Newt Gingrich 08’ Possible Republican Candidate For President

By Melanie Pierce

Man of the Year” due to the fact that he lead the Republican Revolution and brought an end to the Democratic Party’s reign as the majority in the House. Gingrich is also an author of several published books. Before making a name for himself, Gingrich was a boy from Harrisburg Pennsylvania who grew up in a Military family and often moved around. In 1965 Gingrich received a B.A. from Emory University. He went on to a Masters program at Tulane and received his degree in 1968. In 1971 he was awarded a PhD. in Modern European History.

Gingrich is a strong supporter of volunteering. He has raised millions of dollars for charity, donating both time and money to a wide array of causes, including Habitat for Humanity, United Cerebral Palsy, the American Cancer Society, and ZooAtlanta.

To find out more about Gingrich log onto http://www.newt.org/

Al Gore 08’ Possible Democratic Candidate For President

By Lauren Wiley

Albert Arnold Gore, Jr. (Al Gore) born March 31, 1948, in Washington, D.C., is an American politician, teacher, businessman, and environmentalist who was the 45th Vice President of the United States in the Clinton administration from 1993 to 2001. Previously, he had served in the United States House of Representatives (1977-85) and the United States Senate (1985-93) for Tennessee. Gore was the Democratic nominee for President in the 2000 election. He won the popular vote, with over half a million more votes than the Republican candidate George W. Bush, but was defeated in the Electoral College by a vote of 271 to 266.

Despite the Presidential upset, it didn’t keep him down and out for long. Gore is currently taking on President of the American television channel Current TV, director on the board of Apple Inc., and unofficial adviser to Google’s senior management.

Gore has also taken a stand on global warming. He featured in “An Inconvenient Truth,” an Academy Award-winning documentary about global warming. And recently, in February 2007, he was nominated for the Nobel Peace Prize for his efforts to end global warming.

Everywhere he goes, the winner of the 2000 popular vote is asked, “Would you consider running for President in 2008?” His answer is that he has no intention or plans to seek office. But he hasn’t decided not to run, either.

To find out more log onto http://en.wikipedia.org/wiki/Al_Gore

A Writer And A Poet Who Is Yanatha Desouvre?

By Melissa Roberts

Yanatha Desouvre is a man who believes everyone can make the right decisions in their lives if they focus on the positive aspects of life. If you are interested in indulging your senses into a new book, Desouvre’s books are now available at AuthorHouse, Barnes and Nobles, Borders and Amazon.com. There are a couple of books to choose from. One is a story that uses a conversation between a young man and his older self in “Can We Talk,” or another interesting tale of a young man and his father who grow closer after facing danger together in “Walk Through this Journey.”

Desouvre’s overall message to his readers is to keep a positive attitude when facing any situation and make it a lesson learned to achieve happiness in life.

Here is a poem Desouvre has written:

Poverty of the Mind

In this society

that we could be.

Nevertheless, the degree in your hand,

I hope you understand, doesn’t define

who you are, woman or man.

But Poverty of the mind

oh, that trickery sickness me acting dumb, deaf and blind getting caught up in misery that mentality is induced just like Tupac in Juice.

It’s only cool when you’re a fool and never putting your brain to use.

Poverty of the mind

oh, that trickery sickness me acting dumb, deaf and blind getting caught up in mental slavery that mentality is induced just like Tupac in Juice.

It’s only cool when you’re a fool and never putting your brain to use.

Poverty of the mind crosses all nationalities; don’t think I was just talking to just minorities.

Enrich your mind now and don’t jump to conclusions poverty of the mind affects us all; get your mind right or we’ll all do the losing.

To get in the game learn to read the system hold on and be strong just keep your mind balanced.

Poverty of the mind

oh, that trickery sickness me acting dumb, deaf and blind getting caught up in mental slavery that mentality is induced just like Tupac in Juice.

It’s only cool when you’re a fool and never putting your brain to use.

Poverty of the mind crosses all nationalities; don’t think I was just talking to just minorities.

Enrich your mind now and don’t jump to conclusions poverty of the mind affects us all; get your mind right or we’ll all do the losing.
For Spring 2007, it is all about the dresses. They come in all different kinds and are very youthful, sexy and flirtatious. It is truly a feminine look and suits every girl. The mini dress is very stylish and popular for this Spring season. It is what everyone is wearing and there are many different variations.

The high-waist Empire dresses that show some skin are very trendy because short is in.

If you do not have a high wait dress you can create one by putting on a big corset belt. For the girls who are not comfortable wearing these mini dresses you can wear the dress over leggings as a tunic and nobody would ever notice the difference. That is also a very cute look. A lot of these dresses will be jewel studded and come in metallic colors, another big trend for Spring. The bright colors are coming back and the retro look is in once again. The smock and jersey dress are very popular too, for this Spring season.

So if you are a trendy girl and want to have fashionable clothes this Spring go to the nearest store and get dresses like this and you will be on point.

Over Presidents Day Weekend I participated in a tournament in Stillwater, Oklahoma that was a first of its kind in the United States.

This was a women's promotional tournament where the organizer of the event advertised that any woman who has attained an international rating will receive a $500 appearance fee, plus free hotel accommodations and entry fee. In addition there were women's only prizes, which, although common in European tournaments, are unheard of here. In all other tournaments expenses are paid by the contestant, and winning a substantial prize is no easy task.

So when women saw this ad, most were quite excited and felt they would be crazy to turn it down.

However, the idea did receive some criticism from men, saying that so many men who are better players than the women would never receive these types of excellent conditions, so we are just taking handouts we haven't earned.

I disagree with sentiments like these. Someone wanted to support the idea that the numbers in chess have to increase among the women, and finally there is a tournament providing a great incentive to play.

