iPulse
THE DAILY HEARTBEAT OF LYNN UNIVERSITY

BIO EDITION

iPulse is back and better than ever
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A WELCOME BACK FROM iPULSE

iPulse Is Back in Action With A New Style

The Editors-in-Chief Roll Out Their New Vision For The Term

By CALVIN JORDAN & ADRIANNA MATAMOROS
Editors-in-Chief

Over the past few years, iPulse has grown into a full-service news operation spanning several differing forms of media for our audiences. This term, the newest generation of editorial staff have every intention of continuing the tradition of excellence—starting with a new list of updates, improvements and innovations for the Lynn community.

This year, iPulse has welcomed Esther Mendoza as its new graphic editor. In this role, Mendoza has been instrumental in helping design the print publication distributed. The new print layout is more modern looking, features new article dimensions, and will host a series of columns to be launched in the coming weeks of the semester. In addition, the back cover of the iPulse will now maintain current athletics information as well as a small event calendar.

Chris Daniels, our video producer of three terms, will continue to head the broadcast division with new shows to be aired twice per week, on Tuesdays and Thursdays. These broadcast episodes will be significantly longer in length than previous versions of our productions and will feature a multitude of live, pre-recorded and on-location segments packaged into a formal newscast.

Both our news articles as well as some of the broadcast segments will also be posted to the news website—lynnipulse.org—and further distributed via social media under the direction of Adam Yurkiewitz, the new Tech Editor, and Erin Soza, the returning Web Editor. Grace Anne Trumpfeller, Managing Editor, will oversee a new team of copy support staff including assistant editors Brian Martin, Kaitlyn Frame and Paige Ellenson. In this capacity, the team of editors will work to ensure that our content is up-to-date, relevant and accurate at all times.

Of course, all of our work would not be possible without a new set of staff writers that are already working to dig up the stories that people want to read. While there is much more to be said about what is to come from iPulse’s ambitions for the academic year, readers and viewers will have to stay tuned in order to keep up with the rapidly growing news center.

In order to catch everything published, audiences should be sure to follow iPulse on Twitter, Facebook and Instagram. On social media, print pieces and video segments as well as daily updates about the community at large will be shared in order to keep everyone aware of the news going on in their own back yard. Readers should remember if they have news to share, we are always more than happy to help get it out to the public.

From your serving Editors-in-Chief, iPulse wishes everyone a safe and productive semester filled with newsworthy stories to share.
MEET THE EDITORIAL STAFF

CALVIN JORDAN
Editor-In-Chief

Calvin Jordan is a senior studying advertising and public relations with a minor in marketing. A military kid, he does not claim a hometown, rather choosing to claim the entire US. He has previously served iPulse as an assistant editor as well as managing editor before rising to the current title of editor-in-chief. In this role, Jordan has overseen staff operations for two terms while still writing stories of his own. The editor enjoys writing about politics, ethics, education and occasionally entertainment, though he has recently begun writing more about business as a result of his position as a freelance writer for the Palm Beach Post. In his free time (if he ever has any), Jordan enjoys running, performing music and learning languages. At the moment, he speaks conversational German and intends to learn Spanish before graduation.

ADRIANNA MATAMOROS
Editor-In-Chief

Adrianna Matamoros is a third year-transfer student pursuing a degree in multimedia journalism. Her curiosity regarding the world and her passion has lead her to explore all mediums of journalism; she has written for fashion magazines, published work for online blogs, hosted local television programs and offered her talents to NBC Universal and NBC 6 South Florida. Aside from her ambitions in journalism, she has a deep love for film, literature, activism, fashion and the arts and strives to achieve a career that satisfies each one of these passions. Adrianna aspires to take her storytelling ambitions to New York City, and is committed to living presently everyday, learning as much as she can and working toward something greater than herself.

GRACEANNE TRUMPFELLER
Managing Editor

GraceAnne Trumpfeller is a senior majoring in multimedia journalism with a minor in advertising and public relations. Eager to get involved with her college newspaper, she began as a copy editor of iPulse her freshman year. Throughout her time at Lynn, she has been published by The Huffington Post and is currently a contributing writer at The Palm Beach Post. Intrigued by the ubiquity of digital media, Trumpfeller has honed her set of skills to include both audio and video editing softwares. With an interest in the creative aspect of public relations, Trumpfeller aims to help companies reach their target audience by using unique and fresh concepts. She currently acts as the creative director of Pulse Agency, Lynn's student-run public relations agency.
ADAM YURKIEWITZ
Tech Editor

Adam Yurkiewitz, a junior studying communications and emerging media is the current tech editor for iPulse. When not working for the publication, he enjoys helping faculty, staff and students as a student worker in Lynn's Information Technology department. Yurkiewitz has previously worked with other organizations to help them boost their online presence and spread awareness about products, services and news. If interested in spreading the word about a new technology not on campus, just let him know. Yurkiewitz will be helping with "How To" guides. He is open to questions, comments and suggestions with anything pertaining to iPulse and the social media platforms used.

BRIAN MARTIN
Assistant Editor

Having been a member of iPulse since his freshman year, Brian Martin has a lot to be proud of. Martin has made the President's Honors Society in addition to maintaining his status on the Dean's List. He hopes this semester will give him more opportunities to flourish as a writer. He hopes to become more actively involved with iPulse. When he is not working, his guilty pleasures include reading comics and playing video games.

