CYCLING FROM COAST TO COAST
Lynn Student Makes an Amazing Journey Across the Entire Country

How far have most people ridden their bike? To the store and back perhaps. Many have not cycled since they were children and have never cycled as an adult. A shocking number of individuals do not even own their own personal bike, let alone use one regularly for exercise or transportation purposes.

Well for one Lynn University student, Patrick Lathrop, senior, this is not the case. Lathrop has cycled both as a hobby and to keep fit since he was young. However, a few years ago cycling turned into a passion and serious sport for him. At the age of 17, Lathrop decided to go across the country; all the way from South Carolina to San Diego.

Lathrop credits his family with his success in this regard. Especially his parents and uncle who provided him with unwavering support throughout the whole process. The training needed to achieve such a feat is no easy thing.

"My parents supported me immensely. If it wasn’t for them I would not have made it through this trip," said Lathrop.

"Apogee Adventures is the name of the company I traveled with. They do these programs over the summer for teens aged 11 to 18. They have a website that most people can go to check out and see the different trips they offer," said Lathrop.

I started training five months ago to do this trip. Most days I used to train alone and some days my uncle would come train with me," said Lathrop.

Lathrop had many responsibilities on his trip, including carrying his bike and being solely responsible for his belongings. This included his food, bedding and place to sleep.

While there were many rough nights and tiring days, Lathrop is proud of his achievement, as he should be.

The journey across this country will forever be ingrained in Lathrop’s mind.
The rapid rise of the Islamic State (ISIS) has people around the world in a state of fear. The militant group that has taken over large parts of Syria and Iraq has the countries in the region on high alert.

ISIS poses an imminent threat for Western countries. The United States declared its willingness to tackle the jihadist terrorists, but it will take broader alliance to defeat the ISIS. Longstanding conflicts in the Middle East and the complexity of the political environment suggest that creating an international coalition might be an even bigger challenge than actually defeating ISIS.

As Northern Iraqi territory is under control of the jihadist rebel group, the US government has authorized airstrikes, however they have refused to send ground troops back to Iraq only two years after pulling the troops out of the region. The demoralized Iraqi Army can hardly pose any resistance against the insurgents.

In September, Iraqi Prime Minister Nouri Maliki, stepped down and the new government was unveiled. The new government will be given all the means necessary to fight ISIS, as military advisers and American equipment have been deployed to Baghdad.

The Iranian Government declared itself as the Shia power of the region years ago; however, the Islamic State considers the Shia sect of Islam as heresy. ISIS has pledged to kill the Shia people.

Even though Iran opposes every international cooperation effort involving the US or the United Kingdom, the Iranian Government called for cooperation as the ISIS threat becomes more and more daunting.

Iranian-backed militia has been deployed on the border with Iraq, while back-channeling is underway in order to establish the alliance against the jihadist terrorists.

"Iran will not hesitate to protect holy [Shia] shrines," said Iranian President Hassan Rouhani.

Earlier this year ISIS threatened to destroy the relics, which are precious to the Shia community.

The country is considered to be a stronghold of the Islamic militants as President Bashar al-Assad has been warning the international community about threats from the jihadists.

"This is an organization that has an apocalyptic end-of-days strategic vision that will eventually have to be defeated," said General Martin Dempsey, chairman of the Joint Chiefs of Staff. "Can they be defeated without addressing that part of the organization that resides in Syria? The answer is no."

Moreover, the US government made efforts to urge Syrian rebels to fight against ISIS reportedly in exchange for guarantees that President Assad will be forced out of power in Syria.


Russia's backing of the Syrian government prompted Putin in Russia and liberate the Northern regions of Caucasus, including Chechnya and Ingushetia.

In July, Russia responded by sending 25 Sukhoi fighter jets to Iraqi government in order to better their air forces.

The British government is cooperating with the French and Germans in order to deal with the apparent humanitarian crisis in Iraq. However, it was established that in order to fight ISIS in Iraq, military means will be required. Kurdish Peshmerga forces have been receiving substantial military support as weaponry supplies being sent to the region.

David Cameron reacted to the atrocities conducted by the militants with shock.

"We must confront this menace. We must drive back, dismantle and ultimately destroy [ISIS]," said Cameron. He remarked that Islam is a religion of peace, and said of the militants, "they are not Muslims; they are monsters."

The UK supported the US decision to use military action against ISIS and have begun counter-terrorism operations in Britain, due to the fact a number of EU citizens travelled down to Syria and Iraq to fight under the ISIS flag.

Saudi Arabia and Qatar were accused of supporting ISIS, however, ISIS is against any form of monarchy in the Middle East. Saudi Arabia has started an investigation into the alleged backing of the terrorist group by Saudi businessmen and politicians.

King Abdullah deployed 30,000 troops to improve the security along its border with Iraq and an agreement was reached to discuss possible solutions to the crisis with Iran, who have been their biggest rival in the region.

It is evidently of utmost importance for the militant group to be eradicated.
IT IS EASY TO MAKE A DIFFERENCE
Student's Have an Abundance of Opportunities to Volunteer at Lynn

By DESHANI GUNATHILAKE
Staff Writer

Experience is the simplest and yet most truthful answer as to why one should volunteer. The experience is absolutely invaluable, thus the chance to do good for others should be taken at every opportunity possible.

In order to feel a sense of fulfillment and develop certain skills one can engage in volunteer work. There are limitless volunteer projects around the globe. One could fly to Sri Lanka and take part in a turtle conservation project, teach Peruvian kids how to speak and write in English or perhaps serve food at a soup kitchen, right here in Boca.

Regardless of the location and the type of volunteer work undertaken, at the end of a project a volunteer will walk away with a whole new experience and a feeling of contentment. The key is to volunteer for a cause that one is passionate about. Advocating for women in Morocco could lead someone to law school or perhaps becoming a Human Rights lawyer.

Today there are many organizations that make volunteering abroad simple and stress free. From details like food and board, insurance and airport pick up a volunteer agency can help with organizing such a trip.

Volunteering abroad has many advantages, such as the opportunity to travel to a foreign land and discover a new culture, see world famous sites and even learn a new language.

Volunteering in foreign destinations and interacting with the local community, allows one to discover the country through the eyes of the local people, not just as a tourist.

For example, staying with a Chinese family while volunteering in Shanghai, one will experience the Chinese New Year festival with the family, not as an outsider. Furthermore, one will get to meet and make friends with people from all sorts of different places and countries.

If one chooses to volunteer locally, they will become involved and more active in the surrounding community. By volunteering locally, not only will one be giving back to the community, but one also gets the opportunity to make an impact on the lives of other people. It also opens up the opportunity to network and make new friends.

Whether walking dogs at a local shelter or assisting at a local hospital, at the end of the day, not only will a positive impact be made in someone else's life, but according to experts, the quality of the volunteer's life improves due to stress reduction. It helps foster empathy and self-efficacy, as well as increases self esteem.

Volunteering also gives individuals the chance to develop useful transferrable skills such as communication, problem solving, leadership and teamwork skills.

Volunteering projects look great on a resume also, not only does it show selflessness and initiative, it is something that sets one apart from other candidates greatly.

It pays off for students to put themselves out there and make a difference in the world. Volunteering is truly an experience like no other that creates memories that last a lifetime.

Deshani Gunathilake is a freshman majoring in Political Science. This column does not represent the opinions of the iPulse, but her personal thoughts and views.

Above: Lynn student's are always willing to get involved and lend a hand to a good cause. Stock Photo.
TIPS FOR SUITCASE ESSENTIALS
When Traveling to Another Location, There are Must-Have Essentials

By BECCA FREEMAN
Staff Writer

Traveling abroad can mean many destinations, either domestically or internationally. Deciding what to bring abroad can be a challenge, due to the length of the trip or weather conditions that one may encounter. When students get the opportunity to study abroad for either a short amount of weeks or a semester, packing for the trip is essential.

Seniors, Kevin Studer, Sabrina Turnier and Hunter Landau spent four weeks studying abroad in Dublin, Ireland. "My top three things to bring abroad are medication, all different types of clothing because you never know what the climate will be and a sufficient amount of money and then some," said Studer.

Having the correct currency exchange before traveling internationally is a necessity. Banks allow individuals to exchange the correct currency at a lower rate than what travelers face when abroad. "The five things that I needed to bring were a phone, toothpaste, bag, sweater, plus an adapter," said Turnier. It is important to check the weather conditions of the destination beforehand, regardless of whether one is traveling domestically or internationally. When traveling past the equator, the seasons are opposite and it is important to pack the correct articles of clothing.

"Power adapters, a credit card with a chip, plus a dictionary if you're visiting a country that is not your native language," said Landau. "With all of the sightseeing a camera is a must have." Make sure to bring some form of identification when traveling. Passports are an essentials when traveling internationally; airports will not accept any other form of identification.

The thought of being in a completely different location and forgetting necessities, therefore it is very common to over pack a suitcase. One tip would be to lay out all of the items that seem like necessities, and only pack half of that. One of the biggest struggles when traveling, especially to multiple destinations in one trip, may be carrying around a large amount of luggage everywhere.

Above: Students state what their top items are that must be in their travel bags when heading to a new destination. LU Photos.
THE BEST BEAT FOR ONE'S BUCK
With Headphone Companies on the Rise, Music is Played More Clearly

By CLAIRISSA MYATT
Staff Writer

When it comes to listening to music, people struggle with choosing the best set of headphones to provide them with the best listening experience. BlueBuds X Bluetooth headphones, designed by JayBird, are the smallest Bluetooth headphones that create an easy and comfortable fit for the individual. Coming in both black and white, they offer a sleek and sophisticated look. Offering a light cushioning for the ears, these headphones are priced at $169.95.

BlueBuds X are not the only wireless headphones in the market. Beats by Dr. Dre, released the Beats Studio Wireless headphones, which are a tough contender. Used by professional athletes such as Richard Sherman of the Seattle Seahawks, these headphones are an obvious pick if putting the world on mute is the end goal. Being a wireless headphone with up to 12 hours of battery life unplugged, these will travel wherever. The Beats Studio Wireless headphones come in six shades to fit every style at $379.95.

Not only has Beats released the Studio Wireless headphones, they have also released the Beats Mixr, which has a swivel function allowing DJ's to listen to their beats while hearing the crowd simultaneously. "David Guetta challenged Beats by Dr. Dre to create the perfect set of world-class ear cups. One year and thousands of prototypes later, we're proud to present one of the lightest, loudest headphones ever," says the Beats by Dr. Dre website. There are eight vibrant colors available and are priced at $249.95. Music composers everywhere just got a lot more serious, and colorful. Jazz it up a bit, and get some new headphones today. Pick the perfect pair for ones style, and keep rocking.

Above: Headphone companies compete for the best pair of headphones in the market. Stock Photo.
WHAT STUDENTS ARE LISTENING TO
Students Play a Diverse Amount of Tunes While Walking to Class

By TIA RSHA HARRISON
Staff Writer

As Lynn progresses with technological achievements, students walking to class are often accompanied with a pair of headphones and a favorite song. Though plugging in is a common occurrence on campus, a student’s choice of song may take some by surprise.

“I’m listening to ‘Teach me How to Dougie,’ because I want to be more hip with the American culture,” said Aisling McEntegart, sophomore.

With Lynn being such an international university, the variety of go-to-tunes varies tremendously depending on the culture of each student. “You just caught me at the worst possible time,” said Brooke Rudisill, junior. “I am listening to ‘No Scrubs’ [by TLC] because I have a throwback playlist on my Spotify.”

The walk to and from class is filled with students wearing headphones with technology in their hands. Some listen to music, as others surprisingly were only blocking out noise. “I typically keep my headphones in when in a rush just to make it looks like I am actually listening to something when I’m not,” Meaghan Boutwell, graduate student.

“I’m listening to nothing,” said Jaci Tempkins, junior. “Because I like to block out the sounds as I’m doing my homework at the library.” While some students are international and enjoy American music, or others are simply blocking out noise, some still enjoy Disney tunes. “I am actually listening to ‘I Won’t Say (I’m in Love)’ from the Disney movie ‘Hercules,’” said Kevin Studer, senior. “I have a Disney playlist that I love listening to. It keeps me motivated.”

Some students prefer not to listen to music or block out noise but choose to watching videos instead. “I was watching a Lebron James video,” said Muart Denise, freshman. Besides watching Lebron James videos, others listen to their Spotify or Pandora. “I’m listening to Today’s Top 40 hits,” said Ross Dubow, junior.

So never judge and assume what a person is listening to because one would be surprised to find out what someone is listening to. Technology allows students to do much more than just listening to music.
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FIGHTING KNIGHTS GO FOR GREEK

Lynn’s Greek Organizations Welcome new Members for the new Year

Above: Lynn’s five Greek organizations bring together ladies and gentlemen from all different walks of life into one large family. LU Photos.

By JOCELYN GRAYSON
Staff Writer

College is seen as a rite of passage, as well as the best years of a young person’s life. For many students, a large part of their college experience is gained as members in a Greek organization.

Lynn has two sororities: Theta Phi Alpha and Sigma Sigma Sigma, as well as three fraternities: Sigma Alpha Epsilon, Zeta Beta Tau and Alpha Phi Delta. All five organizations are active both on and off campus.

Joining one of these organizations is something many students aspire to do, and the process is a lengthy one. The first step is one week of activities, known as “recruitment week,” to give students a chance to have questions answered and see what Greek life is all about.

The final event at the end of the week is bid day, the day when Greek life welcomes their new members into the chapter. Bid day at Lynn is a huge celebration showcasing all of the hard work members put into recruitment, as well as a memorable occasion for new members who get to wear their letters for the first time. It is not uncommon to see more than a few tears shed.

Upon arrival, the new member is immediately embraced, welcomed and pictures are taken. The ladies and gentlemen of Lynn’s Greek organizations worked extremely hard this bid day and their gorgeous displays definitely reflected this.

Deciding to go Greek is a personal decision and every student has a different reason. As one of the founding fathers of Lynn’s chapter of Sigma Alpha Epsilon, senior Joey Hefferan’s connection to his fraternity goes a little deeper than most.

“We have a lot of awesome organizations on campus but what makes Greek life different is it’s for

(Continued on Page 2)
life. It's a little more in depth because you're connected to alumni all over the country from your organization," said Hefferan.

While some students have known they wanted to go Greek from an early age, others did not develop interest until after they had attended events such as Greek information night. The latter was true for Jennifer Meng, sophomore.

"I went to an event with a friend, never thinking I'd ever go Greek but I did. Joining Theta Phi changed my life and I've had nothing but positives," said Meng.

Natalie Meyers, sophomore, is the first member of her family to go Greek. "Joining Tri Sigma gave me family, and sisters, people to lean on other than my parents," said Meyers.

Chase Milligan, senior, is the president of Alpha Phi Delta. "I knew coming into college I wanted to join Greek life; and when I was on a campus tour one of the older brothers actually pulled me aside to talk to me about APD," said Milligan.

He is very active in his fraternity, having served as social chair, financial chair, secretary and currently president. "I've gotten to do so much through APD, from developing my leadership and delegation skills, all the way up to getting to meet the United States Secretary of the Army and attend our 100 year gala in [Washington, DC]," said Milligan.

Many of the movies that portray Greek life depict it as a never-ending party. Due to movies like this, students in Greek life and Greek organizations as a whole often are critiqued. Here at Lynn however, these stereotypes could not be farther from the truth.

On bid day, members of every organization were mixing and mingling with each other. There is no sense of rivalry, only respect and friendship. Every group applauded when one group got a new member and discussions of collaborating on future events were overheard.

For any student with a passion for service and being active on campus should consider attending recruitment events next semester.

Jocelyn Grayson is a senior majoring in Advertising and Public Relations. This column does not represent the opinions of the iPulse, but her personal thoughts and views.
JN WOMEN TAKE FEMINIST STANCE
Actress Emma Watson Introduces the new “He for She” Campaign

by KEVIN STUDER
editor-in-chief

On Sept. 22, “Harry Potter” actress Emma Watson took to the floor of the United Nations to voice her opinion on the important topic of gender equality. "The more I’ve spoken about feminism, the more I’ve realized that fighting for women’s rights has too often become synonymous with man-hating,” said Watson. "Feminism, by definition, is the belief that men and women should have equal rights and opportunities.”

In recent years, feminism has become a very controversial social topic. Women who promote feminism are often being put in a negative light and are accused of being over-dramatic and bossy. Feminism is not either of those things; it is a movement that men and women alike should partake in.

So many times, male roles have not been challenged, but the stereotypes that are created for men are more prevalent than ever. Young boys have been taught to be strong and overpower women in order to be defined as real men. This is unfortunately untrue and the stereotype needs to be broken.

“I’ve seen young men suffering from mental illness unable to ask for help for fear it would make them less than a man,” said Watson. “Men don’t have the benefits of equality either.”

During her UN speech, Watson introduced the campaign “He for She.” Formally inviting men to the conversation of gender inequality, the campaign asks men to stand up not only for the women in their lives, but also their sons, brothers and fathers.

“I want men to take up this mantel,” said Watson. “Their sons have permission to be vulnerable and human too.”

Many critics have said that Watson’s speech is not groundbreaking and the Internet is now exaggerating many things that have already been brought to light. On the contrary, Watson is the face that youth needed to see. If a random psychologist were speaking about this, youth would not care, but since it is essentially Hermione Granger saying this, it is making a difference.

Many youth have been reposting this speech on multiple social media websites. A common comment with it has been “50 points for Gryffindor.” This highlights just how the “Harry Potter” actress was able to make a change in her powerful position.

“It is time we all perceive gender on a spectrum instead of two sets of opposing ideals,” said Watson. “I am inviting you to step forward to be seen and to ask yourself if not me, who? If not now, when?”

Now is the time to make a difference. If today’s youth wait until their adults in powerful positions, it will be too late.
Student Life

LOPEZ MOCHON TAKES THE FIELD

Whether he is in Spain or America, Socializing Feeds his Happiness

Above: Javier Lopez Mochon is a very active and social Lynn athlete on and off the soccer field with his teammates and friends. LU Photos.

By AMANDA FELDSTEIN
Staff Writer

Senior Javier Lopez Mochon prides himself on his ability to interact with people and the social lifestyle he takes part in back home.

Mochon lives in Granada, Spain when not attending Lynn. He describes the people of his city and country as something he appreciates.

"They're always happy and making jokes and always having a good time," said Mochon.

After living in many different areas of Spain and attending school in Iowa for two years before arriving at Lynn, Mochon can clearly see both the differences and similarities between the two countries.

In response to social life at Lynn, Mochon believes, "Everyone gets really close with each other because it's a small community."

The tight knit community is what Mochon is accustomed to in Spain, however, he notices that America as a whole is a bit more individualistic.

"Back home we feed off each other and always love the company," said Mochon.

Mochon also loves South Florida because of the beaches and the weather conditions. His outgoing personality leads him to always want to be out and about enjoying the people around him.

"Since I consider Spain such a beautiful place, it's hard to not miss it, but the US brings you a comfortable and fun lifestyle," said Mochon.

Although being away from home leaves Mochon nostalgic, he plans to stay here after college and live in Miami. He is currently finishing his major in psychology and minor in sports management while playing soccer. He aspires to work as a sports psychologist for a professional sports team one day, although it is hard to imagine him in a role off the field.

Look for Mochon on the soccer field in his number four jersey and make sure to support him and his fellow Fighting Knights.

Tomorrow the Men's Soccer team will be playing Florida Southern at 4:30 PM at the Bobby Campbell Stadium.
ON STAGE TO SETTING THE STAGE

Alumna Jen Morano is now Helping Students Make Lynn Their Home

By STEPHEN AMAYA
Staff Writer

In the past year, alumna Jennifer Morano went from performing on stage in front of an audience to working for the Lynn University Office of Admission, after she completed her undergraduate and masters degrees.

Morano spent many of her undergraduate years being involved in various clubs and organizations on campus. She was heavily involved with the drama club holding several executive board positions, including that of president. She also participated in several shows including the "24 Hour Theatre Project," "Boeing Boeing" and "Some Girl(s)."

In addition to her stage work, Morano was also a founding member of Knights of the Roundtable and served as a Resident Assistant in EML her senior year.

"I did my Administrative Fellow position for the Office of Admission this past year and I was offered the job following graduation," said Morano. "I feel my previous leadership positions have helped me in my new position."

Now after completing her masters, she oversees campus visits. As the campus visit coordinator, she ensures that prospective students get the most individual attention possible while visiting, by meeting staff and faculty, who share valuable information in their academic area of interest, as well as touring the campus.

"I run the day to day campus visit program working with faculty to arrange meetings and lunches with prospective students, coordinating meetings for the admission counselors to meet these students and managing student ambassador schedules to help run the program," said Morano.

Morano was always busy during her undergraduate and graduate years at Lynn and now she proves that the show never stops as she helps future students call Lynn home.

"I love Lynn very much. It's my alma mater that gave me opportunities that I wouldn't have gotten anywhere else. I love the one-on-one attention and it's what makes Lynn so special," expressed Morano.

"Lynn prepared me for the working world."

Above: Jen Morano was very successful on stage during her years at Lynn and now is working in the Office of Admission. LU Photos.
Entertainment

HOLLYWOOD’S GOLDEN AGE STARS
Gracefully Aging in Hollywood is Becoming the Latest Star Trend

By KEVIN STUDER
Editor-in-Chief

As the young stars in Hollywood struggle with nude pictures and drug scandals, it is the over-60 crowd who know exactly how to stay on top of the A-list.

During this year’s Academy Awards, four of the actors nominated in their respective categories were over the age of 60. Judi Dench was nominated at 79 for Best Actress in “Philomena,” Meryl Streep was nominated at 73 for Best Actress in “August: Osage County,” June Squibb was nominated at 84 for Best Supporting Actress in “Nebraska,” and Bruce Dern was nominated at 77 for Best Actor in “Nebraska.”

While none of those actors won the Academy Award, it shows how relevant these actors are at this point in their life. Over the years, they have become familiar faces and people go to see their films because they have watched them for so long.

“Julie Andrews is one of my favorite actresses. She was my favorite as a child in all of her musicals. She was such an inspiration,” said Andrea Schwarzkopf, senior. “She came back in her older age to do ‘Princess Diaries’ and is still beautiful.”

After becoming one of America’s favorite leading ladies in the 1960s with “Mary Poppins” and “The Sound of Music,” Andrews’ career suffered from some disappointing movie roles in the 1980s and 1990s. Her career was revived in the early 2000s with her role in “The Princess Diaries” and voice roles in the “Shrek” films and “Despicable Me.” Andrews is not the only one to have career revival later in life.

Between her roles in the “Harry Potter” films and on “Downton Abbey,” Maggie Smith is earning some of the greatest recognition of her career at 79 years old.

At the prime age of 92, Betty White has been experiencing great success in films, such as “The Proposal” and “You Again,” and her television show, “Hot in Cleveland.”

Liam Neeson has said that he has become more popular as an action star at 62 than he ever was, thanks to films like “Taken” and “Non-Stop.”

“Like Meryl Streep is for women in Hollywood, Liam Neeson is showing men in Hollywood that just because you’re getting older doesn’t mean you’re career is slowing down,” said Meghan Studer, graduate student. “He has made more money off his recent action movies than he ever did when he was younger.”

Other actors have had continually successful careers. Meryl Streep is possibly Hollywood’s most respected actress at age 65 and has a record-breaking 18 Academy Award nominations. With three more films coming out soon, Streep is showing no signs of slowing down.

“I love Meryl Streep because of her versatility and poise,” said Ale Berrio, senior. “She shows dedication and strength in her characters and she takes her roles, no matter how horrible they are, seriously.”

