gym that Lynn athletes used during the 2018-2019 academic year. In between tournaments, Gauff returns to Delray Beach where she practices and lives with her parents and two younger brothers.

“It is very inspiring to see her work hard in the gym,” said Eliska Petrackova, junior. “She certainly is one of the most talented athletes in the world of sports right now and motivates me to keep working on my own tennis at Lynn.”

To be more flexible with tournaments and practice hours, Gauff is home-schooled by her mother. Being so successful at such a young age is not always easy, but Gauff handles it very professionally. In fact, the teen is trying to keep humble expectations and just enjoy the process and improving her craft.

“I had to remind myself that I am 15 and that I have the rest of my life to continue to improve and play tennis,” said Gauff.

Just a week after winning in Linz, Gauff won her second doubles title at the professional level, winning the WTA in Luxembourg alongside her doubles partner Caty McNally. The two American teens upset Kaitlyn Christian and Alexa Guarachi 6-2 6-2 in the finals. After losing the first round in singles in Luxembourg, Gauff is now back in South Florida to prepare for upcoming tournaments.

Above: It was a challenging road that led to Gauff’s victory, but her hard work and perseverance laid the groundwork for her success. Photo/@cocogauff via Instagram.

Above: Gauff raised her hands in shock after securing the WTA victory. Photo/ @cocogauff via Facebook.
By LUCIA DORLEY
Staff Writer

Ethiopian Prime Minister Abiy Ahmed Ali recently won the Nobel Peace Prize for the pivotal role he played in ending the 20-year war between Ethiopia and Eritrea.

“I am humbled by the decision of the Norwegian Nobel Committee. My deepest gratitude to all committed and working for peace. This award is for Ethiopia and the African continent. We shall prosper in peace,” said Ali to CNN.

The Nobel Peace Prize is a prestigious prize given to those who have done extraordinary work around the world in bringing peace to their countries. The award recognizes the hard work and advocacy of world leaders, with many members of the Nobel Peace Prize committee coming together every year to determine who should be awarded the prize.

“The Prime Minister deserves the prize for his role in ending the conflict - a largely pointless war over disputed border territory that came at a huge financial and human cost to both countries,” said Awol Allo, a fellow Ethiopian and associate professor of law at Keele University in Britain, to CNN.

Ethiopia and Eritrea had been at war for 20 years because the countries share a border with each other. Ali took the initiative to end the conflict once and for all by orchestrating a meeting with Eritrean President Isaias Afwerki to create and sign a joint statement declaring the end of the war.

“The two countries are no longer in the state of war. Families have been reunited because flights are now running between the two countries. Relations that have been severed for 20 years have been rekindled,” said Allo to CNN.

The Nobel Peace Prize ceremony takes place in Oslo, Norway on Dec. 10. The Nobel laureates will be recognized for their achievements and given their awards, and the king and queen of Norway will attend the ceremony in addition to the Nobel Peace Prize committee members.

For more information on Ali’s work and awards, visit CNN.com.

Above: Ethiopian Prime Minister Abiy Ahmed Ali received the Nobel Peace Prize for his work towards and dedication to ending the 20-year conflict between Ethiopia and Eritrea. Photo/Stock Photo.
WYNWOOD WALLS WOW COMMUNITY

Street Art Installations Revitalize Warehouse District

By LOUIS EISENBERG
Head Web Coordinator

Wynwood Walls in Miami was founded in 2009 by the late Tony Goldman, a renowned community revitalizer and placemaker. The walls are compiled of artwork from artists around the world. Since the first year the installation was created, the walls have seen more than 50 artists who represent roughly 16 countries and have covered more than 80,000 square feet of walls with art.

Before Goldman’s revitalization, the walls were bleak and dreary. Now, they are full of life and color. iPulse’s photographer captured the following images of the murals to bring the Miami-based art to our readers.

For more information on Wynwood Walls artwork, visit www.thewynwoodwalls.com.

Above: This piece created by artist El Mac displays three figures: one extends his hands and two are surrounded by flowers. Photo/L. Eisenberg.

Above: Street art at Wynwood Walls from artists like Kenny Scharf, the creator of this mural, brings new life to the previously grey area. Photo/L. Eisenberg.
Above: This piece was created by Tristan Eaton and depicts vibrant colors winding between black and white portraits of women. Photo/L. Eisenberg.

Above: This piece illustrates the colors inside a woman’s mind as a humming bird flutters around her. Photo/L. Eisenberg.
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Samantha Gallo felt a strong connection to Lynn due to her relation to John Gallo Jr., a member of the Lynn staff for more than 30 years. John Gallo worked with financial advancement at Lynn where he raised money for the university for more than 30 years.

"From what I can remember, he was a big part of building the school from [its] early stages to what it is today," said Samantha Gallo, first-year student.

Since her grandfather was a part of the Lynn community and gave the university such praise, Samantha Gallo was heavily influenced to take a campus tour.

"I fell in love with the campus as soon as I went on my tour," said Samantha Gallo. "I was able to see all of the amazing things my grandfather told me about the school for myself."

As a current student at Lynn, Samantha Gallo feels that she is part of a community just like her grandfather was as a staff member.

"My professors make me feel like I'm important, and they seem to personally care about my education," said Samantha Gallo. "The diversity in the student body and the study abroad opportunities that Lynn offers make it a good fit for me since I love to travel."

The freshman has always been close to her grandfather since she is his only grandchildren who lives in Miami. John Gallo is still a resident of Boca Raton, which allows Samantha to visit him frequently.

"He loves hearing me talk about how much I love Lynn," said Samantha Gallo. "I think it makes him really happy to know that the love for this school [has been] passed on through generations."

Samantha Gallo is set to graduate in 2023 with a communication degree.

"While I'm not sure exactly where I see myself once I graduate, I know that I want to spend a lot of my life traveling the world and taking pictures," she said.

Though Samantha Gallo’s plans for the future are unknown, she has found a home here at Lynn just like her grandfather.
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Above: As well as serving pokē, Kekoa has the sweet-tooths covered with desserts like their Fried Haupia. Photo/@eatkekoa via Instagram.

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16 K.O.R. BRINGS UNITY

17 CREATING CODERS

19 SEMESTER STRUGGLES

Above: Students raced down the colorful fun slide brought to campus on Founders day. Photo/LU.

Above: Professor Mark Luttio guides a mindful meditation session every Tuesday and Thursday at 5 p.m. in the Snyder Sanctuary. Photo/LU.
STUDENT ACTORS WANTED

I PULSE IS FILMING AN ADVERTISEMENT FOR SODEXO TO HIGHLIGHT THE NFL EVENT. SMALL DISHES WILL BE AVAILABLE FOR ACTORS WHILE FILMING. ACTORS ARE ENCOURAGED TO BRING NFL SHIRTS OR JERSEYS IF THEY ARE ABLE.

DATE: Nov. 17; TIME: 12 p.m.; LOCATION: University Center; Christine's

CONTACT CLAIRE McCabe AT cmccabe@email.lynn.edu.
By KELLY MARMO  
Copy Editor

Lynn alumnus Michael Baez was recently drafted as the third pick overall for the French Basketball League, also known as the LNB League, in the Dominican Republic.