KAITLYN FRAME
Assistant Editor

Kaitlyn Frame is a sophomore in Lynn's accelerated degree program majoring in multimedia journalism. While enrolled in her Journalism I course, Frame gained editorial experience and enjoyed writing about entertainment. Outside of school, she enjoys reading, traveling, participating in musical theatre and playing instruments. Frame hopes to eventually work for Rolling Stone magazine.

PAIGE ELLENSON
Assistant Editor

Paige Ellenson is a sophomore majoring in multimedia journalism. Ellenson enjoys writing about entertainment, politics and education; she has made a documentary that explored the dangers of drinking and driving, as well as an anti-bullying music video which has been featured on local news. Ellenson also hopes to pursue her dreams of becoming an entertainment news reporter for E! News, Extra or the Today Show.
MEET THE CREATIVE STAFF

ESTHER MENDOZA
Graphics Editor

Esther Mendoza is a senior majoring in digital art and design. In high school, Mendoza was cover story editor for her school’s newspaper The Muse for two years, which lead to her winning two Palm Beach Post awards for Excellence in High School Journalism in 2014; second place in News Writing and second place in Features Writing. Although journalism is a passion of hers, she is spending her time on the iPulse exploring the more artistic side of the newsroom, merging her love of journalism and graphic design. This will be her second semester on the staff, and her first as an editor. After graduating, Mendoza hopes to find a job at a design firm, and one day aspires to become a freelance designer.

KELLI CARROLL
Graphic Support

Kelli Carroll is a sophomore currently studying digital art and design with hopes of becoming a graphic designer. This is her first year working with iPulse but spent the summer as a writer and editor for The Odyssey Online. In her free time she enjoys painting, drawing and writing. With a special interest in writing and graphics she is excited to get more involved with iPulse over the next two years.

PAIGE STEGEMAN
Graphic Support

Paige Stegeman is a Digital Art and Design major and a Photography minor. Her dream job is to work at Pixar Animation Studios. Her interests include painting, going to the beach, hanging with friends and traveling. In her free time she works at Publix at the Delray Market Place as a bagger and cashier. Her dream is to live in California and work for an animation company as an animator.

ERIN SOZA
Web Editor

Erin Soza is a senior studying in the 3.0 program and majoring in advertising and public relations. Originally from Managua, Nicaragua, Soza moved to the United States to pursue her career and her love for the arts. Before coming to Florida, she was a jaz, salsa, and belly dancer in Nicaragua. Her love for art started at the age of eight, prompting her to begin dancing. Later on, Soza developed an interest in graphic design and it has grown into a helpful skill that she has continued to grow at Lynn. She has been part of the iPulse family as a web editor for two years now. Soza describes herself as a “creative mind,” and after graduation plans earn her master’s degree in graphic design to hopefully get a job at an advertising agency.
CHRIS DANIELS
Producer

Christopher Daniels is a multimedia journalism major from York, Pennsylvania. When not writing, or shooting video for iPulse, he can be found acting in the theater program. His career aspiration is to one-day work for IGN.

BRIAN THIBAULT
Graphic Support - Video

Brian Thibault is a senior studying digital art and design. Thibault comes from the town of Ft. Myers Beach, Fla. and has played on both of the soccer and lacrosse at Lynn. Thibault loves playing soccer, surfing and having fun.

SALIM AL BATRANI
Video Support

Salim Al Batrani is originally from Oman. Throughout his two semesters on the iPulse broadcast team, he has gained experience to use toward a career in the field of communications.

MAHMOOD AL ABRI
Video Support

Mahmood Al Abri is an audio technician hailing from Sultan Qaboos University in Oman currently working toward a degree in film and television. He hopes to pursue a career as a video director.

GRACE GOODENOUGH
Video Support

Grace Goodenough is a student in Lynn's 3.0 program studying film and television. She is passionate about production and has won several national awards; her dream is to become a producer for NBC.

ALEC HERNANDEZ
Video Support

Alec Hernandez is a freshman multimedia journalism major. After working for a production company in NYC, he decided to come to Lynn to further his education. He plans on working in documentary filmmaking and broadcast in the future.

HAMED AL KHANJARI
Video Support

Hamed Al Khanjari is a transfer student, originally from Sultanat of Oman. He majors in film and television. He holds a diploma in Applied Science Technology and hopes he can share his new experience in a way that will benefit his country.
MEET THE STAFF WRITERS

VICKY ELHELBAWI
Copy Support

Vicky Elhelbawi is a senior from Long Island, New York. She is studying communications and emerging media, and has previously gained journalism experience through working with iPulse last academic year.

SYDNEY LEPSELTER
Copy Support

Sydney Lepselter is in her second year of the 3.0 program. She is a multimedia journalism major and a PR minor. She is a believer in the idea that "if you love what you do, you never work a day in your life."

MICHELLE VARON
Copy Support

Michelle Varon is a senior studying fashion; she finds herself interested in many things, but knows that fashion is her one true passion. Eager to learn, Varon cannot wait to see what this experience will lead her to.

CHRISTINA DIABO
Athletics

Christina Diabo, senior, can often be found interviewing the Lynn community. Through her work with iPulse, Diabo earned an internship with The Palm Beach Post. In the future, she hopes to work for the Golf Channel.

DARPAN SHAH
News

Darpan Shah is studying communication and emerging media with a specialization in film and television. His love for quirky indie films has inspired Shah to pursue a career in writing for a film-centric website.