It resulted in attracting many of America's top female players. It was very encouraging to see women on the top boards in every round playing high-quality games.

Many of the women did quite well in the tournament tying for second and third place overall, and finally the female-to-male ratio was closer to equal than in any other event I've ever seen.

If your looking for an all around American Bistro, Ta-boo is the place to go.

Ta-boo was first opened in 1941 and has won many restaurant reviews for best dining. Over the years, the restaurant has been a winner of a host of awards. Society tabloids and food and wine publications have crowned Ta-boo for it's understated elegance and influential gatherings.

Ta-boo has been hailed as the best nightspot in the country to "laugh, and meet women." The restaurant drew the likes of John F. Kennedy, Frank Sinatra, the Duke and Duchess of Windsor, and other celebrities. Ta-boo serves every possible food you can think of with a "special touch." Food choices range from fruit platters, to salad to soup to meats to pastas and to seafood.

Going to the dentist is not something many people look forward to. But trips can be a lot more enjoyable if you use an electric toothbrush.

Electric toothbrushes produce better results because the bristles move much more quickly than the human hand. And they are equipped with timers to accommodate the recommended amount of time you should spend brushing your teeth, which is 2 minutes. And the leading manufacturer of toothbrushes, Oral-B has come out with two brushes to help eliminate plaque and cavities. In 2005, Oral-B came out with the Triumph. This is equipped with a computer that has a timer to make sure you brush for 2 minutes, a battery life meter to show when it is time to recharge the battery, and also tells you when it's time to change the head.

This year, Oral-B released the Vitality toothbrush, which has similar features, but no other company is even coming close to the amount of brushes Oral-B is releasing, not even Sonicare and Interplak.
Lynn Calendar
Weekly Events

Sports Management Guru to Speak

Date: March 20, 2007
Time: 9:30 A.M.
Where: de Hoernle Lecture Hall
Chill with Hillel

Date: March 20, 2007
Time: 7-9 P.M.

Where: de Hoernle Lecture Hall

An Open House to learn more about the technology available in the Assistive Technology (AT) Lab is Tuesday, March 20, for students. Refreshments will be served. Free for all Lynn students and will be open every Tuesday beginning March 27.

Get a Resume Makeover

Date: March 21, 2007
Time: 2 P.M.
Where: Perper Lounge

Poetry Coffee House

Date: March 22, 2007
Time: 6:30 P.M.
Where: Knights’ Court

Career Center Hosts Open House

Date: March 22, 2007
Time: 3-5 P.M.
Where: Trinity Hall lakeside patio

Enjoy great music and food while you explore the future major trends in employment and business attire.

4th Annual KAT Hoe Down

Date: March 23, 2007
Where: Cafeteria Patio

Hillel Shabbat Dinner

Date: March 23, 2007
Time: 6:30 P.M.

Vol. 4 / No. 23 / Tuesday March 20, 2007
The Daily Heartbeat of Lynn University
PULSE

Lynn’s softball team had a tough doubleheader loss on Monday to visiting Southern Connecticut State.

The Fighting Knights fell 3-1 in the first game ending with a loss 2-1 to finish the night. The Knights started off on top with a homerun by freshman Lucy Wilkinson in the third inning putting the Knights up 1-0. Sophomore pitcher Cristin Kelly opened up the game with a strong arm giving Southern Connecticut State Owls no chance for the first five innings.

In the top of the sixth inning the Owls made their dent taking the lead with 3 runs Lynn could not get back. In the second game during the first inning, the Owls took an early lead 1-0 from an RBI single. The Knights then scored from Meghan Osborne on two errors by the Owls in the third.

The ball game was tied and the Owls got their game-winning run on a return error by the Knights in the seventh.

The Knights fall to 12-16 on the season but return to action this weekend against rival Barry University. The Saturday double header starts off at 1 followed by a game Sunday at 1.

Fans can follow the action live by logging on to the web at www.lynn.edu/athletics and selecting the “live audio” or “live stats” icons.

Women Lose On The Court
Massachusetts Takes The Win

By John Peddy

The Lady Knights suffered a loss against the ladies Di tennis team from the University of Massachusetts (UMASS)

Coming out of the gates, the ladies stayed right along with the girls from up north and with the deep power of their doubles line up they prevailed to win two of three doubles matches. At No. 1, Leigh Shelton and Katrina Jiskrova were victorious, 8-4 score. Alexandra Shumick and Vicky Wetz also won at No. 2 doubles with the score of 8-4 as well.

The UMass girls had the big bad title of being from Division 1, but to the Lady Knights that did not mean a thing.

As singles game play, the tension rose with the level of play, rising and falling at times. The ladies lost 4-6 singles matches in the end and got tired toward the end.

The deciding match was all up to Shelton at No. 5 singles, coming back from a set down. Shelton fought back to win the second set to force a third set. Just a few games into the third set Shelton was up breaker at 3-1.

Unable to keep her break the third set she stayed even and with time, was brought to the dreaded third set tiebreaker.

Again, Shelton was given a mini-break in the tiebreaker but could not close again to head toward victory. Her opponent would not miss and just played very simple by keeping the ball in play. Shelton fell to her opponent in the third set tiebreaker which gave UMass the victory.

No matter what is ahead or behind, the girls fought with everything inside of them. Having their second match in a row, they are now faced with a third.

Today, the girls will be playing Northwood Florida in their last match at 2PM. Show your Lynn spirit and watch the game.
World's Largest Airplane
Double-decker Airbus
By DeShanna Minuto

According to CNN, the world's largest airplane arrived in the United States for an 8-hour test flight for probable buyers and airports. The double-decker Airbus A380 holds a capacity of 550 passengers.