Already being Academy Award winners, Michael Caine and Morgan Freeman are two of Hollywood’s most sought out actors. The pair has co-starred in four movies, the “Dark Knight” trilogy and “Now You See Me,” in the past ten years. Two of those four films have grossed more than the $1 billion.

Do not think that growing older is slowing down any of these actors.

“It’s the rudest word in my dictionary, ‘retire,’” said Dench. “And ‘old’ is another one. I don’t allow that in my house. And being called ‘vintage.’ I don’t want any of those old words.”

Even though the world has been watching these actors for years, it seems that they will be making more films for years to come.

Above: Just because these stars are aging in Hollywood does not mean that they are not starring in the roles of their lives. Stock Photos.
Entertainment

REMEMBERING A CRAZY CLASS ACT
A few Months Since his Untimely Death, Robin Williams Still Shines

By VICTOR LAZNIK
Staff Writer

Following the tragic death of comedian Robin Williams, looking back on his great performances, it is clear why so many people miss him along with his immense talent.

Williams first started as a stand-up comic. A television series called "Mork and Mindy" premiered in 1978, where he played the energetic alien Mark from the planet Ork. The show ran for four years and earned Williams a Golden Globe Award for Best TV Actor - Musical/Comedy.

In 1987, Williams starred in his first controversial film, "Good Morning Vietnam," where a brutally honest radio D.J. talks openly about what was actually happening during the Vietnam War. The military establishment hated him, but the soldiers loved him. This film earned him his first of four Academy Award nominations.

His next Academy Award nomination came just two years later in 1989 for "Dead Poets Society." He played John Keating, who brought the ways of being expressive and true to oneself to students.

The two following children's movies he acted in were "Hook" in 1991 and "Aladdin" in 1992. "Hook" is a more grim but interesting take on Peter Pan. This film focuses on what would happen if Peter Pan was kidnapped and grew up only to have to rescue the lost boys from the iron grasp of Captain Hook. In "Aladdin," Williams brought the beloved Genie to life, and won a Special Achievement Award at the Golden Globes.

Williams then starred in the 1993 romantic-comedy and drama, "Mrs. Doubtfire," where he played Daniel Hillard, who sneaks his way back into his house as a nanny for hire named Mrs. Doubtfire when kicked out by his wife. In 1995, Williams played Alan Parrish in "Jumanji." This movie was about a game that came to life, and the only way to stop its terror was to finish the game.

Then in 1997, Williams starred in two films. The first one was "Flubber" in which he played Professor Philip Brainard, and the second film was "Good Will Hunting" where he played Sean Maguire. This performance won Williams his only Academy Award.

Williams charmed families once again as President Teddy Roosevelt in the "Night at the Museum" franchise, which has had three installments from 2006 to 2014. He also provided multiple voices in the 2006 film "Happy Feet" and the 2011 sequel "Happy Feet 2."

Unfortunately, tragedy struck in August when Williams committed suicide. Despite this, his spirit will live on in the hearts of his fans and in his films for years to come.
Lifestyle

UNDERCOVER NAILS SAVING GIRLS
Four College Students Create a Game-Changing Nail Polish For Women

By CLAIRISSA MYATT
Staff Writer

It is estimated that a woman is raped every two seconds. One out of every four women has experienced sexual violence.

Recently, four male college students at North Carolina State University decided that number was far too great and decided to attempt to put an end to this serious problem.

The students introduced Undercover Colors to the public, a nail polish that notifies women that their drink is mixed with date rape drugs. It is as simple as stirring a drink with the painted finger. Chemicals in the polish detect Rohypnol, Xanax and GHB, all chemicals found in date rape drugs.

"This is a great idea because you cannot really trust just any guy when you go out," said Tieri Erasito, sophomore. "It is a good, discrete way of testing if they put something in your drink."

The news of this new polish was released by a popular online youth publication, "Elite Daily." Titling themselves as the voices of Generation Y, the news of this creation spread and suddenly women everywhere are curious as to where they can buy this potentially life saving product.

Although the polish is still not on the market, the company is getting close in its efforts to release its first demo. Undercover Colors asks for support from people everywhere so they can get this product on the market as soon as possible.

The company has created a support page on Facebook in order to stay in contact with consumers. Simply type "Undercover Colors" into the search bar to see what they are all about.

The company's main goal is stated by the creators themselves,

"Through this nail polish and similar technologies, we hope to make potential perpetrators afraid to spike a woman's drink because there's now a risk that they can get caught.

In effect, we want to shift the fear from the victims to the perpetrators. We are Undercover Colors and we are the first fashion company empowering women to prevent sexual assault."

To donate to this worthy project, please visit: https://undercovercolors.cloverdonations.com/uc-donations-page/.
CYCLING FROM COAST TO COAST
Lynn Student Makes an Amazing Journey Across the Entire Country

By OMAR PARACHA
Staff Writer

How far have most people ridden their bike? To the store and back perhaps. Many have not cycled since they were children and have never cycled as an adult. A shocking number of individuals do not even own their own personal bike, let alone use one regularly for exercise or transportation purposes.

Well for one Lynn University student, Patrick Lathrop, senior, this is not the case. Lathrop has cycled both as a hobby and to keep fit since he was young. However, a few years ago cycling turned into a passion and serious sport for him. At the age of 17, Lathrop decided to go across the country; all the way from South Carolina to San Diego.

Lathrop credits his family with his success in this regard. Especially his parents and uncle who provided him with unwavering support throughout the whole process. The training needed to achieve such a feat is no easy thing.

"My parents supported me immensely. If it wasn't for them I would not have made it through this trip," said Lathrop. "I cycled an average of 85 miles a day. Sometimes my speed would be 100 miles plus."

Not many people can say they cycled over 85 miles a day or cycled across an entire continent. The journey Lathrop embarked on lasted 38 days, well over a month. He traveled with a group of eleven teenagers and two experienced guides who had completed this trip before.

"Apogee Adventures is the name of the company I traveled with. They do these programs over the summer for teens aged 11 to 18. They have a website that most people can go to check out."

I started training five months ago to do this trip. Most days I used to train alone and some days my uncle would come train with me," said Lathrop.

Lathrop had many responsibilities on his trip, including having to carry his bike and was solely responsible for his belongings. This included his food, bedding and place to sleep.

While there were many rough nights and tiring days, Lathrop is proud of his achievement, as he should be.

The journey across this country will forever be ingrained in Lathrop's mind.
Weekly Review

NO BUSINESS LIKE SHOW BUSINESS
Students Race Against the Clock to Prepare for the 24 Hour Theater Project

By CHRIS DANIELS
Staff Writer

As students rushed to prepare for the annual 24 Hour Theater Project on September 20, Professor Adam Simpson declared the scene organized chaos; with most members of the cast spread throughout the Count and Countess de Hoernle International Center trying to remember their lines or going over their scenes.

The 24 Hour Theatre Project is true to name; an event in which student-actors have only 24 hours to put on a show. In that timeframe, the cast receives their roles and scripts, and are then required to memorize their lines.

This setting allows for a very limited amount of time to prepare, and stress was apparent in different ways amongst the cast. While some were laughing and enjoying the rehearsal process, others looked a step away from a nervous breakdown.

With six individual plays within the Project, the cast was huge. By 2 p.m., while one scene was being rehearsed on stage, the rest of the the building was taken up by different groups frantically trying to remember and rehearse their lines.

By the end of the night, however, all tight-lipped grins turned into beaming smiles.

"I'm not going to lie it was really stressful," said Emily Chambers, freshman. "We definitely got irritated with each other; there was a lot of tension, but a lot of laughter throughout the day."

The show's performance was a perfect example of Lynn's international student body. Accents from around the world could be heard in the cast. There was not a dull moment in the show as the comedy was executed perfectly by the student-actors.

"It's more casual then other shows," explained Professor Adam Simpson. "This is the best one yet."

Many of the scenes were written by students, and had a mature and humorous approach. They handled some provocative topics such as lesbians, Steve Jobs and sex. The show was meant for a college audience, which was a breath of fresh air.

The atmosphere after the show's completion was a joyous one, with the campus community being able to look forward to another production next fall.
MARIANA CISNEROS: A TRUE LOVE
Conservatory Student Expresses her Love Toward her True Passion

By ZENAS JONES
Staff Writer

Mariana Cisneros hails from Costa Rica and is a sophomore music student here at Lynn.

Her first experience with music was when she was in elementary school. At nine years old she played percussion in her school band. Though it was not the most formal start to her musical career, it was the first time she ever engaged in anything relating to music.  

"I did it because my father was a musician," Cisneros said, "and I wanted to be like him."

She has tried many other brass instruments, but out of all of them she plays the trombone primarily. She began to receive professional instruction when she was 13 years old. She explained that music for her is not a hobby.  

"It is possible to be a self-taught musician because I know a lot of great real musicians that are self-taught, but on the other hand, it teaches that every person that play an instrument is a musician and that is not true," Cisneros said. "Not because people can't be a self-taught musician but because being a musician takes time and a lot of hours of practice and knowledge. This is why this is a profession and not only a hobby."

Musicians sometimes feel discouraged about their musical abilities, even Cisneros herself has gone through such struggles. She states that people who truly love the art of music can tolerate such moments. In the end it all comes together as a result of long hours of practice and some bad moments. The performances speak for themselves.

"When we perform everything, it's just perfect," Cisneros said, "we can be expresssive during the concert and that is the main objective of our art. At the end of the concert, everything has value."

Her advice to promising musicians is something that should always resonate in their minds as they grow both personally and musically.

"There is nothing impossible in the world if you really want to be a musician," she said. "Go and fight for it. If you really want it you have to own it. It is not easy, it takes time. The way is so hard, but as I said, the music pays for itself: every moment counts!"
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STUDENT TAKES ON OPPORTUNITIES
How Becoming Involved at Lynn Changed Senior Alezandra Berrio’s Life

By KEVIN STUDER
Editor-in-Chief

As she starts her senior year, Alezandra Berrio is one of the busiest students at Lynn. Berrio, an international student majoring in business administration with a specialization in fashion management and general management, was born in Panama, but has never lived there.

“Living in so many places has taught me to be accepting, tolerant, and even though I may not always show it, patient,” said Berrio.

In addition to her schoolwork, Berrio is very involved with Housing and Residence Life (HRL). Last year, she became a Community Advisor in Lynn Residence Hall, and won CA of the Year for at Knight of Honors, and is there again this year. She is very passionate about making students love living on campus.

“I love being [in HRL] because I get to build relationships with not only professional staff, but my staff and residents,” said Berrio. “I’m not limited to one floor anymore and have a broad perspective.”

As part of HRL, Berrio has attended the Florida Resident Assistant Seminar (FRAS) the past two years as a delegate. RAs from schools all over Florida travel to this conference to learn about how other schools work with residents. This year, the conference is being held jointly between Lynn and FAU and Berrio has joined the planning committee.

This week, Berrio will have another title to put on her resume. For the Millennium Campus Conference at Lynn, Berrio is the Director of the Global Generation Awards Intern. Berrio will be hosting the awards for the speakers at the conference, which will include Nicholas Kristof, Dr. Paul Farmer and “Sex and the City” actress Kristin Davis.

The conference focuses on bringing students together to work toward achieving the United Nations’ Development Goals.

“Growing up in the Latin culture and different Latin cultures, you get to see how people are treated differently: gender, sexuality and where you come from,” said Berrio.

“I always grew up being more careful than my brother. Even going to the movies, I had to be dressed more appropriately.” Berrio has a bit of advice for new international students.

“Branch out. If you start feeling uncomfortable, it’s a good thing, not a bad thing,” said Berrio. “We tend to stick to our group because that’s all we know, so you can’t be afraid to branch out.”

Above: Berrio takes opportunities that come her way. LU Photos.
RICE BUCKET CHALLENGE GOES BIG
The ALS Ice Bucket Challenge has now Been Replaced with Rice

By ISABEL MEMBRENO
Staff Writer

From time to time, a new online trend emerges and goes viral on the Internet. The media has gone through the roof with videos and posts of the ALS Ice Bucket Challenge. What many people are not aware of is how this trend sparked a newer version of a bucket challenge - the Indian rice bucket challenge.

The ALS Ice Bucket Challenge brought many controversial topics to the public due to the significant amount of water that was wasted when completing it. This rice bucket challenge, on the other hand, is an alternate one that consists of people handing out a bucket of rice to a person in need and challenging a couple of friends to do the same.

"This challenge is really great because instead of wasting water, people are giving something to the people who actually need it," said Victor Lara, sophomore.

The idea was introduced by Indians after having seen the increasing popularity of the ice bucket challenge. They thought of doing something that would benefit those in need in poverty stricken areas.

This challenge addresses a prominent issue in India: hunger. Countless Indians sustained themselves with scarce resources, which is why the rice bucket challenge has gathered much attention and has already gone viral.

Some Lynn students have also become aware of the viral phenomenon. "I think it's really good what they're doing, even better than the ice bucket challenge, in my opinion," said Gerardo Martinez, sophomore.

"It's really nice to see people wanting to do something nice for others. The rice bucket challenge should be an example followed in all parts of the world," said Daniela Cruz, freshman.

People throughout the world have praised the nobility of the cause through social media, where it has gathered thousands of likes on the social-networking site, Facebook and even from Bollywood celebrities.

How to participate?

1. Pickup a bowl of rice from your kitchen
2. Go to the nearest needy person and give it to them
3. Click a picture and post it on facebook with hash tag #RiceBucketChallenge
4. Tag all your friends and ask them to take up the challenge

Above: People give away a bucket full of rice to a person in need for the new challenge. Stock Photos.
THE BOCA MUSEUM OF ART SCHOOL
Classes are now Open for Students to Express Their Artistic Abilities

Above: The Boca Museum of Art welcomes individuals interested in art to stop by. Stock Photos.

By NINA MONROY
Staff Writer

There's a whole new world to experience at the Boca Museum of Art this semester. Instead of just walking around the museum and taking in what others have created, one may be able to enroll in classes and expand their artistic horizons.

This semester the museum is offering classes to students who are interested in fine tuning their artistic abilities. From painting to ceramics, photography to jewelry making, the classes vary in personality and style.

"I can't wait to start my classes next week," said Maria Camila, senior, "I've never taken pottery before." The Boca Museum of Art is now offering classes in the mornings, afternoons or evenings. Students are able create something new during every class with classes starting from $100 for four weeks of art making.

"The teachers are so nice and fun to work with," said, Valeska Nuñez, sophomore. "I'm definitely coming back for another course."

Located in Mizner Park, students can also enjoy the delicious restaurants around the area, or go shopping after a painting session. Since the 1940's the museum has opened their doors to encourage creativity and welcome anyone to walk around and appreciate the old and the new pieces. More than 200,000 annual visitors have all enjoyed the tours through their hallways and programs.

The museum has been named one of South Florida's leading cultural institutions and the Boca Museum of Art works hard to maintain that reputation.

"I've been to visit the museum three times and I'd go back again anytime," said Veronique Villeda, sophomore.

So whether it may be to take classes or just explore around the wonderful pieces of art, the Boca Museum of Art always welcomes visitors to join them to celebrate, present, collect, encourage and inspire creativity.
To view the iPulse online, visit www.lynnipulse.org
The main reason anxiety is so overwhelming is that when daily struggles such as tests, traffic and other stressful things are constantly building up, there is little to no time left in the day to relieve it.

"Stress makes me feel nervous," said Camila Ha­dad, junior. "I am always in a hurry and I cannot organize or plan well what I have to do."

There are signs that can indicate whether or not an individual is too stressed out. In some cases, it is possible to feel it via a tightness in the chest. Other symptoms that indicate stress are tense muscles, increased heart rate and difficulty breathing.

Studies have shown that stress can harm the immune system and alter the ability to concentrate, leading to headaches, high blood pressure, memory loss, and even increase the risk of heart attacks.

Although outside life can get complicated from time to time, there are some tips that can help one feel calmer.

Instead of tackling everything on a to-do list, try to perform simple, routine tasks, such as cleaning. Repeating these activities trains the brain to focus, and is the perfect cure for a scattered mind.

An easy and effective method that can improve one's mood is taking a warm bath or hot shower. In cases where stress may cause sleeplessness, try to use progressive muscle relaxation. One should lay down, clench all the muscles of the body for a few seconds and then let go; starting from the head and continuing downwards until reaching the toes.

Activities like yoga and meditation help focus the mind and give the sensation of complete relaxation. Any other type of exercise can also lessen anxiety, so even going outside and jogging for a few minutes can improve stress levels.

"After going to the gym, I always have a good mood and feel better about everything," said Alexandra Bello, freshman.

Meeting friends and engaging in laughter and conversation can have tremendously positive effects on one's mood. This is because laughing releases endorphins in the body, which create sensations of happiness.

It is important to always find time to relax and manage the overwhelming tasks that are making one's daily life stressful.
THE EVOLUTION OF COMPOSITION

Musical Composition has Transformed into a Drastically Different Process

By ZENAS JONES
Staff Writer

The lights dim, and the crowd begins to erupt in cheers and chants of the artist who has prepared to put on a show in front of a capacity crowd.

Out of the thousands of people who occupy the seats in the venue, there is possibly a handful of fans that actually think about what it takes to make the music. There is cautious care in making sure that it sounds pleasing to the ear.

The difference between how music is composed now and how it used to be composed is actually quite large.

Classically trained musicians could very well view the idea of sitting behind a computer and a midi controller - a piano that connects via USB which controls digital audio workstations - as something difficult to get used to.

Unlike producers who flood iPod and Spotify playlists, classically trained musicians are instructed with a vintage themed curriculum. Playing classical pieces by well-known composers such as Mozart, Beethoven, Chopin or even Brahms allow for a foundation of musical knowledge to build upon a style of their own.

Sitting behind a computer, however, could very well prove to be unfamiliar and possibly a hindrance.

"When a composer has devoted too much time to the tools instead of the music, you can sense it," said Sebastián Castellanos, a graduate student who plays the bassoon and classical guitar.

This is something that producers tackle with when it comes to the music that they create: to not make it sound completely artificial, with no ounce of authenticity.

Another thing that makes the composition of music different from music of the past is the context of the music. Listeners today may be reluctant to listen to a song if it is not catchy to the ear or have some sort of addictive melody.

"Everything depends on the context," says Castellanos. "It's challenging the way we perceive music."

From the modern producer's point of view, however, they would look at the change in the way music is composed as quite efficient and even advantageous to the old fashioned way that it is made.

"It's extremely convenient for there to be software and hardware that artists or composers can use," said Micah Nesson, junior. "It's just extremely easy for any artist to use some sort of software where they can draw in musical notes or create different sounds with the click of a mouse."
ARE PAPER BOOKS GOING EXTINCT?
The Days of Good Old Fashioned Books May Have Come to an End

By CLAIRISSA MYATT
Staff Writer

It is the endless debate: electronic or print books?
Since 2010 electronic books, or e-Books, have become increasingly popular among adult readers. According to the Pew Research Center’s Internet and American Life Project, “Fully 50 percent of adults own a tablet or e-reader, and two out of five public libraries lend e-readers.”

Even Lynn has become an electronically innovative university, giving iPads to all students.

Known as the Apple Initiative, this concept is making required texts more convenient and cost efficient in terms of books.

“Having books on the iPad are cheaper and easier to carry around with you,” said Emily Angst, sophomore. “All the notes are in one place; it is a lot more convenient and realistic”

Tablets, e-Books and even cellphones are not only providing more convenience for the average reader, but are also nicer on the wallet.

James LaRue, CEO of LaRue Associates said in a recent article by ConsumerEagle, “You can buy [the print edition] as a consumer for $12.99, you can buy it for $9.99 as an e-Book, but [publishers] are charging libraries for $84 for that book and only one person can use it at a time.”

With the world becoming a technologically crazed industry, it is sad to think that the days of opening a good book may soon be over.

Still, many argue that there is nothing like the feel of an actual book in one’s hands. The smell of the old paper and the feel of the worn pages capture readers straight into the story that they are reading.

“It is a nostalgic feeling of holding it in your hands and flipping the pages,” said Michael Cronin, senior.

One thing that should never be taken away from anyone is the love for reading. No matter what shape or form a book takes, the love and value of reading is something that can never be taken away.

So whatever one’s preference, whether it be e-Book or good old paper back, open a book today and be captivated in a story.
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scan the QR code
MAKING A SPLASH IN GLASGOW
Tieri Erasito Represented Fiji at the Commonwealth Games This Year

By CLAIRISSA MYATT
Staff Writer

In 2006, the Pacific Nation of Fiji was plunged into its fourth military coup in twenty years. The military removed the Prime Minister of the time, Laisenia Qarase and took control of the government.

Due to this military coup, the country was unable to compete in the Commonwealth games for the past eight years.

"Everyone was really shocked about what had happened. It affected my dad's business a little bit that year because everyone was migrating and there were no jobs available for my dad to compete being a civil engineer," said Tieri Erasito, a sophomore on the women's swim team and a native Fijian.

That situation became commonplace when the country later found out that it had been suspended from the Commonwealth Games. However, recently Fiji was invited back to the Commonwealth.

"Everyone was quite happy about it and proud to be back in the Commonwealth," said Erasito.

For those unaware of what the Commonwealth Games are, it is similar to the Olympics. However, only countries that are members of the Commonwealth are invited to participate. 71 nations in total were represented, including Fiji.

The games took place in Glasgow, Scotland this year. Among the 4,500 athletes was Lynn's very own Erasito. The Fighting Knight took to the swimming lanes as the first to represent Fiji in eight long years. Erasito swam multiple butterfly events and sprint freestyle.

It was mid-July when the athletes arrived at the games.

"The best memory I have from the trip is when we first arrived and walked in the opening ceremony; it was so great to represent my country and walk with the Fiji flag, definitely a proud moment for me and my family."

Being the first to represent her country after a suspension was an emotional roller coaster. Erasito explained that each morning she would wake up and sit on the edge of her bed and think, "Wow, I can not believe I'm here."

With all the emotions and competing, a little fun was in need. Between spotting the Royal Family across the pool, to her cousin playing FIFA with Prince Harry, it was an amazing experience for Erasito.

The Royal Family were not the only special appearance that Erasito witnessed. Erasito saw Usain Bolt as he crossed the finish line after a race. "I cannot explain how I felt, I just stood there in amazement at who I was looking at," Erasito said.

Erasito did not win any medals but ranked first in some of the heats she competed in. Though, Fiji did win a bronze medal for its first time back in the games.

While it may have been Erasito's first time to compete at the Commonwealth Games, she hopes it will certainly not be her last.

Above: Tieri Erasito traveled to Glasgow to take part in the Commonwealth Games. Stock Photos.
MOCKINGJAY TRAILER IS RELEASED

The Hunger Games is set to Return to the big Screen This November

Above: The latest installment of The Hunger Games, Mockingjay Part 1 will hit theatres worldwide this November. Stock Photos.

By KENDRA FULMER
Staff Writer

In the newest trailer for "The Hunger Games: Mockingjay", the conflict between the capitol and the surrounding districts of Panem are getting more intense by the minute.

In the beginning, Katniss Everdeen, (Jennifer Lawrence) is talking to President Snow, (Donald Sutherland) about how she never wanted any involvement in the Hunger Games. Sutherland’s menacing character responds in a very passive, yet hostile tone, “It’s the things we love most that destroy us.”

The trailer not only lets the viewer see the snippets of what can be expected plot and activity wise, but it also gives the viewer interesting insights into the range of new characters the upcoming installment of the hit trilogy has to offer.

One of the newest faces in the movie is a character by the name of Cressida, who is played by "Game of Thrones" and "The Tudors" actress, Natalie Dormer.

Another new character, by the name of President Coin, is played by actress Julianne Moore, who recently featured in the latest Liam Neeson movie, "Non-Stop."