DOMINIQUE MARGHELLA
University News

Dominique Marghella is a senior studying advertising and public relations with a minor in multimedia design. She found her love for PR in her first year, and hopes to use what she has learned to work with iPulse this term.
### ELIAS BUSTAMANTE
**Spanish / Around Boca**

Elias Bustamante is a junior studying multimedia journalism who enjoys reporting on entertainment, world news and food. Bustamante also enjoys writing about sports because of his passion for soccer.

### GABRIELLA NICOLIA
**Health & Fitness**

Gabriella Nicolia is a New Yorker in her junior year. She is interested in landscape design and hardscape architecture. She also enjoys staying physically active and spending time with her family.

### DANIELLE PASCHALL
**How To / Athletics**

Danielle Paschall is a senior communications and emerging media major, with a minor in criminology. Paschall has a love for psychology, particularly relationship development. Through iPulse, she hopes to develop stronger writing skills.

### IAN MAGNAN
**"Mags Presents..."**

Ian Magnan is a junior studying advertising and public relations. Born in Pine Falls, Manitoba, Canada, Magnan found his way to Lynn by way of a lacrosse scholarship. He is often referred to as "one tough moose."

### JACQUELINE SULLIVAN
**Politics**

Jacqueline Sullivan is a senior studying film and television. Originally from South Boston, Sullivan developed a love for the movies when watching films being made in her hometown such as Good Will Hunting.

### MAC STARNES
**Entertainment**

Mac Starnes is a junior studying multimedia journalism. He aspires to be a music photojournalist and wants to serve as a photographer for musicians. He has also worked at the Vans' Warped Tour for several years.
MEET THE STAFF WRITERS

LAURA GARRIDO
Columnist

Laura Garrido is from Cali, Colombia. She is currently pursuing a degree in multimedia journalism with a minor in communications and emerging media. She enjoys musical theatre and often performs with Lynn’s drama program.

LEA HIMPENS
Politics

Lea Himpens is a second-year student studying public relations. She was born and raised in Paris, France until moving in 2014. She discovered an interest in communications at Lynn, and has enjoyed it since.

LUCAS TUCHMAN
Around Campus

Lucas Tuchman is a junior digital art and design major. His love for photography began in high school and his career goal is to become a professional photographer in the Fashion & Swimwear industry.

ANTHONY PRIMAVERA
News

Anthony Primavera is a sophomore film major. He is originally from South Florida and aspires to become a film director and writer. On his free time he enjoys to watch movies, paint and listen to music.

MATT WEITZ
Sports

Born in Atlanta, Ga., Matt Weitz aspires to become a sports journalist. Though he originally studied at the University of Alabama, he transferred to Lynn where he continues to support athletics from both institutions.

MAX MIZELE
Student Profiles

Max Mizell is a senior majoring in multimedia design. His interests include being imaginative and enjoying thoughtful conversation. Like many other students, he also is interested in getting enough sleep.
NICHOLAS ABAD
Flashback Films / Photo

Born in Bogota, Colombia and raised in Miami, Nicholas Abad is familiar with the Latin markets. He is passionate about advertising and has interned at AeroThrust, an airplane turbine distribution company.

CHARLOTTE HANSEN
Advice / Photography

Charlotte Hansen is a sophomore studying multimedia journalism with a minor in education. She has a love of photography and when not taking pictures, she is writing with the Graphic Novel Club or listening to The Phantom of the Opera.

CAROLINE DUERR
Food & Dining

Caroline Duerr is a senior majoring in advertising and public relations. She aspires to work for a PR agency within the entertainment industry. Born and raised in New Jersey, her interests include reading, writing and traveling.

VINCENT SHKRELI
News

Vincent Shkreli is majoring in film and television and minoring in political science. He has written and directed two feature films, a collection of shorter films, and several mockumentaries.

RIKKI SOUMPHOLPHAKDY
Sports

Rikki Soumpholphakdy is a senior majoring in multimedia journalism. He hopes his connections with Lynn athletics and his talents as a writer will allow him to contribute a lot to iPulse while helping him grow as a journalist.
## ATHLETICS

### WOMEN'S NEXT GAME

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<td>St. Leo</td>
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### MEN'S NEXT GAME

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<tbody>
<tr>
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<td>Florida Tech</td>
<td>10/1</td>
<td>6:00 pm</td>
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<tr>
<td>SOCCER</td>
<td>Florida Southern</td>
<td>10/8</td>
<td>6:00 pm</td>
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## UPCOMING EVENTS

- **CEO Lecture Series**
  - 9/28 @ 6 p.m.
- **CSI Trivia Night**
  - 9/29 @ 6:30 p.m.
- **Celebration of the Arts Auditions**
  - 9/30 @ 11:30 a.m.
- **Live at Lynn**
  - 10/1 @ 9 p.m.
- **Harry Potter Movie Series**
  - 10/2 @ 6 p.m.

## DOWNLOAD THE APP

Find iPulse in the app store or scan the QR code.
GETTING CREATIVE IN THE DINING COMMONS

ALSO IN THIS EDITION: SWEAT OFF STRESS IN NEW FITNESS CLASS COMEBACK KID: BASKETBALL MANAGER TURNED PLAYER
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7 MANAGER TURNED PLAYER
Junior Gets A Second Chance On the Court

After breaking the Guinness World Record for the highest note whistled back in 2013, Oboe Performer in the Conservatory of Music Walker Harnden had a goal to surpass this record again. He hit the note EB, three notes above the piano keyboard.