Baez transferred to Lynn during the fall semester of his junior year from Wingate University. Baez graduated from Lynn this past May with a bachelor’s degree in sports management. On the court, Baez plays small forward and power forward.

“My role models are the coaching staff from Lynn. Coach [Jeff] Price prepared me for this in just two years and has helped me throughout my professional career as well,” said Baez. “My best friend Branden Ellis, [starting guard for the Fighting Knights], has been a big help in this process by helping me with workouts at any time.”

At Lynn, Baez received the award of most improved player his junior year and was named all-American team in the classroom. During his senior year, Baez received the most valuable player award, first team all-conference, second team all-region and first team all-tournament.

“When I first went to play, it was a big adjustment. The lifestyle changes affect you more than you think they will, but it was overall a great experience,” said Baez. “I love competing at such a high level and getting to see different parts of the world.”

Baez plays for Los Reales de La Vega based in La Vega Province, Dominican Republic. The LNB League is recognized as a highly competitive league. Aside from the Dominican Republic, Baez has traveled to Las Cañárra in Spain.

During the off-season, Baez resides in South Florida.

“Something that I like about where I am right now is playing with such good guys,” said Baez. “But [one] thing that I have disliked is that this experience wasn’t anything I had expected.”

Baez shared that one of the challenges he faced throughout this experience has been finding a good agency to represent him. Baez’s agent today is Daniel Green from Green Sports Management in Miami. Baez explained the trial and error process of finding good contracts and trustworthy people to play for.

Baez talked about the hardships and changes associated with the transition from college basketball to professional basketball. Baez sheds light on his experience for those who are in a position to play at a professional level.

“My advice would be to be prepared to go anywhere at any time,” said Baez. “There is a lot we give up by living this lifestyle, so try to mentally prepare yourself for that hardship.”

Baez seeks to continue to better himself as an athlete and looks forward to the upcoming season.
A group of YouTubers, headed by YouTuber ‘Mr. Beast,’ is raising money to attempt to plant 20 million trees by the end of 2020.

Mr. Beast, a popular YouTube creator known for his crazy stunts and giving away large sums of money to strangers, recently uploaded a video called “Planting 20,000,000 Trees, My Biggest Project Ever.” The video came after fans spammed his social media channels, asking him to plant 20 million trees as a result of hitting 20 million subscribers. The YouTuber responded positively to the challenge, and nearly one-quarter of the goal was reached in just two days.

“People just keep making fun of our generation for retweet activism and not actually doing something,” said Mr. Beast in his YouTube video. “This is your chance to make a difference.”

As planting 20 million trees is a daunting task, Mr. Beast formed an alliance with Arbor Day Foundation, the largest non-profit tree planting organization. For every $1 donated, Arbor Day Foundation agreed to plant one tree. The goal is to reach $20 million by the end of the year so that all the trees can be planted before the end of 2020.

“Just to be clear, we all realize 20 million trees won’t fix climate change. But at the end of the day, 20 million more trees is better than [none]. We want to take action because doing nothing is how we got here,” tweeted Mr. Beast.

Many YouTubers like the Try Guys (6.2 million subscribers), FBE (19.7 million subscribers), Mark Rober (8.83 million subscribers) and Ninja (22.4 million subscribers) are also helping the cause, making it the largest YouTube collaboration of all time. All YouTubers, regardless of their following, are encouraged to make a video with #teamtrees asking viewers to donate. By having countless YouTubers flood the system with #teamtrees videos, the platform’s algorithm makes the hashtag trend.

“I personally haven’t been the most environmentally friendly,” said Mr. Beast. “A lot of you may be of the mindset of the old me, that basically someone else will figure it out, [but] that’s not how it works. We genuinely need all the help we can get.”

Those looking to become part of #teamtrees can visit www.teamtrees.org to learn more and donate.

Above: Mr. Beast’s Video explaining that for every dollar donated a tree will be planted. Photo/Mr. Beast via YouTube.

Above: The Try Guys join the campaign by uploading their own video. Photo/Try Guys via YouTube.

Above: The #TeamTrees website, where people can donate. Photo/ TeamTrees.com.
Hungry customers visiting Kekoa Pokē Bowls & Hawaiian Foodie can expect more than just tasty food. Patrons turn to the restaurant’s environment rather than its menu to find the establishment’s true treat: a multi-cultural experience.

Located at 8177 Glades Road #20 in West Boca Place, Kekoa has become a second home for all who work there, especially the restaurant owners David and Moses Obadia. The father and son duo emigrated from Venezuela to the U.S. in 2014 and arrived in Hollywood before finding their way to Boca Raton last year. Inspired by their mutual love for Hawaiian food, the pair opened Kekoa in March of this year.

“Hawaiian food is very close to us because it has a lot of flavors woven into it,” said Obadia, according to an article published by Sun Sentinel. “A lot of different cultures come together [and] have been accumulated over the years in the Hawaiian culture. We, as immigrants, identify with that diversity of flavors.”

Many Lynn students seem to share stories similar to the Obadia family’s story. There are about 550 international students attending Lynn, accounting for 19 percent of the student body. Many of these students left family and friends in their home country before coming to Lynn, which may seem daunting to some, but not for the likes of Molly Bryans and other international students.

“I think coming here alone without my family [and] friends and knowing no one definitely gives me an advantage in the workplace as I am more cultured and understanding of how and what it feels like to be thrown into a completely new environment,” said Bryans, an international business major in her third and final year at Lynn.

Originally from Auckland, New Zealand, Bryans spent her entire life growing up on the other side of the world before coming to Lynn. However, she quickly adjusted to life away from her friends and family, and South Florida has become her second home.

This is similar to the Obadias’ story and their time in the Hawaiian Islands, where they were able to “experience the aloha spirit firsthand, and it left a lasting impression,” said David Obadia for Sun Sentinel. The Obadias’ connection to this new culture inspired them to eventually create Kekoa.

“I think that being an international student helps a lot in both life and careers,” said Carlo Pezzana, sophomore and sports management major. “It helps you to see the world in different ways, and you come in contact with many languages and cultures.”

Born and raised in Casale Monferrato, a small town in North-West Italy, Pezzana first studied abroad in Australia. Pezzana’s time in Australia opened his mind to the possibility of going to college abroad. Like Bryans, Pezzana may have found a second home at Lynn, but he will not give up his love for Italian food.

Whether it is an international experience similar to Bryans’, Pezzana’s or the Obadia family’s or a simple craving for some delicious Hawaiian cuisine that drives patrons to Kekoa, the restaurant’s doors are open to all Monday through Saturday from noon to 8 p.m.
Every Tuesday and Thursday at 5 p.m. in the Snyder Sanctuary, Professor Mark Luttio guides a meditation and mindfulness session to help students, faculty and staff release anxiety and stress.

Academia and the hustle and bustle of day-to-day campus activities often leaves students, faculty and staff feeling overwhelmed. Luttio’s mindfulness event offers a safe space for people to reflect on the day and release any tension or anxiety. Luttio leads attendees in a guided meditation session meant to clear crowded minds and ease anxious thoughts.