The Airbus which carries more people further than any airplane holds 81,890 gallons of fuel and flies some 8,000 miles. It is said to dominate air travel for the next two decades. Lufthansa's goal is to match the A380's turnaround time from takeoff with that of much smaller jets already in existence.

With speeds up to 560 mph, this 239 foot long jumbo jet surprised everyone with its extremely smooth flight. Lufthansa which is a plane builder Airbus and German airline had the chief pilot take a test flight.

The pilot said that despite the supersonic jet's size, it was nimble and responsive. "If I were to compare it to driving, you would think this would be like driving a truck, but it's like driving a Ferrari."

Tory Burch comes in all sorts of colors and styles but the big hits seem to be the chocolate brown, black, leopard print and gold.

For those of you who love the ballet shoe/flat look Tory Burch is the new in flat. It has been worn by celebrities and in the beginning, stores across America could not keep them in stock.

Mario Heinen, head of the Airbus A380 program said "We are proud that...we are now able to present the A380 to the American people."

As for those who love the ballet shoe/flat look, Tory Burch is the new in flat. It has been worn by celebrities and in the beginning, stores across America could not keep them in stock.

Now, there's a way to book tickets at your own pace, over the Internet. Just go to the airline's website, fill in the information about your flight using the blanks, drop down menus, and radio buttons. Then fill in your credit card information.

When you are finished, you will receive an email about your flight. You can take this to the airport and get your boarding pass on the day of your flight, or you can check-in online up to 24-hours before your flight's departure to print out your boarding pass.

When I did this earlier this month, my family was amazed at how fast the process was. I was on and off the computer in less than 30 seconds. So next time you want to take a flight, don't do it over the phone. Do it over the Internet. It's quicker, easier, and more convenient.

Yahoo Horoscopes
Tuesday
March 20, 2007

Aquarius
Someone with a very different lifestyle has something to teach you. Be open-minded.

Pisces
It's time to do some sleuthing! Put on your most charming camouflage.

Aries
Today, find a way to increase your understanding and enjoyment of your way of life.

Taurus
Don't waffle today -- it will only cause you frustration. Pick one course of action.

Gemini
Communication is a two-way street -- so if you want something, just ask.

Cancer
Today you'll meet someone who can teach you a thing or two. Keep an open mind.

Leo
Look out for someone whose perspective confuses you. Don't be shy away from a debate.

Virgo
If you are having problems with coworkers, now is the time to start fighting back.

Libra
Things seem worse than they are. Talk to a mentor or a close relative about it.

Scorpio
It's a great day to start a fitness routine, because your determination is strong.

Sagittarius
Seeking pleasure may have become too high a priority in your life -- balance it out.

Capricorn
Some support you thought would always be there is gone. And you're fine without it.
Stepping into the Real World
Career Development Center Hosts Resume Makeover Workshop
By Melissa Roberts

Wednesday, March 21, 2007 at 2 P.M., in the Peper lounge, experts from the Career Center reviewed and critiqued hundreds of resumes. Yesterday's expo helped students learn how to talk with recruiters, dress appropriately and make a great impression with your resume and personal presentation.

According to Monster.com, in the quest to advance your career, your resume is a key element for success. Many students on the verge of entering the world of opportunity are having a hard time finding a career right out of college.

The interviewing process is long and stressful, but with these six helpful hints from Monster:

1. Make a promise of action.
2. Follow up quickly on any resumes you send.
3. Be purposeful in your subsequent follow-up contacts.
4. Keep a contact log.
5. Don't be a pest.

A proactive approach to your job search can improve your chances of landing interviews. Get advice on how to create a great resume, plus tips on how to handle special resume issues. A professional critique of your resume can leave you feeling overwhelmed. Learn how to put any harsh criticism to work. Good luck out in the real world, just relax and remember that you are in the same boat as your fellow classmates.

Follow Up

Resume

Toeknuckle Comedy Spreads Intrigue Amongst Students
Toeknuckle Productions Appearing At Lynn
By Rachel Weiss

This weekend Toeknuckle Productions is coming to Lynn with a free admission comedy show.

Toeknuckle Productions is a sketch comedy group founded in September by five aspiring actors, two of which are Lynn alumni. Founders are Victor Cotnedy, Eric Schwartz, Eric Mendel, and alumni Michael Christoforo. After noticing the talents of Veronica Adams, they soon added her to the group as well.

One of the amazing things about these young aspiring actors is that everything they do is self-produced. The writing, acting, budgeting, and booking, is all done through the group with no outside help.

The show is a sketch comedy routine that is supposed to be very witty, funny, and unlike anything ever seen.

In addition to the 6 members, there will be three Lynn students who will be participating in the show as well, Jay Xavier, Daniel kauffur, and Jory block. The show will be headed by the two Lynn alumni and hosted by a surprise legendary action hero.

If that isn't intriguing enough they will also be incorporating a martial arts exhibition into the comedy. In addition to the show there will also be a raffle and prizes.

Toeknuckle Productions will be presenting their show at 8 P.M. Friday and Satur- day in Lynn's AG Theater in the International Building.

Dively Frontiers Series
White House Advisor Interviews at Lynn
By Dana Steiner

On Friday, March 16th, Junior Crissy Thibodeau (along with student Ashlea Evans) was given the opportunity to interview Professor David Gergen, visiting as part of the Dively Frontiers in Globalization Luncheon Series.

In the past, Gergen has served in the White House as an adviser to four Presidents: Nixon, Ford, Reagan and Clinton. Most recently, he served for 18 months in the Clinton administration, as well as editor at large for US News for two and a half years.

Gergen is currently a professor of public service and the director of the Center for Public Leadership at the John F. Kennedy School of Government at Harvard University.