FIND US ON
HEALTH & FITNESS

BUILDING BIKINI BODIES AND HEALTHY MINDS
Students Can Sweat It Out In Style With New Fitness Class

By DOMINIQUE MARGHELLA
Staff Writer

To many, junior Gabriella Nicolia may be the next smash-hit Bikini Body Guide trainer. Nicolia's passion for fitness is a key component to her overall character.

Now, with the start of her own class inspired by the Bikini Body Guide (BBG), held Mondays, Wednesdays and Fridays at 7 p.m., Nicolia has the chance to spread her love for movement and health to all those ready to get moving, healthy and find their confidence.

"I am not afraid to be who I am... THE BBG CLASS IS HELPING ME FEEL CONFIDENT." -VIRGINIA MANGUM, FRESHMAN

Nicolia came across the BBG program when she discovered Australian fitness phenomenon, Kayla Itsines. With more than 5.6 million social media followers, Itsines grew in popularity after developing BBG.

After trying the program for herself over the summer, Nicolia was inspired by her results. Feeling that it was important for students to have access to these workouts, Nicolia began her quest to teach a class of her own.

"I joined the class to be more fit and active," said Maria Guerrero, freshman. "[And] living in Florida means we have to be in bikinis all year round." Nicolia aspires to take on the legacy left-behind by Itsines, hoping to one-day travel across the globe to inspire women to lead healthy, active lifestyles.

"The BBG class has helped me create a healthy habit and make new friends," said Cruz Molina, freshman.

Nicolia's BBG classes will be held in the Lynn Residence Hall on the third floor. According to Nicolia, each day is different and focuses on one part of the body such as legs or arms.

For more information, students can visit the Lynn app under "Events at Lynn," or stop by the gym on campus to check out the latest advertisements and postings.

Those who decide to join should be prepared to sweat it with Nicolia.

Above: The BBG class motivates fitness and inspires healthy living through making fitness fun and cooperative. Staff Photo/ D. Marghella.

Above: A breakdown of a BBG-style routine encountered in Nicolia's classes. Staff Photo/ D. Marghella.
FINDING NEW WAYS TO EAT HEALTHY BETWEEN
Healthy Eating Can Often Present A Challenge For Students

By DANIELLE PASCHALL
Staff Writer

Students are compelled to learn how to incorporate healthy meals into their busy schedules due to the abundance of activities that surround the school year. Due to the difficulty in maintaining a healthy balance, it is common for distressed students to place proper meals at the bottom of their priorities, thus leading to the unhealthy binge eating habits.

Nikki Colonna, a junior on the Women's Volleyball team, is one of many athletes who knows that her nutrition and diet are extremely important factors for keeping both her academic and athletic performance in the best shape.

“I have granola bars and cereal as snacks when I am on the go throughout the day,” said Colonna.

However, living off campus can be a bit more challenging for students since refrigerators and hot meals are not easily available options. Cooking meals in advance is one simple method commuter students can use to battle the hunger they encounter throughout the day.

On top of schoolwork and daily fitness Perry Hirsch, senior, strives to eat healthy and maintain a balanced lifestyle.

“I’m all about that peanut butter and jelly life,” said Hirsch.

“Sundays are when I really get to prepare for the week. I typically cook up a full pack of chicken breasts and a huge amount of rice and broccoli.”

Similar to Hirsch, Omar Martinez, senior, exemplifies how finding a balance is possible for even the busiest of students.

Martinez is part of Lynn's soccer club, the Business and Sports Management Group of Lynn students meet in the cafeteria for lunch to take a break from the trials of their classes. The cafeteria is open every day, all day for all students and staff alike. Staff Photo/C. Jordan.
STORY

CLASSES, CLUBS AND THE DAILY COMMUTE

At The Beginning Of The Year, But Some Have Master Plans

Above: A Lynn student goes through the cafeteria line, choosing from a wide selection of different meals and options. Staff Photo/ C. Jordan.

Above: Perry Hirsch poses with his go-to snacks to get him through the day. Staff Photo/ D. Paschall.

Above: Along with lunch, the cafeteria is also well stocked daily with dessert options. Staff Photo/ C. Jordan.

class, works as a peer mentor, serves as a student ambassador and works for campus recreation and promotions.

Since he typically does not have time to cook meals in advance he keeps his ingredients simple.

"My go-to meal is a chicken caesar salad. [For] snacks I carry cliff bars and fruit with me at all times," said Martinez.

With a busy schedule it is easy to make excuses for not always eating the right things. In spite of this, Colonna, Hirsch and Martinez do not settle for excuses.

They have proved that unhealthy eating is not the only option on a busy schedule.
POLITICAL LEADERS ARE FEELING THE HACK
Colin Powell Is The Most Recent Victim Of "Hactivist" Trend

By JACQUELINE SULLIVAN
Staff Writer

Former Secretary of State Colin Powell has become yet another victim of recent political email hacks by self-proclaimed "hacktivists" DC Leaks, as reported by Buzzfeed and The Intercept. Just months ago, Former Head of the Democratic Party Debbie Wasserman Schultz was led to resign after her personal emails were leaked by the website, which has developed a reputation for hacking and exploiting political leaders.

Powell, a retired four-star general, has become DC Leak's most recent target, publishing his personal e-mails regarding presumptive Democratic nominee Hillary Clinton and presumptive Republican nominee Donald Trump. Powell, who identified as a Republican in the past and served as Secretary of State under three Republican presidents, expressed negative remarks about both parties' candidates.