“I believe we live in a very chaotic and stressful world – to say nothing of the stress of being a student. With all the papers and tests and requirements, it gets very busy and stressful on college campuses,” said Luttio as he explained his motivation for hosting and guiding the meditation sessions. “I wanted to create a space where we can put all of that aside and declutter our minds and our spirits, our souls and our bodies.”

More often than not, people, especially college students, are constantly doing something: working on assignments or projects, attending meetings, going to class, working on extracurricular activities – the list goes on. When leading such hectic lives, the importance of reserving time to simply be present in the moment cannot be stressed enough.

“Having the mindfulness program allows me to take time and just be. My week is normally busy, and I am occupied with the day-to-day. However, mindfulness is a time to just be,” said Monique Mahabir, senior.

Lynn students find it helpful and encouraging to have time scheduled exclusively for relaxation and reflection.

“My week is very busy. It is great to take a second [to myself]. It is good to be able to not look at my iPad or my phone and not be listening to a lecture,” said Christy Bosnakis, junior.

The mindfulness program is very helpful for students who want to practice staying in the moment and releasing their stresses and anxieties. For more information about the guided meditation sessions, email Professor Luttio at mluttio@lynn.edu.
By FRANCESCA DE NES
Assistant Editor

Racheal Stern, a junior from San Diego studying social entrepreneurship at the Watson Institute, works to empower underserved women through sustainability and hospitality.

Stern transferred to Lynn in the spring of 2019 after visiting a shoe store in Delray Beach and meeting a woman who spoke highly of the university. Over her spring break, Stern visited Lynn and ended up applying.

During her first semester at Lynn, Stern discovered the Watson Institute, a program that enables students to major in social entrepreneurship, through Assistant Professor Antonella Regueiro, a faculty fellow to the Social Impact Lab. Stern applied and transferred to the Watson Institute, and she began her journey as a Watson Scholar this fall.

“I transferred into Watson [Institute] after transferring into Lynn University because I realized I always had this passion for social impact and wanting to use business for good,” said Stern. “I want to ensure that no matter what field of work I was going into I was incorporating social impact and social change. To me, it was super important that I was able to major in something that I always felt really passionate about.”

Stern is passionate about providing people opportunities that they would not have otherwise. Stern works hard to understand how social enterprise can impact the global community, and Stern aspires to implement her most effective and viable project in the real world.

“My Watson project is empowering and educating underserved women through sustainability and hospitality. I am currently working on a catering company that works with women who are homeless, single mothers, [or] previously incarcerated,” said Stern of her project. “I want to hire them through a training program that we offer and then put them [in] the workforce through our own catering company. The company would teach them how to make and produce meals through sustainable foods made out of a sustainable kitchen.”

Stern is also involved in her sorority Theta Phi Alpha and serves as the academic excellence chair. In this role, Stern ensures her sisters maintain GPAs above the minimum requirement to remain in the sorority and encourages them to do well in their classes.

In addition to her roles in Theta Phi Alpha and the Watson Institute, Stern also serves as secretary for Knights of the Roundtable, Lynn’s student government, and works on Quest Literary Magazine as an editorial assistant.

“I am passionate about social entrepreneurship because I wanted to help other people find what they are passionate about and help provide something long term, not just an interim job that does not give them the finances that they need for themselves or their family,” said Stern. “That’s why I want to be a social entrepreneur and really excel in my field because a lot of people could use an opportunity that will not only allow them to find meaning in their job but to be happy and provide honest income.”

Stern continues to work hard on all of her projects, from her role in student government to serving the community as a Watson Scholar.
FOOD, FUN AND PHILANTHROPY

Founders Day And Day Of Giving Recap

By CLAIRE MCCABE
Advertising Manager

On Nov. 1, Lynn celebrated Founders Day and Day of Giving with food, challenges, rides and new traditions.

Each year on Founders Day, Lynn pays homage to the university’s founding in 1962. This year, Founders Day and Day of Giving, Lynn’s annual 24-hour fundraiser, fell on the same day.

“Founders Day is my favorite day of the year,” said Laura Cozine, sophomore.

President Kevin M. Ross kicked off the day with his address at the Great Beginnings breakfast. At noon, the university unveiled a new Founders Day tradition: three-wheeler races. To celebrate the collaboration between Day of Giving and Founders Day, alumnus Jeff John pledged to donate $2,500 to Day of Giving if seventy-five people participated in the three-wheeler race.

Eighty-eight members of the Lynn community, including President Ross, competed in the race, and John’s donation brought the Day of Giving proceeds up to $42,423.

“It was an honor to beat President Ross and Mr. Boniforti [in the race],” said Reagan Fox, sophomore. “After the first leg, we thought they had it, but thanks to my partner Andrew Dean we were able to pull through and win not just for us but for the student body.”

For the fourth annual Day of Giving, students and staff called Lynn alumni, parents and friends to request donations for the fundraiser. The day raised $51,908 from 282 donors. These donations help Lynn provide scholarship assistance, hands-on learning experiences, classroom technology advancements, new collaborative learning spaces and much more.

An anonymous donor gifted $20,000 to create the Research Symposium Endowment which gives nine students opportunities in social impact, science and sustainability.

In addition to the organized festivities, eight food trucks came to campus to serve up tasty treats like tacos, loaded fries and Greek dishes. Cookies, brownies and a snow cone truck offered refreshments to students, faculty and staff later in the day.

“The whole community comes together and celebrates the history of Lynn,” said Sydney Vezza, sophomore. “It’s my favorite day of the year.”
Above: Members of the Lynn community indulged in free snacks offered on Founders Day. Photo/LU.

Above: KOR members helped staff hand out Founders Day shirts. Photo/LU.

Above: Eighty-eight members of the Lynnhe three-wheeler races. Photo/LU.

Above: President Ross brought the heat for the first Founders Day three-wheeler race. Photo/LU.
With more than 500 international students at Lynn University, diversity and unity play an important role in supporting Lynn’s mission to provide global and personalized education to students. Life as a college student can be difficult, but life as an international student comes with its own set of challenges that not many people know about.

Yara Faquir, sophomore, was born and raised in Maputo, Mozambique. She attended the American International School of Mozambique and moved to Boca Raton after graduating high school to continue her studies at Lynn University. Faquir majors in fashion and retail with a minor in entrepreneurship.

“I’ve been here for a little over a year now, and the feeling of missing home still hasn’t gone away,” said Faquir. “I find myself having to do a lot of different things to distract myself from that feeling of wanting to be with my family.”

For international and domestic students alike, academics and day-to-day life can get overwhelming. Having a positive, healthy outlet for stress is crucial to student success, and Faquir has found that in kickboxing.

“I find myself indulging in different activities that stimulate my mind and as well as my body. I like to sing and draw, but recently I’ve found myself getting into kickboxing,” said Faquir. “When I feel stressed or when I don’t feel okay, I either go workout or I go kickbox. My coach here is very nice and understanding. Kick boxing relaxes me and allows me to just be whilst simultaneously allowing me to release whatever is weighing heavy on me that day.”

According to Mallory Creveling, a freelance writer who regularly contributes to Women’s Health, kickboxing is a huge stress reliever. Many people who kickbox are usually doing it for mental health purposes.