Gergen also serves as an analyst on various news programs, and he frequently lectures at venues around the world. In 2000 he published a best-selling book titled, "Eyewitness to Power: The Essence of Leadership, Nixon to Clinton."

After the interview, Thibodeau said she was nervous at first, but because he was such a polite gentleman, he relaxed me and the interview was very conversational.

This summer Thibodeau hopes to have an internship with a major news station and, after graduation, (with her major in Mass Communication with a specialization in Broadcasting), she hopes to become a news reporter. Watch for her in future interviews at Lynn University!
Aries
Treat others with respect, and an imbalance you've been feeling will right itself.

Pisces
If you surround yourself with beauty today, you will give your heart a lovely boost.

Aquarius
Learn about your connection with the past — get in touch with an older relative.

Scorpio
If you don't behave selflessly today, you could wreak havoc without realizing it.

Libra
Your heavy mood can be lightened by facing your troubles head on.

Taurus
Conflict is a choice — and it's one you don't have to make if you don't want to.

Cancer
The world holds many mysteries, but right now you should focus on the home front.

Leo
Life may be a smorgasbord, but that does not mean you should try every dish.

Virgo
Skip the typical dinner locales and try a new place with new people!

Sagittarius
Hold out a little longer before asking for help. You can definitely deal with this!

Capricorn
Today an underdog will triumph against all odds. Let this inspire you.

Celebrity Gossip
Rehab, Babies, and Distress
By Lindsay Kraditor

Katie Holmes marriage with Tom Cruise is not as picture perfect as we all thought. He is extremely controlling, denying her wishes, and she feels frustrated and helpless. Her best friend Victoria Beckham (ex Spice Girl) says she is on the phone crying every night. Not only Holmes, but Beckham and her husband have seen Cruise's harshness first hand as he tries to convince them into his religion of Scientology.

Another huge story according to US Weekly Magazine is Britney Spears. She has just left rehab and is trying to get her life back and on track. Promises Rehabilitation Center where she attended has announced her successful completion of their program, and asks that the public and media leave her be for the immediate future ahead. Spears's mother has been seeing her grandchildren, who are currently in the custody of ex-husband, Kevin Federline.

For more gossip go to USmagazine.com and get all the juice on these celebs and more.

Movie Review
A "Premonition" of Failure
By Simone Sobel

Premonition is a person see that is going to happen before it occurs, or do we just have bad dreams? This is the idea that the recent film "Premonition" starring Sandra Bullock tries to play with.

Linda Hanson has a beautiful house with a loving husband and two daughters. Her life seems to be very happy until that fateful day where she wakes up and is told her husband died in the car crash.

Shattered by the news, she finally lays down at the end of the dark day only to awake to her husband being alive and well making breakfast in the kitchen.

While the storyline is interesting and leaves the viewers knowing they must pay attention to the details to try and understand what is happening from scene to scene, there is quite a bit wrong with this movie.

The believability factor is very low, some key scenes are blown by the cheesy acting, and it left me saying the words 'yeah right' in my mind more than once.

I would rate this one at 3-stars. Not a bad premise but the film could have been so much more.

Movie Poster
Sandra Bullock

PREMONITION
IT'S NOT YOUR ORDINARY STORY
On Thursday, March 22, I attended the open house for the Hannifan Center for Career Development and Internships. There was a nice turnout for the event which included free t-shirts, food, music, and special giveaways. Students attending the event got the chance to speak with counselors and see what exactly the benefits are of using the Career Center. I talked with Chris Childers who is the Director of the program and she spoke enthusiastically about the importance and value it has for career bound students.

If you are a Lynn University student and have not visited the Career Center, I urge you to go because the staff there has created an environment that is both comfortable and extremely helpful. If you need help creating a resume, brushing up on interview skills, or you are interested in learning how to dress for success you should stop in and speak to one of the counselors today.

Chris Childers

Merck & Co. Inc has come out with a vaccine known as Gardasil has come out to prevent one from getting the virus. It must be noted that this vaccine does not treat the virus. Females between the ages of 9-26 are able to receive this vaccine. The vaccine is a series of three shots given during a 6-month period.

According to Merck & Co. Inc, Human Papillomavirus otherwise known as HPV is a virus that commonly occurs in both men and women. Most HPV viruses are harmless and do go away on their own.

There are however 30 types of genital HPV's found. Some are known to be high risk and can cause cervical cancer or abnormal cells in the lining of the cervix. The low risk HPV's tend to sometimes cause genital warts and also causes changes in the cervix that are benign.

Lynn University’s Health Center will be getting this vaccine in the next few weeks. For more information on this topic please feel free to go to the Health Center for advice. Below is a chart that explains what type of HPV men and women are most susceptible.

Estimated prevalence of genital HPV infection among men and women 15-49 years of age in the US (1994)

- visible genital warts
- subclinical papillomavirus infection, colposcopy or cytology
- subclinical papillomavirus infection, DNA or RNA probes
- Prior infection
- No prior or current infection

New In Theater
Movies Now Playing
By movies.com

Shooter

An assassin (Mark Wahlberg), who gave up his carefree-kil­lin' lifestyle after accidentally shooting an innocent person, is convinced to return for one last job. However, after being framed for assassinating the president, the killer must find the real shooter and clear his own name.

Reign Over Me

After losing his wife and kids in the 9/11 terrorist attacks, Charlie (Adam Sandler) goes into a severe depression and retreats from the world. Luckily, he runs into his old college roommate, Alan (Don Chea­dle), who feels sorry for his old friend and does his best to draw him back out.

The Last Mimzy

A box of toys from the future gives a couple of kids amazing superpowers, which they use to terrorize their parents and teachers as well as to do good deeds. But mostly to terrorize.