An e-mail sent by Powell in May 2016 with the subject line "Racism," said "there is a level of intolerance in parts of the Republican Party." In another e-mail sent in August 2015, Powell said that Trump "appeals to the worst angels of the GOP nature and [the] poor white folks."

As an African American himself, Powell stated that Trump's attempt to appeal to black voters is hopeless. He further stated that Trump takes African American voters "for idiots," and that Trump "can never overcome what he tried to do to Obama with his search for the birth certificate, hoping to force [President Barack Obama] out of the Presidency."

The leaks have been confirmed by Powell himself, telling Buzzfeed, "I have no further comment. I'm not denying it." Powell's scathing review of the Republican Party is not all that was leaked.

Although he had voted for Obama in 2008 and 2012, Powell has a lot to say about the Democratic Party and its nominee, Hillary Clinton. Powell asserted that "everything [Clinton] touches, she sort of screws up with hubris." Referring to her usage of a private email server, "[Clinton] could have killed this two years ago by merely telling everyone honestly what she had done," he said.

Not everything Powell said about Clinton was negative.

He came to her defense regarding issues surrounding Benghazi, referring to the attention garnered toward Clinton as a "stupid witch hunt" in an e-mail exchange with fellow former Secretary of State, Condoleezza Rice in December of 2015.

Many are unsure as to which candidate was more derailed by Powell's comments. Many argue that Trump was scrutinized heavily by Powell as a "national disgrace and international pariah," but others refer to Powell's comments about Clinton as "sleazy" to be equally detrimental.

Trump tweeted in response to Powell's e-mails stating, "was never a fan of Colin Powell after his weak understanding of weapons of mass destruction in Iraq = disaster."

When asked about the e-mails on a radio show, Clinton said, "I have a great deal of respect for Colin Powell and I have a lot of sympathy for anyone whose e-mails become public. I'm not going to start discussing someone else's private emails. I've already spent enough time talking about my own, as you know."

Whether or not Powell's comments will effect voter's opinion is still unknown. For now, both Clinton and Trump will have to brace the coming months to determine the weight these e-mail hacks will have on their presidential campaign.
SPORTS

FROM ONE END OF THE COURT TO ANOTHER
Junior Mariah Penascino Joins The Women's Basketball

By CHRISTINA DIABO
Staff Writer

All athletes have one thing in common: their love and passion for the game. Having to sit out last season due to a back injury, Mariah Penascino, junior, took on the role of the Men's Basketball team manager. But this year, rather than sitting on the sideline, Penascino will finally be playing alongside the Blue and White.

With two years of college basketball under her belt, Penascino transferred to Lynn from Mercyhurst University. "I visited Lynn and met with Coach Hudd in the summer and wanted to join the team," Penascino said. "Unfortunately while working out at home, I tweaked something in my back and chose to sit out for the year."

During that time, Penascino assisted the Men's Basketball team, which included filling their water bottles, running the clocks and preparing the court for practices. Women's Head Basketball Coach Julia Huddleston contacted Penascino when the new year hit, asking if Penascino was interested in becoming a practice player for the team.

"I was really surprised and happy because I was missing playing so much," said Penascino. "After the boys practiced, I would stay and play against the girls to help them prepare for upcoming games. After doing that for a couple of weeks, I fell back in love with the game and decided to play for the team."

Pursuing the game of basketball since third grade, Penascino has high hopes for the future. "My hopes for this upcoming season include progressing our teams passion, strength and integrity, improving every day to produce wins on the court and [to] bring home a conference championship," said Penascino. "I have high hopes to shock the conference and really make some teams regret overlooking Lynn."

Penascino will have this year and next to play as a guard on the Women's Basketball team.

"I HAVE HIGH HOPES TO SHOCK THE CONFERENCE."
-MARIAH PENASCINO
UPCOMING EVENTS

PIANO SERIES 2016-2017
September 29, 2016 | 6:00 PM
Pianists of Instrumental Collaborative Studio showcase Mozart and Rachmaninoff at Wold Arts Center.

CSI TRIVIA NIGHT
September 29, 2016 | 6:30 PM

CELEBRATION OF THE ARTS AUDITIONS
September 30, 2016 | 11:30 PM

LIVE AT LYNN
October 1, 2016 | 9:00 PM

HARRY POTTER MOVIE SERIES
October 2, 2016 | 6:00 PM

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KNIGHTS OF THE ROUNDTABLE
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9 WANDER LUSTING OMAN

10 REVIVING "FIGHT CLUB"

Professor Ellen Stern participated this summer in International Faculty Development Seminars (IFDS) and visited southern Spain. She photographed various sightings of Andalucia. With the help from the CLA, she organized the "Beauty of Andalucia" exhibit, showcased in the Student Center.

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ATHLETICS

LYNN UNIVERSITY INTRODUCES SPORTS NETWORK
Fans Of Lynn Athletics Will Now Enjoy Live Sports Coverage

By CHRISTINA DIABO
Staff Writer

The Athletics Department aims to create the best digital streaming experience to watch the action on the field and on the court with the launch of the department's new broadcast show, Lynn Sports Network.

"Lynn Sports Network is going to be a multi-cam broadcast that is going to incorporate digital content as well," said Chad Beattie, director of athletic communications. "We started this so we could bring better exposure to our student athletes not just within our conference but worldwide."