However, the trailer does not show much of the late Philip Seymour Hoffman, who passed away suddenly this past February due to a drug overdose. The movie’s representatives said that in order to complete the film, editors were working on creating simulation effects in order to cover up his absence from the later parts of the movie.

“The scope and scale is huge. It’s really a true action film now, we’re not just in the Games anymore, we’ve really upped the stakes of the movie. It’s really about a full scale rebellion and a war between the Capitol and the Districts. So all the action sequences are just amazing and upgraded... action-movie level stuff going on, not just the story of a small-town girl,” said Elizabeth Banks who plays Effie Trinket.

The new installment of The Hunger Games is directed by Francis Lawrence and written by Danny Strong and Peter Craig. The anticipated film comes out in theaters Nov. 21 and is most definitely a must see movie for this fall season.
AMERICAN HORROR STORY RETURNS

The Highly Anticipated Television Show airs on FX Tonight at 8 p.m.

By BROOKE RUDISILL
Editor-in-Chief

Viewers who spent countless nights in fear of Bloody Face, Rubber Man or other terrifying characters from the hit television series "American Horror Story," (AHS) are in for a brutal introduction to tonight's premiere of the forth season, "Freak Show," at 8 p.m. on FX.

Spectators have been anxiously waiting for "American Horror Story: Freak Show," which takes place in Jupiter, Florida, to hit the television screens for the past few months. After three successful seasons, Ryan Murphy, co-creator of AHS, gushed to Buzzfeed about what viewers are most likely going to expect with this new anticipated season.

"We said in the writer's room that if we were going to do clowns, we were going to create the most terrifying clown of all time," said Murphy to BuzzFeed News. "That was our goal when we were writing him but I'm worried about people being too afraid of our clown. It's heart-stopping what he does. I'm worried. I'm worried that people are going to have cardiac arrest."

Not only will "Freak Show" be featuring John Carroll who plays Twisty the clown, viewers will be excited to see a lot of the previous actors from the past three seasons return to the screens.

"One of my favorite things about American Horror Story is that Ryan Murphy has such an incredible cast," said Salomey Owusu, junior.

"I love that the actors play completely different roles each season, it really shows how talented they are."

The actors in AHS are challenged by the fact that each season they are thrown into completely different characters, settings, story lines, plots and time periods. The first season was "Murder House," followed by "Asylum" and most recently "Coven."

This season will not only have Jessica Lange as a German ex-patriot running one the last American Freak Shows in 1952; but also Kathy Bates as a bearded lady, Sarah Paulson as conjoined twins with two heads, Angela Bassett, Gabourey Sidibe, Denis O'Hare, Evan Peters, Emma Roberts, Frances Conroy and other previous well known actors.

Murphy is also bringing singer/actress Patti Labelle, world's smallest living woman according to the Guiness World Records, Jyori Amge, actors Michael Chiklis and West Bentley, and "All My Children" actor Finn Wittrock on board for his outstanding cast.

"I can't wait to see what Kathy Bates does as the bearded lady," said RJ Parrillo, freshman. "I feel like she will be surprising in the way she acts."

Murphy also announced that the premiere will be 90-minutes long, instead of the usual 60-minute airing.

If viewers thought that the previous three seasons were terrifying, make sure to tune into FX tonight and be ready for what Murphy believes to be his best season yet.

Above: American Horror Story returns tonight on FX. Stock Photos.
LIPPI IS LIVING LIFE AFTER LYNN
Alumni is the Florida State Director for This Weekend’s Conference

By DOMINIC DITHURBIDE
Staff Writer

Since graduating from Lynn in 2013 and 2014, Andrew Lippi is staying active on campus with students, staff and faculty as the Florida State Director for the Millennium Campus Network (MCN).

Lippi is the epitome of how to take advantage of opportunities at Lynn. Lippi was born in New Jersey, moved to Key West at the age of seven and later moved to Quebec for high school when he was 15.

"I became a founding member of the Grail Knights and KOR that year," said Lippi. "I also started working with the women's basketball team as a practice player."

"I earned the Snyder scholarship as a senior and I wanted to move on and become a community advisor as well," said Lippi. "I also started working in Admission and gave people tours."

Lippi's time working with students at Lynn helped him decide what he wanted to do with his future. "All I was doing in some way or another was helping people," said Lippi. "I knew then, that was what I wanted to do with my life."

When Lippi completed his undergraduate education in American studies, he was selected as the student commencement speaker, where he was then awarded the Presidents Award.

"Once I finished, I applied to many Ivy League (Continued on page 2)
schools and got rejected by all of them," said Lippi. "Then a mentor of mine told me that life was not so bad. He was right; I could still get my masters here at Lynn and graduate in one year for free if I worked as a graduate assistant."

Lippi obtained his masters degree in only one year. However, after one door closes, another one opens. "I started getting into MCN actually after my graduation speech. Sam Vaghar [founder of MCN] was the speaker who went after me and after the whole process was over we started talking," said Lippi. "Next thing after that, President Ross asks me to [work with the Jen-zabar company to host the conference] because it was going to be hosted by Lynn University."

Now Lippi has come to the final stretch of his journey here at Lynn as the Millennium Campus Conference approaches. When asked what was next for him, Lippi shrugged at the idea. Abundant opportunities lie ahead for Lippi, as he has been accepted into the Peace Corps.

RECYCLING INTO A BETTER TERM
Lynn Makes Recycling Easier for Students with Blue Bins on Campus

By KEELEY SHIELDS
Staff Writer

Roughly 50 billion plastic water bottles end up in US landfills each year, which equals 140 million every day. That is enough, laid end to end, to reach China and back each day. Every day students walk past trash and recycle bins in every building on campus they step foot in, but the question arises whether students really pay attention to the recycling boxes distributed all throughout campus. To cut the amount of trash on campus, Lynn focuses heavily on recycling. Most things thrown away are actually recyclable, and to make it easier on the student body, Lynn has combined all four of the recyclable products being glass, paper, plastic and aluminum. "I do pay attention to the recycling bins on campus," said A.J. Filletta, senior. "I feel that if the school takes the effort to put the bins all over campus, then I too can take the effort to use them."

120 grams of greenhouse gases are generated by a single disposable plastic bottle of water, and ever one piece of paper recycled saves energy and reduces pollution. Making new paper from recycled materials uses 55 percent less energy than producing it from raw materials like trees. Recycling paper will also reduce air pollution by 85 percent.

"I try and hold on to any loose papers I have left over from class so I can throw them in the right bin," said Lauren Händley, senior. "I have realized since coming to Lynn, that it's easy to recycle."

"I think it is very important to help the planet", stated Isaac Hamui, junior. "It is such a small effort that can generate a big thing if everyone puts in their own part."

Lynn recognizes students who strive to make the world a better place. Students should be conscious of not throwing their plastic bottle caps and lids in the recycling boxes. Although they are made out of plastic, they are not made out the same material of plastic that the containers are made from.
OLD FADS MAY MAKE A COME BACK
Students Give Their Opinions on Their Favorite Fads From the Past

By TIARSHA HARRISON
Staff Writer

One would be surprised to know that people do miss fads that have now been outdated. Fads are behaviors that society pins as the next best thing. Although many portray fads as being the same thing as trends, fads are commonly considered a short behavior, whereas trends are popular for a long period of time.

"I miss the bell bottom pants fad," said Jessica Burke, junior. "I'm embarrassed to say that I actually own a few pairs. I miss them and I would really like to wear them again." "I also miss bell bottom pants," said Maria Kirkhan, sophomore. "They were comfortable and they went with everything." Fads change with every generation. In this day and age, people have grown from using retro longboards and skateboards to the latest fad, penny skateboards.

Although, Benjamin Hagen, sophomore, disagrees with society's liking of the penny skateboards, he prefers to skateboard on older models that used to be older fads. "I don't like penny skateboards," said Hagen. "I really actually prefer the '90s skateboards." When living in South Florida, it is very common to get stuck in the middle of a rainstorm. While a lot of students walk around campus with umbrellas, Evan DiCiara, freshman, hopes for the fad of ponchos to come back into today's current fashion.

"It kept you dry and you wouldn't have to carry around an umbrella, which only covers your head," said DiCiara.

"I don't have a particular fad I wish to come back or stay away," said James Mitchell, alumni. "I don't have a preference. I feel people should like or dislike whatever they want." As old fads fade, new ones appear every year. Regardless if a fad has become outdated or not, people should feel comfortable to wear or use anything that they want. Just because society does not find a certain type of clothing to be the hottest trend, does not mean that individuals should feel reluctant to express themselves.

Above: Students spill their favorite fads and explain why they wish that they were still in style. Staff Photos/T.Harrison. Stock Photos.
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STUDENTS SHAPING THE FUTURE
Lynn Welcomes Millennium Campus Conference Delegates Today

By KEVIN STUDE
Editor-in-Chief

Lynn will almost double its population this weekend as the Millennium Campus Network’s annual conference begins today.

Ever since Sam Vaghar spoke at Lynn’s commencement in 2013, the hype about his work as Executive Director of Millennium Campus Network (MCN) has been buzzing around the school.

Andrew Lippi, who was the student speaker at commencement that same year, became enthralled with the company. A few months later, Lippi became the state director as it was announced that MCN’s annual conference would be held at Lynn in 2014.

“I think one of the most inspirational messages I got from Sam was to never be afraid of anyone,” said Lippi. “His presence in front of an audience is like no other and he inspires others by living with no fear.”

In addition to Lippi, several Lynn students became interns, better known as Lynnterns, for the conference. This group of students has been working hard since January with MCN’s office in Boston to make the conference a success.

“I was first interested in MCN because my friend Anne Marie Van Casteren knew my passion for furthering education in developing nations,” said Liz Raffa, grad student and Director of Outreach and Recruitment Intern. “She was the one who encouraged me to get involved with the organization because of its alignment with many of my humanitarian values.”

Over 50 Lynn students are acting as team leaders for the conference. They will be collectively guiding all of the delegates throughout the debates and speakers. The Center for Student Involvement’s Becca Bender has been the point person for all team leaders.

“I’m expecting everyone, whether they’re a team leader, intern or delegate to make really exciting connections,” said Bender. “The energy that they will be feeding off of each other will make this a life changing experience.”

(Continued on Page 2)
On Sept. 7, the team leaders went through their own training for how they will handle delegates at the conference.

"MCN training was extremely informative and answered all of our questions," said Jocelyn Grayson, senior. "[Abigail Kelble, Programs Director] was really friendly and getting to learn interactively with all my friends made the experience even better."

Now that the conference has arrived, students are eager to expand their knowledge on these world issues and learn how they can make a change.

"As students we aren't afraid to dream and believe in something bigger than us. We're the ones with the visions that dare to challenge the world as we know it," said Tyne Potgieter, grad student and Director of Outreach and Recruitment Intern. "And to have the support of a conference such as this, where one is encouraged to share these dreams with other like-minded individuals to create networks across the globe, is something that I had to be a part of."

Today, Lynn will open its doors to several renowned social and environmental activists as well as delegates from around the world. Some people that can be seen this weekend include "New York Times" author Nicholas Kristof, "Sex and the City" actress Kristin Davis, Dr. Paul Farmer and "The O.C." actress Mischa Barton. Lynn students Energy Maburutse and Monisha Holmes will also be speaking during the conference.

This conference is sure to be a game-changer for Lynn and its community.

Students do not need to wait for the future to make a change, they are the future and can make a change now.
World News

OBSERVATIONS FROM UP ABOVE

Adding a new Observation Tower Will Help Scientists With Their Studies

By CARLOS RODRIGUEZ
Staff Writer

With Brazil currently dealing with one of the worst droughts the country has encountered, along with the rise of the deforestation of its rainforest, scientists have started to plan the building of a steel observatory tower to observe the effects of climate change in the Amazon.

About 100 miles away from the capital city of Manaus, construction on a 325 meter tall tower to gather information on weather, winds, cloud formation and carbon gas has begun.

"Its instruments will gather data on greenhouse gases, aerosol particles and the weather in one of the largest continuous rain forests on the planet," reported the BBC.

The project is being developed by Brazil's National Institute of Amazonian Research and Germany's Max Planck Institute for Chemistry.

"The tower will help us answer innumerable questions related to global climate change," stated Paulo Artaxo, the University of Sao Paulo's project coordinator for the tower.

With the construction of the new tower and the combination of the smaller surrounding observation towers, environmental experts will be able to monitor air pattern changes with a coverage area of hundreds of miles.

What is being considered the biggest factor contributing to the drought is the disappearance of the Amazon's "flying rivers." The "flying rivers" consist of moisture emitted from trees and carried by clouds of vapor that rise out of the rainforest.

According to researchers studying the "flying rivers," a single tree in the Amazon can emit more than 300 liters of water each day. The rivers are a major source of rain for both South and Central Brazil.

The Amazon rainforest is a very delicate ecosystem with a large influence on the intake and release of carbon in the atmosphere. It is also home to many unique species of plants and animals, cannot be found anywhere else in the world.

Any change in the Amazon's ecosystem can drastically affect the world. With the construction of the tower, scientists hope to help preserve the forest and maintain its ecosystem.

Above: The Amazon observation tower will be taller than the Eiffel Tower and will have a great view of the rainforest. Stock Photos.
TAKING ALL OPPORTUNITIES AT LYNN

Jake Bentwood is Taking Advantage of Everything He Can in School

Above: Jake Bentwood is a friendly and recognizable face across campus by being involved with various areas of campus. LU Photos.

By AMANDA FELDSTEIN
Staff Writer

Sophomore Jake Bentwood is an international business management major from Manchester, England having the time of his life at Lynn even though he is far from home.

Bentwood originally traveled to Lynn to play soccer for the Fighting Knights. While that part of his life has ended, he did not let that hold him back from enjoying his college experience and taking full advantage of Lynn’s resources.

Bentwood feels that his decision to attend Lynn was due to one major factor.

“No university that got in touch with me gave me that 'wow factor' until Lynn,” said Bentwood.

The original “wow factor” that Lynn provided Bentwood with still impresses him today. He has been given many opportunities while attending this institution, and it continues to be one of his favorite parts about it.

He enjoys many other aspects of South Florida and the Lynn population.

“The weather [is nice] and the community sort of feel around Boca feels like home,” said Bentwood.

Like many others, Bentwood misses home, but he has adjusted well and considers America a second home. He uses FaceTime to connect with his friends and family in England as well as associating with fellow English students.

America has entered his heart but in his opinion it is not very similar to England.

“America is much more modernized,” said Bentwood.

Bentwood did not hesitate to talk about why he loves Manchester.

“Manchester is the football capital of the world, in my opinion,” Bentwood added.

Speaking of soccer, Bentwood had the privilege of representing his country in the 19 Maccabiah Games, also known as the Jewish Olympics, in the summer of 2013. He found that experience to be one of his greatest and prideful moments, and loves sharing his memories with others.

Bentwood has two years left at Lynn and is currently employed by the Office of Admission.
Student Life

HOW TO FIND LOVE AT FIRST SWIPE
The Good, bad and Ugly of Using a Dating app to Find True Love

By JOCELYN GRAYSON
Staff Writer

In this day and age where technology affects and influences nearly every aspect of our lives, the dating world is being dominated by a variety of sites which attempt to help people find companionship.

Sites like eHarmony started the craze, but now it seems that new online dating sites, such as Christian Mingle, Black People Meet, or even Farmers Only, pop up every day for more specific communities. The newest and arguably most popular of these is Tinder, a matchmaking mobile app that connects with Facebook. It also uses GPS software to connect users with people in their selected area.

Because Tinder has a certain level of anonymity and will not let two users connect unless they mutually like each other, the app has gained popularity among the college demographic.

"Overall I really like Tinder, but it depends on what you're looking for," said Annabeth Sanders, junior. "If you're looking for someone to chill and hang out with, that's probably not going to happen, most people are just looking for a quick hookup."

With site administrators reporting close to ten million daily users, it seems like anyone can find that special someone on Tinder.

"I mostly use it for casual meet ups and dating," said Monisha Holmes, sophomore. "It can be really awkward because sometimes you see people from Lynn and you'll match up with them, but have never talked to them in real life. It's nothing more than a game."

As Tinder gains popularity, sites and social media accounts such as "tinderfessions" started documenting users' funny stories and experiences.

"I saw a profile on Tinder simply named burger," said Sam Grunow, junior. "All of this person's pictures were of cheeseburgers and their bio said something like 'you know you want my burger.'"

Tinder has gained massive popularity in the college demographic due to its social media style presentation, casualness and simplicity.

"I think it's a fun thing for people our age to find people they're attracted to and talk with no pressure," said Pedro Baena, sophomore.

"I use Tinder to pass time; it's fun, it's a game," said Nicole Constantino, sophomore. "I think it's popular with people our age because they're just looking for a quick hookup."

As with everything, there are downsides to Tinder. Countless users have reported receiving messages containing racial, homophobic and gender based slurs as well as harassment if they do not respond to someone's messages.

"Tinder's interface is good, but they should give you more info about the person from the beginning instead of making you look closer at their profile," said Mitch Brandwein, junior.

"It's a good social network, it helps people mingle and get to know people," said Jordan Warren, sophomore. "But sometimes people aren't who they say they are and I've seen a lot of spam accounts."

"I think Tinder is brainless dating, some people will swipe right on everyone they see" said Louis Davis, senior. "No one really takes it seriously."

While student's opinions on dating apps differ, one thing to keep in mind is courtesy and personal safety. If you do decide to meet up with someone from a dating site or app, first meet them in a public place, and make sure a friend or someone you trust knows where you are going to be, and who you are going to be with. Remember that even though this is an app, to act with courtesy and respect.

Whether it is for the rest of their lives or just one night, Tinder has certainly changed the dating game and helped bring it into the 21st Century.

Jocelyn Grayson is a senior majoring in Advertising and Public Relations. This column does not represent the opinions of the iPulse, but her personal thoughts and views.

Above: In order to connect with others on Tinder, one needs to like a profile and have that user like them as well, then they will match. Stock Photos.
APPLE UPDATE ENHANCES SECURITY
With the Release of iOS 8, Users can Feel Safe About Their Privacy

By RIGI ANDRADE
Staff Writer

The recent release of Apple iOS 8 allows users to feel more secure about their privacy on their phones than ever before.

"Security and privacy are fundamental to the design of all our hardware, software and services, including iCloud and new services like Apple Pay," said Apple CEO Tim Cook.

This new, built-in security feature even prevents government officials and advertising agencies from obtaining personal information from phones.

"We don't build a profile based on your email content or Web browsing habits to sell to advertisers," said Cook. "We don't 'monetize' the information you store on your iPhone or in iCloud. And we don't read your email or your messages to get information to market to you."

The way Apple keeps information personal is by having the encryption keys stored on the phone, instead of Apple's servers. Once encrypted keys leave Apple's server, it returns in a format that is personal to the iOS 8 users phone, but also cannot be decrypted by hackers.

"Unlike our competitors, Apple cannot bypass your passcode and therefore cannot access this data," said Cook. "So it's not technically feasible for us to respond to government warrants for the extraction of this data from devices in their possession running iOS 8."

The idea to tighten up access to personal information on the phone sprang up after the massive leak of celebrity nude photos over iCloud a few weeks ago. Apple has given users access to a "two-step verification process" for their iCloud accounts.

"Two-step verification is an optional security measure in which the company sends a text message with a code to a user's phone that they must enter to complete the login process," CBS News reported.

iOS 8 is out now and can be downloaded from the settings app on the iPhone.

Above: iOS has a lot of interesting new features and is officially available for download. Stock Photos.
WOMEN ARE TAKING OVER THE LEAD

Television is Seeing Strong Female Roles in High-Powered Positions

By KEVIN STUDE
Editor-in-Chief

Following a long road of playing the sidekick or the love interest, women are finally taking the lead on popular television shows.

Following award-winning roles in “Seinfeld” and “The New Adventures of Old Christine,” Julia Louis-Dreyfus is making yet another star-turn and winning awards as Selina Meyer in the HBO comedy “Veep.” In the first two seasons of the show, Meyer was the Vice President of the United States. After the president resigns in the third season, Meyer takes the reins as President of the United States.

“Julia Louis-Dreyfus is just perfect in ‘Veep.’ She gets to show off the spiky claws beneath her patrician finesse,” said Rob Sheffield of Rolling Stone. “The obvious way to play ‘Veep’ would be to make Louis-Dreyfus a folksy heroine, one with more common sense or populist heart than her enemies. But she isn’t one.”

Now starring in her fourth season of “American Horror Story,” Jessica Lange is continuing to have a starring role among an ensemble cast. The third season of the show, “Coven,” was perhaps her fiercest role as the supreme witch, Fiona Goode. The third season was especially important for the show, as seven of the nine main starring roles were female.

“We had at one point talked about having the school be equal parts male and female, but I abandoned that,” said creator Ryan Murphy. “I just wasn’t interested in that idea.”

Thursday nights have become known as “Shondaland” on ABC, as showrunner Shonda Rhimes has three shows with strong female leads in a row. The latter two shows, “Scandal” and “How to Get Away with Murder,” have black women in the lead roles. Kerry Washington stars as Olivia Pope, Washington DC’s best “fixer,” and Viola Davis stars as Annalise Keating, a law professor at a prestigious university, respectively.

Playing the “Mother of Dragons” on “Game of Thrones” is quite a role for Emilia Clarke. In the show’s fourth season, her character runs not only an entire army, but also a small army of dragons.

“It’s a role of a lifetime,” said Clarke. “It’s really incredible.”

In the 2013-2014 television season, only 27 percent of the creative work behind the cameras for television was done by women. Men still dominate this field not only on the creative side, but also on the acting side, as only 42 percent of speaking characters are female. With numbers from the Nielsen ratings showing that Americans watch television an average of 34 hours a week, it is clear that women are being misrepresented.

Television shows are working their way towards stronger female leading roles, but there is still a lot of work that needs to be done in the future.
GETTING HEALTHY AND FIT IN BOCA
Nutrishop has Everything One Will Need to Live a Healthy Lifestyle

By NICOLE DIRENZO
Staff Writer

Nutrishop is the perfect place for a one-stop shop for any dietary and athletic need.

"Nutrishop is a sports, nutrition and weight loss vitamin superstore," said Evan Eaton, owner and President of Nutrishop Boca.

They have various products including protein, vitamins, pre-workout and protein bars that can help anybody reach any type of fitness goals.

"My favorite products would be Nature's Fuel Daily Essentials, Pro7ein Synthesis protein powder, Forza One BCAA Sport and Glutamic because together they could benefit no matter what someone's goal is," said Eaton.

Eaton has a vast knowledge of his products and knows how to assist anyone in reaching a goal, from gaining muscle to living a healthy lifestyle.

"I opened this store because I have a passion for fitness and nutrition, and helping people reach their goals," said Eaton. "Nutrishop was one of the few businesses that was growing in a down market."

However, Nutrishop is not just a vitamin store. They will gladly provide anyone with advice and information, which sets them apart from competitors. They will take the time with each customer to make sure they will be provided with the best information for not only vitamin and supplement choice, but meal advice as well.

"We believe that eating right is the foundation to a fit lifestyle, so we give free meal plans to help our clients learn and grow," said Eaton.

Eaton is not the only a member of Nutrishop with a passion for fitness. His talented staff share his flair for helping others achieve fitness goals.

"I have been in this industry for eight years now," said Derek Brooks, store manager and certified personal trainer. "It's all about reaching dreams and helping someone reach a level of self esteem that makes them happy and healthy."

"I like working here because it's a family oriented atmosphere and I love helping people reach their goals," said Shane Eslahi, sales associate and IFBB men's physique pro, certified personal trainer.