The Hills Have Eyes 2

A contingent of National Guardsmen on a training mis­sion in the Southwestern desert are set upon by that happy mutant family that has a hang­ering for human flesh. You’d think some body armor and automatic rifles would keep the soldiers safe ... but you’d be wrong.

Pride

Terrence Howard stars as an unusual real-life hero. In Philadelphia in the 1970s, Jim Ellis hoped to counter the rough-and-tumble lives led by inner-city kids by drafting sev­eral of them into a swim team, which was no easy task.

But through hard work and sheer determination, Ellis helped lead his students all the way up to the state championships.

Air Guitar Nation

This documentary chronicles the rise of the U.S. Air Gui­tar Championships, a team of instrument-less rockers who air-strum their way to the Air Guitar World Championship in Oulu, Finland. The U.S. has lacked a presence at this prestigious event for many years, but all that is about to change.

David’s Gadgets

New Browsers Facilitate Internet
By David Sandy

In the past, researching over the Internet was difficult and inconvenient. The person would have to open the browser to start, then open it again to go to a different webpage. Not anymore.

The newer browsers, such as Netscape 7, Internet Explorer 7, and Firefox have tabbed browsing. If you want to go to a new site, just open up a new tab. Your original page will remain open, but you will be able to go to a new page without using the “Back” and “Forward” buttons on your browser.

Most browsers have but­tons where you can see all of your pages at once if more than one tab is open. With normal browsing, you have to rely on your taskbar to see what you have open. If this is too much, your page iden­tifications will disappear, and be replaced by a number.

Then, when you try to close a page when you are done with it, you could acciden­tally click the “Close Group” button, which will cause you to lose every site you have been on the internet.

But tabbed browsing is so easy. Click it if you need it, close it if you don’t. It has made web browsing a lot simpler.

Fashion

The Lynn Style
By Lindsay Kraditor

This style is pretty much how people dress in the summer time. The weather is so nice and the students love to take advantage of it.

You will find a lot of girls walking to class in bathing suits and cover-ups (lots of Juicy Couture cover-up fans) along with flip-flops and sun­glasses. Or you can find them in mini-skirts and summery dresses with sandals, usually.

As for the guys, they also love to dress light and comfort­able. They are seen in shorts, t-shirts, and sandals and, of course, sporting a hat.

This style does not go for ev­eryone but it seems to be a very popular trend here at Lynn.

The weather is so beautiful who wouldn’t want to dress like this?
VOTE

SGA elections are being held on Thursday, March 29, 11 A.M. - 6 P.M. in the Student Center lobby. Be sure to vote!

Career Fashion Show and Make-Up Tips

Make-Up Tips

What: A runway fashion show and Expo. i.e. how to approach the recruiter, how to use positive body language; what to say to the regional recruitment manager., how to make a great impression; and what to say to the opponent Florida Tech.

The men’s and women’s Lynn Fighting Knights are both extremely tough teams to beat on the court. And this weekend it was the heat they were battling more than the opponent Florida Tech.

The Lady Knights were first on the court at 10 A.M. Florida Tech is not the best team in the sunshine state conference but problems can always arise.

In doubles play the ladies swept all the three matches rather easily. Going into singles play already up 3-0 is a huge advantage. With singles matches ahead the girls had the confidence knowing they could all pull out victories.

In singles play, the Knights put the match away early with two 6-0, 6-0 wins in the fifth and sixth positions by Leigh Shelton and Christine Johnstone. Katerina Jiskrova was also perfect in one of her sets in the fourth spot, winning 6-3, 6-0.

Nationally Ninth-ranked Vicki Weltz and Gedville Norkute were also winners, topping their opponents 6-4, 6-3 and 6-1, 6-3 respectively in slots two and three.

Fifth-ranked Alexandra Schunk found trouble early with her opponent in the top spot before pulling out the 7-5, 6-4 win for the sweep.

Though having to deal with the sweltering heat of the day, the men’s team also had a glorious day on the court against Florida Tech. The sixth-ranked Fighting Knights swept all three doubles matches while not allowing more than three games in any singles match played.

Lynn’s top duo of Julien Carzuaa and Lorenzo Cava won 8-4 while the third team of Dennis Riegraf and Denis Reinert won 8-2. The freshman duo in the second position of Tomas Racak and Andreas Parscuh won 8-6.

In singles, the Knights (11-2, 3-1 SSC) breezed through Florida Tech. Five of the six singles players had perfect 6-0 scores.

The Hoyas won 96-84 in overtime to overcome the young Tar Heel team. History did repeat itself but in different settings, mainly with the Hoyas snatching the victory in overtime to overcome the young Tar Heel team.

On Sunday in the East Coast region, on the road to the Final Four, two seeded George-town Hoyas defeated the number one seed and fan favorite, North Carolina Tar Heels.

The Hoyas swept all the three positions ahead the girls had the confidence knowing they could all pull out victories.

In singles play, the Knights put the match away early with two 6-0, 6-0 wins in the fifth and sixth positions by Leigh Shelton and Christine Johnstone. Katerina Jiskrova was also perfect in one of her sets in the fourth spot, winning 6-3, 6-0.

The last memorable meeting between these two teams was in the 1982 NCAA Championships, when Michael Jordan played for the Tar Heels and Patrick Ewing Sr. played for the Hoyas. The outcome of that meeting was an upset of the Hoyas by a game-winning shot by legend Michael Jordan.

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By Sarah Mahan

On Sunday in the East Coast region, on the road to the Final Four, two seeded George-town Hoyas defeated the number one seed and fan favorite, North Carolina Tar Heels.

The Hoyas swept all the three positions ahead the girls had the confidence knowing they could all pull out victories.