Athletics partnered with the Eugene M. and Christine E. Lynn College of International Communication to facilitate a means to showcase Lynn athletes, officially debuting the Lynn Sports Network on Sept. 14 at a women's home soccer game. "As the T.V. Director for Lynn Sports Network, my position revolves around planning and running the live streaming experiences we create for each home Sunshine State conference match-up," said Joey Hefferan. Each broadcast will include four to six cameras on the field, sideline reporters, digital features and commercials for the university and athletics. Viewers will be able to see what's happening on the benches and in the grand stands, as well as tweet directly at Lynn Athletics during games.

"Lynn is known as one of the most innovative schools in the country and LSN (Lynn Sports Network) is another great example of that vision in practice," said Hefferan. "We are going to have some growing pains, but that's just a part of the process."

With innovation in mind, the Lynn Sports Network challenges conventional division II schools with this new streaming experience. "I believe it could be one of the best live streams in higher education," said Devin Crosby, director of athletics. "I believe that Lynn can be an iconic brand and (the Lynn Sports Network) fits in with our style."

"We want to get to a point where schools want to see how our model has worked for them and then maybe get into ESPN 3 [style] agreements," said Beattie. "Where we have an even bigger audience."

All broadcasts are located on www.lynnfightingknights.edu and are also available on demand.
LYNN'S STUDENT GOVERNMENT WELCOMES
With 10 New Faces Added Into This Year's Group Of Knights,

By MARIA J. CARDENAS
Graduate Support

The Knights of the Roundtable (KOR) are the executive member of the student government at Lynn and they act as liaisons between students, faculty, staff and administration. KOR's name originates from Lynn's distinctive symbol, the Fighting Knight, and the famous legend of King Arthur. In the story, the King would meet with his knights around the iconic circular table to make important decisions. As the name implies, the table has no head, and thus everyone has the same status. This makes for a more fair balance of power and allows for equal representation.

This year's board is composed of Parliamentarian Knight Calvin Jordan, Secretary Knight Jennifer DeSouza, Clubs & Organizations Knight Briana Randall, Community Knight Eugenia Bouzas, IT Knight Spencer Jackson, Finance Knight Cody Bartusiak, Auxiliary Services Knight Bernardo Penido, International Knight Jhoanna Jimenez, Public Relations Knight Tyler Bean, Student Affairs Knight Facundo Cuevas, Athletic Knight Jennifer Ayaia and Academic Knight Edson Hernandez.

"We are here for the Lynn community," said Bean, senior. "Each of the twelve knights represents a specific area of campus, and we are all equal."

On a set Tuesday of every month, KOR holds open meetings at 5 p.m. in the Gordon and Mary Henke Wing, located in the de Hoernle International Center. All students are welcome to these meetings, as they are an opportunity to bring up important issues and communicate new ideas.

In the other three weeks of the month, KOR has closed meetings to discuss current topics that have been brought up during open meetings.

"In our last open meeting, a student suggested installing hammocks around the pool area, and this is an example of [an idea] we discuss during our closed meetings," explained Bean. "In the past, KOR supported initiatives such as building the fire pit, installing printers in the residence halls and more recently, implementing the smoke- and tobacco-free campus policy."

The Knights are looking forward to this year and plan to continue making a difference at Lynn. Through conversations with students, staff and faculty alike, the group of students hope to leave a lasting positive mark on the university.

"There is always room for improvement," concluded Bean.

To keep up with KOR, students should attend the monthly open meetings and follow Knights of the Roundtable on Facebook and @LynnU_KOR on Twitter and Instagram.

Above: This year's group of Knights include members of the Lynn Women's Golf team, the National Broadcasting Society and iPulse. They hail from several different regions of the world, but will work together to make Lynn better for everyone. LU Photos
NEW PERSPECTIVES AND NEW ADMINISTRATION
The Administration Looks Forward To New Ideas For Lynn

Cody Bartusiak
Finance Knight

Facunda Cuevas
Student Affairs Knight

Jeniffer Ayala
Athletics Knight

Jhoanna Jimenez
International Knight

Eugenia Bouzas
Community Knight

Calvin Jordan
Parliamentarian Knight

Spencer Jackson
IT Knight

Edson Hernandez
Academic Knight

Briana Randall
Clubs & Organizations Knight

Jeniffer DeSouza
Secretary Knight

Bernardo Penido
Auxiliary Services Knight

Tyler Bean
Public Relations Knight
MEN'S CLUB SOCCER GAINS NEW MOMENTUM
After Years Of Preparation, The Team Seeks A Championship Title

By ELIAS BUSTAMANTE
Staff Writer

Lynn University's Men's soccer club won their second game of the season recently against Palm Beach Atlantic with a dominant performance and a score of 3-1. The team went to the game looking forward to adding another win to their record after a 5-1 home-game victory over FIU. The team needs six wins out of eight to classify for regionals and with the way they are playing, they seem to be on the right track.

With a total of eight goals in favor and just two against, many soccer fans at Lynn agree that the team is looking sharper than ever.

"It was a nice 3-1 victory," said Omar Martinez, senior and player. "The second half was not as good as the first one, but we got the three points and that is what matters."

Next week will be a settling point for the club, as they are set to face-off against the University of Miami. "[University of Miami] tied 2-2 with Palm Beach and all their players play club soccer, said Martinez. "It [will be] no easy task."

Despite the caliber of opponents that the boys face, the team is open to any student interested in playing or learning more about the game.

"I have being playing since freshman year," said Martinez. "Each year, the team becomes better and better."