“There’s a physical element of fighting back against things that weigh you down in life,” said Brooke Budke, vice president of marketing for Title Boxing Club International.

Faquir feels empowered when she leaves training.

“Although I do it for the fitness, I also look at it as my therapy, even more when I am away from home,” said Faquir. “I’m fighting for myself when at training and it feels amazing.”

Kick boxing has only recently been introduced to Lynn University, but students who have joined already enjoy the benefits of staying active and relieving stress.
Lynn alumnus Spencer Rubin landed a job with athletics by going outside his comfort zone and pursuing opportunities outside of his major.

Rubin came to college with a passion for aviation, and he planned to pursue his degree via Lynn’s aviation program. Rubin earned his private pilot’s license while pursuing his bachelor’s. Though Rubin is passionate about aviation, he still seeks opportunities and work in other areas of interest, such as videography.

“I feel as if I have learned a lot from the flight program and the academics are really great here,” said Rubin.

During his freshman year, Rubin accompanied his friend to an interview for athletics. Rubin had no idea supporting his friend would help him discover a new passion: creating multimedia content. Rubin was later interviewed and hired by athletics, and he has since broadcast softball, baseball, lacrosse and men’s and women’s basketball.

Recently, Rubin was given the opportunity to create athletic videos using content the department gave him.

“I have a lot of fun expressing stories through videography,” said Rubin.

Rubin combined his love for aviation and videography to secure his job at Commutair, an aerospace company where Rubin works as a recruiter and videographer.

Rubin believes his time at Lynn has given him more than just a degree in aviation, and he encourages students to take risks and pursue opportunities beyond their major or college.
HONORING LYNN’S VETS

Veterans Day Ceremony And Barbecue

By MARISA McGRADY
Editor-in-Chief

On Monday, Nov. 11 at 11:30 a.m., campus will honor Lynn’s veterans with the Veterans Day ceremony in Christine’s Park followed immediately by the Red, White and Blue Barbecue in the Bobby Campbell Dining Commons.

Veterans Day falls on the anniversary of the end of World War I and thanks U.S. veterans and current members of the armed forces for their service. Each year, campus celebrates the veterans in the Lynn community with a ceremony featuring honorary remarks from President Kevin M. Ross. President Ross individually recognizes Lynn’s servicemen and women during this address.

In previous years, the ceremony also gifted each recognized veteran with a white rose dipped in blue paint. Order of the Grail Knights (OGK), Lynn’s secret society, creates the white and blue roses and gives them to members of the community who embody Lynn’s core principles: spirit, service and strength.

For more information on the Veterans Day ceremony and barbecue, visit lynn.edu/events.

Above: President Ross thanks Lynn’s veterans for their service with an honorary ceremony featuring roses and military vehicles. Photo/LU.

Above: Veterans in the Lynn community pose with their white and blue roses from OGK. Photo/LU.
Recently, the U.S. House of Representatives recognized the killing of the Armenians from 1914 to 1923 by the Ottoman Empire as a genocide. This sensitive issue comes amid the deteriorating relations between Turkey and the United States. However, most individuals praise the House for the decision. The resolution passed with 405 votes for and only 11 votes against. “I welcome the House’s passage of H Res 296, which recognizes and condemns the Armenian Genocide of 1915-23,” tweeted former Vice President and Presidential Candidate Joe Biden. “By acknowledging this genocide, we honor the memory of its victims and vow: never again.”

The vote came the same day the Turks celebrated their Independence Day. Many believe the vote only took place as a reaction to the offensive taken by Turkey in Syria. Turkey attacked the Kurds after American troops left Syria, deliberately ignoring the cease-fire.

“A recognition of the Armenian genocide is an open rebuke to Turkey,” said Assistant Professor Antonella Regueiro. “It is important to note that the House also passed a bill calling for sanctions against Turkey shortly after the bill recognizing the genocide. This makes the recognition seem a lot more political than well-meaning in nature.”

The Armenian Genocide has been subject to controversy because of the international definition of genocide. Technically speaking, violent acts against a group of people must include an intent to destroy, in whole or in part, a national, ethnical, racial or religious group to be considered a genocide. Turkish officials argue that there was no systemic attempt to kill the Armenian people, but researchers, historians and, now, the House of Representatives say otherwise.

“Congress should have recognized the Armenian genocide years ago, as there is undeniable proof of its occurrence,” said Regueiro.

It is important to note that only the House of Representatives has acknowledged the genocide at this point, not Congress. The bill must clear the Senate before it can become official.

Even if the Senate never passes the bill, the vote in the House is historic and legitimizes the suffering of generations of Armenian people.
By LOUIS EISENBERG
Head Web Coordinator

Knights of the Roundtable (K.O.R.), Lynn’s student government, acts as the voice of the student body and relays the student body’s concerns and requests to Lynn’s administration.

K.O.R. is composed of six elected e-board members, including a president and vice-president, and the senators. Each college has its own senator, and the senators are responsible for overseeing and executing K.O.R.’s campus projects. Every first Thursday of the month, K.O.R. invites students, faculty and staff to attend open meetings and voice their thoughts and questions.

iPulse staff attended K.O.R.’s most recent open meeting and asked the elected members what issues they are the most passionate about. Here’s what they had to say:

“I think a big thing that K.O.R. should address is student engagement in everything the campus does - whether it’s traditions, things we want to implement to [give] the students more of a community, or people being able to address their concerns [at meetings],” said Council of Presidents Chairwoman Alyssa Tivin.

“What’s most important to me is that all of the students have an equal voice. It’s very important that we ensure all Lynn University [students] come to us with their concerns [and] talk about how they like the school. I feel that every student’s voice is crucial and should equally be addressed,” said K.O.R. Secretary Rachael Stern.

“I think at the end of the day it doesn’t matter what my concerns are - it is most important that we hear the concerns coming from the students. A good representative should put other people’s concerns first. The burden falls on us. I think that’s my biggest concern: making sure we’re getting everyone’s voice heard,” said K.O.R. President Blake Frame.

“A concern that was brought up a while ago was that we don’t have a tradition on campus like a statue where during finals week we can go and pat it on the head and get good luck. [It could be] something like a knight or a sword and shield, something that really symbolizes Lynn, like unity and strength,” said Student Activities Board Director (SAB) Seth Albert.

“Some [student] concerns do get taken up a little higher than others, but that is just a matter of what the issue is. However, every issue that we [are] told about or is brought to our attention, we take into serious consideration [and evaluate] what we can or can’t do with it,” said K.O.R. Public Relations Officer Arianna Spencer.
Ja’dan Johnson from Kingston, Jamaica started a non-profit called Next Gen Creators that teaches 10,000 youths how to code.

“Next Gen Creators was inspired by my own journey being a teenage entrepreneur in Jamaica,” said Johnson, sophomore.

Johnson came to Lynn for the Watson Institute and was nominated to be in the first cohort of Watson scholars. Johnson is pursuing his bachelor’s in social entrepreneurship while working on Next Gen Creators and his other projects.

Johnson and his two business partners Stephan and Nicholas created Next Gen Creators in 2015. The organization was created to provide opportunities to youth in the Caribbean to collaborate, innovate and learn.