Nutrishop is a reputable superstore for any vitamin needs. The staff is talented and willing to help with any goals. Nutrishop also gives 15 percent off to any student. To learn more about Nutrishop Boca Raton, their website is www.NutrishopBocaRaton.com. Like their Facebook page at Nutrishop Boca Raton and follow them on Instagram @Nutrishop_Boca.
BERRIO IS TAKING ON OPPORTUNITIES

How Becoming Involved at Lynn Changed Senior Alezandra Berrio’s Life

By KEVIN STUDER
Editor-in-Chief

As she starts her senior year, Alezandra Berrio is one of the busiest students at Lynn. Berrio, is an international student majoring in business administration with a specialization in fashion management and general management. She was born in Panama, but has never lived there.

“Living in so many places has taught me to be accepting, tolerant, and even though I may not always show it, patient,” said Berrio.

In addition to her schoolwork, Berrio is very involved with Housing and Residence Life (HRL). Last year, she became a Community Advisor in Lynn Residence Hall, and won CA of the Year for at Knight of Honors, and is there again this year. She is very passionate about making students love living on campus.

“I love being [in HRL] because I get to build relationships with not only professional staff, but my staff and residents,” said Berrio. “I’m not limited to one floor anymore and have a broad perspective.”

As part of HRL, Berrio has attended the Florida Resident Assistant Seminar (FRAS) the past two years as a delegate. RAs from schools all over Florida travel to this conference to learn about how other schools work with residents.

This year, the conference is being held jointly between Lynn and FAU and Berrio has joined the planning committee.

This week, Berrio will have another title to put on her resume. For the Millennium Campus Conference at Lynn, Berrio is the Director of the Global Generation Awards Intern.

Berrio will be hosting the awards for the speakers at the conference, which will include Nicholas Kristof, Dr. Paul Farmer and “Sex and the City” actress Kristin Davis.

The conference focuses on bringing students together to work toward achieving the United Nations’ Development Goals.

“Growing up in the Latin culture and different Latin cultures, you get to see how people are treated differently: gender, sexuality and where you come from,” said Berrio. “I always grew up being more careful than my brother. Even going to the movies, I had to be dressed more appropriately.”

Berrio has a bit of advice for new international students.

“Branch out. If you start feeling uncomfortable, it’s a good thing, not a bad thing,” said Berrio. “We tend to stick to our group because that’s all we know, so you can’t be afraid to branch out.”

Above: Berrio takes opportunities that come her way. LU Photos.
LIPPI IS LIVING LIFE AFTER LYNN
Alumni is the Florida State Director for This Weekend’s Conference

Above: Alumni Andrew Lippi has been taking advantage of every opportunity that has come his way since graduation. LU Photos.

By DOMINIC DITHURBIDE
Staff Writer

Since graduating from Lynn in 2013 and 2014, Andrew Lippi is staying active on campus with students, staff and faculty as the Florida State Director for the Millennium Campus Network (MCN).

Lippi is the epitome of how to take advantage of opportunities at Lynn.

Lippi was born in New Jersey, and moved to Key West at the age of seven and later moved to Quebec for high school when he was 15.

Lynn offers students endless opportunities to be successful. Lippi realized what he was capable of doing and embraced everything that was thrown at him.

"When I was a junior [at Lynn] I realized that I wanted to be a resident assistant," said Lippi. "After I managed to get there, I also joined KOR [Knights of the Roundtable]."

Lippi made it a goal once he started getting involved to get become a part of everything he could at Lynn.

"I became a founding member of the Grail Knights and KOR that year," said Lippi. "I also started working with the women’s basketball team as a practice player."

"I earned the Snyder scholarship as a senior and I wanted to move on and become a community advisor as well," said Lippi. "I also started working in Admission and gave people tours."

Lippi’s time working with students at Lynn helped him decide what he wanted to do with his future.

"All I was doing in some way or another was helping people," said Lippi. "I knew then, that was what I wanted to do with my life."

When Lippi concluded his undergraduate in American studies, he was asked to give the student speech at graduation, where he was then awarded the Presidents Award.

"Once I finished, I applied to many Ivy League schools and got rejected by all of them," said Lippi. "Then a mentor of mine told me that life was not so bad. He was right; I could still get my masters here at Lynn and graduate in one year for free if I worked as a graduate assistant."

Lippi obtained his masters degree in only one year.

However, after one door closes, another one opens.

"I started getting into MCN actually after my graduation speech. Sam Vaghar [founder of MCN] was the speaker who went after me and after the whole process was over we started talking," said Lippi. "Next thing after that, President Ross asks me to [work with the Jenzabar company to host the conference] because it was going to be hosted by Lynn University."

Now Lippi has come to the final stretch of his journey here at Lynn as the Millennium Campus Conference is in sight.

When asked what was next for him, Lippi shrugged at the idea. Abundant opportunities lie ahead for Lippi, as he has been accepted into the Peace Corps.
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IT IS THE SIMPLE THINGS THAT COUNT

Uruguayan Javier Anegon is Taking Full Advantage of College Life

Above: Javier Anegon has become very involved with many areas of campus including Knights of the Roundtable. LU Photos.

By AMANDA FELDSTEIN
Staff Writer

Javier Anegon, senior, grew up in Montevideo, Uruguay and came to America in Spring 2013 to obtain an education, but stayed true to his Uruguayan roots. Anegon is majoring in psychology with a minor in entrepreneurship. His plan after Lynn involves graduate school with a major in industrial organizational psychology.

"I want to study psychology applied to organizations and relating people with work," Anegon explained. Anegon felt coming to America to study would give him great opportunities. "Back home, college is just going to classes and going back home," said Anegon. Another reason for his decision is to learn from different cultures and leave the small country where he comes from.

Anegon is very passionate about Uruguay and explained that it is quite different from the United States. "The way we are raised is different," said Anegon. "Uruguay is very expensive so we don't consume as much. We keep things, we try to get all we can out of things." Anegon described the Uruguayan culture as appreciative and interested in world issues since the country is so small.

"The Uruguayan people are very interested about the rest of the world and are critical sometimes in a good sense," said Anegon. "They question authority and think critically." Uruguayans enjoy the simple things and are very independent when it comes to materialism. "Something important is that our culture is made to enjoy things without any extra goods," said Anegon. "We can have a good time without this and that." Due to the change in society and opportunities when Anegon moved to Florida, he was inclined to change his lifestyle.

"Back home I wasn't involved civically [and at Lynn] I am on student government," said Anegon. "I wasn't involved with the community. I left many things back home, which they helped me take advantage of Lynn and what the US has to offer."

Although Anegon is happy with his decision to come to America, after he finishes his studies and establishes his career, he plans to move back home to Montevideo. Anegon enjoys the fact that he can be himself at Lynn due to the diverse culture. He has made a lot of friends and feels very safe in Boca. Look out for Anegon on the tennis court representing the Fighting Knights.
WOMEN IN MAINSTREAM VIDEO GAMES
How can Female Characters Become Mainstream Among Gamers?

By BRIAN MARTIN
Staff Writer

Although the appearances of diverse characters have been featured in video games over the past few years, one group of characters has had a hard time finding a place in the video game industry: women. Lately developers have been giving gamers characters to play that are mostly male. This could be a potential indication that games are targeted toward the male audience.

"I guess that's the way culture perceives women, especially these days," said Charlotte Muriel, Coordinator of the Women's Center. "For example, women don't make as much as men."

There are other factors for a lack of relevant female characters. The way characters are written in video games can influence what kind of a role they have in the story and how gamers perceive them. Women are either depicted in games as action or side characters with no meaningful role to the plot. However, there are rare games in which a female character is the protagonist.

"Tomb Raider" is an action-adventure game with Lara Kroft, a female lead. "I think that women can play the role of the main character in a video game," said Rebecca Freeman, senior. "They can take on the same roles as men."

This game acts as a reboot for a character whose physical appearance has been discussed widely. This brings up the issue of the character's physical appearance. "Mortal Kombat" is an example of a franchise that usually gives its characters unrealistic body proportions. The female characters are no exception as they are usually depicted as strong women that are very muscular.

Clothing can be another factor in a character's reception. Females can be given certain outfits depending on what the game is about. "Mortal Kombat" also dresses their characters in outfits that match with each character's personality. Female characters are given outfits that are flashy or very tough and intimidating.

"I feel that besides the obvious 'lack of creativity,' the other is the industry finds it hard to market a video game with a decent female lead without sex appeal," said Matthew Mendisana, junior.

Game sales are the ultimate deciding factor if a game or game franchise hopes to earn sequels, but the demand for being able to play as a female character has been shown by both male and female gamers alike.

Some developers have begun to embrace the call for female leads. Developer Ninja Theory is currently developing a new game called Hellblade, a game set in a fantastical Celtic world where players take on the role of Senua, a female Celtic warrior trying to stay alive in what is described as a dark and dangerous world.

Since the game is being made independently, the developer is free to use its creativity to make a female character. But there are AAA developers that have used playable female characters to help bring diversity to their games. Square Enix's Final Fantasy series features a wide range of characters both male and female.

Square Enix is an example of a studio that isn't afraid to develop diverse characters of both genders. But for now, the issue of getting better female characters continues to be a subject of debate in the gaming community.

Above: Representation of women in video games. Stock Photos.
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Faculty Support
Timea Varga
Andrew Vermes

Faculty Advisors
Stefanie Powers
Martin Phillips
THE WALK TO RAISE AWARENESS
The Sisters of Theta Phi Alpha Participate in Annual Suicide Prevention Walk

Above: The ladies of Theta Phi Alpha showed their support for the American Foundation for Suicide Prevention. LU Photos.

By STEPHEN AMAYA
Staff Writer

Last month, the sisters of Theta Phi Alpha participated in the American Foundation for Suicide Prevention’s (AFSP) Out of the Darkness community walk, not just to raise awareness for suicide prevention, but for their very own sisters or loved ones who have suffered from or dealt with depression.

“We first participated in the walk three years ago, before we were even an official chapter of Theta Phi,” said Carly Meyerowitz, senior. “We did it because we knew of several sisters who faced and overcame depression, and we had sisters whose relatives also encountered depression and we wanted to support them as a sisterhood.”

Last year, the ladies were recognized as being one of the top donors by the AFSP for their contribution of $6,000 to the foundation. This money goes toward understanding and preventing suicide through research, education and advocacy, to try reaching out to people with mental disorders and those already contemplating suicide.

“Suicide is considered to be one of the leading causes of deaths for our age group,” Meyerowitz added. “I'm proud of the work Theta Phi has done to help those who are suffering from depression and having suicidal thoughts.”

Theta Phi Alpha was founded with the principles to advance educational, social and philanthropic interests and leadership training and to promote lifelong bonds of friendship. The girls prove to live up to their values as they not only help educate their peers and promote suicide prevention, but to also prove they have built lifelong bonds.

“I helped start this sorority three years ago and we participated in the walk for three years now,” said Meyerowitz. “I really hope this becomes a tradition for our girls. It’s a great cause with a purpose, and it’s a great time with your sisters.”

To learn more about the AFSP and the Out of the Darkness Walk, visit AFSPdonordrive.com.
LIVING IN A PUMPKIN SPICE WORLD

The Pumpkin Spice Trend has Reached a new Level This Fall Season

By CLAIRISSA MYATT
Staff Writer

It seems as though every year the world becomes a little more pumpkin crazed, and many interesting new products have started stocking shelves this fall season.

Everyone knows about the notorious pumpkin spice latte (PSL) from Starbucks, but lately, some interesting products have hit the market that have brought the popular flavor to a whole new level.

1) Breakfast: Sure, one could go for the typical PSL, however, Kellogg’s Eggo has come up pumpkin spice flavored waffles. Instant oatmeal, toaster pastries and Pop- Tarts have also joined the bandwagon. Bringing breakfast to a whole new level, Kellogg’s has given “Leggo my Eggo” a whole new meaning.

2) Soda: If one is looking for a refreshing beverage to wash down those waffles, why not try a pumpkin pie soda? Available only in select markets, Main Root Beverages has developed a one of a kind flavor of soda. Unlike Starbucks’ PSL, this drink is caffeine free. In addition, it was the winner of the 2010 Expo East New Product Pavillion- Best of New England.

3) Peanut Butter: Everyone does it, dipping the spoon into the peanut butter jar for a light snack. However, there may be some double dipping going on now that Jif has come up with a peanut butter and pumpkin pie flavored spread. Put it on bread, a banana or even a simple spoon and try it out today.

4) Gum: Most people reach for gum to get that fresh breath feeling. Well, not anymore. Thanks to Extra you can enjoy the delicious pie taste morning, noon and night without all the additional calories.

5) M&Ms: M&Ms are notorious for their creative flavors. From birthday cakes to pretzels, the company is constantly coming up with new ideas. With this new pumpkin spice flavor, it is expected that M&Ms will experience yet another hit.

6) Oreo’s: Oreo has officially put pumpkin spice flavored Oreo’s on the shelf. With a vanilla cookie and pumpkin center, America may have found its new favorite treat. If one is feeling daring, go ahead and dip the Oreo in a pumpkin spice latte, but be prepared for a taste explosion like no other.

7) Yogurt: Both Chobani and Yoplait have created yogurts to incorporate pumpkin this fall. Unlike all of the other pumpkin flavored items on the market, there is actual pumpkin in the Chobani yogurt. Nothing artificial here, if it is pumpkin that one wants, it is pumpkin one will get.

8) Pasta: Finally, an acceptable way to enjoy pumpkin spice at dinner: behold, pumpkin spice fettuccini. Being nutritious and all natural, Rossi Pasta has captured the season of autumn in a simple dish. Try it with whatever one can imagine, it is sure to turn out well.

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Lynn's Annual Belief Bazaar Educates Students About Different Beliefs

By ZENAS JONES
Staff Writer

Lynn is home to a very diverse student population. For this reason students should attend Lynn's annual Belief Bazaar in order to educate themselves about the different cultures and faiths found on campus.

Students will have the opportunity to share their beliefs and traditions at the yearly fair. Students will be able to converse about such topics in order to broaden their knowledge of the world.

The gathering will feature many people from outside the university with abundant knowledge in their selective religions. The students can approach a specialist, ask a question and receive a detailed, in depth answer.

"It's about celebrating the diversity that we have across campus," said Dr. Mark Luttio, professor. "We have an amazing array of beliefs."

This event is completely bias free and does not show individual favor toward any kind of religion or belief. The welcoming atmosphere of this event is a major factor in its continuing success.

Students are encouraged to let their curiosity run free and ask as many questions as possible. Students who engage in the events various activities will be rewarded with ice cream. Considering the hot South Florida climate, this is definitely a bonus.

Terence McCorry, head of the Spiritual and Religious Life advisory board oversees everything that has to do with religious and spiritual life on campus and is one of the primary organizers of this event.

"Everything was designed for them to ask or encounter interfaith questions," said McCorry. "They had to ask these kinds of questions in order to get ice cream and they really wanted that ice cream, so they asked those questions."

This event is one of the many things that make this campus unique. Bringing together such a diverse student body can be difficult. However, Lynn has flawlessly achieved this feat.

Giving students the opportunity to become educated about things of spiritual nature brings people closer together.

"Hopefully in some small way we've given a sense of the rainbow colors," said Luttio. "If nothing else we are all out here together, and [students] see us actually as religious leaders."

Make sure to stop by the Perper Plaza from 11 a.m. to 2 p.m. for the Belief Bazaar today to learn something new.

Above: The annual Belief Bazaar is the perfect place for Lynn students to educate themselves about different religions. Stock Photos.
TIPS AND TRICKS TO ESCAPE RAIN
Lynn Students Deal With South Florida's Rain in a Variety of Ways

Above: Lynn students have a variety of helpful tips when it comes to dealing with rainy South Florida weather conditions. Stock Photos.

By TIARSHA HARRISON
Staff Writer

Living in Florida, one would think that everyone on campus would carry an umbrella, but a surprising amount of students forget an umbrella and simply run for cover when it rains or hide indoors until it passes.

Some students do not carry an umbrella at all times as it takes up too much space and is too bulky to carry around. Many choose to leave it in a nearby location, such as a car or resident hall.

"I don't carry an umbrella," said Ian McGowan, sophomore. "It takes up way too much space so what I do is keep it in my car, but I do not carry it around."

"I keep it in my car," said James Mitchell, alumni. "However, it never seems to rain for me but if it does I will just wait wherever I am at the moment until it slows down."

"I do not carry an umbrella around," said Rafael Lapa, sophomore. "It is too big so if it starts raining I will simply just run to my car."

Some students only carry an umbrella when a stormy day is forecast or if the sky is gray and cloudy. "If it definitely looks like it's going to rain then I would bring one because I do not want to get wet," said Jessica Burke, junior. "But if it doesn't, then I won't bring one."

"It also depends on the day for me," said Evan DiChiara, freshman. "When I first wake up and it looks disgusting, out then I would bring one just in case."

Other Lynn students carry an umbrella around at all times and are fully prepared in the event of a sudden downpour. "I do carry an umbrella," said Benjamin Hagen, sophomore. "It literally just rained on me yesterday."

A few students decided to carry an umbrella in order to avoid having to result to wearing unflattering garments. "Yes, I carry an umbrella," said Maria Kirkhan, freshman. "I mean it definitely looks cuter than a poncho."

While some students decide not to carry an umbrella because it weighs too much, others carry one depending on the weather conditions or fashion choices, or even because it rained yesterday, everyone at Lynn had a different opinion on carrying their umbrella and to avoid getting completely soaked.
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NEWEST FRATERNITY ON CAMPUS
Fraternity Sigma Alpha Epsilon Became a Colony at Lynn in 2013

By TIARSHA HARRISON
Staff Writer

Sigma Alpha Epsilon, is the largest fraternity on campus, which was in-stated as a colony in 2013 and was founded only two years ago.

"I helped start the fraternity as an interest group back in 2012 and we've gone from seven founding members to 24 members," said Stephen Amaya, senior.

Amaya has been involved in the campus community by serving as a founding member of Knights of the Roundtable and president of the student programming board, and he even gives tours to prospective families.

Sigma Alpha Epsilon is the largest social fraternity in the nation and promotes the ideals of its creed, the "True Gentleman." They believe in promoting the highest ideals of scholarship, service and friendship.

"I love being apart of SAE because of the bonds I share with my brothers," said Amaya. "Growing up I was the only boy and the middle child out of five kids, so being a part of a brotherhood is great because now I have brothers I know will be there for me through thick or thin."

As founding members of their fraternity, the brothers get to enjoy creating their own traditions and memorable events for the campus to enjoy.

"I get to leave behind a legacy and that's pretty awesome because years from now, hopefully my tradition will carry on," said Amaya.

Fraternities provide not only brotherhood and a fun social aspect of college, they also create life long connections and opportunities for students. The brothers are all involved in the campus community by attending many athletic games and helping the local community.

"I was skeptical about joining a fraternity when I first came to Lynn. I never thought I'd start my very own fraternity on campus, or that I would have 23 brothers," said Amaya. "My fraternity means everything to me and if any guys are interested in SAE or Greek Life, they can come speak to me."
CLASSICAL MUSIC FOR LYNN’S EARS
This Fall, the Conservatory of Music Schedules to Entertain Crowds

By ZENAS JONES
Staff Writer

Lynn’s Conservatory of Music upholds a reputation for containing world-class musicians that perform in front of crowds whose ears crave for the sweet sounds and marvelous melodies.

Well-known for the performances that they put on every year, the conservatory is here to do what they love to do with beautiful execution.

On Oct. 25 and 26, the Conservatory of Music will do what they do best yet again at the Wold Performing Arts Center with Philarmonia No. 2. Acclaimed conductor Guillermo Figueroa will lead the performance. The repertoire includes works from Mozart, Faberman and Rachmaninoff.

On Nov. 1 and 2, the Live at Lynn American Songbook Series will be taking place in the Wold Performing Arts Center. With a presentation of music from the Golden Age of Jazz, Broadway, Hollywood and Tin Pan Alley, listeners are surely in for a treat. This year, performances include pieces from famed composers Leonard Bernstein, Hoagy Carmichael, Harry Warren and many more.

The holidays are such a wonderful time of year, so why not celebrate the holidays by attending the 12th Annual Gingerbread Holiday Concert? Spreading the holiday spirit throughout Boca, the Conservatory of Music performs seasonal classics for all to enjoy. Figueroa will lead the orchestra, and will help raise funds for scholarships toward the conservatory’s very talented and hard-working musicians from across the world.

Along with the conservatory, Seanna Pereira, a nine-year-old singer and actress will lead the sing-along portion of the concert. These events are definitely something that should be attended by the student body. There is nothing waiting for you except stellar performances by the many talented musicians within the Conservatory.

Students can receive free tickets to most music events by going to the box office in the Wold 48 hours before the show.
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Kevin Studer is a well-known face around campus for his involvement in Housing and Residence Life, iPulse, and other campus organizations. Above: Kevin Studer is a familiar face for his work in Housing and Residence Life, iPulse, and other campus organizations. LU Photos.

By CLAIRISSA MYATT
Staff Writer

iPulse is a daily student publication that attracts many readers. Students and staff pick up a paper from the little blue boxes nearly everyday. What they do not know is the amount of time that an editor will put into creating the paper Lynn loves.

Speaking with one of the newly appointed editors-in-chief, Kevin Studer, it is clear that the workload that goes into creating iPulse on top of his other activities is not light.

Studer starts his morning bright and early to prepare himself for a busy day ahead. Skipping the hustle and bustle of the cafeteria, he enjoys breakfast in his room while getting ready.

"I start heading to class right before nine. I am taking all upper level communication classes and dialogues," said Studer.

With a few classes out of the way, Studer's day has only just begun.

By 11 a.m., he is on his way to the first of his two trips to the newsroom.

"While in iPulse, I work on my layouts and put in edits from the editors and whatever else needs to be done at the time," explained Studer.

He does the layout for the Friday issues, edits each issue throughout the week and writes articles as well.

"My favorite beat to cover is entertainment. In high school I was a drama student, so I was really into entertainment," said Studer. "I started at Lynn as a drama major before switching over to journalism."

After taking a quick break for lunch, it is straight to the newsroom again to continue working on upcoming iPulse editions.

"It takes a lot longer than people realize. I work on Friday issues, so I lay out a 12 pages every single week. Laying out a 12-page issue normally takes an hour and a half," said Studer. "What people don't realize is that before iPulse is distributed, it goes through seven rounds of edits between the four editors, our graduate assistant Meaghan Bout-

(Continued on Page 2)
well, Professor Phillips and Professor Varga."

Studer is also a resident assistant (RA) in Trinity Hall. The job keeps him very busy after he gets done in the newsroom. On Mondays, he has a meeting with his community advisor, Ruth Augustin, as well as staff and area meetings every Tuesday.

"Being an RA is crazy, but so much fun. I am on a floor with 37 other boys, and I am constantly doing something for them," said Studer. "I create the posters for the hallways, host events twice a month and I try to make connections with each of my boys."

The amount of time that goes into being an RA is more than strenuous. On weekdays, RAs are on duty from 8 p.m. until 8 a.m. and on the weekends, RAs are on duty for a full 24 hours from 8 p.m. one night until 8 p.m. the next night.

"Time management has definitely played a big factor," said Studer. "When people ask me how I manage my time, I do not know how to answer, except that I get everything done somehow."

After classes, he catches a break and can finally sit down, relax, and yes, get some more work done.

"When I leave my room in the morning, I make sure I have everything with me because I know I will not get back until at least five," said Studer.

Additionally as an RA, Studer is expected to attend many campus events that are held at night. Most recently, he volunteered at the Color Run and threw paint at runners as they passed.