Those seeking information on try-outs, games and scores, can visit Lynn Athletics online at www.lynnfightingknights.edu.

STUDENTS CELEBRATE ACADEMIC SUCCESS
Knights Walk the Stage to Acknowledge their Hard Work

By VINCENT SHKRELI
Staff Writer

The Fall Honors Convocation was held on Tuesday, Sept. 27 in the Wold Performing Arts Center, where it recognized students who excelled academically this past term on the Dean's List, Honors Society and President's Honor Society.

The evening's speakers included President Kevin Ross and last year's Outstanding Teacher of the Year Dan Bagnoni.

Congratulations to all the recipients for their academic achievements. The effort and determination displayed by these students is highly admirable - true representations of true representations
ALICIA KEYS SINGS A FAREWELL TO MAKEUP

The Songstress Has Used Her Platform To Challenge The Stigma

By MICHELLE VARON
Staff Writer

Award-winning musician and actress Alicia Keys recently stopped wearing make-up in an attempt to break down social norms. By her own accounts, Keys has felt the need to fit in with everyone else starting from the first time she took a class picture. She spoke of how girls would always tease her for having different hair so she would constantly try new hair options in order to not stand out. This "need" did not end there, but actually progressed as she got older.

As Keys began her career in the music business, she realized that everyone had begun to judge her when they did not even know her. News and commentary media constantly has an opinion on celebrities, especially when it comes to their looks. Keys knew that the entertainment world was cruel when it came to this, but she did not think it was going to be as bad as it really is.

"I started, more than ever, to become a chameleon," she explained. "Never fully being who I was, but constantly changing so all 'they's' would accept me."

Straight from the gym one day, Keys had to go to a photo shoot for her new album cover. A strong theme within the album is breaking down walls built by insecurity, a topic the songstress is personally familiar with.

The photographer, Paola Kudacki, saw her in her natural state and suggested that Keys' allow her to take photos of her as-is: in a natural state freed from makeup.

As many other women would, Keys panicked about not being able to wear makeup and kept questioning Kudacki's ideas. She finally became less nervous and allowed her to take the pictures. Upon seeing them, Keys realized how empowering they truly were for her. At this point, she knew this was the start of a new era for her. She began with posting selfies on social media paired with the hashtag "#nomakeup."

"I don't want to cover up anymore," said Keys. "Not my face, not my mind, not my soul, not my thoughts, not my dreams, not my struggles, not my emotional growth. Nothing." Fans joined along, eventually creating the #nomakeup movement.

"Alicia Keys kills the game with her #nomakeup movement," said Madison Forster, junior. "I personally have tried to do this and its not as easy as she makes it look." This movement has not only helped Keys become more confident in herself, but has also inspired her fans.

Above: Students at Lynn have been inspired by Keys' message. Staff Photos/ M. Varon.
FASHION

FALLIN’ FOR FALL AND THE LATEST 2016 TRENDS
Taking A Closer Look At What Is To Come For Fall Fashion

By LUCAS TUCHMAN
Staff Writer

As 2016 slowly draws to an end, temperatures are starting to cool down and some of the hottest fall trends are hitting the shelves. Sweater weather season is rapidly approaching.

"Some of the retail stores in Town Center Mall like Hollister, Victoria Secret, Sephora, Express Men & Women, Nordstrom and Macy’s are all starting to get some fall clothes on the shelves," said Lexi Lamadore, junior. "Students might find it a great place to shop this season."

A new fall trend, according to students, is the re-emergence of 90's inspired styles in the forms of loose bomber jackets, pea coats, fur outerwear, chokers, sweater layering and ruffles. Mix matching is another growing development in the world of fashion, as students strut down hallways in spaghetti-strap dresses draped over turtleneck shirts.

Among coats and layers are the seasonal debut of patterns and colors as well. "The usual bold floral [is popular]," said Chloe Sizer, senior. "However, they are darker this year around and more simplistic."

With the end of New York Fashion Week, South Floridians can expect many of the trends showcased along NY runways to hit the streets of Palm Beach County soon.

As for hair, students agree that "Lobs," also referred to as long bobs, are heating up the season as well, becoming an increasingly popular solution for girls who are seeking chic and convenience.

Although much is shifting in the fashion world, the season, as many students indicate, is only just beginning. Fashion enthusiasts beware as fall trends 2016 are set to continue well into the next months, awaiting the discovery of all those fashion-forward.

"STUDENTS MIGHT FIND IT’ S A GREAT PLACE TO SHOP THIS SEASON."

-LEXI LAMADORE, JUNIOR

Jenner’s remarks, which were in reference to her latest make-up line, Kylie Cosmetics, points to the altering trends in makeup and hair as well. "But when I don't have to be done up, I just use a bit of concealer and some lip balm," she said.

As for hair, students agree that "Lobs," also referred to as long bobs, are heating up the season as well, becoming an increasingly popular solution for girls who are seeking chic and convenience.

Above: As fall approaches, try layering pieces with deeper colors for an edgier look. Stock Photo.

Above: Fall fashion trends are heating up. Stock Photo.
TRAVEL

JOURNEY TO OMAN, THE PERSIAN GULF'S GEM
The Middle Eastern Country Is The Latest Tourist Destination

By MAHMOOD AL ABRI
Staff Writer

Oman is an Arabic country located in the Middle East in the southeastern coast of the Arabian Peninsula. The nation is bordered by Yemen to the south and southwest, Saudi Arabia to the west and United Arab Emirates (Dubai) to the northwest.