In singles play, the Knights put the match away early with two 6-0, 6-0 wins in the fifth and sixth positions by Leigh Shelton and Christine Johnstone. Katerina Jiskrova was also perfect in one of her sets in the fourth spot, winning 6-3, 6-0.

The last memorable meeting between these two teams was in the 1982 NCAA Championships, when Michael Jordan played for the Tar Heels and Patrick Ewing Sr. played for the Hoyas. The outcome of that meeting was an upset of the Hoyas by a game-winning shot by legend Michael Jordan.

Though having to deal with the sweltering heat of the day, the men’s team also had a glorious day on the court against Florida Tech. The sixth-ranked Fighting Knights swept all three doubles matches while not allowing more than three games in any singles match played.

Lynn’s top duo of Julien Carzuaa and Lorenzo Cava won 8-4 while the third team of Dennis Riegraf and Denis Reinert won 8-2. The freshman duo in the second position of Tomas Racak and Andreas Parscuh won 8-6.

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PULS E PAGE2

Yahoo Horoscopes
Tuesday March 27, 2007

AQUARIUS
There is no time (or reason) so mufl things over. Just get it done.

PIECES
If you’re not having fun in your romantic life, taking a break may be a good idea.

ARIES
Speak truth to power today — do not stay quiet if you see something fishy.

TAURUS
Take the initiative and push a social situation in the direction you want it to go.

GEMINI
Someone is pinching pennies a bit too tightly — suggest a fiscal compromise.

CANCER
You are moving away from confusion and toward clarity and simplicity.

LEO
You are entering a sensitive phase, so take care of yourself and avoid strangers.

VIRGO
Rely on your family members for help with relationships. They speak the truth.

LIBRA
Rearrange your schedule in order to put your friends and family first today.

SCORPIO
Having a good day is inevitable — all you have to do is sit back and enjoy it!

SAGITTARIUS
If you sense that something is wrong in one of your relationships, deal with it.

CAPRICORN
Your changeable mood could confuse people, so be sensitive about what you say.

Restaurant Review

Café L’Europe
By Britt Davis

Café L’Europe is located just a half hour away from Boca Raton.

This restaurant has been written up in the Palm Beach Magazine several times and has received numerous awards.

Palm Beach Illustrated wrote “Café L’Europe continues the tradition as the Overall Best Restaurant Under the Sun, as well as the favorite of Central County diners and winner of several other categories - best service and best Maître d’.”

Café L’Europe is noted for its exceptional caviar bar, which is accompanied by nightly music on the baby grand piano in the famous bistro. The atmosphere is always romantic and classy.

Its menu, distinctly European, includes roasted veal chop, grilled Angus steak and roasted red snapper filet. If your taste buds long for a journey further east, order the tempura style ahi tuna. Café L’Europe is quite expensive and is very dressy.

For those graduating and wanting to go to nice places with family, keep Café L’Europe in mind.

Café L’Europe is at South County Road, Palm Beach, Florida 33480. (Ext. 70 off 561.655.4020.)

Breast Cancer Awareness
Prevention and Risk Factor
By Melissa Roberts

According to www.healthywomen.org breast cancer is the most common site of cancer and the second deadliest cancer in women in the US. Approximately 211,240 new cases were expected to occur in 2005, according to the American Cancer Society (ACS).

Fortunately, the number of deaths caused by breast cancer has declined significantly in recent years, with the largest decreases in younger women–both Caucasian and African-American. These decreases are probably the result of earlier detection and improved treatment.

But the battle is long from over. An estimated 40,410 women will die of breast cancer this year according to ACS.

Breast cancer is a disease in which malignant or cancerous cells are found in breast tissues. Each breast has 15 to 20 sections called lobes, which have many smaller sections called lobules. The lobes and lobules are connected by thin tubes called ducts. There are many different kinds of breast cancer.

Your risk of developing invasive breast cancer at some time during your life is one-in-eight and this likelihood increases with age. Some factors that put you at a greater risk are family history.

At least 50 percent of all cancer-related deaths can be prevented via lifestyle changes and better use of screening tools.

According to prevention.com, to prevent breast cancer, eat an anti-cancer diet. Overweight and obesity are two leading contributors to cancer and cancer deaths. Favor foods such as olive oil, leafy greens, soy, and calcium-rich dairy products. Foods to avoid all together are any animal fats, and alcohol.

Breast self-exams (BSEs) are a very important way to protect your self. The bottom line is that BSEs are easy to do, free of charge, and can help women detect cancer at an early stage, when the disease responds better to treatment.

The American Cancer Society recommends monthly BSEs for every woman over the age of 20. So start checking ladies!

How to Conduct a BSE

1. Stand in front of a mirror and look for any visual changes including redness or swelling.

2. Lay down and push into the breast with gradually increasing pressure to check for any lumps.

3. After showering, check your breasts thoroughly at least once every month.

4. Still laying down, go over the entire area of each breast with zigzag patterns.

Fashion

Vineyard Vines
By Britt Davis

Vineyard Vines was started in 1998 by two brothers who wanted to leave their corporate jobs in New York City and pursue their American dream. With no money and little experience they started, making ties in their home in Greenwich, CT.

For those graduating and wanting to go to nice places with family, keep Café L’Europe in mind.

Today, Vineyard Vines is world known and the company does extremely well. They cater to everyone.

If you like the "preppy" look Vineyard Vines is calling your name. With ties and formal wear, polos, blazers and dress pants, dress shirts, sport shirts, pants and shorts, outerwear, swimswear, sweaters, skirts, dresses, bags, lazy pants, flip flops, belts, boxers and more. They will even custom-make products for you personally, schools and events.