"The color run was a lot of fun," said Studer. "Some people would run away from the color and I would be like, 'Then why are you in a Color Run?'"

Studer is also on Knights of the Roundtable as the Knight for Clubs and Organizations, a Student Storyteller for marketing, in the 3.0 program, a volunteer for the Office of Admission and recently finished an internship with the Millennium Campus Network.

"When I give tours and tell potential students about everything I do on campus, they look so surprised," said Studer. "If I had a tour guide like myself, I think I would have told them that they need to calm down."

Once midnight rolls around, it is finally time for him to hit the sack. With the hectic schedule Studer holds, some could consider him to be the athlete of the news room. Constantly working and never resting, it is because of the effort that he and his staff put into the paper that makes it such an enjoyable read.

Above: Studer is active with many activities on campus. LU Photos.
World News

WHITE HOUSE SECURITY BREACH

For the First Time in Years, the White House had a Security Breach

By IVAN ZHYKARIEV
Staff Writer

Former US Army veteran, Omar J. Gonzalez, who climbed over the White House fence and made it through the North Portico doors of the most secure building in the world, raised security concerns in the nation’s capital.

More than a century ago on April 13, 1912, Michael Winter breached the security of the White House in attempt to see President William Howard Taft and demanded to speak with him. Winter’s fate was not known, however he is in record books as the first named White House intruder.

The only recorded attempt to assassinate the president in the White House came early in 1974 during the presidency of Richard Nixon. 44-year-old Samuel Byck hijacked a passenger aircraft with the intention of crashing it into the White House, while the president was inside.

The man was cornered at Baltimore-Washington International Airport, where he hijacked the plane, but two people were killed and another one critically injured as Byck tried to gain access to the plane.

Byck committed suicide shortly after the police stormed the plane, and even though President Nixon was not hurt, Secret Service was eager to tighten the security measures around the perimeter of the White House.

Gonzalez is believed to be the latest intruder, who managed to go through the austere White House security, carrying a knife and 800 rounds of ammunition in a car parked blocks away. His intentions are still unknown.

In light of yet another intrusion and possible threat to the security of the most iconic political mansion in the world, questions are being asked about the White House security.

However, a more important question appears. If the White House is subject to intrusion and possible attack, how safe are the public places for people who do not have an army of Secret Service agents to guard their back?

Above: The White House is in disarray as there was a breach in security for the first time since Samuel Byck in 1974. Stock Photos.
Student Life

SANTILLAN’S HOME AWAY FROM HOME

Senior Mauricio Santillan has big Plans for his Future in America

Above: Mauricio Santillan has become involved at Lynn and loves America, but still displays pride for his home country. LU Photos.

By AMANDA FELDSTEIN
Staff Writer

Mauricio Santillan is a senior with high expectations for his future career, who came to America to learn from other cultures as well as perfect his English.

“I want to work in a big company and later, based on my experiences, open my own company,” said Santillan.

Originally from Mexico City, Santillan studied in America at another institution in Pennsylvania prior to Lynn.

“I came here for soccer, the weather, to be close to home, the international atmosphere and work opportunities,” said Santillan. Santillan felt South Florida was best for his future and hopes to eventually live and work in Miami.

“I like the nice weather, that there is no security problems and the Latino environment,” said Santillan.

He is also thinking of moving to California. When he makes that decision, being far from home will not be new to him.

“I left home when I was 14 to attend a boarding school, so I’m already used to not being home that much,” said Santillan. His boarding school experience helped him live away from Mexico City and has prepared him for his future life in America.

Back home, Santillan did not take part in as many activities as he does while attending Lynn.

“It is not as accessible at home as it is here,” said Santillan.

For him, America has an abundance of opportunities.

“There are differences in language, study and sports opportunities,” said Santillan.

He came here to play soccer and knew he would receive a special type of education. However, he sees some similarities in weather, class times and dress codes.

While Santillan points out that Mexico City is the largest city in the world it lacks something that he finds here at Lynn.

“My favorite part about Lynn is having friends from all around the world,” Santillan said.

Santillan enjoys the diversity Lynn has to offer and takes full advantage of making friends. As a tour guide for the Office of Admission he is familiar with meeting new people.
Food and Dining

JIMMY JOHN’S CARD SYSTEM FAILURE

Popular Food Chain is Under Fire for a Credit Card System Data Breach

By JOHNATHON HUNNEWELL
Staff Writer

Once again, another chain has had their payment system hacked. Jimmy John’s, a favorite among college students and many others, is the latest victim.

Jimmy John’s is a sandwich shop based in Champagne, Illinois. They have over 1,900 stores in the United States from California to Florida. These stores have suffered from the latest attack of hackers. In Florida alone, 13 stores were compromised. These stores are located in Orlando, Tallahassee, Jacksonville, Fort Lauderdale, Tampa, West Palm Beach and Gainesville.

The hackers took login credentials from Jimmy John’s payment technology vendor and then accessed its point-of-sale system. It is believed that the hackers stole credit card and debit card information from its credit card readers from the aforementioned locations between June 16 and Sept. 5. The company did not say how many cards were stolen, but it did say that the investigation is ongoing.

Jimmy John’s corporate headquarters learned about the breach on July 30 and, upon discovering the information the corporate headquarters hired security experts to help aid in the investigation.

The company released the following statement, “The security compromise has been contained, and customers can use their credit and debit cards securely at Jimmy John’s stores.”

The company has taken steps to make it more difficult to obtain credit and debit card information by installing machines that encrypt credit card data.

Jimmy John’s is not the only company that has fallen victim to hackers; they are among a growing number of retailers and restaurants that have been compromised.

Home Depot, the largest home improvement store, said that a cyber attack compromised 56 million payment cards this month. Also in June, P.F. Chang’s China Bistro was attacked. In addition, Target and Neiman Marcus have been victims of such cyber attacks in the last year.

Regarding the breach, the Jimmy John’s corporation explained, “We were contacted by law enforcement and will continue to cooperate with their investigation.”

Jimmy John’s also added that any of the customers who dined at one of their 216 locations during the specified dates are eligible for free identity protection from AllClear ID.

Above: Jimmy John’s has been having credit card issues. Stock Photos.
Fashion

DRESSING LIKE SCANDAL’S GLADIATOR

Women can now Dress Like Olivia Pope by Shopping at the Limited

By BROOKE RUDISILL
Editor-in-Chief

With the forth season of ABC’s hit television show “Scandal” airing this fall, Gladiators, the nickname for “Scandal” fans, all over the country are bustling with excitement over the hot fall clothing line “Scandal,” that has been released to the public.

Kerry Washington, actress who plays the leading star Olivia Pope, Lyn Paolo, costume designer of “Scandal” and Elliot Staples, head of design for clothing store The Limited, have teamed up to design a line of clothing that is now available for women to purchase at The Limited.

Washington’s character is well known for having an incredible sense of style on the show. What Washington, Paolo and Staples want is for women to feel confident and powerful in the clothing they wear.

“Dressing as a Gladiator means not being afraid to have it all – to be glamorous, smart, powerful and sexy,” said Washington to InStyle. “There’s this history in fashion that in order to be a powerful woman means you have to dress like a man, and we wanted to go away from that. We wanted to figure out how to express both power and femininity through fashion for this character, because she’s a women who is not afraid to be the most powerful character in the room.”

Some items in the collection are identical to what Washington wears on the show. The collection contains signature jackets, wide legged and slim ankle trousers, beautiful dresses and an extensive variety of sophisticated tops.

What Washington, Paolo and Staples envisioned was to make it possible for buyers to mix and match as many articles of clothing from this line. Most pieces are compatible with each other and create completely different outfits.

“I love the simple elegance in this collection,” said Staples to Forbes. “Bringing a quintessential neutral palette together with soft feminine color, the collection is outfit driven while remaining easy to mix and match.”

Now fans are able to dress in the same designs of clothing that are worn by Washington starting at $49 to $250. Women all over the country are now able to feel beautiful and fashionable, but also like “Gladiators in suits.”

For viewers who have not yet seen “Scandal” seasons one through three are available on Netflix and other online streaming websites. The fourth season is currently airing on ABC at 9 p.m. on Thursdays.

Above: The Limited now features clothing inspired by Olivia Pope (Kerry Washington) from the ABC show “Scandal.” Stock Photos.
Entertainment

THE REDNECK BOYS AROUND HERE

Popular Country Music is Causing Male Singers to be Less Than Deep

By KEVIN STUDER  
Editor-in-Chief

Though country music has been entering mainstream charts recently, the music that country men have been releasing is less than deep.

Within the past year, a term to describe male artists in country music has arisen: bro-country. This label has been created to group together songs that have the three major themes of girls, trucks and beer.

"I describe it as a bunch of artists that sell out shows," said Tyler Hubbard of Florida Georgia Line. "I don't really understand the term myself."

Seemingly many of the songs follow the same pattern. They start with trucks driving down old dirt roads, hopefully there is a girl in tight jeans with them; and alcohol always makes the night better. If all else fails, they can just sing about a girl who they call girl and they have a hit song.

Last October, iTunes Top 40 country songs was dominated by bro-country. Of the top 40, there were eight male writers whose songs dominated the charts. The number one song at time, Luke Bryan's "That's My Kind of Night," was the biggest offender of bro-country.

Throughout the song, Bryan sings about his ideal night with a girl. He tells the girl to scoot closer to him in his truck and hand him another beer. Bryan has spoken about his confusion on bro-country.

"What's funny is that the majority of listeners are females," said Bryan. "But then you'd feel like they would want to hear women too."

Kacey Musgraves has been trying to break out into the country music scene recently. She has written songs for many female country singers including Miranda Lambert's "Mama's Broken Heart," which reached number two on Billboard's US Hot Country Songs chart. However, Musgraves has only reached number 10 on the US Country charts.

"Anyone singing about trucks, in any form, in any song, anywhere," Musgraves said about which music trend need to end. "Literally just stop - nobody cares! It's not fun to listen to."

Eighteen-year-old singers Maddie and Tae fired back at country bros with a clever song called "Girl in a Country Song." In the song, the two combat against the stereotypes for women in country music. They agree that they will slide over, since most men want them to, but then they will slap the man.

However, some female country singers have a different opinion.

"I think it's big right now because everybody wants to escape for a minute and think about the fun stuff, and not driving in traffic and going to work," said Lambert. "But there is so much more you can sing about and say...The bottom line is that whatever country is doing right now, it's working. And I'm damn glad to be part of it."

Lambert and Carrie Underwood even joined forces recently to have the ultimate country diva song, "Somethin' Bad." The pair, who together won the Country Music Association Award for Female Vocalist of the Year for seven of the past eight years, hit number one with this song. The two were rumored to be rivals because of their popularity, but they have proven how great of friends they are.

Whether people like it or not, bro-country is what is hugely popular now and it does not seem like that will change soon. Country music goes through ups and downs and hopefully women will be topping the charts once again.
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Uruguayan Javier Anegon is Taking Full Advantage of College Life

By AMANDA FELDSTEIN
Staff Writer

Javier Anegon, senior, grew up in Montevideo, Uruguay and came to America in Spring 2013 to obtain an education, but stayed true to his Uruguayan roots.

Anegon is majoring in psychology with a minor in entrepreneurship. His plan after Lynn involves graduate school with a major in industrial organizational psychology.

"I want to study] psychology applied to organizations and relating people with work," Anegon explained.

Anegon felt coming to America to study would give him great opportunities. "Back home, college is just going to classes and going back home," said Anegon.

Another reason for his decision is to learn from different cultures and leave the small country where he comes from. Anegon is very passionate about Uruguay and explained that it is quite different from the United States.

"The way we are raised is different," said Anegon. "Uruguay is very expensive so we don't consume as much. We keep things, we try to get all we can out of things."

Anegon described the Uruguayan culture as appreciative and interested in world issues since the country is so small.

"The Uruguayan people are very interested about the rest of the world and are critical sometimes in a good sense," said Anegon. "They question authority and think critically." Uruguayans enjoy the simple things and are very independent when it comes to materialism.

"Something important is that our culture is made to enjoy things without any extra goods," said Anegon. "We can have a good time without this and that."

Due to the change in society and opportunities when Anegon moved to Florida, he was inclined to change his lifestyle. "Back home I wasn't involved civically [and at Lynn] I am on student government," said Anegon. "I wasn't involved with the community. I left many things back home, which they helped me take advantage of Lynn and what the US has to offer."

Although Anegon is happy with his decision to come to America, after he finishes his studies and establishes his career, he plans to move back home to Montevideo.

Anegon enjoys the fact that he can be himself at Lynn due to the diverse culture. He has made a lot of friends and feels very safe in Boca.

Look out for Anegon on the tennis court representing the Fighting Knights.
THE WALK TO RAISE AWARENESS
The Sisters of Theta Phi Alpha Participate in Annual Suicide Prevention Walk

Above: The ladies of Theta Phi Alpha showed their support for the American Foundation for Suicide Prevention. LU Photos.

By STEPHEN AMAYA
Staff Writer

Last month, the sisters of Theta Phi Alpha participated in the American Foundation for Suicide Prevention's (AFSP) Out of the Darkness community walk, not just to raise awareness for suicide prevention, but for their very own sisters or loved ones who have suffered from or dealt with depression.

"We first participated in the walk three years ago, before we were even an official chapter of Theta Phi," said Carly Meyerowitz, senior. "We did it because we knew of several sisters who faced and overcame depression, and we had sisters whose relatives also encountered depression and we wanted to support them as a sisterhood."

Last year, the ladies were recognized as being one of the top donors by the AFSP for their contribution of $6,000 to the foundation. This money goes toward understanding and preventing suicide through research, education and advocacy, to try reaching out to people with mental disorders and those already contemplating suicide.

"Suicide is considered to be one of the leading causes of deaths for our age group," Meyerowitz added. "I'm proud of the work Theta Phi has done to help those who are suffering from depression and having suicidal thoughts."

Theta Phi Alpha was founded with the principles to advance educational, social and philanthropic interests and leadership training and to promote lifelong bonds of friendship. The girls prove to live up to their values as they not only help educate their peers and promote suicide prevention, but to also prove they have built lifelong bonds.

"I helped start this sorority three years ago and we participated in the walk for three years now," said Meyerowitz. "I really hope this becomes a tradition for our girls. It's a great cause with a purpose, and it's a great time with your sisters."

To learn more about the AFSP and the Out of the Darkness Walk, visit AFSP.donordrive.com.
NEWEST FRATERNITY ON CAMPUS
Fraternity Sigma Alpha Epsilon Became a Colony at Lynn in 2013

Above: The brothers of Sigma Alpha Epsilon have become the largest fraternity ever at Lynn, with 24 current brothers. LU Photos.

By TIARSHA HARRISON
Staff Writer

Sigma Alpha Epsilon, is the largest fraternity on campus, which was instated as a colony in 2013 and was founded only two years ago.

"I helped start the fraternity as an interest group back in 2012 and we've gone from seven founding members to 24 members," said Stephen Amaya, senior.

Amaya has been involved in the campus community by serving as a founding member of Knights of the Roundtable and president of the student programming board, and he even gives tours to prospective families.

Sigma Alpha Epsilon is the largest social fraternity in the nation and promotes the ideals of its creed, the "True Gentleman." They believe in promoting the highest ideals of scholarship, service and friendship.

"I love being apart of SAE because of the bonds I share with my brothers," said Amaya. "Growing up I was the only boy and the middle child out of five kids, so being a part of a brotherhood is great because now I have brothers I know will be there for me through thick or thin."

As founding members of their fraternity, the brothers get to enjoy creating their own traditions and memorable events for the campus to enjoy.

"I get to leave behind a legacy and that's pretty awesome because years from now, hopefully my tradition will carry on," said Amaya.

Fraternities provide not only brotherhood and a fun social aspect of college, they also create life long connections and opportunities for students. The brothers are all involved in the campus community by attending many athletic games and helping the local community.

"I was skeptical about joining a fraternity when I first came to Lynn. I never thought I'd start my very own fraternity on campus, or that I would have 23 brothers," said Amaya. "My fraternity means everything to me and if any guys are interested in SAE or Greek Life, they can come speak to me."
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Why Play One Sport When One Can Play Two?

By CLAIRISSA MYATT
Staff Writer

Being an athlete competing at the collegiate level, it is automatically assumed that one’s schedule is busy beyond belief. With logging 20 hours of practice a week, classes, homework, internships and work, it becomes a full time job.

Now, take everything listed above and add one more sport. Sounds crazy right? Two members of the women’s swimming team decided to take on the madness of being a dual sport athlete. Oh, and both sports are currently in season which only means that they are putting in an unheard amount of training hours.

“We are only permitted 20 hours total since both sports are in season. Coach splits it up nicely so that we swim 18.5 hours and run another hour and a half by letting us out of swimming early,” said Rebecca Matthews, graduate student.

While most people decide to compete in sports that they have played their whole lives, both Savannah Maier, sophomore, and Matthews decided to start from scratch and see what cross country was all about.

Both girls being new to running, or as Maier put it, “fish out of water” when it comes to cross country, have identical reasons as to why they started in the first place.

“In France I use to compete in triathlons now and again. I quite enjoyed running even though...
I never properly trained," said Matthews.

Maier agreed by saying, "In the future I hope to get into triathlons and by running cross country, it is the first step to getting into them."

In any sport, teammates quickly become family. When one is eating, sleeping and training together everyday, it becomes inevitable. While both girls have a tight swimming family, Maier said that, "Meeting new teammates who basically become your sisters because of all the training and challenges you go through." This is the best part of this new adventure to her life.

One of the biggest challenges the girls have faced is learning to race and train on land rather than in the pool. Matthews explained that compared to swimming, running is very straight to the point, so to speak.

There are so many different things to focus on while swimming and in addition, the practices are very different as there are days designated to certain types of training. What one sees is what one gets when it comes to cross-country.

Part of being an athlete is great time management skills. Matthews being a grad student completes the majority of her work during the day being that her classes do not start till the evening.

Meanwhile, Maier finds that organization is key.

"Charts, having a planner and reminders on my phone and schedules in my room help me stay focused on what needs to be accomplished," said Maier.

While cross-country has proven to be much different than the girls' typical pool training, both have enjoyed it immensely and found it beneficial to their swim training.

In addition, it looks like they are here to stay as they both stated they will "most definitely be running next year."

Above: Maier and Matthews continually have crazy schedules while being full time students and dual athletes. LU Photos.
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NO SUCH THING AS A DULL SUNDAY
Sunday Segretario Spreads her Cheer Amongst Fighting Knights

By DOMINIC DITHURBIDE
Staff Writer

Students do not expect to receive such an overwhelming welcome when they walk into a cafeteria, but when it is up to Sunday Segretario, staff member in the Elmore Dining Commons, one should expect a delightful experience.

Originally from New Jersey, Sunday lived most of her life in Connecticut before moving to Delray Beach seven years ago with her retired husband.

This is Sunday’s first venture in working for SODEXO and the Lynn community. She met General Manager of Dining Services Brian Bowser earlier in 2014, and embraced the opportunity.

“I decided to step out of my comfort zone,” said Segretario. “After my husband passed away I had lost my best friend. I accepted this job with SODEXO at Lynn to fill a deep void in my life.”

In a matter of months, Segretario has managed to find a place in the hearts of both students and faculty. Students in particular appreciate Segretario’s warmth; it is sensational witnessing how she manages to break the ice with people, pulling them back to earth, putting things into perspective and teaching people not to take themselves too seriously.

“When coming to work every day Sunday makes people’s lives better,” said Pedro Resende, freshman. “You cannot walk up to her in a bad mood and leave cranky, she will definitely offer you a trade in her smile, that you must give back.”

Segretario is a mother of four, having two girls and two boys.

“In my 45 years of marriage I worked at raising my children in an entrepreneurial environment. We ran a shell shop, a bagel deli and a liquor store,” said Segretario. “The idea was to keep them busy.”

Sometimes the best teachers are those not in the classroom. Segretario embodies the perfect mentor as she blends her vivid personality with her work.

“Through the professionalism of Brian Bowser and the entire SODEXO team my transition has been easy,” said Segretario. “But above all I want to thank all the exceptional Lynn students who continue to warmly welcome me every single day. They make me look forward to my working days.”

It is fair to acknowledge that Lynn has very well found its own best friend, and she comes with a smile.
THRILLS AND CHILLS AT UNIVERSAL
Halloween Horror Nights Will Give Students the Fright of Their Lives

By ISABEL MEMBRENO
Staff Writer

It is that time of the year again when people dress up in crazy costumes, enjoy all types of sweets and watch endless hours of scary movies. Halloween is just around the corner, and Universal Studios' Halloween Horror Nights has already begun.

Every year, the infamous theme park Universal Studios hosts an event that draws thousands of people from all around the world. Halloween Horror Nights takes place throughout October at the Orlando theme park, where entertainment such as live shows, music, haunted houses and street performances take place.

"I was able to attend last year's Halloween Horror Nights," said Brian LaChapelle, sophomore. "It was really fun and scary, I'd definitely go again."

This event is known for its chilling attractions and costumes, to the extent that it is strongly recommended not to take children under 13 years of age. Halloween Horror Nights has been awarded as the best Halloween event for six years running. The event this year began on Sept. 19 and will be available until Nov. 1 on select nights.

The event has gained a lot of popularity due to its thrilling entertainment. "I'm really excited about going this year," said Rosa Gaio, sophomore. "I've seen many good reviews about it."

This year, Universal Studios offers eight differently themed haunted houses, including one of Dracula, a dollhouse and a clownhouse. The park's main attractions continue to run as usual, but terrifying monsters, maniacs and zombies roam around the streets looking to scare off people. Amongst the live entertainment available there is a horror picture show, a gruesome masquerade ball and a face-off with terrible creatures.

Halloween Horror Nights is surely the event to attend this upcoming Halloween. Located in Orlando, it happens to be just a couple of hours away.

Above: Attending Universal Studios' Halloween Horror Nights is sure to give students a fright this October. Stock Photos.
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EXPLORING BOCA THE GREEN WAY
Lynn Provides Students With a Variety of Transport Green Options

By KEELEY SHIELDS
Staff Writer

With the beach only a five-mile bike ride away, Lynn offers free transportation to reduce each student's carbon footprints. The Lynn bikes are one of such transport options. All a student needs is present their student I.D. The bikes are provided completely free of charge. “The bikes are a nice way to catch a breeze, and get exercise,” stated Danielle Paschall, sophomore. “They are almost always available when I need them, and it’s a great way to get out and enjoy the South Florida lifestyle.” These bikes are available at the Campus Communication Center by the baseball fields on campus.

Another great transportation Lynn offers is the LU Shuttle. Students may board this shuttle from the mailroom parking lot and request to be dropped off at any of the designated stops including: The Town Center at Boca Raton, Boca Raton Tri-Rail, Walmart and the Polo Club Shops.

These shuttles run in a routine system three days a week. Students can contact the Center for Student involvement or email OSI@lynn.edu for a route, maps and schedules.

“I have used the shuttle to go to the mall before, the driver is very patient and it’s easy to find a scheduled time that suits me,” stated Mauricio Santillan, junior. “Since I don’t have a car, it is really nice that Lynn gives you this option.”

Other neat and easily accessible transportation Lynn offers is the Ucar Share program, which actually allows students to rent a car. This service is offered for a small fee, but one only pays for gas consumed and mileage.

Renting a car is as simple as going to the Campus Communication Center. While there, check out the safe carpooling program Lynn has to offer, to see all of Boca.

“I really think it’s cool Lynn offers so many modes of transportation,” said Stephen Goldsmith, senior. “There are a lot of international students at the school and it makes them feel included to explore.”