Oman is a modern country that has an expansive history shown through its land features and culture. This history indicates that it is a peaceful country with a real connection to many different nations that surround it. There are many places to visit in Oman and tourists can discover all about these places, which can be very interesting and relaxing to those who visit its lands.

For travelers seeking Oman's wonders, the trip begins in Muscat, the capital of Oman. Muscat has many cultures, with a mixture of modern and historic places to discover. One of the oldest markets in Oman is Mutrah Souq, which dates back 200 years. For musical arts and culture, The Royal Opera House, Muscat, is Oman's premier venue, located in Shati Al-Qurm district of Muscat, Oman.

"Muscat is a vibrant city and more so during the Muscat Festival as it continues to showcase cultural celebrations, events and family-friendly activities," said Mona Tannous, country manager of Australia and New Zealand, as well as Sultanate of Oman Tourism. "For visitors, the festival also offers a unique opportunity to meet the local people and share in their pride, traditions and infectious spirit."

"SHARE THEIR PRIDE, TRADITION, AND INFECTIOUS OMANI SPIRIT."

-MONA TANNOUS

Oman is also a country for those seeking adventure and exploration. Famous for its land features, Oman's biggest desert is Wahiba Sands, located in Sharqiya, a region defined by an area of 12,500 square kilometers. The biggest mountain in Oman is called Jabel Al Akhdar, which features sub-degree temperatures year-round and grows many exotic fruits.

"It is about the appreciation of local distinctiveness, the idiosyncrasies and the detail, the things that make a place unique and special," said Taleb Al Makhmari, acting director general of marketing and media at the Public Authority for Investment Promotion and Export Development. "With the issues that have surrounded Middle Eastern nations in years past, the apprehensiveness on behalf of concerned Americans may explain the hesitation to travel to countries like Oman. Until they allow themselves to be immersed in the realms of the unknown, tourists may never expect to find the tranquility and beauty of a nation like Oman.
FLASHBACK FILMS

BREAKING RULE ONE: SPEAKING ABOUT 'FIGHT CLUB'
Fincher's 1998 Film Continues to Live Up To Legendary Name

By NICHOLAS ABAD
Staff Writer

"Welcome to Fight Club. The first rule of Fight Club is: you do not talk about Fight Club. The second rule of Fight Club is: you DO NOT talk about Fight Club!"

Perhaps one of the most memorable quotes to come out of a movie in the last two decades, "Fight Club" has dominated critically acclaimed lists for the past 17 years. Currently ranked number ten on IMDB's top rated movies, one must ponder as to why such a movie with such a rather predictable plot has hypnotized moviegoers for almost twenty years.

"Fight Club," directed by David Fincher, is a coming of age story that reflects unhappiness within the modern normal life. Edward Norton's character, The Narrator, meets a mysterious man named Tyler Durden, who helps him "take control of his life" by helping him set up an underground fight club. In the club, members are supposed to let go of the world and its suffocating propaganda and just "be men," as Durden states. However, to the disdain of The Narrator, trying to take control of his life sends it into a deep plummet instead.

"We're the middle children of history, man. No purpose or place. We have no Great War. No Great Depression. Our Great War's a spiritual war... our Great Depression is our lives. We've all been raised on television to believe that one day we'd all be millionaires, and movie Gods, and rock stars. But we won't. And we're slowly learning that fact. And we're very, very pissed off," declared Durden.

The ideals of the fight club featured in the film have contributed to the film's reputation as one of the most iconic and memorable movies of all time. Captivating themes of self-preservation, class gaps and masculinity are themes that men all around the world can identify with.

It offers a notion that life is more than a nine to five job. Perhaps a film like "Fight Club" is most important to the common man whose life is at a stall and who is encouraged to take control of his own life, his own thought and his own self.

"IF YOU DON'T CLAIM YOUR HUMANITY YOU WILL BECOME A STATISTIC."

-TYLER DURDEN

of its universal exploration of what it means to live "lost." Due to its nature of rebellion and lust for a properly "free" life, "Fight Club" is a film that has a story to tell for years to come, beyond its 1998 debut. As many viewers and credits will agree, the film will continue to implant ideas in the minds of generations and continue to provide audiences with the longing for a better life.

"If you don't claim your humanity you will become a statistic," says Durden, moments before closing credits. "You have been warned."
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ATHLETICS

WOMEN'S

NEXT GAME Date Time
VOLLEYBALL vs. Florida Southern 10/1 4:00 pm
SOCCRER vs. Tampa 10/5 5:30 pm
VOLLEYBALL vs. St. Leo 10/8 3:50 pm
SOCCRER vs. Florida Southern 10/8 7:00 pm
GOLF Guy Harvey Invitational 10/10 8:00 am
SOCCRER vs. Webber Int'l 10/12 1:00 pm

MEN'S

NEXT GAME Date Time
SOCCRER vs. Florida Tech 10/1 6:00 pm
SOCCRER vs. Florida Southern 10/8 6:00 pm

UPCOMING EVENTS

Live at Lynn
10/1 @ 9 p.m.

Harry Potter Movie Series
10/2 @ 6 p.m.

Keyboard Master Class with Michael Tsalka
10/5 @ 7 p.m.

J.S. Bach: The Art of the Fugue
10/6 @ 7:30 p.m.

Parents & Families Weekend Registration
10/14 @ 8 a.m.

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