“I was frequently frustrated that youth in Jamaica were not being given the opportunity to explore their unique talents and learn 21st century skills,” said Johnson.

Next Gen Creators is one of the leading coding organizations in the Jamaican region.

Next Gen Creators has been featured in countless newspapers and TV segments and won many awards. Next Gen Creators received attention from “Loop Your News Now Jamaica” and Jamaica’s number one daytime talk show “Daytime LIVE!”. National Commercial Bank Jamaica has partnered with them for their program Coders of the Caribbean.

This year, Next Gen Creators focus on bringing their flagship programs such as Hackathon and Coders of the Caribbean to more Caribbean regions. Currently, the organization is working specifically on training software to satisfy the global talent shortage. Johnson is also in the process of designing a CS for all curricula with hopes of bringing computer science to every classroom in the region.

“We played an essential role in ushering in a new generation of talent,” said Johnson.

To learn more about Next Gen Creators go to nextgencreators.com/code, follow @nextgencreators on Instagram or email Johnson at jadan@nextgencreators.com.
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Balancing academics, employment, extracurricular activities and a social life is challenging enough to make any student stressed. At this point in the semester, the looming pressure of preparing for finals makes completing essays and regular assignments even more daunting.

iPulse staff went across campus to ask students “Why is the struggle real this semester?”

“I’m a biology student [and] an RA that likes to go to the gym,” said Jonhansen Morales, sophomore. “Being a biology student alone explains the struggle.”

“I try to be involved around campus while keeping up with my academics,” said Jake Moll, sophomore. “However, the things I am involved in require a lot of my time.”

“Because I’m an upperclassman, I’m now an international commuter student,” said Richi Denton, junior. “Trying to figure out an efficient way to get to and from campus has been stressful [in addition to] the amount of work I have been getting.”

“I have to balance work and the huge load of assignments I have been receiving,” said Evelyn Lembert, senior.

“I have a lot more work to do compared to my previous semesters that I was not expecting,” said Kathleen Garrison, senior.
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Above: Congratulations to Lynn men’s soccer coach John Rootes who was recently named the SSC coach of the year! Photo/LU.
ALSO IN THIS EDITION:

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13 BEDNER’S FRESH FARM

14 INCLUSIVE FASHION

15 TIVIN TRIUMPHS

16 DARLENE SUPERVILLE VISITS LYNN

19 IMPEACHMENT AND THE CONSTITUTION

Above: Darlene Superville, the AP’s senior White House correspondent, visited campus as part of the Dialogue Speaker Series. Photo/LU.

Above: Tickets are available for the B.F.A. in drama’s second production of the year: Anatomy of Gray. Performances are Nov. 20-22. Photo/LU.
SR Education Group recently published their 2020 Best Online Colleges by state ranking, and Lynn ranked ninth in Florida for best online bachelor’s degrees after analyzing manually researched tuition, accreditation and PayScale salary data.

Founded in 2004, SR Education Group is a leading education research publisher. 1,943 online colleges were researched by the company in order to determine the best online schools in the United States. The online college rankings include four national rankings and 47 state rankings.

“In order to be considered for our by-state rankings, schools need to be regionally accredited and offer at least one fully online degree at the bachelor’s level,” said Oliver Li, a representative from SR Education Group. “The rankings were based on an internal formula that takes into account mid-career median salary data from PayScale and manually researched tuition rates in order to recognize schools with a positive return on investment. Tuition data and median salaries were then entered in a [return on investment] formula to determine rank order.”

SR Education Group’s mission is to create authoritative online resources for students seeking an online education program that can best suite their needs in terms of budget and career.

“We know that program costs and return on investment are two objective, important factors to current students,” said Sung Rhee, SR Education Group CEO. “This is why we have spent the past year researching over 1,900 schools to highlight the best online colleges of 2020.”

The 2020 ranking of top ten online colleges in Florida in order are: Florida Institute of Technology, Florida State University, Florida Atlantic University, Nova Southeastern University, Florida International University, Embry-Riddle Aeronautical University Worldwide, University of Central Florida, Adventist University of Health Sciences, Lynn University and St. Petersburg College.

“Lynn University has been ranked as a top-10 online college in Florida for three years now, beginning in our 2018 rankings,” said Li.

For more information on online bachelor’s programs, visit www.guidetoonlineschools.com.
iPic Entertainment, a movie theater company based in Boca Raton, recently filed for Chapter 11 bankruptcy due to missing an interest payment and lacking adequate funds to pay debts.

In the filing, iPic listed more than $290 million in liabilities. In July, iPic missed a $10.1 million interest payment for a loan. The company’s CEO Hamid Hashemi blames their financial problems on construction delays for future movie theaters, which included the opening of the Delray Beach theater in March.

“Delays related to the Delray Beach location resulted in unforeseen costs and a significant slowdown in circuit-wide development and new grand openings,” said Hashemi in a statement. “The decision to commence a Chapter 11 case is necessary to secure the company’s future.”

The company planned to open 25 new locations over the next five years, but the bankruptcy filing has put that plan on hold. Aside from the Boca Raton and Delray Beach locations, iPic operates 123 theaters in 16 different cities across the country. These locations are expected to remain open while the bankruptcy filing is pending.

The bankruptcy process will not conclude for approximately four months. As iPic waits for the bankruptcy process to finish, employees will continue to receive paychecks.

“Our employees are being paid,” said Hashemi in a statement. “As are our vendors and suppliers.”

The theaters in Delray Beach and Boca Raton will remain open for the foreseeable future.
This spring, Lynn students Caroline Saari and Kristian Colato are spearheading a campus-wide campaign to raise awareness about food waste, water conservation and pollution contaminating the butterfly garden.

According to the U.S. Department of Agriculture (USDA), more than one-third of all available food in America goes uneaten because of food waste. Billions of pounds of food waste in landfills generate greenhouse gases that contribute to climate change, and water, labor and energy used to produce, process, transport and store food harms the environment for no reason when food is wasted. Furthermore, food that is currently wasted could help feed families suffering from food insecurity.

Saari and Colato noticed that students, faculty and staff in the dining commons regularly pile food onto their plates but rarely finish all they take. As a result, campus generates a significant amount of food waste.

"Everyone says 'your eyes are bigger than your stomach,'“ said Saari, a psychology major. “It’s true in this case because everyone is wasting food. [People should] only take what they need.”

In addition to wasting food, the introduction of trays to the dining commons increases campus’ water waste because trays require more water to clean than the utensils and china-ware already in use. Saari and Colato hope to combat food and water waste on campus through their composting initiative.

“We’re asking Sodexo for kitchen scraps, scraps from food prep, spare fruits, spare vegetables and bread so we can compost,” said Colato, a political science major. “[Composting] saves food and reduces waste.”

The Environmental Studies Club, the Sustainability Committee and Project Civitas are joining Saari and Colato in their efforts to minimize food and water waste. The organizations and students are also raising awareness about the polluted air surrounding the butterfly garden.

“The butterfly garden is basically dead, and it’s near the smoking tent,” said Colato. “We want [the tent] moved elsewhere on campus so it stops affecting the garden. We hope other organizations on campus, not just ours, will help us upkeep the butterfly garden.”