You can also visit them online. If you’re interested in buying or looking at some of these products a store in south Florida that sell Vineyard Vines, is the Boys and Girls club located in Palm Beach.

To see their website, log onto http://www.vineyardvines.com/

How to Conduct a BSE
SGA elections are being held on Thursday, March 29, 11 a.m. - 6 p.m. in the Student Center lobby. Be sure to vote! Here is the slate:

**President/Vice President**

Taryn Hamill and Heather Sears

**Chief Financial Officer**

Bernard Londoni and Armando Castillo

**Secretary**

Michael Griffiths

**Residence Hall Association Chairperson**

Megan Neumann

**Knights’ Activities Team Chairperson**

Joey McNamara

**Women’s Softball Defeat Northwood**

By Sarah Mahan

Lynn softball went half and half with a doubleheader yesterday afternoon against Northwood University.

The Knights opened up with a loss 2-0 but ended on a good note with a 9-1 victory. In the first game the Fighting Knights struggled with hits but bats were on fire for the closer. The Knights knocked 9 runs off of a solo homer from Ashley Byrd to start things off. Mika Tarat came out with 2 hits and 2 RBIs, and Dani Curcio had a pair of hits.

At the other end, Kara Henderson pitched a great game setting a career-high 8 strikeouts. Henderson only allowed 5 hits and gave up one run. The Fighting Knights move to 13-20 on the season.

The Knights head back to the field on Friday with a Sunshine State Conference game against Saint Leo University. The game will be held at Florida Atlantic University starting at 7 P.M. Follow the game live by logging onto www.lynn.edu/athletics and click on the “live audio” and “live stats” links.

**Mens Tennis Defeat Barry**

By John Peddy

The No. 6 ranked Lynn University men’s tennis team defeated seventh-ranked rival Barry University 6-3 in Sunshine State Conference action on Tuesday afternoon.

With the victory, the Fighting Knights have now won eight-straight and are a perfect 5-0 at home. Lynn took an early 2-1 lead after winning 2 of the 3 doubles matches. Lorenzo Cava and Julian Carsuzaa defeated their opponents 8-2 in the top spot while Dennis Riegraf and Denis Reinert won 8-3 in the third position. Barry picked up their first point in the second doubles slot as freshmen Tomas Racak and Andreas Parscha fell 8-6. In singles, the Knights won four of the six match-ups to solidify the victory.

Nationally No.6 ranked Carsuza won 6-3, 6-1 in the second spot. No. 10 Riegraf eased to a 6-2, 6-1 decision in the third position, while No. 46 Reinert held on for a 6-4, 7-5 victory in the fourth slot. Tomas Racak also cruised to an easy win with a 6-3, 6-1 decision.

With the win, Dennis Riegraf moves into a tie for third place all-time in program singles victories with 63. Barry’s two singles points came in the 1 and 6th singles spots, including an upset victory over top-ranked Cava. In the No. 1 spot, 11th ranked Patrick Rittenauer handed Cava just his second loss of the season, a 6-2, 7-5 result.

Axel Joachim also fell 7-5, 6-3 in the sixth spot. Lynn whose overall record is 12-2, and 4-1 in Sunshine State Conference play will return to match play Saturday vs. Rollins.

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The games are more interactive than other systems, such as the Game Cube or Nintendo DS. The buttons are minimal, making the device simpler to use. Best of all, the interactions of the game make it more fun and exciting than any other system. Get your Wii wherever gaming systems are sold. You’ll have hours of fun without end.

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Yahoo Horoscopes
Wednesday March 28, 2007

Aquarius
When a selfish person refuses to negotiate today, walk away.

Pisces
Stay off your soapbox, and do not assume that other people share your goals.

Aries
Communicate how other people make you feel -- you'll be surrounded by bold people.

Taurus
Stand up for yourself when someone bullies you or is rude to you today.

Gemini
You have the right to an opinion -- just make sure that it's an informed one.

Cancer
Extravagance is good for you today -- so don't be afraid to splurge (within reason)!

Leo
Your latest achievement in the realm of romance is something you should celebrate!

Virgo
Bragging has gotten a bum rap -- you can toot your horn without being egomaniacal.

Libra
Get with people you enjoy and get active -- you'll create a lot of positive energy.

Scorpio
You will see good results today, but they won't be the results you expected.

Sagittarius
There is an abundance of goodwill around you now; you'll be smiling all day.

Capricorn
Your changeable mood could confuse people, so be sensitive about what you say.

Breast Cancer Returns
John Edwards Wife Battles Cancer
By Melanie Pierce

If you have been following former Senator John Edwards presidential campaign race you will most likely know that cancer has returned to his wife Elizabeth.

According to the Associated Press, Edwards said that although his wife is now battling an incurable reappearance of cancer he will continue to put his second bid for the presidential nomination.

Over the past week Elizabeth Edwards has said she agrees and supports her husband's decision.

Edwards was first diagnosed with cancer in 2004. She underwent treatment and was in remission until recently.

The Edwards have been told that the cancer is now in her bones. They have been assured that the cancer is treatable, thus their reason for not seeing any need to pull out of the race.

When John Edwards was confronted with the question of how his wife's illness will affect his campaign he said "Any time, any place I need to be with Elizabeth I will be there -- period."

Having already released the nation's top seller in MP3 players, Apple has come out with another device, Apple TV. Now you can access your iTunes library from both a Mac and PC wirelessly through your television.

Apple has already released the iPod Photo, along with other devices used to improve your iPod and iTunes experience, including the iTalk for voice recording, the iTrip for in-car playing, and the radio remote control.