Regardless of whether one owns a car or not, Lynn makes it easy for each student to explore South Florida.
FOOTBALL SAFETY IS IN QUESTION
The NFL is Under Scrutiny Following a Number of Recent Controversies

By JERRY HOFFMAN
Staff Writer

After a heartbreaking past few weeks for the families, friends and teammates of three high school football players who died on the field from football related injuries, the sport as a whole is now in question due to the increase in injuries and on-field deaths.

One of the most fragile parts of the human body is the brain and the area around. The brain is also one of the most heavily used and abused parts of the body by football players. The three high school football players, for example, all died of concussions or head related injuries.

The truth about the sport is that football players are getting stronger at younger ages. So much stronger that the technology regarding the advancements of the protective gear that football players wear cannot keep up. This has been noticed throughout all levels of competition with the sport.

Both the NFL and the NCAA have banned players from using their heads to perform a tackle as well as targeting the head while making a tackle. This helps the players who make tackles and get tackled stay healthy and on the field, but the real problem lies with the linemen who fight in the trenches every single play. Following the snap of the ball, the lineman go head first into each other, which depending on the pace of the game, is anywhere between 50 to 70 times a game. Even if those constant collisions do not cause death, they do eventually take a toll on an athlete's brain.

However, the tragic deaths of the young athletes is not the only problem that has landed football in news controversies recently. NFL players such as Ray Rice, Adrian Peterson and Greg Hardy are in the midst of accusations involving domestic abuse. Many speculators believe that the deaths of the three high school players and the domestic abuse accusations could be related.

Rice, Peterson and Hardy are all experienced football veterans who have had their heads knocked around quite a few times. While it is impossible to say with complete certainty that head injuries are the reason for their domestic abuse problems, it is a theory that is being bounced around critics of the sport. Among other major sports such as basketball, baseball and hockey, there are nowhere near as many athletes getting in trouble for violence related crimes.

Any definite coincidence between these two problems are yet to be established, but many believe that it is an issue worthy of investigation that would lead to either improved safety precautions or the steady downfall of the sport as a whole which is already seeing a drop in the number of kids and young men getting involved in the sport at a young age.
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Cafe de Cave Impresses Again
Drama Club Puts on a Successful Show in the Schmidt Family Studio

By Zenas Jones
Staff Writer

The lights fade on, the maestro takes his seat behind the eighty-eight ivory keys ready to play the first piece, and the audience listens eagerly. The show has started.

Lynn's first Café de Cave of the year was quite a hit among the student body who flocked into the Schmidt Family Studio located in the Keith C. and Elaine Johnson Wold Performing Arts Center for a musical extravaganza.

Some of the students did not even know what to expect.

“I literally had no idea what I was walking into,” said Bianca Bonomo, sophomore. “I knew it was going to be something entertaining.”

This Café de Cave was themed with Broadway Musicals. A repertoire of classics were performed by faculty and staff, and the audience had plenty of nostalgic moments while listening in their seats.

“It was great,” said Ali Fox, freshman. “Everybody in the show was fun to work with.” Some of the students who performed were not strangers when it comes to performing in front of an audience.

Of course, in every Café de Cave, the conservatory sends one of their many talented pianists to accompany the performers.

“This is actually my first time being in such a Broadway Music Show and I love it,” said Chen Liang, a junior who was the maestro who played for this year’s performances. “All the performers are really good and talented, and they all worked very hard.”

He goes on to say that he would definitely play for this performance again.

This night was a night that had a little bit of everything. Many students and residents of Boca are already looking forward to the next Café de Cave and they are most likely going to get an even better show than the last.
Growing up Does not Mean Letting go of the Childhood Instincts

By CLAIRISSA MYATT
Staff Writer

It is happening: we are all growing up. As I sit here and write about the traits we as kids possessed, it takes me on a trip through memory lane leaving me with a nostalgic feeling, and somewhat sad.

Growing up is the inevitable. There is nothing anyone can do or say to prevent it, and while most of us look forward to it, and of course telling our parents at least once, "When I turn 18, I'm moving out, I'll be legal," there is a sense of pondering sadness that gets stringed along with it.

Suddenly there is nothing to protect you when you graduate from college, it is just you and this big world. Still, there are certain qualities that should never be left behind, no matter how old you get.

Make sure to stay curious, marvelous things can come from it. What you discover may not always be pleasing, but there is also a chance it holds something great. It sparks your sense of wonder and can give you the answer that you have been hopelessly searching for.

Never lose your sense of adventure, and if you have, go out there and find it. In today's society, it is so easy to fall into a daily routine: wake up, school, eat, work, watch TV and go to bed. That needs to stop now.

Embrace your inner Indiana Jones, and get out there to change it up. Try a food stop that is tucked away, even if it is in your own backyard, just get out there and try something new.

Appreciate the little things. If there is one thing children know how to do, it is appreciate what others do for them. The reason kids are so great at this is because they are not constantly worrying about what they do not have, but take the time to live in the moment and admire the things that they do have.

If there is one thing in life to always keep with you, it is the art of appreciation.

Last but not least is to be playful. Today, life is taken so seriously. Money, status, relationships, grades and constant worry about the future passes through each and everyone's minds daily.

It is said that adulthood sucks the fun out of life, when in reality, that is only because we make it that way. Children are always having fun and being happy because life is still a game to them. It is a fun new adventure every morning that they wake up.

Embrace the simple treasures in life; whether it is with others or yourself. Be playful and unleash your inner kid.

We may be growing up, but in the end, do not forget the lessons you learned as a child. Embrace them and carry them with you as you go through the journey of life.

Clairissa Myatt is a senior majoring in multimedia journalism. This column does not represent the opinions of the i Pulse, but her personal thoughts and views.
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NOT FOR SHE, BUT ALSO FOR HE
Men are Taking a Stance on Gender Equality With the Campaign HeForShe

The movement HeForShe is focused on eliminating all aspects of sexism. UN Women Global Goodwill Ambassador Emma Watson spoke at the UN Conference held in New York recently. She said that in order to eradicate gender inequality, both women and men have to work together in order to make a difference.

Kevin Studer, a senior at Lynn and Director of Public Relations Intern for MCN, is one of the many men who have taken a stand toward making a change in this world.

"I’ve grown up with extreme influences from four very powerful women in my life," said Studer. "I don’t think it’s right that these women are treated any less, or I am treated any better, solely because of the gender we were born as."

The MCN conference brought students from all over the world together in one location to discuss ideas and cultural views on major world issues, such as gender inequality, that still exist in this day and age.

In order to eliminate gender inequalities, men and women must join forces as a whole to destroy all parts of sexism. Together, the population needs to stop domestic abuse toward not only women, but men as well. Women deserve to be paid (Continued on Page 2)
the same amount as their fellow male peers, sex trafficking and child marriage needs to come to an end and women need to stop being so self-critical of themselves by comparing their body images to others who have been distorted by Photoshop on magazine covers.

The HeForShe campaign also focuses on destroying the stereotypes that come along with being born a male. In our society, men are targeted as less manly if they seek help for depression, domestic abuse, rape or even eating disorders. Gender does not make individuals any less human.

"Men need to understand that emotions are part of human nature and no matter what the issue is, it is okay to be able to talk about it without fear of being degraded in today's society," said David Gall, junior. "I think this movement emphasizes the fact that men and women can show their true nature without being labeled with traditional stereotypes."

Women struggle with having their opinions taken seriously and society emphasizes the ideas that girls should be subservient at a young age. Femininity has been seen as being weak; males have been locked in the stereotype of being less of "a man" if they show any emotions that portray weakness.

#HeForShe has been trending all over social media for the past few weeks. This is only the start of a world changing movement that this generation is in the works of establishing. The Millennium Campus Conference is hoping to succeed with the creation of partnerships and connections with student leaders all over the world in faiths that issues such as gender inequality will soon be resolved.

Above: Men from all over involved with the MCN conference felt strongly about gender equality. LU Photos.
World News

HONG KONG'S RISE FOR DEMOCRACY

Protests Have Risen as Citizens Continue to Work Towards Their Rights

By IVAN ZHYKARIEV
Staff Writer

Hong Kong has been shaken by one of its largest ever displays of civil disobedience, as tens of thousands of people flooded the streets of one of the most prosperous cities in the world.

July 1, 1997, Britain officially handed over Hong Kong to China, thereby ending 150 years of colonial rule.

Tough negotiations over Hong Kong's political and social structures lead to the introduction of the Basic Law. Which meant that until 2047 Hong Kong should be ran by the principal of "one country two systems."

It would keep its universal communist status, while people of Hong Kong would enjoy broader spectrum of rights and freedoms, unlike their mainland countrymen.

In 1997 Tony Blair, who was the prime minister of the United Kingdom at the time, told the Chinese President:

"I would very much like to see that as this chapter in our history ends, we open a new chapter for the future, one of partnership and prosperity for our countries."

Blair stated that Britain wanted a relationship, "based on the 21st century, putting the battles and struggles of the past behind us because we want a new relationship for a new world."

In 2003, Hong Kong residents took the streets over the security law, which proposed heavy penalties to civil and political organisations of Hong Kong, should they receive any kind of financial aid from foreign countries.

Later, in 2007 China granted Hong Kong the right to elect their leaders by 2017. Former Hong Kong mayor Donald Tsang was quoted by saying that that event marked "a timetable for obtaining universal suffrage."

However, China had no intention to grant a full spectrum of liberties to what now became their lands. In 2014, China clarified that promise by stating that a nominating committee would choose two to three candidates, who must each be approved by 50% of the committee members.

This was the last drop of gasoline which exploded into the street protests in Hong Kong. Current Hong Kong leader Leung Chun-ying, Beijing loyalist, did not hesitate and used the force on Sunday, Oct. 5, as tear gas and batons were used in order to disperse crowds in downtown Hong Kong.

Scenes of battle were seen on the central square, while China fears wide protests all over the country, if brutal force is not used.

An article in the Chinese Communist Party's newspaper, the People's Daily, by the deputy director of China's National People's Congress Internal and Judicial Affairs Committee, Li Shenming, stated, "In today's China, engaging in an election system of one-man-one-vote is bound to quickly lead to turmoil, unrest and even a situation of civil war."

British Prime Minister David Cameron, voiced his concerns over the protests in the UK's former colony. "When we reached the agreement with China there were details of that agreement about the importance of giving the Hong Kong people a democratic future within this two systems approach that we were setting out with the Chinese so of course I am deeply concerned about what is happening and I hope this issue can be resolved," said Cameron.

It is still unclear whether movement will go on as China is plotting a major crackdown on the protesters, as other provinces of China, are likely to follow Hong Kong's example.

Above: Protests continue to rise in Hong Kong. Stock Photos.
FORSMAN’S GRAND FUTURE AWAITS
Senior Lina Forsman Gains Another Global View Living in America

Above: Lina Forsman is excited for her future career endeavors and opportunities while playing soccer for the Fighting Knights. LU Photos.

By AMANDA FELDSTEIN
Staff Writer

Lina Forsman came to America for many reasons. “I want to see the world and travel,” said Forsman. “Florida and America are very attractive places to go to and the soccer is good, and that is the main reason why I came.”

Originally from Gothenburg, Sweden, this senior has traveled all over Europe. However, moving to America to study has given her the opportunity to see other parts of the world. New York, in particular, has made a lasting impression on Forsman. “I would like to stay [in America] if I got a job offer and my dream is to live in New York,” said Forsman. Her dream for her career is to become a retail buyer. At Lynn she is majoring in business and minoring in fashion. “I got offered a soccer scholarship and the school is in a great area,” said Forsman.

Although time has flown by for her, it was not too long ago when she was deciding where to go to college. She enjoys the international atmosphere and loves that the weather is very different from Sweden. “The weather never goes as hot as it does here and the food is different too,” said Forsman.

She explains how not only is the weather different but the sun has some unusual patterns. “Before [June] 25, the sun doesn’t go down and in December before like the 13th the sun doesn’t really go up,” explained Forsman.

Sweden is in the Arctic Circle, which causes this extra darkness in the winter and constant sunlight in the summer.

After being in America for four years, Forsman has gotten used to living on her own. “It was hard in the beginning but I can talk to my friends and family all the time and through social media I can see what goes on in their lives,” she said.

Lina Forsman will be graduating in May and looks forward to her future aspirations. Until then, you can find her on the soccer field.
Making Strides for the Cure
5K in Mizner Park Brings the Lynn Family Together to Fight Breast Cancer

By Isabel Membreno
Staff Writer

Most people think of October as the time of year for festivities, such as Halloween and Columbus Weekend. However, October also happens to be breast cancer awareness month.

It is also a month dedicated to those who are suffering, have suffered or are supporting someone who has suffered from breast cancer. Thousands of both women and men have had to struggle with this condition. This disease has also taken the lives of many, which is why the American Cancer Society hosts different events and fundraisers.

"Last year I attended [Making Strides] because I was part of the housing and residential staff on campus," said Atibel Alvarez, senior. "I enjoyed having the opportunity of sharing this experience with my fellow RA's."

Lynn Housing and Residence Life, greek organizations and athletic teams attended the event as volunteers for the cause.

The Making Strides Against Breast Cancer Walk in South Palm Beach is a five-kilometer walk that is hosted every October. This event is not only meant to be for raising awareness and money for research, but also to unite a community and provide mammograms for those in need.

"I feel like this is a great cause as well as an opportunity to spread breast cancer awareness amongst our generation," said Manel Atie, junior. "I'm really excited to take part in this year's walk."

"Lynn's participation in this event is for a great cause; a lot of people have to go through this disease," said Kristine Santiago, sophomore.

This year's walk will take place on Saturday, Oct. 25 and will begin at the Mizner Park Amphitheater. The event itself is divided into three parts - registration, the walk itself and a closing ceremony. People are expected to arrive at 6:30 a.m. to register and prepare themselves for the walk that begins at 8:30 a.m. The inspiring closing ceremony aims to inspire participants to take action and fight against this disease and follows shortly after at 10:30 a.m. The American Cancer Society also provides a survivors tent where people can talk to others who have beat the disease.
ONCE UPON A DISNEY STEREOTYPE
Disney Films Often Have Their Princesses Following the Same Paths

By KEVIN STUDER
Editor-in-Chief

Once upon a time, there was a princess who had something tragic happen to her, but soon she came across a prince and they fell madly in love until a villain messed up the whole thing, but do not worry because in the end the princess marries the prince and everyone will live happily ever after.

If that sounds familiar, it is because that is the basic plot line of every Disney movie watched by children.

Disney Movies are shown to children because of their simplicity and moral lessons. Although, there are several messages that are not as prevalent that are not good for children to watch.

Of the 13 Disney Princesses from 1937 to 2013, only three of them, Pocahontas, Merida from “Brave” and Elsa from “Frozen,” ended their films without a prince. Though, Pocahontas did end up marrying in her second film. This means that no matter what these women conquered throughout their film, like Mulan saving China from the Huns or Tiana saving up money to open her own restaurant, they needed a man in the end to make them happy.

In the latest Disney film, “Frozen,” the thought of what is true love is broken. In most Disney films, the act of true love is a kiss between the male and female leads right before the end. Toward the end of “Frozen,” it looked like this was going down the same route, but the act of true love came from an act of family with Anna saving Elsa.

“We wanted to see if true love can mean something other than a kiss from Prince Charming,” said Chris Buck, “Frozen” co-director to Empire Magazine.

Interestingly, all of the Disney princess films had men directing them. The two exceptions, “Frozen” and “Brave,” had male and female co-directors.

One might also notice the lack of clothing characters are wearing in these films.

“In G-Rated movies, female characters are just as likely to be wearing sexually revealing clothing as in R-rated movies which is horrifying,” said Geena Davis, actress and founder of The Geena Davis Institute on Gender in Media, in the documentary “Miss Representation.”

Davis cites Jasmine from “Aladdin,” Tinkerbell from “Peter Pan,” and Kida from “Atlantis: The Lost Empire” as examples. But, it should be noted that men are also objectified in revealing clothing. Aladdin wears an open vest for most of his film, Li Shang does not wear a shirt for most of the training scenes in “Mulan” and Tarzan only wears a loincloth for the majority of his film.

Until recent years, Disney films have portrayed princesses as very put together and not making many mistakes.

“I never saw… an animated heroine that was like me,” said Kristen Bell, voice of Anna in “Frozen” to MTV News. “[There was no one who was] awkward and spoke too fast and spoke before she thought and tripped and said a lot of dumb stuff and was vivacious and eternally optimistic and adventurous, and I never saw all of those qualities.”

Bell brought her quirkiness to Anna’s character, who trips and falls onto Prince Hans during their first meeting. Young girls who see the film are able to see that girls can be awkward and make mistakes because Anna was more of a real representation of what girls are like.

“[Frozen] is a bit of a feminist movie for Disney. I’m really proud of that,” said Idina Menzel, who voices Elsa, to Zap2It.

“It has everything, but it’s essentially about sisterhood... It’s such a great relationship to have in movies, especially for young kids.”

Disney has started to break their stereotypes in films and is moving in a positive direction. There is still more to be done, but the company is staying true to mirroring society.

Above: Disney women often show strong features but often need a prince and/or wear very little clothing in their films. Stock Photos.
TOP THREE PIG OUT PLACES IN BOCA
Students Choose Their Favorite Places Around Town When They are Hungry

By DANIELA AVA
Staff Writer

For an amazing pig-out experience in Boca Raton, the go-to places are definitely Chipotle, Shinju and Sazio Express because they are offer tasty, affordable food.

Everyone has those days in which they could eat an entire menu. For those occasions when one eats out, here are the top three best places voted by Lynn students themselves.

In third place, Sazio Express on Atlantic Avenue was voted the best pizza ever eaten.

"I always go to Sazio Express," said Maria Cabral, senior. "It is hands down the best pizza I have ever had in my life."

One slice of pizza will fill up most people because they are big and crowded with toppings.

Also, another good thing about this restaurant is that the pizzas are freshly made every day and they are thin and crispy; that is everything a good pizza needs. Furthermore, they also serve entire pizzas with any toppings clients want, wraps, salads, french fries, garlic rolls, calzone and deli subs.

The second place pig-out spots, Shinju Japanese Buffet was voted the best pig-out restaurant for sushi, hibachi, chinese, seafood and dessert. "I go to Shinju when I'm starving," said Emilio Kafati, junior. "There is too much variety of food and you leave with a well-deserved food coma always."

This buffet offers more than 100 quality all-you-can-eat oriental flavored items and around 45 types of freshly made sushi, rolls and sashimi.

If someone does not like seafood, they can go for the hibachi made right in front of customers with the meat, vegetable and sauce of their choice. Not to mention the incredible full table of amazing desserts and ice cream bar that is to die for.

The best thing about a buffet is that clients can repeat as many times as they want; so everyone literally has to pig-out with so many amazing choices.

Last but not least, in the top pig-out restaurant, Chipotle Mexican Grill. This is a place that Lynn students know all too well.

"Everyone knows that Chipotle is the place to go," said Katherine Bigott, senior. "It is literally the best cure for any type of hunger."

This Mexican food chain has been voted the best pig-out place in Boca, and it is not hard to figure out why.

This restaurant offers a variety of options such as burritos, burrito bowls, crispy tacos, soft tacos, salads, quesadillas, chips and guacamole as well as a kids menu. With these items one can choose from white or brown rice, pinto or black beans, braised carnitas, barbacoa, grilled chicken or steak, medium, mild or hot salsa, corn, sour cream, cheese, guacamole and lettuce.

Anyone can make up their own plate, depending on their taste, with all these different and amazing types of combinations.

"Chipotle is an addiction," said Luis Guinand, senior. "I have to have it at least once a week."

All of these restaurants are clearly different options because of their cuisine; one is Italian, the other Japanese and the last one Mexican. However, what they all have in common is the low price range that these places have.

In Sazio Express, one big slice of pizza costs between $3 to $4 so two huge slices of pizza would be under $10, including a soft drink.

On the other hand, Shinju has a standard price of $11.95 for Monday through Thursday lunch, $13.95 for Monday through Thursday dinner, $18.95 for Friday through Sunday lunch and $20.95 for Friday through Sunday dinner; a small price to pay for an all-you-can-eat experience.

While in Chipotle anyone can easily have a full meal, from all the choices mentioned above, in a huge quantity for under $10.

So there it is, the top three best pig-out restaurants in Boca. These places not only have amazing quality, but incredible prices as well and it is an affordable price for the quantity of food that they can eat at all times.

So whenever anyone is starving and in need of a good and affordable place to end up in a food coma, do not hesitate to head over to these three restaurants.

Above: Pig Out Food. Stock Photos.
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NO SUCH THING AS A DULL SUNDAY
Sunday Segretario Spreads her Cheer Amongst Fighting Knights

Students do not expect to receive such an overwhelming welcome when they walk into a cafeteria, but when it is up to Sunday Segretario, staff member in the Elmore Dining Commons, one should expect a delightful experience.

Originally from New Jersey, Sunday lived most of her life in Connecticut before moving to Delray Beach seven years ago with her retired husband.

This is Sunday’s first venture in working for SODEXO and the Lynn community. She met General Manager of Dining Services Brian Bowser earlier in 2014, and embraced the opportunity.

“I decided to step out of my comfort zone,” said Segretario. “After my husband passed away I had lost my best friend. I accepted this job with SODEXO at Lynn to fill a deep void in my life.”

In a matter of months, Segretario has managed to find a place in the hearts of both students and faculty. Students in particular appreciate Segretario’s warmth; it is sensational witnessing how she manages to break the ice with people, pulling them back to earth, putting things into perspective and teaching people not to take themselves too seriously.

“When coming to work every day Sunday makes people’s lives better,” said Pedro Resende, freshman. “You cannot walk up to her in a bad mood and leave cranky, she will definitely offer you a trade in her smile, that you must give back.”

Segretario is a mother of four, having two girls and two boys.

“In my 45 years of marriage I worked at raising my children in an entrepreneurial environment. We ran a shell shop, a bagel deli and a liquor store,” said Segretario. “The idea was to keep them busy.”

Sometimes the best teachers are those not in the classroom. Segretario embodies the perfect mentor as she blends her vivid personality with her work.

“Through the professionalism of Brian Bowser and the entire SODEXO team my transition has been easy,” said Segretario. “But above all I want to thank all the exceptional Lynn students who continue to warmly welcome me every single day. They make me look forward to my working days.”

It is fair to acknowledge that Lynn has very well found its own best friend, and she comes with a smile.

Above: Sunday Segretario spends her days in the Elmore Dining Commons, brightening students’ days. Staff Photos/D. Dithurbide.

By DOMINIC DITHURBIDE
Staff Writer
Weekly Review

EXPLORING BOCA THE GREEN WAY
Lynn Provides Students With a Variety of Transport Green Options

Above: Lynn offers its students a wide variety of green transport options to allow them to explore South Florida. LU Photos.

By KEELEY SHIELDS
Staff Writer

With the beach only a five-mile bike ride away, Lynn offers free transportation to reduce each students carbon footprints. The Lynn bikes are one of such transport options. All a student needs is present their student I.D. The bikes are provided completely free of charge.

“The bikes are a nice way to catch a breeze, and get exercise,” stated Danielle Paschall, sophomore. “They are almost always available when I need them, and it’s a great way to get out and enjoy the South Florida lifestyle.” These bikes are available at the Campus Communication Center by the baseball fields on campus.

Another great transportation Lynn offers is the LU Shuttle. Students may board this shuttle from the mailroom parking lot and request to be dropped off at any of the designated stops including: The Town Center at Boca Raton, Boca Raton Tri-Rail, Walmart and the Polo Club Shoppes.

These shuttles run in a routine system three days a week. Students can contact the Center for Student involvement or email OSI@lynn.edu for a route, maps and schedules.