Saari and Colato plan to soft launch their campaign during Lynn’s January term, and the campaign’s official launch will take place on April 22, 2020 – Earth Day.

“We’re in charge of tending to this earth,” said Colato. “We live here, so we have to do our part.”

For more information on the campaign, contact Saari at CSaari@email.lynn.edu and Colato at kcolato@email.lynn.edu.
Lynn alumnus Rikki Soumpholphakdy began a career at ESPN on Oct. 7, 2019 as a digital video and social associate.

Originally from New Britain, Conn., Soumpholphakdy transferred to Lynn in 2015 and graduated in 2017 with a B.A. in multimedia journalism. This year, Soumpholphakdy received his M.S. in communication and media studies and practices.

“I was always an athlete growing up, but I knew if I couldn’t be a pro, I’d put my passion into sports media,” said Soumpholphakdy. “I knew by the 7th grade when I took a class that was geared towards making cool videos with Windows Movie Maker, I’d want to be involved in sports media.”

Soumpholphakdy was sent to work at ESPN headquarters in Bristol, Conn., which is just a short drive from his hometown. Soumpholphakdy’s role as a digital video and social associate is to curate video content for all digital platforms. This would include video content on ESPN’s website, app or YouTube channel that he and his team publish daily.

Prior to this, Soumpholphakdy spent time working at NBC Sports and a local radio station in Hartford, Conn. During his free time, Soumpholphakdy went to championship boxing matches in the area to create video, photo and blog content. Soumpholphakdy mentions how boxing has always been his niche within the sports world.

“I think what I benefited from the most was the NBC Sports position I was in and everything I learned in undergrad while attending Lynn,” said Soumpholphakdy. “I networked and made professional relationships in both of those jobs so when I went for the big one, I’d have references.”

Soumpholphakdy explained the importance of his competitiveness throughout the hiring process. Soumpholphakdy did this by reaching out to managers and recruiters of ESPN on LinkedIn, constantly looking for new openings and finally landing an interview. Soumpholphakdy credited his professors at Lynn for giving him the knowledge and skill-set needed for his career at ESPN today.

“Professor [Stefanie] Powers molded me in terms of the editorial aspect, while Professor [Mark] Cone helped me grasp graphic design,” said Soumpholphakdy. “Professor [John] Bennardo helped me master video production. I took all of these things and applied it to my overall skill set.”

Soumpholphakdy considers his position at ESPN his dream job, but is still looking to reach new goals. In the future, Soumpholphakdy hopes to specifically work on boxing content at ESPN.

Above: Soumpholphakdy used his experience with athletics as inspiration for his digital and social content. Photo/R. Soumpholphakdy.
Oakland Park’s Project Rock Offers Fun Way To Stay Fit

By HAYLEY WESTBROOK
Staff Writer

With the holiday season fast approaching, fitness and exercise find their place firmly below obligations such as planning the next family gathering and locating the nearest turkey distributor. However, Oakland Park rock climbing gym, Project Rock, offers a fun alternative to keeping fit this fall.

“I heard about Project Rock through the Florida climbing community and was stunned by the care and scope of the facility upon attending their opening day event,” said Joseph Ferrarone, climber of 8 years and prior head-coach for the gym’s competitive youth climbing program.

The gym boasts a whopping 18,000 square feet of climbing space, featuring 80 climbing lanes, over 125 routes, more than 10,000 holds and walls scaling 40 to 60 feet high. These walls offer both top-roping and lead climbing, and some were hand-sculpted to create the feel, texture and features of iconic outdoor climbing locations, truly living up to their motto of “bringing outdoor climbing indoors.”

In addition to this, the gym also offers a whole wall for bouldering; shorter walls that are climbed without the use of ropes or harnesses.

“The community there is very active and welcoming,” said Ferrarone. “It feels very warm and everyone goes out of their way to be friendly to everyone.”

Upon visiting the gym, it’s easy to come to realizations similar to that of Ferrarone. Lots of visitors have found a second home at Project Rock, using it as a social hub to meet new friends and catch up with old ones between scaling the walls. Regardless of whether someone is an experienced climber or looking to learn the ropes, everyone is welcome.

“Endless events and activities hosted at Project Rock helps that sense of community,” said Ferrarone, “it’s never a dull time!”

Project Rock offers many repeat events, such as the weekly yoga classes ($10) on Mondays from 8-9p.m and bi-weekly lead climbing classes on Wednesdays from 7-9:45p.m. Also available are unique or holiday specific events such as the costume contest held this past Halloween, and the tie-dye fashion show, where participants dyed Project Rock t-shirts and showcased their creations in a fashion show. Also, a great promotion that targets Lynn students, is the gym’s monthly college night, where anyone with a school ID, can come after 7pm to get 50% off to climb for the rest of the night.

If the upcoming holidays bring a sense of demotivation to stay active or boredom sets in as friends travel back to visit family, visit 3580 N Andrews Avenue, Oakland Park, as Project Rock welcomes one and all for a time that will well and truly rock.
Above: Marc Landau (left) and Jeffrey Echeverry (right), opened ProjectRock back in December of 2017. Photo/@projectrockclimbing via Instagram.

Above: Climbers have the option to scale the bouldering walls without the use of ropes or harnesses. Photo/@projectrockclimbing via Instagram.

Above: Seasoned climber and coach Ferrarone leads a personal training course. Photo/@projectrockclimbing via Instagram.
Former Lynn women’s golfer Krissy Ortiz continues to represent Lynn at the highest level as one of the top nine finalists for the NCAA Woman of the Year award.

Ortiz had a stellar career at Lynn. During her four years as a fighting knight, Ortiz competed in every golf tournament on the teams’ schedule.

The Puerto Rican native collected WGCA All-American Scholar Accolades her freshman and senior year, and Ortiz closed out her career by being named a second team all-American, first team all-South region and a Sunshine State Conference (SSC) second team all-conference.

Ortiz led the Fighting Knights to a conference and regional championship in her final season.

“If you do find that one thing that makes you successful, use it, be consistent with it,” said Ortiz. “Routine equals consistency, and consistency equals success."

As much as Ortiz grew as a player during her time at Lynn, she also grew as a person. Always sporting a smile and offering a kind word, Ortiz left a lasting impact on the Lynn community.

Ortiz served on Lynn’s Student-Athlete Advisory Committee, Lynn’s Athletic Council, the NCAA Committee on Sportsmanship and Ethical Conduct, the Division II Management Council and acted as a national representative for the entire SSC.

“I am grateful for all the experiences and cultures that I have been able to experience at Lynn and in the Sunshine State Conference,” said Ortiz.

Every other Tuesday night, even after a long day of practice, class and workouts, Ortiz would make time to visit Stratford Court of Boca Pointe, a local retirement home. Not only did Ortiz give back to community by playing Bingo with the retirees, but Ortiz also inspired fellow student-athletes to follow her lead.

“I started volunteering at the nursing home because I wanted to bring a smile to their faces. I wanted to see them be happy. Within a month of going, I realized that they were the ones bringing joy to me,” said Ortiz.

After completing her studies at Lynn, Ortiz accepted a graduate assistant position at Georgian Court University in New Jersey and continues to make a positive impact in the lives of student-athletes.
Above: Ortiz graduated from Lynn last May and accepted a graduate assistant position at Georgian Court University. Photo/@thekrissyortiz via Instagram.