The Apple TV is currently available at $299.00 through www.apple.com, or at your local Apple store.
Calendar

Lynn’s 3rd Annual Car Show

Date: March 30
Time: 11:30 A.M. - 1:30 P.M.
Where: Student Center Lawn

Check out the students’ classic, shiny wheels. All participants should park in front of the Student Center lawn before 9:30 A.M.

Go Fish

Date: April 1
Where: University Pond

KAT will host its first-ever fishing derby on Sunday, April 1, featuring music, a cookout, and, of course, fishing. Students will compete to catch “the big one” in the university pond between the Student Center and Trinity Hall.

It’s Wrestlemania!

Date: April 1
Where: Knights’ Court

The Office of Student Involvement has purchased Wrestlemania 23 on Pay-Per-View and will be showing it live. Come watch the “Battle of the Billionaires” and see Donald Trump and Vince McMahon square off!

Xbox 360 Elite
Microsoft Unveils New Xbox By DeShanna Minuto

Microsoft has taken the rumored next step, and have upgraded the Xbox 360. This new system is called the Xbox 360 Elite and will launch in stores in North America April 29. It will be sold in Europe and Japan towards the end of 2007.

Xbox 360 Elite will sell for $479. Some may argue this is a hefty price tag, but it does offer many different features compared to the original console. According to Tom Thorsen of Gamspot the console will have a 120GB hard drive to better accommodate game downloads from Xbox Live Arcade and video content from Xbox Live Marketplace.

According to Albert Penello, Microsoft’s director of global platform marketing. As for the fate of the current hard drive-less $299 Core Xbox 360 and 360-equipped Pro Xbox 360 models, Penello said they would continue to be offered.

He also confirmed the new model will be a permanent addition to the 360 product line, and is not a limited edition.

The Office
Hit Comedy TV Show By Carissa Ernuth

This show is most definitely one of the funniest shows I have ever seen. It is a satire on a typical boring office job and is very character oriented. It is shown on Thursday on NBC at 8:30 and I am embarrassed to say I plan my whole Thursday around it. Yes it is just that good.

According to MSNBC, the next episode will be about when corporate wants Michael (Steve Carell) to pick a cheaper health plan for his employees. Rather than lose popularity points with his staff, he shirks the responsibility and Dwight (Rainn Wilson) happily accepts the task.

Delighted with his new position of power, Dwight takes over the conference room as his new “office” and manages to offend everyone by asking staff members to divulge their private medical history. Jim (John Krasinski) and Pam (Jenna Fischer) jokingly create fake illnesses only to infuriate Dwight. B.J. Novak also stars.

Sexual harassment is one of my favorite episodes. Carell continues in his hilarious role as politically incorrect office manager, Michael Scott, king of the inappropriate e-mail forward, who hits a new low when his obnoxious best friend, sales rep Todd Packer (guest star David Koechner, “Anchorman,” “The 40-Year-Old Virgin”), drops by for a visit. Jenna Fischer, John Krasinski, B.J. Novak and Rainn Wilson also star.

If you have not seen this sitcom you should definitely catch up because you don’t know what you’re missing.

Happy Passover!
Yahoo Horoscopes
Friday
March 30, 2007

Aquarius
Your instincts about someone new on the scene are correct. But stay quiet for now.

Pisces
Something exciting is going on, but you'll have to mind your own business (for now)!

Aries
Someone has many questions for you -- if you don't have time for them, say so.

Taurus
A relationship or romance you're in is going to start being especially easygoing.

Gemini
Instead of trying to schedule every minute of the day, let things unfold naturally.

Cancer
Opening yourself up is a very good thing today. Start conversations with strangers.

Leo
You're thriftier than usual; your subconscious mind knows that a big bill is coming.

Virgo
Take some time to tidy up a bit today. Prepare for some busy days ahead.

Libra
All of your perceptions about a conflict are accurate, so move forward accordingly.

Scorpio
A friend has a great social idea brewing but needs your help with the planning.

Sagittarius
You will be very irritated by crowds of people today. Seek solitude if possible.

Capricorn
Get out your magnifying glass, because it's time for you to tackle the small stuff!

Movie Review
The Last Mimzy
By Simone Sobel

"The Last Mimzy" is a sweet fantasy film mixed with a little bit of science fiction along with an environmental message for children and adults alike.

Two children who are brother and sister find some magical objects that wash up on the shore of a beach when they go away for a family vacation that they first think is toys.

In school Noah is a regular kid who struggles in difficult subjects like math and science, and his sister shows some gifted abilities, but is not deemed as a genius.

However, when they begin to play with these objects their understanding of the earth and universe broadens immensely and their mind expansion leads them to seeing things in a whole different light. In time Emma comes to understand that the future is calling them to save the planet.

The movie made for young audiences can be enjoyed by anyone because it offers a refreshing escape from the harsh more reality based films made in today's world. It has cute moments, and the comedy is clean and innocent.

The bottom line of the movie is that children are the future, and its up to us to do something about our world.

Spring Fashion
Hot Trends To Follow
By Lindsay Kraditor

Fashion is a huge part of life and many girls love to have all of the latest trends so here is a list of this season must-haves.

There are hundreds of ways to accessorize your outfits. Some very popular accessories are scarves, metal frame and plastic sunglasses, all sorts of belts and bags, hats, etc. Wedged shoes are also very in right now.

There are so many different ways to accessorize and these items will help you.

As for clothes:

Bold Colors

Metallic

Asymmetrical Cuts

Frilly Blouses

Square Jackets

You will see all of the celebrities wearing these items, and they are all very flattering.

The sporty look and menswear vests are making a big hit as well. Girls can even borrow their boyfriend's vests if they do not want to buy their own.

Also, light layers are back to cool down for the warmer spring weather.

For more fashion tips go to http://www.instyle.com and go to spring trends.