“I have used the shuttle to go to the mall before, the driver is very patient and it’s easy to find a scheduled time that suits me,” stated Mauricio Santillan, junior. “Since I don’t have a car, it is really nice that Lynn gives you this option.”

Other neat and easily accessible transportation Lynn offers is the Ucar Share program, which actually allows students to rent a car. This service is offered for a small fee, but one only pays for gas consumed and mileage.

Renting a car is as simple as going to the Campus Communication Center. While there, check out the safe carpooling program Lynn has to offer, to see all of Boca.

“I really think it’s cool Lynn offers so many modes of transportation,” said Stephen Goldsmith, senior. “There are a lot of international students at the school and it makes them feel included to explore.” Regardless of whether one owns a car or not, Lynn makes it easy for each student to explore South Florida.
CAFE DE CAVE IMPresses AGAIN
Drama Club Puts on a Successful Show in the Schmidt Family Studio

By ZENAS JONES
Staff Writer

The lights fade on, the maestro takes his seat behind the eighty-eight ivory keys ready to play the first piece, and the audience listens eagerly. The show has started.

Lynn's first Café de Cave of the year was quite a hit among the student body who flocked into the Schmidt Family Studio located in the Keith C. and Elaine Johnson Wold Performing Arts Center for a musical extravaganza.

"I literally had no idea what I was walking into," said Bianca Bonomo, sophomore. "I knew it was going to be something entertaining."

This Café de Cave was themed with Broadway Musicals. A repertoire of classics were performed by faculty and staff, and the audience had plenty of nostalgic moments while listening in their seats.

"It was great," said Ali Fox, freshman. "Everybody in the show was fun to work with."

Some of the students who performed were not strangers when it comes to performing in front of an audience.

Of course, in every Café de Cave, the conservatory sends one of their many talented pianists to accompany the performers.

"This is actually my first time being in such a Broadway Music Show and I love it," said Chen Liang, a junior who was the maestro who played for this year's performances. "All the performers are really good and talented, and they all worked very hard."

He goes on to say that he would definitely play for this performance again.

This night was a night that had a little bit of everything. Many students and residents of Boca are already looking forward to the next Café de Cave and they are most likely going to get an even better show than the last.
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GIRLS TAKE A STAND WORLDWIDE

Women are now Tackling the Issue of Gender Inequality With Vigor

Above: Women from all around campus are coming together to take the stand for the International Day of the Girl Child. LU Photos.

By AISLING MCENTEGART
Assistant Editor

In a world where girls are encouraged from a young age not to laugh too loud or think too hard, paid less than their male counterparts for the same work and are routinely married to older partners against their will in a shockingly high number of nations, striving for gender equality has never been more important.

Oct. 11 marked the second annual International Day of the Girl Child, a movement working tirelessly toward achieving equality between the sexes.

It is vital to remember that the International Day of the Girl Child is a revolution that is not simply limited to one day. It will continue to be of grave importance until every girl born into this world is on equal footing to every boy born.

While the day acted as a reminder of the inequalities faced by girls, with each day that passes this movement is growing in momentum and front lining the fight against sexism.

Sexism, arguably the oldest form of discrimination must be ended. Like most forms of discrimination, the oppressed individual is essentially being punished for the crime of being born.

Thanks to this campaign, the winds of change are beginning to arise and gather strength among communities worldwide. Starting with a network of college students from countries across the globe, female empowerment is being established as an issue for all.

"I think the Day of the Girl Child is a great way to empower women around the world. Gender discrimination is still a very real social issue [and] we are long overdue for a change," said Angelina Bayer, sophomore. "I think the biggest roadblock in gender equality is the fact that most people associate feminism with the hatred of men. Women deserve equality and I find it appalling we still have to fight for it."

The Millennium Campus Conference aimed to put an end to various inequalities present in today's society by connecting college students from all over the world and allowing them to

(Continued on pg. 2)
develop partnerships with a global community of like minded individuals. Thus, tackling sexism is a very important facet of this event.

The International Day of the Girl Child is by no means a movement exclusive to women, but seeks to educate society as a whole. The advancement of women’s interests is not just a gender specific issue; it is a human problem that was tackled with solidarity by the many delegates in attendance at this conference.

"Education is key to overcoming this problem, if men and women work together as equals so many other world issues can be solved with haste, whether it be political, environmental or health related," said Salomey Owusu, junior. "Men need to understand the world cannot grow efficiently with half its population treated as second class citizens. Women will bring a new perspective and that is what is needed in today’s society."

When half of the world’s population is subject to daily discrimination and refused equal opportunities, it does not just hold back women, but civilization as a whole. This results in the advancement of human sophistication being stunted.

With all of this in mind, there has never been a better time to put an end to this problem and embrace equality with open arms. Just imagine the things that could be achieved once worldwide gender equality has been compounded. The possibilities are endless.

**THIRSTY TO CHANGE THE WORLD**

**Students From all Over the World Discuss Issues at Lynn Pool Party**

By VICTORIA ALVAREZ
Staff Writer

On Friday, Oct. 10, Lynn welcomed student leaders from all over the world for the Millennium Campus Conference.

After the opening ceremonies finished, the Millennium Pool Party began at Lynn’s very own pool. Hosted by the Thirst Project, an organization that seeks to bring clean water to struggling countries, the pool party was a great way to kickoff the rest of the conference.

With white and blue decorations covering the area, lights in the pool and water guns available to play with, the pool party was inviting and fun for all of the delegates and students alike.

The event, planned and co-hosted by the Student Activities Board (SAB), brought all of the delegates together with good music, tasty food and a fun atmosphere.

"I had a great time at the Millennium Pool Party. The music was great and the food trucks offered the best food," said Colleen O'Connell, freshman. "It was nice to meet new people and hang out with friends while learning about so many different projects that the MCC delegates were a part of. It was definitely an awesome event."

Although the pool party served as a great social event, there was more to it than just great food and music. An hour into the party, Evan Wesley Education Coordinator of the Thirst Project and speaker, took the microphone and was able to grab everyone’s attention through a rap he wrote. After the clapping died down, he took things to a serious level and gave the hard facts to the crowd.

"We live in a world where one billion people don’t have access to safe drinking water," said Wesley. "Every 21 seconds, a child dies of water related diseases."

Wesley went on to show pictures in a slideshow that showed the crowd the bad conditions and contaminated water that people in countries like Uganda live in and consume.

The Thirst Project, originally started by seven college students, aims to change communities globally by bringing clean water to people that do not have access to it.

Today, the organization has spread to various middle schools, high schools and universities and has raised over $8 million in five years and provided over 300,000 people with safe, clean water.

As Wesley finished up his speech, he zeroed in on the fact that all of the delegates were there because they were leaders ready to make a change to global communities and the people living in them.

Before he let the crowd get back to their music, food, water gun fights and good conversation, he left them with this thought, "This weekend, in this celebration, let’s go change nations."
LIVING IN A WORLD WITHOUT "LUCK"
Senior Energy Maburutse Shares his Story About how Life Shaped him

Above: Energy Maburutse took the stage at multiple MCN events in order to share his past, present and future stories. LU Photos.

By HAUWA INDIMI
Staff Writer

At the Millennium Campus Conference, Energy Maburutse shared his tremendously heart-touching childhood story, expanding on where he is now in life and what "luck" means to him.

From Zimbabwe to the United States, Maburutse is the Ambassador of Millennium Campus Network. Maburutse is in his senior year at Lynn and has been an active member of the student body.

As one of the keynote speakers at the conference, Maburutse shared his life-story highlighting how being disabled made him feel excluded while growing up, but most importantly how all the conflict and finger-pointing did not stop him from succeeding.

Maburutse said he looks up to his mother because she was always there to lift his spirit and she never gave up on him or his future.

"During the times when everyone was turning their backs on her, she refused to turn her back on me," said Maburutse.

He told the audience about the most important day of his life, when, at the age of seven, he was given the opportunity to attend school. Maburutse emphasized that it was important because on his first day of school, he had his first encounter with a wheelchair.

"Suddenly I was sitting in one of them and found myself happily rolling around the school non-stop," he said.

Before then, Maburutse had no knowledge about the existence of wheelchairs.

In primary school, Maburutse discovered his musical talents and joined a group of friends, who created their own music band. During one of their shows, an American woman by the name of Elinor Burkett recognized their skills and expressed an interest in filming them for a documentary.

This came as a shock to Maburutse.

"To me, this sounded like she was making a joke," said Maburutse. "But a few months down the line she brought back a camera crew and we shot a documentary which won the Oscar [for Best Documentary (Short Subject)] in 2010."

Since then, a thousand doors of opportunity opened for Maburutse - his band was requested to fly to the United States and successfully performed in Brooklyn, San Francisco, Los Angeles and Boston.

Maburutse found himself mesmerized after each day by the new environment he was in and this new self-revelation.

"At this moment I was convinced that despite who I was or the way I looked, I could do anything," said Maburutse. "I could even do better than anybody else. But let me take a minute and say that I am very grateful and mostly fortunate to have had all these blessings happen to me. But when I realistically look at it, most of it happened because of luck. To me, 'luck' is when opportunity meets one's desire to be successful."

Maburutse said although being pushed to do great things or being discovered from a nobody to becoming a somebody matters and having the opportunity to reveal who you are despite being unfortunate is the key.

"There are billions of individuals out there who are talented and way smarter than me but do not have the luck to have people who push them and believe in them like my mother and Elinor Burkett did," said Maburutse.

Maburutse's main message was to challenge humanity to create an environment where the poor can become independent and be able to create the same opportunities.
STARTING A TREND FOR CHANGE
Students Worldwide Unite Under the Shared Hashtag “This is My Era”

By GRACEANNE TRUMPFELLER
Assistant Editor

As the world progresses technologically, the young people of this generation are beginning to speak out and take a stand against global issues with a simple declaration – #ThisIsMyEra.

The #ThisIsMyEra movement was catalyzed by singer/songwriter Alexander Star, the mastermind behind the song of the same name. Working in conjunction with full-time artist and activist Sekajipo, Star crafted the track as an anthem for inspired youth with goals to change the world.

“People wait for the stars to align in their favor. Someone that has the mindset of ‘this is my era’ is someone who takes those stars and places them where they need to be to change the world,” explained Star. “Everything I do from this day forward will have a ripple effect way beyond my lifetime. This is not my moment, this is my era.”

#ThisIsMyEra is meant to inspire individuals to be the change they wish to see in the world, while spreading awareness of global issues. While the song discusses themes of greatness and triumph, the hashtag is meant to urge this generation to take advantage of the platform given to them by social media.

“Facebook and Twitter have been vehicles to send out messages around the world,” said Sekajipo. “We can’t just be consumers of the media; we have to be masters of it. We have to learn to be able to use it to leverage the cases that we believe in.”

“It’s a matter of finding the right channels to grab peoples’ attention,” added Star. “This is the technological age; this generation is a technological generation, so you have to reach them largely through technology.”

As #ThisIsMyEra began to trend on social media, Star began reaching out to organizations who shared his same vision.

(Continued on page 2)
In 2013, Star was introduced to the Millennium Campus Network (MCN). “I went to L.A. in 2013 and reproduced the track, rerecorded it and had it sitting in my record catalog until we came across MCN. We approached them with the song and the hashtag ‘This is My Era’ and said, ‘Hey, let’s partner up we can do this together,’ and they teamed up with us,” said Star, who also partnered with UNICEF.

In partnership with MCN, the message of #ThisIsMyEra is targeted toward this generation of university student leaders. MCN encourages students to collectively work as one, all unified under a goal, with the presumption that when 500 students stand together, their voices will be louder than five.

“What Alexander Star brought to the table is something totally unique,” said Sam Vaghar, Executive Director and Co-founder of MCN. “I think the idea is just a sense of urgency, a sense of now, that our generation can’t wait to change the world – it starts right now with each of us making commitments. It’s setting the tone for all the conversations that are happening here.”

During the course of the conference, students used #ThisIsMyEra throughout their social media accounts, furthering their sense of togetherness. For students who attended the MCC, the essence of #ThisIsMyEra is responding, “Yes, we can. This is my era,” when they are in the face of adversity.

“College is the pinnacle of that time of your life where everything is changing, where all of your choices matter,” said Star. “This is where you make the choice of where you’re going to be five years from now, ten years from now and so on. This is where it really matters, because this is the portal to the rest of your life. So right now, in this portal to the rest of your life, you have 20 different directions you can go. Stand in one spot and say, ‘this is my era.’”

#ThisIsMyEra is more than just a hashtag; it is a declaration of this generation’s belief in themselves, and a celebration of their will to continue. “This is My Era” is a battle cry for this generation, and for students who attended the 2014 Millennium Campus Conference, it is a way of life.
THE GLOBAL VS. LOCAL DEBATE
When One’s Country is Facing Adversity, Where Should They Volunteer?

Above: The Millennium Campus Conference brought global leaders together to debate whether one should volunteer locally or globally. LU Photos.

By NICOLE DIRENZO
Staff Writer

The sixth annual Millennium Campus Conference gathered together student leaders from around the globe, where they discussed several key issues in global development, including the debate for Global vs. Local service.

The debate forced attendees to ask themselves a number of questions, including why should they work abroad when they have problems they must face in their respective home countries? Or instead, why should they work domestically when poverty is far worse on an absolute scale elsewhere?

The debate panel included four knowledgeable professionals working in global development with experience in volunteer work.

On the global side was Christie George, Director of Student Affairs at the Global Brigades Association, and Elliot Rosenberg, founder of Favela Experience.

On the local side was Ariel-la Camera, Presidential Management Fellow of Centers for Medicaid and Medicare, and Glen Heil, Public Relations Director of International Youth Fellowship USA, Lynn Academic Web Coordinator and professor, Timea Varga, held the position of moderator.

The debate was an overview for many topics and issues found both globally and locally. This included ideas such as the responsibility required while serving abroad, feeling obligated to serve, and the difference between poverty in the United States and other countries.

"Yes, there are problems in our own back yards," said Rosenberg. "But if we have the chance to go abroad, speaking on behalf of someone from a developed country to developing countries, you'll see just the severity of problems are far greater than what we have in our own back yards."

The global side argued that volunteering abroad creates a bigger impact because the unique experience and insight obtained by traveling to a foreign country creates meaningful improvements for those who need them most, all the while expanding the world for each volunteer.

On the other hand, the local side argued that volunteering with those in one's community is a civic responsibility that must be completed before one can travel abroad.

"Working locally we are able to create and sustain projects that will produce hard and effective results," states the Millennium Campus Conference's website for local volunteer advocates. "[It maintains] accountability from both those who are helping and those being helped, and gives young people a taste of what it means to serve others from a younger age than would be possible when trying to work overseas."

Another topic discussed was the idea of "too much" global intervention; how does one know what the right course of action is for any individual? One must tread very carefully when volunteering globally because it may be intrusive to the natives; however, the long-term goal must be kept in mind.

"I think that especially in the global field of overseas projects or volunteerism, you're walking a very, very fine line and it's a very fragile thing to handle," said Heil.

University of Miami International Studies student Te'Quan Taylor was a guest at the Conference, and attended the debate.

"It really opened up my eyes," said Taylor. "I went in believing in the global side, but the debate changed me to look at both local and global."

The debate gave many emerging leaders in global development crucial understanding on how to approach a volunteering situation, whether in their home country or abroad.

"I believe it was a very good debate," said Varga. "Students can gain insightful information for what they would like to do globally or locally."

It would seem that regardless of their take on where one should dedicate their time volunteering, each panelist would agree that any type of service is commendable. Any type of work would make a difference, and the location solely depends on one's personal opinion and comfort.
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BEWARE OF THE HAUNTED HALLS
Tonight Marks the Annual Haunted Halls and Halloween Ball at Lynn

By BROOKE RUDISILL
Editor-in-Chief

Students are in for a treat this evening as Housing and Residence Life (HRL) teams up with the Student Activities Board (SAB) for what is speculated to be the most frightening event on campus.

Whether it may be walking through a creepy carnival, haunted forest, mas­ sacred, asylum or a spin off set of the hit television show “Walking Dead,” there are no guarantees that students will be able to sleep tonight after walking through all of the disturbing Haunted Halls on campus.

Because of such an outstanding amount of attendees last Halloween, HRL and SAB decided to make both the Haunted Halls and the Halloween Ball annual events for students to indulge in the festivities for the highly anticipated holiday, Halloween.

Gary Pelletier, community advisor of Freiberger and senior, is co-planning both events with SAB On-Campus Event Coordinator and sophomore, Nikkie Fevola.

Fevola reached out to many clubs and organizations in order to extend the invitation of student volunteers to participate in tonight’s events.

Be sure to look out for members of SAB, HRL, Drama Club, Zeta Beta Tau, Sigma Alpha Epsilon, Theta Phi Alpha, Alpha Phi Delta, Blue Notez, Black Student Union and Gay Straight Alliance who will be dressed to impress in horrifying costumes throughout the halls, or will be helping out at the Halloween Ball.

“The idea was to get clubs and organizations together and co-host with HRL and SAB for the Haunted Halls event, which would take part before the SAB Halloween Ball,” said Pelletier. “We have the event set up so that the Haunted Halls will take place in all of the lobbies of each residence hall, and the Halloween Ball will take place at the Residence Hall quad area.”

Considering the residence halls are in steep competition with each other, students cannot wait to go all out with decorations and costumes in hopes to win the Excalibur Cup event.

“We will be voting on which hall is the scariest,” said Pelletier.

Each month HRL hosts a new event that is open for students who reside in any (Continued on page 2)
of the five residence halls on campus. Students compete for the house cup that is awarded to the residence hall with the most amounts of points at the end of the year. Points are given for the number of attendees at each event and also to the residence hall that wins each competition. This month, each building has spent the past few weeks working with hall councils and other clubs and organizations to create the most terrifying hall that students will ever step foot in.

"HRL tries to see what the residents would want to see in each hall," said Ruth Augustin, Community Advisor of Trinity Residence Hall and senior. "Trinity is having a creepy carnival this year, and we want to make sure that it's the scariest."

With so many student volunteers being involved in the behind-the-scenes work that must take place, a large amount of time and dedication is put towards creating these two events.

"I love setting up before the program starts, because you get to see the halls before it all comes to life, and to see all of the hard work that each building puts into making the students have a fun experience," said Andrea Schwartzkopf, Drama Club liaison for Freiburger Residence Hall and senior. "I am a huge 'Walking Dead' fan so I can't wait to be apart of that world in Freiburger."

The Haunted Halls will kick-off the eventful night at 7:30 p.m. in the lobbies of all five residence halls, followed by the Halloween Ball starting at 8 p.m., and will carry on until 11 p.m.

LONG DISTANCE RELATIONSHIP TIPS
Long Distance Relationships can Work out With the Proper Approach

By ANA MARCELA LLANES
Staff Writer

It is assumed by many that long-distance relationships do not usually work, but Nikki Mora and Dominique Marinakys, both sophomores at Lynn share their secrets to make a relationship work even with 1000 miles between themselves and their other half.

"I miss you," Mora said to her boyfriend Robert Barry, who lives in N.Y. as they Skyped. Now long distance relationships have gone through a metamorphosis with all the new evolving media like Facebook, Skype and texting. These services aid people who are struggling with a long distance relationship and help them remain close, for example through video calls or instant messaging throughout the day help couples everywhere feel more connected.

"The most important thing to make a long distance relationship work is to spare a lot of time to your significant other, planning out a time to talk on the phone or through a Skype video call," said Mora.

Mora has been dating long distance since late January 2014, and has had many bumps in the road but she continues to hold on and make her relationship work.

On the other hand Marinakys has had a very hard experience with long distance relationships. Marinakys' boyfriend lives in Honduras, and although it has been six months that they have been together, it does not get any easier.

"It is very hard. Most of the time I am sad, especially because we are not even in the same country and it gets expensive to visit him," said Marinakys.

Marinakys travels to Honduras the first weekend of each month, and she feels that even this is not enough.

"You have to have a lot of dedication and a lot of love for a person for something like that to work," said Marinakys.

Long distance relationships are not a taboo. Most people, especially those attending college, leave more than just family behind.

Mora and Marinakys have put a tremendous amount of time and effort in order for their relationships to work even with the distance barrier, between them and their loved ones.

Above: Long distance relationships work well for a high number of Lynn Students who share their success stories. Stock Photos.
HAUNTED HOUSES RETURN AGAIN

Florida is Home to Several Haunted House Experiences Worth a Visit

By AMBER WILLIAMS
Staff Writer

Although the thought of willingly walking into one of the many terrifying haunted house experiences Florida has to offer sounds ridiculous, it is well worth a fright this Halloween.

For dramatic effect, haunted houses are filled with an abundance of tiny details to make the experience feel as realistic as possible. This year Universal's Halloween Horror Nights in Orlando has three main houses designed to scare guests.

Alien vs. Predator, Halloween and the highly anticipated Walking Dead: End of the Line House is open to the public this fall.

With "The Walking Dead" being the largest house in the park, audiences are anticipating spectacular scares and gory zombies. With the television show being such a success, fans are expecting to feel as if they are in the post-Apocalyptic world the show is set in.

"I hate the anticipation of the scare," said Bianca Bonomo, sophomore. "I'm looking more at the ground with my ears covered."

There are many elements that make a haunted house terrifying. It is very tough to decide which Haunted Houses should be visited.

"If you can't scare me when I'm going into the haunted house, there is no point of me walking in," Gabe Caldwell, sophomore. "There are different things that can scare people such as clowns and spiders."

"I'm actually going to Howl-O-Scream at Busch Gardens," said Toni Jordan, junior. "It's supposed to be twenty times better than Halloween Horror Nights and a lot less packed and the park is way bigger!"

Busch Gardens' Howl-O-Scream began Sept.12 and runs until Nov.1 featuring haunted villages and an even spookier dining experience. Going with a group is advised to avoid panicking alone.

"Look down! They tell you not to do it, but wear a mask," said Bonomo, sophomore. "Do it, so when something pops out at you, you won't see it!"

More advice for adventurous souls headed to these gruesome and terrifying houses is wear comfortable shoes and clothing. Do not wear a new outfit to the park and prepare for the scare.
WEARING WHITE & BLUE SINCE 1962
Founders Day has Become the Most Celebrated day on Campus

By KEVIN STUDER
Editor-in-Chief

On Saturday, Lynn will turn 52 years old and today we are celebrating the school’s birthday with everyone’s favorite day – Founders Day.

For new students, staff and faculty who do not know what today entails, they are in for a treat.

“Founders Day is always so exciting,” said Kayla Edmonson, senior. “There is so much to do and it’s a nice break from the normal routine at school.”

Activities are going to be happening all day with the kickoff at 9 a.m. as people can grab their morning fuel from Corner Bakery along the main sidewalk. President Ross will then give a welcome address by the Freiburger Lake at noon to kick off the canoe races that start at 12:30 p.m.

For those who are not familiar with the canoe race, they are probably one of the most entertaining events at Lynn. Students, staff and faculty all come decked out in costume to race around the Freiburger Lake to compete for Best Team Apparel, Most Entertaining/Spectacular Sinking and 2-person speed race. Kettle corn and taco trucks will also be around for spectators to enjoy.

“The fun part about working the canoe race is watching the teams interact with their own team and the competing teams,” said Joanne Studer, Executive Assistant to the President.

“It doesn’t matter if you’re an executive, staff member or student, you are all the same status in the water. Of course, the best part is watching if President Ross’

(Continued on pg. 2)
After the canoe races finish, the Lynn community and their families are welcomed to the Founders Day Family Picnic and Festival on the Schmidt Lawn. Live music and food highlight the event, but students are normally most excited for the free shirts given out at the event.