Above: Ortiz on the green raising her hand for a fist-bump with Lynn Head Coach Marcelo Huarte. Photo/LU.

Above: Ortiz and the other members of the Lynn women’s golf team after winning the Conference Championship in April 2019. Photo/LU.
Lynn University’s recycling rates have improved from 12 percent at the end of the 2018 academic year to 23 percent in Feb. 2019, surpassing Lynn’s Sustainability Committee’s goal of 15 percent.

Two sustainability committees exist on campus: one committee includes faculty and staff, and one committee includes students. Both committees work to make Lynn a more sustainable campus and community. The committees implement sustainable policies, teach the community how to be more sustainable and make campus as green as possible.

Each committee has unique, individual goals and events, but the committees come together to tackle big issues on campus. Both committees benefit from working together because they get feedback from students, faculty and staff alike, optimizing the impact of the committees’ education and outreach efforts.

“One of the biggest issues we see here on campus is contamination in our recycling bins. Contamination is caused when something that can’t be recycled is thrown into the recycling bin. The biggest mistaken item seen is coffee cups,” said Zach Minich, the assistant project manager in the department of construction and sustainability. “The tricky part about this is that even items like plastic bottles and aluminum cans can contaminate the bin if they still have liquid in them. Unfortunately, when the bin is contaminated nothing gets recycled.”

After recognizing this issue, the Lynn sustainability team spent last academic year pushing recycling education in the community through events, recycling games, and digital media in the University Center and Residence Halls. This huge push in community education led to a large increase in recycling.

“As a student led organization on campus, [the student sustainability committee] encourages people to participate in events that create awareness,” said Shasmy C. Daly, sophomore. “Our main goal is to make sure students not only know but also apply the 3 r’s - reduce, reuse, recycle - on a daily basis. [We want to] make sure students don’t lose sight of what is important: our world.”

Nicole Sheaks, a senior studying environmental science, wrote her capstone paper on the behaviors and knowledge of Lynn University members in a recycling survey. The purpose of her study was to observe and test people’s knowledge and behavior regarding recycling. Sheaks aspires to improve the recycling rate on campus.

One-hundred and twenty-nine people participated in Sheaks’ study: one-hundred and twenty students, six faculty members and three staff members. Sheaks discovered that an alarming rate of students do not know what can or cannot be recycled.

“My professor Dr. Lecher made me aware of the low recycling rate on campus. I thought it would be a good idea to investigate the knowledge and behaviors of Lynn University students, faculty and staff to see what areas could use improvement to increase the recycling rate,” said Sheaks.

The sustainability committees will continue their recycling education efforts and start working with other organizations and departments on campus to reach students. It is important to teach students not only how to recycle properly but also how to live a holistically sustainable life.

Above: Members of the student-led sustainability committee lead by example and clean up local waste, Photo/S. Daly.
Bedner’s Farm Fresh Market offers year-round farming advice and field trips for people shopping at the market.

Bedner’s Farm Fresh Market was created by Arthur Bedner and his wife after they moved from Pennsylvania to South Florida. The farm was established in 1960 and is currently operated by Bedner’s three sons. The farm produces fruits, vegetables and pepper crops that are sold and distributed along the East Coast of the United States.

Bedner’s Farm Fresh Market also offers tips on picking and storing strawberries. Bedner’s recommends only picking bright red berries. They also suggest placing berries in the shade after they have been picked to preserve flavor.

“I visited the location for the first time with my family and I loved it,” said Nadia Cedillo, customer. “You can pick your own strawberries, peppers and tomatoes.”

In addition to picking personal produce, Bedner’s also offers tractor rides. These rides allow customers to learn about different farming operations and management practices and give customers the opportunity to examine South Florida’s natural landscapes.

“My class took a field trip there,” said Adriel Genao, fourth grade student. “We learned a lot about nature. I want to go to Bedner’s every day.”

Bedner’s Farm Fresh Market in Boynton Beach is open Monday through Saturday from 9 a.m. until 6 p.m. and Sunday from 10 a.m. until 5 p.m. The Delray Beach location is open Monday through Saturday from 9 a.m. until 8 p.m. and Sunday from 10 a.m. until 8 p.m.

For more information on Bedner’s Farm Fresh Market, visit www.bedners.com.

Above: Bedner’s offers fun for the whole family with tractor rides, produce picking, farming tips and more. Photo/www.bedners.com.
A month after New York Fashion Week, another fashion show recently featured young models from all walks of life – Gigi’s Playhouse Fashion Show. Gigi’s Playhouse is a national education and achievement center that aspires to encourage young people with Down Syndrome to be more engaged in their life. Gigi’s Playhouse Fashion Show provides an opportunity for young people with Down Syndrome to walk the runway in designer brand clothing. Models for the show receive personalized styling and coaching from the glam team.

“I think it’s clear from all of the models that it was a wild success, and it kind of blends the two intersections of my life, which are philanthropy and fashion,” said Eileen McClary, associate for Gigi’s Playhouse’s New York chapter and director of the fashion show, to the Associated Press (AP).

Models sported many different styles, with clothing items ranging from leather jackets to peach-colored tutus. One woman wore a T-shirt that read ‘Go Love Yourself.’ The crowd applauded as each individual strutted down the isle.

“It was really fun,” said model Laura Lyle to the AP. “I loved walking down [and] showing everybody the outfits, and I feel like we’re making a difference.”

An after party followed the show to fundraise for Gigi’s Playhouse’s initiatives. Without the helping hands from volunteers, Bloomingdale’s staff and those working the center, the show would not have been a success.

At the end of the show, McClary told the AP News, “It just shows the power and involvement of this (Down Syndrome) community, and I can’t wait to do more things with them. To me, it’s one of the most inspiring things that you could ever be a part of... All of these models are some of the happiest people I’ve ever come in contact with. And if you ever want to feel joy like I think this entire store felt tonight, you can be a part of this.”

Above: During the fashion show, one model wore a shirt that encouraged others to love themselves. Photo/Associated Press.
SOPHOMORE HELPS SENIORS

By FRANCESCA DE NES
Assistant Editor

Alyssa Tivin, a sophomore in Lynn University’s Watson Institute program, works to create an establishment for senior citizens that is economically viable and treats patients and their families with dignity and respect.

Tivin came to Florida in 2018 from New York to study event management at Lynn. She liked the personal aspect of the university and the fact that she was closer to her grandmother in Florida.

“Lynn University was the most personal school I visited. The parking spot even had my name on it! I clicked with my awesome admissions counselor Justin, and the sky was the limit from there,” said Tivin. “I had the privilege of being closer and taking care of my grandma.”

Tivin has always been part of the Social Impact Lab, and she currently serves as secretary for the Student Impact Leadership Organization (SILO). Tivin also works as Chair Council of Presidents for Knights of the Round Table (KOR). However, shortly after the death of her grandmother, Tivin transferred into the Watson Institute to pursue a career in social entrepreneurship with a focus on elder care.