"Trying to get a shirt is absolutely crazy," said Victoria Granatelli, junior. "There is so many people and it kind of gives me anxiety, but that's part of the fun."

At the beginning of the Picnic and Festival, campus clubs and activities will take part in the Student Involvement Golf Cart Parade. Each club can reserve a golf cart and decorate it to represent them and, at the end of the night, one will be named the winner.

Lynn has certainly grown over the past 52 years. Originally a women’s junior college named Marymount College, Lynn now has students from 90 different countries. The Fighting Knights also have 14 sports teams and 22 national championships. The school has also become more publicly known in recent years. In 2012, Lynn hosted the third and final presidential debate, which welcomed President Obama and Governor Mitt Romney to the campus.

Just a few weeks ago, the Millennium Campus Conference, which brought in students from all over the world and global leaders like Kristin Davis and Nicholas Kristof, also took place on campus.

Great things have been happening for years at Lynn and there are many great things to come. So, enjoy Founders Day today and remember that Lynn is the perfect home away from home.

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WORLD FULL OF DIFFERENT HELLOS
Every Culture Greets one Another in a Variety of Different Ways

By MARIA JOSE CARDENAS
Staff Writer

The international community at Lynn creates a remarkable global environment, one in which students learn to understand and appreciate cultural differences.

One of the most basic yet extremely important aspects of a culture is greeting others. A "hello" has many different meanings. Besides acknowledging a person, greeting allow people to show manners and express emotions.

Greeting styles vary from country to country, and what may be considered normal in one's own culture might not be interpreted in the same way by another culture.

It is crucial to know in advance how to greet people from countries foreign to ones own. In America, common courtesy is to firmly shake hands, look directly at the other person's eyes and smile.

"In my country, and generally in Spanish speaking countries, men greet other men with a handshake," said Robin Rocha Lopez, freshman. "Women, on the other hand, greet men as well as other women with one kiss on the cheek and a light hug."

"I had the opportunity to live in Switzerland and there I learned that people greet each other with a kiss three times, on alternate cheeks," said Maria Burbano, sophomore. "I have also lived in Saudi Arabia and there it is common for other men to kiss each other on one cheek, but men do not cheek kiss other women."

At Lynn, students get to learn about other cultures not only on campus but also with the excellent and numerous study abroad programs that it offers. Esfetania Perez, sophomore, studied in Italy for a semester abroad.

"When I first met someone, I would shake their hand," said Perez. "As I got to know the person more, I would greet them with a kiss on both cheeks. This happened too when I visited France and Portugal."

No matter where one comes from, it is always important to keep in mind cultural differences and try to be open to understand those differences.

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Above: Founders Day. LU Photos.

Above/Below: Cultural differences are welcome at Lynn. Stock Photos.
FUTURE MULTIMEDIA DESIGNERS

Communication Students are Able to Become Creative Design Artists

By AMANDA FELDSTEIN
Staff Writer

Not many individuals think about how business cards are made, or how the sign on the stores are created.

The makers of these business cards or signs are graphic art and multimedia design professionals.

They look at the font of the sign and if it will attract customers. They figure out what colors work well with each other and if it fits the theme the business owner is looking for.

Here at Lynn, there is a whole major to prepare one for this type of work.

Kirstie Schults, senior, is a graphic design major who hopes to become a graphic designer in the future.

"Lynn has taught me what it takes to be in a high demand industry like graphic design, always being repaired, meeting deadlines and striving to put forth your best work," said Schults.

Oliver Powers, freshman, is a multimedia design major. His interest in graphic art sparked through his love to draw.

"The Mac computers in every class and library are a great resource since they include Adobe Creative Suite," said Powers.

The set of Adobe programs are essential programs for graphic design students. The creative suite has illustration and graphic programs that are used in the professional world.

"The 3-D printer in the library made my clay creation come to life. I was able to make a copy of the clay piece and it printed as a plastic replica," explained Schults.

Brian Thibault, sophomore, decided he wanted to study multimedia design during his childhood.

"Well I went to an art high school and came from a small artistic town so I always was surrounded by art," said Thibault. "Personally seeing work by artists like Jean-Michael Basquiat and Salvador Dali inspired me to make my own art and I just have loved making art ever since."

The eyes required for being a successful graphic designer are different than the eyes of an outsider. They notice things that a regular individual does not.

Lynn is successful in preparing students to recognize differences and put together pieces that are eye catching and draw an individual closer.

Above/Below: Pieces by freshman Oliver Powers and seniors, Ruth Augustin and Kirstie Shults. LU Photos
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Halloween
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Brand New Hashtag
#WeAreLynn Focuses on Why Students Stay at Lynn

Exclusive:
SPORTS MANAGEMENT
Inside Look at Lynn's Popular Club
TRICK OR TREAT ON HALLOWS’ EVE
Students Know How to be Safe This Halloween, but Still Have Fun

By CLAIRISSA MYATT
Staff Writer

Halloween: a prime time for people both big and small. The only day of the year where it is perfectly acceptable to be whomever one wants to be without any judgment.

Trick or treating, passing out candy or hitting up a local party, there is something for everyone on this spooky holiday.

“Last year I dressed up as a hippie and went to a friends house for a party,” said Danielle Marando, junior. “It was a great time and I will probably do that again this year.”

If a costume party is what peaks ones interest simply ask around, there is bound to be dozens happening come tonight. Do not forget a fun and creative costume.

If a low-key night seems of more interest: grab some candy, recline on the couch and pop in a scary movie, it is tradition after all.

“I’ll stay in and watch movies this Halloween, obviously something scary. My favorite movie is ‘Alien,’ a movie about an alien who kills people on its spaceship, it is a classic,” said Mike Cronin, junior.

As a matter of fact, all of the “hallow-classic” movies are featured on Netflix, an account that nearly every college student possesses. “Scream”, “Carrie” and “Fright Night” are just a few of the many streaming now. Make sure you have snacks, but you may drop them when you scream.

Attention all foodies: look no further than Pinterest for treats and sweets recipes for this spooktacular night. From novice to advance there are ideas galore.

Take “Halloween candy bark” for example, it takes a mere five minutes by sprinkling candy over melted chocolate that has been spread across parchment paper. Chill in the refrigerator and enjoy while watching “Hocus Pocus.”

“I have seen some really interesting recipes shared on Facebook this month in regard to Halloween. I may take on the man in the kitchen role and try some out this year,” said Nick Connery, junior.

With all the excitement that Halloween brings: the parties and movies that are taking place, it is important to remember to be safe.

While every student loves a good party; the music, friends and the obvious drinking, it is important to celebrate responsibly. While it all may seem like fun and games and everyone is living in the moment, large crowds of intoxicated college students on a particular festive night of the year can lead to trouble.

Here are some pointers to take note of before the adventure of Halloween night begins:

1. Dress comfortably: Just because the majority of college students dress with the mentality “less is more” on this particular day, does not mean everyone has to. The night begins well before the party so make sure one is comfortable in whatever costume.

2. The “Buddy System” is not strictly for childhood field trips: Always attend a party with a friend[s] and be conscious of each other’s whereabouts throughout the night. It may seem like an inconvenience, but with rowdiness can occur, it is nice to have someone looking out for anything unusual.

3. Go easy on drinks: It may seem like an excuse to drink excessively this night, however staying lucid is a good idea on Halloween night. It is important to stay conscious of surroundings and it will ultimately save oneself from making poor decisions.

4. Tell a friend before an exit: Never leave a party without telling the person one came with. It is a scary and panicky situation that is unfair to everyone involved. Communication is key at any event, and with texting being the main form of communication, there is no excuse not to hit send.

Whatever one is doing tonight, do it responsibly and have fun.

Above: Halloween. LU Photos.
MARRIAGE: A RIGHT, NOT PRIVILEGE

Five More States Now Allow Legal Union for Same-Sex Couples

By ISABEL MEMBRENO
Staff Writer

Same-sex marriage has been a controversial topic amongst society for many generations. Most of the country's states had prohibited the legal union of same-sex couples. The U.S. Supreme Court has recently decided whether state prohibitions for same-sex marriage violate the Constitution or not.

"I do believe everyone should be able to marry whoever they want," said Rafael Pineda, sophomore. "I think it's great that the gay and lesbian communities from around the country are being given equal rights," said Daniela Cruz, sophomore.

As of recently, the U.S. Supreme Court has overturned many of the prohibitions for same sex couples to legally marry in five different states - Oklahoma, Wisconsin, Virginia, Indiana and Utah. There are currently 24 states, plus the District of Columbia, who allow same-sex unions, while 26 states, including Florida, still have bans on it.

'Think it's great that the gay and lesbian communities from around the country are being given equal rights," said Daniela Cruz, sophomore.

The court's order ends the ban on same-sex marriage for those states, while six other states are still on hold pending the U.S. Supreme Court's review. Kansas, Wyoming, West Virginia, North Carolina, South Carolina and Colorado are the states that are bound by the same rulings as the states who were recently cleared in regard to same-sex marriage. If overruled, the country would have 30 states and a district that allow the legal union of same-sex marriage.

"Everybody should be able to get married," said Ana Llanes, senior. "It shouldn't matter if they are gay or not.

U.S. District Judge Robert Hinkle, has also recently ruled Florida's same-sex marriage ban as unconstitutional, as it violates both the due process as well as the equal protection provisions in the Constitution.

Hinkle's ruling, which may be appealed, does not only apply to same-sex marriages in Florida, but it also states that same-sex unions from other states should be recognized in Florida.

Above: Same-sex marriage legalization is becoming very prominent among the United States as couples head to the altar. Stock Photos.
Student Life

POPULAR MAJOR, POPULAR CLUB
An Inside Look at Lynn’s Sports Management Club and Their Work

By ROBERTA ZACCAGNINO
Staff Writer

Since sports management is one of the most popular majors here at Lynn, it makes sense that the Sports Management Club is very active on campus as well.

Many students majoring in sports management, as well as non-sports management majors, are very active in the club. Currently there are 18 members.

The current elected officials of the club include Stephen Goldsmith as president, Zach Umansky as vice president, Joe Cannavale as secretary, and Sara Lang as treasurer. The faculty advisor is Ted Curtis, a dedicated sports management professor.

The sports management club at Lynn gives students the opportunity to go on many sports-related field trips.

“We like to plan a lot of trips for the club members,” said Goldsmith, senior. “Whenever we go on trips we normally meet with people from the sports venue, this is a great opportunity for a lot of students and it’s one of my favorite things to do.”

The sports management club is also very busy interacting with many important figures in the sporting industry.

“The club likes to have a Skype series with people who are in the industry,” said Goldsmith. “These Skype sessions are great for us sports management majors to get advice from professionals.”

“I plan each meeting out with the Vice President Zach Umansky,” said Goldsmith. “We normally sit down once a week discussing the meeting for each week. We plan what new trip we’d like to take, and what new Skype guest we can have. We love taking trips to games, all of us in the club are close and love to watch games together.”

Students enjoy conversations with the professionals in the business.

“I really love meeting all of the people I have met from these trips and Skype sessions,” said Goldsmith. “These people provide us with great advice and we often find a new connection that has been made.”

The sports management club is very focused on helping the students in the major find connections and provide them with great advice from experienced individuals.

The sports management club meets twice a month on a Tuesday, at 12:30 p.m. on the third floor of the International Business Center.
BUT FIRST, LET ME TAKE A SELFIE

There Is A New Era Of A Self-Portrait That One Can Do Themselves

By ANA MARCELA LLANES
Staff Writer

Since early 2006, young adults from all over the world started buying smartphones or using digital cameras to post their ‘selfies’ on MySpace.

The selfie is now a modern day craze; people are now taking self-portraits, otherwise known as selfies, typically with their smart phones.

In 2009, Facebook stole most of the MySpace users into a world where selfies were encouraged because of better resolution profile pictures. The Facebook trend encourages people to take more and more pictures of themselves. The most important advancement in “selfie-taking” was in 2010 when Apple, Inc. launched the first smartphone with a frontal camera, which eased the process of taking selfies.

Not only have interactive Internet sites helped the evolution of the selfie, but also many applications on the smartphone like Snapchat, an application for people to send selfies to their friends with a limited amount of time to be displayed.

The selfie trend has gone so far that Pope Francis has even taken a selfie with a teenager during a pilgrimage on Aug. 28, 2013.

Celebrities like Rihanna, Miley Cyrus and Kim Kardashian have made selfies even more popular by posting on Instagram and Twitter.

The selfie craze is not going to end soon, but will revolutionize over time. Now that people have a digital identity, it is a common thing for teenagers to be constantly sharing their picture online, and through other emerging social medias.

Selfie fever has infected people all over the world, especially the Lynn campus. iPulse set out to see if students could go a day without taking a selfie.

“I really don’t think I could go a day without sending a selfie to one of my friends,” said Miranda Rincon, junior.

“Yes! I can go several days without taking pictures, much less a selfie,” said Juan Carlos Gurdian, freshman.

“I like taking selfies because most of my friends do not live in Florida, and I think it is a more interactive way of catching up,” said Rafael Pineda, sophomore.

“I take selfies almost everyday, especially when I have nothing better to do,” said Marcela Bonilla, senior.

“I am a big fan of Snapchat, so I take selfies almost everyday,” said Maria Caballero, junior.

“I don’t think I can go a day without sending a selfie to my friends and family, I think it is a more intimate way to stay in touch,” said Costanza Pappalardo, junior.

Above: Students are joining the selfie craze at Lynn with their phones, but Go Pros can take them an extra step further. Stock Photos.
NEW HASHTAG FOCUSES
Yesterday, Lynn Announced The New

By KEVIN STUDER
Editor-in-Chief

While Lynn loves to know why students are choosing the university as their own, a more important question has appeared recently: Why are you staying at Lynn? To answer this question, students are responding with #WeAreLynn.

As the social media age has surged over the past several years, there have been many hashtags that have accompanied Lynn related posts. Until now, students have had a hard time figuring out how to distinguish Lynn, but with the newly formed #WeAreLynn, they can now take pride in their school on social media.

In Lynn's Office of Admission, two staff members have been working hard on this new hashtag. Social Media Coordinator Neci Dodd and Associate Director of Enrollment Management and Lynn alumna Taryn Hamill had several students write down ideas for the new hashtag and have worked from there to choose the right one.

"Well initially, I brainstormed with students on possible hashtags. I asked them to give me words that they would use to share their excitement about Lynn. We were able to come up with many, but none of them gave us that 'Oh, that's the one' feeling," said Dodd. "We wanted something that the Lynn community would be excited to use, but also something that showed our pride and unity."

With this year's incoming freshman class being the largest it has been in eight years, Lynn has the highest potential right now for student spirit and this hashtag embodies everything that is Lynn. At the Star Wars themed State of the University Address this past Wednesday, Hamill revealed that Lynn is becoming students' top choice for an institution. When parents and potential students look at Lynn's website, they will see that Lynn currently has a 69% retention rate and a 41% grad-
Story

ON STUDENT EXPERIENCE
Hashtag “WeAreLynn” To Focus On Student Life At Lynn

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FAVORITE FILMS FOR FRIGHT NIGHT
Students Choose Their Favorite Halloween Flicks for This Fright Night

By AMBER WILLIAMS
Staff Writer

With Halloween right around the corner, there are many movies that strive to scare peoples' socks off. But with so many choices, which one does the trick: Ghouls and axe murderers? Or, zombies and witches?

From the classic horror film “Halloween” to the animated phenomenon “The Nightmare Before Christmas,” the range of Halloween movies is for all ages. Year after year box office movies are advertised as “The Scariest Movie of the Year,” but there are also television stations out there with Halloween specials on for the whole month.

There are many elements that can make a Halloween movie work. There’s the scare factor, the blood, the story line, the effects— the list just continues! There’s the atmosphere, timing, reality and so forth.

“I guess I would have to say “Saw,” the latest ones, because they are so gory and gruesome,” said Toni Jordan, junior. “It puts you in such a compromising situation. It also makes me wonder when Jigsaw says ‘Do you want to play a game?’ why no one ever says no?”

Everyone knows what’s going to happen in these instances, yet no one ever thinks logically when they are about to be chased or tortured. Shame on them.

On the other hand, there are less horrific movies such as “Hocus Pocus.”

“They are kids movies but it’s all good. ‘The Nightmare Before Christmas’ which I watch all year round or ‘Hocus Pocus’ because why not,” said Blanca Bonomo, sophomore. “But if I’m forced to watch a scary movie, my friends drag me to watch Jason [from ‘Friday the 13th’] or Freddie [from ‘A Nightmare on Elm Street’]. I don’t like the ideas of things popping out. I don’t like getting scared. I like creepy Tim Burton stuff.”

With all the rave today, any movie that gives scares or the feeling of Halloween could be the right choice.
As Kids are Trick-or-Treating on Halloween, Santa Claus is Already in Town

By KEVIN STUDER
Editor-in-Chief

With Halloween being today, it is hard to believe that there has been Christmas music in stores for over two weeks.

It was surprising when iTunes released Broadway and "Frozen" actress Idina Menzel's new album "Holiday Wishes" on Oct. 14 — more than 15 days before Halloween. Menzel was one of the many who were surprised as well.

"The album [came] out October 14. I think that's ridiculous! I don't understand. I've been asking the label to tell me why. Apparently that's when people start buying stuff for Christmas," said Menzel to TIME. "Okay, that's cool, but I'm barely into Halloween with my son! I completely understand if people aren't ready for it until Thanksgiving."

When looking at the past few years, releasing holiday music in October has become the norm. Back in 2007, Disney released their "Disney Channel Holiday" album on Oct. 16. This started getting kids in the holiday spirit with songs from Aly & Aj, The Cheetah Girls and Jonas Brothers. At the same time, parents were still trying to get their kids in their Halloween costumes for parades at school.

"Christmas music aimed toward children shouldn't be released this early," said Brooke Rudisill, junior. "Parents are having a hard enough time getting through Halloween without already starting Christmas."

A year later, Menzel's "Wicked" co-star Kristin Chenoweth released her album, "A Lovely Way to Spend Christmas." This turned into a lovely way to spend Halloween, as it was also released on Oct. 14. Kelly Clarkson then released "Wrapped in Red" on Oct. 25, 2013. Two of the songs from the album "White Christmas" and the original song, "Underneath the Tree," were released as singles over a week before the album was released. Clarkson then filmed a holiday television special on Oct. 30, which was not fully released until Dec. 11, though some of the footage was released as music videos prior to this date.

This year does not seem to be any different with the early holiday music trend. In addition to Menzel's album, country singer Darius Rucker released his Christmas album on Monday. While he is singing "Winter Wonderland," others are still seeing goblins and ghosts running around the streets.

Even more shocking, comedian Seth MacFarlane released his Christmas album prior to Halloween, then they have two months to make sure they get home.

Meaghan Boutwell, graduate student. "Even Thanksgiving is too early. I mean I get mad when Black Friday starts during Thanksgiving."

It is hard to tell if Christmas music being released early is a trick or actually a treat. Though if one starts singing "I'll Be Home For Christmas" before Halloween, then they have two months to make sure they get home.

Above: Christmas music released early in October. Stock Photos.
Weekly Review

BEWARE OF THE HAUNTED HALLS

Wednesday Marked the Annual Haunted Halls and Halloween Ball at Lynn

By BROOKE RUDISILL
Editor-in-Chief

Students are in for a treat this evening as Housing and Residence Life (HRL) teams up with the Student Activities Board (SAB) for what is speculated to be the most frightening event on campus.

Whether it may be walking through a creepy carnival, haunted forest, massacred asylum or a spin off set of the hit television show "Walking Dead," there are no guarantees that students will be able to sleep tonight after walking through all of the disturbing Haunted Halls on campus.

Because of such an outstanding amount of attendees last Halloween, HRL and SAB decided to make both the Haunted Halls and the Halloween Ball annual events for students to indulge in the festivities for the highly anticipated holiday, Halloween.

Gary Pelletier, community advisor of Freiburger and senior, is co-planning both events with SAB On-Campus Event Coordinator and sophomore, Nikkie Fevola.

Fevola reached out to many clubs and organizations in order to extend the invitation of student volunteers to participate in tonight's events.

"Be sure to look out for members of SAB, HRL, Drama Club, Zeta Beta Tau, Sigma Alpha Epsilon, Theta Phi Alpha, Alpha Phi Delta, Blue Notez, Black Student Union and Gay Straight Alliance who will be dressed to impress in horrifying costumes throughout the halls, or will be helping out at the Halloween Ball.

"The idea was to get clubs and organizations together and co-host with HRL and SAB for the Haunted Halls event, which would take place before the SAB Halloween Ball," said Pelletier. "We have the event set up so that the Haunted Halls will take place in all of the lobbies of each residence hall, and the Halloween Ball will take place at the Residence Hall quad area."

Considering the residence halls are in steep competition with each other, students cannot wait to go all out with decorations and costumes in hopes to win the Excalibur Cup event.

"We will be voting on which hall is the scariest," said Pelletier.

Each month HRL hosts a new event that is open for students who reside in any of the five residence halls on campus. Students compete for the house cup that is awarded to the residence hall with the most amounts of points at the end of the year. Points are given for the number of attendees at each event and also to the residence hall that wins each competition. This month, each building has spent the past few weeks working with hall councils and other clubs and organizations to create the most terrifying hall that students will ever step foot in.

"HRL tries to see what the residents would want to see in each hall," said Ruth Augustin, Community Advisor of Trinity Residence Hall and senior. "Trinity is having a creepy carnival this year, and we want to make sure that it's the scariest."

With so many student volunteers being involved in the behind-the-scene work that must take place, a large amount of time and dedication is put towards creating these two events.

"I love setting up before the program starts, because you get to see the halls before it all comes to life, and to see all of the hard work that each building puts into making the students have a fun experience," said Andrea Schwartzkopf, Drama Club liaison for Freiburger Residence Hall and senior. "I am a huge 'Walking Dead' fan so I can't wait to be apart of that world in Freiburger."

The Haunted Halls kicked off the eventful night at 7:30 p.m. in the lobbies of all five residence halls, followed by the Halloween Ball starting at 8 p.m., which carried on until 11 p.m.

Above: Haunted Halls from Halloween a year ago. LU Photos.
WEARING WHITE & BLUE SINCE 1962

Founders Day has Become the Most Celebrated Day on Campus

By KEVIN STUDER
Editor-in-Chief

On Saturday, Lynn will turn 52 years old and yesterday we celebrated the school’s birthday with everyone’s favorite day – Founders Day.

For new students, staff and faculty who do not know what today entails, they are in for a treat.

“Founders Day is always so exciting,” said Kayla Edmonson, senior. “There is so much to do and it’s a nice break from the normal routine at school.”

Activities happened all day with the kickoff at 9 a.m. as people can grab absolutely crazy,” said Victoria Granatelli, junior. “There is so many people and it kind of gives me anxiety, but that’s part of the fun.”

At the beginning of the Picnic and Festival, campus clubs and activities will take part in the Student Involvement Golf Cart Parade. Each club can reserve a golf cart and decorate it to represent them and, at the end of the night, one will be named the winner.

Lynn has certainly grown over the past 52 years. Originally a women’s junior college named Marymount College, Lynn now has students from 90 different countries. The Fighting Knights also have 14 sports teams and 22 national championships.

The school has also become more publicly known in recent years. In 2012, Lynn hosted the third and final presidential debate, which welcomed President Obama and Governor Mitt Romney to the campus.

Just a few weeks ago, the Millennium Campus Conference, which brought in students from all over the world and global leaders like Kristin Davis and Nicholas Kristof, also took place on campus.

Great things have been happening for years at Lynn and there are many great things to come. So, enjoy Founders Day today and remember that Lynn is the perfect home away from home.