“I transferred to Watson because of the culture. I was surrounded by people with similar mindsets wanting to create a social impact. My journey started in the Social Impact Lab, and I was not planning on joining Watson,” said Tivin. “After an idea clicked of creating my own establishment for senior citizens, the decision to join the Watson community made more sense to me. Andrew [Lippi] from the team is awesome!”

Tivin’s is also part of the UN Millennium Fellowship, a semester long project where students focus on one of the 14 United Nations Sustainable Development Goals (SDG). Tivin focuses on the third SDG: international health and wellbeing.

Furthering her work with sustainability, Tivin was recently selected to go to Opportunity Collaboration, a week-long networking event in Cancun, Mexico to discuss solutions to global issues. At Opportunity Collaboration, Tivin made many meaningful connections that helped her envision her plan to help the elderly.

“I am so passionate about Social Entrepreneurship because I have seen the impact it can make firsthand. The individuals and organizations I have met shift my perspective on a day to day basis. Working along side Jerry Hildebrand has been life changing,” said Tivin. “He is an incredible mentor who supports me in everything I do. Having him and seeing the relationships he created with social enterprises drives my passion even further.”


Above: Tivin’s family motivates her to continue working to empower and positively impact senior citizens. Photo/A. Tivin.
The Associated Press’ Senior White House Correspondent Darlene Superville visited Lynn’s campus to discuss her career and her thoughts on journalism in the current political climate.

The Associated Press (AP), a not-for-profit news cooperative, stations teams in over 100 countries to research and report breaking news. Superville began her career with the AP in 1988 as a newswoman in Newark, N.J. after graduating from New York University with a B.A. in journalism.

“I went to NYU, studied journalism there, and then interned with the AP,” said Superville. “I spent about six years in N.J. and then eventually transferred to Washington.”

Superville reports on historic political events such as presidential candidates, campaigns and administrations. Superville covered the 1996 presidential campaign and supervised the AP’s national political desk during the 2000, 2004, 2008 and 2012 presidential campaigns.

“I did a number of beats in Washington and eventually ended up working on the politics desk for four presidential elections,” said Superville. “After Obama was elected, I decided that maybe I’d like to go to the White House. Our bureau chief at the time always asked the staff what they wanted to do. I said I wanted to go to the White House. He took that under consideration and eventually said, ‘Okay, yes. We want you to go to the White House.’”

From 2009 until 2017, Superville worked collaboratively as a member of the AP’s five-person team assigned to the Obama presidency and served as the AP’s chief reporter covering former First Lady Michelle Obama. Superville and seven others currently cover the Trump presidency for the AP. As a reporter with the unique experience of covering the Obama presidency and the Trump presidency, Superville described the differences between the administrations.

“One of the big differences between the Obama administration and the Trump administration is the tweeting. We’re all always looking at Twitter because [President Trump] could tweet anything at any time of day. He announces policy on Twitter, personnel appointments or dismissals. Before, those kinds of things happened at a White House briefing,” said Superville.

“The level of turnover is a lot higher than the previous administration. Just look at the Department of Homeland Security. They’re now on their fifth DHS Secretary, and President Trump hasn’t even finished his third year in office.”

Superville spoke with two students from iPulse, Lynn’s student newspaper, and a representative from Palm Beach Post before taking to the stage for her official appearance with Dr. Robert Watson, distinguished professor of American history. Superville shared her thoughts and hopes regarding the continued rise in tension and animosity between some political parties and the press.

“There certainly are people who are trying to undermine the news industry. I think some conservative voters are taking their cues from conservative voices,” said Superville. “There are some lawmakers and leaders around the world who have started to adopt the ‘fake news’ mantra. It is spreading, but I’m of the mind that at some point it will turn around, and people who, today, see some journalists as ‘fake news’ will realize the value of independent journalism.”

At approximately 12 p.m., Superville joined Dr. Watson on stage. Members of the Boca Raton and Lynn communities sat mesmerized as Superville described flying with Air Force One and traveling around the world to report on the First Family. Recently, Superville accompanied Ivanka Trump to Morocco in exchange for a twenty minute interview in which Ivanka stated her opinion on the impeachment inquiry.

“Her basic answer [on impeachment] was that she thinks it’s just another attempt by Democrats to overturn the election. Then we moved on to the impeachment inquiry and the whistleblower,” said Superville. “Under law, [the whistleblower] is supposed to remain anonymous and protected. I asked [Ivanka] if she wanted to know who the whistleblower is. She said she did not think the identity of the whistleblower is as important as knowing the whistleblower’s motivation, knowing why they did what they did.”

Superville and Dr. Watson concluded the interview and invited select members of the audience to join them in a ‘Q & A’ style reception. During the reception, Superville encouraged journalism students to work hard and remember their purpose during this politically tumultuous time.

“It’s hard to hear yourself be called ‘fake’ and ‘an enemy of the people,’ but at the same time you have to keep in mind that you have a job to do,” said Superville. “I keep my focus on the reporting and the stories and try to get it right. It’s our responsibility and obligation to continue to try and ask questions.”
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Across the country, news anchors of all political ideologies are covering the same topic – the impeachment inquiry. Impeachment as a process adheres to strict legal parameters set forth by the Constitution. Regardless of political party association, understanding how impeachment works and the history behind it will help clarify some of the convoluted news coverage taking place now. This article puts politics aside and explains the actual mechanism in place to remove a sitting president.

The term impeachment is commonly used to describe the process of removing an official from office, but the term actually refers only to the filing of formal charges. According to Article 2 section 4 of the Constitution, “The President, Vice President and all civil officers of the United States, shall be removed from Office on Impeachment for, and Conviction of, Treason, Bribery, or other high Crimes and Misdemeanors.”

The message to take from Article 2 Section 4 is that any crime could lead to an impeachment charge, whether it is something as small as a misdemeanor or something as profound as treason. However, as with any charge filed, the president is entitled to due process. Impeachment is just the first step; a conviction by trial in the Senate is required for the removal of a president.

From start to finish, below is an account of the process of impeachment.

According to Article 1 section 2 of the Constitution, the House of Representatives “shall have the sole Power of Impeachment.” Basically, the House of Representatives is the only branch of the government that can bring impeachment charges against the president. If the House brings impeachment charges against a president, those charges then move to a trial held by the Senate.

As stated in Article 2 section 3 of the Constitution, “the Senate shall have the sole Power to try all Impeachments. When sitting for that Purpose, [the Senate] shall be on Oath or Affirmation. When the President of the United States is tried, the Chief Justice shall preside, and no Person shall be convicted without the Concurrence of two thirds Members present.”

Think of an impeachment trial as a criminal trial. The House of Representatives brings charges against the president, the Senate tries the president based on the House’s charges and the Chief Justice of the Supreme Court acts as the judge. Unlike regular criminal trials, an impeachment trial only requires two thirds of the jurors (senators) present to vote guilty to convict the president.

Some may be concerned by the lack of consensus among jurors to convict the president. However, regular criminal trials only have twelve jurors, but an impeachment trial’s jury could have up to one hundred senators present, ensuring the requirement for conviction remains high.

After the jury reaches a decision, the president either remains in office or is removed. If the senate convicts the president, the president could still be charged for any criminal offenses committed while in office in a civilian criminal court.
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